

Catechist Guide

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Called Adaptive for a Reason

A child with special needs might learn best in a **certain setting** and also might learn best at a level or pace that is different from peers. Adaptive Finding God takes these learning situations into account and provides a customizable program. It provides flexible options for settings, ranging from one-on-one to group catechesis, as well as two adaptable levels: Hands-On Level and Adapted Grade Level.

Adaptive Finding God was developed to

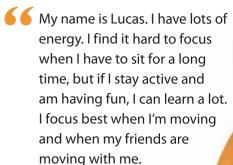
- **remove barriers** and allow previously underserved children to enter into a faith formation program using Deacon Larry Sutton's model of one-on-one catechesis as well as providing support for adapted group catechesis in inclusive settings.
- respond to individual needs by providing choices—hands-on lessons accompanied by learning tools that do not require the ability to read, or grade-level adapted lessons that spring from the *Finding God* Children's Book.
- respect children and those who serve them by providing support materials and acknowledging that every child has strengths that help him or her learn, that every situation brings challenges requiring creative solutions, and that every catechist deserves guidance and support when working under unique circumstances.
- welcome and embrace all of God's children, and acknowledge that all children can learn, pray, and have a relationship with God as a disciple of Jesus Christ.

GROUP SETTING (Typically Adapted Grade Level)

ONE-ON-ONE SETTING (Typically Hands-On Level)

My name is Grace. It is hard for me to read, and it takes me time to share my ideas. But if you listen carefully and get to know me, you'll understand what I'm saying. I have a lot of medical needs that make it hard for me to be with my peers all the time. But I join them when I can.

I can learn; I can pray; I can find God. 99



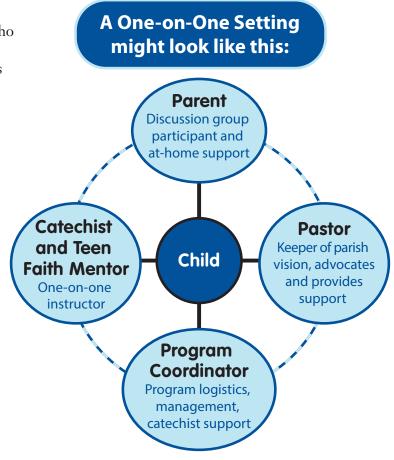


One-on-One Setting

Having the opportunity to learn in a least restrictive environment is a major goal for children with special needs. For many children, this means that their faith formation experience can take place in an inclusive, perhaps modified typical group setting, with same-age peers. Some children, however, thrive in a different kind of learning environment, with one-on-one catechesis, where they work with a catechist or parent, and perhaps alongside a near-peer faith mentor, such as a teen from the parish.

Individualized catechesis is a term commonly used to describe a plan for catechizing a child with disabilities. Individualized catechesis is a way of considering appropriate curriculum and adaptations, classroom settings and catechetical staffing support, participation with typical peers and activities in the parish faith formation program, sacramental preparation, and participation in Mass and parish life. Here we use a method of one-on-one catechesis in a one-onone setting to describe a program inspired by Larry Sutton, Ph.D., a deacon and licensed psychologist who specializes in individuals with autism spectrum disorders. This program is described as follows.

A one-on-one setting is ideal for children who learn best in a controlled environment that allows flexibility in how and when content is presented, and one that is free from outside stimuli and distractions that would induce stress, repress learning, or impair the experience. While catechesis might take place in a one-on-one setting, the ultimate goal of this appoach is to give children the skills they need to enter as fully as possible into parish life and all that the church community is because inclusion benefits not only the children, but their families and all who encounter them.



What It Is and When It Makes Sense

What a One-on-One Setting Is and Does

- ► Takes place in a controlled setting that maximizes the child's abilities, builds on his or her strengths, and responds to his or her disabilities
- ► Includes a catechist and perhaps a parent or near-peer faith mentor alongside the child to provide one-onone instruction
- Provides a tailored model of inclusion for a child with disabilities, allowing as he or she is able, to be included in parish life and have a life of faith

- ► Employs a variety of creative techniques and materials
- ► Communicates the concepts of faith and the sacraments in ways suitable for a child with various impairments, allowing for flexibility and repetition as needed
- ► Allows a child to participate in Catholic faith life and the discipleship of Jesus Christ as deeply as he or she is able and is included as fully as he or she able
- Engages and includes parents, pastor, and parish

When a One-on-One Setting Makes Sense

- ▶ When parents request or agree that a child is best served in a one-on-one setting with a catechist dedicated solely to him or her
- ▶ When outside stimuli and distractions induce stress, repress learning, or impair the experience for the child
- ▶ When the nature of a disability puts steep limits on what a child can understand and the degree to which he or she can participate in ordinary parish life or in a peer-group setting
- ▶ When a group setting with peers would cause a child to feel insecure or unsafe
- ▶ When the spiritual riches of the Catholic Church, such as the Mass, the sacraments, and prayer, are best introduced gradually through repetition or in a nonlinear fashion that is far outside the regular scope of a peer-group faith formation setting that follows plans in a rigid fashion

NOTE: Flexible Planning One-on-one catechesis is just one setting described in *Adaptive Finding God*. Adapted group catechesis is another category of settings, which is described on pages OV-18-OV-21. You choose the setting (and eventually the level) for the child with whom you work. Adaptive means adaptive.



Adapted Catechesis in a Group Setting

Because providing catechesis in a least restrictive environment is a major goal for those who serve children with special needs, children should be provided with a faith formation experience that is as inclusive as possible. Inclusive models can take many forms.

A group setting is ideal for children who are social and who thrive when working with their peers. While some or all of a book-based lesson might require adaptations, children in adapted group catechetical settings should exhibit qualities that allow them to learn and express their faith while interacting with others. One wonderful by-product of inclusion is that peers often learn from their classmates who have special needs—ideas about life and faith that can't be gained otherwise.

Sample Inclusion Models

Parish Religious Education Programs

Be creative. Inclusive faith formation programs are only limited by your imagination.

ACCESS

Integration with **Accommodations**

The child participates in the classroom with the support of a catechist assistant, peer tutor, or therapeutic support staff. Supplemental materials could be used.

Integration in Parish Program

The child participates in the religious education classroom with peers.

Program Integration in Learning-Support Classroom

The child participates in a small-group learning-support classroom using an adapted curriculum and materials.

Integration with **One-on-One Instruction**

The child participates in the classroom opening prayer, program liturgies and special classroom activities. Student receives one-on-one instruction. (See pages OV-8-OV-9.)

Adapted from the Office for Persons with Disabilities, Archdiocese of Philadelphia

What It Is and When It Works

What a Group Setting Is and Does

- ► Takes place, as often as possible, in a typical peer-group faith formation setting, with flexibility as needed
- ► When possible, places children with special needs throughout all the classrooms, not only with one catechist
- Provides assistants, mentors, or other aides as appropriate
- ► Provides instructional supports as needed that maximize children's participation and engagement with peers

- ► Invites catechists to employ a variety of strategies, including curriculum and instructional adaptations, peer tutoring, and cooperative learning
- Communicates the concepts of faith and the sacraments in ways suitable for children with various impairments
- ► Allows children to participate in Catholic faith life as deeply as they are able and to be included as fully as they are able as members of the Body of Christ
- Engages and includes parents, pastor, and parish community

When a Group Setting Makes Sense

- ▶ When parents request or agree that a child is best served in an inclusive faith formation setting
- ▶ When a child easily learns social and behavioral skills naturally by being part of a peer group
- ▶ When a child shows the ability to learn by using the written word and by reading at or near grade level
- ▶ When a child communicates needs or ideas in a way that peers and catechists can understand (even if over time or perhaps with translation assistance)
- ▶ When a child feels safe and secure with peers in a group setting

- When the child can filter outside stimuli and distractions
- When the nature of a disability does not limit the degree to which the child can participate in a peer-group setting
- When the spiritual riches of the Catholic Church, such as the Mass, the sacraments, and prayer, are best introduced through the regular scope of a group setting

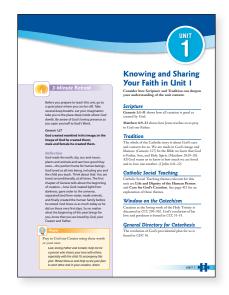


Catechist Preparation



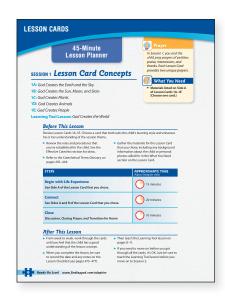
Unit Lesson Card Chart

This unit-overview chart provides a list of the Lesson Card themes for the unit and offers a Your Creative Side feature that invites catechists to present the unit theme in a unique way.



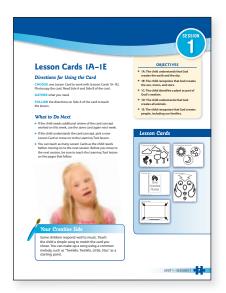
Retreat/Background

To begin each unit, catechists are invited to pray in **preparation.** Then they read to gain background knowledge in the Scripture, Tradition, and catechesis that the child will experience.



45-Minute Lesson Planner

This at-a-glance, 45-minute lesson planner guides catechists to choose a Lesson Card and prepare for the lesson.



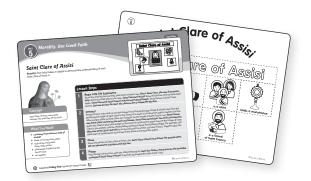
General Directions for Lesson Card Use

For each session, catechists are guided to choose a Lesson Card from the five provided for that session, prepare materials, follow general steps, and plan for the next time he or she meets with the child. Because each child's needs vary, catechists are invited to teach the lesson on the card over several meetings, reteach a lesson in a subsequent meeting, or teach as many or as few of the Lesson Cards provided for that session as needed. **Lesson** Cards can be presented in any order.



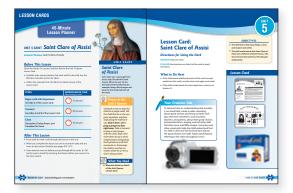
Using the Lesson Cards

Easy to share among catechists, the photocopy-ready Lesson Cards are the perfect companion for catechists and teachers of every experience level.



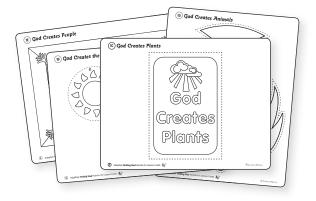
Unit Saint Lesson Card

Each unit opens with a Lesson Card that explores the life of a saint whose unique response to God's love reflects the unit theme and helps the child feel connected to others in the faith community.



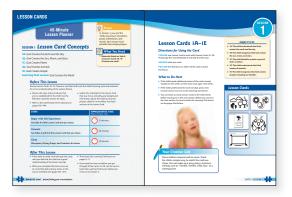
General Unit Opener Directions

For each unit, a **lesson planner** and set of **general** directions for presenting the Unit Saint Lesson Card are included.



Session Lesson Cards

Five Lesson Cards are provided for each of 25 sessions, and for each of seven seasonal sessions. Four Lesson Cards are provided for each sacramental preparation session. Catechists can present the cards in any order, use as many or as few as needed to communicate the session theme, and adapt them as needed.



General Lesson Card Directions for Each Session

For each session, a lesson planner and set of general directions are provided so catechists can choose and present one or more of the Lesson Cards. For sample implementation models, see pages EC-21–EC-26.

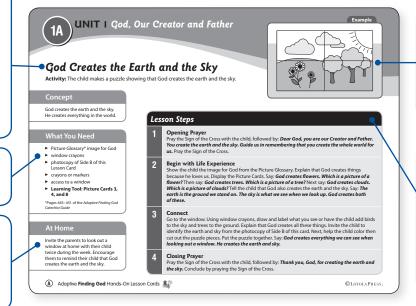
One Side for the Catechist, One Side for the Child

Side A provides explicit directions for instruction. Each Lesson Card is photocopyready so multiple catechists can use it with individual children.

The Lesson Card title clearly states a discrete faith concept. A simple description of the lesson activity is provided.

A detailed materials list is provided.

An at-home activity is suggested for parents to reinforce concepts.



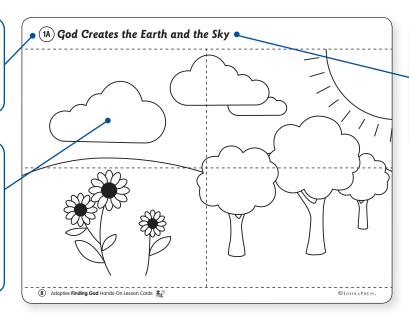
An **example** of the finished activity is shown so catechists have a visual sample of the outcome.

Every lesson follows a simple four-step process: Opening Prayer, Begin with Life Experience, Connect, and Closing Prayer.

With delightful illustrations and simple designs, Side B features the activity in which the child engages with the catechist. Each activity is photocopy-ready so it can be used by multiple children at the same time.

Each activity page includes an identifier with the session number.

Each activity is **simple** so it can be used by children with a variety of cognitive and motorskill development levels.



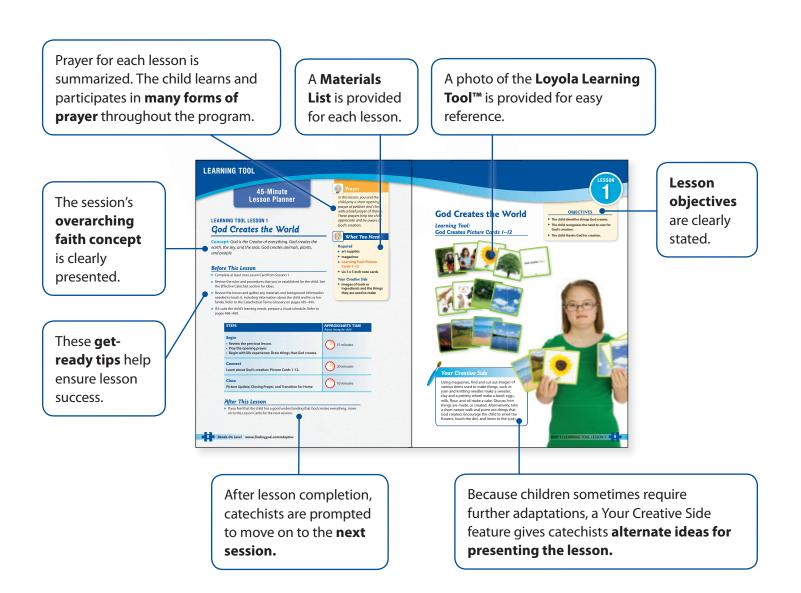
The activity title shares discrete faith concept and matches the title in the catechist instructions.

NOTE: Flexible Planning Lesson Cards can be used in group or one-on-one settings.

Learning Tool Lessons

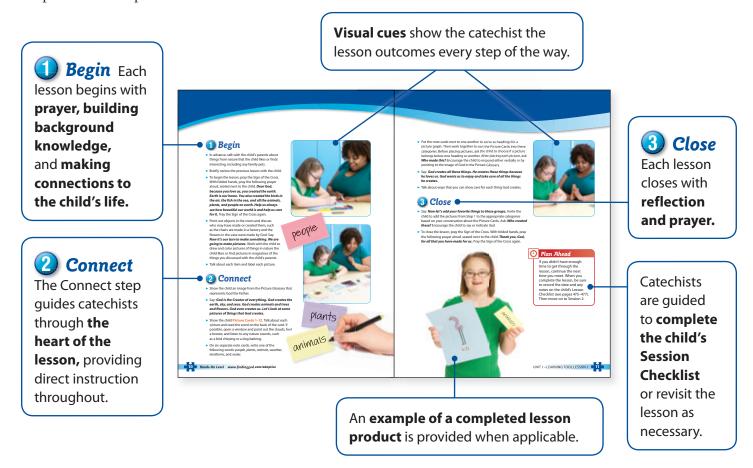
Featuring the Loyola Learning Tools™

A Learning Tool lesson is provided for each session in the Hands-On Level. This lesson focuses on an overarching faith concept that encompasses an aspect of each of the five Lesson Cards and uses a Learning Tool. Direct instruction for each Learning Tool lesson is provided in this guide.



Instruction in Three Easy Steps

Only Adaptive Finding God provides the lessons and the tools to help children learn key concepts and express their faith as they are able while developing a deeper relationship with God.



Catechetical Terms Glossary

Pages 435-444 provides a text glossary of important faith terms for catechist reference and use during lessons.



Picture Glossary

Pages 445-451 provide a reproducible Picture **Glossary** for catechist reference and children's use.



Checklists

Pages 475–480 provide blackline master Session and Lesson Checklists for easy reporting. See the Effective Catechist Course, pages EC-1-EC-42, for more information.



Catechist Preparation, Grades 1-6

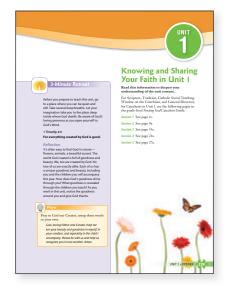
Because the Adapted Grade-Level charts are used in conjunction with the Finding God core curriculum, catechists have **two resources** to reference as they prepare.

Adaptive Finding God Catechist Guide



Unit Overview Chart for Grades 1-6

This handy chart provides a list of the grade-level session themes for each unit and offers a Your Creative Side feature that invites catechists to share the unit theme in a unique way.



Retreat/Background

To begin each unit with adaptations, catechists are invited to **pray in preparation.** Then they read to gain background knowledge in Scripture, Tradition, and catechesis for each grade level.



One-Hour Planner

This easy-to-follow onehour lesson planner guides catechists to prepare adaptations for a grade-level lesson.

Grade-Level Finding God Catechist Guide









Catechist-Preparation Pages

Because this level is meant to be used in conjunction with the Finding God core curriculum, catechists also reference the preparation pages in the Finding God Catechist Guide.

Using the Grades 1-6 Modification Charts in the Adaptive Finding God Catechist Guide

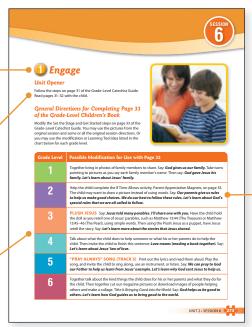
Because Finding God is organized systematically, sections of a lesson are provided on the same Children's Book page, no matter the grade.



The main step of a lesson is identified at the top of each chart.

Every unit of Finding God begins by introducing a saint.

This guide bar helps catechists easily find the appropriate grade level.

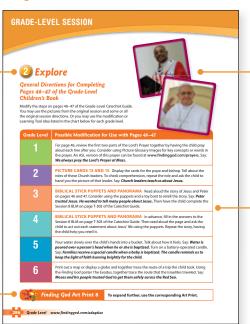


Some modifications include using the **If Time Allows** activities in the Finding God Grade-Level Catechist Guide.

Explore

Every chart includes general directions that lead catechists to the correct section of the Children's Book and Catechist Guide and prompt them to make modifications.

Catechists are reminded to continue the lesson using the Finding God Art Print, an integral part of each gradelevel lesson.



Loyola Learning Tools[™] are included for use in many modification ideas.

Some modifications include using the grade-level **Blackline Master.**

Reflect



Some modifications include supplemental resources provided on the Adaptive Finding God Web Site, www.findinggod.com/prayers.

Some modifications use the **recorded** guided reflection provided with the Finding God core curriculum.



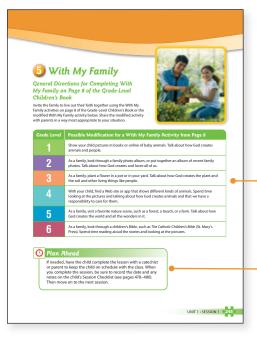
Respond



Some modifications include tangible examples of the Ways of Being Like Jesus feature.

In specific sessions, the Faith Summary is brought to life with real-world experiences.

With My Family



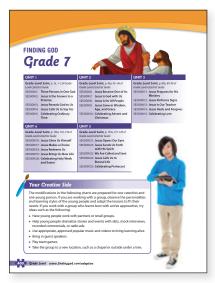
Family faith sharing is encouraged through simple yet meaningful experiences.

Every session ends with a suggestion to complete a **Session Checklist**, offered as a Blackline Master on pages 478-480 of this guide.

Catechist Preparation, Grades 7-8

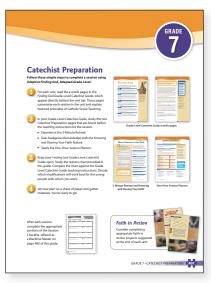
Because the adapted grade-level charts are used in conjunction with the Finding God core curriculum, catechists have two resources to reference as they prepare.

Adaptive Finding God Catechist Guide



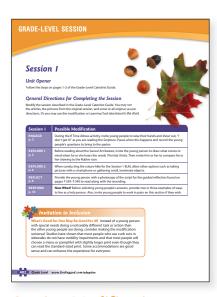
Overview Chart

This handy chart provides a list of grade-level session themes for each unit in each grade and offers a **Your** Creative Side feature that invites catechists to engage the young people in unique and compelling ways.



Follow the Plan

Follow the steps to complete a **session** using Adaptive Finding God, Adaptive Grade Level.



Session Modifications

The easy-to-follow session modifications guide catechists through the four steps of each grade-level lesson.

Grade-Level Finding God Catechist Guide









Catechist-Preparation Pages

Because this level is meant to be used in conjunction with the Finding God core curriculum, catechists also reference the preparation pages in the Finding God Catechist Guide.

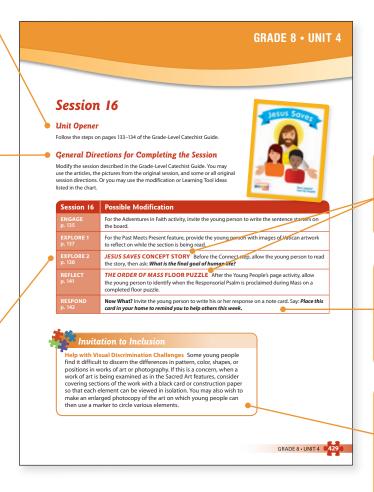
Using the Modification Charts Grades 7-8 in the Adaptive Finding God Catechist Guide

Because Finding God is organized with a systematic structure, sections of a lesson are provided on the same Young Person's Book page, no matter the grade.

Every unit of Finding God opens by introducing a saint.

Every chart includes general directions that lead catechists to the correct section of the Young Person's **Book and Catechist** Guide and prompt them to make modifications.

The guide bar helps catechists find the lesson step and its corresponding page number in the Catechist Guide.



Some modifications include supplemental resources provided on the Adaptive Finding God Web site www.findinggod.com/adaptive.

Loyola Learning Tools[™] are included for use in many modifications.

Now What? is modified to allow for different options for young people to demonstrate their understanding.

This feature on the opening page of each unit offers ways to foster a welcoming learning environment for all.