

# March

# 2024



Calendar Month

Calendar Year

Monday	Tuesday	Wednesday	Thursday	Friday
26 Hard Boiled Egg <sup>2</sup> Pancake <sup>1236</sup> Banana Milk <sup>1*</sup>	27 Whole Wheat Pita Bread <sup>36</sup> Cream Cheese <sup>1</sup> Pineapple Milk <sup>1*</sup>	28 Oatmeal <sup>1</sup> Melon Milk <sup>1*</sup>	29 Cereal Orange Milk <sup>1*</sup>	01 Chicken Sausage Patty Whole grain waffle <sup>1236</sup> Melon Milk <sup>1*</sup>
04 Chicken Sausage Patty Pancake <sup>1236</sup> Orange Milk <sup>1*</sup>	05 Yogurt <sup>1</sup> Melon Milk <sup>1*</sup>	06 Oatmeal <sup>1</sup> Banana Milk <sup>1*</sup>	07 Cereal Pineapple Milk <sup>1*</sup>	08 Refried Beans <sup>5</sup> Plantains Melon Milk <sup>1*</sup>
11 Hard Boiled Egg <sup>2</sup> Whole wheat bread <sup>36</sup> Orange Milk <sup>1*</sup>	12 Whole Wheat Pita Bread <sup>36</sup> Cream Cheese <sup>1</sup> Melon Milk <sup>1*</sup>	13 Oatmeal <sup>1</sup> Pineapple Milk <sup>1*</sup>	14 Cereal Melon Milk <sup>1*</sup>	15 Turkey Sausage Patty Pancake <sup>1236</sup> Banana Milk <sup>1*</sup>
18 Turkey Sausage Patty Whole grain waffle <sup>1236</sup> Orange Milk <sup>1*</sup>	19 Yogurt <sup>1</sup> Banana Milk <sup>1*</sup>	20 Oatmeal <sup>1</sup> Melon Milk <sup>1*</sup>	21 Cereal Pineapple Milk <sup>1*</sup>	22 Chicken Sausage Patty Whole wheat bread <sup>36</sup> Pineapple Milk <sup>1*</sup>
25 Hard Boiled Egg <sup>2</sup> Pancake <sup>1236</sup> Banana Milk <sup>1*</sup>	26 Whole Wheat Pita Bread <sup>36</sup> Cream Cheese <sup>1</sup> Pineapple Milk <sup>1*</sup>	27 Oatmeal <sup>1</sup> Melon Milk <sup>1*</sup>	28 Cereal Orange Milk <sup>1*</sup>	29 Chicken Sausage Patty Whole grain waffle <sup>1236</sup> Melon Milk <sup>1*</sup>

**Notes: This menu is subject to change**

<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy, <sup>7</sup>Lentils

\*Milk: 1 yr-old children (Unflavored Whole Milk)  
2-5 yrs-old (Unflavored 1% Milk)

*This institution is an equal opportunity provider*

# Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<b>26</b> Vegetarian Chili w/ corn & tomatoes <sup>5</sup>  Brown rice  Apple Milk* <sup>1</sup>	<b>27</b> Chicken Chow Mein w/ vegetables <sup>36</sup>  Green Salad  Melon Milk* <sup>1</sup>	<b>28</b> Beef Stir Fry w/ carrots <sup>6</sup>  Barley & Quinoa <sup>3</sup>  Orange Milk* <sup>1</sup>	<b>29</b> Beef Bolognese  Whole wheat pasta <sup>3</sup>  Banana Milk* <sup>1</sup>	<b>01</b> Tuna Fried rice w/ peas & carrots <sup>46</sup>  Cucumbers  Pineapple Milk* <sup>1</sup>
<b>04</b> Garbanzo Fried Rice w/ peas & carrots <sup>56</sup>  Green Salad Apple Milk* <sup>1</sup>	<b>05</b> Beef Bolognese  Whole wheat pasta <sup>3</sup> Orange Milk* <sup>1</sup>	<b>06</b> Beef Stir Fry w/ zucchini <sup>6</sup>  Barley & Quinoa <sup>3</sup> Banana Milk* <sup>1</sup>	<b>07</b> Chicken Pesto Pasta w/ tomatoes, cheese & spinach <sup>13</sup>  Green Salad Pineapple Milk* <sup>1</sup>	<b>08</b> Chicken Legs <sup>6</sup>  Broccoli  Whole Wheat Roll <sup>36</sup> Melon Milk* <sup>1</sup>
<b>11</b> Black Beans <sup>5</sup>  Green Salad Brown rice Apple Milk* <sup>1</sup>	<b>12</b> Baked ww ziti pasta w/ bee, cheese & diced tomatoes <sup>13</sup>  Cucumbers Pineapple Milk* <sup>1</sup>	<b>13</b> Lentils w/ carrots & spinach <sup>7</sup>  Brown rice Orange Milk* <sup>1</sup>	<b>14</b> Beef & bean tacos w/ tomatoes <sup>5</sup>  Lettuce & cheese <sup>1</sup> Whole wheat tortilla <sup>36</sup> Melon Milk* <sup>1</sup>	<b>15</b> Chicken Legs <sup>6</sup>  Peas & carrots Whole Wheat Roll <sup>36</sup> Melon Milk* <sup>1</sup>
<b>18</b> Mac & cheese <sup>13</sup>  Green Salad Apple Milk* <sup>1</sup>	<b>19</b> Beef Stir Fry w/ green beans <sup>6</sup>  Brown rice Banana Milk* <sup>1</sup>	<b>20</b> Chicken Ratatouille w/zucchini,peppers & tomatoes  Barley & Quinoa <sup>3</sup> Orange Milk* <sup>1</sup>	<b>21</b> Beef Bolognese  Whole wheat pasta <sup>3</sup> Melon Milk* <sup>1</sup>	<b>22</b> Egg Vegetable Quiche <sup>12</sup>  Green Salad WW bread <sup>36</sup> Melon Milk* <sup>1</sup>
<b>25</b> Vegetarian Chili w/ corn & tomatoes <sup>5</sup>  Brown rice Apple Milk* <sup>1</sup>	<b>26</b> Chicken Chow Mein w/ vegetables <sup>36</sup>  Green Salad Melon Milk* <sup>1</sup>	<b>27</b> Beef Stir Fry w/ carrots <sup>6</sup>  Barley & Quinoa <sup>3</sup> Orange Milk* <sup>1</sup>	<b>28</b> Tuna Fried rice w/ peas & carrots <sup>46</sup>  Green Salad Banana Milk* <sup>1</sup>	<b>29</b> Beef /w cabbage & tomatoes  Brown rice Pineapple Milk* <sup>1</sup>

**Notes: This menu is subject to change**

<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy, <sup>7</sup>Lentils

Green: Local Products

\*Milk: 1 yr-old children (Unflavored Whole Milk)

2-5 yrs-old (Unflavored 1% Milk)

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# Lunch

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Monday	Tuesday	Wednesday	Thursday	Friday
26 Yogurt <sup>1</sup> Melon	27 Apple Muffin <sup>1236</sup> Melon	28 WW Graham Crackers <sup>36</sup> Orange	29 String Cheese <sup>1</sup> Banana	01 WW Goldfish <sup>13</sup> Pear
04 WW Graham Crackers <sup>36</sup> Pineapple	05 String Cheese <sup>1</sup> Melon	06 Pretzels <sup>36</sup> Orange	07 Apple Muffin <sup>1236</sup> Banana	08 WW Honey Graham Crackers <sup>36</sup> Pear
11 Pretzels <sup>36</sup> Orange	12 WW Graham Crackers <sup>36</sup> Pineapple	13 Yogurt <sup>1</sup> Banana	14 String Cheese <sup>1</sup> Melon	15 WW Goldfish <sup>13</sup> Orange
18 WW Graham Crackers <sup>36</sup> Pineapple	19 Apple Muffin <sup>1236</sup> Melon	20 Pretzels <sup>36</sup> Pear	21 WW Goldfish <sup>13</sup> Orange	22 WW Honey Graham Crackers <sup>36</sup> Melon
25 Yogurt <sup>1</sup> Orange	26 Apple Muffin <sup>1236</sup> Melon	27 WW Graham Crackers <sup>36</sup> Apple	28 String Cheese <sup>1</sup> Banana	29 WW Goldfish <sup>13</sup> Melon

Notes: This menu is subject to change

<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy

# Snack