

CHEMICAL STRESS TEST INSTRUCTIONS

Patient's Name _____

Takes 3-4 hours to complete. You cannot leave the office until test is completed.

Water only anytime (Helps with IV placement). Can bring snacks.

No Caffeine, Nicotine, Alcohol, Marijuana, or other Recreational Drug use after midnight the night before the appointment.

Morning medications with water only is fine. You may also wait until lunch to take medications.

FOR DR LAYENI PATIENT ONLY:

TAKE ALL MORNING MEDICATIONS WITH WATER EXCEPT a Beta Blocker.

(Do not take a Beta Blocker until after the Treadmill study)

Example of Beta Blockers include Metoprolol, Atenalol, etc. (ends in lol)

FOR DR SALAMI PATIENTS ONLY:

TAKE ALL MORNING MEDICATION WITH WATER INCLUDING a Beta Blocker AS PRESCRIBED.

Wear comfortable clothing and tennis shoes. (Shorts/pants No dresses)

No metal jewelry/buttons above the waist. (Earrings are fine)

Patient can drive their own vehicle (No impairment to driving)

NUCLEAR STRESS ONE DAY _____

Echo	Carotid	Other Appt	Results Appt
_____	_____	_____	_____
<u>*1717 Mayo Dr</u>	<u>* 1717 Mayo Dr</u>	<u>*</u>	<u>*1691 Mayo Drive*</u>

PLEASE NOTE—If you are unable to keep your appointment, kindly contact our office at least 24 hours before. Otherwise, we reserve the right to charge for time reserved and medication cost.