

Contents

Preface to the Second Edition	ix
<i>Introduction</i>	xii
A Quick Definition	xiii
Developing Expert Learners	xiii
From Special Education to Universal Design	xv
UDL and Technology	xvii
The Design and Organization of the Book	xix
Next Steps: Take Your Mark!	xxiii
 PART I	
 <i>YOUR PROFESSIONAL SELF</i>	1
 CHAPTER 1	
<i>Taking Ownership of (Professional) Learning</i>	3
Permission to Take Charge of Change	4
The ISTE Standards	5
Choose Your Own Learning Path	9
Next Steps	12
 CHAPTER 2	
<i>Professional Development versus Professional Learning</i>	13
Professional Development	13
Professional Learning	14
Professional Growth	15
Next Steps	18
 CHAPTER 3	
<i>What's Your Zone?</i>	21
Find Your Peeps	21
Find Where You Are	23
Next Steps	24

PART II

UDL AND YOU 27

CHAPTER 4

Your Assumptions and Beliefs 29

Exploring Your Assumptions and Beliefs	32
Wade In: The Game of School	34
Shallow Swim: System Assumptions and Beliefs	38
Deep Dive: Leading the Change	43
Understanding the Role of the Educator	47
Next Steps.....	50

CHAPTER 5

UDL Assumptions and Beliefs 51

Key Assumptions	55
Wade In: (Dis)ability and Accessibility	57
Shallow Swim: Separate Goals and Choice	67
Deep Dive: Variability and Learner Expertise	74
Next Steps.....	85

CHAPTER 6

The UDL Guidelines: Translating Theory to Practice 87

Wade In: Brain Networks and Related Guidelines	88
Shallow Swim: The UDL Guidelines and Principles	95
Deep Dive: UDL and Today's Learner	112
Next Steps.....	126

PART III

INQUIRE, PLAN, ACT, REFLECT 129

CHAPTER 7

Becoming an Inclusive Educator 131

Responsibility and Accountability	132
Avoiding UDL Implementation Pitfalls	132
Learning Redesign.....	136
Before Moving On.....	138
Next Steps.....	139

CHAPTER 8

Flexible Instructional Design: Create Accessible Classrooms and Remove Barriers to Learning..... 141

 The All-Access Pass to Class..... 142

 Wade In: Instructional Goals 143

 Shallow Swim: Accessible Materials, Resources, and Tools..... 147

 Deep Dive: Environment—Physical/Virtual 154

 Next Steps..... 166

CHAPTER 9

Deep Inquiry and Understanding: Build Foundational Skills and Strategies 167

 Wade In: Knowledge Curation and Construction 169

 Shallow Swim: Open Communication and Creation 180

 Deep Dive: Authentic Learning Opportunities 187

 Next Steps..... 196

CHAPTER 10

Ownership of Learning: Supporting the Hidden Curriculum 199

 Wade In: Reflection and Metacognition 201

 Shallow Swim: Personal Goal Setting 211

 Deep Dive: Executive Functions 216

 Next Steps..... 224

CHAPTER 11

Just Keep Swimming 227

References..... 233

Index..... 239