

# KINSHIP NAVIGATOR PROGRAM



# "LET'S TALK" SUPPORT GROUP



- Build connections**
- Learn coping skills**
- Improve self-esteem**
- Feel less isolated**
- Reduce anxiety**
- Improve well-being**

## THURSDAY, SEPTEMBER 10TH, 2026 11:30 A.M. TO 12:30 P.M.

**Sylvania Senior Center  
7140 W. Sylvania Ave.  
Sylvania, OH 43560**



**MAP ON BACK**

**TRANSPORTATION | CHILDCARE | SNACKS | REFRESHMENTS**

**To Register Call a Kinship Navigator:  
Rhea Dawson at (419) 490-2942  
Jacia Gibson at (419) 725-6900  
Questions? Email:  
[KinshipMailGroup@areaofficeonaging.com](mailto:KinshipMailGroup@areaofficeonaging.com)**

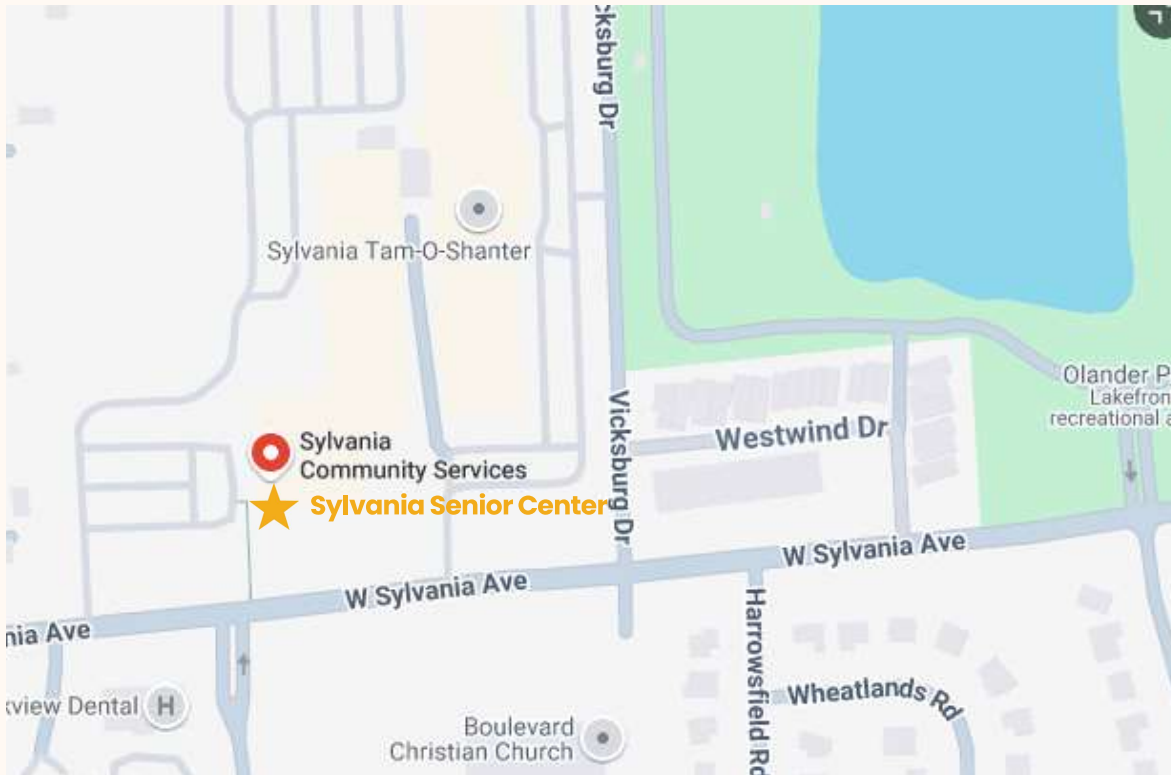
*The Kinship Navigator Program is supported by the Area Office on Aging of Northwestern Ohio, Inc., Lucas County Children Services, Lucas County Department of Job & Family Services, & the OneOhio Recovery Foundation.*



Job & Family Services



**Sylvania Senior Center  
7140 W. Sylvania Ave.  
Sylvania, OH 43560**



**Adjacent to  
Sylvania Tam-O-Shanter and  
just west of Olander Park  
on W. Sylvania Ave.**