

# Candida Support Bundle

A combination of the three most powerful nutritional supplements to support yeast balance in the digestive tract and discourage opportunistic yeast overgrowth.†

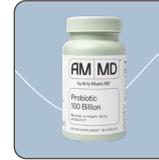
## Candifense®



A plant-based blend of fiber-digesting enzymes specifically chosen to help support normal candida populations in the gut, as well as keeping a healthy balance of yeast and probiotic bacteria.†

**How to use:** Take 2 capsules in the morning and 2 capsules in the evening on an empty stomach, or as recommended by your healthcare practitioner.

## Probiotic 100 Billion



100 billion CFU (Colony Forming Units) probiotic blend that helps promote beneficial microflora populations in the GI tract.†

**How to use:** Take 1 capsule per day before a meal, or as recommended by your healthcare practitioner.

## Caprylic Acid



A short-chain fatty acid formulated with calcium and magnesium caprylates to ensure it reaches the large intestine and colon intact, supporting healthy digestion and a balanced gut.†

**How to use:** Take 2 capsules in the morning and 2 capsules in the evening on an empty stomach, or as recommended by your healthcare practitioner.

# Candida Support Bundle

A combination of the three most powerful nutritional supplements to support yeast balance in the digestive tract and discourage opportunistic yeast overgrowth.<sup>†</sup>

## Sample Supplement Schedule

This is a sample schedule of when to take all of the supplements included in your bundle. You do not have to follow this exact schedule, just make sure you take the supplements as directed.

|                                  | Morning<br>(on empty stomach) | Breakfast | Lunch                      | Dinner | Evening<br>(on empty stomach) |
|----------------------------------|-------------------------------|-----------|----------------------------|--------|-------------------------------|
| <b>Candifense®</b>               | 2 Capsules                    |           |                            |        | 2 Capsules                    |
| <b>Probiotic<br/>100 Billion</b> |                               |           | 1 Capsule<br>(before meal) |        |                               |
| <b>Caprylic Acid</b>             | 2 Capsules                    |           |                            |        | 2 Capsules                    |