

Program

Re-Connecting Through our Passion for Psychiatric Nursing

Description

APNA Illinois Chapter is excited to bring nursing professionals together to re-connect, celebrate, and share our passion for Psychiatric Nursing. Validating the importance of our specialty practice through dialogue and collaboration, with a focus on self-care, renewal, and professional growth will be highlighted.

Target Audience

Registered Nurses, Advanced Practice Nurses, Nurse Educators, Nurse Leaders, and Clinical Partners

Keynote Speaker

Todd Fink, CADC, Certified Mindfulness Teacher is an artist, speaker, host of the Kind Mind podcast and co-founder of The Giving Tree Band. His 2020 TEDx Talk is called "Beauty is in the Brain of the Beholder." His songs, videos, writings and lectures inspire many around the world. Todd has been a wellness consultant and mentor for Fortune 500 companies, schools and many other organizations. He holds certifications in addiction counseling and mindfulness teaching and received his psychology degree from Georgetown University. Todd shares wisdom from art, science and spirituality to guide us back to the joy of aliveness and our common humanity. He currently works as a Behavioral Health Counselor at Linden Oaks Hospital in Naperville, IL and is a master's student at Columbia University.

Program Outcomes

Upon completion of this program, 80% of participants will identify at least one approach, technique, or activity that can be implemented to improve resiliency and re-establish connections.

Chapter Information

The APNA IL Board of Directors meets via video conference call on the first Tuesday of every month at 5pm CT.

Chapter Leaders

President: Katherine Hess, DNP, MS, PMH-BC
President-Elect: Kelly Bryant, MS, BSN, NPD-BC, NEA-BC
Immediate Past President: Kathy Lee, MS, APN, PMHCNS-BC
Secretary: Denise Mayo, MSN, RN, PMH-BC
Treasurer: Gina Malfeo-Martin, MSN, PMH-BC

Chapter Involvement

If you are interested in attending a meeting or in becoming involved contact Katherine Hess (Chapter President) via email. Khess82@comcast.net

www.apna.org/Illinois

APNA Membership/Continuing Education

If you are interested in becoming a member of APNA or to view our continuing education, please visit our website at <http://www.apna.org>.

Re-Connecting Through our Passion for Psychiatric Nursing

APNA and APNA Illinois Chapter are providing this activity

Friday, April 14, 2023
8:00am-6:00pm Central

Oak Brook Marriott
1401 22nd St.
Oak Brook, IL 60523

For more information,
contact Katherine Hess
Khess82@comcast.net



DISCLOSURE AND NURSING CONTINUING PROFESSIONAL DEVELOPMENT (NCPD) INFORMATION

Disclosure

The speakers and planning committee members have no conflict of interests or relevant financial relationship with ineligible companies to disclose.

Nursing Continuing Professional Development

Criteria for successful completion of this activity includes attendance at the entire event and submission of a completed evaluation form, no partial credit will be awarded.

ANCC Nursing Continuing Professional Development (NCPD) contact hours are pending for this activity.

Accreditation

Accreditation of the nursing continuing development activity does not imply endorsement by APNA, ANCC or the APNA Illinois Chapter of any commercial products displayed in conjunction with this activity.

The American Psychiatric Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ACTIVITY AGENDA

8:00am	Check in, Breakfast, Exhibits, and Poster Presentations
8:50am	Welcome: Katherine Hess DNP, RN-PMH-BC APNA IL Chapter President
9:00-10:00am	Keynote Speaker: Todd Fink CADAC, Certified Mindfulness Teacher "The Splendor of Connection"
10:00-10:45am	Kathleen Delaney PhD, PMH-NP, FAAN "The Mental Health System is Faltering: Corrections Depend on Nursing Leadership and Connections"
10:45-11:00am	Break and Poster Presentations
11:00 -12:00pm	Trish Fairbanks MSN, RN, CENP "Healing the Healers: Promoting Mental Health and Wellness in the Workplace"
12:00-1:00pm	Lunch, Exhibits, Poster Presentations
1:00-1:45pm	Psychiatric Nurse Educator Panel "Sharing the Future of Psychiatric Nursing: What We Do Matters" Panel: Patricia Roberts MSN, RN, PMHCNS-BC, NE- BC Jeanette Rossetti, EdD, MS, RN, CNE Siobhan Smyth PhD, MSc, BNS (Hons), PG. Dip CHSE, RNT, CPN, RPN Heather Wall-Grossman, BSN, RN, RNC-OB Matthew Maani, undergraduate nursing student Moderator: Alyse Flury DNP, MS, RN
1:45-2:30pm	Julie Carbray PhD, FPMHNP-BC, PMHCNS-BC, APN "High Potency Psychiatric Mental Health Nursing: Maximizing our Pharmacologic Practice" Breakout Session for Students "Setting Yourself Up for Success: Building Your Toolkit for Work-life Balance" Panel: Denise Mayo MSN, RN, PMH-BC Abbey Stine MS, RN Cassandra VanZuiden BSN, RN Moderator: Judy Pasternack BSN, RN, NP-BC
2:30-2:45pm	Break and Poster Presentations
2:45-3:15pm	APNA IL Chapter Business Meeting Katherine Hess, DNP, RN-PMH-BC Presentation of 2022-23 Research Grant Award
3:15-3:45pm	Gina Panozzo DNP, RN-PMH-BC, CNE "Research and Quality Improvement in Psychiatric-Mental Health Nursing"
3:45-4:30pm	Olivia Lemberger PhD, MSN, RN, CHSE, NP-BC "Engaging Nurses in Design Strategies: It's Time to Span Traditional Boundaries"
4:30-6:00pm	Closing, Reception, & Poster Presentations

REGISTRATION

APNA Member ID

First Name Last Name

Address

City State Zip Code

Cell Phone

Email Address (required)

Select Rate

Select (x)	Category	Rate
	APNA Member	\$85.00
	Non-Member	\$110.00
	Full-Time Student	Free

Check Payment

Please make checks payable to "APNA Illinois Chapter" and mail to:

Chapter Support

APNA

PO Box 70525

Philadelphia, PA 19176-9943

Cancellation Policy

Notification of cancellation must be received in writing to chaptersupport@apna.org by April 5, 2023 for a refund minus a \$25 fee. No refunds will be issued after April 5th.