Meet Name: **2024 Orchard AAU Powerlifting Meet**
Location: Orchard Gym Orchard, NE
Meet Date: 06-Apr-24
Director: Jeff Shabram

						Squat		Bench		DeadLift		Total	
Wt Class	Name	Age	City, State	Division		Kilo's	*Lbs*	Kilo's	*Lbs*	Kilo's	Lbs	Kilo's	Lbs
Female Raw Powerlifting													
097	Christine Mechaley	15	Santee, NE	Teen		60.00	*132.25*	30.00	*66.00*	77.50	*170.75*	167.50	*369.25*
	Myah Porter	15	North Platte, NE	Teen		55.00	*121.25*	30.00	*66.00*	75.00	*165.25*	160.00	*352.50*
105	Amor Zermeno	18	Orchard, NE	Teen		77.50	*170.75*	37.50	*82.50*	75.00	*165.25*	190.00	*418.75*
	Gwenith Bonham	16	Niobrara, NE	Teen		47.50	*104.50*	22.50	*49.50*	67.50	*148.75*	137.50	*303.00*
114	Abbie Hankla	15	North Platte, NE	Teen		60.00	*132.25*	32.50	*71.50*	112.50	*248.00*	205.00	*451.75*
	Melody Bonham	17	Niobrara, NE	Teen		0.00	*0.00*	37.50	*82.50*	102.50	*225.75*	0.00	*0.00*
123	Addysen Simmons	15	North Platte, NE	Teen		92.50	*203.75*	45.00	*99.00*	92.50	*203.75*	230.00	*507.00*
	Billie Pritchett	18	Niobrara, NE	Teen		60.00	*132.25*	40.00	*88.00*	102.50	*225.75*	202.50	*446.25*
	Makayla Robinson	17	Fullerton, NE	Teen		47.50	*104.50*	30.00	*66.00*	80.00	*176.25*	157.50	*347.00*
	Addysen Simmons	15	North Platte, NE	Open		92.50	*203.75*	45.00	*99.00*	92.50	*203.75*	230.00	*507.00*
132	Holly Pavlik	13	Verdigre, NE	Youth		87.50	*192.75*	60.00	*132.25*	107.50	*236.75*	255.00	*562.00*
	Jaden Robinett	12	Orchard, NE	Youth		65.00	*143.25*	37.50	*82.50*	77.50	*170.75*	180.00	*396.75*
	Kennedy Kaufman	16	Whiting, IA	Teen		72.50	*159.75*	47.50	*104.50*	97.50	*214.75*	217.50	*479.50*
	Emilyn Kurz	15	Fullerton, NE	Teen		60.00	*132.25*	30.00	*66.00*	90.00	*198.25*	180.00	*396.75*
	Amanda Davis	16	Spencer, NE	Teen		57.50	*126.75*	30.00	*66.00*	72.50	*159.75*	160.00	*352.50*
	Savannah Gallagher	15	Orchard, NE	Teen		0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
148	Shaeden Polenske	15	Naper, NE	Teen		82.50	*181.75*	40.00	*88.00*	102.50	*225.75*	225.00	*496.00*
	Clair Krysl	16	Chambers, NE	Teen		70.00	*154.25*	32.50	*71.50*	110.00	*242.50*	212.50	*468.25*
	Kami Simons	16	Verdigre, NE	Teen		77.50	*170.75*	35.00	*77.00*	92.50	*203.75*	205.00	*451.75*
	Delylla Olson	15	Fullerton, NE	Teen		55.00	*121.25*	35.00	*77.00*	92.50	*203.75*	182.50	*402.25*
	Heidi Hollmann	18	Verdigre, NE	Teen		52.50	*115.50*	32.50	*71.50*	0.00	*0.00*	0.00	*0.00*
	Jadyn Hobbs	15	Ewing, NE	Teen		0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
	Taylor Cook	14	Fullerton, NE	Teen		0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
	McKenzie Ironshell	27	Holdrege, NE	Open		130.00	*286.50*	57.50	*126.75*	132.50	*292.00*	320.00	*705.25*
165	Paige Wendt	13	Bristow, NE	Youth		72.50	*159.75*	45.00	*99.00*	100.00	*220.25*	217.50	*479.50*
	Juliana Cline	12	Naper, NE	Youth		50.00	*110.00*	30.00	*66.00*	92.50	*203.75*	172.50	*380.25*
	Adriana Faust	17	Norfolk, NE	Teen		100.00	*220.25*	57.50	*126.75*	117.50	*259.00*	275.00	*606.25*
	Miranda Stohlmann	15	Verdigre, NE	Teen		75.00	*165.25*	45.00	*99.00*	107.50	*236.75*	227.50	*501.50*
	Amaryah Block	16	Niobrara, NE	Teen		77.50	*170.75*	35.00	*77.00*	95.00	*209.25*	207.50	*457.25*
	Aiyana Krebs	15	Chambers, NE	Teen		0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
181	Savannah Garcia	16	Salix, IA	Teen		107.50	*236.75*	57.50	*126.75*	142.50	*314.00*	307.50	*677.75*
	Taylor Pavlik	17	Creighton, NE	Teen		100.00	*220.25*	60.00	*132.25*	140.00	*308.50*	300.00	*661.25*
	Angelita Arellano	16	Naper, NE	Teen		82.50	*181.75*	50.00	*110.00*	95.00	*209.25*	227.50	*501.50*
	Aliyah Yunker	14	Verdigre, NE	Teen		0.00	*0.00*	42.50	*93.50*	140.00	*308.50*	0.00	*0.00*
198	Auryana Hernandez	11	Orchard, NE	Youth		120.00	*264.50*	60.00	*132.25*	142.50	*314.00*	322.50	*710.75*
	Nellie Jean Denny	12	Verdigre, NE	Youth		65.00	*143.25*	40.00	*88.00*	100.00	*220.25*	205.00	*451.75*
	Grace Wilke	15	North Platte, NE	Teen		102.50	*225.75*	62.50	*137.75*	140.00	*308.50*	305.00	*672.25*
	Chelsey Rohrer	16	Verdigre, NE	Teen		95.00	*209.25*	62.50	*137.75*	130.00	*286.50*	287.50	*633.75*
	Allisson Rodriguez	14	Columbus, NE	Teen		102.50	*225.75*	52.50	*115.50*	110.00	*242.50*	265.00	*584.00*
	Alana Widstrom	15	Lynch, NE	Teen		0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
	RaeLynne Nelson	16	Verdigre, NE	Teen		0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
220	Raquel Morales-Mont	16	Winnetoon, NE	Teen		132.50	*292.00*	55.00	*121.25*	160.00	*352.50*	347.50	*766.00*
	Raina Krebs	17	Clearwater, NE	Teen		127.50	*281.00*	47.50	*104.50*	157.50	*347.00*	332.50	*733.00*
	Kaylee Bennett	17	Butte, NE	Teen		105.00	*231.25*	62.50	*137.75*	122.50	*270.00*	290.00	*639.25*
	Addison Birmeier	16	Spencer, NE	Teen		100.00	*220.25*	45.00	*99.00*	120.00	*264.50*	265.00	*584.00*
UNL	*Emilee Babcock*	12	Verdigre, NE	Youth		0.00	*0.00*	22.50	*49.50*	72.50	*159.75*	0.00	*0.00*
	Lilyana Campbell	18	Cairo, NE	Teen		155.00	*341.50*	60.00	*132.25*	142.50	*314.00*	357.50	*788.00*
	Amelia Hakl	18	Spencer, NE	Teen		100.00	*220.25*	90.00	*198.25*	100.00	*220.25*	290.00	*639.25*

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					Squat		Bench		DeadLift		Total	
Wt Class	Name	Age	City, State	Division	Kilo's	*Lbs*	Kilo's	*Lbs*	Kilo's	Lbs	Kilo's	Lbs
Female Equipped Powerlifting												
105	Sydney Kumm	14	Winnetoon, NE	Teen	65.00	*143.25*	35.00	*77.00*	82.50	*181.75*	182.50	*402.25*
114	Anna Ware	17	Columbus, NE	Teen	97.50	*214.75*	45.00	*99.00*	112.50	*248.00*	255.00	*562.00*
123	Isabella Jensen	17	Columbus, NE	Teen	102.50	*225.75*	50.00	*110.00*	105.00	*231.25*	257.50	*567.50*
148	Andrea Bromm	41	Herman, NE	Master	97.50	*214.75*	60.00	*132.25*	125.00	*275.50*	282.50	*622.75*

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Wt Class	Name	Age	City, State	Division	Squat		Bench		DeadLift		Total	
					Kilo's	*Lbs*	Kilo's	*Lbs*	Kilo's	Lbs	Kilo's	Lbs
Male	**Raw**	**Powerlifting**										
077	Korbin Akerson	10	Valley, NE	Youth	65.00	*143.25*	37.50	*82.50*	92.50	*203.75*	195.00	*429.75*
	Maddox Martin	11	Valley, NE	Youth	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
088	Levi Hoferer	14	Winnetoon, NE	Teen	52.50	*115.50*	35.00	*77.00*	85.00	*187.25*	172.50	*380.25*
097	Michael Sonnenfelt	11	Orchard, NE	Youth	32.50	*71.50*	27.50	*60.50*	62.50	*137.75*	122.50	*270.00*
	Joseph Schmitz	13	Fairfax, SD	Youth	40.00	*88.00*	22.50	*49.50*	45.00	*99.00*	107.50	*236.75*
	Bryce Cook	7	Fullerton, NE	Youth	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
	Charles Frame	14	Verdigre, NE	Teen	50.00	*110.00*	25.00	*55.00*	80.00	*176.25*	155.00	*341.50*
105	Palmer Shabram	10	Omaha, NE	Youth	42.50	*93.50*	22.50	*49.50*	75.00	*165.25*	140.00	*308.50*
114	Parker Frank	13	Verdigre, NE	Youth	70.00	*154.25*	37.50	*82.50*	97.50	*214.75*	205.00	*451.75*
	Grayson Manning	15	Urbandale, IA	Teen	125.00	*275.50*	80.00	*176.25*	125.00	*275.50*	330.00	*727.50*
	Alex Motacek	15	Springfield, SD	Teen	122.50	*270.00*	52.50	*115.50*	145.00	*319.50*	320.00	*705.25*
	Kash Hermanson	14	Valley, NE	Teen	92.50	*203.75*	47.50	*104.50*	122.50	*270.00*	262.50	*578.50*
123	Mikey Strong	8	Valley, NE	Youth	62.50	*137.75*	30.00	*66.00*	95.00	*209.25*	187.50	*413.25*
	Christopher McDonal	12	Niobrara, NE	Youth	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
	Lennix Chavez	12	Verdigre, NE	Youth	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
	Andrew Cummings	17	North Platte, NE	Teen	112.50	*248.00*	72.50	*159.75*	152.50	*336.00*	337.50	*744.00*
	Evan Stubbs	14	Ravenna, NE	Teen	92.50	*203.75*	70.00	*154.25*	142.50	*314.00*	305.00	*672.25*
	Landyn Frank	15	Verdigre, NE	Teen	85.00	*187.25*	47.50	*104.50*	117.50	*259.00*	250.00	*551.00*
	Murdock MacAskill	14	Verdigre, NE	Teen	40.00	*88.00*	22.50	*49.50*	67.50	*148.75*	130.00	*286.50*
132	Mykel Murray	11	Verdigre, NE	Youth	77.50	*170.75*	57.50	*126.75*	115.00	*253.50*	250.00	*551.00*
	Logan Collingsworth	13	Verdigre, NE	Youth	60.00	*132.25*	42.50	*93.50*	97.50	*214.75*	200.00	*440.75*
	Levi Purviance	13	Lynch, NE	Youth	65.00	*143.25*	42.50	*93.50*	90.00	*198.25*	197.50	*435.25*
	Carson Janak	12	Verdigre, NE	Youth	45.00	*99.00*	35.00	*77.00*	75.00	*165.25*	155.00	*341.50*
	Aadyn Smith	15	North Platte, NE	Teen	90.00	*198.25*	62.50	*137.75*	120.00	*264.50*	272.50	*600.75*
	Danny Pease	15	Verdigre, NE	Teen	67.50	*148.75*	55.00	*121.25*	102.50	*225.75*	225.00	*496.00*
	Evan Hammon	17	Spencer, NE	Teen	62.50	*137.75*	50.00	*110.00*	112.50	*248.00*	225.00	*496.00*
	Angel Ajin	16	Ainsworth, NE	Teen	0.00	*0.00*	62.50	*137.75*	130.00	*286.50*	0.00	*0.00*
148	Liam Karnes	13	Naper, NE	Youth	85.00	*187.25*	55.00	*121.25*	112.50	*248.00*	252.50	*556.50*
	Zackary Rohrer	13	Verdigre, NE	Youth	72.50	*159.75*	47.50	*104.50*	115.00	*253.50*	235.00	*518.00*
	Tripp Frederick	11	Verdigre, NE	Youth	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
	Connor Thomson	18	Page, NE	Teen	120.00	*264.50*	80.00	*176.25*	172.50	*380.25*	372.50	*821.00*
	Koy Gonzales	17	Spencer, NE	Teen	122.50	*270.00*	77.50	*170.75*	167.50	*369.25*	367.50	*810.00*
	Josh Bennett	14	Butte, NE	Teen	100.00	*220.25*	77.50	*170.75*	130.00	*286.50*	307.50	*677.75*
	Ryan Cook	16	Fullerton, NE	Teen	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
	Cade Pflughoeft	23	Seward, NE	Open	167.50	*369.25*	82.50	*181.75*	185.00	*407.75*	435.00	*959.00*
165	Jorden Cox	13	Page, NE	Youth	80.00	*176.25*	37.50	*82.50*	100.00	*220.25*	217.50	*479.50*
	Dominic Fernau	13	Butte, NE	Youth	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
	Mathew Umphress	17	Ewing, NE	Teen	162.50	*358.00*	102.50	*225.75*	210.00	*462.75*	475.00	*1047.00*
	Sam Sullivan	14	Hoskins, NE	Teen	165.00	*363.75*	110.00	*242.50*	182.50	*402.25*	457.50	*1008.50*
	Maverick Piper	18	Johnson, NE	Teen	147.50	*325.00*	102.50	*225.75*	175.00	*385.75*	425.00	*936.75*
	Westin Bauer	17	Verdigre, NE	Teen	130.00	*286.50*	90.00	*198.25*	187.50	*413.25*	407.50	*898.25*
	Jamison Rhoades	17	North Platte, NE	Teen	145.00	*319.50*	92.50	*203.75*	165.00	*363.75*	402.50	*887.25*
	Aiden Jackman	17	Ainsworth, NE	Teen	147.50	*325.00*	85.00	*187.25*	150.00	*330.50*	382.50	*843.25*
	Corbin Burgess	15	Dannebrog, NE	Teen	142.50	*314.00*	77.50	*170.75*	160.00	*352.50*	380.00	*837.50*
	Arlan Lammers	14	Niobrara, NE	Teen	130.00	*286.50*	80.00	*176.25*	165.00	*363.75*	380.00	*837.50*
	Dillon Fitzgerald	16	Fullerton, NE	Teen	132.50	*292.00*	80.00	*176.25*	152.50	*336.00*	365.00	*804.50*
	Benjamin Schmitz	14	Fairfax, SD	Teen	117.50	*259.00*	77.50	*170.75*	137.50	*303.00*	332.50	*733.00*
	Carson Busch	14	Fullerton, NE	Teen	77.50	*170.75*	72.50	*159.75*	130.00	*286.50*	280.00	*617.25*

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181	Colton Hauschild	17	Lincoln, NE	Teen	205.00	*451.75*	137.50	*303.00*	200.00	*440.75*	542.50	*1195.75*
	Jacob Motacek	14	Niobrara, NE	Teen	167.50	*369.25*	95.00	*209.25*	170.00	*374.75*	432.50	*953.25*
	John Wendt	15	Bristow, NE	Teen	105.00	*231.25*	72.50	*159.75*	145.00	*319.50*	322.50	*710.75*
	Jase Kotrous	17	Verdigre, NE	Teen	107.50	*236.75*	70.00	*154.25*	142.50	*314.00*	320.00	*705.25*
	Beckett Wessendorf	14	Verdigre, NE	Teen	105.00	*231.25*	65.00	*143.25*	140.00	*308.50*	310.00	*683.25*
	Izaak Vakoc	16	Verdigre, NE	Teen	97.50	*214.75*	65.00	*143.25*	125.00	*275.50*	287.50	*633.75*
	Cash Wickersham	16	Verdigre, NE	Teen	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
	Matt Hittner	17	Fullerton, NE	Teen	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
198	Hayden Hoffman	13	Spencer, NE	Youth	120.00	*264.50*	75.00	*165.25*	155.00	*341.50*	350.00	*771.50*
	Thatcher Whiting	14	Kearney, NE	Teen	175.00	*385.75*	100.00	*220.25*	195.00	*429.75*	470.00	*1036.00*
	Weston Keyes	17	Lynch, NE	Teen	137.50	*303.00*	110.00	*242.50*	212.50	*468.25*	460.00	*1014.00*
	Timothy Dose	19	Seward, NE	Teen	142.50	*314.00*	85.00	*187.25*	185.00	*407.75*	412.50	*909.25*
	Jordon Ingebo	18	Niobrara, NE	Teen	127.50	*281.00*	95.00	*209.25*	167.50	*369.25*	390.00	*859.75*
	Ace DeWine	16	Columbus, NE	Teen	142.50	*314.00*	70.00	*154.25*	170.00	*374.75*	382.50	*843.25*
	Coy Wickersham	16	Verdigre, NE	Teen	132.50	*292.00*	75.00	*165.25*	170.00	*374.75*	377.50	*832.00*
	Parker Aaberg	16	Fullerton, NE	Teen	105.00	*231.25*	80.00	*176.25*	137.50	*303.00*	322.50	*710.75*
	Ryan Hasenkamp	36	Lincoln, NE	Open	182.50	*402.25*	122.50	*270.00*	262.50	*578.50*	567.50	*1251.00*
	Heydon Strope	24	Inman, NE	Open	210.00	*462.75*	122.50	*270.00*	200.00	*440.75*	532.50	*1173.75*
220	Brock Matuszczak	17	North Platte, NE	Teen	192.50	*424.25*	117.50	*259.00*	197.50	*435.25*	507.50	*1118.75*
	Isaac Pavlik	17	Verdigre, NE	Teen	185.00	*407.75*	105.00	*231.25*	197.50	*435.25*	487.50	*1074.50*
	Alex Solis	14	Boelus, NE	Teen	120.00	*264.50*	75.00	*165.25*	147.50	*325.00*	342.50	*755.00*
	Jacob Behnk	20	Clearwater, NE	Open	182.50	*402.25*	122.50	*270.00*	232.50	*512.50*	537.50	*1184.75*
242	Seth Penn	16	North Platte, NE	Teen	220.00	*485.00*	130.00	*286.50*	235.00	*518.00*	585.00	*1289.50*
	Andrew Hodges	16	Julian, NE	Teen	205.00	*451.75*	100.00	*220.25*	227.50	*501.50*	532.50	*1173.75*
	Jax Campbell	14	Cairo, NE	Teen	160.00	*352.50*	85.00	*187.25*	167.50	*369.25*	412.50	*909.25*
	Brian Benshoof	41	Bellevue, NE	Open	277.50	*611.75*	162.50	*358.00*	292.50	*644.75*	732.50	*1614.75*
	Gunnar Shabram	20	Orchard, NE	Open	167.50	*369.25*	112.50	*248.00*	190.00	*418.75*	470.00	*1036.00*
	Brian Benshoof	41	Bellevue, NE	Master	277.50	*611.75*	162.50	*358.00*	292.50	*644.75*	732.50	*1614.75*
	Jeff Shabram	47	Orchard, NE	Master	152.50	*336.00*	102.50	*225.75*	152.50	*336.00*	407.50	*898.25*
275	Jace Campbell	15	Cairo, NE	Teen	230.00	*507.00*	125.00	*275.50*	235.00	*518.00*	590.00	*1300.50*
	Cooper Holz	16	Lynch, NE	Teen	140.00	*308.50*	95.00	*209.25*	172.50	*380.25*	407.50	*898.25*
	Praeson Klug	15	Santee, NE	Teen	90.00	*198.25*	52.50	*115.50*	145.00	*319.50*	287.50	*633.75*
	Gavin Whiting	17	Ewing, NE	Teen	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
308	Lorenzo Denny	17	Verdigre, NE	Teen	157.50	*347.00*	97.50	*214.75*	190.00	*418.75*	445.00	*981.00*
SH	Savion Ralph	18	Norfolk, NE	Teen	160.00	*352.50*	82.50	*181.75*	142.50	*314.00*	385.00	*848.75*

Meet Name: **2024 Orchard AAU Powerlifting Meet**
Location: Orchard Gym Orchard, NE
Meet Date: 06-Apr-24
Director: Jeff Shabram

Wt Class	Name	Age	City, State	Division	Squat		Bench		DeadLift		Total	
					Kilo's	*Lbs*	Kilo's	*Lbs*	Kilo's	Lbs	Kilo's	Lbs
Male	**Equipped Powerlifting**											
088	Spencer Peters	11	Gretna, NE	Youth	80.00	*176.25*	45.00	*99.00*	92.50	*203.75*	217.50	*479.50*
148	Kane Hermanson	12	Valley, NE	Youth	95.00	*209.25*	47.50	*104.50*	107.50	*236.75*	250.00	*551.00*
	Brody Biesterfeld	14	Valley, NE	Teen	125.00	*275.50*	75.00	*165.25*	125.00	*275.50*	325.00	*716.25*
	Wyatt Shabram	17	Orchard, NE	Teen	110.00	*242.50*	62.50	*137.75*	137.50	*303.00*	310.00	*683.25*
165	Ashton Harlow	14	Waterloo, NE	Teen	182.50	*402.25*	112.50	*248.00*	165.00	*363.75*	460.00	*1014.00*
	Caden Weverka	16	Valley, NE	Teen	147.50	*325.00*	92.50	*203.75*	162.50	*358.00*	402.50	*887.25*
	Gavin Gregurich	17	Valley, NE	Teen	120.00	*264.50*	97.50	*214.75*	185.00	*407.75*	402.50	*887.25*
	Marcus Martin	33	Elkhorn, NE	Open	167.50	*369.25*	117.50	*259.00*	170.00	*374.75*	455.00	*1003.00*
181	Brody Bromm	13	Herman, NE	Youth	100.00	*220.25*	67.50	*148.75*	100.00	*220.25*	267.50	*589.50*
	Jagger Denker	17	Valley, NE	Teen	185.00	*407.75*	112.50	*248.00*	220.00	*485.00*	517.50	*1140.75*
	Colby Smolek	16	Columbus, NE	Teen	177.50	*391.25*	102.50	*225.75*	0.00	*0.00*	0.00	*0.00*
198	*Trevor Pike*	15	Long Pine, NE	Teen	160.00	*352.50*	0.00	*0.00*	152.50	*336.00*	0.00	*0.00*
220	Logan Wilson	15	Omaha, NE	Teen	155.00	*341.50*	97.50	*214.75*	185.00	*407.75*	437.50	*964.50*
	Gregg Rhoades	61	Plattsmouth, NE	Master	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*	0.00	*0.00*
242	Grant Lawrence	16	Columbus, NE	Teen	185.00	*407.75*	145.00	*319.50*	170.00	*374.75*	500.00	*1102.25*
	Jackson Denker	17	Valley, NE	Teen	180.00	*396.75*	105.00	*231.25*	165.00	*363.75*	450.00	*992.00*
Female	**Raw**	**Bench Only**										
114	Melody Bonham	17	Niobrara, NE	Teen	- -	-	37.50	*82.50*	- -	-	37.50	*82.50*
123	Billie Pritchett	18	Niobrara, NE	Teen	- -	-	40.00	*88.00*	- -	-	40.00	*88.00*
148	Emmarie Pavlik	15	Verdigre, NE	Teen	- -	-	62.50	*137.75*	- -	-	62.50	*137.75*
220	Kaylee Bennett	17	Butte, NE	Teen	- -	-	62.50	*137.75*	- -	-	62.50	*137.75*
	Raina Krebs	17	Clearwater, NE	Teen	- -	-	47.50	*104.50*	- -	-	47.50	*104.50*
	Katey Dodge	42	Lincoln, NE	Master	- -	-	105.00	*231.25*	- -	-	105.00	*231.25*
UN	Amelia Hakl	18	Spencer, NE	Teen	- -	-	90.00	*198.25*	- -	-	90.00	*198.25*
Male	**Raw**	**Bench Only**										
077	Korbin Akerson	10	Valley, NE	Teen	- -	-	37.50	*82.50*	- -	-	37.50	*82.50*
088	Levi Hoferer	14	Winnetoon, NE	Teen	- -	-	35.00	*77.00*	- -	-	35.00	*77.00*
114	Grayson Manning	15	Urbandale, IA	Teen	- -	-	80.00	*176.25*	- -	-	80.00	*176.25*
123	Mikey Strong	8	Valley, NE	Teen	- -	-	30.00	*66.00*	- -	-	30.00	*66.00*
198	Jordon Ingebo	18	Niobrara, NE	Teen	- -	-	95.00	*209.25*	- -	-	95.00	*209.25*
	Christopher Weber	49	Lincoln, NE	Open	- -	-	137.50	*303.00*	- -	-	137.50	*303.00*
	Christopher Weber	49	Lincoln, NE	Master	- -	-	137.50	*303.00*	- -	-	137.50	*303.00*
242	Gunnar Shabram	20	Orchard, NE	Open	- -	-	112.50	*248.00*	- -	-	112.50	*248.00*
	Arttie Parker	54	Hershey, NE	Master	- -	-	165.50	*364.75*	- -	-	165.50	*364.75*
308	Lorenzo Denny	17	Verdigre, NE	Teen	- -	-	97.50	*214.75*	- -	-	97.50	*214.75*
Male	**Equipped Bench Only**											
088	Spencer Peters	11	Gretna, NE	Teen	- -	-	45.00	*99.00*	- -	-	45.00	*99.00*
148	Brody Biesterfeld	14	Valley, NE	Teen	- -	-	75.00	*165.25*	- -	-	75.00	*165.25*
	Wyatt Shabram	17	Orchard, NE	Teen	- -	-	62.50	*137.75*	- -	-	62.50	*137.75*
165	Gavin Gregurich	17	Valley, NE	Teen	- -	-	97.50	*214.75*	- -	-	97.50	*214.75*
220	Logan Wilson	15	Omaha, NE	Teen	- -	-	97.50	*214.75*	- -	-	97.50	*214.75*
	Phil Peters	43	Gretna, NE	Master	- -	-	140.00	*308.50*	- -	-	140.00	*308.50*
242	Grant Lawrence	16	Columbus, NE	Teen	- -	-	145.00	*319.50*	- -	-	145.00	*319.50*
Female	**Raw**	**Push Pull**										
105	Amor Zermeno	18	Orchard, NE	Teen	- -	-	37.50	*82.50*	75.00	*165.25*	112.50	*248.00*
114	Melody Bonham	17	Niobrara, NE	Teen	- -	-	37.50	*82.50*	102.50	*225.75*	140.00	*308.50*

Meet Name: **2024 Orchard AAU Powerlifting Meet**
Location: Orchard Gym Orchard, NE
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Director: Jeff Shabram

Wt Class	Name	Age	City, State	Division	Squat		Bench		DeadLift		Total	
					Kilo's	*Lbs*	Kilo's	*Lbs*	Kilo's	Lbs	Kilo's	Lbs
123	Billie Pritchett	18	Niobrara, NE	Teen	- -	-	40.00	*88.00*	102.50	*225.75*	142.50	*314.00*
198	Grace Wilke	15	North Platte, NE	Teen	- -	-	62.50	*137.75*	140.00	*308.50*	202.50	*446.25*
220	Raquel Morales-Mont	16	Winnetoon, NE	Teen	- -	-	55.00	*121.25*	160.00	*352.50*	215.00	*473.75*
	Raina Krebs	17	Clearwater, NE	Teen	- -	-	47.50	*104.50*	157.50	*347.00*	205.00	*451.75*
	Kiara Brachle	16	Norfolk, NE	Teen	- -	-	42.50	*93.50*	102.50	*225.75*	145.00	*319.50*
Male	**Raw**	**Push Pull**										
077	Korbin Akerson	10	Valley, NE	Teen	- -	-	37.50	*82.50*	92.50	*203.75*	130.00	*286.50*
088	Levi Hoferer	14	Winnetoon, NE	Teen	- -	-	35.00	*77.00*	85.00	*187.25*	120.00	*264.50*
114	Grayson Manning	15	Urbandale, IA	Teen	- -	-	80.00	*176.25*	125.00	*275.50*	205.00	*451.75*
123	Mikey Strong	8	Valley, NE	Teen	- -	-	30.00	*66.00*	95.00	*209.25*	125.00	*275.50*
148	Emmett Krueger	12	Whiting, IA	Teen	- -	-	52.50	*115.50*	102.50	*225.75*	155.00	*341.50*
198	Jordon Ingebo	18	Niobrara, NE	Teen	- -	-	95.00	*209.25*	167.50	*369.25*	262.50	*578.50*
	Christopher Weber	49	Lincoln, NE	Open	- -	-	137.50	*303.00*	227.50	*501.50*	365.00	*804.50*
	Christopher Weber	49	Lincoln, NE	Master	- -	-	137.50	*303.00*	227.50	*501.50*	365.00	*804.50*
242	Brian Benshoof	41	Bellevue, NE	Open	- -	-	162.50	*358.00*	292.50	*644.75*	455.00	*1003.00*
	Gunnar Shabram	20	Orchard, NE	Open	- -	-	112.50	*248.00*	190.00	*418.75*	302.50	*666.75*
	Brian Benshoof	41	Bellevue, NE	Master	- -	-	162.50	*358.00*	292.50	*644.75*	455.00	*1003.00*
275	Landon McAllister	15	Ewing, NE	Teen	- -	-	75.00	*165.25*	150.00	*330.50*	225.00	*496.00*
308	Lorenzo Denny	17	Verdigre, NE	Teen	- -	-	97.50	*214.75*	190.00	*418.75*	287.50	*633.75*
Male	**Equipped Push Pull**											
088	Spencer Peters	11	Gretna, NE	Teen	- -	-	45.00	*99.00*	92.50	*203.75*	137.50	*303.00*
148	Wyatt Shabram	17	Orchard, NE	Teen	- -	-	62.50	*137.75*	137.50	*303.00*	200.00	*440.75*
165	Gavin Gregurich	17	Valley, NE	Teen	- -	-	97.50	*214.75*	185.00	*407.75*	282.50	*622.75*
220	Logan Wilson	15	Omaha, NE	Teen	- -	-	97.50	*214.75*	185.00	*407.75*	282.50	*622.75*