# CERTIFICATE PROGRAM

# PET/CT CERTIFICATE for the NUCLEAR MEDICINE TECHNOLOGIST



# CANDIDATE HANDBOOK 2021

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### Introduction

Position Emission Tomography/Computed Tomography (PET/CT) has revolutionized medical diagnosis in many fields, by adding the precision of anatomic localization to functional imaging, which was previously lacking from stand-alone positron emission tomography (PET).

PET/CT is a medical imaging technique that allows for the functional imaging obtained by PET, which depicts the spatial distribution of metabolic or biochemical activity in the body, to be more precisely aligned or correlated with anatomic imaging obtained by computed tomography (CT). Two and three-dimensional image reconstruction following a procedure may be rendered as a function of a common software and control system of the PET/CT system.

In order to reflect the changes in technology and therefore resultant changes in practice, the CAMRT has revised the CT Imaging Certificate Program. Part of this revision was the development of a PET/CT certificate program for nuclear medicine technologists.

As this is the initial offering of a certificate program in PET/CT for nuclear medicine technologists, the program will be carefully monitored to ensure it is meeting the needs of those who wish to become competent in this area of practice.

Candidates who successfully complete the didactic and clinical components are eligible to receive a Certificate in PET/CT and can use the credential "PET/CT". Individuals with questions about the PET/CT Certificate program are encouraged to contact:

CAMRT

1300-180 Elgin St. Ottawa ON K2P 2K3 Tel: 1-800-463-9729 or (613) 234-0012 email: specialtycertificates@camrt.ca

Web site: <u>www.camrt.ca</u>

# **PET/CT Certificate Program Updates 2021**

The PET/CT program has been revised to reflect changes to the entry to practice requirements and to ensure the programs continue to reflect current and emerging practice. The revisions ensure this certificate program continues to provide MRTs an opportunity to enhance their knowledge, gain recognition for their clinical expertise in PET/CT and also to reflect the increasing importance and prevalence of diagnostic CT in the nuclear medicine environment.

# One of the key changes to the CTIC Program, effective 2021, is a mandatory CT Anatomy Exam.

This new sectional anatomy requirement is a prerequisite for the CT Imaging 2 and CT Imaging 3 courses\*. It is delivered in a self-directed format and is accompanied by a Study Guide, recommended textbooks, and sample exam questions.

Candidates can register for this exam online.

### What does this mean?

### If you have not completed CT2 or CT3 prior to January 2021:

 You will be required to successfully complete the prerequisite CT Anatomy exam as part of your CTIC didactic requirements

### If you have completed CT2 but not CT3 (or vice versa) prior to January 2021:

- You will have until Winter 2022 to complete the remaining course\*. If you do not complete
  the course in this timeframe you will be required to complete the CT anatomy exam before
  accessing your remaining course.
- Eligible candidates must contact <u>cpd@camrt.ca</u> for the registration link as the previous versions of these courses are no longer available in the CPD catalogue.

<sup>\*</sup> Effective Winter Term 2021, CT2 and CT3 will be significantly revised. Candidates who have until Winter 2022 to complete their remaining course will be enrolled in the previous version of the CT series courses (not the revised version). This will ensure that all those completing the CT Imaging Certificate program will acquire the full set of required didactic objectives, as content between the courses will shift and change in the redesign.

# **Purpose of the Program**

The intent of the certificate in PET/CT is to provide a mechanism for nuclear medicine technologists to demonstrate knowledge and competence in the field of PET/CT, to promote standards of excellence within this clinical area, and to identify those who have met a nationally recognized standard.

This certificate is intended to:

- be dynamic and progressive in nature
- address the current and future challenges in PET/CT
- provide a Canadian credential that is sought after by MRTs
- provide a Canadian credential that is advocated by employers
- provide an opportunity for continuing professional development for continued competence
- enhance safe and effective practice as described by the CAMRT Member Code of Ethics and Professional Conduct (<u>www.camrt.ca</u>)

The CTIC Committee strives to remain current with advancements in PET/CT imaging.

# **Program Eligibility**

The CAMRT PET/CT Certificate program is available to:

- Medical Radiation Technologists who have been certified by the CAMRT in the practice of nuclear medicine
- Internationally educated medical radiation technologists (IEMRTs) in the specialty of nuclear medicine who are graduates of medical radiation technology programs similar to Canadian accredited programs
  - Documentation required from IEMRTs\*
    - Original letter from entry-level education program verifying length of program to include both didactic and clinical components of the program
    - Notarized copy of diploma/degree/certificate from entry-level education program.
    - Letter of Attestation APPENDIX A

Candidates may begin working on the Summary of Clinical Competence only upon confirmation and approval of received documentation from CAMRT.

Contact <a href="mailto:specialtycertificates@camrt.ca">specialtycertificates@camrt.ca</a> for further information.

<sup>\*</sup>Required documentation not received within 30 days of program registration will result in a program cancellation/partial refund. **CAMRT strongly recommends candidates obtain** required documentation prior to program registration and send by courier within the required timeframe.

# **Program Registration**

Registration for the PET/CT Certificate program is done through the CAMRT website.

The prerequisite for this Certificate Program is the successful completion or Prior Learning Assessment and Recognition\* (PLAR) of CAMRT's CT Imaging 1 exam or first eligible course from the didactic requirements. A minimum exam mark of 75% is required.

The Summary of Clinical Competence for the PET/CT program will be made available in the candidate's personal profile on the CAMRT website at the time of program confirmation. Competencies performed before program registration will not be considered for this program.

Required documentation for IEMRTs not received within 30 days of program registration will result in a program cancellation/partial refund.

\*See Appendix B for PLAR eligibility criteria

### **Program Overview**

The PET/CT Certificate program has both didactic and clinical components.

The PET/CT Certificate program must be completed within five years of successful completion of the CT Imaging 1 course or first eligible course in the program.

The subsequent courses and components: CT Anatomy Exam, CT 2 and CT 3, PET Theory and Clinical Applications for PET/CT and the clinical component may be worked on simultaneously **however the Summary of Clinical Competence may not be submitted until all didactic courses are complete**. All components must be completed within the five-year timeframe.

To ensure consistency in clinical experience, the candidate must practice in PET/CT **at least** 400 hours within any 15-month block, within the five-year timeframe.

After review and approval of all components by the CTIC Committee, the *Certificate in PET/CT* is granted to the technologist. The credential granted is *PET/CT*.

It is the intent that those who earn the PET/CT credential will continue their professional development. Ongoing continuing education is recommended in order to remain current in the dynamic field of PET/CT.

### **Didactic Component**

The didactic component consists of:

- CT Imaging 1(or PLAR)\*
- CT Anatomy Exam (or Sectional Anatomy 1 and Sectional Anatomy 2)\*\*
- CT imaging 2\*\*\*
- CT Imaging 3\*\*\*
- PET Theory and Clinical Applications for PET/CT

\*\*This CT Anatomy exam is a **mandatory** requirement for ANY candidate who did not successfully complete CT Imaging 2 and/or CT Imaging 3 as of January 2021.

\*\*\*Candidates who have successfully completed either CT Imaging 2 or CT Imaging 3 prior to January 2021 must complete the remaining course by May 2022. Candidates should contact <a href="mailto:cpd@camrt.ca">cpd@camrt.ca</a> for **the correct registration link**.

Candidates must pass the courses and achieve a minimum score of **75%** on the <u>final</u> <u>examinations</u> of all didactic courses to have them applied to the PET/CT Certificate.

### See APPENDIX C for course objectives.

### See APPENDIX D for exam blueprints.

Candidates are allowed two (2) rewrites within two years of their initial attempt on the CTI 1, CTI 2, CTI 3 and PET/CT course exams (if required) while only one (1) rewrite opportunity applies for the CT Anatomy Exam. After two failed attempts of the CT Anatomy Exam, candidates will be required to complete the two Sectional Anatomy full length courses.

Candidates who feel that they have the essential knowledge gained through relevant work experience and professional development may **challenge** the final exams in each of the three CT courses. A minimum mark of 75% must be achieved on each challenged exam. **Rewrites are not allowed for any of the CT course Challenge exams.** 

If the candidate fails the challenge exam and wishes to continue in the program, they must take the required course.

### **Clinical Component**

### Only competencies performed after program registration will be accepted.

The clinical component includes a practicum that requires the candidate to:

- Practice in PET/CT under the supervision of an eligible clinical advisor;
- Practice in PET/CT for at least 400 hours in a 15 month block, within the allowed five-year timeframe; and
- Complete a Summary of Clinical Competence.

<sup>\*</sup>See Appendix B for PLAR criteria

It is the candidate's responsibility to identify a clinical advisor and to find a suitable clinical setting for the clinical component of the program. If multiple sites are used, a Clinical Advisor must be identified for each site.

The Summary of Clinical Competence is a list of procedures and associated competencies that must be assessed by the clinical advisor (or delegated assessors).

The candidate is responsible for ensuring that all sections of the Summary are complete. A resubmission fee will apply for any incomplete submission, including incomplete didactic requirements.

Random audits will be conducted to ensure that the proper process has been followed.

### **Clinical Advisor**

It is the candidate's responsibility to identify a clinical advisor (CA) at the clinical site and to ensure the clinical advisor/delegated assessor is made aware of their role. If the candidate has more than one clinical site, a CA must be identified at each site. Each Advisor is ultimately responsible for assigning their own delegated assessors and to ensure they have signed all forms and pages where these signatures appear.

### The Role of a Clinical Advisor (CA) can be found in APPENDIX E.

The clinical advisor must:

- Be a medical radiation technologist with a CAMRT PET/CT credential and/or a nuclear medicine technologist with a minimum of five (5) years' experience in the practice of PET/CT \*
- Be currently practicing in PET/CT
- Not be currently registered in any of the CAMRT CT Certificate Programs.
- Identify others delegated to assess the candidate and ensure they are credentialed and competent in their practice.
- Perform the assessment on the candidate for all procedures/associated competencies or delegate the assessment to another credentialed technologist.
- Attest to the overall competency of the candidate by signing at the end of each module.

<sup>\*</sup>If this is not possible, please contact CAMRT.

### **Delegated Assessor**

It is the clinical advisor's responsibility to identify and assign delegated assessors (DA) at their clinical site and to ensure they are aware of their role.

The delegated assessor must:

- Be a nuclear medical radiation technologist with a PET/CT credential OR a nuclear medicine technologist with a minimum of two (2) years' experience in the practice of PET/CT.
- Be currently practicing in PET/CT
- Not be currently registered in the CAMRT PET/CT Certificate Program.

The Clinical Advisor or Delegated Assessor will observe and assess each procedure/competency and sign/date the Summary of Clinical Competence (SCC) on the date the competency is verified and confirmed.

All professionals acting as delegated assessors must be identified on the Delegated Assessor Form in the SCC.

### **Clinical Advisors outside of Canada:**

The following must be submitted within 30 days of program registration\*:

- A notarized copy of the advisor's credentials (degree, diploma, or certificate)
- A letter on institutional letterhead from the clinical advisor's immediate supervisor verifying that the clinical advisor is a practicing nuclear medicine technologist with a minimum of 5 years' experience in the practice of PET/CT Imaging.

CAMRT strongly recommends candidates obtain required documentation prior to program registration and send by courier within the required timeframe.

Candidates may begin working on the Summary of Clinical Competence only upon approval of received documentation from CAMRT.

# **PET/CT Experience**

A minimum of 400 hours PET/CT experience must be completed **within a 15-month block inside of the five-year program period**. The PET/CT Experience Verification Form must be completed and signed by the candidate's immediate manager/supervisor.

<sup>\*</sup>Required documentation not received within 30 days of program registration will result in a program cancellation/partial refund.

# **Format of the Summary of Clinical Competence**

The following provides an overview of the requirements in the Summary of Clinical Competence (SCC):

- Contact/Demographic information
- PETCT Checklist
- Identification of the clinical advisor and delegated assessor(s)
- Verification of practice/experience in PET/CT
- Guidelines for assessment of competency requirements
- Professional Accountability Form
- Declaration of Completion

List of procedures and associated competencies required:

• Module 1 Patient Care (**All mandatory**)

Certified in CPR

Monitor patient vital signs

Follow universal/Standard precautions

Perform patient transfer

Monitor 0<sub>2</sub> administration

• Module 2 Patient Preparation (all mandatory)

Patient assessment

Verify exam indications

Assess contraindications

Patient education

Verify informed consent

Blood glucose monitoring

Establish venous access

Implement dose reduction strategies (occupational)

Apply dose reduction strategies (patient)

Implement technologist dose reduction strategies

Dispense radiopharmaceutical dose

Inject radiopharmaceutical dose

• Module 3 Contrast Media Administration (All elective)

Evaluate lab values

Select contrast media

Prepare/Administer oral contrast media

Prepare/Administer IV contrast media

Operate power injector

Monitor patient pre and post

Module 4 PET/CT Imaging Procedures

(4 mandatory/6 elective)

Half-body

Whole-body

Brain

Radiotherapy Planning Dynamic/List mode Respiratory gating

Cardiac Pediatrics Infection Other

### • Module 5 Image Manipulation

### (All mandatory)

Perform post processing Perform measurement

Create ROI Perform Zoom

Perform image fusion

### Module 6 Quality Control (QC) Procedures

### (4 mandatory/2 electives)

Air calibration
Daily CT QC
Daily PET QC
Weekly CT QC
Weekly PET QC
Cross Calibration

### Module 7 Dedicated CT

### (6 elective competencies - observation)

Brain Neck Chest

Abdomen\Pelvis Extremities

Spine

### Module 8 CT Simulator

### (6 elective competencies - observation)

Brain

Thorax, lung or breast

Prostate

GI/Esophagus or Rectum Cervix/Ovary/Endometrium

Head & neck

Candidates must competently perform clinically all mandatory competencies and must also complete **at least 10 elective competencies**. All elective competencies must be performed clinically (except for Modules 7 and 8 which may be observed). **At least 3 of the 10 electives must be from Module 4 (PET/CT Imaging Procedures).** 

# Proficiency for achievement of competency for this program is characterized as follows:

- When presented with situations, the MRT performs relevant competencies in a manner consistent with generally accepted standards and practices in the profession, independently and within a reasonable timeframe. The MRT anticipates what outcomes to expect in a given situation, and responds appropriately, selecting and performing competencies in an informed manner.
- The MRT recognizes unusual or difficult to resolve complex situations which may be beyond their capacity. The MRT takes appropriate and ethical steps to address these situations, which may include consulting with others, seeking supervision or mentorship, reviewing literature or documentation, or referring the situation to the appropriate healthcare professional.

### **Program Extension**

Extensions beyond the five-year time frame are available under **exceptional circumstances**. Please contact <u>specialtycertificates@camrt.ca</u> <u>prior</u> to the end of your **program** for information regarding an extension.

There is a fee associated with any extension request.

# **Submission of Summary of Clinical Competence**

Candidates must submit the completed Summary of Clinical Competence to CAMRT Office for review and approval by the CT Imaging Certificate Committee.

Electronic copies submitted as one file may be submitted to specialtycertificates@camrt.ca.

# **Incomplete Summary of Clinical Competence – Resubmission Fee**

Any Summary of Clinical Competence deemed incomplete by a reviewer will be subject to a resubmission fee. This also applies to the didactic component.

# **Continuing Professional Development**

It is the intent that those who earn the PET/CT credential continue their professional development. Continuing education is recommended in order to remain current in the dynamic field of PET/CT.

# INTERNATIONALLY EDUCATED MEDICAL RADIATION TECHNOLOGISTS CERTIFICATE PROGRAM REGISTRATION ATTESTATION STATEMENT

Included with this signed statement, is the required documentation to finalize my Certificate Program Application with the Canadian Association of Medical Radiation Technologists.

Candidate Name:
Certificate Program:
Title of Program Completed:
Name of Diploma/Degree:
Educational Institution for theoretical instruction:
Institution for Clinical Training:
Length of Total Program: Theoretical (months)
By signing below, I verify that:
✓ All statements and documentation in this application are accurate. I understand that a false or misleading statement, omission or misrepresentation may compromise my registration request.
The documentation attached regarding my education program and/or my clinical advis is original and has not been modified in any way.
✓ I authorize CAMRT to contact any authority, institution, association, body or person in any jurisdiction to verify the statements in my application and related documents.
$\checkmark$ I understand that I may be required to submit further information if required.
Signature of Applicant  Date (month/day/year)

# Prior Learning Assessment and Recognition (PLAR) for CT Imaging 1 – ELIGIBILITY REQUIREMENTS

The following criteria has been established to determine eligibility for consideration of PLAR for CT Imaging 1:

- 1. Graduated from a Canadian accredited radiological technology or nuclear medicine program, **April 2018** or later and whose applicable courses have been reviewed and approved by the CAMRT.
- 2. Graduated from the accredited education program within the last 3 years
- 3. Provide evidence, <u>via official transcript\*</u>, of an overall 75% average (or greater) in all relevant didactic courses. A resubmission fee will apply for candidates submitting unofficial documents.
- 4. Pay a non-refundable \$75 prior learning assessment and recognition fee.

Approval of the prior learning assessment and recognition for CT Imaging 1\*\* will trigger the candidate's CTIC 5-year timeline. This program start date will be automatically defaulted to the closest CAMRT exam date (May or November).

\*An **official transcript** is a complete and final representation of a student's **academic** record on **school letterhead**. It must bear the embossed seal, date issued and the Registrar's signature.

\* or upon completion of any of the other CAMRT CT Imaging courses (whichever occurs first).

Applications are accepted online. Search for "PLAR" in the course catalogue.

For more information, please contact <a href="mailto:cpd@camrt.ca">cpd@camrt.ca</a>

### **CT Imaging 1 Course Objectives**

Upon completion of this course, you will be able to:

- outline the process of CT.
- chart and break down the four basic steps to achieve a CT image.
- discuss the concept of digital processing.
- recognize the role of CT applications.
- explain the principle and role of mobile CT.
- explain the principle and role of CT fluoroscopy.
- explain the principle and role of dual source CT.
- explain the principle and role of CT simulation.
- explain the principle and role of CT in Nuclear Medicine.
- characterize the various acquisition components comprising a CT scanner.
- evaluate and diagram the various types of multi-row detector systems.
- compare and contrast the two types of detector arrays.
- defend the advantages of the higher slice scanners.
- discuss the principle and role of the data acquisition system.
- outline and evaluate the options available in a CT scan set-up.
- determine and demonstrate the optimal use of scan parameters.
- classify and characterize the four factors that affect radiation.
- explain and apply the concept of CT numbers.
- illustrate the concept of back-projection form of reconstruction.
- assess the role of adaptive statistical iterative reconstruction.
- explain and demonstrate the concept of windowing.
- contrast and compare typical CT number ranges for various tissues.
- evaluate the role of & implement image display & analysis software available.
- analyse the role of the diagnostic imaging workstation and the CT simulator workstation.
- explain the concept of maximum intensity projection and three-dimensional imaging.
- explain the concept of isocentre marking and contouring.
- characterize the placement of radiation treatment fields.
- assess the role of shielding in therapy.
- evaluate the role in therapy of fusion involving CT, MRI & PET images.
- classify and illustrate image quality parameters.
- determine the factors that affect image quality parameters.
- recognize and illustrate patient-related & equipment-related artifacts.

- determine the factors that cause patient-related artifacts.
- develop and design a CT preventative maintenance program.
- evaluate current CT preventative maintenance program.
- develop and design a CT quality assurance program.
- evaluate current CT quality assurance program.
- compare, contrast and determine dose expression quantities and measurements.
- evaluate typical patient dose values.
- determine scanner design factors, parameter factors and patient factors that affect patient dose.
- implement steps to reduce patient dose for each of these factors.
- apply recommendations of dose reduction campaigns.
- evaluate current site radiation protection program.
- implement a program of radiation protection.
- evaluate the role of patient screening.
- discuss the concept of consent and develop a consent form.
- evaluate the role of patient education regarding contrast media injection.
- apply tools to assess and monitor the patient for contrast medium injection.
- assess the risk of contrast-induced nephropathy.
- assess the patient for signs of adverse reactions.
- compare and contrast the various types on contrast media available.
- apply measures to reduce the risk of contrast-induced nephropathy.
- evaluate current site IV injection program.
- implement an IV injection program.
- evaluate current site contrast media handling and administration.
- implement a contrast media handling and administration program.
- determine the factors that affect contrast enhancement and scan timing.
- implement steps to optimize contrast enhancement.

### **CT Imaging 2 Course Objectives**

### Chapter 1

At the conclusion of this section, the learner will be able to:

- » Indicate reasoning for performing or not performing CT scans of the head
- » Recognize when contrast media is indicated and contraindicated when imaging the head
- » Outline different features of different contrast media injection techniques
- » Recognize key indicators for performing head scans for trauma and headache and spine

» Outline key principles of dual energy scanners and their applications to imaging of the head and neck

### Chapter 2

Upon completion of this chapter, the learner will be able to:

- » Recognize normal features and variants in soft tissue areas of the brain
- » Recognize how contrast media enhances diagnosis of some pathology
- » Identify features that describe pathological processes in the brain
- » Select and modify the correct scan protocol to confirm the diagnosis
- » Adapt scan parameters to optimize imaging of brain or cranium for interpretation based on provisional diagnosis
- » Identify key indicators of pathology in the brain and the impact they have
- » Identify common CT findings of congenital, infectious, and neoplastic pathological processes of the brain and the resulting radiographic manifestations

### **Chapter 3**

Upon completing this chapter, the learner will be able to:

- » Adapt scan parameters to optimize imaging of facial bones, sella, and temporal bones for interpretation based on provisional diagnosis
- » Interpret the appearance of most common pathologies seen on computed tomography (CT) scans of the skull, facial bones, sella, and temporal bones
- » Illustrate the pathological process behind the most common pathologies seen on CT scans of the skull, facial bones, sella, and temporal bones
- » Assess, and solve for diagnosis, a case study presentation involving facial bones, sella, and temporal bones
- » Make a diagnosis based on patient symptoms and injuries
- » Identify the target anatomical area based on the diagnosis

### **Chapter 4**

Upon completing this chapter, the learner will be able to:

- » Adapt scan parameters to optimize imaging of orbits and sinuses for interpretation based on provisional diagnosis
- » Interpret the appearance of most common orbit and sinus pathologies seen on computed tomography (CT) scans
- » Illustrate the pathological process behind the most common pathologies seen on CT scans of the orbits and sinuses
- » Assess, and solve for diagnosis, a case study presentation involving the orbits and sinuses
- » Make a diagnosis based on patient symptoms and injuries
- » Identify the target anatomical area based on the diagnosis

» Select and modify the correct scan protocol to confirm the diagnosis

### **Chapter 5**

Upon completing this chapter, the learner will be able to:

- » Adapt scan parameters to optimize imaging of the neck and spine for interpretation based on provisional diagnosis
- » Interpret the appearance of most common neck and spine pathologies seen on CT scans
- » Illustrate the pathological process behind the most common pathologies seen on CT scans of the neck and spine
- » Identify features that describe pathological processes in the brain and arteries that supply it
- » Assess, and solve for diagnosis, a case study presentation involving the neck and spine
- » Make a diagnosis based on patient symptoms and injuries
- » Identify the target anatomical area based on the diagnosis
- » Select and modify the correct scan protocol to confirm the diagnosis

### **CT Imaging 3 Course Objectives**

### Chapter 1

At the conclusion of this section, the learner will be able to:

- » Indicate reasons for performing a CT scan of the thorax.
- » Acknowledge the role of technologists in preparing for CT scans.
- » Recognize the importance of contrast media administration in thoracic CT.
- » Outline features of different contrast optimization techniques.
- » Identify unique features of thoracic CT protocols.

### Chapter 2

At the conclusion of this section, the learner will be able to:

- » Indicate reasons for performing a CT scan of the abdomen and pelvis.
- » Recognize the different forms of contrast media for abdominal CT.
- » Identify contraindications of IV contrast media.
- » Identify unique features of abdominal CT protocols.

### Chapter 3

Upon completing this chapter, the learner will be able to:

- » Determine the role of CT in extremity evaluation
- » Identify unique features of extremity
- » Reflect on various positioning considerations
- » Identify features that describe pathological processes in the extremities
- » Identify common CT findings of pathological processes in the extremities

### Chapter 4

Upon completing this chapter, the learner will be able to:

- » Describe what CT guidance provides during interventional procedures
- » Indicate three types of interventional procedures that utilize CT imaging
- » Compare the two acquisition methods used for CT guidance
- » Describe the benefits that CT guided intervention provides
- » Recognize the role of technologists in CT guided procedures
- » Explain the importance of laboratory values prior to CT guided procedures
- » Recognize the value of skin marking and breathing instructions in CT guided intervention
- » Compare two techniques used to introduce a biopsy needle
- » Compare fine needle aspiration and core needle biopsy
- » Describe the single step and two step techniques used to introduce percutaneous drainage devices.
- » Indicate how a joint injection differs from percutaneous biopsy or drainage
- » Describe the needle tip artifact
- » Outline potential contraindications to CT guided procedures
- » Recognize potential complications from percutaneous procedures

### PET Theory and Clinical Applications for PET/CT Course Objectives

### Chapter 1:

- 1. Understand the physics of positron decay.
- 2. Describe the design and operation of a cyclotron.
- 3. Explain nuclear reactions and perform related calculations.
- 4. Describe factors that impact cyclotron yield.
- 5. Discuss the concept of nuclear cross sections and excitation functions.
- 6. Discuss what variables need to be considered to determine the best nuclear reaction to produce a given radionuclide.
- 7. Apply presented mathematical concepts to perform threshold energy calculations
- 8. Evaluate the requirements for a cyclotron based on the needs of a PET/CT department.
- 9. Consolidate available information to determine best nuclear reaction for radionuclide production.

### Chapter 2:

- 1. Discuss design requirements of a PET center.
- 2. Explain variation in radiation protection practices from general nuclear medicine.
- 3. Explain what a good manufacturing practices (GMP) standard is.
- 4. Demonstrate how GMP standards affect practice in radionuclide production.

### Chapter 3:

- 1. Discuss common PET radiopharmaceuticals and their applications
- 2. Describe synthesis of common PET radionuclides
- 3. Discuss the use of automated synthesis modules for PET radionuclides
- 4. Explain the quality control (QC) necessary for PET radiopharmaceuticals

### Chapter 4:

- 1. Understand and discuss the instrumentation of a PET/CT scanner.
- 2. Discuss the configuration of detectors in PET scanners.
- 3. Explain how the block detector configuration affects PET imaging.
- 4. Understand and discuss the concepts of 2D and 3D acquisition in PET.
- 5. Discuss the range of positrons in matter.
- 6. Explain the physics of coincidence detection.
- 7. Relate positron range and non-collinearity to PET image resolution.
- 8. Demonstrate an understanding of the role the blank scan, emission scan and transmission scan play in PET/CT imaging.
- 9. Understand time of flight technology and its effect on image quality.
- 10. Explain the need for attenuation correction.
- 11. Discuss the use of CT for attenuation correction.
- 12. Discuss the impact of contrast media on CT based attenuation correction.
- 13. Understand and discuss the acceptance testing and quality assurance programs necessary for PET scanners.
- 14. Understand what calibrations are required for quantitative accuracy in PET scans.

### Chapter 5:

- 1. Describe the steps in a typical WB PET/CT acquisition protocol.
- 2. Discuss the advantages and drawbacks of iterative reconstruction (IR) in PET/CT imaging.
- 3. Evaluate image quality including contrast resolution, spatial resolution, and noise.
- 4. Describe the methods available for PET/CT image display.
- 5. Discuss image co-registration in PET/CT.
- 6. Describe quantitative analysis in PET including the use of regions of interest (ROIs) and SUVs
- 7. Discuss common artifacts and their causes in PET/CT.
- 8. Discuss normal bio-distribution of <sup>18</sup>F-FDG.
- 9. Describe any special patient instructions for a WB  $^{18}\text{F-FDG}$  scan.
- 10. Explain variations in normal bio-distribution of <sup>18</sup>F-FDG

### Chapter 6:

- 1. Discuss the applications of PET in oncology
- 2. Discuss the applications of PET in cardiology
- 3. Discuss the applications of PET in neurology

- 4. Discuss the applications of PET in inflammatory processes
- 5. Discuss the applications of PET in the pediatric population
- 6. Discuss the applications of PET in radiation therapy planning

### **CAMRT** CT Imaging 1 Exam Blueprint

# Item presentation - % of question types

Multiple Choice: 100%

### Exam structure

Exam length: 2 hours 15 minutes

Number of questions: 100

# **Exam delivery format**

Online

Course content and question weighting		
Chapters	Percentage weighting of number of questions/chapter	
1 - CT Principles and CT Physics	15-18%	
2 – Data Acquisition and Image Reconstruction	15-18%	
3 – Image Manipulation and Management	15-18%	
4 – Quality Control and Quality Assurance	15-18%	
5 – Radiation Dose, Patient Dose, and Protection	15-18%	
6 - Contrast Media and Injection Techniques	15-18%	

# **CAMRT** CT Anatomy Exam Blueprint

# **Item presentation - % of question types**

Multiple Choice: 100%

# **Exam structure**

Exam length: 2 hours 15 minutes

Number of questions: 100

# **Exam delivery format**

On-line

Course Content and question weighting		
Chapters	Percentage weighting of number of questions/chapter	
1 - Brain	15%	
2 – Cranium and Facial Bones	15%	
3 – Neck	10%	
4 – Spine	10%	
5 - Chest	15%	
6 – Abdomen and pelvis	30%	
7 – Extremities	5%	

### **CAMRT** CT Imaging 2 Exam Blueprint\*

# **Item presentation - % of question types**

Multiple Choice: 75% Case Studies (multiple choice): 25%

### **Exam structure**

Exam length: 2 hours 15 minutes

Number of questions: 100

### **Exam delivery format**

On-line

Course Content and question weightingChaptersPercentage weighting<br/>of number of<br/>questions/chapters1 - Introduction to CT of the Head Neck and Spine5-10%2 - Brain24-283 - Skull, Facial Bones, Sella & Temporal Bones16-20%4 - Orbits and Sinuses12-16%5 - Neck and Spine18-22%

<sup>\*</sup>Blueprint for 2021 version of CT Imaging 2 exam

# **CAMRT** CT Imaging 3 Exam Blueprint\*

**Item presentation - % of question types** 

Multiple Choice: 100%

**Exam structure** 

Exam length: 2 hours 15 minutes

Number of questions: 100

# **Exam delivery format**

Online

Course Content and question weighting		
Chapters	% weighting of number of questions/chapters	
Thorax	25-30%	
Abdomen & Pelvis	25-30%	
Extremities	20-25%	
CT-Guided Interventional Procedures	15-20%	

<sup>\*</sup>Blueprint for 2021 version of CT Imaging 3 exam

# **CAMRT PET Theory and Clinical Applications in PET/CT - Exam blueprint**

**Item presentation - % of question types** 

Multiple Choice: 100%

**Exam structure** 

Exam length: 3 hours

Number of questions: 145

# **Exam delivery format**

On-line

Course Content and question weighting		
Chapters	Percentage weighting of number of questions/chapter	
1 – Positron Decay and Radionuclide Production	15-18%	
2 – Radiation Protection and Departments Design	11-12%	
3 - Radiopharmaceuticals	11-15%	
4 – PET Instrumentation and Quality Control	20-22%	
5 – <sup>18</sup> F-FDG Acquisitions and Reconstruction	13-15%	
6 – Clinical Application	20-24 %	

### The Role of a Clinical Advisor

To maintain the integrity of CAMRT Certificate programs, it is essential that all parties involved in the training and evaluation of certificate program candidates follow the procedures set out in the Program Handbook and Summary of Clinical Competence (SCC). A CAMRT Certificate indicates a level of competence above entry-to-practice that has been verified through the requirements of the program.

### **Clinical Advisor's responsibilities include:**

- review the Program Handbook and SCC with the candidate.
- mentor and support candidates in their skill development
- assess firsthand competency/procedures performed by the candidate and verify competence by signing and dating each procedure in the SCC at the time competence is established and/or
- delegate assessment duties to individuals who have the expertise and qualifications outlined in the Program Handbook.
- ensure all delegated assessors have read the most current version of the Program Handbook and SCC. These documents are updated on an annual basis, so clinical advisors and delegated assessors must review the handbook and SCC with each new candidate.
- attest to overall competency by signing at the end of each module
- verify the overall competence of the candidate at the end of the clinical placement by signing the Declaration of Completion.

### During clinical placements, the following criteria must be upheld:

All competencies must be **performed** independently by the candidate on a patient. A candidate cannot be deemed competent if they have only observed or simulated a procedure, unless otherwise indicated in the SCC.

The clinical advisor/delegated assessor must witness competent practice for a procedure/competency multiple times prior to the date of the final assessment. A signature in the SCC verifies that the technologist has **consistently shown** they have the knowledge, skill and judgement to be declared competent in each aspect of practice. It is recognized in some circumstances that procedures are not performed frequently; however, it is appreciated that there is a transference of skills between many procedures. *It is the responsibility of the clinical advisor or delegated assessor to ensure this expected level of competence as evidenced by their signatures in the appropriate areas.* 

If there are procedures in the SCC that are not performed at your clinical site it is the responsibility of the candidate to contact CAMRT to determine an alternate option (if any).

Detailed guidelines for assessment of competency are found in each module of the SCC. The guidelines listed provide an overview of the expectation for assessment by the clinical advisor or delegated assessor.

It is recognized being a clinical advisor or delegated assessor adds to your already heavy workload and responsibilities in your daily practice. The CAMRT appreciates your professionalism and commitment to help the candidate continue their education in an ever-changing healthcare environment.