

Chapter Title	Chapter Theme	Faith Focus	Outcomes	Church Documents	Ritual Quote
1 Confirmed in the Spirit	Awareness of who the Holy Spirit is and what he does in our lives. Jesus sends his Spirit to help us.	The Spirit sent by Jesus comes to us at Baptism and Confirmation and gives us the ability to live the Christian life.	Recognize Confirmation as an opportunity to renew our commitment to Jesus and the Church. Describe Jesus' promise of the Holy Spirit. Describe how the Holy Spirit is portrayed in the Old Testament and the New Testament. Express an understanding of how the Holy Spirit is at work in the world and in our lives. Identify images of the Holy Spirit. Tell how the Holy Spirit can enable us to help others in need. Describe our relationship with the Holy Spirit. Reflect prayerfully on the Holy Spirit, the Advocate sent by God to guide us and renew us in Confirmation. Define <i>Advocate, Christ, Church, grace, Messiah, stewardship.</i>	CCC #683–686 CCC #691–701 CCC #703–710; 727–730 CCC #737–741 <i>Catechesis in Our Time</i> #72 <i>Dogmatic Constitution on the Church</i> #7 NDC #73 (298)	Let us pray to our Father that he will pour out the Holy Spirit to strengthen his sons and daughters with his gifts. <i>Rite of Confirmation</i>
2 Confirmed in Discipleship	The beginning of the Church through the coming of the Holy Spirit and our own beginning in the Church through the Sacraments of Initiation. Through the Sacraments of Initiation, we become members of the Church.	Through the Sacraments of Initiation, we become members of the Church and continue the mission of the Church.	Identify how God keeps his promise to “bring us back.” Explain that God forms a people committed to community, message, worship, and service. Tell how we receive grace to enter into a deeper relationship with Jesus and the Church. Explain the meaning of anointing with oil, the role of the bishop, and the sacramental seal in Confirmation. Tell what it means to live as a disciple of Jesus. Reflect prayerfully on the Sacraments of Initiation. Define <i>Chrism, disciple, Original Sin, Rite of Christian Initiation of Adults [RCIA], sacrament, sanctifying grace, sponsor.</i>	CCC #1229–1245 CCC #1262–1274 <i>Dogmatic Constitution on the Church</i> #11 (adapted) <i>Decree on Ecumenism</i> #22 (adapted) NDC #29 (99)	We ask you Father, with your Son to send the Holy Spirit upon the water of this font. May all who are buried with Christ in the death of Baptism rise also with him to newness of life. <i>Rite of Baptism</i>
3 Confirmed in Faith	An examination of the main truths of the faith as found in the Nicene Creed. We believe the truths found in the Creed.	The Holy Spirit helps us believe the Creed, the truths of our faith, taught by Jesus and his Church.	Explain how God gave the Law to teach us how to live as his people. Explain what it means to believe in God as Father and Creator; in Jesus Christ, the Son of God; and in the Holy Spirit and the Church. Identify and describe the four Marks of the Church. Explain the role of Mary in the Church. Describe the concept of life everlasting. Explain that the Nicene Creed contains the main truths of our faith. Reflect prayerfully on the Creed. Define <i>apostolic, Assumption, catholic, ecumenism, holy, Holy Trinity, Immaculate Conception, infallible, Kingdom of God, Last Judgment, Magisterium, Nicene Creed, one, particular judgment, Purgatory, Torah.</i>	CCC #253–260 CCC #396–409 CCC #813–865 CCC #1020–1060 <i>Dogmatic Constitution on the Church</i> #5 <i>Dogmatic Constitution on Divine Revelation</i> #5 NDC #16 (45)	This is our faith. This is the faith of the Church. We are proud to profess it in Christ Jesus our Lord. <i>Rite of Confirmation</i>
4 Confirmed in Love	A review of the Ten Commandments, the Beatitudes, and the Works of Mercy. The Beatitudes and the Works of Mercy lead us to Christian service.	Christians, called to love as Jesus loved, have the Beatitudes and the Works of Mercy as guidelines.	Explain how Jesus helps us make difficult decisions. Describe the role of conscience in moral decision making. Identify the three requirements needed to make a good decision. Discuss how Christian love is expressed through works of mercy. Explain how justice and service are ways of showing love for others. Reflect prayerfully on the Beatitudes. Define <i>Beatitudes, conscience, Corporal Works of Mercy, Spiritual Works of Mercy, Ten Commandments, virtue.</i>	CCC #1716–1724 CCC #1739–1742 CCC #1749–1756 CCC #1776–1789 CCC #2443–2449 <i>Dogmatic Constitution on the Church</i> #41 <i>Pastoral Constitution on the Church in the Modern World</i> #41 NDC #25	[P]our out, we pray, the gifts of the Holy Spirit across the face of the earth and, with the divine grace that was at work when the Gospel was first proclaimed, fill now once more the hearts of believers. <i>Collect, Pentecost Mass</i>
5 Confirmed in Holiness	A review of the Theological and Cardinal Virtues and the Gifts of the Holy Spirit. We are blessed with the Gifts of the Holy Spirit, who is at work within us.	The Gifts of the Holy Spirit help us be the people God calls us to be.	Explain how the Holy Spirit helps us be holy by giving us gifts with which to serve others. Identify and describe the Theological Virtues. Name and describe the Cardinal Virtues. Identify and describe the Gifts of the Holy Spirit. Reflect prayerfully on God's gifts. Define <i>Cardinal Virtues, charity, counsel, faith, fear of the Lord, fortitude, Gifts of the Holy Spirit, hope, justice, knowledge, piety, prudence, temperance, Theological Virtues, understanding, virtues, wisdom.</i>	CCC #1812–1829 CCC #1803–1811 CCC #1830–1832 <i>Dogmatic Constitution on the Church</i> #7 <i>Decree on the Church's Missionary Activity</i> #4 NDC #43	Send your Holy Spirit upon them to be their Helper and Guide. Give them the spirit of wisdom and understanding, the spirit of right judgment and courage, the spirit of knowledge and reverence. Fill them with the spirit of wonder and awe in your presence. <i>Rite of Confirmation</i>

Chapter Title	Words to Know	Scripture References	Rite	Saint	Social Justice Theme	Prayer Service
1 Confirmed in the Spirit	Advocate, Christ, Church, grace, Messiah, stewardship	John 14:15–18 Genesis 1:1–2 Genesis 2:7 Numbers 11:17,25 Luke 1:35 Matthew 3:16–17 Luke 4:1–2 Luke 4:16–21 Acts of the Apostles 2:1–4 Acts of the Apostles 11:16 Acts of the Apostles 10:38 1 John 2:20–27 Matthew 3:16	The ritual action from the Rite of Confirmation featured in this chapter is the reading of God’s Word.	Saint John the Evangelist	Introduction to the seven themes	The prayer service in this chapter focuses on the Holy Spirit, the Advocate sent by God to guide us and renew us in Confirmation.
2 Confirmed in Discipleship	Chrism, disciple, Original Sin, Rite of Christian Initiation of Adults [RCIA], sacrament, sanctifying grace, sponsor	Ezekiel 36:24–28 Luke 22:20 Acts of the Apostles 2:1–13,41 Numbers 27:18–23 Luke 4:40 Acts of the Apostles 19:4–6 1 Samuel 16:11–13 Acts of the Apostles 2:44–45 Acts of the Apostles 4:34–35 Acts of the Apostles 8:5–8 Acts of the Apostles 13:14–18 Acts of the Apostles 2:42	The ritual action from the Rite of Confirmation featured in this chapter is the renewal of baptismal promises and profession of faith.	Saint John Neumann	Dignity of Human Life	The prayer service in this chapter focuses on the Sacraments of Initiation and on renewing our Baptismal promises.
3 Confirmed in Faith	apostolic, Assumption, catholic, ecumenism, holy, Holy Trinity, Immaculate Conception, infallible, Kingdom of God, Last Judgment, Magisterium, Nicene Creed, one, particular judgment, Purgatory, Torah	Deuteronomy 6:1,3–7	The ritual action from the Rite of Confirmation featured in this chapter is the applause of the community.	Saint Benedict and Saint Scholastica	Family, Community, and Participation	The prayer service in this chapter focuses on our belief in God the Father, the Son, the Holy Spirit, the catholic Church, and life everlasting as found in the Creed.
4 Confirmed in Love	Beatitudes, conscience, Corporal Works of Mercy, Spiritual Works of Mercy, Ten Commandments, virtue	Matthew 5:3–10 Mark 12:30–31 John 13:34 Luke 10:38–42 Luke 7:1–10 Luke 19:1–10 Luke 10:29–37 Luke 17:11–19 John 1:40–42 Matthew 27:57–60 Luke 8:1–3 Luke 18:35–43	The ritual action from the Rite of Confirmation featured in this chapter is the laying on of hands.	Blessed Teresa of Calcutta	Option for the Poor and Vulnerable	The prayer service in this chapter focuses on the Beatitudes and how our actions demonstrate our love for God.
5 Confirmed in Holiness	Cardinal Virtues, charity, counsel, faith, fear of the Lord, fortitude, Gifts of the Holy Spirit, hope, justice, knowledge, piety, prudence, temperance, Theological Virtues, understanding, virtues, wisdom	Romans 8:14–16,26–28 1 Corinthians 13:13 Titus 3:1–2 Exodus 3:1–15 Psalm 121	The ritual action from the Rite of Confirmation featured in this chapter is anointing with holy Chrism.	Saint Catherine of Siena	Rights and Responsibilities	The prayer service in this chapter focuses on the gifts God gives to help us.

Chapter Title	Chapter Theme	Faith Focus	Outcomes	Church Documents	Ritual Quote
6 Confirmed in the Church	A summary of the Sacraments of the Eucharist and Reconciliation, which help unite us into a community of love and forgiveness. As a community of believers, we turn to God, the source of love, unity, and wholeness.	The Sacraments of the Eucharist and Reconciliation increase the love and unity of the Church.	Describe how the Eucharist brings unity to our diversity. Identify how the Liturgy of the Word and the Liturgy of the Eucharist unite us as a People of God. Explain how as the Body of Christ, we are called to care for others. Define <i>sin</i> . Explain the importance of the Sacrament of Reconciliation. Reflect prayerfully on the Act of Contrition and forgiveness. Identify the two main parts of the Mass and how to participate fully in the Eucharist. Define <i>absolution, Liturgy of the Eucharist, Liturgy of the Word, mortal sin, Paschal Mystery, venial sin</i> .	CCC #1324–1405 CCC #1422–1460 CCC #1854–1864 <i>Constitution on the Sacred Liturgy #7</i> (adapted) <i>Introduction to the New Order of Penance # 5</i> NDC #32	We ask you Father, with your Son to send the Holy Spirit upon the water of this font. May all who are buried with Christ in the death of Baptism rise also with him to newness of life. <i>Rite of Baptism</i>
7 Confirmed in Witness	A study of the Fruits of the Holy Spirit. The Gifts of the Holy Spirit bear fruit in our daily lives.	The Fruits of the Holy Spirit are enjoyed by those who cooperate with his gifts.	Identify how we express to others what is most important to us. Explain how each of us has been given different gifts to use for the good of all. Describe specific ways that we can give witness to the Holy Spirit in our lives. Identify the Fruits of the Holy Spirit and explain how people might find evidence of these fruits in their lives. Reflect prayerfully on the Fruits of the Holy Spirit. Identify how to make the most of the Fruits of the Holy Spirit. Define <i>chastity, faithfulness, Fruits of the Holy Spirit, generosity, gentleness, goodness, joy, kindness, love, modesty, patience, peace, self-control</i> .	CCC #1830–1832 CCC #897–913 <i>Dogmatic Constitution on the Church #7</i> NDC #40	O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise . . . <i>Votive Mass of the Holy Spirit</i>
8 Confirmed in Grace	Our faith in Christ sends us forth on a common mission.	In Confirmation the Holy Spirit empowers us to live God's life more fully and witness to our faith and Christ more courageously.	Identify how we have grown since early childhood. Explain the meaning of Baptism. Describe how, in Confirmation, we are ready to accept the privileges and responsibilities that are ours because of Baptism. Explain the role of the bishop. Identify the parts of the Rite of Confirmation. Explain how, through the Rite of Confirmation, we become more like Christ. Reflect prayerfully on Confirmation preparation. Name the six parts of the Rite of Confirmation. Define <i>Collect</i> and <i>indelible</i> .	CCC #1297–1301 CCC #1302–1305 <i>Dogmatic Constitution on the Church #4</i> <i>On Evangelization in the Modern World #75</i> NDC #36	Lord, send us your Holy Spirit to help us walk in unity of faith and grow in the strength of his love to the full stature of Christ. <i>Rite of Confirmation</i>
Chapter Title	Chapter Theme	Faith Focus	Outcomes	Church Documents	
Optional Chapter A	The Sacrament of Confirmation completes our initiation into the Church.	The Holy Spirit guides us in preparing for and choosing to celebrate the Sacrament of Confirmation.	Express our understanding of the Sacrament of Confirmation. Identify and describe our feelings about the Sacrament of Confirmation. Reflect prayerfully on the gift of the Holy Spirit.	CCC #1285 <i>Dogmatic Constitution on the Church #425</i> NDC #48D	
Optional Chapter B	To celebrate the Sacrament of Confirmation is to commit to a life of faith and love.	Our life of faith is nurtured within the Church community through the guidance of the Holy Spirit.	Identify ways we can nurture our faith. Reflect prayerfully on the journey and experience of Confirmation.	CCC #686 NDC #16B	

Chapter Title	Words to Know	Scripture References	Rite	Saint	Social Justice Theme	Prayer Service
6 Confirmed in the Church	absolution, Liturgy of the Eucharist, Liturgy of the Word, mortal sin, Paschal Mystery, venial sin	Colossians 3:12–17 Acts of the Apostles 1:8 Luke 4:18 Luke 10:23 1 Corinthians 13:4–12	The ritual action from the Rite of Confirmation featured in this chapter is the Liturgy of the Eucharist.	Blessed Carlos Rodriguez	Dignity of Work and Rights of Workers	The prayer service in this chapter focuses on the Act of Contrition and on strengthening our relationship with Jesus.
7 Confirmed in Witness	chastity, faithfulness, Fruits of the Holy Spirit, generosity, gentleness, goodness, joy, kindness, love, modesty, patience, peace, self-control	1 Corinthians 12:4–13 Galatians 5:22–23 2 Corinthians 9:7 1 Timothy 4:12 1 Timothy 6:11 2 Timothy 2:22–24 1 Peter 3:8 Ephesians 5:8–9	The ritual action from the Rite of Confirmation featured in this chapter is the Dismissal.	Saint John Bosco	Solidarity	The prayer service in this chapter focuses on the Spirit, who is always with us, and the Fruits of the Holy Spirit.
8 Confirmed in Grace	Collect, indelible	Acts of the Apostles 19:1–6 Isaiah 11:1–4 Acts of the Apostles 1:3–8 Ezekiel 36:24–28 Ephesians 4:1–6	The ritual action from the Rite of Confirmation featured in this chapter is having received and celebrated the transforming grace of the Holy Spirit.	Saint Ignatius of Loyola	Care for God’s Creation	The prayer service in this chapter focuses on all that young people have learned in preparation for the Sacrament of Confirmation.
Chapter Title	Scripture References		Social Justice Theme		Prayer Service	
Optional Chapter A	John 20:19–23		Call to Family, Community, and Participation		The prayer in this chapter focuses on the Holy Spirit’s guidance in living out the Christian call to holiness.	
Optional Chapter B	Matthew 13:31–32		Solidarity		The prayer in this chapter is an Ignatian daily examen focusing on thanksgiving for the gifts God has given us.	