

# BE *the* GIFT

2026 CALENDAR

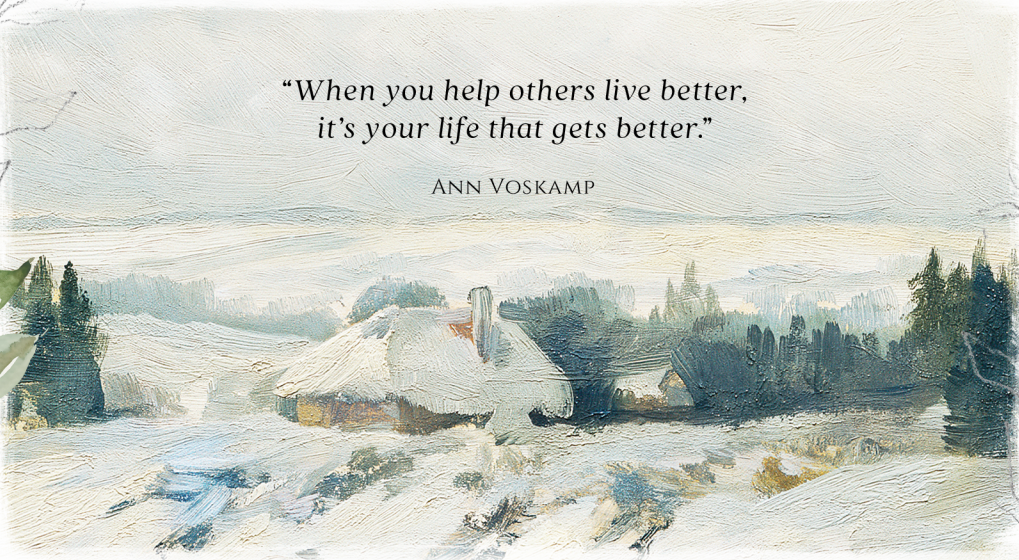


GIVE IT FORWARD TODAY



*"When you help others live better,  
it's your life that gets better."*

ANN VOSKAMP



# JANUARY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

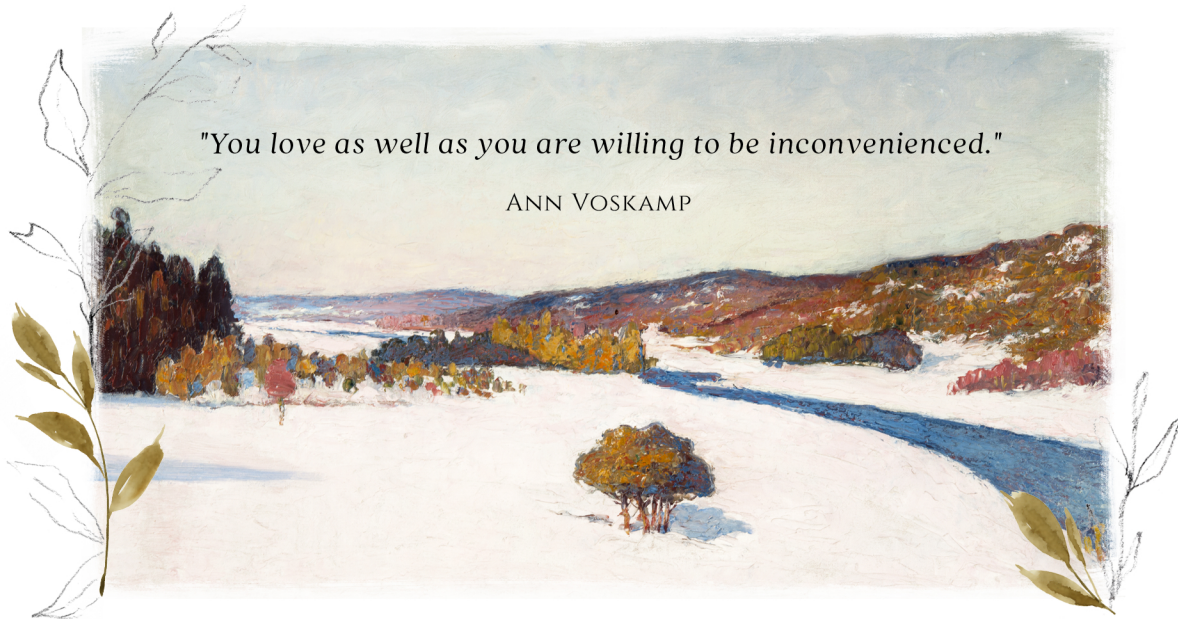
THURSDAY

FRIDAY

SATURDAY

				1 Ask one person how you can support them this year.	2 Find one way to save just \$1 each day of the month. Put in a jar & save to happily surprise someone at month's end.	3 Tell 3 people that you believe in fresh new hope & change for this year.
4 Pray 3 times today for the person that feels overwhelmed.	5 Make it a habit to have the wild ministry of smiling today.	6 Tell at least one person they're having a great hair day.	7 Find one volunteer today & tell them the world's better because of them.	8 Smiley Face + Happy Words Day: Leave one smiley face & some happy words out in the world today - on a windshield, a mirror, in a pocket.	9 Sing one song loud enough today to make one other person hear the happy.	10 Surprise someone today. It's a good day to be alive!
11 How is your savings jar coming along? Who might need to be surprised at the end of the month?	12 Give in one way today that you don't think you can give. Flat-out trust God.	13 Hug someone today and tell them they are really wonderful.	14 Laugh Day: Keep track (or lose track) of how many people you can make laugh today.	15 Say one hard (small) yes today.	16 Love is a roof - Be a roof, shelter, safe place for one person today.	17 Find one encouraging verse. Give it to someone today. Tell them you're praying exactly that for them.
18 Candle Day: Light a candle today. Let your prayers for someone fighting a hard battle be like a sweet scent.	19 Call, visit, text or write someone who will be surprised to hear from you.	20 To-Love List Day: See all your to-do lists today as to-love lists. Do everything today with great love.	21 Compliment Day: Hand out as many compliments as humanly possible today & feel the joy.	22 Remember someone who's grieving today. Do one thing they knew they are remembered & loved.	23 Do one thing today that is actually someone else's responsibility. Love Large.	24 Be a Forgiver today: Forgive extravagantly & lavishly all day.
25 Give a stranger a thumbs up today.	26 Give someone the gift today of writing down their name & praying a seeming impossible thing for them.	27 Be all about the ministry of presence today. Linger with people. Make eye contact. Ask heart	28 No Complaining Day: Give the world the gift of zero complaining today.	29 Be a Giver Today in every way you can dream up & do with joy.	30 Music Day: Play a great playlist for the world today. (Bonus points: Dance with someone)	31 Grab that savings jar & surprise the socks off your person! #BeTheGIFT





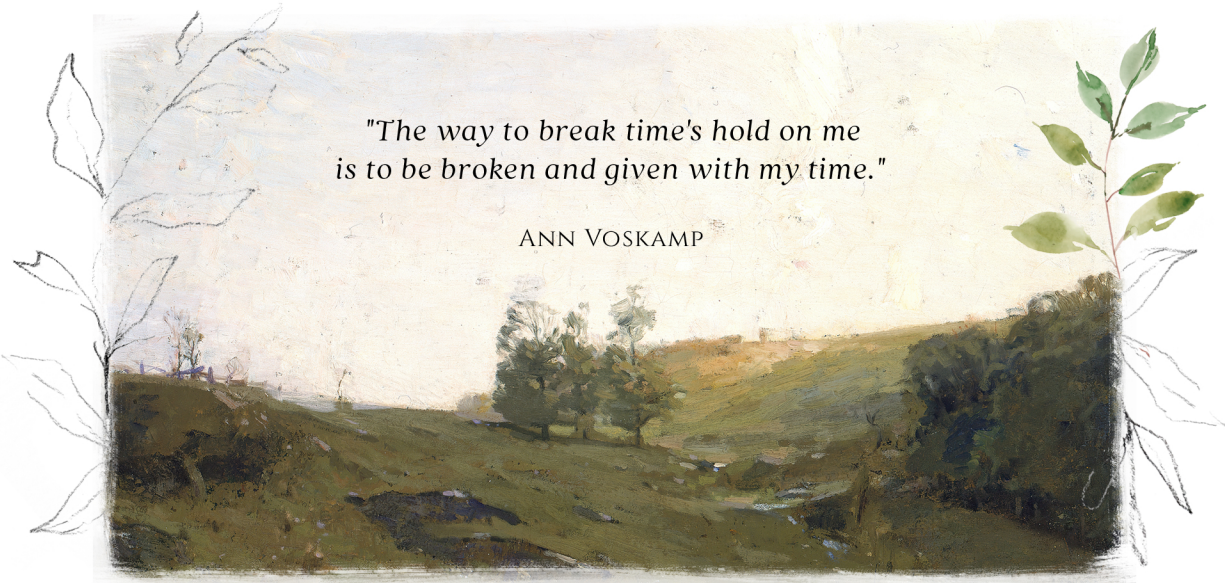
*"You love as well as you are willing to be inconvenienced."*

ANN VOSKAMP

# FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Invite someone over this month. Get it on the calendar. Smile.	2 Do one thing for someone you don't have time for – & find out you do!	3 Leave an encouraging note on who thinks differently from you.	4 Make time this week to buy small surprise gifts to have on hand.	5 Phone a relative. Share a memory that makes you both laugh.	6 Pray for someone in leadership.	7 Leave a happy surprise on someone's doorstep.
8 Connect with someone grieving. Just let them know you're there.	9 Where do you feel most broken? Tell one safe person how you really are.	10 Send a pizza to someone, anyone, everyone!	11 Thank 3 people today.	12 Plan one special thing for a special someone this month.	13 Pray for someone who feels broken-hearted.	14 Give chocolates to someone who feels forgotten.
15 Text 3 people an encouraging verse that says they are loved.	16 Ministry of Smiling Day! Smile to as many people as possible!	17 Pray for someone who feels invisible.	18 Give even the smallest donation to one new-to-you charity.	19 Clean up after someone else today & smile at the chance.	20 Look for suffering today. Do one thing to show compassion.	21 Leave a trail of encouraging sticky notes behind you today.
22 Write just one handwritten note to a helper today.	23 Hug someone who would be surprised at being noticed.	24 Give Grace Forward today in one unexpected way.	25 Thank someone who teaches today.	26 Reach out to someone who is broken in a way you understand.	27 Ministry of Presence Day! Linger with people. Ask good questions. Listen well.	28 #BeTheGift and tell someone exactly why you love them today.





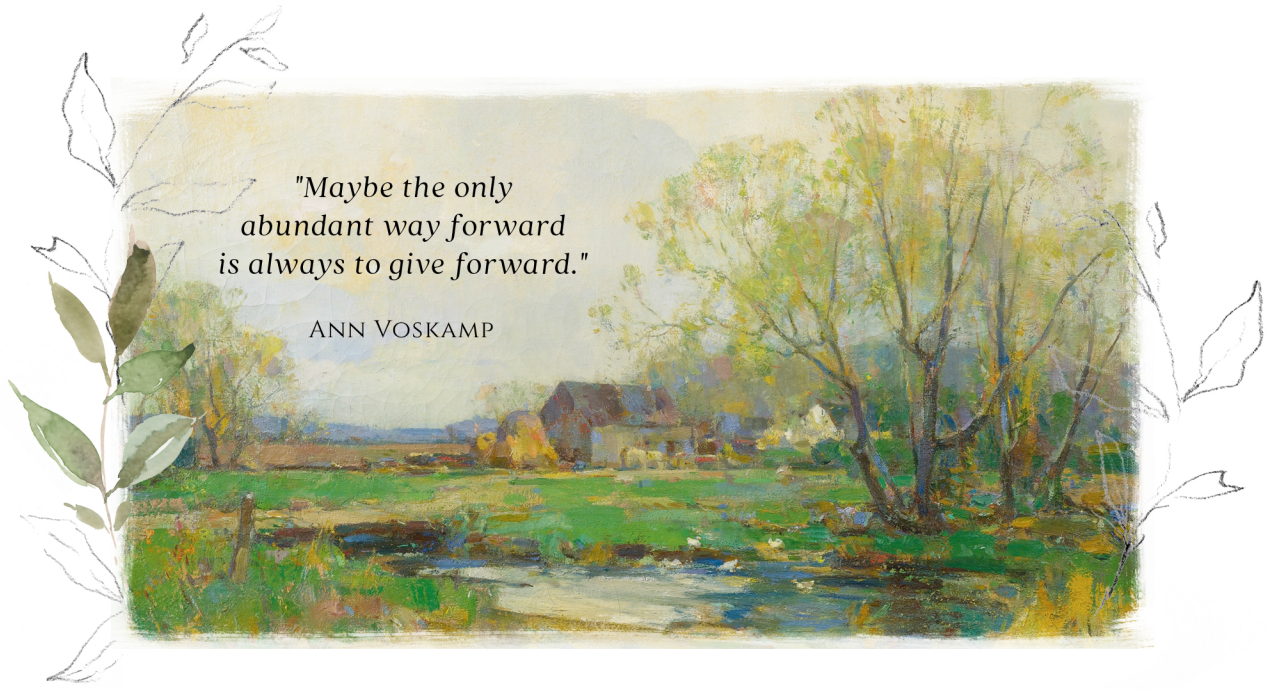
"The way to break time's hold on me  
is to be broken and given with my time."

ANN VOSKAMP

# MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Pick a person of the month, and make it your March goal to give the gift of friendship – intentionally love your person well all month long!	2 Call a friend and tell them why you're thankful for them!	3 Start looking for items that bring joy (to deliver Mar 28); seeds, planting journal, prayer book and pen, cookies, selection of teas, chocolates, a new book	4 Give the gift of service – think of 5 ways you can love others by serving them today.	5 Take 10 extra minutes today in each room of your home to tidy things up.	6 Have a meal delivered to a long distance friend's home for dinner tonight – #BeTheGIFT and let her know you care!	7 Choose to love someone just as they are today – give them the gift of no expectations for your love.
8 Give as many hugs as you can today!	9 Choose to extend forgiveness today and give the gift of a relationship restored.	10 Send a coffee gift card to someone's email today, for no other reason than to simply #BeTheGIFT	11 Visit a nursing home today and talk with the residents – give the gift of presence!	12 Go for a walk or run today – and give yourself the gift of exercise and self-care!	13 Meet someone for lunch today and offer to pay for their meal.	14 Give the gift of heart today – take some walls down and share vulnerably with a friend.
15 Be intentional in your community today and get to know a new neighbor!	16 Bake cookies and take them to your local fire department and brighten up their day.	17 Celebrate Saint Patrick's Day and deliver a bit of green in the form of a flower or plant to a friend today!	18 Learn something new today and share it with a friend. Give the gift of education!	19 Deliver some "Welcome Spring!" flowers to a friend or neighbor nearby.	20 Surprise someone today with something... anything you know they'll love.	21 Go out of your way to compliment everyone you meet today.
22 Pick up trash at your local park – #BeTheGIFT in your very city!	23 Take the time to intentionally listen today and give the gift of your attention.	24 Choose a ministry today, and commit to pray for them each day – give financially if you are able.	25 Write a letter to someone and list all the ways they've touched your life.	26 Hand out as many compliments as possible today.	27 Clean out your closets and donate unwanted clothing/items to a shelter near you!	28 Prepare a basket of joy. Deliver to someone in need of being remembered.
29 Surprise someone today by cleaning something for them.	30 Instead of buying new Easter outfits – shop for groceries/clothing for a family in need.	31 Deny yourself of one thing today – so someone else can have more: more of your time, more of what they need, more love.				





"Maybe the only abundant way forward is always to give forward."

ANN VOSKAMP

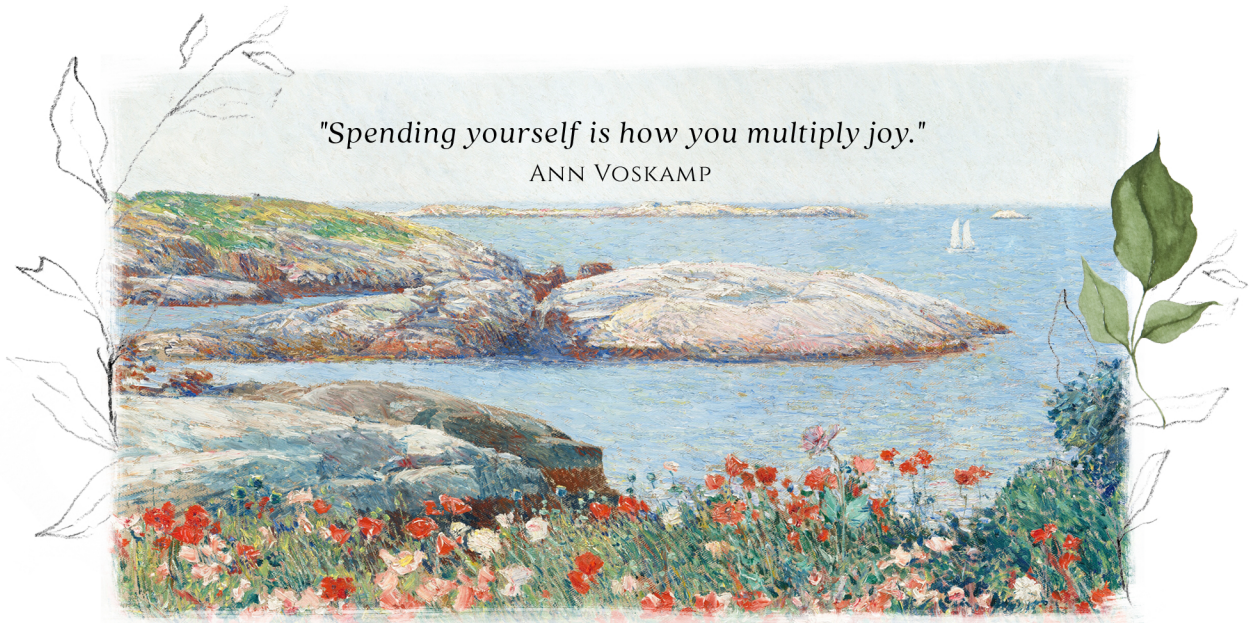
# APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Give the gift of positivity and only speak words that make souls stronger today!	2 Sit with someone's brokenness today. Really listen. Really pray. Do not be afraid of broken things - Christ is redeeming everything.	3 Find a way to die to your agenda today to serve someone. Fill silences with confession.	4 In the in-between space of today, stand in the gap in prayer for someone hurting.
5 Live as the Easter People! Turn music loud (Handel's Messiah?) & dance joy with someone!	6 Find one way to say thank you to everyone you see today. Easter People are deeply thankful people - eucharisteo!	7 Give in the smallest or the largest way possible to just one charity today. Easter People believe there is always abundance.	8 Love the other - reach out with encouragement to someone who thinks/lives/is different than you today. Easter People are about shalom!	9 Let go of something you are carrying against someone today. Easter People believe grace rolls away stones	10 Fill the world with celebration colors today: Give a balloon, send a card, arrange some flowers. Easter People celebrate!	11 Forgive someone. Genuinely. Resurrect redemption.
12 Make a fresh batch of lemonade/iced tea/anything and deliver to your neighbors. Resurrect community.	13 Resurrect a relationship - reach out with a note or flowers to someone who wouldn't expect it.	14 Bring a potted plant to someone in the hospital/nursing home. Resurrect their memories.	15 Write a thank you note to one person who is changing your life. Celebrate resurrection happening in you!	16 Share a book, a quote, a verse with someone today. Just a few words in some way - because we speak words that make souls stronger.	17 Give someone the gift of genuinely undivided attention today. Look in their eyes. Souls matter.	18 Encouragement is one of the greatest gifts - sneak notes onto bathroom mirrors to wish your family/roommates a "Happy Day!"
19 Plant something today. (In an abandoned lot, corner, ditch?) Make your world, all the world, more beautiful!	20 Invite someone for dinner. Break bread & reflect on communion.	21 Spend time in the Word today and give Him the gift of your full attention.	22 Text three people that might just need a smile today - you never know how you'll brighten their day.	23 Write a sticky note "thank you" for your mailman, and stick it to the outside of your mailbox!	24 Give the ministry of presence today: Be with people - like God is with us now, in us now. With-ness breaks brokenness.	25 Take 15 minutes to do that job around the house that's been waiting to be done. Bless your people.
26 Deliver coffee/tea to any kind of teacher who needs an April reminder they are seen & appreciated.	27 Invite a new friend to go somewhere/have lunch - invest the time to make a new friendship grow.	28 Be the fool today who loves large; hug everyone, pay for something for someone else, leave love notes everywhere. Be a happy fool for love!	29 Go out to eat today and leave as extravagant of a tip for your waiter/waitress as you can afford!	30 How can you live given today? Do it in hidden ways. This is how to grow greatly in the Kingdom of God.		



"Spending yourself is how you multiply joy."

ANN VOSKAMP



# MAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

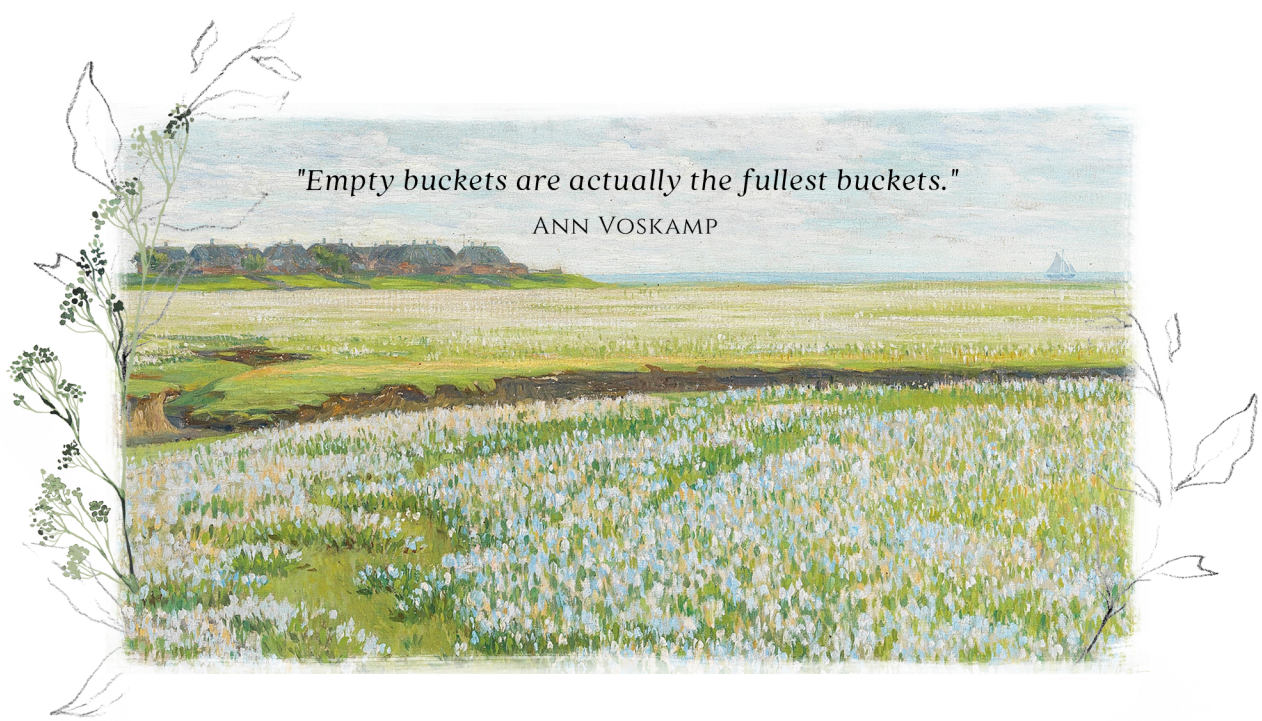
THURSDAY

FRIDAY

SATURDAY

					Give up one thing <sup>1</sup> this month. Write it down. Begin praying what cause you could support with that money	<sup>2</sup> Set out a jar. Let it collect loose change this month.
Take a picture of something beautiful. Send it to someone & tell them why it reminded you of them. <sup>3</sup>	<sup>4</sup> Hug as many people as possible today.	<sup>5</sup> Learn a new joke today. Share it. Laugh loud.	<sup>6</sup> Spend 5 minutes today praying for a forgiving heart in a relationship that's caused pain.	<sup>7</sup> Pick a flower, give a flower.	<sup>8</sup> Ministry of Smiling Day! Smile as at many people as you can!	<sup>9</sup> Set a timer today: pray 3 times throughout the day for someone really hurting.
<sup>10</sup> Write a card to the person you prayed for yesterday.	<sup>11</sup> Tell 3 women today how they've nurtured good things in you.	<sup>12</sup> Call your mom today - or someone who has been like a mother to you. Tell her you love her & 3 reasons why.	<sup>13</sup> Tell a child or someone younger than you one reason why you believe in them.	<sup>14</sup> Leave one note of encouragement in an unlikely place today.	<sup>15</sup> Connect with just one person who is very different than you today. Ask them how they are. Really listen.	<sup>16</sup> Knock on someone's door today. Don't have an agenda. Just love large!
<sup>17</sup> Do someone else's chore for them today. Keep it a secret. Let it make you happy.	<sup>18</sup> Text or call someone older than you today and tell them why they matter.	<sup>19</sup> Think of someone you could open your door to this week. Start to prepare to make that invite.	<sup>20</sup> Connect with someone in your extended family today. Tell them why you love them!	<sup>21</sup> Compliment Day! Try to end every conversation today with a compliment.	<sup>22</sup> Be brave & take the plunge. Make that invitation to open your door and invite one person over.	<sup>23</sup> Put an elastic on your wrist today. Every time you complain, move it to the other wrist. Give the gift of not complaining today!
<sup>24</sup> Clean up something that isn't your job today. Thanks for making the world more beautiful!	<sup>25</sup> Give the gift of the benefit of the doubt today. Believe the best in everyone today!	<sup>26</sup> ThanksLiving Day! Thank every single person you speak to today.	<sup>27</sup> Don't read the news today. Instead ask people to share what's some good news happening in their life!	<sup>28</sup> Turn the music up loud today! Dance with someone! Or stand on the porch or sidewalk & dance a bit with the world!	<sup>29</sup> Ministry of Presence Day! Be with people longer today. Make eye contact longer. Smile longer!	<sup>30</sup> Make a donation to a cause of your choice with what you saved from giving up one thing this month.
<sup>31</sup> Give away your bottle of change!						





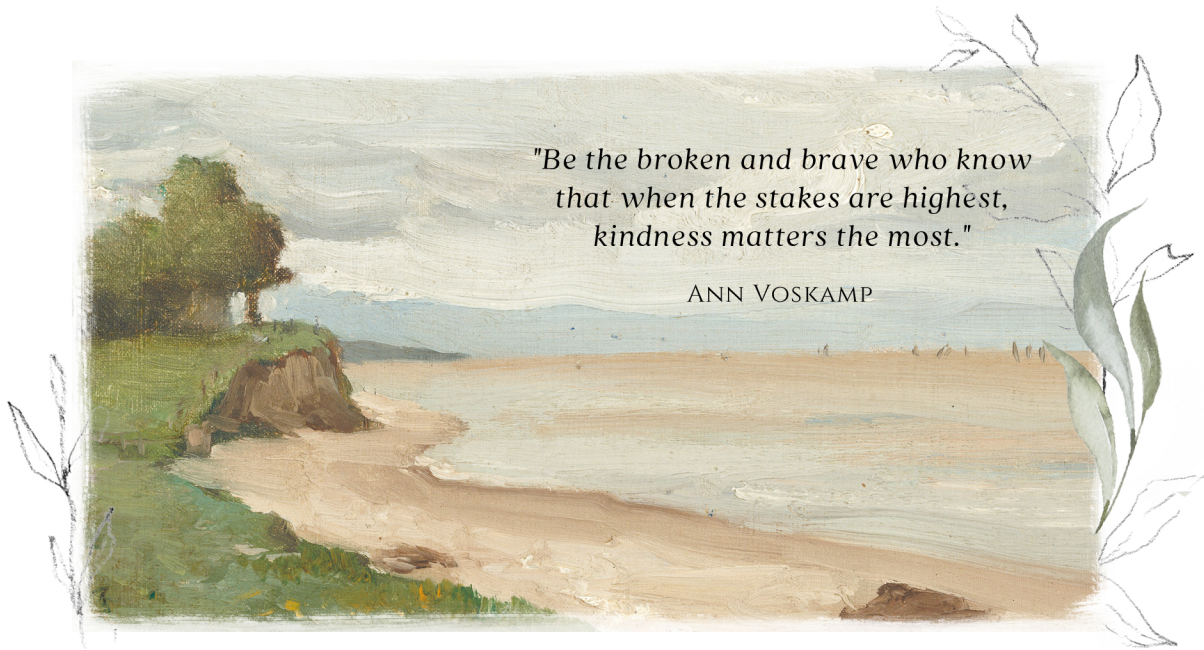
"Empty buckets are actually the fullest buckets."

ANN VOSKAMP

# JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Go grocery shopping this month with some pre-written thank yous – slip one to the cashier & bagger!	2 Wash dishes – sweep the floor – put in the extra time today to make home extra nice for your people.	3 Buy a cup of coffee for a stranger.	4 Call up a friend & invite them to share a meal this month – Enjoy the gift of hospitality!	5 Be understanding today – assume the best in everyone, no matter what.	6 Pick out a postcard that makes you smile, and mail it to a friend near or far.
7 Pump up the music & dance with someone today – embrace the gift of joy today!	8 Go through your closet today – clear out clothes you no longer wear. Donate to a shelter... or give to a friend who may be in need.	9 Give of your time today – an extra 5 minutes reading with a little one... & an extra 15 minutes talking to a friend on the phone.	10 #GroceryDoorDitch! Pick up an extra bag full of groceries and leave them on a neighbor's porch. Ring the door bell & run!	11 Bring a dozen donuts to work/school/sm all group/etc today!	12 Take the time to email a restaurant, company, or store to let them know how an employee has done a really wonderful job for you recently.	13 Spend 15 minutes today preparing to love a dad well this weekend.
14 Pray for a dad you know today: pray for his strength & courage & joy & commitment. Pray for future dads.	15 Think of 3 things you need to forgive your dad for. Leave it with Jesus. Grant amazing grace.	16 Talk with your dad or a father figure today. Listen well. Laugh loud. Let love be large in your heart.	17 Go for a 5 minute walk with someone today. Inhale fresh air. Laugh.	18 Call a friend you haven't seen in a while just to say hello!	19 Be extra encouraging to everyone you meet today. Go the extra mile with your smile today!	20 Share a book with someone today. Gift a book or send someone a good quote from a book.
21 Write "You are loved" on a piece of paper. Take a selfie & send someone some love!	22 Tell someone 5 reasons why you believe in his/her work. We need each other's encouragement!	23 Give up one thing today, anything, for someone else. Live given, live the abundant life!	24 Send a note of kindness today to someone who thinks vastly different than you. Love "the other"!	25 Tell a person who does "hidden" work why they matter today. Those 2 minutes could change their life.	26 Live Given: Give even \$1 to a charity today. Something. Anything. To someone. Love giving!	27 Tell someone they're looking good & give them a thumbs up!
28 Still & pray for someone today. Let them know you carried them to Jesus today.	29 Share great food with someone today! Look them in the eye & love them for all you're worth.	30 Love everyone you meet today like it's your last day on earth!				





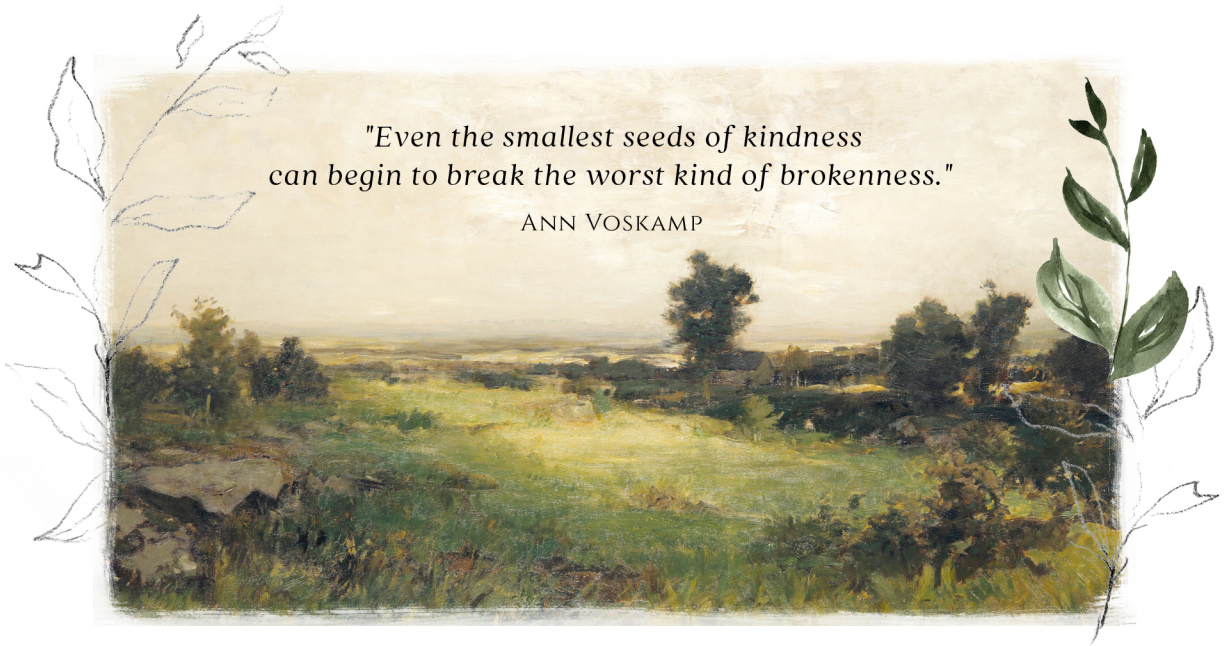
"Be the broken and brave who know  
that when the stakes are highest,  
kindness matters the most."

ANN VOSKAMP

# JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1 Happy July! Halfway through the year! Smile at everyone you see today, just because!</p>	<p>2 Text someone before you fall asleep tonight, just to remind them that they're loved.</p>	<p>3 Listen intently to someone today – give the gift of presence.</p>	<p>4 Happy 4th! Write a letter to a serviceman or veteran today – thank them for the ways they have served their country.</p>
<p>5 Spend a bit of time picking up trash at a public park or other area – #BeTheGIFT in your community today!</p>	<p>6 Host a summer BBQ with a group of friends – invite a few new and welcome them in.</p>	<p>7 Laugh today – really real, way too loud kind of laugh... and see if you can get someone else laughing with you.</p>	<p>8 Actually take the time to complete the survey from the restaurant/ store/email/etc you last received.</p>	<p>9 Order another copy of a book you loved and give it to someone you think would enjoy it too.</p>	<p>10 Surprise a neighbor and mow their lawn – give them a much appreciated break from the summer heat.</p>	<p>11 Call a friend today just to say hi.</p>
<p>12 Pick up a bouquet of flowers at the grocery store today – and one for a friend. Drop it off on your way home with a smile and a hug.</p>	<p>13 Make up a couple of freezer meals today and deliver them with a note to a family you know who've been having a hard time.</p>	<p>14 Decide to make today a "Complaint-Free Day" – turn every complaint into something you're thankful for instead!</p>	<p>15 Head over to the neighbor's front porch with a large pitcher of homemade lemonade and ask about their day.</p>	<p>16 Clean your room today – #BeTheGIFT in your home.</p>	<p>17 Invite someone you don't know very well out for coffee. Take the first step to be a friend.</p>	<p>18 See how many encouraging things you can say today. #BeTheGIFT and build others up!</p>
<p>19 Write a bunch of short encouraging notes on a package of sticky notes and leave one on each pump at your closest gas station.</p>	<p>20 Drive around with bottles of cold water and hand them out to those you pass, working hard outside in the heat.</p>	<p>21 Give the gift of forgiveness today.</p>	<p>22 Say yes today at the store when the cashier asks if you want to donate \$1.00.</p>	<p>23 Send a message to 3 different people today, encouraging them in some small way.</p>	<p>24 Find a new organization or cause online and ask how you can best partner with them! Share about them on social media!</p>	<p>25 Give the gift of time in some way today – you get to choose whatever that may be.</p>
<p>26 Go out to eat today – and pick a table at random to cover their bill.</p>	<p>27 Weed your neighbor's garden or flower beds today! #BeTheGIFT to them... and you'll get to enjoy the beauty too!</p>	<p>28 Stop by your local children's hospital today – deck out the play room with new crayons, activity books, and puzzles galore!</p>	<p>29 Send a surprise Starbucks gift card online and make someone's day a little brighter.</p>	<p>30 Walk around a parking lot at the store and return the carts that you find.</p>	<p>31 Write a note to someone you admire or respect today... and let them know why you do.</p>	





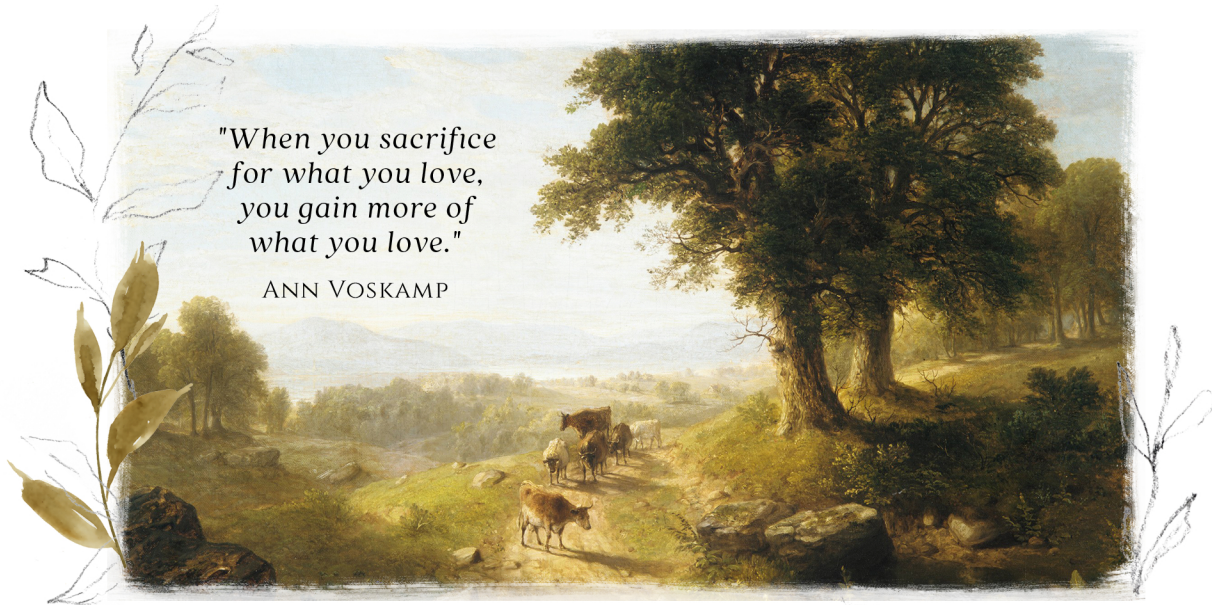
"Even the smallest seeds of kindness  
can begin to break the worst kind of brokenness."

ANN VOSKAMP

# AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<sup>1</sup> Plan one special thing for a special someone this month.
Take note of any <sup>2</sup> upcoming birthdays that might be coming this month...and stick a "Happy Birthday" well-wishing in the mail. Everyone loves to be remembered.	<sup>3</sup> Make a fresh batch of lemonade/iced tea/anything and deliver it to your neighbors.	<sup>4</sup> Ask "How can I help?" as many times as possible today.	<sup>5</sup> Leave a note of encouragement in an unlikely place today!	<sup>6</sup> Connect with someone grieving. Just let them know you're there.	<sup>7</sup> Leave the biggest tip you can afford – and write your waiter/waitress a thank you note. You never know how it might make their day.	<sup>8</sup> Print off at least one fun photo stuck in your phone – and mail some out to the friends who are in them!
<sup>9</sup> Give blood today – #BeTheGIFT and give the gift of life.	<sup>10</sup> Go through your closet and downsize your clothes... deliver to a shelter near you!	<sup>11</sup> Smile at as many people as possible!	<sup>12</sup> Order a pizza & have it delivered to a unit at your local hospital – thank all the nurses and doctors who are working so hard today to save lives.	<sup>13</sup> Text 3 people an encouraging verse that says they are loved.	<sup>14</sup> Take 20 minutes with someone you love – ask them questions and just listen.	<sup>15</sup> Help and invest in your community somehow today! Visit a pet shelter, a nonprofit, a community garden, etc.
<sup>16</sup> Take 10 extra minutes to clean an unusually forgotten area really well.	<sup>17</sup> Flower-blitz a neighbor's porch... leave a potted plant or a bouquet, ring the doorbell, and RUN!	<sup>18</sup> #BeTheGIFT at home – and surprise someone with breakfast in bed.	<sup>19</sup> Reach out across dividing lines and say "Hi!" to a friend who might be a little different than you.	<sup>20</sup> Help one person today with a job or chore that's theirs, not yours.	<sup>21</sup> Do one thing out of your comfort zone for someone.	<sup>22</sup> Find a book you've read and loved – and share it with someone you think will love it too.
<sup>23</sup> Begin to plan/organize a fundraiser for an organization dear to your heart.	<sup>24</sup> Surprise someone today with their favorite candy or snack.	<sup>25</sup> Share a book, a quote, a verse with someone today. Just a few words in some way – because we speak words that make souls stronger.	<sup>26</sup> Call an elderly woman who has made an impact on your life, and thank her for the gift that she is.	<sup>27</sup> Make a list today of ways that you can bless your family, your friends, and your community in the everyday things that you do.	<sup>28</sup> Meet a new neighbor today – knock on the door of someone you don't know...just to say hi!	<sup>29</sup> Learn something new today – and reach out to teach someone too!
<sup>30</sup> Visit the library, and sticky note bomb a stack of books with short, encouraging notes.	<sup>31</sup> Forgive someone today – and reach out to say you care.					

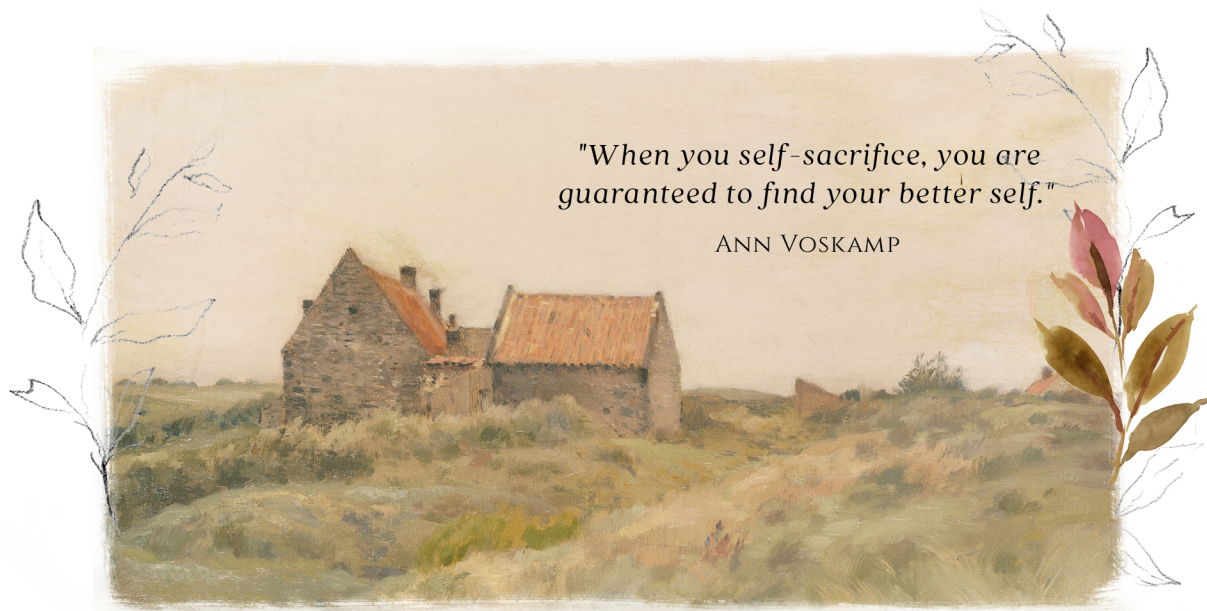




# SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Make a meal plan for the month – and pick one meal a week that you can make to deliver to a family that might need an extra hand.	2 Offer to watch kids for a night of free babysitting for a young family you know.	3 Send (or pick) flowers to a friend today!	4 #BeTheGIFT and sticky-note blitz a parking lot today! Leave short but sweet little “Have a Great Day!” notes on as many cars as you can find.	5 Send an encouraging email to someone who’s had a hard month.
6 Give the gift of patience today! Count to ten & take a breath before saying something you don’t really mean.	7 Bake cookies and leave them on a neighbor’s porch!	8 Call or visit a grandparent if you’re able, or another elderly person in your life who has been there for you.	9 Compliment blitz everyone you meet – make the world smile today!	10 Send a coffee gift card to a teacher you know as they get back in the swing of the school year.	11 Donate to a cause of your choice today, in honor of a friend.	12 Take that first intentional step and get to know a new friend today – give the gift of friendship!
13 #BeTheGIFT and choose JOY today! Think of as many things to be grateful for as you possibly can!	14 Invite a family from your neighborhood over for dinner tonight and practice the gift of community!	15 Give the gift of forgiveness today – think of someone you need to forgive, and reach out to let them know you care.	16 Give the gift of a clean room to yourself today!	17 Write 3 handwritten cards to long-distance friends and mail them some happy today. It will be the highlight of their month!	18 Make a point to give at least 10 hugs today to those you love.	19 Really listen to someone today and give them the gift of your undivided attention.
20 Share the gift of knowledge. Have a favorite book you absolutely loved? Love a kindle copy today and ask to meet to discuss one they’ve read!	21 Do a household chore for someone today – surprise them by taking it off their plate.	22 #BeTheGIFT and tell someone exactly why you love them today, so they know exactly what they mean to you.	23 Go out of your way to thank all the store clerks you see today. Give the gift of appreciation!	24 Pay for the person behind you in the drive-through today.	25 Sign up to volunteer somewhere in your community today...invest in the city you call home.	26 Offer to help someone with a job that you really don’t want to do – it goes twice as fast when two are on the team!
27 Leave a note in the mailbox for your mail person for the work they do every day.	28 Go through your closets and donate your extra clothes to a shelter of your choice.	29 Take someone you love out for an adventure today – give the gift of time.	30 Call a parent today and let them know exactly why you’re thankful for them.			





"When you self-sacrifice, you are guaranteed to find your better self."

ANN VOSKAMP

# OCTOBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

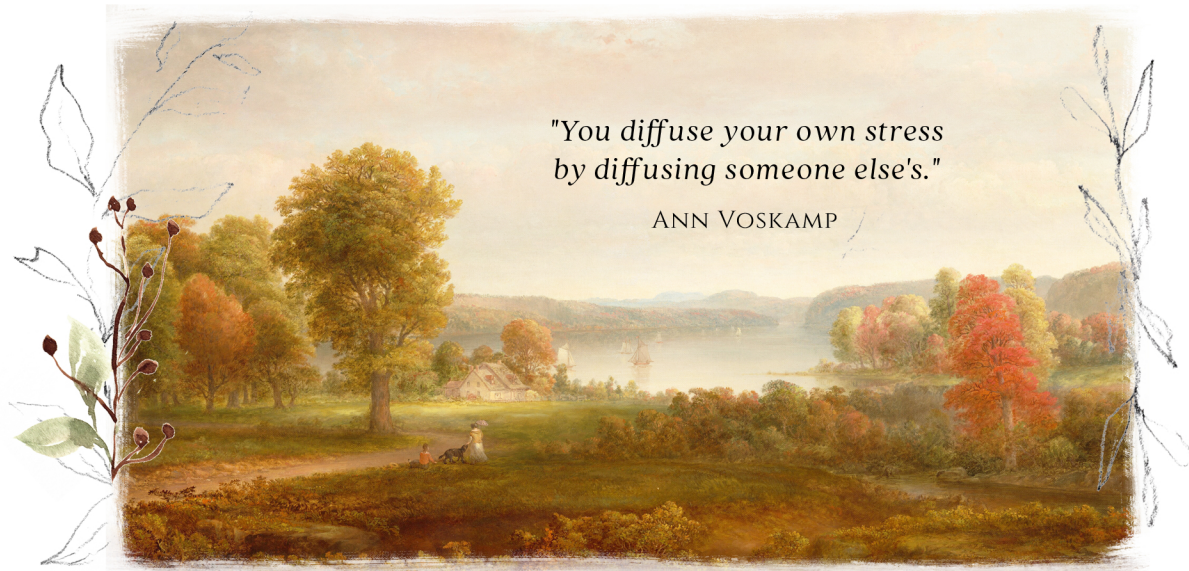
THURSDAY

FRIDAY

SATURDAY

				<p>1 Want an empty bucket list? Pour your life out. Set out a jar/bowl/container as a life visual.</p>	<p>2 Give someone the ministry of presence &amp; sit for just five minutes longer.</p>	<p>3 Hug someone today who wouldn't expect it.</p>
<p>4 Wave at every truck driver you see today.</p>	<p>5 Write just 3 lines of encouragement to someone feeling broken.</p>	<p>6 Belly laugh with someone. Look for laughter and multiply it.</p>	<p>7 Hold a door for one person today and say to them what you'd want to hear.</p>	<p>8 Connect with one person today that it's been too long.</p>	<p>9 Compliment someone today who it'd be easier not to.</p>	<p>10 Share something you've read with someone today.</p>
<p>11 Say as many hellos as you can today.</p>	<p>12 Forgive today. Think forgiveness. #BeTheGIFT. Give It Forward Today.</p>	<p>13 Choose the ministry of smiling at everyone today; it's contagious.</p>	<p>14 Help one person today with a job/chore that's theirs, not yours.</p>	<p>15 Connect (text/call/msg) someone who you've seen as very different.</p>	<p>16 Do one thing out of your comfort zone for someone.</p>	<p>17 You love as well as you're inconvenienced. Be inconvenienced in some way for someone.</p>
<p>18 Say thank you to as many people as you can today.</p>	<p>19 Give away something you find hard to give.</p>	<p>20 Send a Bible verse/praying for you text to someone today.</p>	<p>21 Scribble down a thank you for your mail person. Leave it where they will find it.</p>	<p>22 Call a parent or a child and thank them for a good memory.</p>	<p>23 Hand out as many compliments as you can today.</p>	<p>24 Find a fight song - send to a friend in need of it and listen together via text/call/FT etc.</p>
<p>25 Write one thank you note to someone from at least 10 years ago in your past.</p>	<p>26 Send a 30-second video to someone who is hurting.</p>	<p>27 Ask "How can I help?" as many times as possible today.</p>	<p>28 Risk in some way something of yourself today for someone. Love large.</p>	<p>29 Set three alarms today. Pray three times for someone who is hurting.</p>	<p>30 Invite just one person to one thing today.</p>	<p>31 Live cruciform: sacrifice one thing today for someone.</p>





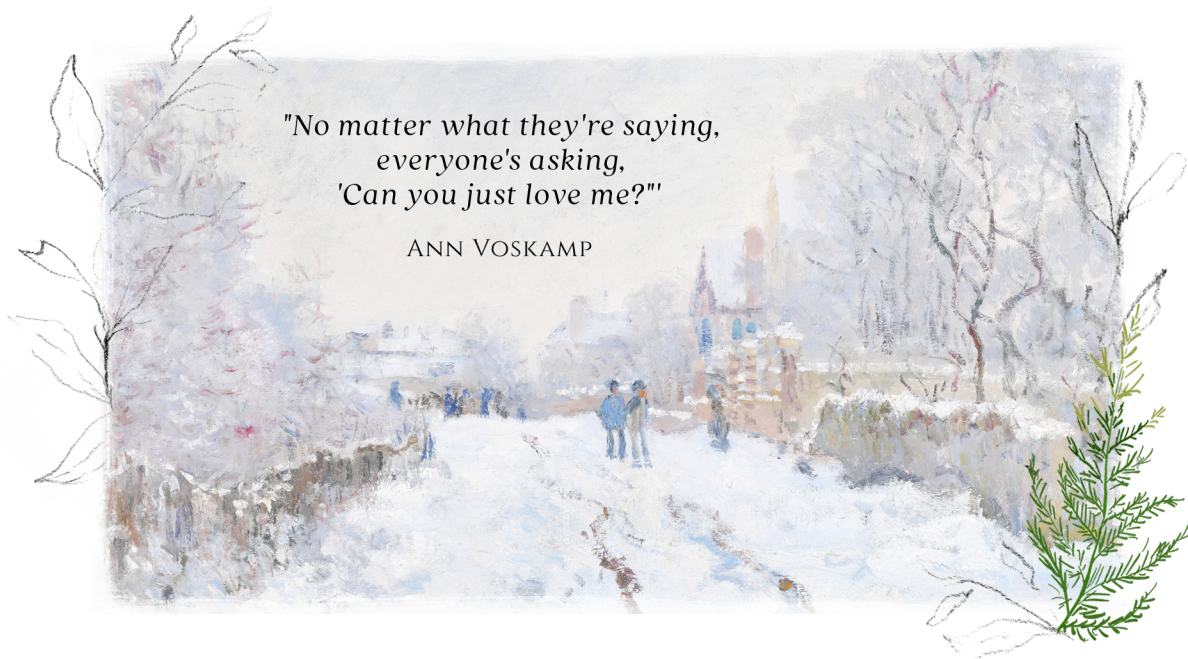
"You diffuse your own stress  
by diffusing someone else's."

ANN VOSKAMP

# NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 It's the month of thankfulness—think of 3 gifts each day you are thankful for – & then reach out to thank the 3 people who directly or indirectly make those gifts possible!	2 Send the craziest, zaniest, wackiest gift in the mail to someone. Fun fact: did you know you can mail an inflated beach ball?	3 Print out 50 "You are so LOVED" cards and hide them in the pages of books at the library, on shelves in the supermarket, on tables in the mall food court.	4 Affirm 3 people today for their work.	5 Tell as many people today as you can that you love their smile.	6 Go ahead and let that car merge in front of you in the middle of busy traffic.	7 Give someone the benefit of the doubt.
8 Leave the biggest tip you can afford – and write your waiter/waitress a thank you note. You never know how it might make their day.	9 Grab a group of friends – and serenade strangers on the street.	10 Reach out across dividing lines and say "Hi" to a friend who might be a little different than you.	11 Involved in a group conversation? Go out of your way to make sure each person feels included.	12 Make a donation of any amount to something.	13 Give someone 5 minutes when you don't think you have it.	14 Print off at least one fun photo stuck in your phone – and mail some out to the friends who are in them!
15 Order a pizza for a friend who's feeling down – have it delivered to their door. bonus points if you get them to shape the pepperonis into a smiley face.	16 Stand on a street corner for a set amount of time – and give compliments to everyone you see.	17 While out and about, compliment a parent on how well his/her child is behaving.	18 Let someone else take that covered parking space.	19 Practice the ministry of With-ness! Go with a friend to any event – and cheer them on with all your heart!	20 Take a photo of anything you see that reminds you of someone – and send it their way. It's a fun way of saying "Thinking of you!"	21 Share food in a meaningful way with someone today.
22 Go through your closet and "gift" your unneeded clothing to a shelter or secondhand shop near you!	23 Sweep up the leaves in your neighbor's yard!	24 Take 20 minutes with someone you love – ask them questions and just listen.	25 Send an email to a former teacher and thank them for the impact they made on your life.	26 Live Thanksgiving: Thank someone older and thank you today.	27 Just hug someone. Tell them that they're needed.	28 Write a note of thanks to your mail person this year. Remind them that their time and energy is seen and appreciated.
29 When you hit the shops with friends – set a budget and hard time limit – as many retail workers and store clerks as possible.	30 Text someone – just to say good morning or good night!					





"No matter what they're saying,  
everyone's asking,  
'Can you just love me?'"

ANN VOSKAMP

# DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Post a favorite Bible verse each day this month – and tag a friend who you'll commit to pray for that day.	2 #BeTheGIFT at home – and surprise someone with breakfast in bed.	3 Stop and wait at every door you enter today – hold it open for all those coming in behind you.	4 Leave a card/sweet treat in the mailbox for your mailman – thanking him for all his/her work during the busy Advent season.	5 Tape a \$1.00 or extra change to a vending machine and bring a smile.
6 Write a note or put together a small Christmas package to mail to a soldier or a missionary who may not make it home for Christmas this year.	7 Offer to return a shopping cart for someone today.	8 Send a funny old photo or memory to a friend – just to make them laugh.	9 Fill your pocket with candy canes and pass them out to everyone you meet today.	10 Go visit your local nursing home and bring all kinds of holiday cheer – Christmas cards and sweets, smiles and games.	11 Bring flowers or chocolates to the secretaries/receptionists at a local school.	12 Hide a \$1 bill in the toy section of the dollar store – make some little person's day.
13 Donate used books to your local library.	14 Collect small toys and gifts and visit your local children's hospital – pay a visit to those who might be missing a little bit of Christmas this year.	15 Give a busy mama you know a few hours this Sunday afternoon to run some Christmas errands without children in tow.	16 Give blood today – #BeTheGIFT and give the gift of life.	17 In any store you stop in today, let the person behind you in line check out before you.	18 Give a heartfelt compliment to a stranger.	19 Write an encouraging note to someone who has wronged you – and wish them well.
20 Smile at everyone you see today – and wish them Merry Christmas!	21 Offer to wash somebody's windshield at the gas station pump next to you today.	22 Call a far-away friend or relative to say hello and let them know they are in your thoughts this week.	23 Christmas note bomb a parking lot – tuck "Merry Christmas" in every windshield wiper.	24 Squeeze-hug 10 people today and tell them to have the BEST CHRISTMAS EVER.	25 Order a pizza and have it delivered to a unit at your local hospital – thank all the nurses and doctors who are working so hard today to save lives.	26 Choose one gift you received this year – and give it forward to someone else.
27 Count your blessings and give a blessing today – pick someone today and #BeTheGIFT in whatever way they may need.	28 Let a car merge in front of you today – and give them a big ol' smile, wave, and thumbs up.	29 Forgive someone today – even if it's really really hard.	30 Register to walk or run a 5K in the new year – to support a good cause.	31 Call a friend or relative who has had a hard year – and pray with them for the upcoming year.		

