

Child Traumatic Stress Workshop for Kinship, Foster, and Adoptive Parents

CARING FOR CHILDREN

Who Have Experienced Trauma

Presenters:

Diane Sweinhagen MA, LPCC-S and
Cassandra Quinn BA, 30+ years Foster Parent

Who is this for?

Any kinship, foster, adoptive, or legal guardianship parents.

How do the classes work?

The course is broken up into three weekly sessions that cover trauma-informed parenting through a combination of research-based content and activities, as well as group discussion. Lunch and a certificate of completion for 12 contact-hours will be provided.

Why is trauma-informed parenting important?

Caring for children who have experienced trauma can be challenging! It is also very rewarding and with the right knowledge and tools to address the impact of trauma, caregivers can help their children build resilience and thrive in all aspects of life.

Some of the topics covered will be:

- Responding appropriately to behavioral & emotional challenges
- Help traumatized children develop healthy attachments
- Help traumatized children develop coping strategies
- Help traumatized children recognize & develop their strengths
- Build support for kinship caregivers by ways to take care of themselves and seeking support from others

What happens after I/we sign up?

After enrolling, we will reach out to conduct a brief phone screening to answer your questions, and to make sure this is the right class for your family.

Gift card incentive provided by Sophia Center for completing all 3 sessions!

Free 3-Part Series
Friday's August 7th,
14th, 21st, 2026

9:30am-2:30pm

Lunch Provided!

Main Branch Library

325 Michigan St.

Toledo, OH 43604

REGISTER TODAY!
CONTACT THE AOoA
KINSHIP NAVIGATOR
PROGRAM

(419) 490-2942 OR (419) 725-6900



The Kinship Navigator Program is supported by the Area Office on Aging, Lucas County Children Services, Lucas County Department of Job & Family Services, & the OneOhio Recovery Foundation.

