

NUCLEAR TREADMILL STRESS TEST INSTRUCTIONS

Patient's Name_____

Takes 3-4 hours to complete. You cannot leave the office until test is completed.

Can bring snacks.

Water only anytime (Helps with IV placement)

No Caffeine, Nicotine, Alcohol, Marijuana or other Recreational Drug use after midnight the night before the appointment.

Wear comfortable clothing and tennis shoes NO DRESSES

No metal jewelry/buttons above the waist. Earrings are fine.

Patient can drive their own vehicle. (No impairment to driving)

FOR DR LAYENI PATIENT ONLY:

TAKE ALL MORNING MEDICATIONS WITH WATER EXCEPT a Beta Blocker.

(Do not take a Beta Blocker until after the Treadmill study)

Example of Beta Blockers include Metoprolol, Atenalol, etc. (ends in lol)

FOR DR SALAMI PATIENTS ONLY:

TAKE ALL MORNING MEDICATION WITH WATER INCLUDING a Beta Blocker AS PRESCRIBED.

NUCLEAR TREADMILL_____

Echo	Carotid	Other Appt	Results Appt
_____	_____	_____	_____
1717 Mayo Dr	1717 Mayo Dr		1691 Mayo Drive

***PLEASE NOTE**—If you are unable to keep your appointment, kindly contact our office at least 24 hours before. Otherwise, we reserve the right to charge for time reserved and medication cost.