

O H A N A



Ohana Iron Challenge Powerlifting Results August 17, 2024 Bakersfield, CA

Name	Age	Weight (kg)	Weight Class	Awards Division	S1	S2	S3	B1	B2	B3	D1	D2	D3	Total	Wilks & Age Points	IPF & Age Points
Allana Smith	12	59.7	60	Women's Raw Teen (12-13)	15	30	35	10	12.5	15	20	30	40	90	123.8986	25.1102
Analea Garity	8	24.2	30	Women's Raw Youth (8-9)	12.5	20	22.5	7.5	10	12.5	20	30	37.5	72.5	148.8244	80.8694
Anavein Marie Toy	12	52.7	56	Women's Raw Teen (12-13)	15	-25	25	10	12.5	15	20	25	30	70	76.4351	15.3983
Brandon Moore	15	54.2	56	Men's Raw Teen (14-15)	10	15	20	10	-20	-30	-30	35	37.5	67.5	74.9001	13.7942
Briana Vasquez	13	58.1	60	Women's Raw Teen (12-13)	10	-12.5	12.5	10	12.5	15	20	25	30	57.5	80.8504	16.3569
Clyde Moore	12	21.4	30	Men's Raw Teen (12-13)	-5	-10	15	5	-10	10	15	17.5	20	45	228.5224	15.4636
Conner Eades	13	58.9	60	Men's Raw Teen (12-13)	35	40	50	30	-45	-45	80	85	90	170	181.4028	34.6319
Draedy Martin	13	45.4	48	Men's Raw Teen (12-13) Deadlift Only							40	45	55	55	77.1973	0.0000
Evelyn Moore	13	48.6	52	Women's Raw Teen (12-13)	20	30	-40	15	20	25	40	45	-60	100	171.8103	37.5678
Gabriella Cardenas	13	41.7	44	Women's Raw Teen (12-13)	5	6	7	2.5	5	10	10	12.5	15	32	57.3627	12.4168
Gausha Martin	12	61.3	67.5	Men's Raw Teen (12-13) Deadlift Only							-35	40	45	45	46.3020	0.0000
Hayden Eades	12	38.7	40	Women's Raw Teen (12-13)	25	40	42.5	15	17.5	22.5	30	40	52.5	117.5	219.7822	50.0254
Isabel Alvarado-Duarte	16	52	52	Women's Raw Teen (16-17)	40	45	52.5	17.5	27.5	32.5	45	55	65	150	211.3050	42.8001
Isabel Mia Boone	12	49	52	Women's Raw Teen (14-15) Squat Only	15	30	35								0.0000	0.0000
Jasmine Wells	12	74.4	75	Women's Raw Teen (12-13)	15	30	-35	-10	17.5	25	20	25	30	85	99.8937	20.8243
Jesus Romero Jr	15	87.5	90	Men's Raw Teen (14-15)	50	57.5	-82.5	-37.5	45	50	55	77.5	100	207.5	158.6315	33.0083
Jordan Sanders	13	117.2	125	Men's Raw Teen (12-13)	-40	40	-45	40	50	-60	47.5	62.5	70	160	113.7914	23.1155
Juliana Vasquez	13	56.1	60	Women's Raw Teen (12-13)	10	-12.5	12.5	10	12.5	15	20	25	30	57.5	67.5602	13.6514
Keyowniijakaii Sanchez	14	90.9	100	Men's Raw Teen (14-15)	60	95	120	45	60	72.5	122.5	150	170	362.5	283.2220	58.9859
Liliana Layman	7	41.9	44	Women's Raw Youth (6-7)	15	20	22.5	10	12.5	15	30	37.5	40	77.5	138.5167	29.9037
Luke Ardinez	13	73.6	75	Men's Raw Teen (12-13)	50	60	-82.5	20	-32.5	40	65	87.5	95	195	173.1946	35.3116
Markus Esparza-Dennis	16	74	75	Men's Raw Teen (16-17)	40	55	-82.5	-35	35	37.5	50	75	95	187.5	152.4046	31.1053
Mikaella Bowens	11	76.7	82.5	Women's Raw Youth (10-11)	60	65	75	30	37.5	-45	70	75	80	192.5	222.0088	46.4822
Miley Jones	12	43.4	44	Women's Raw Teen (12-13)	15	25	35	10	12.5	15	20	25	30	80	139.8178	29.6561
Payton Eades	14	59.5	60	Women's Raw Teen (14-15)	30	35	37.5	20	25	-37.5	40	45	50	112.5	155.2773	31.4617
Raquel Bernabe	17	46.4	48	Women's Raw Teen (16-17)	25	30	37.5	12.5	17.5	20	40	60	65	122.5	179.5765	37.1481
Steven Short	63	94.5	100	Men's Raw Master (60-64)	85	95	105	45	55	65	205	215	225	395	349.9806	72.8600
Taequann Morris	13	34.1	35	Men's Raw Teen (12-13)	-10	15	20	5	10	20	22.5	37.5	47.5	87.5	179.6981	23.8711
Zaiden Macedo	14	107.6	110	Men's Raw Teen (14-15) Squat Only	20	45	92.5								0.0000	0.0000

Ohana Iron Challenge Feats of Strength Results Bakersfield, CA August 17, 2024

Name	Gender	Age	Weight kg	Weight Class	Event	Standard Wt. kg	Weight Used kg	Results by Units	Total Volume kg	Volume Coefficient
Brandon Moore	Male	15	54.20	Fly	Deadlift for Reps	55.0	30.0	37 reps	1,110	20.48
Briana Vasquez	Female	13	58.10	Light	Deadlift for Reps	37.5	15.0	44 reps	660	11.36
Clyde Moore	Male	12	21.40	Bantam	Deadlift for Reps	40.0	15.0	40 reps	600	28.04
Evelyn Moore	Female	13	48.60	Fly	Deadlift for Reps	30.0	30.0	35 reps	1,050	21.60
Hayden Eades	Female	12	38.70	Bantam	Deadlift for Reps	27.5	15.0	36 reps	540	13.95
Isabel Alvarado-Duarte	Female	16	52.00	Fly	Deadlift for Reps	35.0	45.0	21 reps	945	18.17
Jesus Romero Jr.	Male	15	87.50	Middle	Deadlift for Reps	90.0	50.0	25 reps	1,250	14.29
Juliana Vasquez	Female	13	56.10	Light	Deadlift for Reps	37.5	15.0	43 reps	645	11.50
Liliana Layman	Female	7	41.90	Fly	Deadlift for Reps	12.5	15.0	34 reps	510	12.17
Markus Esparza-Dennis	Male	16	74.00	Light	Deadlift for Reps	90.0	50.0	37 reps	1,850	25.00
Steven Short	Male	63	94.50	Middle	Deadlift for Reps	110.0	176.0	16 reps	2,816	29.80
Taequann Morris	Male	13	72.12	Bantam	Deadlift for Reps	40.0	25.0	34 reps	850	24.93
Briana Vasquez	Female	13	58.10	Light	Bench for Reps	20.0	10.0	30 reps	300	5.16
Evelyn Moore	Female	13	48.60	Fly	Bench for Reps	17.5	10.0	32 reps	320	6.58
Hayden Eades	Female	12	38.70	Fly	Bench for Reps	15.0	10.0	48 reps	480	12.40
Isabel Alvarado	Female	16	52.00	Fly	Bench for Reps	25.0	15.0	40 reps	600	11.54
Juliana Vasquez	Female	13	56.10	Light	Bench for Reps	20.0	10.0	38 reps	380	6.77
Knowledge Morris	Female	10	40.10	Bantam	Bench for Reps	12.5	10.0	20 reps	200	4.99
Liliana Layman	Female	7	41.90	Fly	Bench for Reps	10.0	10.0	23 reps	230	5.49
Paytience Morris	Female	12	44.65	Fly	Bench for Reps	17.5	10.0	22 reps	220	4.93
Taequann Morris	Male	13	34.10	Bantam	Bench for Reps	15.0	10.0	35 reps	350	10.26
Briana Vasquez	Female	13	58.10	Light	Overhead Press for Reps	15.0	10.0	32 reps	320	5.51
Evelyn Moore	Female	13	48.60	Fly	Overhead Press for Reps	12.5	10.0	17 reps	170	3.50
Hayden Eades	Female	12	38.70	Fly	Overhead Press for Reps	10.0	10.0	19 reps	190	4.91
Isabel Alvarado	Female	16	52.00	Fly	Overhead Press for Reps	22.5	15.0	25 reps	375	7.21
Juliana Vasquez	Female	13	56.10	Light	Overhead Press for Reps	15.0	10.0	23 reps	230	4.10
Knowledge Morris	Female	10	40.10	Bantam	Overhead Press for Reps	10.0	10.0	10 reps	100	2.49
Liliana Layman	Female	7	41.90	Fly	Overhead Press for Reps	10.0	10.0	16 reps	160	3.82
Paytience Morris	Female	12	44.65	Fly	Overhead Press for Reps	12.5	10.0	13 reps	130	2.91
Taequann Morris	Male	13	34.10	Bantam	Overhead Press for Reps	10.0	10.0	20 reps	200	5.86