

AOoA Region Profile of Older Adults, 2022

1

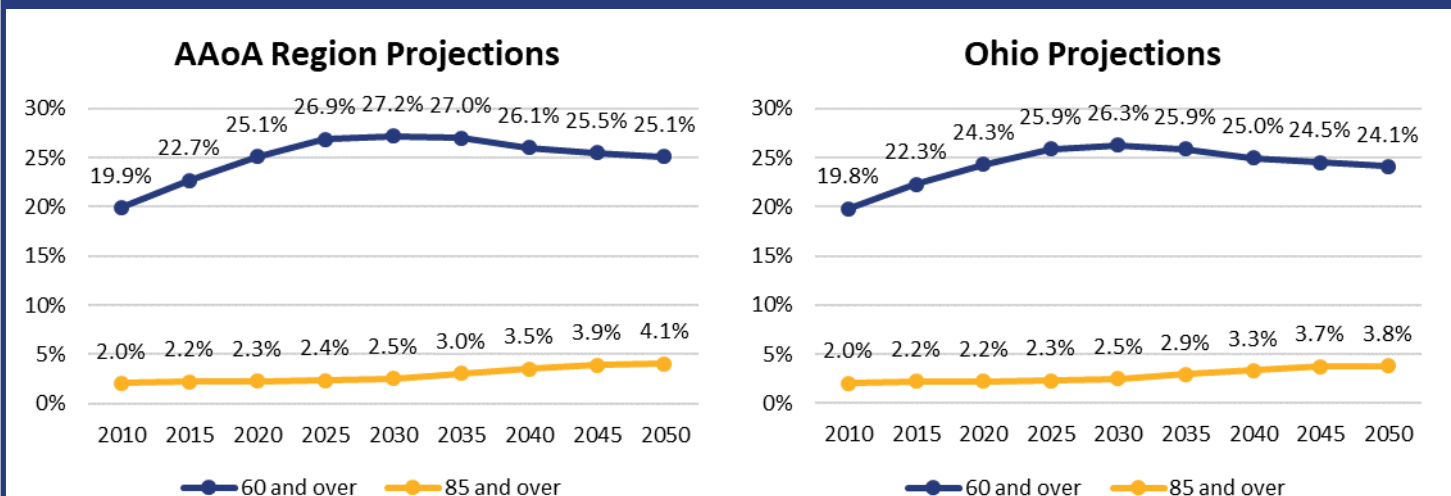


For the purposes of this report, “Older Adults” are defined as those age 60 and over, unless otherwise noted. All indicators use data for the 10-County Area Office on Aging of Northwestern Ohio, Inc. (AOoA) region, unless local data was unavailable. In that case, it is noted that regional, state or national data is presented.

Demographics	AOoA Region		Ohio
Total Number of Older Adults (Age 60+)	218,585		2,769,796
Sex	Number	%	%
Female	119,354	54.6%	51.0%
Male	99,231	45.4%	49.0%
Race/Ethnicity (Age 65+)	Number	%	%
White	141,371	89.9%	88.2%
Black/African American	11,135	7.1%	8.9%
Asian/Asian American	1,236	0.8%	1.2%
Other Race/More than One Race	3,648	2.2%	1.7%
Hispanic/Latinx Ethnicity	4,423	2.8%	1.4%
Age Range	Number	%	%
Age 60-64	61,195	6.8%	6.7%
Age 65-74	91,949	10.2%	9.9%
Age 75-84	45,601	5.1%	4.9%
Age 85+	19,840	2.2%	2.2%

Source: U.S. Census Bureau American Community Survey 2016-2020 5-Year Estimates (henceforth U.S. Census Bureau)

Population Projections: Percent of Population Age 60+ and 85+



Source: Ohio Development Services Agency

AOoA Region Profile of Older Adults, 2022

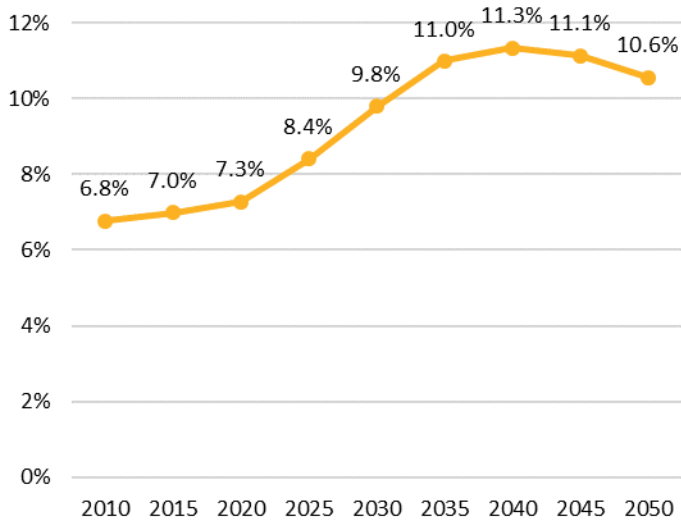
2

As people age, they become increasingly likely to have a **disability**, which means they will probably need **assistance with activities of daily living**.



Population Projections: Percent of Population Age 75+

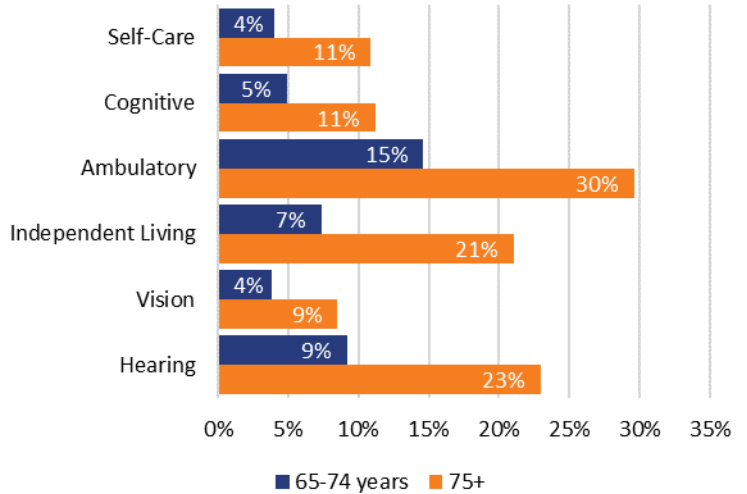
AOoA Region Projection



Source: Ohio Development Services Agency

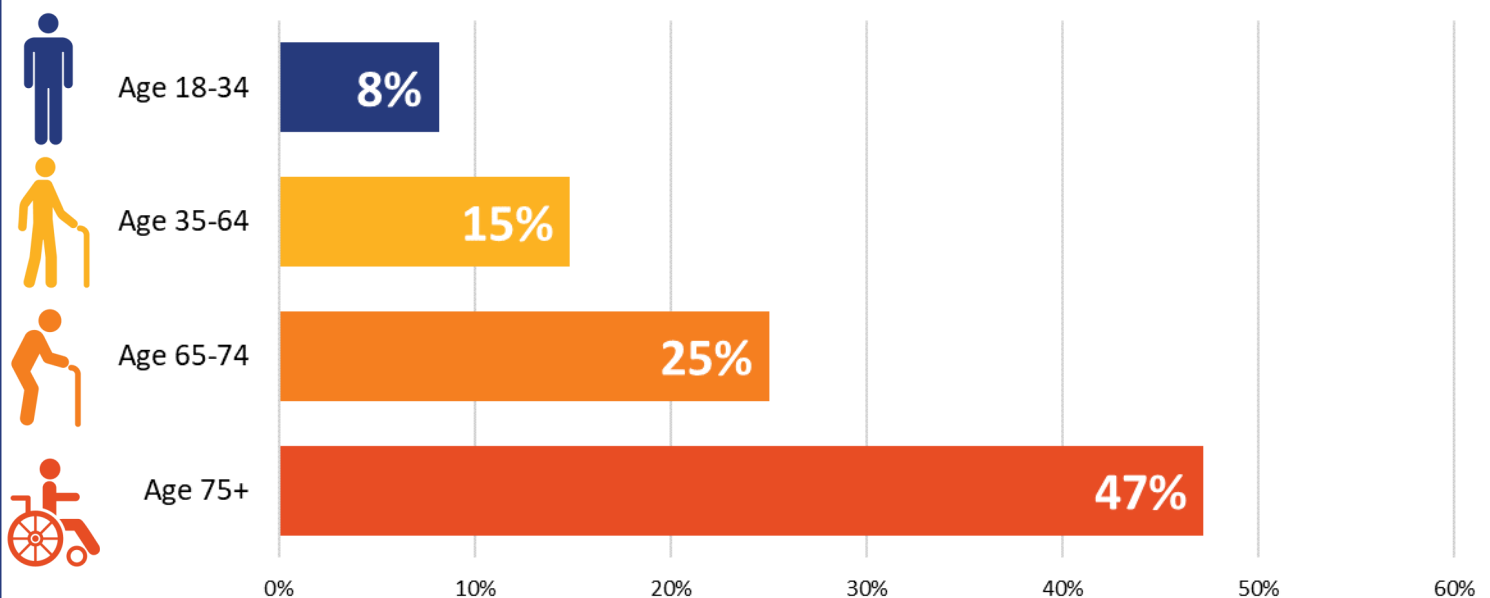
Percent of Population Living with Functional Difficulties, by Older Age Groups

AOoA Region



Source: U.S. Census Bureau

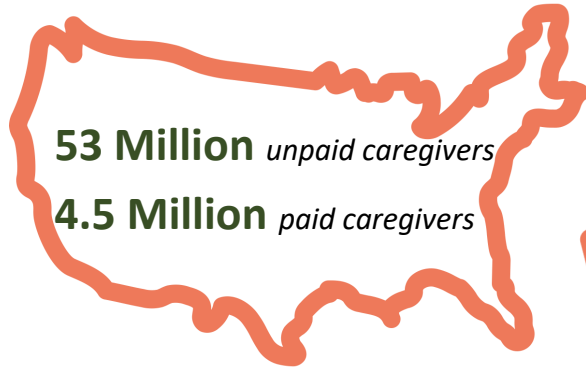
Percent of Population in AOoA Region Living with a Disability, by Age Group



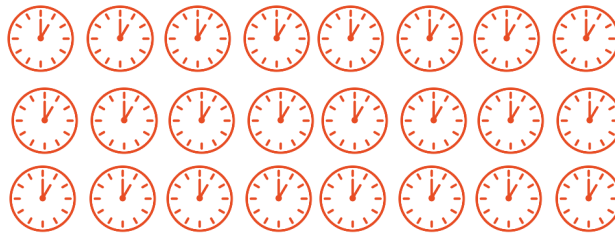
Source: U.S. Census Bureau

AOoA Region Profile of Older Adults, 2022

3



The average family caregiver spends
24 hours per week
on unpaid caregiving activities.

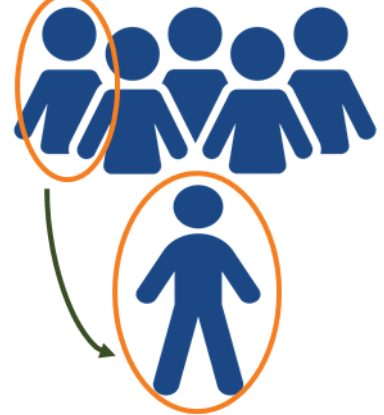


Source: AARP, *Caregiving Out-Of-Pocket Costs Study, 2021*; AARP and National Alliance for Caregiving, *Caregiving in the U.S., 2020*; AARP, *Valuing the Invaluable: Understanding the Contributions of Family Caregivers, 2019*; and PHI, *Understanding the Direct Care Workforce*,

National Caregiving Cost Estimates	
Family caregiving estimated value	\$466 Billion
Total long-term services and supports spending	\$366 Billion
Out-of-pocket spending on health care	\$366 Billion
Medicaid spending on long-term service and supports	\$154 Billion

Unpaid Caregivers

1 in 5 Americans are unpaid caregivers.



The average family caregiver spends over
\$7,242 per year
on out of pocket caregiving expenses for their aging loved one. On average this represents 26% of their income.



Socially isolated older adults are at increased risk of experiencing serious health conditions

Dementia
50%

Stroke
32%

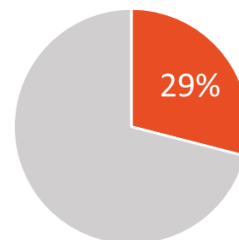
Heart Disease
29%



1-in-4 older adults



More than
2-in-5 older adults
report feeling lonely.



29% of older adults (age 65+) in the AOoA Region live alone.

Source: U.S. Census Bureau

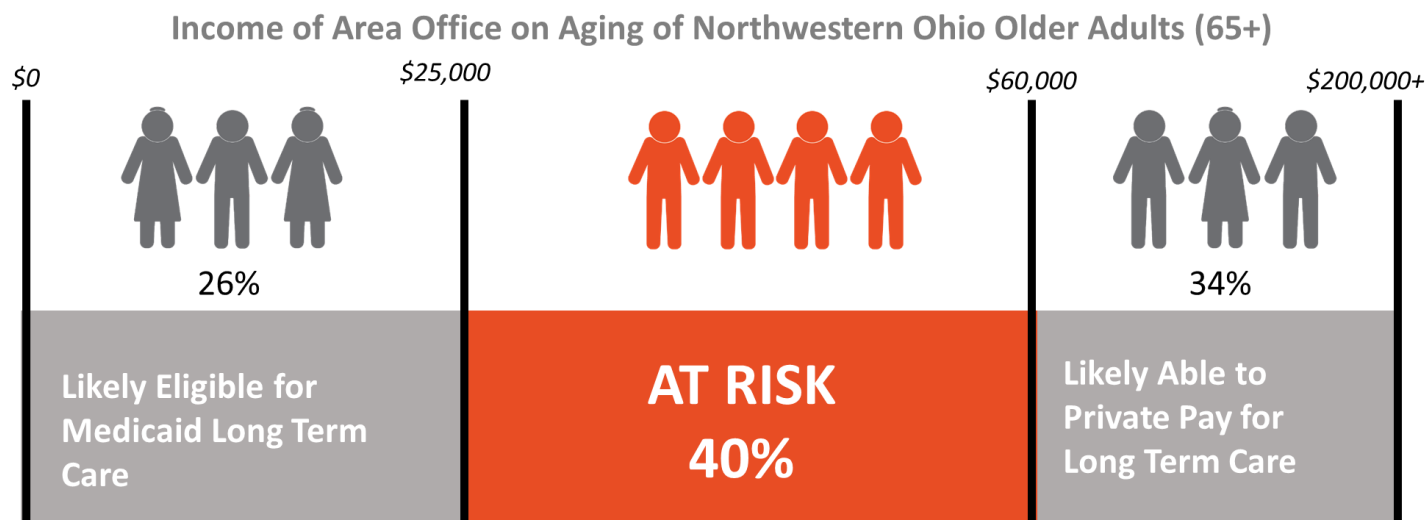
Source: National Academies of Sciences, Engineering, and Medicine, (2020). *Social Isolation and Loneliness in Older Adults: Opportunities for the Health Care System*.

AOoA Region Profile of Older Adults, 2022

4



2 out of 5 older Northwest Ohioans can't afford



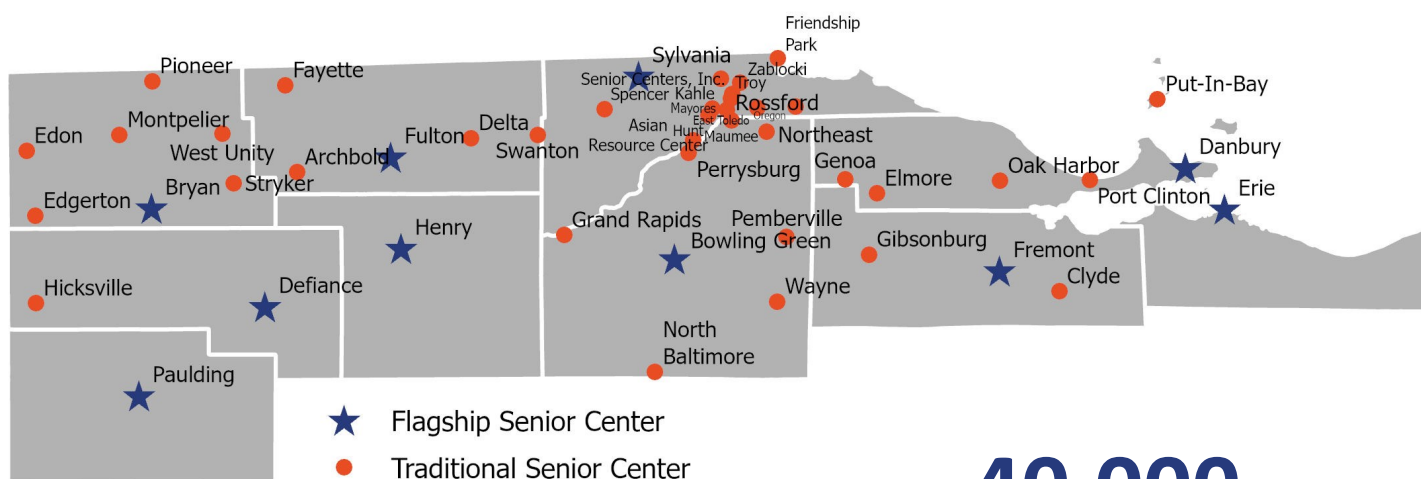
Source: CCS Estimates based on U.S. Census Bureau data

17,665

Of those who are likely eligible for Medicaid, only **17,665** AOoA Region older adults (age 65+) receive **Medicaid**, accounting for **18%** of the population in that age group.

Source: Ohio Department of Medicaid, U.S. Census

Area Office on Aging of Northwestern Ohio Senior Centers and Meal Sites

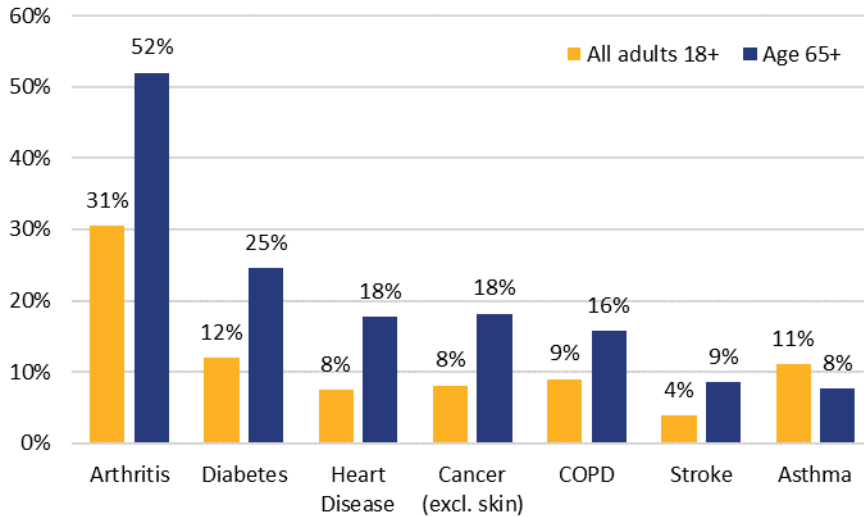


40,000

Approximate number of older adults who are served through the Area Office on Aging and its service providers.

Source: AOoA

Chronic Disease: Prevalence of Adults Ever Diagnosed with Chronic Diseases, Ohio, 2019

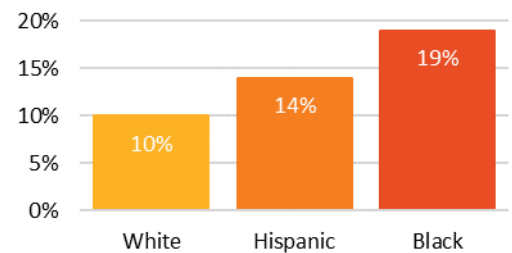


Source: Ohio Department of Health (ODH)

Alzheimer's Disease

20,109 individuals age 65+ in the AOoA region are estimated to have been diagnosed with **Alzheimer's** or **dementia**. This is likely an underestimate.

Alzheimer's dementia prevalence by race for adults age 65+



Source: Alzheimer's Association, 2022 *Alzheimer's Disease Facts and Figures*; CCS Estimate based on Journal of Public Health, *Dementia in the USA: State Variation in Prevalence*.

Falls



75,091 Older Ohioans (Age 65+) **visited the Emergency Room** because of a **fall**.



1,490 Older Ohioans (Age 65+) **died as a result of a fall**.



Source: ODH

Hunger



About **7%** of AOoA Region older adults (age 60+), **15,738** total, are **food insecure**.

14,288 Older adult households (with a person age 60+) received **SNAP** benefits.

Source: U.S. Census

Drug Overdoses

189 Unintentional drug overdose deaths in **Ohio** in 2020 for persons age 65+. This is twice the number of unintentional drug overdose deaths for persons age 65+ in Ohio in 2016.

73 overdoses in the **AOoA Region** in 2021 for persons age 65+.

408 Estimated drug overdose emergency visits by **AOoA Region** adults age 55+ in 2021.



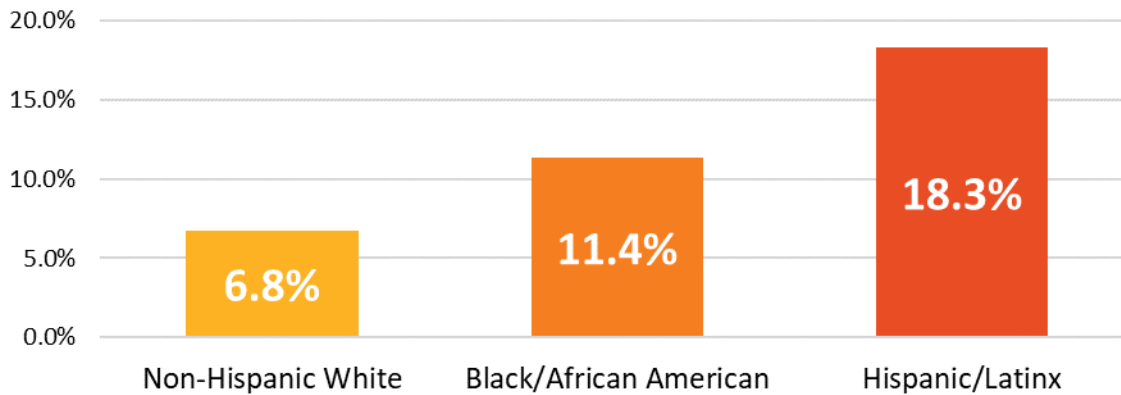
Source: ODH

AOoA Region Profile of Older Adults, 2022

6



Poverty Rate for Adults 65+, by Race/Ethnicity in AOoA Region



Source: U.S. Census Bureau

Education & Poverty Statistics

Educational Attainment (Age 65+)

	Number	%	Ohio %
<i>Less than High School Diploma</i>	19,897	12.6%	12.9%
<i>High School Graduate/GED</i>	62,676	39.8%	39.6%
<i>Some College/Associate's Degree</i>	41,520	26.4%	24.6%
<i>Bachelor's Degree or Higher</i>	33,297	21.2%	23.0%

Living Below Poverty

	Number	%	%
<i>Age 60-74</i>	13,061	8.6%	9.0%
<i>Age 75-84</i>	3,477	7.9%	8.5%
<i>Age 85+</i>	1,839	10.6%	10.2%
<i>Total Age 60+</i>	18,377	8.7%	9.0%

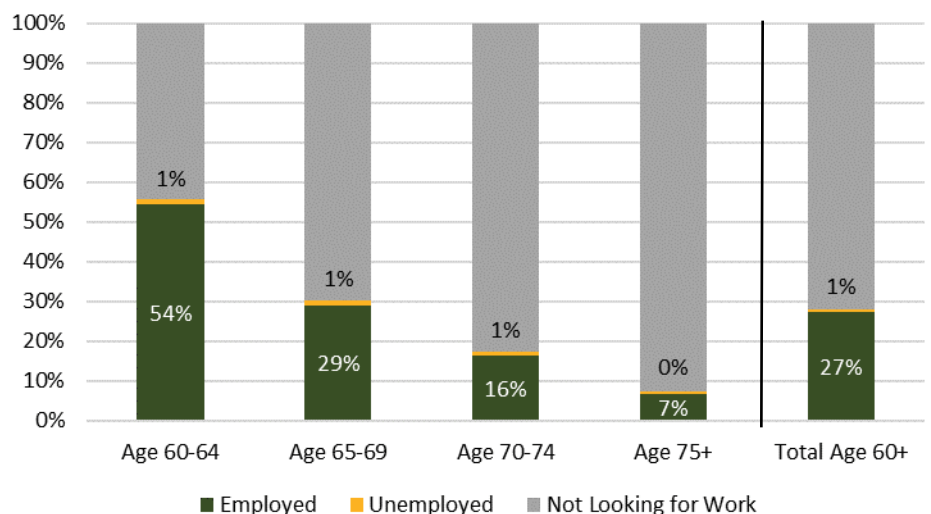
Median Household Income (Age 65+)

	not available	\$43,386
--	---------------	----------

Source: U.S. Census Bureau

Employment Among Older Adults (Age 60+) in the AOoA Region

More than **1 in 4** Americans age 60+ have personally experienced **age-related job discrimination**.



Source: Seniorliving.org, (2020), *Age Discrimination annual study*

Source: U.S. Census Bureau

AOoA Region Profile of Older Adults, 2022

7



LGBTQ+ Older Adults

4,505

LGBTQ+ adults age 60 and over in the AOoA Region



LGBTQ+ seniors have higher rates of **disability, depression and loneliness.**



LGBTQ+ seniors **avoid seeking out services** due to fear of discrimination.



Source: CCS Estimate based on Gallup and U.S. Census Bureau; Fredriksen Goldsen (2018), *Shifting Social Context in the Lives of LGBTQ Older Adults*

Grandparent Caregivers



6,988

AOoA region **grandparents** are **responsible for the care of their grandchildren.**



Grandparents who raise their grandchildren are **almost three times as likely to be food insecure** than older adults who are not raising grandchildren.

Source: U.S. Census Bureau; Ziliak, Gundersen (2022), *The State of Senior Hunger in America 2020*

Elder Abuse

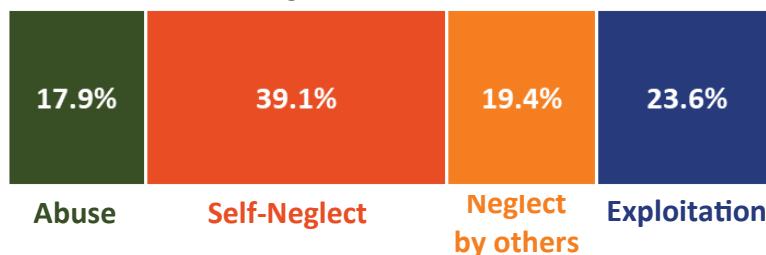
Research shows that most elder abuse goes unreported. The estimate here likely represents only a fraction of elder abuse in the Northwest Ohio region.



2,531

AOoA region **reports of abuse, neglect and exploitation.**

Source: Community Solutions estimate based on ODJFS APS data (2020); U.S. Census Bureau



Source: ODJFS APS Data Fact Sheet (2020)

3 Biggest Expenses in Retirement

While many worry about the cost of health care as they age, housing accounts for an average of 36.2% of expenses for adults 65+, and transportation costs slightly exceed health care at 13.7% and 13.5% in 2021.

Source: Consumer Expenditure Surveys (2021)



A0oA Region Profile of Older Adults, 2022

8



57% Adults 60+ in the A0oA Region live in an **urban area**.



43% Adults 60+ in the A0oA Region live in a **rural area**.



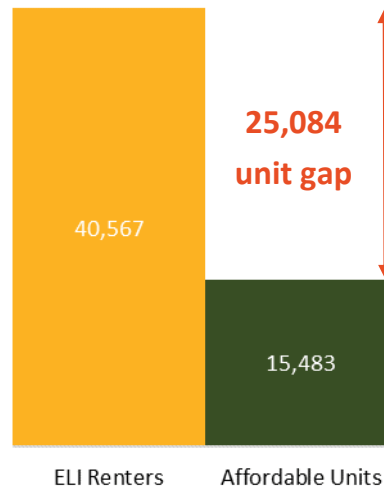
Affordable Housing in the A0oA Region

Over **1-in-4** older adult (age 65+) households (**26%**) live in **unaffordable housing**.



Housing is considered unaffordable if the costs, including utilities, are more than 30% of household income.

4,430 A0oA region **older adults** (age 62+) households rely on **housing subsidies**, including public housing, Supportive Housing for the Elderly (202), and the Housing Choice Voucher Program.



25,084
unit gap

There are **only 38** affordable and available housing units **per every 100** extremely low-income (ELI) renters in the A0oA Region.

A renter is considered ELI if their income is less than or equal to 30% of Area Median Income.

Source: U.S. Census Bureau; Community Solutions estimate based on HUD data (2021); Ohio Housing Finance Agency, *FY 2021 Housing Needs Assessment*.

Homelessness Among Older Adults in the A0oA Region

The top causes of homelessness in adults whose first episode of homelessness is after age 50

Health or financial crisis later in life



Relationship breakdown or loss of a loved one

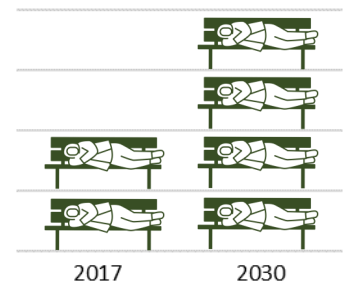


Being on a fixed income and the loss of ability to work



In Ohio between 2012 to 2018, the largest increase in accessing homeless services was in the **age group 65+** which grew **208%**.

The number of **homeless adults age 60+** will **double** from 2017 to 2030.



Source: Ohio Housing Finance Agency, (2021). *Confronting Homelessness: Homelessness in Ohio 2012-2018*; Culhane, (2020). *The emerging crisis of aged homelessness*; Generations American Society on Aging (2022). *Causes of Homelessness Among Elders and How We Might Eliminate 'Homeism'*.

AOoA Region Profile of Older Adults, 2022

9

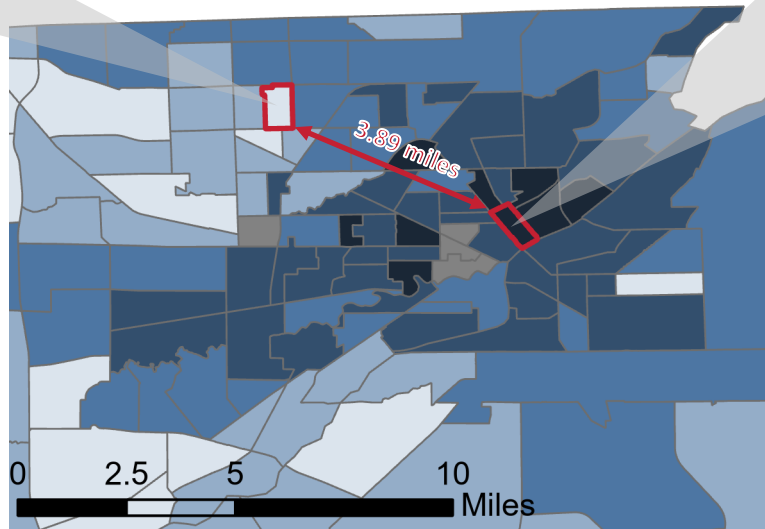


Not everyone has an equal opportunity to live a long and healthy life, as is evidenced by the wide disparities in life expectancy throughout the AOoA Region. The conditions in the community in which one lives influence overall health and life expectancy, and are called **social determinants of health**.

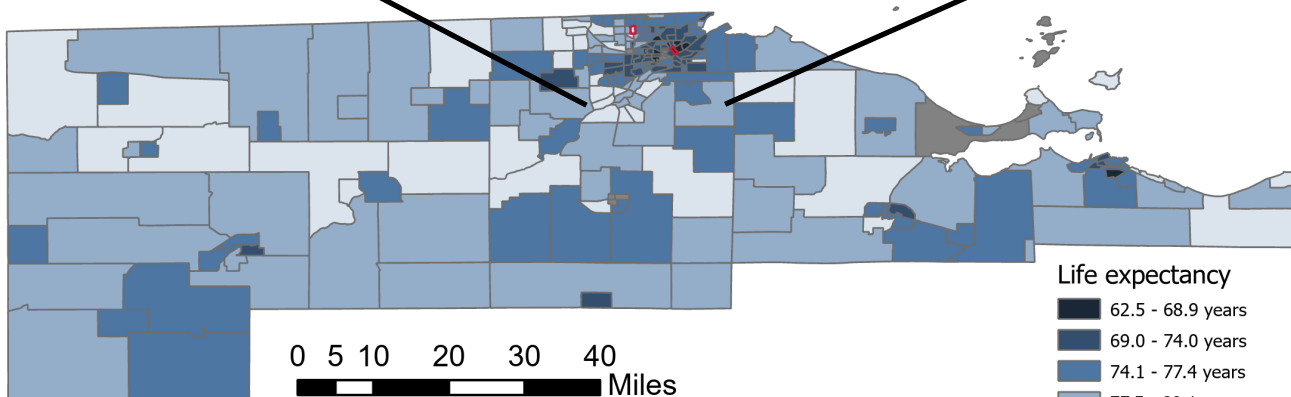
Lucas County Census Tract 61	Indicator		Lucas County Census Tract 29
84.4 years		Life Expectancy	62.5 years
\$67,911		Median Household Income	\$9,528
14.7%		Percent of adults 65+ below poverty level	70.0%
4.5%		No health insurance coverage	11.5%
4.8%		Unemployment rate	35.9%
19.4%		65+ with a disability	72.0%
92.7%		25+ high school graduate or higher	66.0%

Source: U.S. Census Bureau American Community Survey 2015-2019 5-Year Estimates

Life Expectancy in
AOoA Region by
Census Tracts

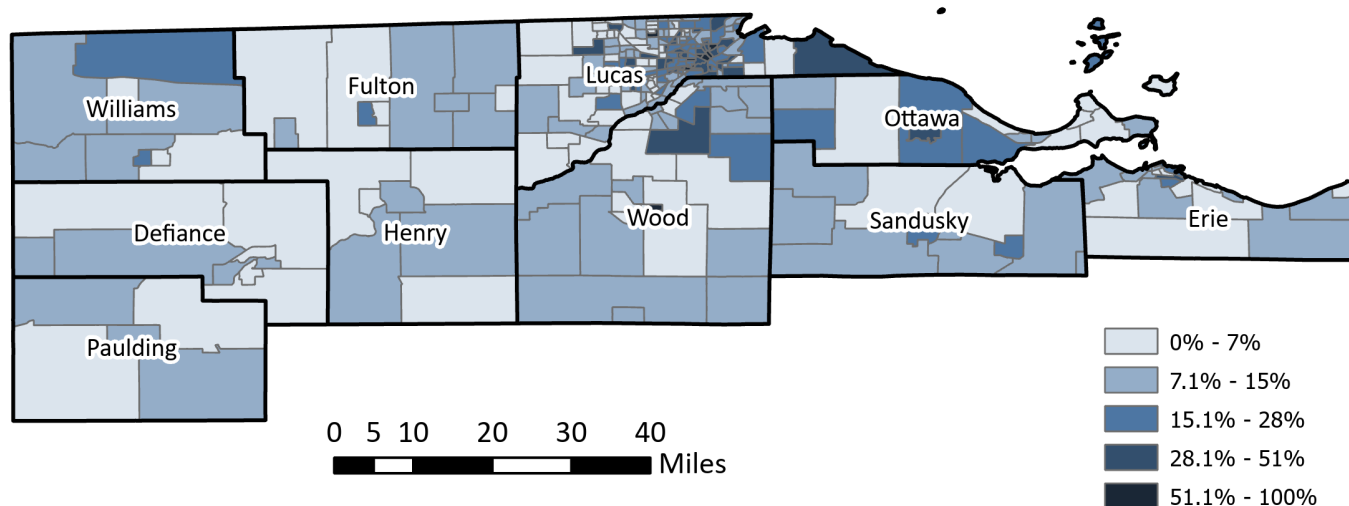


There is a **21.9 year difference** between the Census tracts with the highest and lowest life expectancies in the AOoA Region. These Census tracts are **less than 4 miles** away from each other.



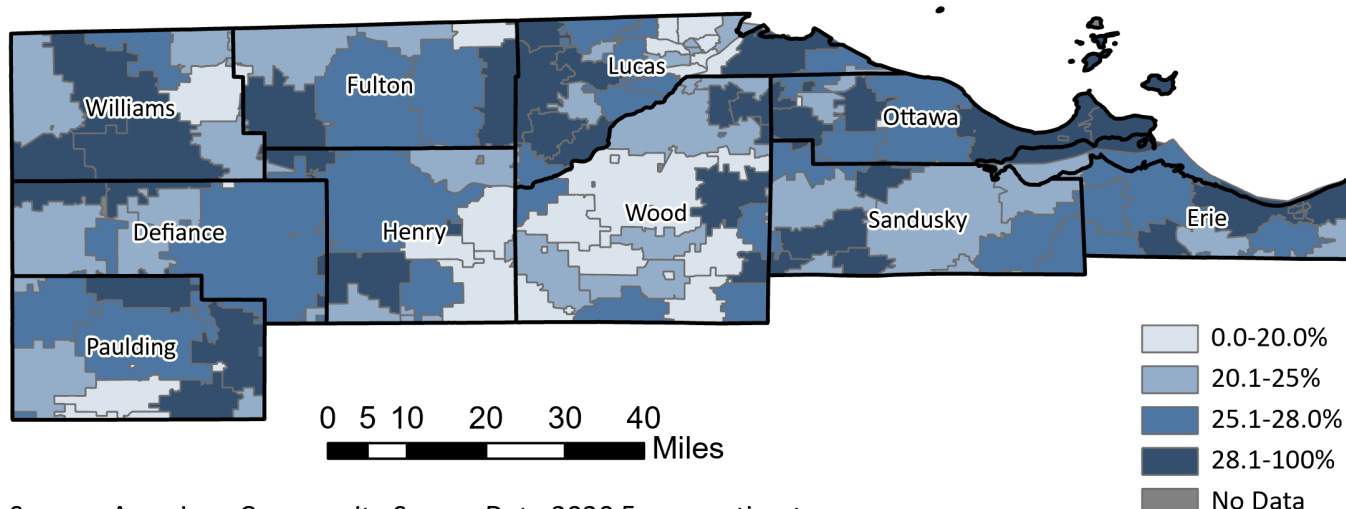
Source: National Center for Health Statistics, U.S. Small-Area Life Expectancy Estimates Project, 2018.

Percent of Population Age 65+ Below 125% of the Federal Poverty Level by Census Tracts



Source: American Community Survey Data 2020 5-year estimates

Percent of Population 60+ in AOoA Region



Source: American Community Survey Data 2020 5-year estimates

The Area Office on Aging of Northwestern Ohio, Inc. promotes the health, well-being and safety of older adults, persons with disabilities and family caregivers to foster independence. For more data on northwest Ohio older adults, and information about services that are available to them, please contact the Area Office on Aging.

(419) 382-0624 www.AreaOfficeOnAging.com