RavenclawTM Doughnut

Serving Size:	1 Doughnut
Calories	260
Calories from Fat	100
Total Fat (g)	11
Saturated fat (g)	5
Trans Fat (g)	0
Cholesterol (mg)	0
Sodium (mg)	105
Total Carbohydrates (g)	39
Dietary Fiber (g)	less than 1
Sugars (g)	25
Protein (g)	3
ALLERGENS- CONTAINS:	

Ingredients: Doughnut (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Less than 2% of: Yeast, Hydrogenated Soybean Oil, Soy Flour, Leavening (Calcium Carbonate and/or Monocalcium Phosphate and/or Baking Soda), Salt, Monoglycerides, Wheat Gluten, Soy Lecithin, Skim Milk, Cellulose Gum, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Egg Yolks, Enzymes), Icing (Sugar, Water, Corn Syrup, Agar, Potassium Sorbate (To Maintain Freshness), Citric Acid, Natural and Artificial Flavor, Mono and Diglycerides, Locust Bean Gum, Salt), Glaze (Sugar, Water, Corn Starch, Palm Oil, Agar, Natural and Artificial Flavors, Guar Gum, Locust Bean Gum), Sprinkles (Sugar, Glucose Powder, Tapioca Starch, Corn Starch, Palm Kernel Oil, Glycerin, Maanesium Silicate, Soy Lecithin, Gum Arabic, Citric Acid, Sodium Benzoate, Natural and Artificial Flavor, Blue 1, Blue 2, Red 3, Red 40, Carnauba Wax), Confectionery Decoration (Sugar, Dextrose, Water, Glucose Syrup, Palm Oil, Glycerin, Tapioca Flour, Cellulose Gum, Yellow 5, Red 40, Blue 1, Gelatin (Bovine), Artificial Flavor, Cream of Tartar, Potassium Sorbate (To Maintain Freshness)), Filling (Water, Blueberries, Sugar, Corn Syrup, High Fructose Corn Syrup, Modified Food Starch, Cellulose Gel, Citric Acid, Salt, Agar, Sodium Benzoate (To Maintain Freshness), Potassium Sorbate (To Maintain Freshness), Cellulose Gum, Artificial Flavor), Food Coloring (Water, Sugar, Glycerin, Blue 1, Modified Corn Starch, Carrageenan, Potassium Sorbate (To Maintain Freshness), Xanthan Gum, Citric Acid, Maltodextrin, Dextrose), Food Coloring (Water, Glycerin, Sugar, Red 40, Blue 1, Yellow 6, Modified Corn Starch, Carrageenan, Potassium Sorbate (To Maintain Freshness), Xanthan Gum, Citric Acid, Maltodextrin, Dextrose).









Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

