

Make: Beautiful Threads

T-Shirts and Onesies Instructions

MATERIALS AND TOOLS:

T-shirt or onesie
Pattern
Fine-point water-soluble marking pen or lead pencil
Cotton embroidery floss in assorted colors
Crewel or embroidery needle
Embroidery hoop
Embroidery scissors

INSTRUCTIONS:

- 1.** Wash hands immediately before beginning work and do not use any lotions or oils, which may transfer to fabric. If you use a lead pencil for the pattern transfer, try not to touch the lines or they may smudge and disappear.
- 2.** Place the pattern beneath the fabric. The fabric of a white T-shirt or onesie should be thin enough to see and trace a pattern; it may help to put it over a light source, such as a light box or a bright window. Remove pattern once traced.
- 3.** Position fabric in embroidery hoop and tighten. The fabric should be snug but not overstretched.
- 4.** Cut floss to 18 inches long, then thread needle with floss.
- 5.** Follow the chosen pattern for which stitch to use.
- 6.** If you used a water-soluble marking pen and any lines are still visible from the pattern after you have finished stitching, you will need to delicately wash the clothing. If you used a lead pencil, lines tend to disappear while working, though you may wash the item if any are still visible.

HOW TO WASH OUT WATER-SOLUBLE MARKING INK OR LEAD PENCIL:

Prepare a large bowl with tepid or lukewarm water and add a teaspoon or two of mild soap or dishwashing liquid. Put the entire item in the bowl and knead it lightly so that the soap gets into the fabric; let soak for an hour. Drain the soapy water from the bowl and run cold water from the tap. Rinse your fabric gently under running water until you are sure that there are no traces of soap left. Let the item dry and lightly iron, if needed.

ROSE:

Stitches used—back stitch, satin stitch, stem stitch

Satin stitch in red

Satin stitch in red

Satin stitch in dark green

Satin stitch in dark green

Stem stitch in dark green

CAMERA:

Stitches used—back stitch, Romanian couching, satin stitch

Romanian couching in pale silver or white

Satin stitch in dark gray

Satin stitch in white

Satin stitch in dark gray

Satin stitch in yellow

Back stitch in yellow

Romanian couching in light gray

Romanian couching in dark gray

Satin stitch in black

Back stitch in black to outline all lines

DOG:

Stitches used—back stitch, French knot, satin stitch

Edge of pocket

Back stitch in black to outline

French knots in black

Satin stitch in black

Satin stitch in black; French knot in white applied on top of satin stitch

Back stitch in pink to outline, then fill with satin stitch in pink

SPARROW:

Stitches used—back stitch, French knot, satin stitch, straight stitch

Satin stitch in dark yellow

French knot in black

Satin stitch in medium brown

Satin stitch in dark brown

Straight stitch in medium brown applied on top of satin stitch
Back stitch in dark yellow
Straight stitch (or French knot) in medium brown applied on top of satin stitch
Satin stitch in light tan
Back stitch in black

VIOLETS:

Stitches used—back stitch, French knot, satin stitch, stem stitch

Satin stitch in purple
French knot in yellow
Straight stitch in white applied on top of satin stitch
Back stitch in black
Stem stitch in medium green
Satin stitch in medium green

LAMB:

Stitches used—back stitch, French knot, satin stitch

Satin stitch in black
French knots in white
Back stitch in black