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**OA/ID Number:** 1283

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**Folder Title:**

Proposals/Suggestions: [Folder 2]: [1]

**Stack:**

**S**

**Row:**

**66**

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**2**

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**4**

**Position:**

**3**

Mr. Segal

This is what I  
faxed you last week.

If you are able to call  
me on this proposal, I'd  
appreciate it.

Thank you  
Lew Fisher

# Organizing & Leadership Training Center

25 West Street 3rd Floor

Boston, Ma 02111

(617) 728-9100

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April 29, 1993

**To: Eli Segal**, Assistant to the President and Director of National Service Program

4566420

From: Lewis Finfer, OLTC Director

**Re: Proposal for a Next Step on the Issue of Including Community Organizing Groups in the National Service Program**

In response to your request in your March 17 letter to me "to put together a list of organizations like yours....that we might consult with about the capacity of this sector to train, employ and supervise participants in the national service program" I have done the following:

- 1) I sent a memo out to 25 regional community organizing training centers and national networks of community organizing groups. We have received replies of interest in participating by groups from across the country.
- 2) Based on this memo I sent out, the question of how and who would be interested in participating in a national service program will be on the agenda of a national conference of community organizing groups being held May 14-16 that I will be participating in.

**I would ask if you would consider holding a 1 day or 1/2 day small working conference with some key people from community organizing groups on the issue of placement in such groups, background on their kind of organizing work, and the specific logistical issues around training, supervision, choice of volunteers, etc.?**

**If it is possible to talk about this request to you before I leave for the May 14 conference, that would be helpful to bringing more specific information to that discussion.**

**I will try to call you** to see if we could talk briefly on your thoughts on my request for such a meeting and what other aspects of your thinking about the national service program that I should make the other groups aware of. Thank you for considering this request.



*Professional  
Opticians*

71 - 25TH STREET WEST - SUITE 5, BILLINGS, MONTANA 59102 -- (406) 652-7112

May 7, 1993

Mr. Eli Seigel  
The White House  
1600 Pennsylvania Avenue  
Washington, DC

OLDER  
AMERICANS

Dear Mr. Seigel:

As I sit at my desk listening to your interview on the Larry King Show of this date, I am impressed by something to which I feel your attention should be directed.

I guess I am considered an older American. At 49 years of age, I have recently found it necessary to declare bankruptcy in order to get out from under \$30,000 of debt, most of which came about due to a three year period of unemployment. Then I borrowed \$20,000 from my father-in-law and began a business. It was the only way I could get employed.

What was my problem?

I had once been very successful in the Optical business, and nobody would employ me for fear I could take their business away due to my extensive knowledge. It was very frustrating. To further exasperate the problem, whenever I applied for any other job I was faced with the answer that I was "over-qualified" for an entry level position. Over-qualified, as we know, is a buzzword for "too old and an insurance risk." Thus, for three years, I was in limbo: unemployed and soon not qualified for unemployment, unemployable, and sinking deep into debt.

When President Clinton originally talked about National Service, I do not recall him restricting it to "young people." We older, "over-qualified" americans need work, too. Frequently, the only way older americans can get work is to become professionals through graduate work. I was excited when I first heard about National Service, and I am less excited now. I thought I could do a couple of years of National Service and get enough to go to law school.

Now you're talking about young people, excluding older americans from consideration. Is this the intent? If it is, are others like me who do not have the benefit of a family member who can help them out to be condemned to permanent joblessness and homelessness? We give lip service to retraining, but nothing else. One with my qualifications would be promptly drummed out of any retraining program as "over-qualified."

Please address these problems, and give us all equal opportunity.

Sincerely,

Paul D. Friend

28 Harrison Street  
Brookline, MA 02146  
4 May, 1993

Mr. Eli Segal, Director  
Office of National Service  
The White House  
1600 Pennsylvania Avenue  
Washington DC, 20500

COMPLAINT ]

Dear Mr. Segal,

I hope have not misspelled your name. I heard it at the end of your appearance on NPR and had to guess at the spelling. I would have liked to have called the program to speak with you in person but I was listening in my car. My intent was to express concern that there may be sections in the current statutes relating to student financial aid that may undermine some of what you are attempting to accomplish with the national service plan. Let me explain.

I have a number of children who have already gone through the financial aid application process, in fact, more than once. When my younger daughter was applying for admission to a number of colleges, she included Simmons College here in Boston. Her reason was very simple. Simmons has a competitive scholarship for which my daughter was eligible. The brochure stated in several places that the winners would receive "cash awards which were independent of any other financial aid awards." For applicants not requesting financial aid, that meant their tuition bill would be reduced by the amount of the award. I assumed that, for students requesting aid, the statement meant that a standard award package would be developed for the candidate. Then, if she won, the amount of student and family self help that she was expected to contribute would be reduced by the amount of the "cash award." I was wrong!

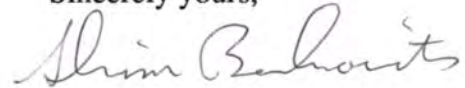
My daughter wrote the essay, went through the interviews and won \$2,000 a year for four years. I expected that she would be able to reduce her yearly Stafford loans by \$2,000. Not so. I thought she might be able to save \$2,000 from her summer earnings and savings to buy a much needed personal computer. Not so. I hoped she would not have to be involved in work-study and could spend all her efforts on her studies. Not so. I even prayed that my own tuition contribution might be reduced by \$2,000 per year. Not so. I was told that the Federal formulae dictate at what level family self help must be set for us and that was the amount of self help we had to produce. The \$2,000 from one special Simmons College fund just reduced the aid award the Simmons offered my daughter from the general aid fund. The "cash award" made it no easier for her to attend Simmons than without it.

I am afraid the same situation will develop with your service program. If my eleventh grader decides to do a year of service before he starts college, the schools will expect him to declare he has a \$5,000 resource to pay towards college expenses. Federal formulae will again dictate the level family self help based entirely on his savings and earnings and on my savings and earnings. These earnings and savings numbers are unaffected by the \$5,000. They will have no bearing on the dictated self help portion. The \$5,000 will come off the college's aid grant. The school will benefit but the \$5,000 will not make it financially easier for my son to pay for his part or for us to pay ours. The new legislation must indicate clearly that national service tuition awards must be used to reduce

Stafford loans, work study and even parents' loans. In short, the \$5,000 must be used to defray the self help obligation as currently computed. Only after self help, or at least the loan portion of self help, has been reduced, can a school apply the service grant money to reduce their award to a student.

I shall be pleased to discuss this issue further with you, if you wish. My home phone number is (617) 232-9612. I have two work numbers (because I work to jobs to raise tuition money for my children). They are (505) 934-2425 and (617) 271-3271.

Sincerely yours,

A handwritten signature in cursive script that reads "Shimshon Berkovits".

Shimshon Berkovits

April 29, 1993

The Honorable Al Gore  
National Service Program  
600 Pennsylvania Avenue  
Washington, DC 20500

Dear Vice President Gore:

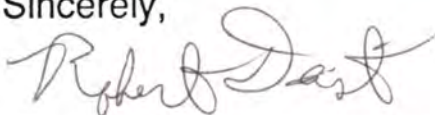
Access To Independence is a private non-profit independent living center in Madison, Wisconsin. We provide a number of services to people with disabilities as the enclosed material indicates. We are very interested in participating in President Clinton's National Service Program.

Personal care attendants provide an extremely valuable service for people with severe physical disabilities in our community. They provide assistance or complete help in daily cares such as bathing, dressing, bowel and bladder care, as well as housekeeping and meal preparation. Without personal care attendants people with severe disabilities could end up in institutions.

Unfortunately, the pay for this type of work is low so it is always difficult to recruit attendants. Offering educational credits as an incentive to employment in a city which boasts one of the largest universities in the country, a private college, and a technical school could have a significant impact on our program and the clients we serve. We welcome the opportunity to participate in this creative initiative.

Thank you for your consideration. I look forward to hearing from you soon.

Sincerely,



Robert Deist, Assistant Director

enclosures

cc: Senator Russ Feingold  
Senator Herb Kohl  
Congressman Scott Klug



NELLIE  
MAE

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Lawrence W. O'Toole  
President and CEO

May 3, 1993

Mr. Eli Segal  
Director  
Office of National Service  
The White House  
Washington, DC 20500

Dear Eli:

I enjoyed your presentation this morning at the Boston Harbor Hotel regarding the President's National Service program and the opportunity to speak with you at the conclusion of your remarks.

As I mentioned, Nellie Mae is the largest non-profit provider of student loan capital in the country in both the federal programs and in privately sponsored programs.

In addition, over the last three years Nellie Mae has provided grants of over \$1.5 million to 78 locally run programs throughout New England which offer educational support and encouragement to "at-risk" youth. These activities, in each of the six New England states appear to be very consistent with the stated objectives of National Service, to put volunteers to work in locally identified areas of need.

We would be pleased to share our experience in these activities with you or your staff and have enclosed a more descriptive piece.

Based upon our experience we would encourage the President's National Service legislation to include provisions which could include organizations and programs like Nellie Mae as eligible sponsors and administrators of volunteer programs.

We have been working with Dave Longanecker and others at the Department of Education and with Senator Kennedy's office on related provisions in the direct loan legislation which would allow the current non-profit participants to be able to assure the availability of capital during any transition period.

We would be pleased to answer any questions or to discuss how we might contribute to the success of the President's program.

Very truly yours,

Lawrence W. O'Toole

*A national leader in student loan financing and services*

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# Outreach

The Nellie Mae Fund for Education

Spring/Summer 1992 • Volume 1 Number 1

## Reaching Out to Find Solutions

In early 1990, Nellie Mae expanded its corporate mission of supporting access to higher education by creating a philanthropic program called the Nellie Mae Fund for Education (NMFE). In just two short years, the NMFE has provided over a half million dollars to a wide range of noteworthy education projects and diverse communities throughout New England that are dedicated to helping kids achieve.

Programs to which grants have been awarded encourage students to remain in school, establish goals and aspirations, and provide support for completing high school and pursuing a postsecondary education. Although we have granted funds to a variety of impressive programs, the NMFE is particularly interested in those which derive from strong school/college partnerships. These partnerships represent the vital elements that define the Fund's mission, and serve as the ideal mechanism to help kids realize their true potential.

There are a growing number of early intervention and early awareness programs in New England being developed by individuals with innovative ideas and proven methods of insuring success. The NMFE is committed to these programs, so that together we can make a difference in the lives of many students throughout New England.



Photo by Stephen Sherman

In response to the quick success of the NMFE, it has become necessary to improve our ability to communicate with our growing community of grant recipients. This issue of *OUTREACH* represents the first of many such efforts. In addition to program updates and other informational materials, *OUTREACH* will also profile several programs and administrators who, through their untiring efforts, continue to give of themselves for the good of others.

In spite of these difficult economic times, from the rural areas of Maine to the urban areas of Boston or Providence, programs are not only surviving, but are making a truly inspirational difference. *OUTREACH* is published on behalf of these programs. ■

*The photo above shows students involved in the Biotech Learning Lab at Boston University Medical School, one of several math/science initiatives funded by the Nellie Mae Fund for Education.*

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# Outreach

The Nellie Mae Fund for Education

Winter/Spring 1993 • Volume 2 Number 1

## Opening Doors to Math and Science for Young Women



*At a Math and Science Institute workshop girls learn the fundamentals of composting as well as more about recycling and what happens to our household garbage. The workshop is conducted by Judith Hall, a plant pathologist, who also talks about careers in botany.*

Concern over the relatively low enrollment of women in technical degree programs nationwide, coupled with a projected shortfall of United States' scientists, engineers and technicians, spurred Vermont Technical College in the early 1980's to examine issues regarding the participation of women in technology. Recognizing a need to encourage girls and young women to pursue math, science and technical studies and careers, Vermont Technical College (VTC) established the Women in Technology Project (WIT) in 1986 with a grant from the Vermont Department of Education.

WIT has five innovative programs which serve girls in grades K through 12: Speakers Bureau, Shadow Days, Girl Scout Computer Fun, Summer Technology Camp and Math and Science Institute. The Speakers Bureau brings women engineers, scientists and technicians into Vermont classrooms to speak about careers that require a math or science background. High School girls who have an interest in learning more about jobs in science and technology may visit the VTC campus and workplaces of professional women in those fields through WIT's Shadow Days program.

The Girl Scout Computer Fun program offers Junior Girl Scouts an opportunity to

*Vermont Technical College (VTC) is one of many organizations supported by a grant from the Nellie Mae Fund for Education in 1992. VTC's Women In Technology programs are making a difference in expanding educational and career opportunities for young women.*

earn their Computer Fun Badge by spending a day at VTC's computer and robotics labs. Summer Technology Camp is designed for 7th and 8th grade girls who express an interest in math and science. The camp provides hands-on technical projects and workshops, as well as an opportunity for girls with similar interests to meet and begin to form networks. The Math and Science Institute allows girls who participated in Summer Technology Camp or Shadow Days to participate in three-day long, intensive math and science workshops.

All WIT programs have been developed to encourage girls to pursue their interests in math and science and to reinforce skills and knowledge needed to obtain competitive jobs available in today's and tomorrow's job markets. Through these programs, and by introducing girls to women mentors, WIT hopes to reduce the negative effects that gender-based, occupational stereotyping has had on women and their families.

Recently, WIT conducted a survey of the programs' effect on the young women who participated in the Summer Technology Camp, Shadow Days and Math and Science Institute. The majority of the girls who responded to the survey indicated that the programs influenced decisions about pursuing higher levels of math and science in high school. One young woman responded, "I have always enjoyed science, but not math. The Tech Camp reinforced my interest in science, and math seemed not quite so bad."

Perhaps of greater importance is the number of program participants now in college who have chosen majors in math, science and technological fields. Of the six

respondents now in college, all are majoring in related fields such as engineering, pre-medicine and economics. A past program participant who is now in college wrote, "Now that I'm in college it is easy for me to see that your program pointed me in the right direction. I even used parts of the drafting kit in my 101 course this fall! I don't think that I would be at Mercer studying engineering without your program."

WIT's success is demonstrated by the increasing number of girls interested in attending Summer Tech Camp and the Math and Science Institute. Requests from schools for presentations from the Speakers Bureau have also increased dramatically. This year, WIT was able to accommodate only sixty-five percent of the requests from schools for women speakers. The challenge for Amy Emler-Shaffer, Director of WIT, is finding

*continued on page 2*



*Summer Tech Camp participants design and build their own solar powered cars while learning how solar power is converted into electricity. The workshop was conducted by Anitra Sorenson, an engineer.*

23/iv/93

Eli Segal, Esq.

Commission on National Service  
The White House

Dear Mr. Segal,

In my memorandum/Note which I sent you a few days ago, I should also have mentioned the following:

Members of the National Service could also be very useful teaching English (and American History) to New-comers to America; This could be a very effective and important way to integrate immigrants into the fabric of its country and prepare them for good citizenship.

PROGRAM  
CONTENT |

with all, all good wishes for  
a successful program and with  
best regards, I am

Sincerely,  
Karl-Ludwig Selig

→:

Mailing address:  
(Post.) Karl-Ludwig Selig  
30 East 37 St.  
New York, N.Y.  
10016

ACTION —  
APP T.

826 Avon Street  
La Crosse, WI 54601  
April 29, 1993

Eli Segal  
Special Assistant to President for National Service  
White House  
Washington, D.C. 20525

Dear Mr. Segal:

In recognition of your position in the Clinton Administration, I am writing not only to express support for the Retired Senior Volunteer Program (RSVP), but more importantly to ask your help.

RSVP is funded through ACTION, the Federal Volunteer Agency. I am concerned that there have been no appointments to head this agency, either nationally or regionally. In fact, for the past several years many of the programs under ACTION have not been adequately funded or promoted. A by-product of this is that new programs are being created which duplicate ACTION services provided by RSVP.

My recent involvement in RSVP has made me aware of it as a cost effective program which provides a variety of valuable volunteer opportunities for seniors ages 65 and over. It invites seniors to continue to make a significant contribution to our community and to improve the quality of life for young and old alike.

For example, to name only a few of the on-going services, RSVP volunteers in our area work as tutors for children in schools and day care centers, they sew bandages for those suffering from cancer. They also serve as counselors to their peers who may be dealing with the loss of a spouse or with the many health, social and security concerns associated with the aging process. RSVP volunteers in our area also provide rides and escort services for those unable to use public transportation.

One outstanding strength of the Retired Senior Volunteer Program is that it has created a network within surrounding communities working closely with social service agencies, health care providers and others. It has become a dependable resource in our rural areas.

The most important aspect of the program is that it allows and encourages the older person to remain an active, contributing member of society long after retirement.

I ask your support for the continuance of this important program.

Sincerely,

*Grace Mc Donald, FSPA*  
Sister Grace McDonald, FSPA  
Member, Advisory Council of RSVP

PHOTOCOPY  
PRESERVATION



**HOSTELLING  
INTERNATIONAL®**



American Youth Hostels

733 15th Street NW, Suite 840, Washington, DC 20005  
(202) 783-6161 Fax: (202) 783-6171

27 April 1993

Mr. Eli Segal  
Director, Office of National Service  
The White House  
Washington, DC 20005

WANTS TO  
HELP FORMULATING  
PROVIDE LODGING  
FOR NS PART.

Dear Mr. Segal:

On behalf of American Youth Hostel's Board, staff, and volunteers, I want to express our great interest in President Clinton's plans for a youth service program for the United States. We would like to offer our assistance in designing such an effort and our help and expertise in formulating constructive work assignments for participants.

Let me tell you about our organization. American Youth Hostels was formed in the 1930's to participate in what eventually became a worldwide movement of encouraging young people to explore the world beyond their own communities; youth hostels -- simple, safe accommodations -- make this exploration possible. Today 73 countries form the International Youth Hostel Federation, located in London. Recently, the IYHF initiated an effort to upgrade and unify its image by doing business as Hostelling International. Youth hostels form the largest single network of accommodations, with more than 6000 operating around the world. In these days of growing global networks, ours is already in place.

In the United States, we offer the hostelling membership card to Americans who wish to travel abroad. Through our local councils, we help travelers access budget travel opportunities, including hostels, Eurail, and inexpensive airline fares. We also license and operate 200 hostels in the U.S. -- and this activity is becoming increasingly important to our mission. Over the past several years, our hostels have been used increasingly by international travelers, many young, and most on a first trip to the United States. Thus, in addition to serving our own travelers, we are helping international travelers find their way throughout this country, and we are interpreting life in diverse communities of the United States to these (mostly) young travelers. In addition, we are encouraging youth organizations to use youth hostels as they travel and explore.

AYH Hostels vary greatly in their size and location. Small hostels are in such diverse places as a lighthouse on the California coast, a forest in Georgia, and a state park in Minnesota. Larger facilities, or gateway hostels, are now located in nearly every major American city.

Mr. Eli Segal  
27 April 1993  
Page Two

Visitors to these hostels find lively programs in addition to an affordable accommodation: a chance to meet local youth in Washington, D.C.; an opportunity to work in a soup kitchen in New York City. Walking tours, evening programs, volunteers who meet and greet visitors -- all are important elements in the experience we offer.

Travelers who choose hostels are independent, adventure-seeking, out to see and understand the world, eager to learn. Groups, especially youth groups using hostels, are providing their participants a learning experience whether an urban Outward Bound venture, visiting a city's cultural institutions, or hiking and biking a rural area.

AYH's 200 accommodations provided 1 million overnights in 1992. It seems to us that our facilities would offer meaningful assignments to a selected number of U.S. volunteers. We are already practiced in the art of managing volunteers. For anyone with an interest in the travel industry, hostels, particularly a large urban hostel, offer much the same services as a hotel. For instance, in our 480-bed hostel in New York City, North America's largest, a participant would have an opportunity to learn front-desk management, the details of security and housekeeping, and program management. At a smaller hostel, where an owner/manager undertakes all management and hospitality tasks, a national service volunteer could provide welcome help. At our national office, a chance to apply marketing skills in promoting hostel use; a chance to apply business management skills in overseeing the hostel system. We would be able to assign participants to one or a number of locations, and in some cases, we could provide accommodations as well.

For the hostel guest, a national service volunteer would provide yet another American presence to learn from. International visitors tend to be young adults; many have already served national service stints in their own countries. Such interactions are part of what hostelling is all about: a chance to understand the world and its people. If you have traveled this way yourself, you know how memorable a trip can be when it is enriched with the experience of meeting local people.

I look forward to hearing from you as the effort to introduce national service into America life develops.

Sincerely,



Richard Martyr  
Executive Director

RM/sb

Enclosures

**For Immediate Release**

Contact: Toby Pyle  
733 15th Street N.W. #840  
Washington, D.C. 20005  
Phone: (202) 783-6161



*November 13, 1992*

# PRESS RELEASE

A M E R I C A N   Y O U T H   H O S T E L S

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## Free 1993 AYH Discovery Tours Catalog Now Available

### New Trips Include Hiking in Israel and Cycling Down the Danube

Washington, D.C. -- Hostelling International/American Youth Hostels' exciting low-cost Discovery Tours offer a variety of hiking, cycling and backpacking adventure trips in the USA, Canada and Europe.

Thirty different itineraries are listed in the 1993 Discovery Tours catalog, including 10 brand-new tours which feature hiking in Israel or Yosemite National Park, cycling down Austria's Danube River or through Pennsylvania Dutch country, and backpacking in some of Switzerland's most famous mountains.

Discovery Tours are not just a vacation adventure, but an experience; an opportunity to come face to face with new peoples, cultures and environments - from the Canadian Rockies to Cape Cod, from the Matterhorn to rugged western Scotland.

Hiking and cycling tours are rated for all levels of skill, from beginners to the experienced. Discovery Tours feature small, friendly groups, usually nine plus a trained tour leader.

Tour departures are scheduled for all age groups from teens, 15 and older, to 50+ travelers. Several tours are available in the "open" category, perfect for a family, or grandparents and grandchildren.



(more)

**1993 Discovery Tours**  
**November 13, 1992**  
**Page 2**

Cycling tours range from a 10-day trip in Pennsylvania Dutch country for just \$460, to two weeks exploring France's Loire Valley Chateaux for only \$850 (land cost).

Hiking tours by van are of the "day hike" variety, using a base camp to leave heavier gear. Hike in majestic Yosemite National Park on a nine-day tour for just \$500, or trek through ancient Israel for 13 days for only \$800 (land cost).

Five backpacking tours are available in Europe, including eight days in James Herriot's verdant Yorkshire Dales in England for just \$600, and a seven-day exploration of the Swiss, French and Italian sides of spectacular Mont Blanc for only \$725. (Prices for European tours are land costs only.)

European tours are led by native leaders and include an international roster of tour participants. North American tours are led by an AYH-trained tour leader.

All prices include overnight accommodations in hostels or campgrounds, group-prepared meals, an entertainment fund and tour leader. Hostels have dormitory-style accommodations with separate quarters for males and females, self-service kitchens, dining and common rooms. Hostels come in an infinite variety, from a lighthouse on the California coast to a castle in Switzerland.

The 22-page AYH Discovery Tours catalog is available free of charge by contacting:

**Hostelling International**  
**American Youth Hostels**  
**Dept. 860**  
**733 15th Street, N.W.; #840**  
**Washington, D.C. 20005**  
**(202) 783-6161**

American Youth Hostels, a member of the International Youth Hostel Federation (IYHF), is a not-for-profit corporation which promotes international understanding through its educational travel programs and network of hostels. Hostelling International and the Blue Triangle are the seal of approval of the IYHF, representing 6,000 hostels in 70 countries, and guaranteeing quality budget accommodations for travelers of all ages.

**# # #**

**Editor's Note:** On the inside back cover you will find a list of 39 AYH regional offices. All can provide information on AYH and its programs, including Discovery Tours. If it is appropriate for your readership to list a local AYH office please do so.

Photos, both black and white and color are available. Contact Toby Pyle at (202) 783-6161.

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AMERICAN YOUTH HOSTELS 1993

# DISCOVERY TOURS



**Low-Cost**

**Adventures For All Ages**



# MORE GREAT REASONS TO STAY AT AYH HOSTELS!

The following is a brief list of regular activities at Ayh Hostels to help you plan your trip. Most of these activities are FREE, and others charge a small fee. Many AYH Hostels not listed below schedule a wide variety of activities for hostellers -- ask at the front desk when you check in. AYH Hostels are more than just a place to stay!

## **B**ALTIMORE INTERNATIONAL AYH-HOSTEL

- Movies at the hostel every Sunday night
- Walking tours of Baltimore Every Saturday morning

## **B**OSTON INTERNATIONAL AYH-HOSTEL

- Coffee house at the hostel, third Friday of each month starting at 7:30 p.m.
- Video movie night at the hostel, every Tuesday at 7:30 p.m.

## **H**ALE ALOHA AYH-HOSTEL

- Double-feature movies at the hostel, every Sunday
- Shoreline walk along Diamond Head, once a week
- Team games in near-by park (soccer, volleyball) once a week

## **H**ONOLULU INTERNATIONAL AYH-HOSTEL

- Video movies at the hostel, 2 or 3 times a week
- Hikes to near-by trails in Honolulu, once a month
- Starlight Cruising, once a month
- Walking groups to a near-by ethnic restaurant/pub, 2 times a week

## **N**EW YORK INTERNATIONAL AYH-HOSTEL

- Walking tours of the city
- Free/discount tickets to nightclubs, cultural events, Broadway theater

## **O**RLANDO INTERNATIONAL AYH-HOSTEL

- Free transportation to the Orlando Science Museum every Sunday
- Discount tickets to Universal Studios/ Sea World and Wet & Wild

## **S**ANBORN PARK AYH-HOSTEL

- Pot-luck dinner, followed by a slide show on international travel
- Last Thursday of every month, 6:30 pm
- Gourmet Dinner Night at a local ethnic restaurant, with local Ayh members, monthly
- Regular tours of Indian relics discovered behind the hostel; permanent interpretive trail being developed

## **S**ANTA MONICA INTERNATIONAL AYH-HOSTEL

- Movie night at the hostel, 2 nights per week
- Volleyball on the beach, every Tuesday
- American Barbecue dinner, every Sunday
- Bike Trip to Venice, twice a month
- Budget Travel seminars, every Saturday

## **S**EATTLE INTERNATIONAL AYH-HOSTEL

- Walking tours of downtown Seattle, daily at 1:00 p.m.
- Orientation to Seattle--What to see and do, nightly at 7:15
- Discount tickets to Aquarium, Omnidome, Museum of Flight
- 5-day Sailing instruction program at Lake Union (bus-ride from hostel) weekdays, \$75.00 charge
- Hostel Concierge (information) Desk, every morning and evening

## **W**ASHINGTON INTERNATIONAL AYH-HOSTEL

- Walking tour of Washington and Army Band Concert, every Friday evening
- Short film on Washington D.C. and walking tour, 2 nights each week
- Free/discount tickets available to at least one drama/music event each week
- Classical American films at the National Theater, every Monday evening
- Crab Feasts/ picnics/ professional baseball games, monthly

## **M**IAMI BEACH INTERNATIONAL AYH-HOSTEL

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### Harpers Ferry Youth Hostel on cutting edge of conservation

By KAREN GARDNER  
Assistant Family Editor

**SANDY HOOK** - The Harpers Ferry Youth Hostel, under the auspices of veteran conservationists Jeanne and Harry Thomas, is one of four model youth hostels nationwide to focus on conservation.

The former auction house, with its large, drafty rooms, uninsulated walls and old piping, doesn't look like a place on the cutting edge of conservation technology. But it's a start, for American Youth Hostels, and for the Thomases, who spent the last six years in Athens, Ohio, starting a recycling program in that university town.

"Harry and Jeannie are experts," said Beth Rascoe, program coordinator for American Youth Hostels' Washington, D.C., office. She and Laura Mosdal, an intern at AYH who has a background in environmental education, spent two days at the hostel last week helping the Thomases begin the conversion process to what is known in conservation jargon as a sustainable living center.

Youth hostels, a system of cheap, clean, comfortable lodgings that spread from Europe to the United States and the rest of the world, naturally lend themselves to conservation. Youth hostels are for people of any age, but they tend to attract outdoorsy people, many of whom are interested in recycling and other conservation measures.

And youth hostel managers tend to be outdoorsy, as interested in the preservation of nature as the hikers and travelers who stop in.

AYH has a \$25,000 grant, matched by the International Youth Hostel Federation, to set up the four model sustainable living centers. When these are established, by March 1994, a handbook developed from their experiences will be distributed to all 240 youth hostels in the U.S.

Conservation, Mrs. Thomas said, runs in her family. "I've always been very interested in it," she said. "My grandfather practiced organic gardening before anybody ever heard of the phrase."

Her grandmother came from a Nova Scotia family that economized on everything, she added. And Mrs. Thomas, 66, grew up during the Depression, when thrift was a way of life.

"Use it over, make it over, wear it out, make it do," was a common expression back then, she said.

The couple does not own a car. They bike everywhere, and use public transportation when they can.

Harry Thomas, 62, a Winnebago Indian, grew up in northeast Nebraska. "The difference between Harry and Iron Eyes Cody is Iron Eyes cried in the commercial," Mrs. Thomas said, referring to a long-running TV commercial about litter. "Harry did something about it."

Mrs. Thomas, a onetime nurse, insurance agent, Girl Scout leader, Cub Scout den mother, foster grandparent, and public radio assistant, said her husband was almost singlehandedly responsible for starting a recycling program in Athens, home of Ohio University.

The couple would walk around the

Thomases as a housewarming present.

Ms. Rascoe and Ms. Mosdal planned to help the Thomases install water saving devices in showers, toilets and faucets, and wrap the hot water pipes with insulation.

"They've already got plans for an outdoor solar oven," Ms. Rascoe said.

While the house doesn't have any insulation, Ms. Rascoe pointed to the large windows that let in lots of light on a gray, wintry morning. "Older houses have passive solar," she said. "You throw open the curtain when the sun comes up, and you close them off when the sun goes down."

Mrs. Thomas, an avid quiltmaker, said she planned to hang quilts and other wall hangings on exterior walls. "They do insulate," she said. "They trap warm air and keep it from going outside."

Ms. Rascoe said the conservation tips could save the hostels money in the long run. "We're basically a business," she said. "While we're non-profit, we don't want to operate

*Youth hostels are for people of any age, but they tend to attract outdoorsy people, many of whom are interested in recycling and other conservation measures.*

campus, raid the trash cans at local bars and walk along roadsides picking up cans, bottles, plastic, cardboard and papers and cart them off to recycling centers.

"In two years, he and I rescued 3,000 pounds of cans," she said.

Ms. Rascoe hopes the sustainable living center program will have a similar effect on hostels. She brought a reusable grocery bag filled with environmentally friendly cleaning products and presented it to the

at a loss.

With heat escaping from hot water pipes and uncaulked windows, she said, "You're just burning dollars." Hot water heaters need to be insulated, Ms. Mosdal said, "if you touch the outside and it's warm." Blankets can be obtained from power companies to insulate the heater.

The same goes for hot water pipes that aren't insulated. Insulation can be wrapped around the pipes, or special pipe insulation can be used, she said.

Ms. Mosdal also suggested table lamps be replaced with energy-efficient fluorescent light bulbs. Newer ones have much softer, more natural, lighting than traditional fluorescent lights, and they last up to 12 times as long, she said.

"You probably wouldn't even notice the difference," she said of the lighting. As to availability, she added, "They're in Kmart."

Converting hostels to energy efficient ways won't always be easy, Ms. Rascoe said. Hostels are often in buildings that were never meant to be lived in, including barns, light-houses and firehouses. Others are in old hotels that need some updating, she said.

The four showcase hostels chosen for the conservation project include, besides the Harpers Ferry Hostel, Stanford House Hostel, in Peninsula, Ohio, Mississippi Headwaters Hostel, in Lake Itasca, Minn., and the New York City Hostel.

"There's a good mix of geographic areas, urban and rural," Ms. Rascoe said. "Those managers are also committed and willing to volunteer their efforts."

The two AYH representatives



Staff photo by Timothy Jacobson

Harry and Jeanne Thomas, who run the Harpers Ferry Youth Hostel, discuss matters while Harry tends to his compost pile on a recent afternoon.



Staff photo by Sam Yu

The Thomases (at left) of the Harpers Ferry Youth Hostel talk with Laura Mosdal, an intern at AYH who has a background in environmental education, about environmental products.

came laden not only with ideas, but with books on how to improve their ecological surroundings.

The Thomases, however, have improved the ecological surroundings of just about any place they've lived. Mr. Thomas left his Native American roots and spent 23 years living on the Appalachian Trail.

"Harry's a legend," his wife said. "When it got too hot or too cold to walk the trail, he'd go to work in a resort."

Then he'd be back out on the trail, living in a tent or staying with his forebears. He ate rattlesnake, squirrel and crayfish, and picked berries, ramps and branch lettuce.

"That history is even passed down to younger hikers," said Jean Cashin, of the Appalachian Trail Conference in Harpers Ferry. "He's Harry the Indian." He taught many a hiker how to keep a campsite clean, how to build a fire.

"He could catch a fish with a spear, or with his bare hands," she added. Hikers on the trail have passed stories of him through their communication network, a series of comment books located in each shelter along the trail.

"I'm sure what he did was wipe the fear out of a lot of people," Ms. Cashin said. "If they were doing something wrong, he'd never make fun of them. He'd just show them a different way to do it."

His storytelling is as well-known as he is along the trail, she said. And his fame is an added boost for the youth hostel. "When they hear Harry and Jeanne are running the hostel, they go there, whether they were planning to go or not," she said.

"It's a wonderful legacy." The Thomases met six years ago when Jeanne Thomas, who had just retired from nursing, decided to hike the trail in Georgia. The couple married, and because of arthritis in Harry Thomas' knees, left the trail to live in Athens, home to Ohio University in southeastern Ohio.

"Harry said he did the biggest recycling job of all when he recycled me from a widow into a wife," Mrs. Thomas said with a smile.

The couple wanted to return to the Appalachian Trail area, and got the opportunity to manage the Harpers Ferry hostel in October when the last manager, Tom Kenny, left.

The long, low, white building is just a stone's throw from the trail, and at mile 56, is just a few feet from the C&O Canal Towpath, on Keep Tryst Road, near this tiny community just outside Harpers Ferry. The house sits on four wooded acres, and on one side, Mr. Thomas is preparing his garden for spring planting. Compost piles are providing the necessary nutrients.

"One of the things we use a lot of here is paper towels," Mrs. Thomas said. "You can compost paper towels," Ms. Mosdal responded.

She also suggested to the Thomases that they have the gas company turn down the temperature of the water heater to 120 degrees. It saves fuel, she said.

These tips aren't the only reason for the national project, Ms. Rascoe said. "There's an educational aspect of it, to help all people, especially young people, create a better understanding of the world."

# Style



BY FRED SWEETS—THE WASHINGTON POST

Hostel visitors Patricia Colmenares of Mexico, left, and Alex Wright of Australia  
 are over a map of the District.

## Oasis in a Hostel World

In D.C., Common Ground for Global Travelers

By Mae Ghalwash  
 Washington Post Staff Writer

It's about 9:30 p.m. and the dining room at the Washington International Youth Hostel at 11th and K streets NW has just come alive with travelers clad in T-shirts, cutoffs and well-worn walking shoes. After a long day of touring Washington, they are using what's left of their energy to prepare dinner, eat, write letters and socialize.

At one of the tables Consuelo Lorenzo Monterrubio, from Mexico, is carefully listing statistics she recorded earlier in the day on the hare collection in the Smithsonian's Museum of Natural History for her PhD studies. Her cousin Patricia Colmenares, a graphic designer, is concentrating

on a pile of postcards. Briton Deven Lakhani, who is penning a long letter, leans over Colmenares' pile and observes: "You've got a lot of writing to do." A friendship is struck up among the three of them.

Occasionally pulling out their Spanish-English dictionary, Colmenares and Monterrubio swap stories with Lakhani about using maps, the film "Born on the Fourth of July"—Colmenares puts her hand to her heart and sighs at the mention of Tom Cruise—and finding work in their countries and abroad.

"Hostels are the best way for meeting people, especially if you are traveling alone," says Lakhani, a 23-year-old optometrist on the last leg of an eight-month world trip.

See HOSTEL, B3, Col. 1

# Hostel Connection

HOSTEL, From B1

Meeting people. That's what hosting is all about. And that's the message of this 250-bed hostel, one of the largest in the country and the only one in the capital. Globe-trotters of all nationalities come together here: Japanese, British, Nigerians, French, Germans, South Africans, Russians, Swedes, Canadians, (lots of) Australians and Americans who live outside a 25-mile radius of the District.

## Finding a Common Ground

The Common Room, a meeting-lounging area off the reception room, is dressed in international flags—an Israeli flag hangs opposite a Saudi Arabian flag. "We are trying to create an atmosphere where people can share things, but they shouldn't bring their politics with them," says John France, the Washington hostel's deputy director and a New Zealander, who jokes with newcomers while explaining the house rules.

Nationalities—but not the sexes—mix in the bedrooms. Travelers are grouped into cozy four-, eight- or 14-bed rooms costing \$15 per night for youth hostel members and \$18 for others. (Stays are limited to 10 days.) Danielle Moyes, 19, from Seattle, and Ingela Larssen, 22, from Sweden, who are taking a week-long break from their jobs as nannies in New York, are rooming with 12 other women. "South Africans, an Australian, English, Irish, Japanese and Scottish," says Larssen—and those are only the nationalities they could identify.

Or the travelers mix during the hostel's activities, such as walking tours of the city, celebrations of American holidays or movie showings. "When I started this [three-month] tour of the U.S., I had a hard time, because I was always pampered. I always stayed in hotels," says South African Poovanesh Pather, 32, an English-language high school teacher, who is on her second continental trip. "But I found that [staying in hostels] brings you out of yourself."

Travelers also learn about popular beliefs or cultural misperceptions regarding their homeland. "I had people tell me, 'You speak such good English' or 'Do you have kangaroos running through the streets?'" says Aussie Jason Collins, 22. Collins leaves the impression that those remarks were not left uncorrected.

## On the Road

These adventurers come by bus, train, boat, plane and bicycle, some hitching rides. Many are on long vacations, anywhere from two months to two years, exploring three continents at a time. Some held two or three jobs at a time, saved for several

months or a year or took out bank loans to make their excursions.

Impulse invites adventures, as 25-year-old Nikki Delbridge of Wales and 21-year-old Ruth Gallagher of England found out when they hitched a ride that eventually landed them in a police station.

Their driver, a 22-year-old woman who borrowed a friend's car for a quick trip to New Jersey from Philadelphia, ignored the wild knocking coming from the engine. ("There wasn't any oil," Delbridge explains.) On a highway just outside Philadelphia, in the wee hours of the morning, "we heard a minor explosion," Delbridge says. The engine blew, smoking up the car and forcing the women into a mad scramble for the doors. No one was hurt. In fact, "It was really quite funny," Gallagher chuckles.

Stranded on the highway, Delbridge, Gallagher and the driver were soon picked up by highway patrol officers—"They were playing Madonna!" Delbridge says, laughing and sneering simultaneously at their choice of music—who let them "crash out" at a nearby toll booth station. During his off-duty hours, one of the officers volunteered to drive them to their destination—a guest house in Ocean City, NJ.

The Britons say their seven-week swing through the United States, their first "real vacation," is one they will never forget. "In the first two weeks of our vacation we've been in a car explosion, a police station, in the back of a police car and interviewed for The Washington Post. That's not bad," Delbridge chirps.

## From All Corners

Schoolteacher Pather bursts into the four-bunk room dripping sweat. Explaining that she has just come in from Philadelphia, she drops her bags, runs to the ladies' room to wash her face, and darts back into the room just long enough to announce that she is venturing back out into the Washington heat to see the sights.

But first, she marches into the hostel reception room and heads for a rack displaying tour brochures. An attendant tells her she does not need to pay to see the city. "Everything is within walking distance," he offers, and pulls out a map that illustrates D.C.'s landmarks.

Pather decides on the Smithsonian and heads out.

By this time—about 11 a.m.—the reception room is bustling with travelers, their packs and sleeping bags piled high on their backs. New arrivals sign in and pick up their bed-sheets, and departees check out and throw their sheets in a large hamper. Questions shoot from all directions in different languages and accents: "How do I get to the White House?

What transportation do I take? How much does it cost? How can I contact people here? Where's a good pub? When do the shops close?"

And answers come from all corners of the reception room: the staff at the front desk, the attendant at the door who prevents non-guests from entering, the clerk at the souvenir-convenience shop (which is off to the side).

"Without the hostel, D.C. would be a lot different," says Claude, a 29-year-old Canadian who would not identify himself further. "You would be on your own."

## A Cloud of Smoke

Walk up to the hostel at any time of the day and you will see groups of three, four, 10 or more, sitting, chatting, daydreaming—and puffing on cigarettes. The hostel has a smoking room in the basement, but for people whose countries do not have such strict smoking rules, being confined below street level does not work. "I like the entrance to smoke, I don't like the bottom," says Michael Antl, 19, of Germany. The smokers' room is "in the cellar and I don't like cellars."

## Making Do

In the hostel kitchen, across from the dining room, Jason Collins is sauteing a dinner of chopped onions, string beans and mushrooms. He pours spaghetti sauce over the vegetables and lets the mix simmer. "I ate junk food for two years," Collins says, stirring a second pot of boiling spaghetti. "I don't want to fall into that trap again."

The hostel does not prepare meals but provides cooking and eating utensils, and guests can pick up food from a supermarket about three blocks away. Unlike Collins, most of the travelers—whether they cook at home or not—prefer to heat canned foods, get a pizza from Domino's just down the street, or have a bowl of cereal from the hostel's convenience shop. But for Antl, who admittedly does not cook, the do-it-yourself kitchen is a bit tricky. "Last night I was trying to heat some beans, but I think I heated them for too long," he says, suggesting that he burned them. "I will not try to cook again. Tonight I will go to McDonald's."

## Moving On

It is 11:30 p.m. and the dining room is emptying out. The laughter from the table of Colmenares, Monterrubio and Lakhani has quieted to sleepy smiles. Lakhani is catching a train early in the morning, Monterrubio needs her rest before tackling the hare collection again, and Colmenares is going to hit the sights—and help her cousin with her research, of course. They exchange addresses—Lakhani is considering wandering to Mexico one day—and say their good-byes. Colmenares looks down at her postcards. She has written only two lines on one card.

# Youth Hostels Welcome Seniors

By Francis Mueller

Picture yourself, a tourist, spending a comfortable night in a former California lighthouse, the Pacific surf crashing ashore below; or in a restored art deco hotel on Miami Beach, now in the National Register but once a favorite hangout of Al Capone and his mob; or abed in a massive, gray, medieval castle in Germany; or possibly in a remote lodge out in the vast Australian bush — each at a cost of \$8-\$10 per person per night!

A flashback to the 1930s? No, just four of more than 5000 International Youth Hostels of today.

Youth hostels, both here and abroad, have long been known and used by savvy young tourists, trekkers, backpackers, cyclists and motorists.

These unique overnight lodgings provide a comfortable bed, kitchen privileges, a common dining area, and plenty of opportunity for social interaction and budding friendships. Prices range from a low of 35 cents a night in India to a high of \$18.75 in an historic building that covers an entire block in the heart of New York City. Generally they run between \$8 and \$12.

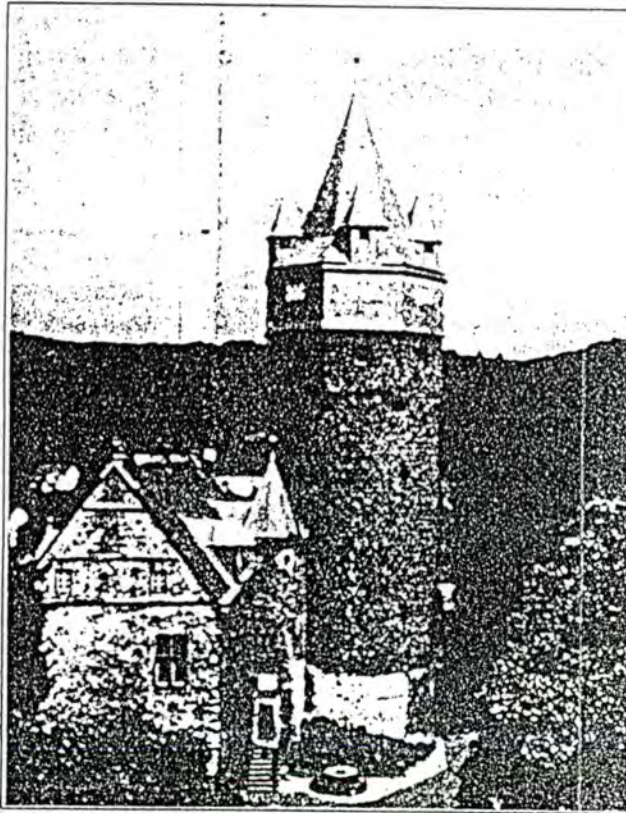
Sleeping accommodations for the most part are in unisex, no-frills

increasingly separate rooms for families and couples are being added.

There are 220 hostels in the United States and Canada affiliated with the nonprofit American Youth Hostel (AYH) organization. Its members automatically have reciprocal access to the thousands of facilities of the International Youth Hostel Federation (IYHF) worldwide.

Besides sleeping accommodations, the hostels also provide a variety of local educational and environmental programs, such as neighborhood tours, natural history excursions, cycling and hiking day trips, even free or discounted tickets to attractions near metropolitan locations.

The mission of the international hostel movement is laudable; to help all — regardless of age, nationality or income, but especially the young — to acquire a greater understand-



This castle in Germany is only one of the many inexpensive lodgings in hostels.

Toward that end, prices are kept minimal, with considerable dependence upon volunteer help and charitable contributions.

The hostels also have some expectations of its guests, benignly referred to as "customs." Alcoholic beverages, illegal drugs and pets are prohibited. Stays are limited, usually three to five days, and may be denied to those who live nearby.

mid-morning to afternoon.

Guests are expected to provide their own towels and bed linen. The hostel provides a clean bed, pillow and blankets. Required bed linen may be bought or rented for a nominal fee at the hostel. Regulars usually come with their own linen "sleep sack." Also guests are expected to clean their own room and perhaps contribute a brief housekeeping chore.

The first time I met a senior who had stayed at a hostel was last year in New Zealand, at a bed and breakfast inn. She was commenting on her experiences staying in hostels, which she considered a reasonable alternative to a B&B. She mentioned that her housekeeping assignment in one was to polish the front door knob, "probably in deference to my age," she smiled.

The variety of hostel buildings is enormous. Since the beginning in this country in 1934, AYH has acquired properties that would put the most creative real estate opportunist to utter shame. Buildings that have outlived their usefulness or become a drag to their owners, both private and public, are natural targets for AYH.

As a consequence, you'll find hostels located in almost every conceivable setting: parks, resort areas, mountains, islands, seaside, big

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**Hostels**

*Continued from P.13*

facilities, even aboard a docked ship!

Among them are a 100-year-old mansion in the middle of the French Quarter of New Orleans; a Civil War building on Fort Mason, minutes from Fisherman's Wharf in San Francisco; an ornate 1873 life-saving station on Nantucket's beach; a former motel on the Strip in Las Vegas; a grammar school built in 1893 in Fredrickton, NB, Canada. The variety is endless.

The term "youth" in AYH is at best vaguely defined, unofficially said to mean "youth of any age." I have been aware of youth hostels from travels through Europe, Britain, Ireland, New Zealand and Australia, as well as in this country. Occasionally, we had stopped to get friendly directions or local information.

My impression was that a senior might feel out of place. Subsequent experience has changed that viewpoint. In fact, AYH is making a special effort to attract seniors by establishing a discounted annual

membership fee of \$15 for those over 54. For "less mature adults," the fee is \$25.

That makes economic sense. Most hostels are open year round. Fixed expenses go on, but the bulk of youth travel is during school vacation periods. Savvy retired seniors prefer other than those crowded times for travel.

The increasing availability of hostel rooms for couples is an attractive plus. And apparently the message is getting through. According to Ms. Toby Pyle, public relations manager in the national AYH office, approximately 9% of AYH membership is 55 plus.

Membership in AYH is required for a stay at any of the hostels, although a "temporary membership" is available at the hostel for a small fee. Annual membership brings with it a thick, detailed guide to hostels in the United States and Canada, a quarterly travel news magazine, and a welcome to 5300 hostels on six continents.

For more information, write to American Youth Hostels National Office, PO Box 37613, Dept. 693, Washington DC 20013-7613; or call 202-783-6161. Or, better still, visit a hostel near you.

*Francis Mueller, very much a senior, lives between trips in Tampa, FL.*

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# TIDEWATER Parent

MARCH 1991

News for Parents in the 90's

VOL 1 NO. 7

MARCH 1991

HOSTELING

TIDEWATER PARENT 7

## American Youth Hostels: For Families Too! by Peggy Sijswerda

How would your son or daughter like to spend the night up in a treehouse? How about sleeping in a teepee just as native Americans used to do? Or would they prefer to stay in a lighthouse? These are just some of the accommodations your family can enjoy by becoming a member of American Youth Hostels (AYH). It's an exciting and affordable way to travel!

You might think youth hostels are just for young people who are backpacking or bicycling cross country. However, now-a-days more and more hostels offer family rooms, in which Mom, Dad, and the kids bunk together.

But what exactly are youth hostels? Hostels are low-cost dormitory-style accommodations which can be found in national and state parks, major gateway cities, and near many historic and national attractions. Each charges an overnight fee, usually \$5 - \$13 per person; children are charged half price. Hostels provide their own food, bed linens, and towels. Many offer kitchen facilities; some offer meals. To keep costs down, hostellers are asked to help with chores and to tidy up before leaving.

Ms. Toby Pyle, public relations manager for American Youth Hostels, notes that besides being affordable, hostels "provide innumerable opportunities to meet travelers from all over the world." She adds that this makes it "an especially interesting experience for children and teens."

In addition, according to Ms. Pyle, "Many youth hostels provide a variety of programs for guests, ranging from slide shows and programs on an area's natural history to walking tours of historic neighborhoods."

How can your family join? A family membership for twelve months costs just \$35 and includes parent(s) and children under age 18 (under age 15 in Europe). Besides being able to stay in



H-Bar-G Ranch AYH Hostel in Estes Park, Colorado

(Photo courtesy AYH)

hostels around the world, here are some of the other benefits you'll receive: the AYH Handbook, which gives detailed listings on the more than 200 American Youth Hostels; discounts on car rentals, bikes, books, backpacks, and more; a semi-annual magazine called Knapsack which provides updates on hostel openings and travel tips; and discounts on membership renewal.

Another benefit is the opportunity to take part in AYH Discovery Tours, a new travel program which offers hiking and cycling tours in the U.S., Canada, and Europe.

Where are youth hostels located? Over 200 AYH-licensed hostels can be found throughout the U.S. and there are more than 5,000 hostels in 70 countries worldwide. Here are a few noteworthy American Youth Hostels (categorized by region) which offer family rooms. Please note that you will need to make reservations for family rooms at most hostels.

### New York/New England

- The New York International Youth Hostel - Housed in a newly renovated, century-old landmark, this is the largest hostel in the U.S. Located on Manhattan's Upper West Side, the hostel contains 480 beds and has family rooms available. Open all year.

- Hyland AYH Hostel in Hyannis, MA - Surrounded by three acres of tall pines and evergreens, this comfortable home-like hostel offers 50 beds. Open all year.

- Peterborough AYH Hostel in Peterborough, NH - Once a home built in the 1840's, this hostel is perfect if your family likes to ski. Open year round.

- Schoolhouse Hostel in Rochester, VT - Formerly a church, this 160-year-old building is another hostel that's great for skiing families since it's just a short drive from many ski areas. Closed April 15-May 15.

### Out West

- H-Bar-G Ranch Hostel in Estes Park, CO - Near the entrance to Rocky

Mountain National Park, this hostel offers tennis, volleyball, and hiking. Open May 24-Sept. 12.

- Point Montara Lighthouse AYH Hostel in Montara, CA - Located 25 miles south of San Francisco, this hostel offers 45 beds and has six family rooms. Whale watching and horseback riding are available. Open year round.

- Vashon Island AYH Hostel in Vashon Island, WA - Stay in Sioux Indian teepees or a log cabin. Open 5/1-10/31.

- Hilo Bay AYH Hostel in Hilo, HI - On the big island of Hawaii, this hostel offers a breathtaking view of Hilo Bay and the Hamakua Coast, as well as local attractions, such as walking through lava tubes, steam vents, and giant fern forests. Open year round.

### South

- Miami Beach International AYH Hostel in Old Miami Beach, FL - In the heart of the colorful art deco district, this hostel is just two blocks from the beach. Open year round.

- St. Augustine AYH Hostel in St. Augustine, FL - This hostel is located in "oldtown," a charming, historic area first settled in 1565. Open year round.

- Hostel in the Forest in Brunswick, GA - Hostel facilities are housed in two geodesic domes plus treehouses situated in 90 acres of Georgia forest. Offers hiking trails, swimming hole, and fish pond. Open year round.

These are just a few examples of the many great hostels available for adventurous families in the U.S. As Toby Pyle puts it, "AYH hostels are more than just a cheap sleep." If your family enjoys meeting fascinating people, staying in interesting accommodations, and getting to know our country from a new perspective, then hostelting may be just for you. Happy traveling! ■

For more information on joining American Youth Hostels, write to AYH, P.O. Box 28607, Central Station, Washington, D.C. 20038-8607; (202) 783-4943.

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# Youth hostels can be economical and fun

By LAUREN MARKOE  
SCRIPPS HOWARD NEWS SERVICE

When most people start thinking about planning a memorable summer vacation, a youth hostel may not be their first choice of lodging.

But for many Americans facing leaner travel budgets this year, a hostel can provide an affordable alternative to a hotel or motel.

Don't expect bellhops at the door or mints on your pillow — the accommodations are invariably simple. For an average of \$7-\$15 a night, you get a bed in a room shared by several other travelers, and access to a kitchen and bathroom. You provide your own sheets and towels.

Though the facilities may not be luxurious, the experience is often rich. Many hostellers can afford more expensive lodging, but chose to "rough it" for the opportunity to spend their evenings cooking and talking with travelers from around the country and around the world.

Many hostels organize evening programs, nature hikes, lectures and, in the case of New York City's International Hostel, discount trips to Broadway shows. The Blue Ridge Country

hostel in Galax, Va., invites guests to square dances in their "activity barn."

And if a trip abroad this summer seems prohibitively expensive, a youth hostel vacation may be the next best thing. American Youth Hostels, which licenses 240 hostels in this country, reports a 15 percent increase in the number of overnight stays from 1990 to 1991, "all of which

**"One night, somebody suggested we play charades, but everybody translates the clues into their own language so it comes out a little distorted. It made for a hilarious evening."**

David Jennings  
Hostel manager

is accounted for by International visitors to the United States," said Toby Pyle, public relations manager for AYH.

David Jennings, who manages the Sea Star hostel in Bandon, Ore., said about 65 percent of his guests come from other countries. Evenings can turn into a real "international hootenanny" when a guest checks in with a guitar, he said.

"One night, somebody sug-

gested we play charades, but everybody translates the clues into their own language so it comes out a little distorted. It made for a hilarious evening," Jennings said.

## Foreign guests

In St. Johnsbury, Vt., at the Sleeper's River Home Hostel, more than half the guests come from abroad, said manager Pam-

ela Smith.

"Most of them are pretty fluent in English," which allows for some entertaining and educational cultural exchanges, she said.

As hostels bring cultures together, they bring generations together as well. Most hostellers are between 18 and 30, but during the past five years the proportion of guests over 55 has grown to almost 10 percent.

Families account for 5 percent of all AYH memberships.

Many hostels, especially those in rural areas, require a daily chore of all guests and impose curfews, facts of AYH hostel life that make youth its middle name.

New AYH programs and policies, however, are designed to make the older traveler or family comfortable among the still largely twentysomething clientele.

## Not just for kids

AYH's major urban hostels, many for the first time this year, will have a later curfew or none at all. And Discovery Tours, the organization's travel program, will offer 30 hiking and cycling tours, many designed for people well beyond their teen-age years, Pyle said.

Some hostels offer private sleeping accommodations for couples and families.

Discovery tours are moderately priced, but exclude airfare. A 12-day cycling tour of the California Sierras will cost \$325. For \$600, AYH members can explore ancient and present-day Native American pueblos for nine days in New Mexico.

An AYH membership costs \$25 for those 18-54, \$10 for those under 18, and \$15 for travelers 55 and over. Family memberships cost \$35.

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# URBAN BACKPACKER<sup>SM</sup>

Volume III/Number 1

A PUBLICATION OF HOSTELLING INTERNATIONAL, AMERICAN YOUTH HOSTELS

Spring 1993

## BACKPACKERS IN THE CITY: VISITING SITES, SEEING THE SIGHTS

**PROMINENT Parks, NEARBY Neighborhoods,  
FLOWERING Places, GREAT Art — and MORE!**

### Enjoying New York's Neighborhoods

#### ASTORIA & LONG ISLAND CITY

It happens. You come to New York City and tend to get hung up just visiting the sights of Manhattan, only one of the *five boroughs* of the City. Even those of us who live in Manhattan have the same problem!

In this issue, we are including suggestions a bit off the well-beaten sidewalks of Manhattan. Consider . . . *Queens*. Especially, the parts just on the other side of the East River, a mere subway-ride away from midtown.

Two Queens neighborhoods immediately come to mind. Long Island City, named for its location on the westernmost tip of Long Island, that lengthy piece of land nestling next to its fellow islands of Manhattan and Staten, is becoming known as a thriving arts community, a phenomenon occurring as Soho and the East Village became too expensive for emerging artists.

Astoria, the Queens neighborhood just to the north, is known as the city's most famous Greek neighborhood. An outing to both places leaves much to be explored. Look for the "Long Island City Art Loop" map in the common room of the Hostel to help guide you on your way.

#### Long Island City—the neighborhood.

Once a separate city, it was incorporated into New York City in 1898 when the boroughs of New York and their separate cities and villages joined to become the single place we know today.

Once a place of warehouses and light manufacturing, Long Island City today has a growing reputation as an internationally known *arts community*. New street signs are due to be installed this spring to lead urban walkers to the cultural attractions of Long Island City. Look for blue, orange and black signs, 24 inches in diameter, posted at subway and bus stops. The artist who designed them, Richard Deon, adapted his design

from signs that dot mountain trails, translated to an urban setting.

Besides the places you can visit below, Long Island City is the site of Silvercup Studios, the largest independent full-service film and television production facility located under one roof in the northeastern United States. Originally, the Silvercup Bread Bakery there dated from 1929. Subsequently, the first studio opened in 1986 in the former flour-silo room.

#### The Institute for Contemporary Art, P.S. 1 Museum, 46-01 21st Street

P.S. 1 is located in the oldest municipal school building in Queens, adapted for cultural use in 1976. P.S. 1 is a center for contemporary art dedicated to the presentation of artistic activities in various media, through contemporary art exhibitions, new work performances, film and video screenings and related activities.

Hours: Wednesday–Sunday, 12 noon–6 pm. Admission: \$2 suggested donation. By subway: E or F to 23rd Street–Ely Avenue, exit at 21st Street; #7 train to 45th Road, Courthouse Square; G train to 21st Street (Van Alst). By bus: Q7.

#### The Isamu Noguchi Garden Museum, 32-37 Vernon Boulevard (at 33rd Road).

The Museum houses more than three hundred works by the world-famous sculptor. Comprised of twelve galleries and a garden, the museum was designed by Noguchi himself.

Hours: Wednesdays and Saturdays, April to November only, 11 am–6 pm. Suggested donation: \$4 adults, \$2 for students and seniors. By subway: N train to Broadway. By bus: Q103, Q104. Via shuttle bus from Manhattan: from the Asia Society, Park Avenue at 70th Street, hourly 11:30 am–3:30 pm, Saturdays only.

#### Socrates Sculpture Park, Broadway at Vernon Boulevard.

This is the only space in the metropolitan area devoted to the exhibition

of large-scale outdoor sculpture. Opened in 1986, it offers a constantly changing selection by both local and international artists. It also sponsors public programs of music, performance, mural and video art.

Open 10 am to sunset daily. Free admission. By subway: N train to Broadway. By bus: Q103, Q104.

If you are interested in interior design, you may wish to take in the **International Design Center** at 30-30 and 30-20 Thomson Avenue in Long Island City. This is the world's leading design marketplace, with over one hundred showrooms featuring interior furnishings and architectural products of more than two hundred manufacturers. IDC is open Monday–Friday 9 am–5 pm. From Manhattan, there is a shuttle bus to the IDC from 201 East 56th Street, Monday–Friday, from 8 am, and from 22nd Street and Fifth Avenue, from 10 am. IDC also sponsors many exhibitions and seminars.

#### Astoria—the neighborhood.

North of Long Island City, the streets become Astoria, also known as New York's "Little Athens." This section of the city wasn't always an ethnic enclave. A William Hallett first owned the section, in 1657, when it

*"Queens" continued Page 6*

### New York's Green Heart: CENTRAL PARK

by Pam Tice

Springtime in Central Park provides one of the New York City's sublime pleasures. An antidote to the intensity of the streets, "the Park", as New Yorkers call it, provides a green oasis in Manhattan's heart.

It's a wonderful spot for people-watching: softball on the Great Lawn (mid-Park at 81st–86th Streets); volleyball near the Mall (south of 72nd Street); sunbathing as the days grow warmer on the Sheepmeadow; jogging around the Reservoir; bicycling and rollerblading throughout. Or, just sit for a while on a park bench and watch the world go by.

You can pick-up a good map of Central Park in the Hostel's common room, next to the bookcases. Walk south to 96th Street and enter the Park at the wide entrance on Central Park West. Start your visit—long or short—by strolling south along the West Drive, where you will see other strollers, joggers, and bikers.

As the spring unfolds, so will the Park's many flowering trees—and the daffodils in early spring are a blast of yellow!

Once a barren and rocky site, the Park's 843 acres were transformed into a sequence of pastoral landscapes during the years 1857–1873, under a Greensward Plan designed by Frederick Law Olmsted and Calvert Vaux. Just as they did beginning over a hundred years ago, people come together in the Park, people of all types, social classes, ages, and ethnic backgrounds. It is truly New York's most popular public space.

Since the early 1980s, a major effort has been underway to restore the Park's landscape and buildings, bridges, rustic shelters, and gardens. The City's Parks Department and the Central Park Conservancy—a non-profit organization—are working in partnership to accomplish this fifteen-to-twenty-year task. On May 22–23 **YOU GOTTA HAVE PARK!** takes place—the annual event that gives everyone the opportunity to express their appreciation for the Park. Check out the myriad activities held that weekend that are free and fun for all. And, if you give a one dollar donation

*"Central Park" continued Page 8*



Photo by Pam Tice

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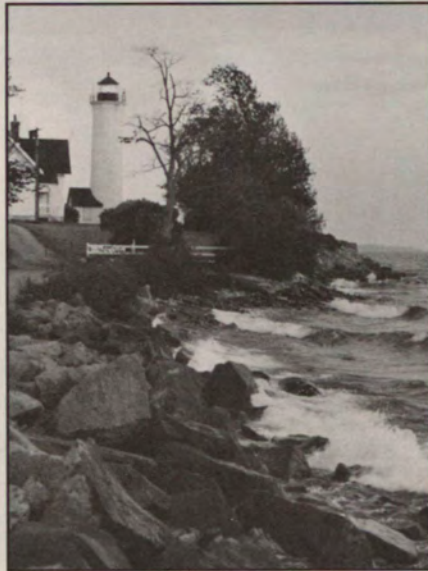
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HOSTELLING  
INTERNATIONAL®

# *Historic Hostels Report*

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IF YOU CAN'T AFFORD TO TRAVEL, JOIN THE CLUB.



American Youth Hostels  
733 15th Street NW, Suite 840  
Washington, DC 20005

Council Locations

Alaska Alaska Council P.O. Box 240347 Anchorage, AK 99524 907/562-7772	Arizona Arizona-Southern Nevada Council 8231 Lake Shore Drive Carey, IN 46403-0016 219/962-5396	California Central California Council P.O. Box 3645 Merced, CA 95344 209/383-0686	Colorado Rocky Mountain Council P.O. Box 2370 Boulder, CO 80306 303/442-1166	Connecticut Yankee Council 118 Oak Street Hartford, CT 06106 203/247-6356	District of Columbia Potomac Area Council P.O. Box 28607 Washington, D.C. 20038-8607	Florida Florida Council P.O. Box 53097 Orlando, FL 32853 407/894-9730	Georgia Georgia Council 223 Font de Leon Ave. Atlanta, GA 30308 404/872-8844	Illinois Metropolitan Chicago Council 3036 North Ashland Ave. Chicago, IL 60657 312/527-8327	Indiana Indiana Council P.O. Box 30048 Columbus, OH 43230 614/447-1006	Indiana Northwest Indiana Council P.O. Box 173 Lima, OH 45802 419/222-7301	Iowa Northeast Iowa Council P.O. Box 10 Perris, IA 52162 319/864-3923	Massachusetts Greater Boston Council 1020 Commonwealth Ave. Boston, MA 02215 617/731-5430	Michigan Michigan Council 3024 Coolidge Berkeley, MI 48072 313/545-0511	Minnesota Minnesota Council 795 Raymond Ave. San Diego, CA 92101 619/299-2644	Missouri Great Area Council 2187 Manchester Road St. Louis, MO 63143 314/644-4660	Nebraska Nebraskaland Council Community Building William School Room 204A Pinebluff, PA 19147 215/925-6004	Nevada Nevada Council 5604 Solway Street Community Building Room 204A Pinebluff, PA 19147 215/925-6004	New Mexico New Mexico Council P.O. Box 272623 Houston, TX 77277-2623 713/520-5332	New York Hudson-Mohawk Council P.O. Box 6343 Albany, NY 12206 518/437-9604	New York Niagara Frontier Council P.O. Box 1110 Buffalo, NY 14203 716/852-5222	North Carolina North Carolina Council P.O. Box 10766 Winston-Salem, NC 27108 714/933-1170	North Carolina Research Triangle/Castal Council P.O. Box 10766 Winston-Salem, NC 27108 919/286-1477	North Carolina Piedmont Council 2224 West Wisconsin Madison, WI 53233 414/933-1170	Ohio Columbus Council P.O. Box 14384 Columbus, OH 43214 614/447-1006	Ohio Lima Council P.O. Box 173 Lima, OH 45802 419/222-7301	Ohio Northeast Ohio Council 6093 Stanford Road Perris, OH 44264 216/467-8711	Ohio Toledo Area Council P.O. Box 352736 Toledo, OH 43635-2736 419/841-4510	Oregon Oregon Council 1520 S.E. 37th Avenue Portland, OR 97214 503/235-9493	Pennsylvania Delaware Valley Council 624 South Third Street Philadelphia, PA 19147 215/925-6004	Pennsylvania Pine-Stroud Council P.O. Box 141015 Cincinnati, OH 45250-1015 513/651-1294	Rhode Island Rhode Island Council P.O. Box 141015 Cincinnati, OH 45250-1015 513/651-1294	Texas Bluebonnet Council P.O. Box 272623 Houston, TX 77277-2623 713/520-5332	Texas North Texas Council 3530 Forest Lane #127 Dallas, TX 75234 214/350-4294	Texas Southwest Texas Council 2200 South Lakeshore Blvd. Austin, TX 78741 512/444-2294	Washington Washington State Council 419 Queen Anne Ave. North #101 Seymour, WA 98109 206/281-7306	Wisconsin Wisconsin Council 2224 West Wisconsin Madison, WI 53233 414/933-1170
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What Is A Hostel?

Hostels are comfortable, environmentally sensitive places for budget-minded travelers to lodge for the night. A friendly, people-oriented place filled with others who are looking for the same things you are – adventure, excitement and an opportunity to discover this marvelous world.

What Can I Expect?

**The lowest prices anywhere.** For just a few dollars a night you can bunk in the countryside, islands, villages and cities ... all for a fraction of the cost of a hotel.

**Dorm-style rooms.** Boys in one dorm, girls in the other. Many hostels have private rooms for families, couples and groups that will suit you just fine.

**Check in at evening time, check out after breakfast.** The spirit of hostelling is to get out and explore the world. You can stow your luggage in lockers until you are ready to return.

**Do-it-yourself kitchens.** Swap recipes with folks from every corner of the earth, and have a ball exploring the local grocery stores.

**Bring your own linens.** Hostels provide the bed, blanket and pillow – you bring your own sheets, pillowcase and towels.

**Help tidy up in the morning.** You are asked to clean up after yourself, and possibly help with light housekeeping before check out. With everyone pitching in, the place is spotless in no time.

**The best travel information.** Not only will you have access to the hostel's extensive information about what to do locally, but you'll be meeting people who have already *been* where you're going, and can give you the inside scoop on the best places to eat, shop and sightsee.

Getting Started

After you've joined HI-AYH and figured out where you want to go, you can just go. Reservations are not required, simply show up at the hostel during check in time.

Reservations are suggested during peak travel seasons and major events. You can make a reservation yourself by letter, phone or fax or through an International Booking Network.

What Is Hostelling International - AYH?

Hostelling International is the new global seal of approval of the International Youth Hostel Federation. Our mission is to help all, but especially young people, gain a greater understanding of the world and its people. We do this by offering travelers of all ages, races, religions, incomes and nationalities affordable year-round accommodation, as well as a full range of cultural, environmental and recreational programs.

What Do I Get When I Join?

**More places to visit.** You'll have access to 6,000 hostels in 70 countries, including 200 hostels right here in the USA.

**Flexible travel.** A new, international reservation service, renovated hostel facilities, daytime and late-night access, and family accommodations.

**Discounts, discounts, discounts.** In addition to phenomenally low hostel rates, your membership entitles you to hundreds of discounts on air fares, railway tickets, ferry tickets, car rentals, restaurants, museum admissions, festivals, ski lifts, environmental classes and much more.

Hostel-based programs and activities.

Take a spin around a museum. Go horseback riding. Take an architectural walking tour. Cycle around the countryside. Dive into the local history. Learn how to protect our environment. The opportunities are vast.

**A full 12 months of membership.** And all its privileges.

**The new Hostelling North America - A Guide to Hostels in Canada and the United States.** It's a \$5 value with pages of photos, maps, attractions and activities, as well as a list of all the local discounts available to you.

When you're not meandering far from home, you can still make the most of your HI-AYH membership by enjoying your local council. Each council has its own personality and range of activities. You can ski, hike, bike, trek, canoe, sail, you name it. In addition to sporting fun, you can take trips to art galleries, photography workshops, architectural and environmental walking tours, even start a new hostel. It's your council, and a great way to get to know people with interests similar to yours.

Sign Me Up! I Want To Join The Club.

Send me my 12-month membership and copy of *Hostelling North America*, a guide to hostels in Canada and the United States.

Please sign me on as a:

- Youth \$10 (under 18)
- Adult \$25
- Family \$35 (Parent(s) or guardian(s) with children under 16)
- Senior Citizen \$15 (over 54)
- Group (free to all nonprofits organizations, call for more info.)
- Life \$250

Name \_\_\_\_\_

Permanent Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone ( ) \_\_\_\_\_ ( ) \_\_\_\_\_  
*Day Evening*

Birth Date \_\_\_\_\_  
*Month / Day / Year*

U.S. Mailing Address \_\_\_\_\_  
*If different from above*

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Departure Date \_\_\_\_\_ Destination \_\_\_\_\_

My check or money order is enclosed in the amount of \$ \_\_\_\_\_ (Payable to AYH)

Please charge my  Visa  MasterCard

Account # \_\_\_\_\_ Expires / \_\_\_\_\_

Signature \_\_\_\_\_

Please return this application to the office nearest you.

I'd also like to receive:

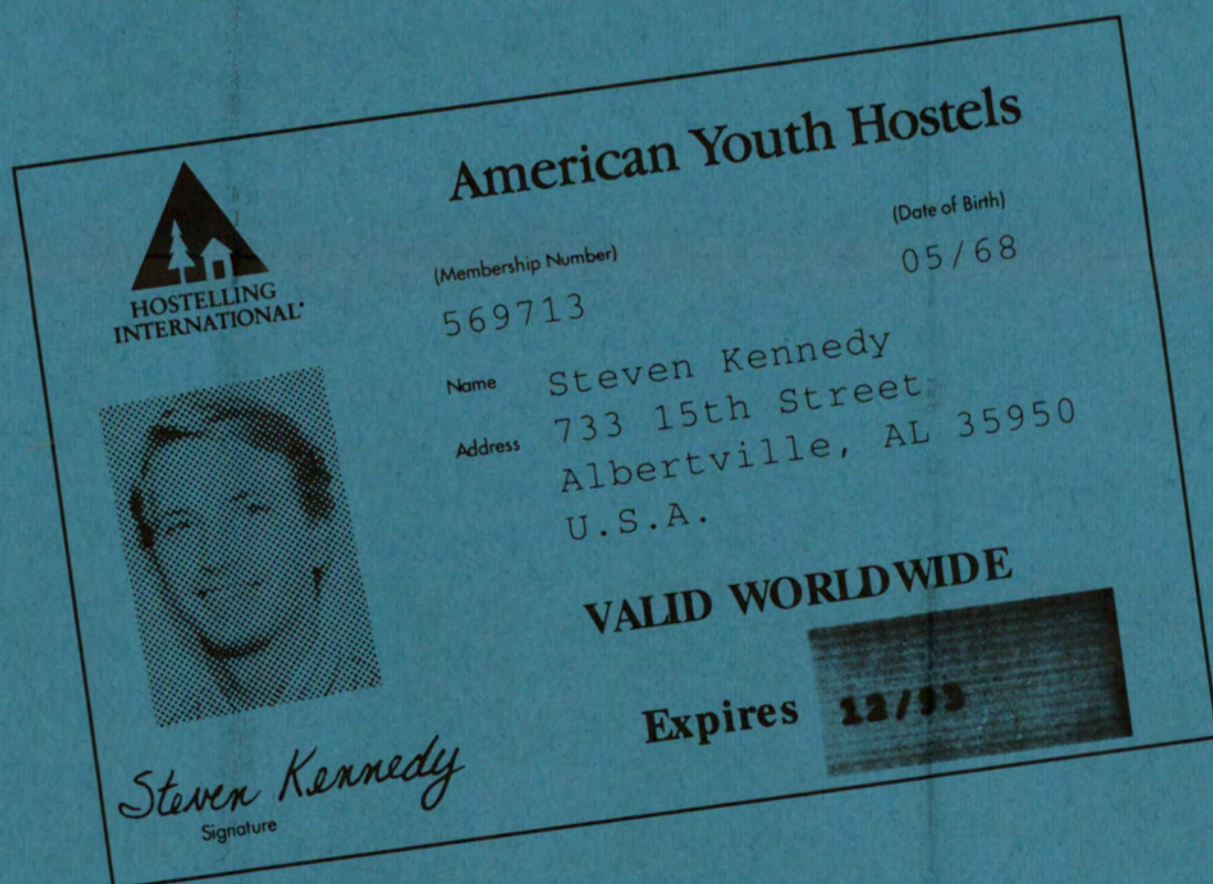
*Hostelling International: Guide to Budget Accommodations.* An absolute must for the international traveler! These two books include a complete listing of all 6,000 hostels and global discounts; plus a free world planning map. Two volumes, \$13.95 each, postage included.

- Volume 1: Europe and the Mediterranean
- Volume 2: Africa, America, Asia and Australia

Discovery Tours

Free guide to hiking, backpacking and cycling tours in Europe, Canada and the USA.

# IF YOU CAN'T AFFORD TO TRAVEL, JOIN THE CLUB.



Traveling doesn't have to mean snobby hotels that cost \$200 a night. With a Hostelling International card you can stay in Paris for just \$16, New York for \$19 or Tokyo for \$23. Hostels even offer special discounts on everything from museum fees and ski lifts to air, rail and ferry tickets. Plus they have fully equipped do-it-yourself kitchens, which not only save you money but also are great for meeting fellow world travelers. So if you're looking for a less expensive way to travel, join the club. Call (202) 783-6161.

## HOSTELLING INTERNATIONAL

*The new seal of approval of the International Youth Hostel Federation.*



HOSTELLING  
INTERNATIONAL®

**For Immediate Release**

Contact: Toby Pyle  
733 15th Street N.W. #840  
Washington, D.C. 20005  
Phone: (202) 783-6161



*March 9, 1993*

# PRESS RELEASE

A M E R I C A N Y O U T H H O S T E L S

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## **"Hostelling North America 1993/1994 - The Official Guide to Hostels in Canada and the United States" Now Available**

Washington, D.C. -- "Hostelling North America 1993/1994 - The Official Guide to Hostels in Canada and the United States" is now available. The 400-page book provides details on 260 hostels in 39 states and Washington, D.C. and 11 Canadian provinces.

The guide is published jointly by Hostelling International-American Youth Hostels and Hostelling International-Canada (HI-AYH, HI-Canada).

Each hostel listing includes details on reservations, credit card acceptance, handicapped accessibility, family room availability, proximity to public transportation, overnight fees, and discounts at restaurants, attractions, theaters, etc.

Also included are hostel activities and programs such as historic neighborhood walking tours, nature excursions, lectures and seminars and more. There are suggestions on what to see and do at cultural, historical and recreational attractions in the area surrounding each hostel, from museums and theaters to wildlife refuges and hiking and cycling trails.

Several new hostels are listed for 1993/1994 including the Savannah International AYH-Hostel in Savannah, Georgia, a turn-of-the-century Victorian home; and the Rocky Mountain Ranch Hostel in Sudbury, Ontario, a 230-acre horse ranch.

(more)



Hostels are very inexpensive dormitory-style accommodations for travelers of all ages. There are separate dorms for men and women, fully equipped self-service kitchens, dining areas and common rooms for relaxing and meeting other travelers from around the world. Overnight fees are a bargain, ranging from just \$7 in rural areas to \$20 in New York City!

Today's hostels offer smaller dorm rooms, private family rooms, longer daytime hours and late-night access, and a variety of programs and activities for hostel guests. Hostelling International hostels are as varied as their locations, from a lighthouse on the California coast to a rustic log cabin in Whistler, British Columbia.

"Hostelling North America 1993/1994" is given free of charge with membership in HI-AYH. Non-members may purchase a copy for just \$8 (includes postage/handling).

For more information on membership in HI-AYH or to purchase a copy of the new guide (include check or money order for \$8), contact:

**Hostelling International**  
**American Youth Hostels**  
**Dept. 482**  
**P.O. Box 37613**  
**Washington, D.C. 20013-7613**  
**(202) 783-6161**

American Youth Hostels is a not-for-profit corporation and a member of the International Youth Hostel Federation (IYHF) which encompasses 6,000 hostels in 70 countries - the largest network of accommodations in the world. HI-AYH promotes international understanding through its network of hostels and educational travel programs.

Hostelling International and the Blue Triangle are the seal of approval of the IYHF, guaranteeing quality budget accommodations for travelers of all ages.

**# # #**

Editor's Note: HI-AYH has 39 regional offices across the USA (list attached). If it is appropriate for your readership to list a local HI-AYH office, please do so. All can provide information on membership, "Hostelling North America 1993/1994" and more.

Photos of hostels in the USA are available in both color and black and white.

# AYH COUNCILS ACROSS THE USA

AYH Councils across the USA provide a number of services and activities for AYH members. Several have travel stores where guide books, outdoor equipment, Eurail passes and more can be purchased. All AYH councils have scheduled recreational activities and trips, ranging from afternoon bike rides to extended trips to a variety of locales. Membership in AYH can be purchased through all AYH councils.

- Alaska**  
Alaska Council  
700 H Street  
Anchorage, AK 99501  
907/562-7772; 907/276-3635
- Arizona**  
Arizona-Southern Nevada Council  
1046 East Lemon Street  
Tempe, AZ 85281-3904  
602/894-5128
- California**  
Central California Council  
P.O. Box 3645  
Merced, CA 95344  
209/383-0686
- Golden Gate Council  
425 Divisadero Street; #307  
San Francisco, CA 94117  
415/863-1444 (office)  
415/863-9939 (Travel Store)
- Los Angeles Council  
1434 Second Street  
Santa Monica, CA 90401  
310/393-6263 (office)  
310/393-3413 (Travel Store)
- San Diego Council  
335 West Beech Street  
San Diego, CA 92101  
619/338-9981 (office)  
619/239-2644 (Travel Store)
- Colorado**  
Rocky Mountain Council  
1058 13th Street  
P.O. Box 2370  
Boulder, CO 80306  
303/442-1166
- Connecticut**  
Yankee Council  
118 Oak Street  
Hartford, CT 06106  
203/247-6356
- District of Columbia**  
Potomac Area Council  
P.O. Box 28607  
Central Station  
Washington, D.C. 20038-8607  
202/783-0717 (office)  
202/783-4943 (Travel Store)
- Florida**  
Florida Council  
1214 East Livingston Street  
P.O. Box 533097  
Orlando, FL 32801  
407/894-5872
- Georgia**  
Georgia Council  
223 Ponce De Leon Avenue  
Atlanta, GA 30308  
404/872-8844
- Illinois**  
Metropolitan Chicago Council  
3036 North Ashland Avenue  
Chicago, IL 60657  
312/327-8114
- Indiana**  
Indiana Council  
P.O. Box 30048  
Indianapolis, IN 46230  
317/844-5320
- Northwest Indiana Council  
8231 Lake Shore Drive  
Gary, IN 46403-0016  
219/962-5396
- Iowa**  
Northeast Iowa Council  
139 West Greene Street  
P.O. Box 10  
Postville, IA 52162  
319/864-3923
- Massachusetts**  
Greater Boston Council  
1020 Commonwealth Avenue  
Boston, MA 02215  
617/731-5430  
617/730-8294 (Activities Hotline)
- Michigan**  
Michigan Council  
3024 Coolidge  
Berkley, MI 48072  
313/545-0511
- Minnesota**  
Minnesota Council  
795 Raymond Avenue  
St. Paul, MN 55114  
612/659-0407  
612/924-2443 (Activities Hotline)
- Missouri**  
Ozark Area Council  
7187 Manchester Road  
St. Louis, MO 63143  
314/644-4660
- Nebraska**  
Nebraskaland Council  
P.O. Box 81827  
Lincoln, NE 68501  
402/472-3265
- New Mexico**  
New Mexico Council  
P.O. Box 4177  
Albuquerque, NM 87196  
505/867-6596
- New York**  
Hudson-Mohawk Council  
P.O. Box 6343  
Albany, NY 12206  
518/437-9604
- Niagara Frontier Council  
160 Elmwood Avenue  
P.O. Box 1110, Ellicott Station  
Buffalo, NY 14203  
716/852-5222
- Syracuse Council  
535 Oak Street  
Syracuse, NY 13203  
315/472-5788
- North Carolina**  
Piedmont Council  
P.O. Box 10766  
Winston-Salem, NC 27108  
919/454-5027
- Research Triangle/Coastal Carolina Council  
714 Ninth Street, Room 207  
Durham, NC 27705  
919/286-1477
- Ohio**  
Columbus Council  
P.O. Box 14384  
Columbus, OH 43214  
614/447-1006
- Lima Council  
P.O. Box 173  
Lima, OH 45802  
419/222-7301
- Northeast Ohio Council  
6093 Stanford Road  
Peninsula, OH 44264  
216/467-8711
- Toledo Area Council  
P.O. Box 352736  
Toledo, OH 43635-2736  
419/841-4510
- Tri-State Council  
P.O. Box 141015  
Cincinnati, OH 45250-1015  
513/651-1294
- Oregon**  
Oregon Council  
1520 S.E. 37th Avenue  
Portland, OR 97214  
503/235-9493
- Pennsylvania**  
Delaware Valley Council  
624 South Third Street  
Philadelphia, PA 19147  
215/925-6004 (office)  
215/925-6005 (Activities Hotline)
- Pittsburgh Council  
Room 204A; Wightman School Community Building  
5604 Solway Street  
Pittsburgh, PA 15217  
412/362-8181
- Texas**  
Bluebonnet Council  
2715 Bissonnet; #213  
Houston, TX 77005  
713/520-5332
- North Texas Council  
3530 Forest Lane, #127  
Dallas, TX 75234  
214/350-4294
- Southwest Texas Council  
2200 South Lakeshore Blvd.  
Austin, TX 78741  
512/444-2294
- Washington**  
Washington State Council  
419 Queen Anne Ave. North #101  
Seattle, WA 98109  
206/281-7306
- Wisconsin**  
Wisconsin Council  
2224 West Wisconsin Avenue  
Milwaukee, WI 53233  
414/933-1170 (office)  
414/933-1155 (Information Line)
- AYH National Office**  
P.O. Box 37613  
Washington, D.C. 20013-7613  
202/783-6161