



COVID-19 IS IMPACTING MENTAL HEALTH ACROSS AGE AND GENDER GROUPS

1 MEN ARE INCREASINGLY SEEKING CARE

79%

increase in mental health virtual care visits for men*

2 CASES OF SUBSTANCE ABUSE AMONG WOMEN ARE ON THE RISE

38%

of diagnosed patients are women, compared to 24% the year prior*

3 GEN Z DEMAND GROWTH IS OUTPACING OTHER GROUPS

14%

of total mental health visits*

4 VISITS FROM PATIENTS OVER 65 ARE RAPIDLY INCREASING

16%

increase in visits since June 2020*

TELADOC HEALTH IS HELPING MEET THE DEMAND FOR MENTAL HEALTHCARE¹

2X GROWTH IN THE NUMBER OF MEDICAID MEMBERS WITH ACCESS TO TELADOC MENTAL HEALTHCARE SINCE THE START OF 2020

*Teladoc Year-Over-Year Data from March-July 2020 compared to March-July 2019.

¹Mental Health Navigator data for Q1 2020.

LEARN MORE: TeladocHealth.com
Engage@TeladocHealth.com

