

National Ijtema Volleyball Tournament 2026 Rules

GENERAL RULES

1. Deadline for registration is **9/15/2026**
 - Please send list of 6-10 players per region all must be Lajna members with name of team Captain included to **volleyball@lajnausa.net**
2. Games will be refereed by TBA
3. Each match will go to 15 points (Capped at 18 points). The winning team must win by two points. Points are earned on each service.

THE COURT/GAME

1. Two indoor courts will be used at Paint Branch High School, 14121 Old Columbia Pike, Burtonsville MD 20866
2. A new Baden Match Point Volleyball will be used for the tournament.
3. The net will be set at women's height, 2.24m.

UNIFORM

1. Uniforms must be knee length and long sleeve
 - Sadr reserves the right disqualify any team that does not meet this requirement
2. Suggested link for uniform listed below
 - <https://runnicssports.com/product-category/uniform-wear/page/2/>
 - https://www.amazon.com/dp/B0BFW8BBMS?ref=cm_sw_r_apan_dp_KB5Z9EFQRV1MK7JKR2EX&ref_=cm_sw_r_apan_dp_KB5Z9EFQRV1MK7JKR2EX&social_share=cm_sw_r_apan_dp_KB5Z9EFQRV1MK7JKR2EX&language=en-US
3. Uniforms must have name of region and numbers, personal name is optional
4. It is recommended that all players wear knee pads to avoid injury
5. Jewelry should not be worn during game play

COACH

1. Will conduct the play of her team from outside the playing court.
2. Will select the lineups, all substitutes and make decisions for timeouts.

TEAM CAPTAIN

1. If a team does not have a Coach, the team captain will select the lineups, all substitutes and make decisions for timeouts.
2. The team captain represents her team in the toss.
3. During the match, only the captain is authorized to speak to the referee.

4. The team captain is responsible for leading her team to greet the other team at the completion of the match.

GAME PLAY/THE TOSS

1. The winner of the toss chooses one of the following:
 - Right to service or receive the service, or side of the court
 - The other captain takes the remaining choice and will provide their ball. If the team does not have a Baden Match Point Volleyball, one will be provided.
2. Each team may request a maximum of two timeouts per set. (30 sec rule)
3. Continuous Substitutions before serving. Substitutions allowed when in possession of the ball.

SCORING & GAME SCHEDULE

1. Rally scoring will be used. There will be a point scored on every score of the ball.
2. There is a maximum of 5 serves allowed per person on each rotation. After winning 5 serves, the team must rotate.
3. Games will be 15 points, win by two. Games will cap at 18 points. Semifinal and Final games will go to 21
4. For all games, a 2-minute warning will be given by the referee.
5. The winning team must win by at least 2 points in all matches.