Kinesiology (KINE) 2019-2020
Bachelor of Science Degree in Kinesiology
To schedule a KINE advising appointment: rht.gmu.edu/kinesiology/advising
To schedule an Honors advising appointment: honorscollege.gmu.edu/academics/academic-advising

- **Honors College curriculum, # of credits vary**: For current list of approved courses: [https://honorscollege.gmu.edu/academics/curriculum](https://honorscollege.gmu.edu/academics/curriculum)
  - o HNRS 110 - Research & Inquiry - 4 credits
  - o HNRS 122 - Reading the Arts - 3 credits
  - o HNRS 130 - Identity, Community & Difference - 3 credits
  - o HNRS 131 - Contemporary Social Issues - 3 credits
  - o HNRS 240 - Reading the Past - 3 credits

- **Professional Sequence, 68 credits**: (must maintain GPA of 2.5 and a C or better)
  - o ATEP 120: First Aid & Emergency Care
  - o ATEP 200: Intro to Personal Training
  - o ATEP 300: Functional Anatomy
  - o ATEP 400: Biomechanics (offered Fall only)
  - o ATEP 300: Functional Anatomy
  - o ATEP 310: Exercise Physiology I
  - o ATEP 320: Principles of Human Nutrition
  - o ATEP 330: Seminar in Kinesiology
  - o ATEP 341: Kinesiology Internship I
  - o ATEP 350: Exercise Prescription & Programming
  - o ATEP 370: Exercise Testing and Evaluation
  - o ATEP 400: Biomechanics (offered Fall only)
  - o ATEP 410: Exercise Physiology II
  - o ATEP 420: Sport and Exercise Nutrition

- **Electives, # of credits vary (Suggested KINE 311)**

  **Total: 120 Credits**

  **Suggested Academic Plan** (to be supplemented by Honors College curriculum and Electives)
  - *All campus locations are subject to change. Classes listed as PW are located on the Science and Technology Campus (SciTech)*

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>Credits</th>
<th>Prerequisites</th>
<th>Campus*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Year Fall</td>
<td>BIOL 124 Human Anatomy &amp; Physiology</td>
<td>4</td>
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<td>PW/FX</td>
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<td>HEAL 110 Personal Health</td>
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<td>Net/FX</td>
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<td></td>
<td>KINE 100 Introduction to Kinesiology</td>
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<td>FX-Hybrid</td>
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<tr>
<td>1st Year Spring</td>
<td>ATEP 300 Functional Anatomy</td>
<td>3</td>
<td>BIOL 124**</td>
<td>PW</td>
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<tr>
<td></td>
<td>BIOL 125 Human Anatomy &amp; Physiology</td>
<td>4</td>
<td>BIOL 124**</td>
<td>PW/FX</td>
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<td>2nd Year Fall</td>
<td>KINE 320 Principles of Human Nutrition</td>
<td>3</td>
<td></td>
<td>Net</td>
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<td></td>
<td>KINE 310 Exercise Physiology I</td>
<td>3</td>
<td>BIOL 124**, BIOL 125**</td>
<td>Net/PW</td>
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<tr>
<td>2nd Year Spring</td>
<td>KINE 200 Intro to Personal Training</td>
<td>3</td>
<td>BIOL 124**, BIOL 125**, KINE 310**, ATEP 300**</td>
<td>FX</td>
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<td>SPMT 320 Psychology of Sport</td>
<td>3</td>
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<td>FX</td>
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<td>3rd Year Fall</td>
<td>KINE 330 Seminar in Kinesiology</td>
<td>3</td>
<td>KINE 100**, 200**, 370**</td>
<td>PW/FX</td>
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<td>KINE 350 Exercise Prescription and Programming</td>
<td>3</td>
<td>KINE 200**, 310**, 370**, ATEP 300**</td>
<td>PW</td>
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<td>ATEP 120 First Aid &amp; Emergency Care</td>
<td>2</td>
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<td>PW-Hybrid</td>
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<td>KINE 360 Strength Training: Concepts &amp; Applic.</td>
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<td>BIOL 124**, BIOL 125**, ATEP 300**, KINE 310**</td>
<td>PW</td>
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<tr>
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<td>STAT 250 Introductory Statistics I</td>
<td>3</td>
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<td>4th Year Fall</td>
<td>KINE 400 Biomechanics (offered Fall only)</td>
<td>3</td>
<td>BIOL 124**, BIOL 125**, ATEP 300**, KINE 360**</td>
<td>PW</td>
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<td>KINE 410 Exercise Physiology II</td>
<td>3</td>
<td>BIOL 124**, BIOL 125**, KINE 310**</td>
<td>PW</td>
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<td>KINE 420 Sport and Exercise Nutrition</td>
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<td>KINE 310**, 320**</td>
<td>Net</td>
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<td>KINE 441 Kinesiology Internship II</td>
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<td>KINE 341**, 380**, KINE 360**, Current CPR/AED/First Aid</td>
<td>PW/FX</td>
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<td></td>
<td>KINE 450 Research Methods (Writing Intensive)</td>
<td>3</td>
<td>STAT 250**, junior or senior standing</td>
<td>PW/Net</td>
</tr>
</tbody>
</table>

**Academic Requirements**: 120 total credits; 45 upper level credit hours; 30 hour GMU residency requirement; completion of Honors College courses; GPA of at least 2.5 and a C or better in BIOL 124 and 125, STAT 250, and all professional sequence courses.

**Professional Certification Exam Requirement**: attempt either the American College of Sports Medicine (ACSM)-Certified Exercise Physiologist (EP-C) or the National Strength and Conditioning Association (NSCA)-Certified Strength and Conditioning Specialist (CSCS). NSCA exam discount code: ERPGMU17
# Kinesiology (KINE) 2019-2020

**Bachelor of Science Degree in Kinesiology**

To schedule an advising appointment: [rht.gmu.edu/kinesiology/advising](http://rht.gmu.edu/kinesiology/advising)

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## Suggested Transfer Academic Plan:

- **You must meet with an Honors College advisor to discuss remaining Honors College courses.**
- Assumes completion of BIOL 124, 125, and STAT 250 with a C or better.
- Must maintain GPA of at least 2.5 and a C or better in all professional sequence courses.

*All campus locations are subject to change. Classes listed as PW are located on the Science and Technology Campus (SciTech)*

### Academic Requirements:

120 total credits; 45 upper level credit hours; 30 hour GMU residency requirement; completion of Honors College courses; GPA of at least 2.5 and a C or better in BIOL 124 and 125, STAT 250, and all professional sequence courses.

### Professional Certification Exam Requirement:

Attempt either the American College of Sports Medicine (ACSM)-Certified Exercise Physiologist (EP-C) or the National Strength and Conditioning Association (NSCA)-Certified Strength and Conditioning Specialist (CSCS). NSCA exam discount code: ERPGMU17

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### KINE Advising Questions

rht.gmu.edu/kinesiology/advising

Stormi Woltz

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703-993-5261

Appointments: [https://rht.gmu.edu/kinesiology/advising](http://https://rht.gmu.edu/kinesiology/advising)

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## Semester | Course | Credits | Prerequisites | Campus*
---|---|---|---|---
**1st Year Fall**
- ATEP 300 Functional Anatomy 3 BIOL 124 C PW
- HEAL 110 Personal Health 3 Net/FX
- KINE 100 Introduction to Kinesiology 3 FX-Hybrid
- KINE 310 Exercise Physiology I 3 BIOL 124 C, BIOL 125 C Net/PW

**1st Year Spring**
- ATEP 120 First Aid & Emergency Care 2 PW-Hybrid
- KINE 200 Intro to Personal Training 3 BIOL 124 C, BIOL 125 C, KINE 310 C, ATEP 300 C FX
- KINE 320 Principles of Human Nutrition 3 Net
- KINE 360 Strength Training: Concepts & Applc. 3 BIOL 124 C, BIOL 125 C, ATEP 300 C, KINE 310 C PW
- KINE 370 Exercise Testing and Evaluation 3 BIOL 124 C, BIOL 125 C, KINE 310 C, ATEP 300 C PW/FX

**1st Year Summer**
- KINE 330 Seminar in Kinesiology 3 KINE 100 C, 200 C, 370 C PW/FX
- KINE 350 Exerc. Prescription and Programming 3 KINE 200 C, 310 C, 370 C, ATEP 300 C PW

**2nd Year Fall**
- KINE 400 Biomechanics (offered Fall only) 3 BIOL 124 C, BIOL 125 C, ATEP 300 C, KINE 360 C PW
- SPMT 320 Psychology of Sport 3 FX

**2nd Year Spring**
- KINE 410 Exercise Physiology II 3 BIOL 124 C, BIOL 125 C, KINE 310 C PW
- KINE 420 Sport and Exercise Nutrition 3 KINE 310 C, 320 C Net
- KINE 441 Kinesiology Internship II 3 KINE 341 C, 380 C, KINE 360 C Current CPR/AED/First Aid PW/FX
- KINE 450 Research Methods( Writing Intensive) 3 STAT 250 C, junior or senior standing PW

**2nd Year Summer**