

CONFERENCE DESCRIPTION:

A well-rounded mix of topics intended to keep mental health professionals updated on treatment options and self-care techniques.

LEARNING OUTCOMES:

1. Understand updated treatment options and guidelines for depression and addiction medicine.
2. Understand the concept of brain spotting and when to recommend the treatment.
3. Display comprehension of self-care through resilience.
4. Recognize signs and symptoms of distress due to social media misuse in youth.
5. Recognize the challenges healthcare may face in the future.

Speakers:

Dr. Sara Zachman, MD, MPH

Aurora Moreno, MSW

Dr. Erick Hill, PhD

Dr. Teri Mathews, PhD, APRN, BCBA-D

Dr. Joyce Sasse, DNP, APRN, PMHNP-BC

Dr. Michael Rice, PhD, APRN, FAAN

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If you are interested in attending a meeting or in becoming involved with the chapter contact chaptersupport@apna.org

If you are interested in becoming a member of APNA or to view our continuing education, please visit our website at <http://www.apna.org>



American Psychiatric Nurses Association NE Chapter

Back To the Basics

Scott Conference Center
6450 Pine St
Omaha, NE 68106

Virtual registration also
available

March 18, 2022
8:00 am – 5:00 pm Central

DISCLOSURE

The speakers and planning committee members have no conflicts of interest or commercial support to disclose.

NURSING CONTINUING PROFESSIONAL DEVELOPMENT (NCPD)

Criteria for successful completion of this activity includes attendance at the entire event and submission of a completed evaluation form.

ANCC NCPD contact hours are pending for this activity.

Accreditation of the nursing continuing professional development activity does not imply endorsement by APNA, ANCC or the APNA Nebraska Chapter of any commercial products displayed in conjunction with this activity.

The American Psychiatric Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ACTIVITY AGENDA

0730 – 0800	Registration and Continental Breakfast Welcome and Introductions
0800 – 0900	Dr. Sara Zachman – Addiction Medicine
0930 – 1000	APNA Nebraska Chapter Meeting
1000 – 1015	Break and Booth Interaction
1015 – 1115	Aurora Moreno, MSW - Brain spotting
1115 – 1215	Erick Hill – Understanding our Resilience: Trials - Transcendence - Transformation
1215 – 1300	Lunch
1300 – 1400	Dr. Mathews – Child/Adolescent Mental Health & Social Media
1400 – 1500	Dr. Sasse – “Depression of the Third Kind”
1500 – 1515	Snack Break and Booths
1515 – 1615	Dr. Michael Rice – Challenges in the Future of Healthcare
1615 – 1700	APNA Conference Summary and/or Updates and Evaluations

REGISTRATION INFORMATION

In person

APNA Members: \$100

Non-Members: \$125

APNA Student Member: \$25

Student Non-Member: \$35

Virtual

APNA Members: \$55

Non-Members: \$80

APNA Student Member: \$25

Student Non-Member: \$35

To register and attend **in person**:

https://my.apna.org/eventapi_router?event=a1Y3i000000IDUm

To register and attend **virtually**:

<https://e-learning.apna.org/products/apna-nebraska-chapter-conference-2022-virtual-option-back-to-the-basics>