

Formulated with rhapontic rhubarb extract, Estroven[®] Complete Multi-Symptom provides non-hormonal, naturally sourced menopause relief.*



Derived from nature. Perfected by science.

After nearly 30 years of safe, effective use in Europe, a plant-derived solution to reduce the uncomfortable symptoms of menopause is available to your patients.

Estroven[®] Complete Menopause Relief provides a novel extract of Rhapontic rhubarb shown to relieve all symptoms tested* per the Menopause Rating Scale (MRS):

- Reduce hot flashes & night sweats*
- Support restful sleep*
- Manage daily stress & mood*
- Manage irritability*
- Reduce physical & mental exhaustion*
- Promote concentration*
- Promote joint & muscular comfort*
- Manage menopausal anxiety*
- Support urinary & bladder health*
- Manage vaginal dryness*
- Support libido*

**Clinically shown to
reduce hot flashes by up to 90%*[^]**

**Multiple clinical trials demonstrating
safety and efficacy, including
a 2 year-long study²⁻⁶**

Convenient once daily dosing

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† Based on custom Nielsen US xAOC, 52 W/E 08/09/25

[^] Results based on clinical studies.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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Clinical Evidence For Rhapontic Rhubarb Extract

Significantly Improved Total Menopause Symptom Scores

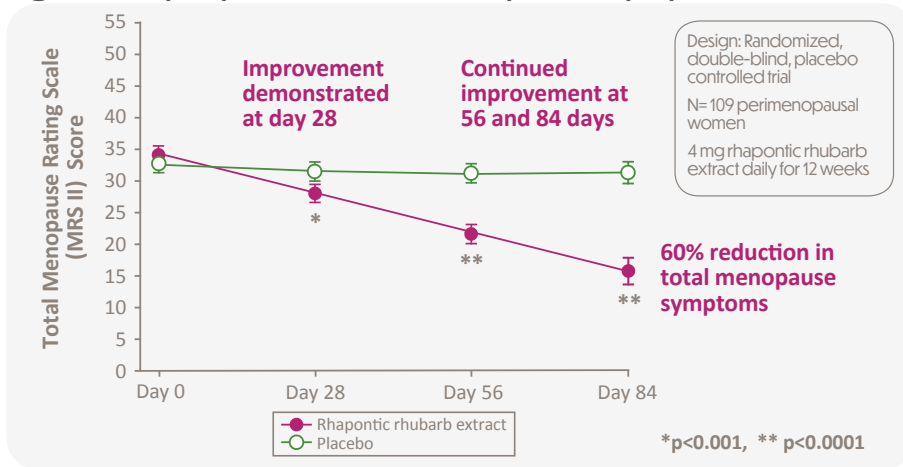


FIGURE 1

After 28 days of rhapontic rhubarb extract supplementation, a statistically **significant reduction in total menopause symptoms** was demonstrated. After 84 days there was a 60% reduction compared to baseline with no change in the placebo group.

Heger, M., et al., Menopause, 2006. 13(5): p. 744-59

Two Year Long Study Demonstrated Safety & Efficacy

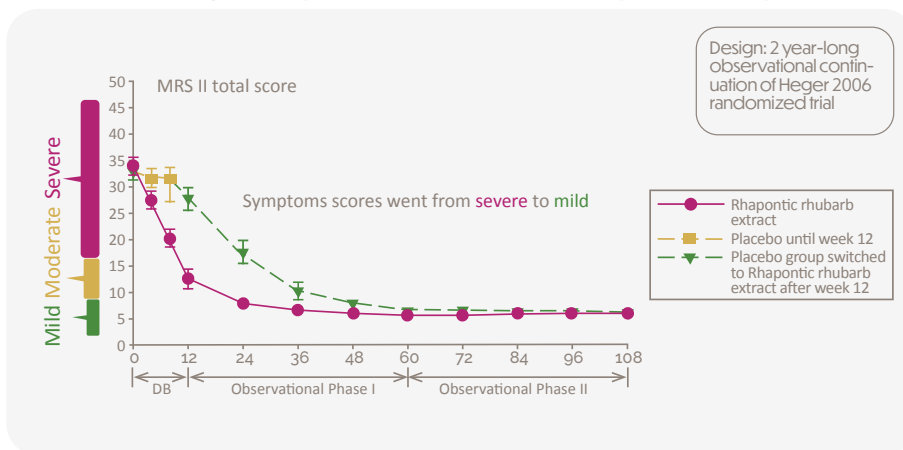


FIGURE 2

Women taking placebo during the Heger 2006 trial also began taking rhapontic rhubarb extract daily during a 2 year-long observational study. The study demonstrated **continued improvement in total menopause symptoms** and long-term safety of the extract.

Hasper, I., et al., Menopause, 2009. 16(1): p. 117-31

Significant Reduction in Hot Flashes

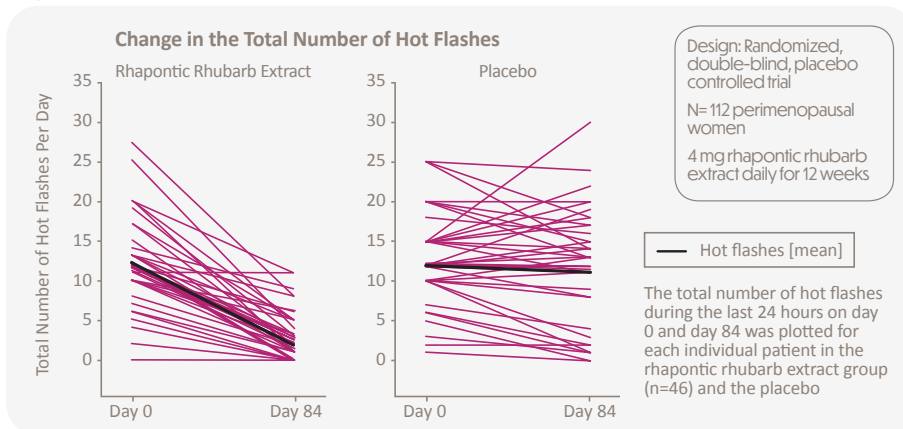


FIGURE 3

The total number of hot flashes during the last 24 hours on day 0 and day 84 was plotted for each individual in the rhapontic rhubarb extract group and the placebo group. The black lines represent the **change in the mean values of hot flashes** per day from day 0 to day 84.

Kaszkin-Bettag, M., et al., Altern Ther Health Med, 2009. 15(1): p. 24-34.

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- Kaszkin-Bettag, M., et al., Rhapontic rhubarb extract decreases anxiety and improves health state and general well-being in perimenopausal women. Menopause, 2007. 14(2): p. 270-83.
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