



Dear Parent,

This year, we need your help to make sure all of our students are fully prepared for academic success. We all know that hungry children have a more difficult time doing their best work. That's why we encourage all students to begin the school day with a nutritious breakfast.

The School Breakfast Program is available to all students every weekday morning. Your child can eat breakfast at school every day. School breakfast makes good sense – it provides  $\frac{1}{4}$  of your child's nutritional needs, meets Dietary Guidelines recommendations, and offers children a chance to eat breakfast with their friends

School Breakfast is an ideal solution on busy mornings when kids are running late or parents have to be at work early. Whatever the reason, if breakfast at home is not convenient, please have your child take advantage of breakfast here at school.

If your child qualifies for free or reduced price lunches, he or she qualifies for free or reduced price breakfasts at school as well. We want to help your child eat healthy meals at school.

Some parents are concerned about listing income amounts and social security numbers on the application. Any personal information you provide will not be shared:

- Free and reduced price meal applications are **confidential**. Your information will only be used to determine your child's eligibility for the school meal programs.
- Students who receive free and reduced price meals are not identified. No other students, staff, or teachers need to know who is receiving free or reduced meals and who has paid.

Please take a few minutes to fill out this form so that your child may qualify for these important benefits.

Thank you for helping us to make sure that all of our students start the school day alert.

"This institution is an equal opportunity provider."

Sincerely,  
Dana Hedges  
Food Service Director  
DeKalb County Eastern CSD

