



**AUGUST 12-16, 2024**

**FOR AGES 6-15**



# GRIFFINS YOUTH HOCKEY CAMP

## IN HOLLAND

### INSTRUCTORS



Griffins Forward  
Dominik Shine



Griffins Forward  
Tyler Spezia

### PART-TIME INSTRUCTOR



Griffins Assistant Coach  
Brian Lashoff

### INSTRUCTION

Skating - "Your Foundation"  
Stride development  
Stick handling  
Balance & proper form  
Forward & backward strides

Shooting & passing  
Explosive starts & stops  
Cross-overs  
Tight turning  
Flow drills

- 12.5 hours of ice time
- Locker room provided to leave equipment for the week
- Separate groups by age and skill level
- Lunches provided by popular local eateries:  
(McDonald's, Chick-Fil-A, Buffalo Wild Wings,  
Little Caesars, Arby's)

### CAMP FORMAT

10:00 - 11:15 a.m.

11:30 a.m. - 12:30 p.m.

12:45 - 2:00 p.m.

AM On-Ice Sessions

PM On-Ice Sessions

Friday Afternoon

On-Ice

Lunch

On-Ice

Power Skating

Skills

BIG Game for the Stanley Cone

**\$350  
PER CHILD**

Includes camp jersey,  
hat, and  
daily lunch



CENTENNIAL SECURITIES

Investments & Advice



FOX MOTORS *Only the Best.*



[GRIFFINSHOCKEY.COM/CAMPS](http://GRIFFINSHOCKEY.COM/CAMPS)





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**LUNCHES PROVIDED BY:**



**LEARN HOCKEY &  
SPORTSMANSHIP**

**HAVE FUN**

**CHILD'S NAME:** \_\_\_\_\_

**PARENT'S NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**DAYTIME PHONE:** \_\_\_\_\_

**EMAIL ADDRESS:** \_\_\_\_\_

**PREFERRED POSITION:** (circle one)      Forward      Defense      Goalie

**GENDER:**      M      F      **AGE (at time of camp):** \_\_\_\_\_

**JERSEY SIZE:**      YM      Y-L / XL      AS      AM      AL      AXL

**CHECKS SHOULD BE MADE PAYABLE TO:**

**GRAND RAPIDS GRIFFINS | Camp Fee: \$350 per child**

**MAIL REGISTRATION FORM & CHECK TO:**

**Grand Rapids Griffins Youth Hockey Camp  
130 West Fulton, Suite 111, Grand Rapids, MI 49503**

**QUESTIONS?**

**Contact Bob Kaser at 616.774.4585 ext. 3027 or Kelly Pawlak ext. 3025  
kpawlak@griffinshockey.com**

**LIABILITY WAIVER:**

The Participant or his or her legal guardian agrees The Grand Rapids Griffins, DP Fox Sports & Entertainment and Griff's IceHouse will not be liable for any accident or loss, however caused, and agrees to release the Proprietors and/or Skating Rink from any and all damages which may occur as a result of any such accident or loss.

**Signature of Parent or Guardian:** \_\_\_\_\_