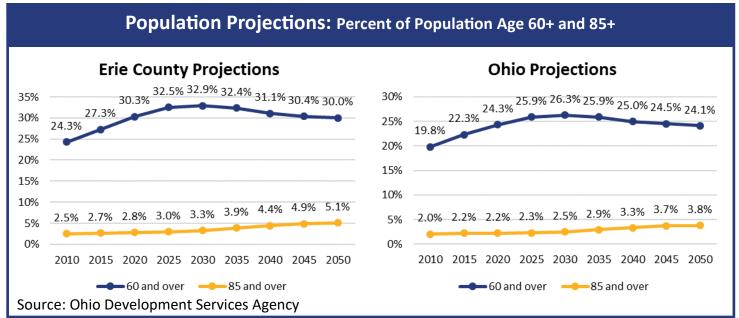
For the purposes of this report, "Older Adults" are defined as those age 60 and over, unless otherwise noted. All indicators use data for Erie County, unless local data was unavailable. In that case, it is noted that regional, state or national data is presented.



Demographics	Erie County 21,921		Ohio 2,769,796
Total Number of Older Adults (Age 60+)			
Sex	Number	%	%
Female	11,689	53.3%	51.0%
Male	10,232	46.7%	49.0%
Race/Ethnicity (Age 65+)	Number	%	%
White	14,888	92.0%	88.2%
Black/African American	947	5.9%	8.9%
Asian/Asian American	56	0.3%	1.2%
Other Race/More than One Race	293	1.8%	1.7%
Hispanic/Latinx Ethnicity	222	1.4%	1.4%
Age Range	Number	%	%
Age 60-64	5,737	7.7%	6.7%
Age 65-74	9,250	12.4%	9.9%
Age 75-84	4,807	6.5%	4.9%
Age 85+	2,127	2.9%	2.2%

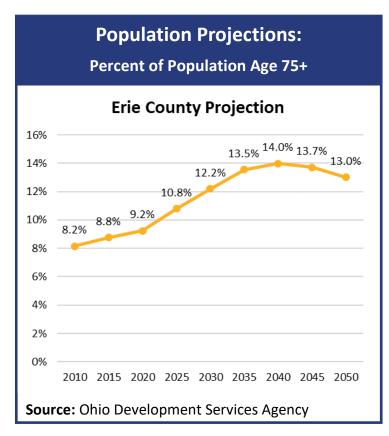
Source: U.S. Census Bureau American Community Survey 2016-2020 5-Year Estimates (henceforth U.S. Census Bureau)

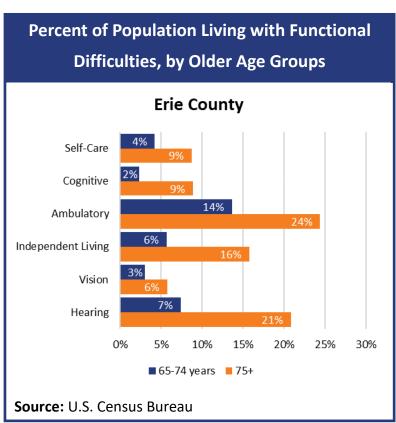


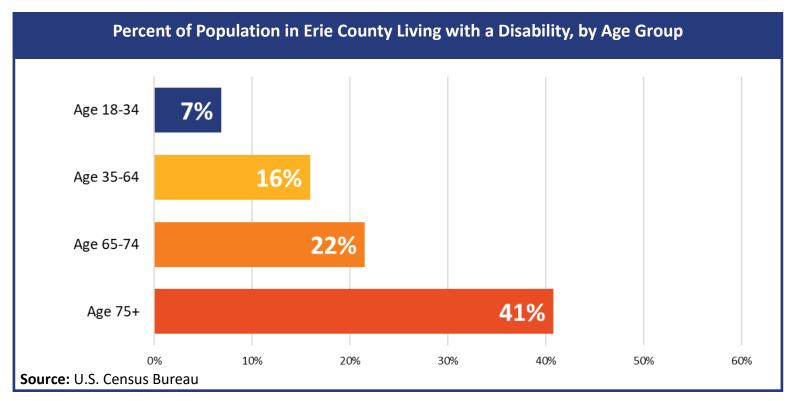
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Area Office on Aging of Northwestern Ohio, Inc.

As people age, they become increasingly likely to have a **disability**, which means they will probably need **assistance with activities of daily living**.







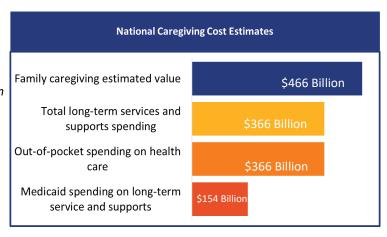


The average family caregiver spends

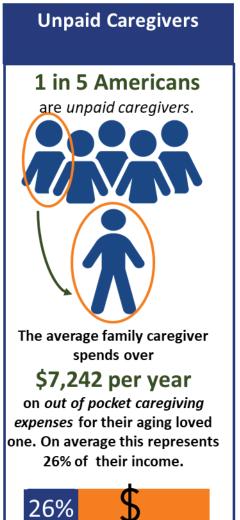
#### 24 hours per week

on unpaid caregiving

**Source:** AARP, *Caregiv*ing Out-Of-Pocket Costs Study, 2021; AARP and National Alliance for Caregiving, Caregiving in the U.S., 2020; AARP, Valuing the Invaluable: Understanding the Contributions of Family Caregivers, 2019; and PHI, Understanding the Direct Care Workforce,







Socially isolated older adults are at increased risk of experiencing serious health conditions

Dementia

50% Stroke 32% **Heart Disease** 

29%

Source: National Academies of Sciences, Engineering, and Medicine, (2020). Social Isolation and Loneliness in Older Adults:







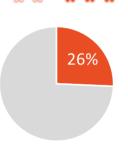
2-in-5 older adults report feeling lonely.

More than

26% of older adults (age

65+) in

Erie County live alone.



Source: U.S. Census Bureau

## 2 out of 5 older Northwest Ohioans can't afford



Income of Erie County Older Adults (65+)



Source: CCS Estimates based on U.S. Census Bureau data

1,416

Of those who are likely eligible for Medicaid, only **1,416** Erie county older adults (age 65+) receive **Medicaid**, accounting for **15%** of the population in that age group.

Source: Ohio Department of Medicaid, U.S. Census

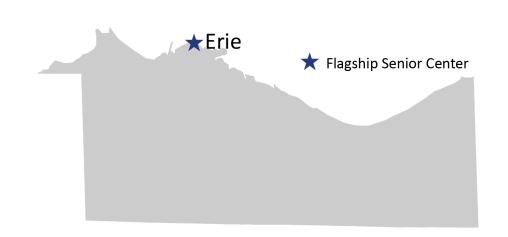
#### **Erie County Senior Centers and Meal Sites**



2,602

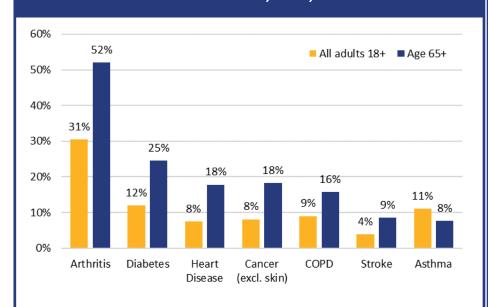
At least this many adults are served through the Area Office on Aging and its service providers in Erie County.

Source: AOoA



# Area Office on Aging of Northwestern Ohio, Inc.

## Chronic Disease: Prevalence of Adults Ever Diagnosed with Chronic Diseases, Ohio, 2019

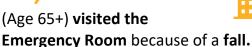


**Source:** Ohio Department of Health (ODH)

#### **Falls**



75,091 Older Ohioans



1,490 Older Ohioans (Age 65+) died as a result of a fall.



#### Hunger



About 7% of AOoA Region older adults (age 60+), 15,738 total, are food insecure.

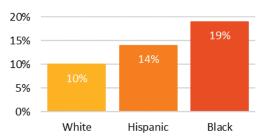
14,288 Older adult households (with a person age 60+) received SNAP benefits.

Source: U.S. Census

#### Alzheimer's Disease

**20,109** individuals age 65+ in the AOoA region are estimated to have been diagnosed with Alzheimer's or dementia. This is likely an underestimate.

> Alzheimer's dementia prevalence by race for adults age 65+



**Source:** Alzheimer's Association, 2022 Alzheimer's Disease Facts and Figures; CCS Estimate based on Journal of Public Health, Dementia in the USA: State Variation in Prevalence.

### **Drug Overdoses**

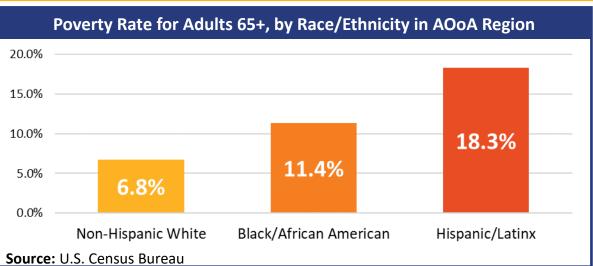
189 Unintentional drug overdose deaths in **Ohio** in 2020 for persons age 65+. This is twice the number of unintentional drug overdose deaths for persons age 65+ in Ohio in 2016.

overdoses in **Erie County** in 2021 for persons age 65+.

43 Estimated drug overdose emergency visits by adults age 55+ in Erie County in 2021.



Source: ODH





Education & Poverty Statistics	Erie County		Ohio
Educational Attainment (Age 65+)	Number	%	%
Less than High School Diploma	1,785	11.0%	12.9%
High School Graduate/GED	6,510	40.2%	39.6%
Some College/Associate's Degree	4,393	27.1%	24.6%
Bachelor's Degree or Higher	3,496	21.6%	23.0%
Living Below Poverty	Number	%	%
Age 60-74	844	5.7%	9.0%
Age 75-84	355	7.6%	8.5%
Age 85+	101	5.3%	10.2%
Total Age 60+	1,300	6.1%	9.0%
Median Household Income (Age 65+)	\$45,892		\$43,386

Source: U.S. Census Bureau

#### **Employment Among Older Adults (Age 60+) in Erie County** 100% More than 1 in 4 Americans age 60+ 90% have personally experienced age-80% 70% related job discrimination. 1% 60% 50% 40% 2% 1% 30% 58% 1% 20% 33% 1% 28% 10% 17% 8% 0% Age 60-64 Age 65-69 Age 70-74 Age 75+ Total Age 60+ ■ Unemployed ■ Not Looking for Work Source: Seniorliving.org, (2020), Age Source: U.S. Census Bureau Discrimination annual study



#### **LGBTQ+ Older Adults**

4,505

LGBTQ+ adults age 60 and over in the AOoA Region



LGBTQ+ seniors
have higher rates of
disability,
depression and
loneliness.



LGBTQ+ seniors avoid seeking out services due to fear of discrimination.





**Source:** CCS Estimate based on Gallup and U.S. Census Bureau; Fredriksen Goldsen (2018), *Shifting Social Context in the Lives of LGBTQ Older Adults* 

#### **Grandparent Caregivers**



**590** 

Erie County grandparents are responsible for the care of their grandchildren.



Grandparents who raise their grandchildren are almost three times as likely to be food insecure than older adults who are not raising grandchildren.

Source: U.S. Census Bureau; Ziliak, Gundersen (2022), The State of Senior Hunger in America 2020

#### **Elder Abuse**

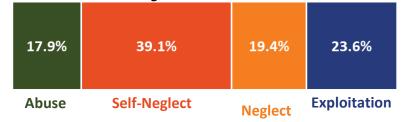
Research shows that most elder abuse goes unreported. The estimate here likely represents only a fraction of elder abuse in the Northwest Ohio region.



2,531

AOoA region reports of abuse, neglect and exploitation.

**Source:** Community Solutions estimate based on ODJFS APS data (2020); U.S. Census Bureau



**Source:** ODJFS APS Data Fact Sheet (2020)

#### **3 Biggest Expenses in Retirement**

While many worry about the cost of health care as they age, housing accounts for an average of 36.2% of expenses for adults 65+, and transportation costs slightly exceed health care at 13.7% and 13.5% in 2021.

**Source:** Consumer Expenditure Surveys (2021)









**57%** Adults 60+ in the AOoA Region live in an urban area.



**43%** Adults 60+ in the AOoA Region live in a rural area.



#### **Affordable Housing in Erie County**

Over 1-in-4 older adult (age 65+)households (26%) live in unaffordable housing.

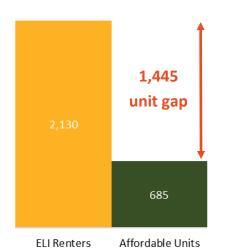


Housing is considered unaffordable if the costs, including utilities, are more than 30% of household income.

407 Erie County older adults (age 62+)

households rely on housing subsidies, including public housing, Supportive Housing for the Elderly (202), and the Housing Choice Voucher Program.





There are only 32 affordable and available housing units per every 100 extremely lowincome (ELI) renters in Erie County.

A renter is considered ELI if their income is less than or equal to 30% of Area Median Income.

Source: U.S. Census Bureau; Community Solutions estimate based on HUD data (2021); Ohio Housing Finance Agency, FY 2021 Housing Needs Assessment.

#### Homelessness Among Older Adults in the AOoA Region

The top causes of homelessness in adults whose

Health or financial crisis later first episode of homelessness is after age 50

Relationship in life breakdown or loss of a loved one

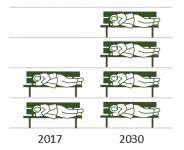
Being on a fixed income and the loss of ability to work





In Ohio between 2012 to 2018, the largest increase in accessing homeless services was in the age group 65+ which grew 208%.

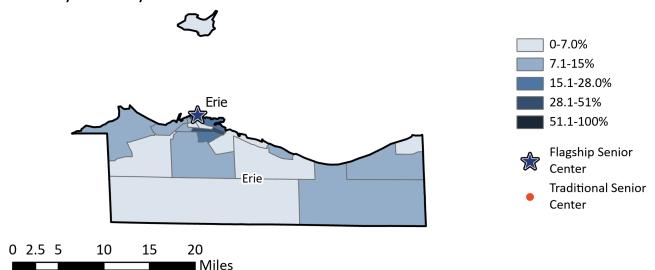
The number of homeless adults age 60+ will double from 2017 to 2030.



Source: Ohio Housing Finance Agency, (2021). Confronting Homelessness: Homelessness in Ohio 2012-2018; Culhane, (2020). The emerging crisis of aged homelessness; Generations American Society on Aging (2022). Causes of Homelessness Among Elders and How We Might Eliminate 'Homeism".

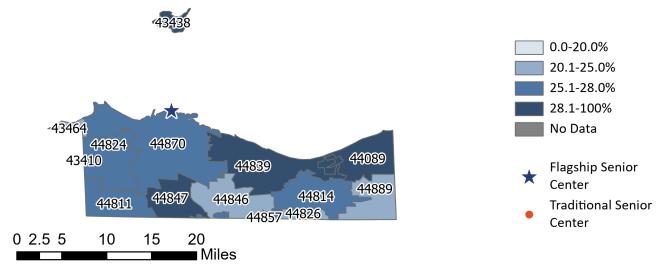


Percent of Erie County Age 65+ Below 125% of the Federal Poverty Level by Census Tracts



Source: American Community Survey Data 2020 5-year estimates

#### Percent of Population 60+ in Erie County by Zip Codes



Source: American Community Survey Data 2020 5-year estimates

The Area Office on Aging of Northwestern Ohio, Inc. promotes the health, well-being and safety of older adults, persons with disabilities and family caregivers to foster independence. For more data on northwest Ohio older adults, and information about services that are available to them, please contact the Area Office on Aging.





(419) 382-0624 www.AreaOfficeOnAging.com