Gryffindor™ Doughnut

Serving Size:	1 Doughnut
Calories	400
Calories from Fat	180
Total Fat (g)	20
Saturated fat (g)	9
Trans Fat (g)	0
Cholesterol (mg)	0
Sodium (mg)	180
Total Carbohydrates (g)	51
Dietary Fiber (g)	1
Sugars (g)	31
Protein (g)	4

ALLERGENS- CONTAINS:









Ingredients: Doughnut (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Less than 2% of: Yeast, Hydrogenated Soybean Oil, Soy Flour, Leavenina (Calcium Carbonate and/or Monocalcium Phosphate and/or Bakina Soda), Salt, Monoalycerides, Wheat Gluten, Soy Lecithin, Skim Milk, Cellulose Gum, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Egg Yolks, Enzymes), Icing (Sugar, Water, Corn Syrup, Agar, Potassium Sorbate (To Maintain Freshness), Citric Acid, Natural and Artificial Flavor, Mono and Diglycerides, Locust Bean Gum, Salt), Filling (Sugar, Water, Palm Oil, Soybean Oil, Corn Syrup Solids, Corn Starch, Mono and Diglycerides, Polysorbate 60, Natural and Artificial Flavors, Salt, Enzyme Modified Soy Protein, Soy Lecithin, Sodium Hexametaphosphate), Cookie Butter (Biscoff Cookie Crumble (Wheat Flour, Sugar, Vegetable Oils (Contains one or more of the following Soybean Oil, Sunflower Oil, Canola Oil, Palm Oil), Brown Sugar Syrup, Sodium Bicarbonate, Soy Flour, Salt, Cinnamon), Canola Oil, Sugar, Soy Lecithin, Citric Acid), Biscoff Cookie Crumble (Wheat Flour, Sugar, Vegetable Oils (Soybean Oil and/or Sunflower Oil and/or Canola Oil, and/or Palm Oil), Brown Sugar Syrup, Sodium Bicarbonate, Soy Flour, Salt, Cinnamon), Confectionery Decoration (Sugar, Dextrose, Water, Glucose Syrup, Palm Oil, Glycerin, Tapioca Flour, Cellulose Gum, Yellow 5, Red 40, Blue 1, Gelatin (Bovine), Artificial Flavor, Cream of Tartar, Potassium Sorbate (To Maintain Freshness)), Food Coloring (Water, Glycerin, Sugar, Red 3, Red 40, Modified Corn Starch, Blue 1, Carrageenan, Potassium Sorbate (To Maintain Freshness), Xanthan Gum, Citric Acid, Maltodextrin, Dextrose), Food Coloring (Water, Sugar, Glycerin, Yellow 5, Modified Corn Starch, Yellow 6, Carrageenan, Potassium Sorbate (To Maintain Freshness), Xanthan Gum, Citric Acid, Maltodextrin, Dextrose).

Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

