



TWO DAY ITINERARY

Durham: Young at Heart

Durham is an ideal destination for those traveling with children of all ages. With so many family friendly things to do and places to go, you and your children will not lack for fun and enrichment.

DAY 1

► Go N on Duke St; cross over I-85 and turn right onto W Murray Ave (10 mins from Downtown Durham)

1 Museum of Life + Science

433 W Murray Ave, Durham, NC 27704 | (919) 220-5429 | www.ncmls.org

There may be no better place than the Museum of Life + Science, a state-of-the-art-family-friendly museum ranked as one of the top in the Southeast. Everyone can get hands-on with hundreds of different exhibits, both indoor and outdoor. Don't miss the museum's permanent exhibitions: The Dinosaur Trail, Explore the Wild, Catch the Wind, Magic Wings Butterfly House and Bayer CropScience Insectarium, and Into the Mist. Admission: \$14 Adults; \$11 Seniors; \$9.50 Children ages 3-12; free for under 3. Open M-Sa, 10am-5pm; Su, 12-5pm. **(Allow 2+ hours)**

► Head South on Duke St and the Mall is on your right, just past I-85 (5 mins)

2 Northgate Carousel

1058 W Club Blvd, Durham, NC 27701 | (919) 286-4400
www.northgatemall.com/entertainment/children

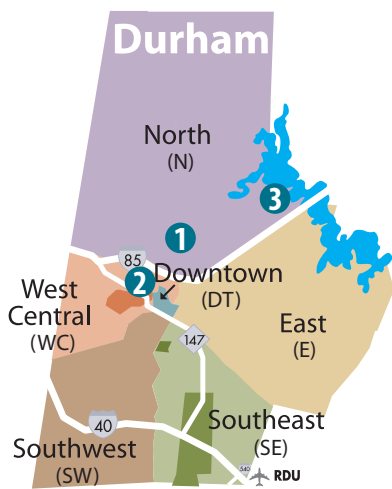
The Triangle's only full-sized Italian carousel can be found in Northgate Mall, a regional shopping landmark for over 50 years. In addition to over 100 shops and restaurants, this family oriented shopping mall features an assortment of kiddie rides, including a miniature train, a jump house, and a power jump, as well as a 10-screen megaplex theater. Open M-Sa, 10am-9pm; Su, 12pm-6pm. **(Allow 30 minutes)**

► From Club Blvd, turn left on N Duke St and take the ramp onto I-85N; continue onto US-70E for two miles, then take the exit for Durham/Wake Forest; turn right onto NC 98E and continue for five miles; turn left onto Baptist Rd; destination will be on your right (30 mins)

3 Rollingview State Recreation Area at Falls Lake

Falls Lake State Recreation Area, which consists of seven individual parks, is located at Falls Lake in Wake and Durham counties, approximately 12 miles east of Durham | 4201 Baptist Rd, Durham, NC 27703 | (919) 676-1027 | www.ncparks.gov/Visit/parks/fala/main.php

There are plenty of opportunities to enjoy the great outdoors at Falls Lake State Recreation Area. Consisting of seven individual parks, activities include bird-watching, boating/sailing, swimming, beaches, water skiing, windsurfing, as well as 115 tent & trailer camping sites. Open Nov-Feb 8am-6pm, Mar-Apr and Sep-Oct 8am-8pm, May-Aug 8am-9pm. **(Allow 1-2 hours)**



DCVB Planning Assistance

The Durham Convention & Visitors Bureau sales and services staff are ready to help make your visit to Durham a success. For planning assistance, call or visit:

101 East Morgan Street, Downtown Durham (800) 446-8604

Hours: 8:00 am to 5 pm ET, Monday-Friday. (After-hours information bins and a computer kiosk are also available evenings and weekends.)

www.durham-nc.com

Official Durham website for visitors and newcomers features searchable event calendar, maps, things to see and do, places to stay and eat, live chat, and more.



Like Durham, NC on Facebook at www.facebook.com/MyDurham



Keep up-to-date on upcoming events and more at twitter.com/DurhamNC and twitter.com/DurhamNewsSvc

DAY 2

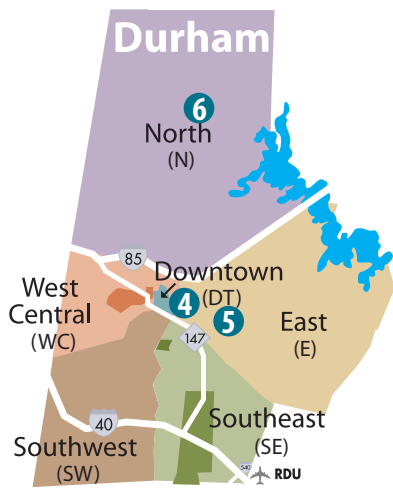


▶ From Downtown, head east on Main St for half a mile; turn left onto Morning Glory Ave, then take first left onto Belt St; turn left onto Franklin St and the destination will be on the right (5 mins from Downtown Durham)

4 The Scrap Exchange

923 Franklin St, Cordoba Center for the Arts, Durham, NC 27701
(919) 688-6960 | www.scrapexchange.org

The Scrap Exchange is an ideal place to foster young, creative minds. Children and adults alike are invited to turn clean, reusable industrial discards into upcycled works of art in the Make-and-Take room. Additionally, there are craft classes throughout the year and The Green Gallery showcases artists using reusable materials or concepts in their work. Open M-F 11am-5pm, Thurs 11am-6pm, Sat 10am-5pm, Su 12am-5pm. (Allow 1-2 hours)



▶ Head SE on Franklin St toward Belt St; take second left onto N Alston Ave, then turn right onto Holloway St; after 1.5 miles, turn left onto N Hoover St and destination will be on the left (10 mins)

5 Wheels Fun Park

715 N Hoover Rd, Durham, NC 27712 | (919) 598-1944 | www.wheelsfunparkdurham.com

Kids will go nuts for the attractions at Wheels Fun Park. From go-karts and mini golf to batting cages and a roller skating rink, there are plenty of activities to keep the whole family entertained. Open M-F 10am-9pm, F-Sa 10am-10pm, Su 1pm-7pm. (Allow 1-2 hours)

▶ Turn left onto Cheek Rd, then turn right and merge onto US-70W; merge onto I-85S, then take exit 176; Duke St will merge with N Roxboro St/US 15-501 (10 mins)



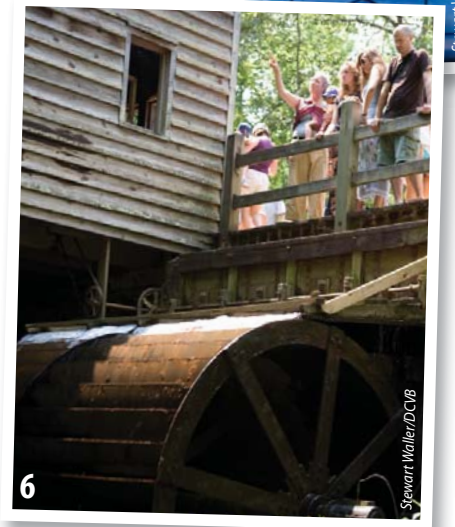
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6 West Point on the Eno City Park

5101 N Roxboro St, Durham, NC 27704 | (919) 471-1623
www.enoriver.org/eno/parks/WestPoint/westpoint.html

A perfect balance of outdoor activity and historic significance, the West Point on the Eno is located along the Eno River. The site features river access and hiking trails in addition to being the site of a reconstructed 1778 working grist mill with cornmeal for sale, the historic McCown-Mangum House dating to the mid-1800s, the Hugh Mangum Museum of Photography, and an amphitheater. Open 8am-sunset.



Got An Appetite for More? Find a spot for a great meal, additional historic places of interest, and more at www.durham-nc.com. Or, stop by our Visitor Information Center at 101 E Morgan St.

DURHAM Convention & Visitors Bureau
AN ACCREDITED DESTINATION MARKETING ORGANIZATION

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