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Subseries:

OA/ID Number: 2151

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PRIVATE DIFFERENCES — GENERAL GOOD



*A history
of the
YMCA of
Metropolitan
Washington*

by Thomas B. Hargrave, Jr.



The DC Service Corps

is a full-time urban Peace Corps for young people 17-23 years old. DCSC Corpsmembers dedicate a year to furthering their education, developing leadership skills, and making a difference in their community through serving others.

Corpsmembers Must Be

- ★ 17-23 years old
- ★ Committed to community service
- ★ Interested in working with a diverse group of people
- ★ Self-motivated and responsible
- ★ Able to make a 9-month commitment
- ★ Ready to grow, learn, and to lead

Basic Requirements Include

- ★ Daily hours 8:00-5:00 Monday through Friday from September to June
- ★ Performing a wide variety of community service projects with a team of 10-12 members
- ★ Participating in weekly trainings, seminars, and educational workshops
- ★ Documenting experiences in an ongoing journal of writings

DEDICATED AND

What I get from the Corps is a feeling of friendship that comes when I help a child or an elderly person. I want to see my city grow in love and togetherness, and it makes me feel great every time I can get someone to smile.

Dan Carter
Corpsmember - 20 years old

COMMITTED TO

Working in the physical therapy unit at a nursing home, I get satisfaction at the end of each day because I know that I have made a contribution to my community. The Corps helps me go out and make a difference, and at the same time gives me a chance to search for a future career that will make me happy.

Kalimba DuBose
Corpsmember - 17 years old

SERVICE IN THE

The memory that sticks with me about the Corps was the first time my team worked in a homeless shelter. I worked really hard that day and got a lot done. By the time we left, I felt I had made a lot of new friends and it made me feel good.

Elisa Vidnjvich
Corpsmember - 17 years old

COMMUNITY

What I like about the Corps is being with my team members everyday, because they are all so unique and different. Early in the year, we were sent to clean up a vacant lot in S.E. Washington and we learned for the first time how to work together as a group and about the challenge of teamwork.

Marc Shipp
Corpsmember - 19 years old



Activities

- ★ Tutor children in schools
- ★ Supervise Day Care
- ★ Conduct community surveys
- ★ Renovate housing and shelters
- ★ Assist the mentally and physically disabled
- ★ Transform rundown parks
- ★ Care for the elderly
- ★ Lead younger youth
- ★ Participate in civic events and ceremonies
- ★ Meet with community, business, and national leaders

Program Benefits

- ★ Weekly Stipend of \$100-\$150
- ★ College Scholarship or Community Service Award upon graduation in June
- ★ Year-long workshops on writing skills, communication, and leadership
- ★ Special training in serving children, the disabled, and the elderly
- ★ College and career guidance
- ★ Experience working in groups
- ★ Attendance at retreats and conferences
- ★ Unique experience that will stand out on college applications and professional resumes
- ★ An opportunity to make a difference

What they say about the DC Service Corps...

The DC Service Corps is planting the seeds of community involvement in the minds of young and thoughtful DC residents.

The Washington Post

I commend the young people of the DC Service Corps for their outstanding performance working with us in Anacostia. The group symbolized excellence and created an atmosphere of unity in their efforts to help us build stronger communities.

*Brenda Lee Richardson
Executive Director
Anacostia/Congress Heights
Partnership for the
Prevention of Homelessness.*

Our hats are off and our faces are beaming with appreciation for your contribution of volunteer services. The refreshing atmosphere created by DCSC volunteers provided us at the Meyer Elementary School with a "shot in the arm" and hope.

*Barbara King Lyles
Principal
Meyer Elementary School*

Two important objectives of the DC Service Corps are to mobilize youth to carry out productive community service and to instill in diverse groups of young adults a sense of empowerment, leadership, and public responsibility. It is fitting that we recognize this organization for its contributions and efforts.

*Mayor Sharon Pratt Kelley
On proclaiming October 7, 1991
DC Service Corps Day*

For more information or for an application, please contact:

DC Service Corps
45 P Street, NW
Washington, DC 20001
Telephone (202) 234-2057
FAX (202) 667-5299



A Private Non-Profit Organization



DC Service Corps

Join Us!

*"Young People in
Service, Shaping
the Future"*

Volunteers We Need



You!

A simple line drawing of a smiley face with a wide, open mouth and two dots for eyes.

DRIVERS for McKenna's Wagon daily 4:45 to 7:15

DRIVERS to pick up food donations by arrangement

FOOD SERVERS daily 4:45 to 7:15

SANDWICH AND SOUPMAKERS on site daily 9:30 am to 12:00 pm
and 1:00 pm to 4:00 pm

SANDWICH BRIGADES groups which contribute sandwiches
regularly by arrangement

ADMINISTRATIVE WORK as needed

All of the following by arrangement

Tutoring Program

Family Literacy Program

After School Program

For further information, please contact the Volunteer Coordinator
at (202) 328-6608 daily.

MARTHA'S TABLE

2114 14th Street, N.W. ■ Washington, D.C. 20009 ■

*For further information,
please contact the Volunteer Coordinator
at (202) 328-6608 daily*

Martha's Table is a nonprofit, tax-exempt organization supported by individuals, private foundations, businesses, religious groups, schools, and civic organizations.

Martha's Table is an equal opportunity organization. No persons are excluded from participation in, denied the benefits of, or subjected to discrimination under these programs on the grounds of race, color, sex, age, handicap, or national origin.

Photo credits: Virginia Jeffers, Alisha Talisman, Mike Carpenter, Willie Brobston, and Anne Rigby

Since 1980, Martha's Table has provided food to hungry and homeless people in Washington, D.C. The organization also supplies homeless and low-income neighborhood children with supervised learning activities and nutritious meals in a safe environment.

Touching thousands of lives each year, the organization is proof that dedicated volunteers, a small staff and a lean budget can ease suffering and encourage hope in a distressed community.

MARTHA'S TABLE



HOW YOU CAN HELP

- ★ Prepare and deliver sandwiches once a month or more often either individually or as a group.
- ★ Become a volunteer tutor for a child one evening a week.
- ★ Sponsor children's book, clothing, or toy drives throughout the year.
- ★ Donate funds for educational supplies and equipment, kitchen expenses, and operating the vans.
- ★ Volunteer your time and labor for special or ongoing programs.

MARTHA'S TABLE
 2114 14th Street, N.W.
 Washington DC 20009
 202-328-6608
 Open seven days a week

TABLE



MARTHA'S

MCKENNA'S WAGON

As a mobile soup kitchen, McKenna's Wagon circulates two vans every evening, seven days a week, to five regularly scheduled stops throughout the city, providing the only meal for many people in the streets and parks. Meals are also sent to four overnight trailer shelter sites every evening.

Volunteers prepare 2,500 sandwiches, 65 gallons of fresh vegetable soup, beverages and desserts to feed over 700 people daily. The food is donated by grocery store chains, private food stores, restaurants, associations, religious groups, and the USDA surplus food program when available.

Donated clothes and personal items are distributed to homeless and needy people free of charge, both through McKenna's Wagon stops and at Martha's Table's facility. Children's clothes are a special priority.

Through additional appeals, canned food is given to needy families, and blankets are offered to people on the streets. At Christmas more than 500 families receive gifts such as educational games, books, toys, personal apparel and food.

Special dinners at Thanksgiving, Christmas and Easter, prepared by volunteers, bring singles and families together for holiday celebrations.



CHILDREN'S PROGRAMS

Martha's Table expands the horizons of children who are isolated in homeless shelters and drug-ridden apartment buildings through a year-round, daily program of new learning opportunities. There is no better sight than that of a child who is full of energy and curiosity because someone has cared enough to give him or her plenty to eat and interesting activities to do.

Through the Children's Programs, Martha's Table nurtures confidence, creates a feeling of security and, most importantly, reinforces the whole family so that they may work toward a better future.



Afterschool, children have books to read, educational games, arts and science projects and recreation in the Children's Center, a large, sunny, well-equipped area that the kids call their own.

In the evening, Teens have special activities to encourage leadership, education, healthy bodies, and career counseling. Study Hall, drama class, part-time work, and safe recreation are included.



The Family Learning Program, beginning with infants up to age 5, brings parents and preschoolers together every morning in school readiness activities, child development, meals, educational field trips in addition to parent discussions, seminars and adult literacy activities.



During the summer months, Day Camp at Martha's Table, an 11-week program, attracts more than 150 children, ages 3-16, for reading enrichment, science projects, recreation, field trips and meals every day. At a time when schools are closed, children are

hungry and there are few recreational or educational activities, Martha's Table's Day Camp provides an accessible and nurturing experience, crucially important in furthering a child's growth.



The Tutoring Program provides four sessions every week, each child attending twice a week, for ages 6-16 year-round. After a hot dinner, each child studies with his or her volunteer tutor. A fast-growing program, more than 120 children and 130 tutors were enrolled in 1991.

On Saturday and Sunday Martha's Table is open to children for special field trips, breakfast and lunch, activities in the Children's Center and volunteer-sponsored projects.



VOLUNTEERS

More than 9,000 volunteers help to prepare and serve approximately 245,700 meals annually. Volunteer groups such as school children, office groups, religious groups, retired persons, college students, young professionals, friends, neighbors, families, and individuals strengthen connections to the community through service. This diversity helps to overcome social, economic and racial stereotypes to build improved community relationships within the metropolitan area.

In the children's programs, individual volunteer tutors donate extraordinary service. Volunteer groups help afterschool and on weekends, sponsor special events, and donate prepared hot meals. Individuals and groups often sponsor canned food drives, clothing drives or special educational gifts for children throughout the year, so that large numbers of people participate in giving.



CHILDREN AND YOUTH AT MARTHA'S TABLE

2114 14th Street N.W. • Washington, D.C. 20009 • 202-328-6608