

# Child Traumatic Stress Workshop for Kinship, Foster and Adoptive Parents

## Caring For Children Who Have Experienced Trauma

### Please Join Us

We invite you to attend the Child Traumatic Stress Workshop for foster, adoptive and kinship caregivers sponsored in partnership with the **Area Office on Aging Kinship Navigator Program**.

Workshop led by Sophia Center's trauma expert Diane Sweinhagen, LPCC-S and Cassandra Quinn, BA, foster and adoptive parent.

#### Building Support For Kinship Caregivers

Through this series, caregivers will learn about the impact of trauma on development and behavior of children in kinship, foster or adoptive parent care and gain the following knowledge and skills:

- Respond appropriately to behavioral and emotional challenges of traumatized children
- Help traumatized children develop healthy attachments
- Help traumatized children recognize and develop their strengths
- Help traumatized children develop coping strategies
- Take care of themselves and seek support from others

#### Kinship Navigator Program contact:

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### Free

### Three-Part Series:

**Fridays  
August 7th,  
14th, 21st,  
2026**

**9:30am - 2:30pm**

#### Location:

**Toledo Lucas County  
Public Library- Main  
325 N. Michigan St.  
Toledo, OH 43604**

**Sign Up Today!  
To REGISTER**

**Call the  
Kinship Navigator  
Program at:**

**(419) 490-2942 or  
(419) 725-6900**

