



CentroNía Early Head Start

2021 Annual Report



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CentroNía Early Head Start Collaboration Council

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Vice Chair

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Pro-bono Counsel

Policy Council

Helena Owusu-Arhen
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Monica Arias
Vice President

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Secretary

Jessica Vega
Treasurer

Martha Chambergo
Governing Body Liaison

Berta E Marroquin
Community Member

Erlinda Maldonado
Community Member

Leadership

Myrna Peralta
President & CEO

Rosalina Burgos, Ed. D.
ECE Senior Director, EHS Director

Martha Chambergo
EHS Policy Council Representative

Staff

Dayana Muniz
MD EHS Program Manager

Raquel Pinillos
DC EHS Program Manager

Henry Figueroa
ERSEA & Family Engagement
Specialist

Yiliana Palacio
Family Engagement Specialist

Elio Peraza
Health Services Manager

Elena Marin
Mental Health Coordinator

Martha Lopez
Family Engagement Specialist

Nadia Colette Burts
I/T Disabilities Coordinator

Jackie Dennis
Facilities/Driver

Amare Mengesha
Facilities/Driver

Anna Feliciano
Maryland Site Coordinator

Sarita Torres
Administrative Assistant

Home Visitors

Ligia Benjumea

Anahi Castillo

Carla Castro

Yenny Cespedes

Delis Rivera

Eva Fernandez

Hedellim Garcia

Carolina De Jesus

Ada Joya

Brenda Padillo

Cecilia Salamanca

Teachers

Esvirda Abreu

Alma Aplicano

Kony Castillo

Ana Chavez

Sade Culmer

Elodia Espana

Aurora Gonzalez

Martha Palacios

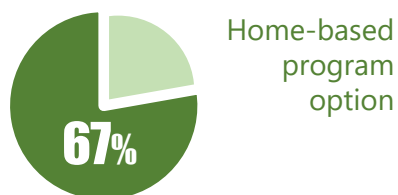
Lisbeth Ugarte

Program Snapshot

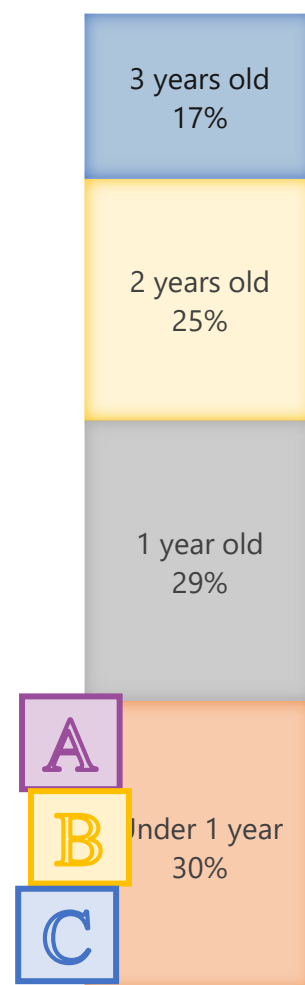
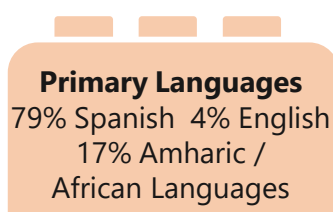
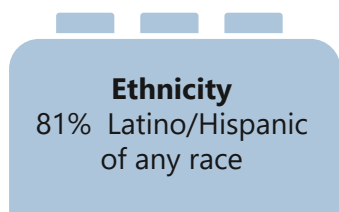
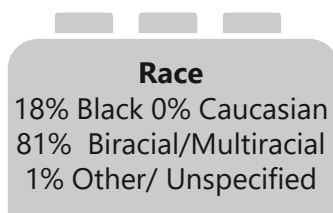
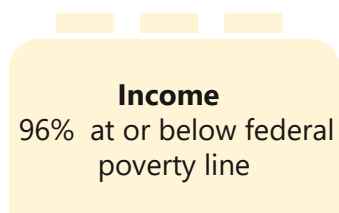
CentroNía's mission is to educate children and youth and strengthen families in a bilingual, multicultural environment.

CentroNía Early Head Start creates a model bilingual program dedicated to supporting families in building skills that are the foundation for school readiness, lifelong learning and growth. Our dual-option program provides infants, toddlers, and pregnant women from low-income families with home- and center- based services, both tailored to the observed pattern of need in the communities we serve.

Our program service areas cover Montgomery and Prince George's Counties in Maryland and Wards 1 through 8 in Washington, DC.



Data based on cumulative enrollment from the August 1, 2020 -July 31, 2021 enrollment year.



COVID-19 Community Support



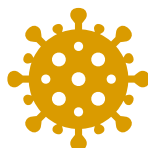
The COVID-19 public health emergency presented Early Head Start families with social, health and economic challenges that placed their familial wellbeing at risk. CentroNía's Early Head Start programs communicated with families frequently to assess their needs, link them to critical community resources, help them support children's learning and development, and provide relief in response to the evolving pattern of need. Relief activities included:



160 children's masks for children receiving center-based care.



Distribution of **116,425 diapers** & other infant necessities, with the support of the Greater DC Diaper Bank



1,200 free, onsite COVID-19 tests for the community, made possible through collaboration with Mary's Center & the Montgomery County Dept. of Health and Human Services



Distribution of **864 bags of food** & **144 farmer's market vouchers**



288 bags of hygiene and PPE supplies for families

Virtual Home Visits

Home visits can bring parents the support they need to nurture their young child's healthy development. Home visiting reaches families where they live by delivering parent support and child development services directly to the home environment.

- Developmental Screenings
- Information on child development and early learning
- Social Support
- Referrals to ancillary community services
- Linkages for enrollment in public benefits



Socialization Activities



Socialization activities take place twice a month (traditionally, once in-house & once off-site) per Home Visiting Group, for a total of 6 activities a month. They provide families and staff members with special opportunities to support child development and learning, building on the experiences and goals addressed during home visits to attend to the needs of both children and parents. Socializations over 2020-2021 were held virtually or in spaces where social distancing could be observed, with an emphasis on outdoor spaces.

Activities vary throughout the year and are directly linked to the curricula and the thematic units being addressed. Carefully selected materials and planned experiences provide stimulation in all areas of development.

In-House

- Nutritional workshops
- Theatrical Journeys/STEAM
- Yoga & Wellness
- Storytime
- Dental Care Workshops

Field Trips

- Rock Creek Park
- Smithsonian Museums
- Maryland Zoo
- Pumpkin Patch
- Baltimore Aquarium
- Library

Focus on Community Partners

Families receive services in the following areas:

- Family/social relations
- Basic resources (food, clothes)
- Life skills
- Diapers & infant necessities
- Childcare
- Health education
- Parenting education
- Health care coverage
- Employment

Special Olympics of Maryland & DC

The Youth Athletes Program, a sport and play program that promotes inclusion of all children 2-7 years old, with and without intellectual disabilities. During the COVID-19 pandemic, the program piloted a take-home kit for families to continue the curriculum in a home setting during virtual visits.

Judy Center

Supports school readiness through Literacy Play and Learn sessions, family involvement activities, referrals to high quality early childhood programs, service coordination, early identification intervention, adult education & family support services.

Mary's Center

Provides health care, family literacy & social services, including onsite health and wellness workshops. One collaboration allowed CentroNia to provide free onsite COVID-19 testing to over 1,200 community members.

Christ Child Society Layette Program

Provides material assistance to babies born to low-income mothers. Each layette contains the essentials every newborn needs: onesies, sleepers, receiving blankets, diapers, bottles, a children's book and a handmade blanket.

Amerigroup

Provides free, onsite, monthly education on health insurance and the Medicaid application process, information on free health screenings, and promotes healthy behaviors, preventive care and wellness.

Greater DC Diaper Bank

Provides a reliable, adequate source of basic baby needs including diapers, formula & nursing products, as well as personal hygiene products.

Montgomery County Public Schools (MCPS) Child Find 3-5, MCPS Infants & Toddler (birth to 3), Prince George's County Public Schools (PGCPS), PGCPS Infants & Toddlers, DC Dept of Behavioral Health

Provide assessments & services for students who show a 25% or greater delay in development; including an annual, onsite clinic administered by Child Find to screen children exhibiting possible atypical development..

Forever Free Books

Provides children with story time activities and free books.



Focus on Family Engagement

Parents are a child's first and best teachers!

CentroNía Early Head Start parents stay involved by volunteering, participating in the program's Policy Council & parent committees, and joining monthly workshops on health education, social emotional wellness, School Readiness & child development.

Health Highlights



Smile! We provide onsite dental services in collaboration with Smile Dental (MD) & DC Health, and help ensure that 100% of enrolled children have dental insurance.



100% of expectant mothers enrolled in the program received continuous, accessible prenatal health care.






100% of enrolled children had health insurance and followed a preventive and primary health care schedule.



Children, families and staff received support through mental health observation and consultation.

Learning & Development

CentroNía Early Head Start uses *The Creative Curriculum® for Infants, Toddlers and Two's* in English and Spanish, which features exploration and discovery as a way of learning and isÑ

-  Comprehensive
-  research-based
-  developmentally appropriate

The program collects and analyzes child outcomes data in Teaching Strategies GOLD, the assessment tool aligned with the Creative Curriculum. Data collection is focused on the areas of learning and development and uses the percentage of children who meet or exceed widely-held expectations of development as an indicator of progress toward kindergarten readiness.

Social Emotional: Refers to a child's ability to create and sustain meaningful relationships with adults and other children. Emotional development refers to a child's ability to express, recognize, and manage their own emotions as well as respond appropriately to others' emotions.

Physical – gross motor and fine motor: Gross motor skills refer to moving the whole body and using larger muscles of the body, such as those in the arms and legs. Fine motor skills refer to using the small muscles found in individual body parts, especially those in the hands and feet.

Language and literacy: Language development refers to emerging abilities in listening and understanding (receptive language) and in using language (expressive language). Emerging literacy refers to the knowledge and skills that lay the foundation for reading and writing.

Cognitive: Includes reasoning, memory, problem-solving, and thinking skills that help young children understand and organize their world, and eventually evolve into complex mathematical thinking and scientific reasoning.

FINANCIAL REPORT 2021

	DC	MD	Both
PUBLIC AND PRIVATE FUNDS RECEIVED			
Fees/Grants - Federal (HHS ACF)	\$1,231,263	\$1,129,104	\$2,360,367
Fees/Grants - City and Local			
Fees/Grants - State (MSDE)		\$57,468	\$57,468
United Way			
Other Foundation Support			
In-Kind Support	\$288,551	\$263,315	\$551,866
Total Funding	\$1,519,814	\$1,449,887	\$2,969,701
PROGRAM EXPENSES			
Personnel (salaries, Benefits, taxes)	\$876,191	\$810,420	\$1,686,611
Travel	\$16,500	\$15,500	\$32,000
Supplies and Equipment	\$62,723	\$74,737	\$137,460
Contractual	33,000	\$44,616	\$77,616
Other (occupancy, mileage, parent services)	\$235,099	\$235,637	\$470,736
Training and Technical Assistance	\$7,750	\$5,662	\$13,412
In-Kind Support	\$288,551	\$263,315	\$551,866
Total Funding	\$1,519,814	\$1,449,887	\$2,969,701
Excess/Deficit on Federal Award	-	-	-

BUDGET PROJECTION 2022

	DC	MD	Both
PUBLIC AND PRIVATE FUNDS RECEIVED			
Fees/Grants - Federal (HHS ACF)	\$1,275,806	\$1,172,448	\$2,448,254
Fees/Grants - City and Local			
Fees/Grants - State (MSDE)		\$23,278	\$23,278
United Way			
Other Foundation Support			
In-Kind Support	\$302,682	\$293,596	\$3,067,810
Total Funding	\$1,578,488	\$1,489,322	\$3,067,810
PROGRAM EXPENSES			
Personnel (salaries, benefits, taxes)	\$842,842	\$801,397	\$1,644,239
Travel	\$15,500	\$14,500	\$30,000
Supplies and Equipment	\$40,000	\$27,000	\$67,000
Contractual	\$50,000	\$40,000	\$90,000
Other (occupancy, mileage, parent services)	\$210,896	\$196,849	\$407,745
Training and Technical Assistance	\$8,750	\$8,162	\$16,912
In-Kind Support	\$302,682	\$293,596	\$596,278
Total Funding	\$1,470,670	\$1,381,504	\$2,852,174
Excess/Deficit on Federal Award*	\$107,818	\$107,818	\$215,636

*COVID-19 Recovery Funds under American Rescue Plan (awarded through Mar. 31, 2023)

2020-2021 ORGANIZATIONAL BUDGET

for the year ended June 30, 2021

SUPPORT AND REVENUE

Government grants (DC)	\$1,191,764
Government grants (MD)	\$1,606,720
Government contracts (Federal)	\$240,836
Government contracts (DC)	\$4,721,147
Government Grants - Federal Fund	\$2,063,145
Corporate	\$34,700
Foundations	\$556,714
Food Services	\$496,620
Individual and mayor donors	\$83,394
Parent fees	\$616,860
Rent	\$1,006,663
Other revenues	\$40,081
Total revenue and support	\$12,660,642

EXPENSES

Payroll Related	\$9,685,733
Facilities Management	\$2,836,945
Outside Services	\$594,004
Program Expenses	\$1,240,122
Financing and Other	\$332,829
TOTAL EXPENSES	\$14,689,633
(Deficit) / Surplus	(\$2,028,891)