



FREE

GRANDFAMILIES & KINSHIP  
SUPPORT NETWORK  
A National Technical Assistance Center

EXEMPLARY

POLICY • PRACTICE • PROGRAM

# GUIDING GOOD CHOICES®

FAMILY SKILL BUILDING 6-SESSION  
WORKSHOP SERIES FOR CAREGIVERS  
OF MIDDLE SCHOOLERS AGE 9 - 14



PLAN TO ATTEND ALL 6-SESSIONS TO QUALIFY FOR  
RAFFLE OF \$100 GIFT CARDS AT WORKSHOP CONCLUSION

Join us to fill your caregiver toolbox with skills to increase family bonds, promote healthy behaviors, & set clear boundaries.

Evidence-Based Proven Outcomes for Youth

- Reduced alcohol & marijuana use by 41%.
- Reduced progression to more serious substance abuse by 54%.
- Increased the likelihood that non-users will remain drug-free by 26%.
- Reduced depression symptoms by 28% through the end of 12<sup>th</sup> grade.

Wednesdays  
5:30 - 7:30 P.M.  
October 21<sup>st</sup> & 28<sup>th</sup>,  
November 4<sup>th</sup>, 11<sup>th</sup>,  
18<sup>th</sup> & 25<sup>th</sup>, 2026

AREA OFFICE ON AGING OF NORTHWESTERN OHIO, INC.  
KINSHIP NAVIGATOR PROGRAM



(419) 490-2942 OR (419) 725-6900

The Kinship Navigator Program is supported by the Area Office on Aging of Northwestern Ohio, Inc., Lucas County Children Services (LCCS), & Lucas County Department of Job & Family Services. Guiding Good Choices® was made possible thanks to the support of LCCS & the OneOhio Recovery Foundation.



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