

**MONDAY TUESDAY** WEDNESDAY THURSDAY **FRIDAY SATURDAY SUNDAY** 9 5 6 Southern **Roasted Pork Loin** Roast Beef Fried Chicken Fried Chicken Southern Fried Fish Grilled Chicken UNCH **Beef Tacos** Grilled Ham Steaks Macaroni & Cheese **Baked Chicken Mashed Potatoes** Spagehtti **Chicken Breast Chicken Tacos** Wild Rice Macaroni and Cheese **Green Beans** Winter Fried Okra White Rice **Mexican Rice Simmered Greens** Broccoli & **Blend Veggies** Seasoned Corn **Baked Beans** Cauliflower Steamed Broccoli **Spanish Corn Candied Yams** Rolls Rolls **Hushpuppy** Rolls Rolls **Corn Bread** GRILL **Chicken Philly Grilled Burger Grilled Hot Dogs** ChickenTenders **Popcorn Chicken** DAILY BREAKFAST **Turkey Sausage French Fries French Fries** French Fries French Fries French Fries Bacon **Pork Links Baked Meatloaf Biscuits** Chili Mac **BBQ Ribs** DINNER Chicken Broccoli & Chicken & Broccoli Chicken Wings **Pancakes Rice Casserole Grilled Chicken Breast BBQ Chicken** NNER Alfredo **Roasted Potatoes Grits Country Fried Steak Roasted Potatoes** Corn on the Cob **Green Peas** Corn on the Cob **Scrambled Eggs** Steamed Broccoli **Blend Veggies Green Beans** Carrots French Fries **Roast Squash** Oatmeal Rolls Rolls Rolls



**MONDAY** 

**TUESDAY** 12

WEDNESDAY 13

**THURSDAY** 14

**FRIDAY** 15

**SATURDAY** 16

**SUNDAY** 

UNCH

Chicken Breast Smothered Pork Chops Redskin **Mashed Potatoes** Scandinavian **Blend Veggies** 

Rolls

**Grilled BBQ** 

Chicken Spaghetti Alfredo Pasta

Steamed Broccoli **Green Beans** 

Popcorn chicken

**French Fries** 

Rolls

Southern Fried Chicken Rotisserie Baked Chicken

Macaroni and Cheese **Simmered Greens Candied Yams** 

**Pulled Pork** 

Sandwich

French Fries

**Corn Bread** 

**Green Beans Garlic Bread** 

**Beef Philly** 

**Onion Rings** 

Chicken Alfredo

Shrimp Alfredo

Southern Fried Fish Spagehtti Fried Okra

> **Baked Beans Hushpuppy**

**Hamburgers** Pizza

**Chicken Wings Fries** 

**Cheese Sticks** 

Fried Chicken Macaroni & Cheese

**Green Beans** Seasoned Corn

Rolls

GRILL

DINNER

**Corn Dogs French Fries** 

**Baked Ziti Honey Glazed Ham Brussel Sprouts Winter Blend Veggies** Rolls

**Beef Taco Chicken Tacos Mexican Rice** Spanish Corn

**Montreal Chicken Country Fried Steak Green Beans Sweet Corn** Rolls

Italian Sausage w/ **Potatoes & Peppers** Hamburger Steak w/

> **Mashed Potatoes Blend Veggies & Roll**

**Sauteed Onions** 

Chicken Tenders French Fries

> Wings Pizza **Burgers** Fries

DINNER

**Turkey Sausage** Bacon

> **Pork Links Biscuits Pancakes** Grits

**Scrambled Eggs** Oatmeal

DAILY BREAKFAST



**MONDAY** 

**TUESDAY** 19

WEDNESDAY 20

**THURSDAY** 

**FRIDAY** 22

**SATURDAY** 23

**SUNDAY** 24

HONO

**Baked Chicken Scalloped Potatoes** Broccoli Cauliflower Medlev Rolls

**Beef Taco Chicken Taco** 

**Mexican Corn** Spanish Rice Queso

Southern Fried Chicken **Backyard Chicken** 

Macaroni and Cheese **Simmered Greens Candied Yams Corn Bread** 

Montreal Chicken Loaded

**Mashed Potatoes** Peas & Carrots Rolls

**Southern Fried Fish Oldbay Baked Fish** Fried Okra

> **Baked Beans** Hushpuppy

Hamburger Steak **Mashed Potatoes** Steamed Asparagus Steamed Corn

Rolls

Fried Chicken **Au Gratin Potatoes** Lima Beans Veggie Blend Rolls

GRILL

DINNER Jerk Chicken **Green Beans Mashed Potatoes** 

**Hot Dogs Seasoned Fries**  Chicken Quesadilla **Seasoned Fries** 

**Grilled Hamburger** Seasoned Fries

Crispy **Chicken Sandwich Seasoned Fries** 

**Philly Sandwich Seasoned Fries** 

**Turkey Sausage** 

Bacon **Pork Links Biscuits Pancakes Grits** 

**Oatmeal** 

DAILY BREAKFAST Scrambled Eggs

**Baked Spaghetti Asparagus** Veggie Blend

**Roast Beef** Roasted **Red Potatoes Green Peas Rolls** 

Shepherd's Pie **Garlic Bread** Broccoli Rolls

**Cheese Sticks Fries** Rotel Dip & Chips

Chicken Tenders



MONDAY 25

TUESDAY 26

WEDNESDAY 27

THURSDAY 28

FRIDAY 29

SATURDAY 30

SUNDAY 31

LUNCH

Baked Meatloaf
Black Eyed Peas
Mashed Potatoes
Steamed Broccoli
Rolls

Chicken Alfredo
Fried Pork Chops
Carrots
Green Beans

Carrots
en Beans
Rolls

Macaron
Simme
Cand
Corr

Southern
Fried Chicken
Baked Chicken
Macaroni and Cheese
Simmered Greens
Candied Yams
Corn Bread

Wild Rice
Grilled Chicken
Green Beans
Asparagus

Salmon

Fried Fish
Spaghetti
Baked Fish
Breaded Okra
Hushpuppies

Baked Pork Chop
Grilled Chicken
Scalloped Potatoes
Steamed Broccoli

Fried Chicken
Au Gratin Potatoes
Green Beans
Seasoned Corn

Rolls

LUNCH

GRILL

DINNER

Chicken Nuggets
Seasoned Fries

Rolls

Chicken Pot Pie
Stuffed Peppers
Roasted Potatoes
Veggie Blend

Beef Soft Tacos
Chicken Tacos
Beans & Rice
Roasted Corn

 Chicken Tenders
 Grilled Burgers

 Seasoned Fries
 French Fries

Chicken Parmesan
Country Fried Steak
Wild Rice
Veggie Blend

Popcorn Chicken
Seasoned Fries

Bourbon BBQ Chicken Hamburger Steak Cheese Shells Mashed Potatoes Rolls

Roast Beef
Grilled
Chicken Breast
White Rice
Steamed Cauliflower

Turkey Sausage

Bacon

Pork Links

Biscuits

Pancakes

Grits

Scrambled Eggs

Oatmeal

DAILY BREAKFAST