

Ottawa County Profile of Older Adults, 2022

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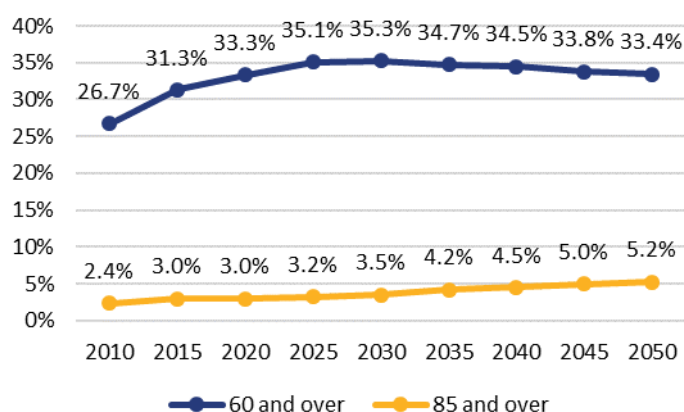
For the purposes of this report, "Older Adults" are defined as those age 60 and over, unless otherwise noted. All indicators use data for Ottawa County, unless local data was unavailable. In that case, it is noted that regional, state or national data is presented.

Demographics	Ottawa County		Ohio
Total Number of Older Adults (Age 60+)	13,849		2,769,796
Sex	Number	%	%
Female	7,298	52.7%	51.0%
Male	6,551	47.3%	49.0%
Race/Ethnicity (Age 65+)	Number	%	%
White	10,046	97.8%	88.2%
Black/African American	103	1.0%	8.9%
Asian/Asian American	6	0.1%	1.2%
Other Race/More than One Race	122	1.2%	1.7%
Hispanic/Latinx Ethnicity	276	2.7%	1.4%
Age Range	Number	%	%
Age 60-64	3,572	8.8%	6.7%
Age 65-74	5,969	14.7%	9.9%
Age 75-84	2,879	7.1%	4.9%
Age 85+	1,429	3.5%	2.2%

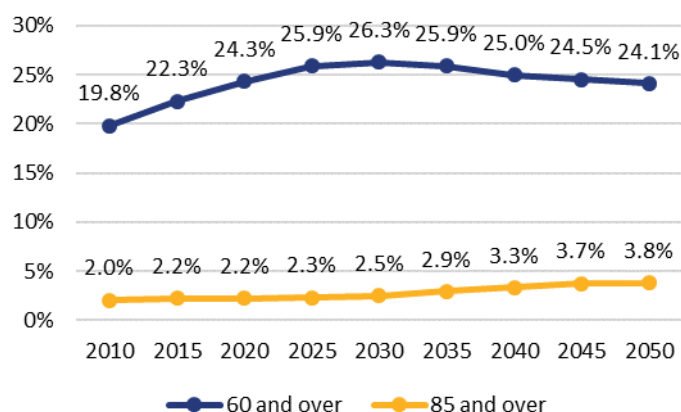
Source: U.S. Census Bureau American Community Survey 2016-2020 5-Year Estimates (henceforth U.S. Census Bureau)

Population Projections: Percent of Population Age 60+ and 85+

Ottawa County Projections



Ohio Projections



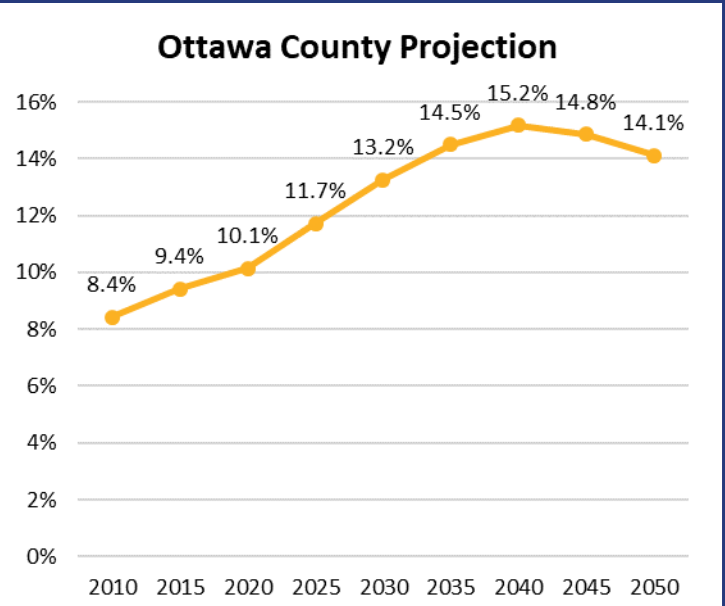
Source: Ohio Development Services Agency

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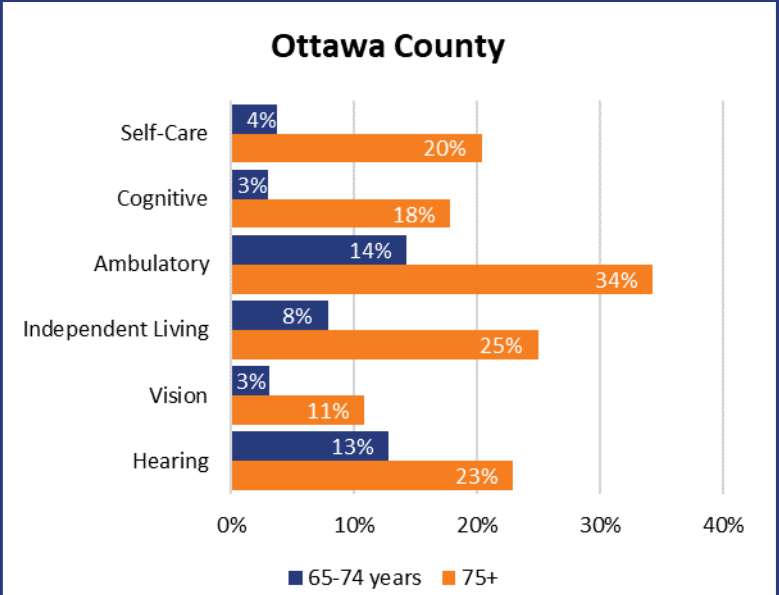
As people age, they become increasingly likely to have a **disability**, which means they will probably need **assistance with activities of daily living**.

Population Projections: Percent of Population Age 75+



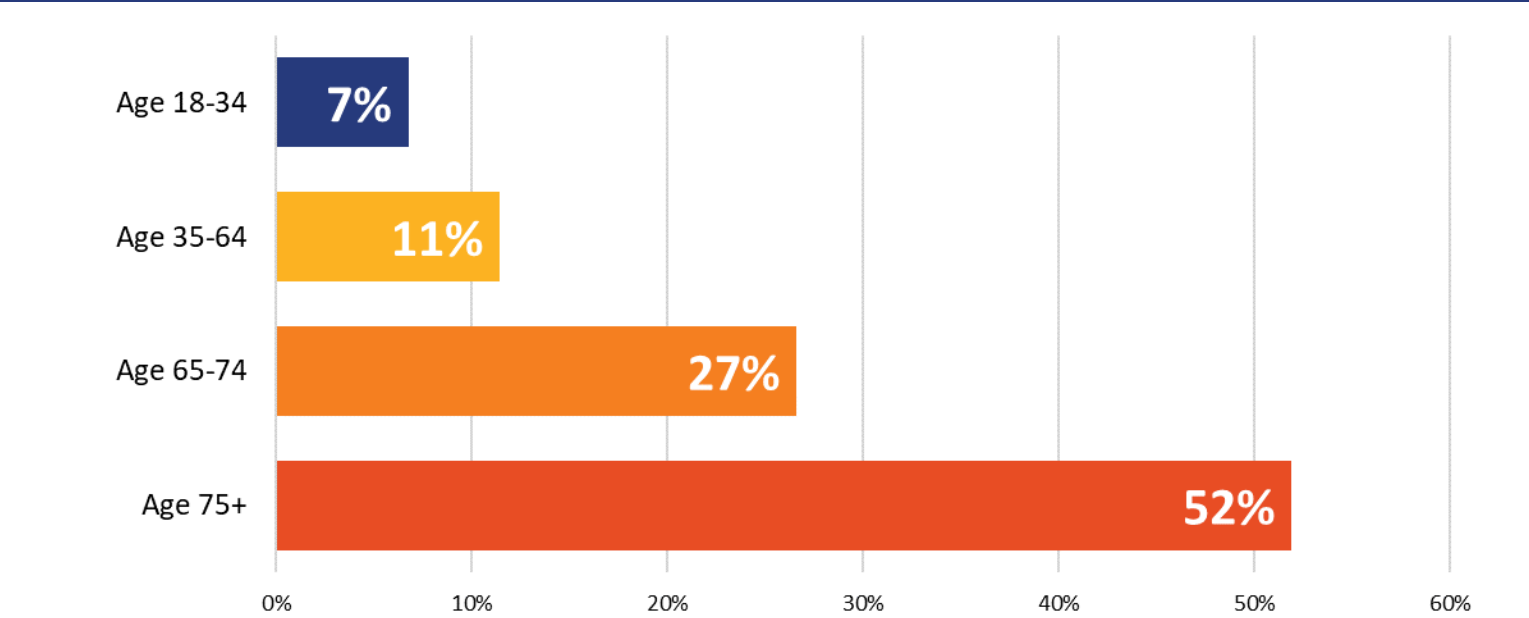
Source: Ohio Development Services Agency

Percent of Population Living with Functional Difficulties, by Older Age Groups

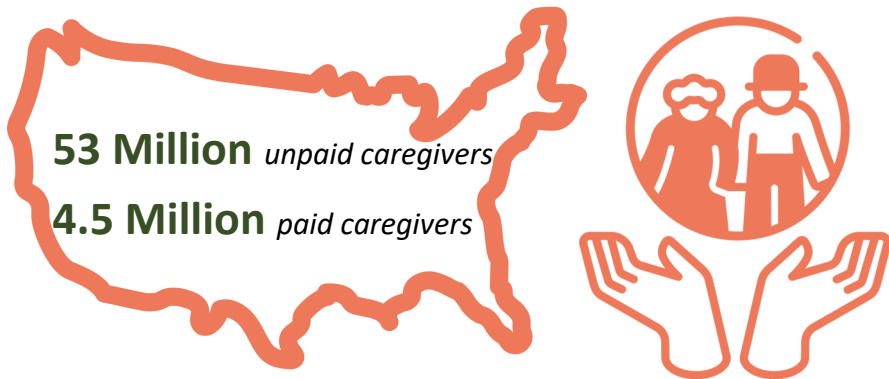


Source: U.S. Census Bureau

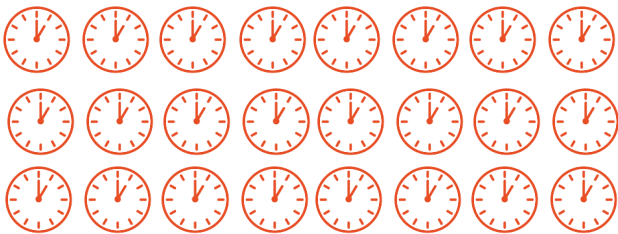
Percent of Population in Ottawa County Living with a Disability, by Age Group



Source: U.S. Census Bureau



The average family caregiver spends
24 hours per week
on unpaid caregiving



Source: AARP, *Caregiving Out-Of-Pocket Costs Study, 2021*; AARP and National Alliance for Caregiving, *Caregiving in the U.S., 2020*; AARP, *Valuing the Invaluable: Understanding the Contributions of Family Caregivers, 2019*; and PHI, *Understanding the Direct Care Workforce,*

National Caregiving Cost Estimates	
Family caregiving estimated value	\$466 Billion
Total long-term services and supports spending	\$366 Billion
Out-of-pocket spending on health care	\$366 Billion
Medicaid spending on long-term service and supports	\$154 Billion

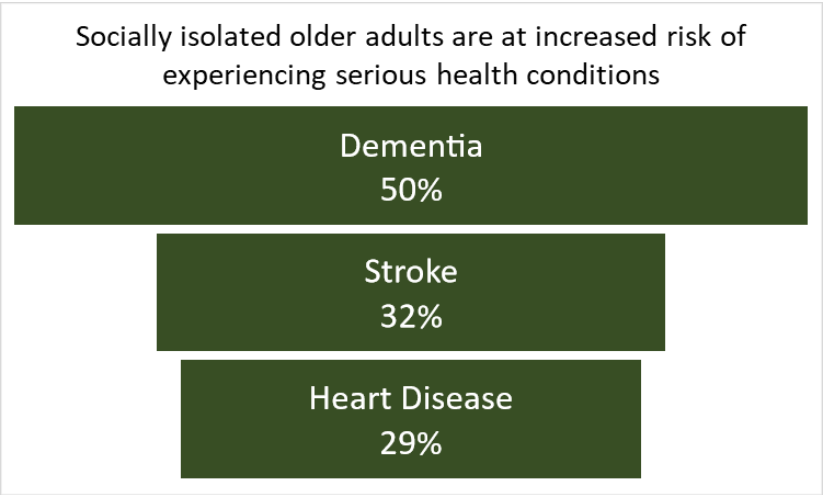
Unpaid Caregivers

1 in 5 Americans are unpaid caregivers.

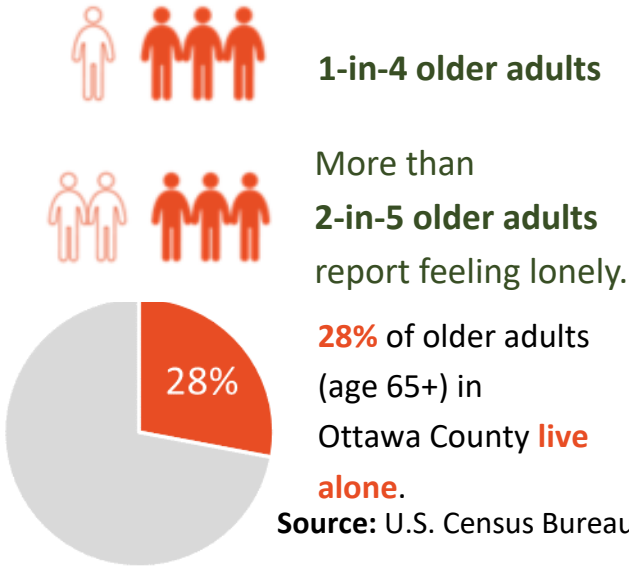
The average family caregiver spends over **\$7,242 per year** on out of pocket caregiving expenses for their aging loved one. On average this represents 26% of their income.

26%

\$



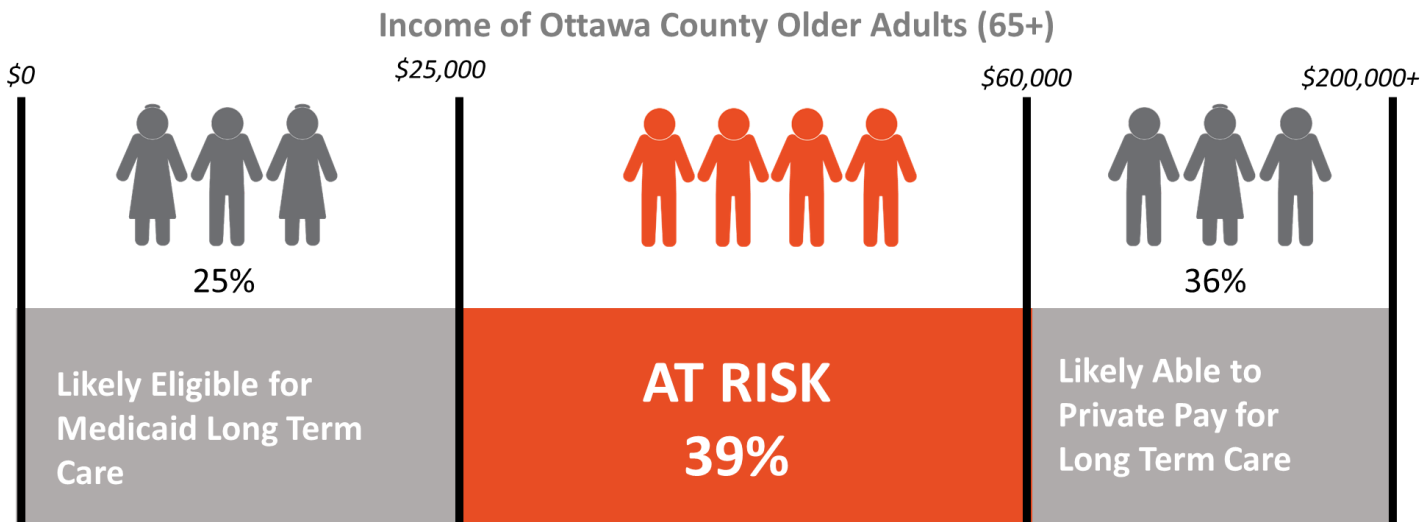
Source: National Academies of Sciences, Engineering, and Medicine, (2020). *Social Isolation and Loneliness in Older Adults:*



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2 out of 5 older Northwest Ohioans can't afford



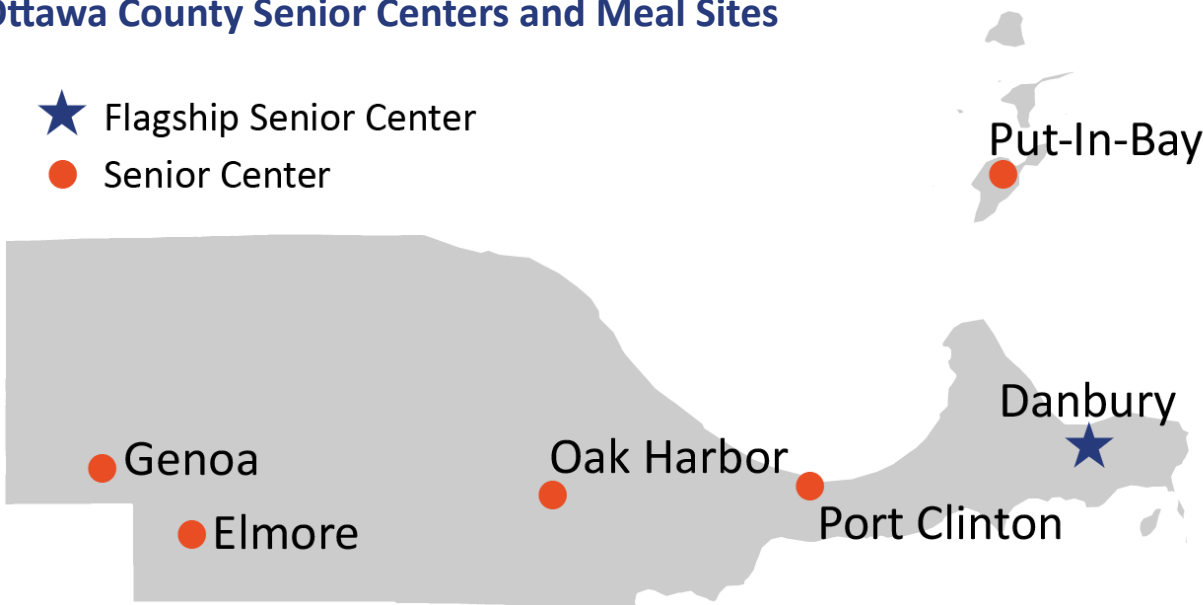
Source: CCS Estimates based on U.S. Census Bureau data

636

Of those who are likely eligible for Medicaid, only **636** Ottawa County older adults (age 65+) receive **Medicaid**, accounting for **10%** of the population in that age group.

Source: Ohio Department of Medicaid, U.S. Census

Ottawa County Senior Centers and Meal Sites

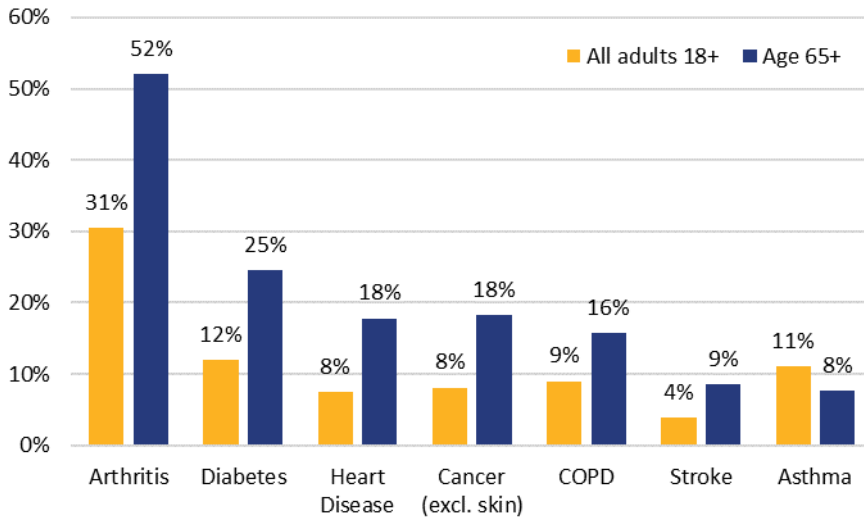


1,935

At least this many adults are served through the Area Office on Aging and its service providers in Ottawa County.

Source: AOoA

Chronic Disease: Prevalence of Adults Ever Diagnosed with Chronic Diseases, Ohio, 2019

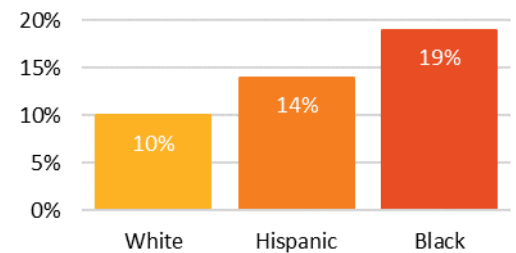


Source: Ohio Department of Health (ODH)

Alzheimer's Disease

20,109 individuals age 65+ in the AOoA region are estimated to have been diagnosed with **Alzheimer's** or **dementia**. This is likely an underestimate.

Alzheimer's dementia prevalence by race for adults age 65+



Source: Alzheimer's Association, 2022 *Alzheimer's Disease Facts and Figures*; CCS Estimate based on Journal of Public Health, *Dementia in the USA: State Variation in Prevalence*.

Falls



75,091 Older Ohioans (Age 65+) **visited the Emergency Room** because of a **fall**.



1,490 Older Ohioans (Age 65+) **died as a result of a fall**.



Source: ODH

Drug Overdoses

189 Unintentional drug overdose deaths in **Ohio** in 2020 for persons age 65+. This is twice the number of unintentional drug overdose deaths for persons age 65+ in Ohio in 2016.

2 overdoses in **Ottawa County** in 2021 for persons age 65+.

17 Estimated drug overdose emergency visits by adults age 55+ in **Ottawa County** in 2021.



Source: ODH

Hunger



About **7%** of AOoA Region older adults (age 60+), **15,738** total, are **food insecure**.

14,288 Older adult households (with a person age 60+) received **SNAP benefits**.

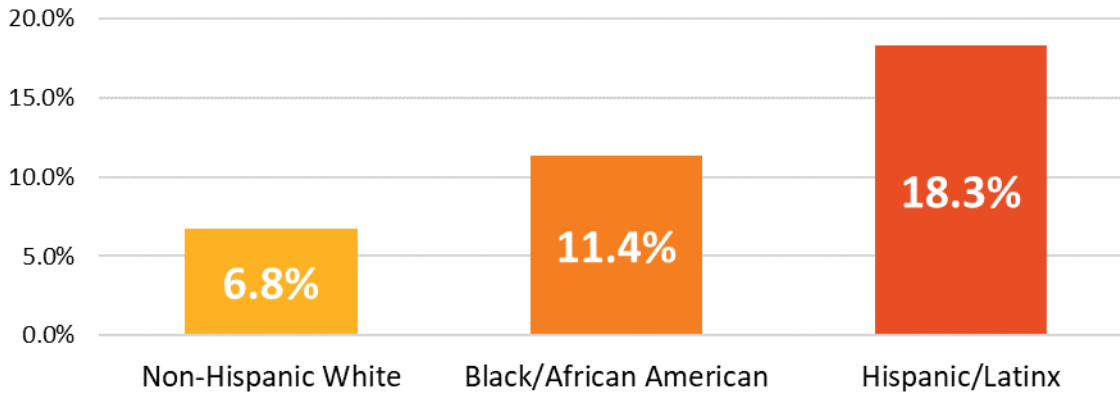
Source: U.S. Census

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Poverty Rate for Adults 65+, by Race/Ethnicity in AOoA Region



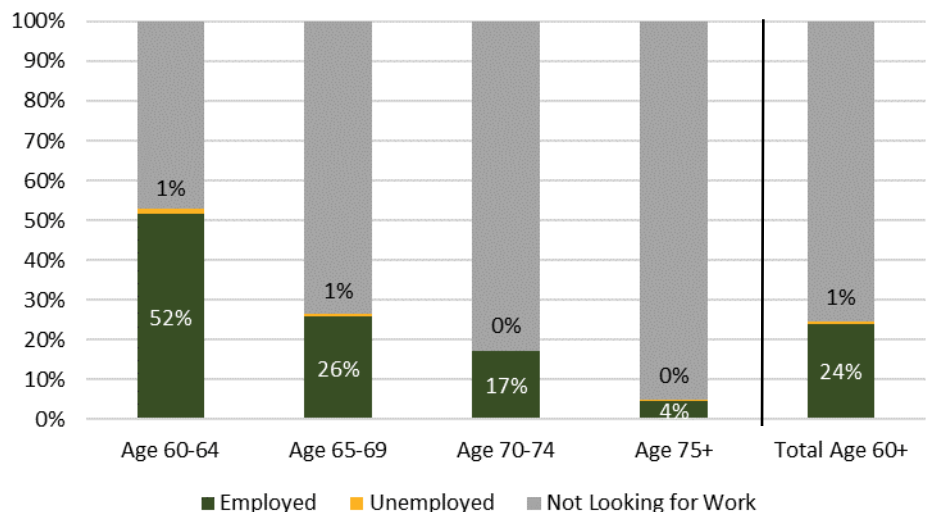
Source: U.S. Census Bureau

Education & Poverty Statistics	Ottawa County		Ohio
Educational Attainment (Age 65+)	Number	%	%
<i>Less than High School Diploma</i>	1,295	12.6%	12.9%
<i>High School Graduate/GED</i>	3,946	38.4%	39.6%
<i>Some College/Associate's Degree</i>	2,622	25.5%	24.6%
<i>Bachelor's Degree or Higher</i>	2,414	23.5%	23.0%
Living Below Poverty	Number	%	%
<i>Age 60-74</i>	609	6.4%	9.0%
<i>Age 75-84</i>	201	7.2%	8.5%
<i>Age 85+</i>	74	5.8%	10.2%
Total Age 60+	884	6.5%	9.0%
Median Household Income (Age 65+)	\$46,053		\$43,386

Source: U.S. Census Bureau

Employment Among Older Adults (Age 60+) in Ottawa County

More than **1 in 4** Americans age 60+ have personally experienced **age-related job discrimination**.



Source: Seniorliving.org, (2020), *Age Discrimination annual study*

Source: U.S. Census Bureau



LGBTQ+ Older Adults

4,505

LGBTQ+ adults age 60 and over in the AOoA Region



LGBTQ+ seniors have higher rates of **disability, depression and loneliness.**



LGBTQ+ seniors **avoid seeking out services** due to fear of discrimination.



Source: CCS Estimate based on Gallup and U.S. Census Bureau; Fredriksen Goldsen (2018), *Shifting Social Context in the Lives of LGBTQ Older Adults*

Grandparent Caregivers



359

AOoA region **grandparents** are **responsible for the care of their grandchildren.**



Grandparents who raise their grandchildren are **almost three times as likely to be food insecure** than older adults who are not raising grandchildren.

Source: U.S. Census Bureau; Ziliak, Gundersen (2022), *The State of Senior Hunger in America 2020*

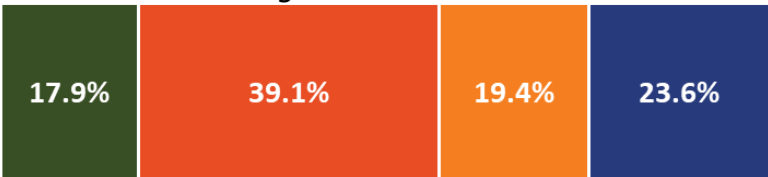
Elder Abuse

Research shows that most elder abuse goes unreported. The estimate here likely represents only a fraction of elder abuse in the Northwest Ohio region.



2,531

AOoA region **reports of abuse, neglect and exploitation.**



Abuse

Self-Neglect

Neglect

Exploitation

Source: Community Solutions estimate based on ODJFS APS data (2020); U.S. Census Bureau

Source: ODJFS APS Data Fact Sheet (2020)

3 Biggest Expenses in Retirement

While many worry about the cost of health care as they age, housing accounts for an average of 36.2% of expenses for adults 65+, and transportation costs slightly exceed health care at 13.7% and 13.5% in 2021.

Source: Consumer Expenditure Surveys (2021)



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57% Adults 60+ in the AOoA Region live in an **urban area.**



43% Adults 60+ in the AOoA Region live in a **rural area.**

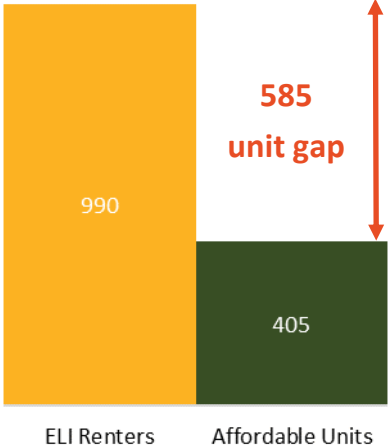
Affordable Housing in Ottawa County

Over **1-in-4** older adult (age 65+) households (**26%**) live in **unaffordable housing.**



Housing is considered unaffordable if the costs, including utilities, are more than 30% of household income.

93 Ottawa County **older adults** (age 62+) households rely on **housing subsidies**, including public housing, Supportive Housing for the Elderly (202), and the Housing Choice Voucher Program.



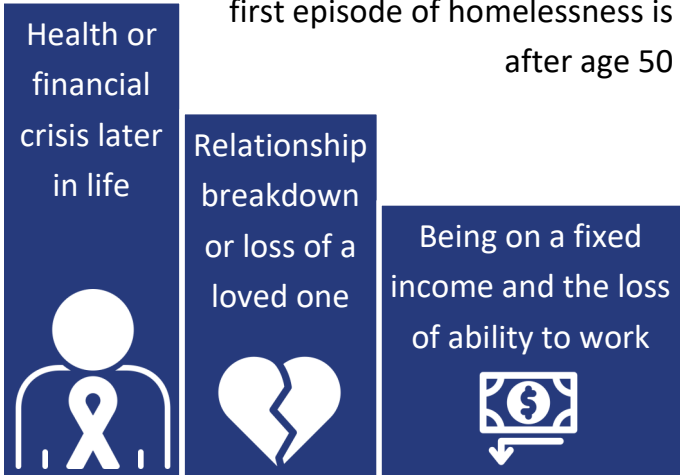
There are **only 41 affordable** and available housing units **per every 100** extremely low-income (ELI) renters in Ottawa County.

A renter is considered ELI if their income is less than or equal to 30% of Area Median Income.

Source: U.S. Census Bureau; Community Solutions estimate based on HUD data (2021); Ohio Housing Finance Agency, *FY 2021 Housing Needs Assessment*.

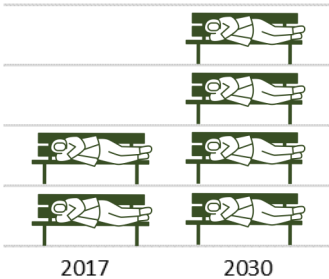
Homelessness Among Older Adults in the AOoA Region

The top causes of homelessness in adults whose first episode of homelessness is after age 50



In Ohio between 2012 to 2018, the largest increase in accessing homeless services was in the **age group 65+** which grew **208%**.

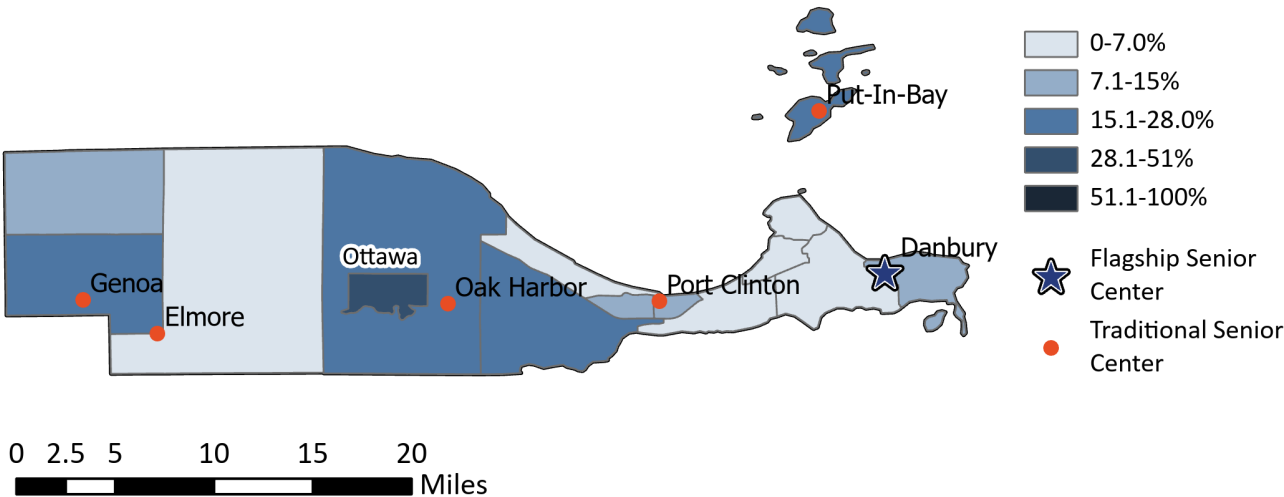
The number of **homeless adults age 60+** will **double** from 2017 to 2030.



Source: Ohio Housing Finance Agency, (2021). *Confronting Homelessness: Homelessness in Ohio 2012-2018*; Culhane, (2020). *The emerging crisis of aged homelessness*; Generations American Society on Aging (2022). *Causes of Homelessness Among Elders and How We Might Eliminate 'Homeism'*.

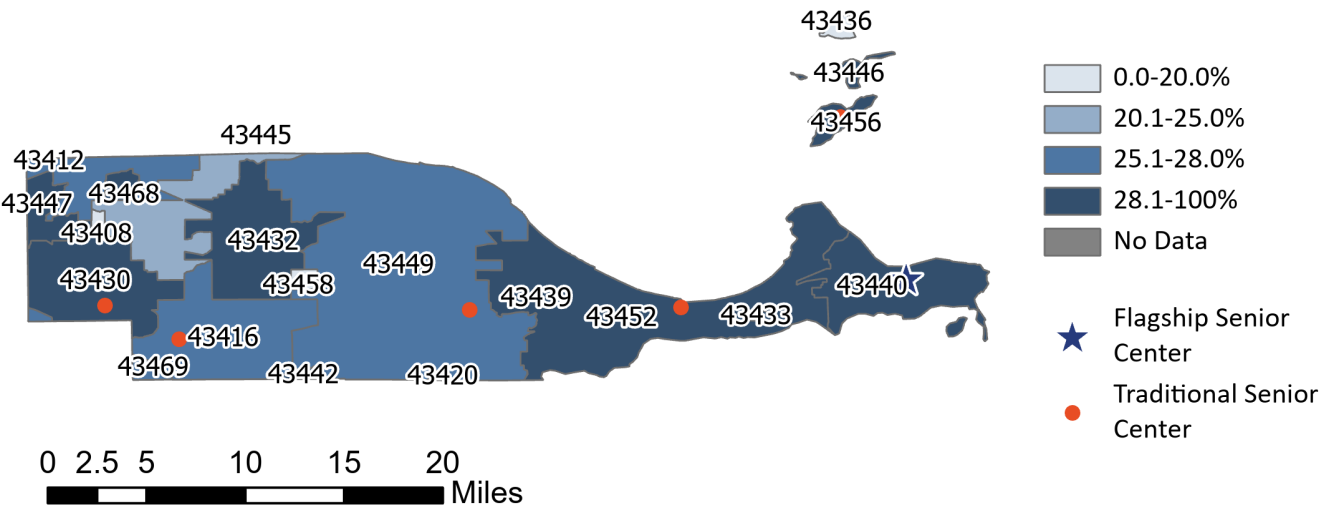


Percent of Ottawa County Age 65+ Below 125% of the Federal Poverty Level by Census Tracts



Source: American Community Survey Data 2020 5-year estimates

Percent of Population 60+ in Ottawa County by Zip Codes



Source: American Community Survey Data 2020 5-year estimates

The Area Office on Aging of Northwestern Ohio, Inc. promotes the health, well-being and safety of older adults, persons with disabilities and family caregivers to foster independence. For more data on northwest Ohio older adults, and information about services that are available to them, please contact the Area Office on Aging.

(419) 382-0624 www.AreaOfficeOnAging.com

