

# HOPE. HEALING. CONNECTION

CLINICAL SERVICES AT RAISE THE FUTURE



**RAISE** *the*  
**FUTURE**



## Why Choose Us?

### Who We Serve

- Children and youth currently in foster care.
- Families fostering or adopting or who have adopted from the foster care system.
- Older youth transitioning from foster care to adoptive homes.
- Children, youth, and adults with a history of trauma, neglect, or disrupted attachments.

### What We Offer

- **Individual Therapy** - Addressing trauma, attachment, and emotional regulation
- **Family Therapy** - Strengthening relationships, communication, and problem-solving
- **Group Therapy** - Peer support, skill-building, and psychoeducation for youth and caregivers

### Our Clinical Approach

We utilize **Trust-Based Relational Intervention (TBRI®)** a trauma-informed, evidence-based model rooted in principles of *Connecting, Empowering, and Correcting*. This model addresses the complex needs of individuals who have experienced trauma and early adversity.

All of our clinicians will be trained in **Training for Adoption Competency (TAC)**, ensuring our services remain sensitive to the unique experiences within adoption and permanency planning.

We integrate additional therapeutic modalities, including:

- EMDR (Eye Movement Desensitization and Reprocessing)
- IFS (Internal Family Systems)
- ACT (Acceptance and Commitment Therapy)
- CCPT (Child-Centered Play Therapy)
- TF-CBT (Trauma-Focused Cognitive Behavioral Therapy)

*All services are provided by licensed or supervised clinicians and are coordinated to ensure an integrated, client-centered approach.*

*Contracted with the Utah Division of Child and Family Services (DCFS) to provide therapy for children and families utilizing their agencies. Medicaid pays for these services. We accept Post-Adopt Medicaid and DCFS Medicaid.*



Our Location  
7414 State St #101, SLC, UT 84047



Contact Us  
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