

# **STRONGER MARRIAGE SPIRITUAL INTIMACY**

**MAY 24, 2026**

## **FOR ONE YEAR...**

**Stronger Foundation:** Attend church with your spouse every Sunday possible.

**Stronger Friendship:** Schedule intentional alone time with your spouse.

**Stronger Spiritual Intimacy:** Pray daily for your spouse.

**Stronger Sexual Intimacy:** Have consistent sex with your spouse.

**Stronger Communication:** Commit to saying the right thing, in the right way, and at the right time with your spouse.

**Stronger Roles:** Discover and serve your spouse's love language.

**SCRIPTURE** Isaac prayed to the Lord on behalf of his wife, because she was childless. The Lord answered his prayer, and his wife Rebekah became pregnant. Genesis 25:21

Sometimes the strongest spiritual bonding agent is pain.

Your marriage may be the result of your parent's prayer life. But your marital success will depend on your prayer life.

## **THE INTERMINGLING OF SOULS**

Here are a few ideas of how couples can grow in spiritual intimacy.

**1/ Consistently attend \_\_\_\_\_ together.**

Those who are planted in the house of the Lord shall flourish in the courts of our God. Psalm 92:13

**2/ Read Scripture together.**

**3/ Have \_\_\_\_\_ conversations together.**

**4/ Serve in ministry together.**

**5/ Pursue "sacred pathways" together.**

Loving God Through Creation

Loving God Through Ritual

Loving God Through Confrontation

Loving God Through Celebration

Loving God Through Beauty, Art, & Senses

Loving God Through Solitude & Simplicity

Loving God Through Serving

Loving God Through Contemplation

**6/ Seek out \_\_\_\_\_ couples together.**

**7/ Contend in prayer together.**

“Far be it from me that I should sin against the Lord by failing to pray for you.” 1 Samuel 12:23

Prayer is about intimacy with God and intercession for people.

It can be done aloud, in silence, or in written form.

“Let’s do something weird!” 😊

If just getting started, use this as a starting block.

“I ask You to save his soul.”

“I ask You to fill her with the Holy Spirit.”

“I ask You to make him whole.”

This speaks to spiritual, emotional, mental, and physical well-being.

“I ask You to give her a pure heart.”

“God, may they be repulsed by perversion.”

“I ask You to surround him good and godly friends.”

“I ask You to breathe upon all her efforts.”

“I ask You to give him Heaven’s wisdom.”

“Discernment is not knowing the difference between right and wrong. It is knowing the difference between right and almost right.” Charles Spurgeon

If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. James 1:5

“I ask You to fill her with love and passion for me.”

“I ask You to protect him.”

This concerns incident, illness, and injury.

“I ask You to anoint her to fulfill the purposes of God in their generation.”