

FOIA MARKER

This is not a textual record. This is used as an administrative marker by the William J. Clinton Presidential Library Staff.

Collection/Record Group: Clinton Presidential Records
Subgroup/Office of Origin: National Service
Series/Staff Member: Rick Allen
Subseries:

OA/ID Number: 2148
FolderID:

Folder Title:
City Cares of America [1]

Stack:	Row:	Section:	Shelf:	Position:
S	66	2	2	1



*Heidi Reinberg
Program Director*

*Post Office Box 27595
Washington, D.C. 20038
Telephone (202) 887-0500*



August 24, 1993

Karen Ewing
Executive Assistant to the Director
Office of National Service, Room 145OEOB
Washington, DC 20500

Dear Ms. Ewing:

As I mentioned on the phone last week, I wanted to take this opportunity to familiarize both you and Mr. Siegal with City Cares of America. I've enclosed information on both City Cares and our local affiliates so that you may get a better idea of the Cares movement at both the national and local levels.

It is no secret that today's busy professionals are experiencing difficulty in balancing a commitment to community service with a full-time career and family responsibilities. Despite these obstacles, however, it is clear that these "Baby Boomers" are trying to achieve an equilibrium between work, family, and community service.

These Baby Boomers form the volunteer base for the local Cares groups nationwide. Though other volunteer organizations have provided opportunities for volunteers, there are few if any who are targeting this Boomer volunteer and his or her specific volunteer needs.

City Cares of America is committed to expanding the cadre of busy professionals who work on behalf of disadvantaged and underserved populations in urban America. CCA is pursuing more effective ways to expose this new body of volunteers to the entire scope of community needs, thereby challenging these new leaders to discover innovative solutions to today's social problems.

The mission of City Cares of America is:

- o To help improve the management, accountability and service capabilities of existing and emerging Cares organizations.
- o To increase and promote a heightened understanding of community needs, and community service, to improve the quality of life in the communities served by the Cares organizations.

The Cares community-service model offers volunteers scheduling flexibility and a diversity of hands-on, team volunteer experiences with a variety of time commitments. Cares projects, generally scheduled before or after work or on the weekends, cover a myriad of service areas, including at-risk youth, low-income housing renovation, green-area cleanup, and soup-kitchen staffing. Cares volunteers may participate in any or all service areas, and may volunteer as little or as often as their schedules permit.

Local Cares groups have recruited over 26,000 volunteers, many of whom volunteer on a regular weekly or monthly basis. These volunteers staff over 525 projects per month, providing service to over 375 community-service partners. More than 1,000 new volunteers each month are joining the ranks of the local Cares organizations around the country. It is our goal at City Cares to challenge these Cares volunteers to reach outside the boundaries of their immediate volunteer experiences, to move beyond the Saturday-morning project in order to work toward real, systemic change in the communities we serve.

Active Cares organizations have been established in Atlanta, Austin, Boston, Baltimore, Charlotte, Chicago, Dallas, Detroit, Los Angeles, Memphis, Nashville, New York, Phoenix, Pittsburgh, San Diego and Washington, D.C. We are also working toward replication with groups in Miami, New Jersey, New Orleans, Philadelphia and Seattle.

I'd like to arrange a meeting with you all when Mr. Siegal returns from vacation so that we may discuss how City Cares can work with the Office of National Service most effectively. Please call me at 202/887-0500 at your earliest convenience, and we'll set up a time.

Thank you so much for your consideration.

Sincerely,

A handwritten signature in dark ink that reads "Heidi Reinberg". The signature is written in a cursive, flowing style.

Heidi Reinberg
Program Director



There is a new volunteer in the '90s: a volunteer who must balance a commitment to community service with a full-time career and other pressing responsibilities. This "entrepreneurial" volunteer is looking for the shortest, most direct route to community service, a route without traditional volunteer barriers such as scheduling inflexibility and long-term commitments.

City Cares of America has created a community service model that meets the needs of this new volunteer: a community service model that engages busy, working people in direct-service, team volunteer projects with a variety of schedules and time commitments. It is our goal at City Cares to challenge **Cares** leaders to reach outside the boundaries of their immediate volunteer experiences, to move beyond the Saturday-morning project in order to work toward real, systemic change in the communities we serve.

New **Cares** volunteers attend an orientation session with their local **Cares** group. They then receive a monthly calendar of local community service projects, usually scheduled before or after work, and on weekends, in a myriad of service areas including at-risk youth, low-income housing renovation, soup-kitchen or food-bank staffing, and green-area cleanup. **Cares** volunteers may participate in any or all service areas, and may volunteer as little or as often as their schedules permit.

The national organization of **Cares** groups, **City Cares of America (CCA)**, provides technical assistance and networking opportunities to the leaders in its network cities. **CCA** is committed to developing strong community-service leadership in communities served by **Cares** organizations and to establishing and nurturing new links between member cities. Current groups in the **City Cares** network are:

- | | |
|-------------------------------|------------------------------|
| o Hands On Atlanta | o Austin Cares |
| o Hands On Baltimore | o Boston Cares |
| o Hands On Charlotte | o Chicago Cares |
| o Time for Dallas | o Volunteer Impact (Detroit) |
| o L.A. Works | o Hands on Memphis |
| o Hands on Nashville | o New York Cares |
| o Make A Difference (Phoenix) | o Pittsburgh Cares |
| o San Diego Cares | o D.C. Cares |

There are also groups being formed in Miami, New Jersey, New Orleans, Philadelphia, and Seattle.

The **Cares** organizations have recruited over 26,000 volunteers, many of whom volunteer on a regular weekly or monthly basis. These volunteers staff over 525 projects per month, providing service to over 375 community-service partners.

For more information on volunteering with a local **Cares** group, or on starting a **Cares** organization in your area, contact City Cares of America at 202/887-0500 or at P.O. Box 27595, Washington, D.C. 20038.



July, 1993

To Our Volunteers:

We'd like to thank everyone who made the June Special Olympics Bowl-A-Thon a striking success!! More than 80 volunteers participated as score keepers and lane assistants to 500 bowlers. Your wonderful show of support will enable us to do similar events in the future!! We'd especially like to thank team coordinators Scott Lorenz and Diana Passarelli who spent many hours coordinating the event.

This month, Chicago Cares has undertaken a large number of special projects and some of our regular projects need extra volunteers. Because volunteering traditionally tends to fall off during the summer months, we urge you to take a close look at the calendar and sign up for a project or two this month!

J.C. Penney Golden Rule Award

Chicago Cares is pleased to announce that we have received the Chicago-area J.C. Penney Golden Rule Award. With the \$1,000 cash award comes eligibility for the national Golden Rule Award later in the year. Thanks for helping Chicago Cares receive this recognition!

Fundraiser Planned

Chicago Cares is planning a large fundraising event in the fall. If you are interested in serving on the following committees, please call the designated coordinator.

Raffle	Bobby Weil	W: (312) 670-5479
Event Planning	Scott Lorenz	W: (312) 986-3616
Decorations / Day of	Lori Sullivan	H: (312) 281-2942

Living Center For Girls Tutoring

In March, Chicago Cares began a new tutoring program with the Living Center for Girls, a home for teenage girls who are wards of the state. The program has met with great success, and will be open to new tutors beginning July 13. Female volunteers are needed to tutor 10 teenage girls at the Harold Washington Library every Tuesday from 5:30 to 7:00 p.m. The goals of this program are to foster the girls' self-esteem and to stimulate their desire to learn.

Interested volunteers must possess patience and determination. State regulations mandate that volunteers for this program receive a TB test and a certificate of good health from a doctor. If you are interested, call Holly Haisty at (312) 715-4027.

Summer Food Drive

Help stock the shelves of the Lincoln-Belmont Pantry, where Chicago Cares volunteers distribute non-perishable goods to hungry families throughout the year. Food drive volunteers will distribute and collect bags of food from residents in the neighboring area. To sign up for either July 25 or August 1 from 11:00 a.m. to 2:30 p.m. please call Charlie Daas (312) 871-5895 or Diana Passarelli (312) 275-9060.

Attention Pet Owners

Chicago Cares needs friendly pets and their owners to participate in a pet therapy project on July 12 with seniors at the Lakeview Nursing and Geriatric Centre. If your pet has a good demeanor and you're interested in brightening a senior's evening, please call Jarmila Kajuch at 312-975-1139.

Welcome New Team Coordinators . . . Pam Bermeo, Leslie Eakes and Sheri Cermak.

**We are grateful to MetLife and J. Walter Thompson for printing and mailing the July, 1993
Chicago Cares Monthly Project Calendar**

10 SOUTH WACKER DRIVE SUITE 4000 CHICAGO, IL 60606
(312) 715-4060 FAX(312) 715-4800

CHICAGO CARES, INC. (312-715-4060)

JULY, 1993 PROJECTS

You must attend a Chicago Cares orientation before participating in a project.

If you have trouble reaching a Team Coordinator or if a project in which you are interested in is full, please call the Chicago Cares office at (312)715-4060.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
14-Salvation Army Meals - A 4	5	6 15-Open Hand Chicago - A 16-Salvation Army Homeless Children - A	7	8 17-Horseshoes for the Homeless - A 18-Lincoln-Belmont Pantry - B 19-Inspiration Cafe - A	9	10 1-C.G.Y.P. Picnic and Nature Preserve Trip 2-Cabrini Greens - A 20-C.C.I.L. Lunch - A
11 3-Lung Association Run 21-Habitat for Humanity - A 22-Salvation Army Meals - B 23-Inspiration Cafe - B 24-House of Good Shepherd	12 25-Lakeview Seniors - A 53-Cabrini Read-to-Me	13 26-Open Hand Chicago - B 27-Salvation Army Homeless Children - B 54-Living Center for Girls	14	15	16	17 4-Barbeque With Seniors 5-Ravinia Concert For Kids 6-Cabrini Greens - B 28-Lydia Read-to-Me 29-Lincoln-Belmont Pantry - C
18 30-Habitat for Humanity - B 31-Salvation Army Meals - C 32-C.C.I.L. Lunch - B	19 33-Lakeview Seniors - B	20 34-Open Hand Chicago - C 35-Salvation Army Homeless Children - C 36-Wyler Children's Hospital 54-Living Center for Girls	21 7-I.C.R.E. Evening at Ravinia	22 37-Lincoln-Belmont Pantry - D 38-Horseshoes for the Homeless - B	23	24 8-Cabrini Greens - C 9-I.C.R.E. Day at Great America 39-Lydia Home 40-Habitat for Humanity - C 41-Chicago Food Depository
25 10-Summer Food Drive 42-Salvation Army Meals - D 43-Inspiration Cafe - B 44-Afternoon at the R.I.C.	26 45-Lakeview Seniors - C 53-Cabrini Read-to-Me	27 46-Open Hand Chicago - D 47-Salvation Army Homeless Children - D 54-Living Center for Girls	28	29 48-Lincoln-Belmont Pantry - E	30	31 11-C.G.Y.P. Trip to Turtle Island Water Park 12-Cabrini Greens - D 49-I.C.R.E. Sports and Games 50-What's Cookin' at the Lincoln Park Senior Center
1 13-Summer Food Drive 51-Habitat for Humanity - A 52-Salvation Army Meals - A						

JULY, 1993 PROJECTS

Chicago Cares organizes working adults interested in performing community service. It creates, manages and leads hands-on group volunteer projects in partnership with social service agencies in need of assistance.

Volunteers with Chicago Cares work in teams of 5-20 headed by experienced team coordinators. Chicago Cares offers Monthly and Special Projects that take place on weekends and after normal working hours to fit the schedules of busy working people.

Please Note:

**** All new volunteers must attend a Chicago Cares orientation before signing up for a project. ****

**** It is necessary to sign up with the team coordinator each time you wish to attend a project. ****

SPECIAL PROJECTS

Chicago Cares mobilizes teams of volunteers to meet a particular one-time community need. Requiring only a one day commitment, Special Projects may include parks clean-up and planting, working with the handicapped or holiday events for the homeless, seniors and children.

	<u>Project</u>	<u>Date & Time</u>	<u>Description</u>	<u>Coordinator</u>
1.	C.G.Y.P. PICNIC AND NATURE PRESERVE TRIP	Sat., July 10 9:30 A.M.-3 P.M.	Join kids from the Cabrini Green Youth Program for a field trip to a nature preserve near Oak Brook. We'll take a guided tour and have a picnic. (5 volunteers).	Bruce Moco 312-989-8671
2.	CABRINI GREENS - A	Sat., July 10 9 A.M.-12 P.M.	Join children and seniors from Cabrini Green to plant lettuce, herbs and edible flowers to be harvested for Chicago restaurants. We'll meet at the New City YMCA at North and Clybourn. (6 volunteers).	Emily Kouba 312-472-7159
3.	LUNG ASSOCIATION RUN	Sun., July 11 6:30-10:30 A.M.	Assist at an aid station by distributing water and Gatorade and cheering on more than 10,000 runners participating in this event. Volunteers will receive a T-shirt and refreshments. (12 volunteers).	Marcy Sherrill 312-975-7628
4.	BARBEQUE WITH SENIORS	Sat., July 17 10:30 A.M.-2:30 P.M.	Set up, cook and socialize at this barbeque for seniors at the Lakeview Nursing and Geriatric Centre. If it rains, the barbeque will be held indoors. (10 volunteers).	Susan Walsh W: 312-347-8826
5.	RAVINIA CONCERT FOR KIDS	Sat., July 17 9:30 A.M.-2:30 P.M.	Accompany physically and mentally disabled children from the Illinois Center for Rehabilitation and Education to a Ravinia concert for children featuring Ella Jenkins. Volunteers are asked to bring their lunch. (5 volunteers).	Sheri Cermak H: 708-487-0216
6.	CABRINI GREENS - B	Sat., July 17 9 A.M.-12 P.M.	Join children and seniors from Cabrini Green to plant lettuce, herbs and edible flowers to be harvested for Chicago restaurants. We'll meet at the New City YMCA at North and Clybourn. (6 volunteers).	Emily Kouba 312-472-7159
7.	I.C.R.E. EVENING AT RAVINIA	Sat., July 21 5:30-11:00 P.M.	Accompany physically and mentally disabled children from the Illinois Center for Rehabilitation and Education to hear Henry Mancini and the Ravinia Festival Orchestra. (5 volunteers).	Paul Seleny 312-528-4413
8.	CABRINI GREENS - C	Sat., July 24 9 A.M.-12 P.M.	Join children and seniors from Cabrini Green to plant lettuce, herbs and edible flowers to be harvested for Chicago restaurants. We'll meet at the New City YMCA at North and Clybourn. (6 volunteers).	Judy Sutton 312-665-0633

	<u>Project</u>	<u>Date & Time</u>	<u>Description</u>	<u>Coordinator</u>
9.	I.C.R.E. DAY AT GREAT AMERICA	Sat., July 24 8 A.M.-5 P.M.	Join physically and mentally handicapped children and teenagers from the Illinois Center for Rehabilitation and Education for a fun-filled day at Great America. Volunteers are asked to bring their lunch. Tickets to Great America will be provided. (5 volunteers).	Paul Seleny 312-528-4413
10.	SUMMER FOOD DRIVE	Sun., July 25 11 A.M.-2:30 P.M.	Help stock the Lincoln-Belmont Pantry's shelves by participating in this summer's food drive. The pantry distributes food to hungry families in the Lincoln/Belmont area. We'll meet for brunch and then distribute bags in a neighborhood near the pantry. (12 volunteers).	Charlie Daas 312-871-5895 Diana Passarelli 312-275-9060
11.	C.G.Y.P. TRIP TO TURTLE ISLAND WATER PARK	Sat., July 31 7:30 A.M.-3 P.M.	Rise early to spend your morning splishing and splashing with kids from the Cabrini Green Youth Program. Volunteers should wear their swimsuits. Lunch will be provided. (5 volunteers).	Norman Elizondo 708-386-9235
12.	CABRINI GREENS - D	Sat., July 31 9 A.M.-12 P.M.	Join children and seniors from Cabrini Green to plant lettuce, herbs and edible flowers to be harvested for Chicago restaurants. We'll meet at the New City YMCA at North and Clybourn. (6 volunteers).	Leslie Eakes W: 312-715-4060
13.	SUMMER FOOD DRIVE	Sun., August 1 11 A.M.-2:30 P.M.	Help stock the Lincoln-Belmont Pantry's shelves by participating in this summer's food drive. The pantry distributes food to hungry families in the Lincoln/Belmont area. We'll meet for brunch and then collect bags distributed the previous week. (12 volunteers).	Charlie Daas 312-871-5895 Diana Passarelli 312-275-9060

MONTHLY PROJECTS

Monthly Projects are offered once a month on a regular basis (i.e., the first Saturday of the month, etc.). These projects provide consistent service to agencies and help you schedule your life. At Monthly Projects, teams of volunteers renovate low-income housing, organize educational and recreational activities for children, serve meals to the homeless and provide friendship to the elderly.

	<u>Project</u>	<u>Date & Time</u>	<u>Description</u>	<u>Coordinator</u>
14.	SALVATION ARMY MEALS - A	Sun., July 4 11:30 A.M.-2 P.M.	Serve lunch to over 200 homeless persons at a North Side Salvation Army kitchen. (6 volunteers).	Lori Nelson 312-248-4732
15.	OPEN HAND CHICAGO - A	Tues., July 6 5:30-8:00 P.M.	Deliver meals to HIV-positive persons and their dependents. Volunteers cover two North Side routes. (6 volunteers).	Carole Laude 312-477-5859
16.	SALVATION ARMY HOMELESS CHILDREN - A	Tues., July 6 6:00-8:00 P.M.	Join in craft and educational activities with children living at a North Side shelter. Weather permitting, we'll play sports outside. (10 volunteers).	Tina Miller 312-440-9866
17.	HORSESHOES FOR THE HOMELESS - A	Thurs., July 8 7:00-8:30 P.M.	Join the staff of Christopher House to serve a meal to and play horseshoes with homeless individuals in Lincoln Park. (6 volunteers).	Nan Feldman 312-477-3783
18.	LINCOLN-BELMONT PANTRY - B	Thurs., July 8 6:15-8:00 P.M.	Interview needy families and distribute food to them. A knowledge of Spanish is helpful but not required. (6 volunteers).	Jackie Harris 312-664-8350
19.	INSPIRATION CAFE - A	Thurs., July 8 6:30-8:15 A.M.	Help cook and serve breakfast at this cafe, the only Chicago restaurant for the homeless. (6 volunteers).	Leslie Eakes W: 312-715-4060
20.	C.C.I.L. LUNCH - A	Sat., July 10 9:30 A.M.-12 P.M.	Prepare and serve lunch to hungry men, women and children at the Chicago Christian Industrial League, the city's largest shelter. (5 volunteers).	Andrew Scott 312-404-2786

21.	HABITAT FOR HUMANITY - A	Sun., July 11 12:30-4:30 P.M.	Help create affordable housing by renovating apartments for low-income families. No special skills are required. (10 - 15 volunteers).	Beth Laurin 312-235-7864
22.	SALVATION ARMY MEALS - B	Sun., July 11 11:30 A.M.-2 P.M.	Serve lunch to over 200 homeless persons at a North Side Salvation Army kitchen. (6 volunteers).	Debby Farkas 312-296-9214
23.	INSPIRATION CAFE - B	Sun., July 11 4:00-7:00 P.M.	Help cook and serve meals at this cafe, the only Chicago restaurant for the homeless. (6 volunteers).	Vickie Dance 312-248-4372
24.	HOUSE OF GOOD SHEPHERD	Sun., July 11 12:30-4:00 P.M.	Join families living at this residence for victims of domestic violence for field trips to zoos and museums. (10 volunteers).	Diane Mikita 312-586-1544
25.	LAKEVIEW SENIORS - A	Mon., July 12 6:00-8:00 P.M.	Offer companionship to our senior friends at Lakeview Nursing and Geriatric Centre. On this evening, we'll do pet therapy. (15 volunteers).	Jarmila Kajuch 312-975-1139
26.	OPEN HAND CHICAGO - B	Tues., July 13 5:30-8:00 P.M.	Deliver meals to HIV-positive persons and their dependents. Volunteers cover two North Side routes. (6 volunteers).	Nancy Spigelman 312-248-0950
27.	SALVATION ARMY HOMELESS CHILDREN - B	Tues., July 13 6:00-8:00 P.M.	Join in craft and educational activities with children living at a North Side shelter. Weather permitting, we'll play sports outside. (10 volunteers).	Karen Rushing W: 312-951-4131
28.	LYDIA READ-TO-ME	Sat., July 17 9:00 A.M.-1 P.M.	Chicago Cares has developed a library program for the abused and neglected children from Lydia Home. We'll meet at the library, select books and read together. Afterwards, volunteers are asked to treat the children to lunch. (8 volunteers).	Stephanie Baird 312-528-1160
29.	LINCOLN-BELMONT PANTRY - C	Sat., July 17 9:30 A.M.-12 P.M.	Interview needy families and distribute food to them. A knowledge of Spanish is helpful but not required. (6 volunteers).	Colleen Verkuilen 312-348-7713
30.	HABITAT FOR HUMANITY - B	Sun., July 18 12:30-4:30 P.M.	Help create affordable housing by renovating apartments for low-income families. No special skills are required. (10 - 15 volunteers).	Charlie Daas 312-871-5895
31.	SALVATION ARMY MEALS - C	Sun., July 18 11:30 A.M.-2 P.M.	Serve lunch to over 200 homeless persons at a North Side Salvation Army kitchen. (6 volunteers).	Marcy Sherrill 312-975-7628
32.	C.C.I.L. LUNCH - B	Sun., July 18 9:30 A.M.-12 P.M.	Prepare and serve lunch to hungry men, women and children at the Chicago Christian Industrial League, the city's largest shelter. (5 volunteers).	Wendy Keller 312-549-8003
33.	LAKEVIEW SENIORS - B	Mon., July 19 6:00-8:00 P.M.	Offer companionship to our senior friends at Lakeview Nursing and Geriatric Centre. We'll play games and participate in various arts and crafts activities. (15 volunteers).	Jarmila Kajuch 312-975-1139
34.	OPEN HAND CHICAGO - C	Tues., July 20 5:30-8:00 P.M.	Deliver meals to HIV-positive persons and their dependents. Volunteers cover two North Side routes. (6 volunteers).	Carole Laude 312-477-5859
35.	SALVATION ARMY HOMELESS CHILDREN - C	Tues., July 20 6:00-8:00 P.M.	Join in craft and educational activities with children living at a North Side shelter. Weather permitting, we'll play sports outside. (10 volunteers).	David Sherman 312-883-5272
36.	WYLER CHILDREN'S HOSPITAL	Tues., July 20 5:45-7:15 P.M.	Join acute and chronically ill children ages 3-17 in the activities room of this South Side hospital. State regulations require that volunteers take tests for measles and tuberculosis. This service is free in the Loop or at Wyler in Hyde Park. (5 volunteers).	Patrick Schulte 312-868-6933

	<u>Project</u>	<u>Date & Time</u>	<u>Description</u>	<u>Coordinator</u>
37.	LINCOLN-BELMONT PANTRY - D	Thurs., July 22 6:15-8:00 P.M.	Interview needy families and distribute food to them. A knowledge of Spanish is helpful but not required. (6 volunteers).	Randy Melcher 312-665-4505
38.	HORSESHOES FOR THE HOMELESS - B	Thurs., July 22 7:00-8:30 P.M.	Join the staff of Christopher House to serve a meal to and play horseshoes with homeless individuals in Lincoln Park. (6 volunteers).	Andrew Scott 312-404-2786
39.	LYDIA HOME	Sat., July 24 TBD	Join neglected and abused children living in a group home for educational and recreational activities and outings. Volunteers must make a monthly commitment to this project. (20 volunteers).	Elizabeth Evans 312-975-8207
40.	H A B I T A T F O R HUMANITY - C	Sat., July 24 12:30-4:30 P.M.	Help create affordable housing by renovating apartments for low-income families. No special skills are required. (10 - 15 volunteers).	Erica Kenney 312-281-6752
41.	C H I C A G O F O O D DEPOSITORY	Sat., July 24 8:30 A.M.-12 P.M.	Help sort tons of donated food to be distributed throughout Chicago. This South Side facility helps feed thousands of people daily and needs our help. (10 volunteers).	Judy Sutton 312-665-0633
42.	SALVATION ARMY MEALS - D	Sun., July 25 11:30 A.M.-2 P.M.	Serve lunch to over 200 homeless persons at a North Side Salvation Army kitchen. (6 volunteers).	Paul Seleny 312-528-4413
43.	INSPIRATION CAFE - B	Sun., July 25 4:00-7:00 P.M.	Help cook and serve meals at this cafe, the only Chicago restaurant for the homeless. (6 volunteers).	Elizabeth Evans 312-975-8207
44.	AFTERNOON AT THE R.I.C.	Sun., July 25 TBD	Brighten the day for disabled children and adults at the Rehabilitation Institute of Chicago when you participate in a variety of planned activities. (6 volunteers).	Pam Bermeo 312-404-5525
45.	LAKEVIEW SENIORS - C	Mon., July 26 6:00-8:00 P.M.	Offer companionship to our senior friends at Lakeview Nursing and Geriatric Centre. We'll play games and participate in various arts and crafts activities. (15 volunteers).	Betsey Dalbeck W: 312-951-4395
46.	OPEN HAND CHICAGO - D	Tues., July 27 5:30-8:00 P.M.	Deliver meals to HIV-positive persons and their dependents. Volunteers cover two North Side routes. (6 volunteers).	Nancy Spigelman 312-248-0950
47.	SALVATION ARMY HOMELESS CHILDREN - D	Tues., July 27 6:00-8:00 P.M.	Join in craft and educational activities with children living at a North Side shelter. Weather permitting, we'll play sports outside. (10 volunteers).	Dorey Carvalho 312-281-2796
48.	LINCOLN-BELMONT PANTRY - E	Thurs., July 29 6:15-8:00 P.M.	Interview needy families and distribute food to them. A knowledge of Spanish is helpful but not required. (6 volunteers).	Leslie Eakes W: 312-715-4060
49.	I.C.R.E. SPORTS AND GAMES	Sat., July 31 9:45 A.M.-12 P.M.	Join disabled children living at the Illinois Center for Rehabilitation and Education for a morning of sports, crafts and games. (6 volunteers).	Marcie Perozzi 312-477-4586
50.	WHAT'S COOKIN' AT THE LINCOLN PARK SENIOR CENTER	Sat., July 31 10 A.M.-2 P.M.	Prepare and serve lunch for 40-60 seniors at this Chicago Housing Authority home in Lincoln Park. (5 volunteers).	Andrea Olin W: 708-358-0500
51.	H A B I T A T F O R HUMANITY - A	Sun., Aug. 1 12:30-4:30 P.M.	Help create affordable housing by renovating apartments for low-income families. No special skills are required. (10 - 15 volunteers).	Beth Laurin 312-235-7864
52.	SALVATION ARMY MEALS - A	Sun., Aug. 1 11:30 A.M.-2 P.M.	Serve lunch to over 200 homeless persons at a North Side Salvation Army kitchen. (6 volunteers).	Lori Nelson 312-248-4732

<u>Project</u>	<u>Date & Time</u>	<u>Description</u>	<u>Coordinator</u>
RESERVATION FOR TWELVE	This program will resume in September.	Accompany disabled teens from the Illinois Center for Rehabilitation and Education out to dinner. You'll be helping the teens develop social and financial skills for independent living.	
RUSSIAN-AMERICAN CLUB	This program will resume in September.	This program will resume in September. Help Russian immigrants adjust to life in Chicago. You'll be matched one-on-one to tutor our new friends in English.	
H.O.M.E.	This program will resume in September.	Many apartments sit vacant needing only a paint job to become homes for needy seniors. Chicago Cares volunteers will work together to clean, paint and have fun. Breakfast and lunch will be provided.	
I.C.R.E. WHEELCHAIR SPORTS	This program will resume in August.	Join disabled children from the Illinois Center for Rehabilitation and Education to play wheelchair football, basketball or volleyball.	
UPTOWN BOYS & GIRLS CLUB CRAFTS	This program will resume in September.	Have fun in various arts and crafts projects with the kids at the McCormick Unit in Uptown.	

CHICAGO CARES WEEKLY TUTORING AND READING PROGRAMS

**** Volunteers must make a weekly commitment to these programs. ****

53.	CABRINI READ-TO-ME	Mon., July 12 & 26 Mon., Aug. 9 & 23 Mon., Sept. 13 6:00-7:30 P.M.	Volunteers are matched one-on-one with children ages 4-7 to help them learn at an early age that reading can be fun. This program meets bi-weekly during the summer and resumes weekly in the fall. Four new volunteers are needed.	Megan Regan 312-975-1942 Stacie Lee 312-868-6961
54.	LIVING CENTER FOR GIRLS TUTORING	Tues., July 13, 20 and 27 5:30-7:00 P.M.	Once a week, female volunteers are matched one-on-one to tutor 10 inner-city teenage girls who are wards of the state. State regulations mandate that volunteers for this program receive a TB test and a certificate of good health from a doctor.	New volunteers, call Holly Haisty W: 312-715-4027 Current volunteers, call Susan Oppen W: 312-861-9095
	UPTOWN BOYS & GIRLS CLUB TUTORING	This program will resume in the fall.	Volunteers tutor 15 inner-city teenagers once a week in a variety of specific subjects including Spanish, Algebra and reading at the Boys and Girls Club in Uptown.	
	CABRINI TUTORING	This program will resume in the fall.	Once a week, Chicago Cares volunteers tutor students living in the Cabrini Green public housing project. Tutoring takes place at the Northwestern University-Chicago campus.	



HANDS ON NASHVILLE

PROJECT CALENDAR

July 1993

HON Hosts First Community Roundtable

Part of the joy of being a volunteer is knowing how much your community service hours really help. In an effort to help us all learn more about the problems facing Nashville and the solutions that agencies offer, HON is beginning a monthly program called **COMMUNITY ROUNDTABLE**. Each Community Roundtable will feature a speaker from one of our Community Service Partners and will include a tour of their facilities. At the Roundtable, you will learn about the agency's mission and how it helps meet a need within the community, as well as have a chance to discuss how HON can be a part of the solution.

Our first Community Roundtable will feature Margot Deshanes, Executive Director of the **Refugee Resettlement Program**. Each year, Refugee Resettlement helps over 500 families seeking asylum begin a new life in Tennessee. The agency helps clothe, educate, find employment and housing for families, and tries to help them adjust to our customs and lifestyle.

The Community Roundtable will be **July 26th from 6:00-7:30 at the Refugee Resettlement Office located in the old Father Ryan High School on Elliston Place**. Call the HON Office for more details. Come and learn about this unique program and how world politics affect Tennessee.

HON Day Update!!!

Mark your Calendar!! The second annual Hands On Nashville Day is scheduled for October 30th. It looks like this year's event will be even bigger than last year's. IN fact, we are expecting over 2,000 volunteers! Mayor Bredesen has once again, agreed to be one of our Honorary Chairpersons. And, we have some unique projects already lined up. Want to help?

- It's not too soon to be pulling your volunteer team together.
- If your company wants to form a team, call Sarah Nichols at 352-6456 and she can help set you up.
- The success of HON Day rests on getting great projects and great project volunteers. Call the Project Committee Chairman, Nancy Garrett at 383-8298 to participate.
- If you think your company would like to be a financial sponsor of the Day, call Hal Cato at 385-3541 or Dru Anderson at 748-9342.
- Registration and Kick Off will need some help as the Day approaches. For more information, call Dwight Adkins at 872-6401 or Chris Jeffries at 726-6100.

New Place and New Face

HON now has a great new office - complete with meeting space. We are in the same building (The Kinnard Building), but now in Suite 406. Our mailing address and phone number remain the same - P.O. Box 120615, 37212, 298-1108. Come visit the new place!

When you come to check out HON's new digs, say hello to **Krista Sagen**. Krista is helping HON during the summer. She is a senior at Vanderbilt University studying Mathematics. After only one week, Patti says she's "indispensable."

The Board Elects New Officers

The Board of Directors recently elected a new slate of officers for 1993. Filling big shoes are:

Dru Anderson-President, **Anne Layman**-Vice President,
Ben Burns-Secretary, and **Thelma Bush**-Treasurer.

Congratulations to the new officers and thanks to our past officers - Hal Cato, Nancy Garrett, Bob Bernstein, and Anna Thorton - for their exceptional leadership.

PROJECT COORDINATORS' BULLETIN BOARD ...

Welcome to some new Project Coordinators - Brad Smith and Judy Parin...HON now has First Aid Kits for PCs to take on projects. Just call the Office to reserve a kit...The PC gurus, Nancy Garrett and Patrick Lyons, have developed a new and improved PC handbook. Look for more information about this in the upcoming calendar...If you have a camera, take it with you to your next project. HON would love to have the photos for a scrapbook.

Project Coordinators are an important factor in HON's success. Being a PC is easy and a fun way to become more involved in community service. If you are interested in learning about being a Project Coordinator, call the HON Office at 298-1108.

July 1993

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

				1	2 5:30-9:30pm Symphony at Cheekwood	3
4	5	6 5:00-8:00pm Saddle Up 6:30-8:00pm Coming To America	7	8	9 11:15am-12:15pm Meals On Wheels	10 10:00-11:00am Adopt-A-Yard 10:30-11:30am Meals On Wheels
11	12	13 5:00-8:00pm Saddle Up 6:30-8:00pm Coming To America	14 6:00-7:30pm Bingo 6:30-7:30pm Pet Therapy	15 4:45-6:30pm Union Rescue 6:00-6:30pm Orientation	16	17 10:00-12:00pm Downtown Cleanup
18 5:30-7:30pm Nashville Family Shelter	19 5:30-6:30pm Folding Party	20 5:00-8:00pm Saddle Up 6:00-7:00pm PC Workshop 6:30-8:00pm Coming to America	21 11:30am-12:30pm Duncanwood	22 6:00-6:30pm Orientation	23	24 10:00am-1:00pm Dream Houses 10:00-12:00pm Painting
25	26 6:00-7:00pm Community Roundtable	27 5:00-8:00pm Saddle Up 6:30-8:00pm Coming To America	28	29 5:30-7:30pm Second Harvest	30	31 10:30-1:30pm Cumberland Science

Projects for July ...

Children/Schools

Visit the Cumberland

Saturday, July 31 Nancy Wood
10:30-1:30 269-9494 (h)

10 volunteers

You will be meeting some kids from St. Luke's Community Center at the Cumberland Science Museum and sharing the fun with them. This project is a great way to see the magic of science through a child's eye.

"This Old Dream House"

Saturday, July 24 Chris Jeffries
10:00-Noon 292-1990 (h)
6 volunteers 726-6100 (w)

Hankering for the smell of sawdust and the sound of hammering? This project is for you. At Park Avenue Elementary you will help construct two "Dream Houses." These are indoor playhouses for children to exercise not only their bodies, but their imaginations, too.

Gotta Paint

Saturday, July 24 Patti Carr
10:00-Noon 298-1108

Unlimited

While some HON volunteers are building Dream Houses, you can be painting the Teacher's Lounge. Park Ave. Elementary will provide all the paint and supplies, and we'll provide the raw talent. No appreciation of art needed for this assignment.

Homeless/Shelters

Union Rescue Mission

Thursday, July 15 Mary Fletcher
4:30-6:30 371-8843(h)

5 volunteers

The Union Rescue Mission helps feed and shelter Nashville's homeless. Come help serve dinner and make someone's day a little better.

Nashville Family Shelter

Sunday, July 18 Tracy Lowe
5:30p.m.-6:30a.m. 385-9567 (h)
4 volunteers 377-9936 ext. 1147

You read it right, it's an all-nighter. The Nashville Family Shelter provides emergency housing for families. There are two ways you can help -- bring a dish and share dinner, or spend the night and prepare breakfast for the families.

Environment

Downtown Cleanup

Saturday, July 17 Tom Nuccio
10:00-Noon 386-3798 (h)
Unlimited 255-1041 (w)

Like immediate gratification? This project is for you. HON provides the gloves and trash bags, you provide the picking up...of litter that is.

Senior Citizens

Meals On Wheels

Friday, July 9 Jack Dunn
11:15-12:15 298-8393 (w)
2 volunteers 889-9558 (h)

This project really only takes one hour and is easy to do during your lunch hour. Deliver hot meals and make friends with some appreciative senior citizens.

Meals On Wheels

Saturday, July 10 Michelle Coyne
10:30-11:30 791-5078 (h)
5 volunteers 385-1686 (w)

One hour of your Saturday can make a big difference to some of Nashville's senior citizens...and it's fun to do.

Meals on Wheels is one of our Community Service Partners. Each day, senior citizens depend on this program to deliver hot, nutritious meals to their homes. It really only takes one hour and means a lot.

Adopt-a-Yard

Saturday, July 10 & 24 Chris Rogers
10:00-11:00 269-6345 (h)
2 volunteers 327-1400 (w)

Calling all apartment dwellers longing for the feel of the earth in their hands. HON has adopted an enchanting senior citizen who needs her yard tended during the summer. We'll even provide garden gloves for you.

B5...BINGO!

Wednesday, July 14 Patrick Lyons
6:00-7:30 399-8565 (h)
7 volunteers 871-8016 (w)

This is one of HON's most fun projects. You will help senior citizens residents of J.B. Knowles play bingo and claim their prizes. Volunteers are asked to bring two inexpensive prizes, such as snacks, personal care items, candy. We recommend that you try to find things not too fatty or too sweet.

It's a Dog's Life

Wednesday, July 14 Judith Hardcastle
2 shifts: 6:30-7:00 297-6216(h)
 7:00-7:30 872-5313(w)

10 volunteers each shift

It's Pet Therapy time again. This time we are calling all dogs. (The cats didn't quite appreciate the mix last time.) According to all reports, the senior citizens at the Belcourt Terrace Nursing Home and the pets really enjoy this time together.

Handicap/Disabilities

Saddle Up

Every Tuesday HON Office
5:00-8:00 298-1108

Although this program is full, call the HON office and get on the list for the next rotation. Volunteers of Saddle Up help disabled children learn how to ride horses for therapeutic purposes.

HON is considering adding another therapeutic horseback riding program. Call the Office if you are interested.

Doing that Lunch Thing

Wednesday, July 21 Vivian Perry
11:30-12:30 297-0106 (h)
6 volunteers

Share your lunch with the exceptional kids at Duncanwood School for Exceptional Children. The children are 9 months to 3 years old and would love to have lunch with you.

Miscellaneous

Music in the Park

Friday, July 2 HON Office
5:30-9:30 298-1108

25 volunteers

Spend the evening listening to classical music while sitting on the lawn of Cheekwood Botanical Gardens. HON will be doing two projects during this event.

- 1) Helping the Symphony and Cheekwood by selling tickets and distributing programs to the patrons, and
- 2) Escorting families from the Florence Crintenon agency to the event.

Both projects will be a lot of fun and will leave you with plenty of time to enjoy both the music and the Gardens.

Coming to America

Every Tuesday Dwight Adkins
6:30 - 8:00 872-6401 (w)
3 volunteers Martha Ann James
per night 269-5037 (h)

Help a Kurdish family learn about the American language and lifestyle. Through the Refugee Resettlement Program (see the front page) HON has "adopted" Tennessee's first ~~Kurdish~~ family. You will be an important factor in their success in Nashville.

Coming Next Month...

Edgehill Street Fair

Saturday, August 28

This annual street fair is designed to promote community pride in the Edgehill area. This event is a lot of fun and needs a lot of volunteers.

Community Roundtable

Monday, July 26

HON Office

6:00-7:30

298-1008

Unlimited

This is HON's first Community Roundtable Discussion. This month we will be learning more about the Refugee Resettlement Program. Margot Deshane, Executive Director, will talk to us about the ways they try to help the community and give us a tour of her facilities at the old Father Ryan High School. We'll then have a roundtable discussion about how HON can help. Don't miss our first Community Roundtable!

Second Harvest Sorting

Thursday, July 29

Virginia Gregory

5:30-7:30

292-3885 (h)

10-15 volunteers

532-1183 (w)

You'll be sorting food, shelving milk, laughing with fellow volunteers. Second Harvest Food Bank provides food for distribution to low-income families...and it's a great project for first-time volunteers.

Community Corner: *ITALIAN ST. FAIR*

The Italian Street Fair is looking for volunteers during Labor Day weekend, September 3-5. Volunteers will man booths, sell tickets, and be crowd controllers. If you are interested in participating, call Marian Worley at 356-9417.

The Community Corner is designed to inform volunteers about opportunities that exist in the community that are not Hands On Nashville projects.

HON Involvement

New Member Orientation

Thursday, July 15 & 22 HON Office

6:00-6:30

298-1108

The more the merrier!

Send a friend, relative, or enemy (volunteer work may mellow them out!) And, don't forget, having five of your friends join HON will make you a member of the High Five Club.

Calendar Folding Party

Monday, July 19

Patti Carr

5:30-6:30

298-1108

3 volunteers

Here's your chance to get a sneak peek at the upcoming calendar plus meet some other volunteers. Beverages provided!

Project Coordinator Workshop

Tuesday, July 20

HON Office

6:00-6:30

298-1108

Unlimited

Project Coordinators are essential to the success of Hands On Nashville. And it's a fun job, too...promise. Come and learn more about this easy way to get more involved.

To sign up for any project, call the Project Coordinator listed with the project description or call the HON Office at 298-1108.

BE A BUDDY TO ANOTHER HON VOLUNTEER!

Do you remember how it feels? You've attended an orientation and become a HON volunteer. You got your calendar, but...where to begin? It's scary to think about going to your first project. What will it be like going to a dance at Clover Bottom? Which projects are best for meeting other volunteers? Will I know anyone?

HON wants to make volunteering easy and fun. One way we think might help new members get over that "1st project hump" is to have a BUDDY. Starting in July, every person that joins Hands On Nashville will be assigned a Buddy. Their Buddy will call them during their first month, welcome them to HON and offer friendly advice on what project they might enjoy doing first. Their Buddy could even do the first project with them!

If you are interested in becoming a Buddy, call the HON Office at 298-1108. *Being a Buddy counts toward membership in the "High Five Club"!*

Volunteer Spotlight:

THE PROJECT DEVELOPMENT COMMITTEE

This month, HON would like to spotlight an exceptionally hard-working group of volunteers...the Project Development Committee. Each month, this group researches project ideas, meets with agencies to develop partnerships, and recruits Project Coordinators. Currently, the Project Development Committee is focusing on developing unique opportunities for HON projects and expanding our calendar to include more diverse service areas.

The Projects Committee is constantly working to improve our project process. Over the past year, the Committee has worked with the Board to establish project guidelines. They have also changed the process by assigning each committee member to an "area" of projects, such as the environment, senior citizens, at-risk teens. These changes mean that stronger partnerships with agencies can be formed and the committee will have an "expert" for each main area of focus. The Committee also works with the Hands On Nashville Day committee to develop projects for the Day.

The Project Development Committee consists of Patrick Lyons - Chairman, Nancy Garrett - HON Day Project Coordinator, Patti Carr, Susan Illing, Martha Ann James, and Anne Levine. If you are interested in joining this Committee, call Patrick at 399-8565.

Hands On Nashville, Inc.
P.O. Box 120615
Nashville, TN 37212

Address Correction Requested

NON-PROFIT ORG.
U.S. POSTAGE
PAID
Nashville, Tenn.
Permit No. 1686

Alan Chambers
City Cares of America
P.O. Box 27595
Washington, DC 20038

July Project Calendar Enclosed

For more information about HANDS ON NASHVILLE, call (615) 298-1008.



New York Cares

Project Calendar July 1993

New York Cares 116 East 16th Street New York, NY 10003 Telephone: 212-228-5000 Fax: 212-228-6414

New York Cares is grateful to KPMG Peat Marwick for generously photocopying the July Project Calendar.

Please read this Project Calendar carefully. New York Cares has a wide variety of volunteer projects that need your help: small teams, large teams, individual projects, one-day projects, and special projects. Remember, to volunteer with New York Cares, you **must** first attend an Orientation Meeting at our office. If you are interested in volunteering, please call us today to schedule your orientation: 212-228-5000.

The Sweltering City Needs Your Help!

It is summer in New York City! The air is thick and heavy, the concrete is hot, the asphalt sticky, and there is much work to be done. While not as vividly brutal as winter, summer in the city is just as difficult. The heat takes its toll on the homeless and elderly; "sweat equity" involves more sweat than equity; children deal with overheated boredom in a variety of constructive and not-so-constructive ways. And, there are fewer of us to help.

Understandably, all of us who can, get out of the city as often as possible. That means that those of us who are here need to do as much as we can to help the city beat the heat ... Please volunteer with us as often as you can this summer. *Our projects need help!!* Consider trying a new activity or one of our "before or after work" projects. We are counting on you!

Help Promote Adopt-A-Basket

We Care About New York, a non-profit organization dedicated to cleaning up the streets of New York, needs a volunteer with sales/marketing experience to work at least two business days each week. This volunteer will promote the "Adopt-A-Basket" Program which creates partnerships between businesses and the Dept. of Sanitation. Please call Emory Jackson at (212) 686-1001.

Volunteers Needed: Help Plan New York Cares Day '93

On October 16th, New York Cares will bring together concerned New Yorkers for a day of hands-on community service and fundraising. Over 4,000 volunteers will join hands to paint schools, plant gardens, clean-up parks, deliver meals to the elderly, and more.

As in a walkathon, participants in New York Cares Day '93 will ask their families, friends and colleagues to support their work by pledging a donation for each hour of volunteer service. The money we raise on October 16th will support New York Cares' year-round programs.

There are lots of ways for *YOU* to get involved in organizing New York Cares' largest annual fundraising event. From jumping jacks at dawn in Union Square to painting in Bushwick to dancing at the post-party ... we need your help!!!

- Attend the next NYCD'93 Volunteer Committee Meeting on Wednesday, July 7th from 6:30-7:30 pm at the New York Cares office and join one of the planning committees.
- Sign on as a New York Cares Day Team Leader, and run a project on October 16th.
- Recruit 25 or more friends to volunteer with you on New York Cares Day.
- Help organize a team from your company.

- Mark your calendar for October 16th, and plan to BE THERE!

Please R.S.V.P. to Andrea if you plan to attend the July 7th meeting, or contact Mary at 212-228-5000 if you cannot attend but would like to get involved.

Around the Office

Staff Notes! The Development Department welcomes two new-comers: Nicole Rousseau as administrative Assistant; and Kathleen Kuykendall, a summer intern from Middlebury College. Sherri Marton, a dedicated volunteer, is spending the next few weeks working on the New York Cares Day Corporate Sponsorship Breakfast hosted, for the second year in a row, by The New York Times. *Welcome, Nicole, Kathleen, and Sherri!* ... After successfully managing our Children's Projects for two years, Alison Abrams is moving on to new challenges. So is Teri Medd who leaves our Development Department. *Good Luck Teri and Alison!* ... *Welcome back Karen Adams*, out for almost a month after major surgery. *We all missed you!* Finally, a special *Thank You* to Jasmine Haynes, our office assistant who so ably filled the gap in Karen's absence. Jeannette Fairborne and Dana Mount also win high marks for their valuable temporary assistance ... *Thanks!!*

July 14th is Comedy Night!
Ticket information on back cover.
We hope to see you there!



New York Cares July Team Projects

If a project is full or if you cannot reach a Team Leader, please call the New York Cares office for an update of project availability. If you sign up for the project, it is extremely important that you attend! Team Leaders, other volunteers and the Project Partner are counting on you to be there! If you can not attend, please contact the Team Leader to inform him/her of your change of plans.

1. WEEKDAY MORNING SOUP KITCHENS IN MIDTOWN - M

Weekdays in July

There are hungry people all around the tri-state area, many are homeless, others simply can't afford a hot meal. If you would like to make a difference (no matter how small) please come join us at one of our early morning soup kitchens, and help feed a neighbor. All the kitchens listed below are centrally located in east midtown. Your help is needed especially during the first hour for the preparation of breakfasts and bag lunches.

Tuesday Mornings - St. Peter's	7:00am - 8:45am	Team Leader: Rebecca Fant (W) 212-633-4741
Wednesday Mornings - St. Bart's	6:30am - 9am	Team Leader: Rick Garavito (W) 212-689-9550
Thursday Mornings - Central Synagogue	6:30am - 9am	Team Leader: Joan Butman (H) 212-427-5964
Friday Mornings - Central Synagogue	6:30am - 9am	Team Leader: Jerry Wattenberg (W) 212-529-1460

2. SEND A CHILD OFF TO CAMP WITH A SMILE - S

Various dates in July

Do you remember how nervous you felt the first time you went to sleepaway camp? The 10,000 New York City children who are going to the Fresh Air Fund Camp this summer feel just as scared, and having you there can help make the first morning a happy one. Volunteers are needed on weekday mornings from 7am to 8:30am at either the Port Authority or the George Washington Bridge bus terminal to talk with the children while they're waiting, paint faces, color and read stories, and offer friendship and support. This is a project where your presence can really make a difference to a child. Help is especially needed at the GWB. If you would like to volunteer on any of the dates below, please call Julie Post, the Fresh Air Fund's Volunteer Director, at 212-704-7585; she'll give you all the details.

Thursday, July 1	Port Authority
Friday, July 2	Port Authority
Tuesday, July 6	Port Authority
Wednesday, July 7	Port Authority
Thursday, July 8	Port Authority
Friday, July 9	Port Authority
Monday, July 12	George Washington Bridge
Tuesday, July 13	Port Authority
Wednesday, July 14	Port Authority
Thursday, July 15	Port Authority
Monday, July 19	Port Authority
Wednesday, July 21	Port Authority
Thursday, July 22	Port Authority
Monday, July 26	George Washington Bridge
Monday, August 2	Port Authority

3. CALLING NIGHT AT THE FRESH AIR FUND - S

Thursday, July 1

Since 1877, The Fresh Air Fund has been sending New York City children from low income families on free two-week summer vacations in the country. Last summer, about 10,000 children traded in hot city streets for hikes in the woods, swimming in streams and farm living. The Fresh Air Fund needs volunteers to help call parents of prospective FAF campers to see if they are ready for their trips this summer. Pizza, good company, and Fresh Air Fun provided! Calling nights are every Monday and Thursday in July (see additional calendar entries for dates). (6pm - 8pm: 7 vols. needed) Team Leader: Julie Post (W) 212-704-7585

4. THURSDAY MORNING SOUP KITCHEN AT CENTRAL SYNAGOGUE - M

Thursday, July 1

See Project #1 for complete project description. (6:30am - 9am: 5 vols. needed)

Team Leader: Joan Butman (H) 212-427-5964

5. VILLAGE NURSING HOME SING-A-LONG - M

Thursday, July 1

Join residents and volunteers of the Village Nursing Home after work for an hour of socializing, reminiscing, a sing-along or a planned activity. Volunteers are needed to assist residents in wheelchairs, provide support, have friendly conversations and help create an enjoyable and fun atmosphere. "Happy Hour" refreshments will be served. (5:45pm - 8pm: 8 vols. needed)

Team Leader: Elizabeth Ruekerl (H) 718-488-7408 (W) 212-335-7839

6. FRIDAY MORNING SOUP KITCHEN AT CENTRAL SYNAGOGUE - M

Friday, July 2

See Project #1 for complete project description. (6:30am - 9am: 5 vols needed) Team Leader: Jerry Wattenberg (H) 212-627-4928

- 7. SUNDAY BRUNCH WITH AIDS PATIENTS AT ST. LUKE'S HOSPITAL - M** *Sunday, July 4*
 On the first Sunday of every month, B'Nai Jeshurun provides a special brunch for patients with AIDS at St. Luke's Hospital on West 113th Street. Volunteers spend time eating and chatting in the hospital's solarium with 10 - 15 brunch guests, help deliver 30 - 40 homemade meals by pushcart to individuals in their rooms, assist patients who want to send letters, and take part in a nonsectarian Service of Hope and Healing. All are encouraged, but not required, to bring a food donation. It is very important that if you are scheduled to bring a food donation and you have to cancel, you inform the Team Leader as far in advance as possible so that she can make other arrangements for the menu. Attention Cooks/Bakers: B'Nai Jeshurun depends on volunteer support to supplement their basic meal menu: you can arrange with Stewart to drop off homemade goodies (on West 89th Street) for patients to enjoy. (11:15am - 2:30pm: 3 vols. needed)
Team Leader: Stewart Post (W) 718-802-3811 (H) 212-529-1439
- 8. VOLUNTEER AT THE LARGEST SUNDAY SOUP KITCHEN IN NEW YORK CITY - M** *Sunday, July 4*
 St. Francis Xavier runs the largest Sunday meal program in New York City, serving an average of 1300 meals each Sunday. New York Cares sends a team of volunteers to help at the soup kitchen each Sunday. We now provide 1/2 of all volunteers needed in the afternoon to serve the guests each week. Please come and help us make sure all of our guests at St. Xavier continue to get these hot Sunday meals. In addition to its size, St. Francis Xavier is also known for the special service tables staffed by volunteers and for being open throughout the entire meal. At these service tables volunteers assist guests with questions about jobs, welfare rights, housing and medical services. Come and be a part of this well organized and fulfilling contribution to the community. (12:15pm - 3:45pm: 20 vols. needed) **Team Leader: Laurie Haines (H) 212-595-5080**
- 9. CALLING NIGHT AT THE FRESH AIR FUND - S** *Monday, July 5*
 See Project #3 for complete description. (6pm - 8pm: 7 vols. needed) **Team Leader: Julie Post (W) 212-704-7585**
- 10. TUESDAY MORNING SOUP KITCHEN AT ST. PETER'S - M** *Tuesday, July 6*
 See Project #1 for complete project description. (7am - 8:45am: 8 vols needed) **Team Leader: Rebecca Fant (W) 212-633-4741**
- 11. JAN HUS PRESBYTERIAN CHURCH - M** *Tuesday, July 6*
 Jan Hus works with four other churches to help serve meals to the needy on the Upper East Side. Help them prepare and serve 65 - 85 meals restaurant style. Volunteers are invited to eat with the guests and to stay afterwards to enjoy a recently released video. The church is located near the 77th Street subway. (5:30pm - 7:30pm: 3 vols needed) **Team Leader: Lesley Ann Gliedman (W) 212-787-1700**
- 12. WEDNESDAY MORNING SOUP KITCHEN AT ST. BART'S - M** *Wednesday, July 7*
 See Project #1 for complete project description. (6:30am - 9am: 5 vols. needed)
Team Leader: Rick Garavito (W) 212-689-9550
- 13. CALLING NIGHT AT THE FRESH AIR FUND - S** *Thursday, July 8*
 See Project #3 for complete description. (6pm - 8pm: 7 vols. needed) **Team Leader: Julie Post (W) 212-704-7585**
- 14. FRIDAY MORNING SOUP KITCHEN AT CENTRAL SYNAGOGUE - M** *Friday, July 9*
 See Project #1 for complete project description. (6:30am - 9am: 5 vols needed) **Team Leader: Jerry Wattenberg (H) 212-627-4928**
- 15. GREENWICH MEAL DELIVERIES TO SENIORS - M** *Saturday, July 10*
 Caring Community delivers meals to the homes of 65 seniors who are assisted by the weekday "Meals on Wheels" program. These weekend deliveries are very important, particularly for seniors who will not receive another meal delivery until Monday. If you are going to be in New York City, please help us make sure these seniors get this weekend meal! (10am - 1:15pm: 3 vols. needed)
Team Leader: Dan Nissenbaum (W) 212-552-6426 (H) 212-580-5481
- 16. PERSONAL SHOPPING AT VILLAGE TEMPLE - M** *Saturday, July 10*
 Hey! You wanna go shopping? The Village Temple Soup Kitchen provides clothing and a hot meal to 175 homeless people on the first Saturday of each month (due to the holiday this month, we'll be doing it on the 2nd Saturday). The patrons are invited to partake in the meal when they enter the kitchen. After the meal, volunteers are asked to work one-on-one with the guests sorting through clothes to help them find what they need. Interested volunteers may help with both the meal program and the clothing distribution or one of the two. (2pm - 4pm: 4 vols. needed)
Note: This project is in dire need; if there are any soup kitchen volunteers out there who have been with a soup kitchen or have volunteered with NYC for more than 6 months and are willing to team lead this project for 2 hours every 1st Saturday, please call Malisa Gangadeen at 212-228-5000 or leave a message for Jerry Wattenberg. **Team Leader: Jerry Wattenberg (H) 212-529-1460**
- 17. DELIVER MEALS TO HOMEBOUND SENIORS IN EAST MIDTOWN - M** *Saturday, July 10*
 United Neighbors of East Midtown provides gourmet meals to approximately 40 homebound senior citizens in midtown Manhattan. Help prepare hot and nutritious meals and then, working in pairs, deliver them to seniors' homes. This project requires only a meal delivery and does not include a visit with the senior. Meals are delivered to residents living between 39th and 59th Streets, east of Fifth Avenue. (9:30am - 12:30pm: 4 vols. needed) **Team Leader: Alissa Churchill (W) 212-727-5162 (H) 718-855-2866**
- 18. BROOKLYN'S HOMESTEADING RENOVATION TEAM - M** *Saturday, July 10*
 The Brooklyn Homesteading project is still going strong. Volunteers are doing heavy demolition work at the site in downtown Brooklyn. Team Leaders Paul Frietag and John Englert have a core of consistent volunteers, but are always looking for new volunteers to strengthen the ranks.
Note: This project also takes place on the 24th, you may sign up for either of the two or both. (9:30am - 2:00pm: 8 vols. needed)
Team Leader: Paul Freitag (H) 718-788-8318

19. **SUMMER TUTORING WITH P.S.115 - M** *Saturday, July 10*
 Que bueno! If you're interested in tutoring, this project is the perfect place to start! Become a part of a growing team of volunteers who make learning fun for P.S.115's third through sixth graders. Spend the morning working closely with one or two students on English, Math and Writing, and playing a hot round of Multiplication Bingo. Then, cool down with a deli lunch, and wrap up the day by participating in a group recreational activity. Maria always welcomes new volunteers, so put on your thinking cap and give her a call! (9am - 3pm: 10 vols. needed) **Team Leader: Maria Alvarez (H) 212-877-2897**
20. **HELP-BRONX KIDS TURN CARTWHEELS AT SUTTON GYMNASTICS - M** *Saturday, July 10*
 Sutton Gymnastics, one of New York City's premiere Gymnastic Centers for kids, has generously donated space and instructors to New York Cares for a **FOUR WEEK GYMNASTICS CLASS!** Twice in July and twice in August, 14 of HELP-Bronx's most promising young athletes will spin, vault, balance, and dance their way through activities that will get them in shape, in motion, and into physical fitness. You don't need to come to all four sessions to be a part of this project, but we encourage you to consider it - who knows? You may be in the presence of the next Nadia Komenichi! (10:45am - 1:30pm: 5 vols. needed) **Team Leader: Steve Scheibel (H) 212-979-1960**
21. **THE REGENT HOTEL GOES BEHIND THE SCENES AT MADISON SQUARE GARDEN - M** *Sunday, July 11*
 Join the Regent kids for a behind the scenes tour of Madison Square Garden! See the inner workings of the 20,000 seat arena; go backstage and onstage New York's premier concert theater, The Paramount; visit the locker rooms of the Knicks and the Rangers; and marvel at the stories and memorabilia of some of the greatest moments in Garden history. Top it all off with a pizza lunch! (11am - 2:30pm: 10 vols. needed) **Team Leader: Bithia Carter (H) 212-744-2629**
22. **SUNDAY ACTIVITIES WITH SENIORS - M** *Sunday, July 11*
 Come hang out with some citizens who don't have much of a chance to get out to the great outdoors. The senior citizens who attend the day care / out patient program at Jewish Home and Hospital appreciate a friendly face and some stimulating activities. Volunteers would be asked to read the *Sunday New York Times*, discuss current events, play bingo and trivia games, do arts and crafts, and practice movement to keep bones and muscles active. (10am - 2pm: 3 vols needed) **Team Leader: Peter Schwartzman (W) 212-553-7814**
23. **VOLUNTEER AT THE LARGEST SUNDAY SOUP KITCHEN IN NEW YORK CITY - M** *Sunday, July 11*
 See Project #8 for complete project description. (12:15pm - 3:45pm: 20 vols. needed)
Team Leader: Josephine Fitzpatrick (H) 718-945-2568
24. **SUNDAY FUN ON THE UPPER WEST SIDE - S** *Sunday, July 11*
 For all of you who've been itching to do a "new" senior project, here is your big chance. New York Cares is experimenting with a brand new group on the upper west side, and your support is greatly needed. Brookdale Center on Aging Group Activities and Respite Program located on West 85th street, is seeking individuals who want to join their volunteer staff, running activity groups and working individually with people with Alzheimer's. Participants need love, understanding and patience from creative, energetic, fun, and patient volunteers. Try it for two Sundays this month from 10am - 1:30pm. Truly rewarding and educational for those interested in being part of an innovative community service. A brief training session will be provided for interested volunteers. *Note: Please look for this project on the 18th and the 25th as well.* (10am - 1:30pm: 8 vols needed) **Team Leader: Julie Harrison (W) 212-481-7670 (H) 212-758-1364**
25. **GARDENING AT THE BROWNSTONE SCHOOL - S** *Sunday, July 11*
 Summer is finally upon us and the Brownstone school garden is really blooming over! Come see what volunteers have accomplished in the past 5 months (we guarantee you'll be astounded at what they started out with). We're very close to helping the garden's "little helpers" fulfill their dream, which is to make this garden a bit of heaven in the heart of the Bronx. Come lend your support and help some dreams come true. The school is a part of Prospect Interfaith (one of many Homes for the Homeless programs in New York) and is dedicated to nurturing and promoting children's talents and abilities. The children who attend the Brownstone School have adopted the garden and are working to make it their own special place. Volunteers will plant flowers, paint garden boxes, and turn composts. If possible bring along flowers to plant (ask the team leader for recommendations). And don't worry if you've never gardened before, you'll get lots of expert advise from our young neighborhood specialists. Lunch will be provided. (10am - 2pm: 10 vols needed) **Team Leader: Andrea Malloy (H) 718-284-2858**
26. **PROVIDE CLOTHING TO HOMELESS MEN AT ST. BART'S CHURCH - M** *Monday, July 12*
 Sort and distribute clothing to homeless men in the clothing room at St. Bartholomew's Church in midtown Manhattan. Volunteers work directly with individuals to help them find the specific clothing items they need. The provision of clothing to people in need is a very important service. Donations of men's clothing are welcome. (5:30pm - 7pm: 4 vols. needed) **Team Leader: Lynn Wertheim (W) 212-309-6773**
27. **CALLING NIGHT AT THE FRESH AIR FUND - S** *Monday, July 12*
 See Project #3 for complete description. (6pm - 8pm: 7 vols. needed) **Team Leader: Julie Post (W) 212-704-7585**
28. **TUESDAY MORNING SOUP KITCHEN AT ST. PETER'S - M** *Tuesday, July 13*
 See Project #1 for complete project description. (7am - 8:45am: 8 vols needed) **Team Leader: Rebecca Fant (W) 212-633-4741**

29. **STANLEY ISAACS TEENS HIP HOP AT THE COOPER HEWITT - S** *Tuesday, July 13*
 The 11 to 14 year olds that are part of Stanley Isaac's Teen program said that they have nothing to do over the summer; they called us to see what New York Cares volunteers could do! Help these very creative young adults get a move on summer by going with them to a free outdoor hip hop dance performance at the Cooper Hewitt. Bring a picnic blanket if you have one, and get hungry for a pre-performance pizza dinner at a nearby eatery. (6pm - 8:30pm: 6 vols. needed) **Team Leader: Mark Rosenberg (H) 212-517-8906**
30. **JAN HUS PRESBYTERIAN CHURCH - M** *Tuesday, July 13*
 See Project #11 for complete project description. (5:30pm - 7:30pm: 3 vols needed)
Team Leader: Lesley Ann Gliedman (W) 212-787-1700
31. **CASINO NIGHT AT THE VILLAGE NURSING HOME - M** *Tuesday, July 13*
 Join residents of the Village Nursing Home for a night of gambling in the West Village! Take your chances on a game of bingo, or play your lucky number in a game of lotto (residents play these games for dimes and quarters). Volunteers will transport residents to the activity room and then play along with them during the games. Please bring a few quarters or some fun prizes to raise the stakes. Ask the Team Leader for ideas! (6pm - 8pm: 4 vols. needed) **Team Leader: Dianne Snyder (H) 212-841-0271**
32. **OFF AND RUNNING - S** *Tuesday, July 13*
 Grab your running shoes and come enjoy a fun filled day of physical activity with a physically challenged individual. The Achilles Track Club is an international non profit organization designed to encourage people with all kinds of disabilities to participate in long distance running with the general public. Volunteers are needed to run with participants during their practice run this evening regardless of speed or ability. (6:00pm - 8pm: 10 vols. needed) **Team Leader: Eileen Ruston (W) 212-425-5535 (H) 212-769-4551**
33. **TUESDAY EVENING COFFEE HOUSE - M** *Tuesday, July 13*
 When was the last time you sang a Gerswhin tune with someone ninety years young? Cafe Vienna, a monthly coffee house for residents of The Jewish Home & Hospital for Aged, is an hour or so of songs, visiting and interaction with some of New Yorks most colorful seniors. Listen to residents belt out Yiddish and German songs with piano accompaniment. Enjoy some coffee and light snacks with other volunteers and residents. Most of all, brighten their evenings by just being there. (6:30pm - 8pm: 8 vols. needed)
Team Leader: Katie Turkel (W) 212-725-1100 (H) 212-348-4474
34. **HELP WE CAN'S RECYCLING EFFORTS BY COUNTING CANS AFTER WORK - M** *Wednesday, July 14*
 WE CAN is a not-for-profit organization dedicated to providing jobs and income to the poor and the homeless through its can redemption programs. WE CAN's redemption centers are managed and staffed by formerly homeless individuals, with each center representing: 15 full-time jobs; \$1 million in deposit earnings per year, and tons of solid material which is recycled rather than added to landfills. WE CAN needs a "third party volunteer audit team" to verify inventory tallies at the center on West 52nd Street and 11th Avenue. Volunteers count plastic bags filled with like cans (Coke, Pepsi, Budweiser) and crates filled with like bottles and then compare their numbers with the count made earlier that day. (6pm - 7:30pm: 4 vols. needed) **Team Leader: Sally Hand (H) 718-382-7675**
35. **WEDNESDAY MORNING SOUP KITCHEN AT ST. BART'S - M** *Wednesday, July 14*
 See Project #1 for complete project description. (6:30am - 9am: 5 vols. needed)
Team Leader: Rick Garavito (W) 212-689-9550
36. **THURSDAY MORNING SOUP KITCHEN AT CENTRAL SYNAGOGUE - M** *Thursday, July 15*
 See Project #1 for complete project description. (6:30am - 9am: 5 vols. needed)
Team Leader: Joan Butman (H) 212-427-5964
37. **GARDENING AT OASIS II WITH GREEN GUERRILLAS - S** *Thursday, July 15*
 To some composting is a dirty word. To the Green Guerillas it is the stuff that lays the foundation for beautiful gardens. Bring a change of composting clothes to work and join the team for a few hours of work at the Oasis II Community Garden. Volunteers are needed to do repairs on the composting system. There will be trips to the stables to transport the fertilizer to be laid in the garden. Others will do maintenance work like raking, pruning and fertilizing. (5:45pm - 7:45pm: 5 vols. needed) **Team Leader: Phil Tietz (W) 212-674-8124**
38. **DANCING WITH RESIDENTS AT THE JEWISH HOME AND HOSPITAL - M** *Thursday, July 15*
 Energetic volunteers are needed to spend Thursday evening swinging with residents at the JHHA. This program is geared towards residents who need individual attention, stimulation, and activity. Visit rooms at the beginning of the project, get residents excited about the program, and then transport them to the "dance hall." The more volunteers there are, the more residents that can participate in the program. (6:15pm - 8:15pm: 8 vols. needed) **Team Leaders: Diane Kaston (H) 212-388-1145; Ronete Koster (W) 212-870-4940**
39. **CALLING NIGHT AT THE FRESH AIR FUND - S** *Thursday, July 15*
 See Project #3 for complete description. (6pm - 8pm: 7 vols. needed) **Team Leader: Julie Post (W) 212-704-7585**
40. **FRIDAY MORNING SOUP KITCHEN AT CENTRAL SYNAGOGUE - M** *Friday, July 16*
 See Project #1 for complete project description. (6:30am - 9am: 5 vols needed) **Team Leader: Jerry Wattenberg (H) 212-627-4928**

- 41. GARDENING AT THE DR. WHITE CENTER - S** *Saturday, July 17*
 The Dr. White Center is a full service community center where the youth of Fort Green, Brooklyn can go after school for recreation, tutoring and employment training. The center is run by the Sisters of the Holy Trinity, an order of nuns based in Philadelphia. Volunteers are needed to help the community's youth and the Green Guerillas to turn the area into a natural forest and meadow. During the summer weeknights the center's youth will also participate in garden clean up and flower planting. (10am - 2pm: 8 vols. needed) **Team Leader: Darryl Roberts (W) 212-228-5000**
- 42. NEW RENOVATION PROJECT-CONSERVE HOUSING CONSERVATION - S** *Saturday, July 17*
 Calling all homesteaders!! As many of you know, we haven't had a new renovation project in quite a while, so we're introducing a brand new project partner with the hopes that you guys will embrace it with the same enthusiasm and spirit *Brooklyn Charities* and *LESAC* have received in the past. *Housing Conservation Coordinators* located on the upper east side is an organization designed to help people in the immediate community locate affordable housing and maintain it. Instruction is given on how to do their own home repairs such as installing windows, repairing plumbing, and tiling. Unfortunately for the *Coordinators*, their own office space which used to be an abandoned building desperately needs a new face. They are seeking enthusiastic energetic volunteers to help make their space a little more comfortable. Volunteers will be asked to paint and also to remove debris from the upper floors. No special skills necessary; there will be experienced people at the site. Current homesteaders looking for some new action are welcome. (10am - 3pm: 15 vols. needed)
Team Leader: Kristen Knupp (W) 212-633-1010x626
- 43. UNIVERSITY COMMUNITY SOUP KITCHEN ON THE LOWER EAST SIDE - M** *Saturday, July 17*
 The University Community Soup Kitchen describes itself as "a restaurant without a cashier, a place that serves the homeless and hungry with the respect denied to them on the street and in society, a place they can call home." The soup kitchen opened its doors to the Lower East Side's poor and homeless on Saturdays in 1982. It has grown since then, and volunteers now serve about 600 carefully prepared meals to guests at a fully set table. Those in charge of the soup kitchen are "convinced that the dignified and hospitable treatment of the homeless and poor can become the first step in their rehabilitation." Come be a part of and contribute to the special spirit at this soup kitchen. (11:45pm - 4pm: 6 vols. needed) **Team Leader: Ferdinand Poon (H) 212-688-4820**
- 44. VILLAGE TEMPLE MEAL PROGRAM - M** *Saturday, July 17*
 The Village Temple Soup Kitchen needs help serving meals to the 175 homeless people who visit the kitchen. (2pm - 4pm: 4 vols.
Team Leader: Seth Gordon (H) 212-725-3760
- 45. INSTA-GARDEN - S** *Saturday, July 17*
 How does "Greening of Harlem" do it? This organization run by Bernadette Cozart maintains 17 gardens throughout the city. Volunteers are needed to help turn one of the city's vacant lots into another oasis for the surrounding community. This garden will be started completely from scratch. With a team of volunteers, a rototiller, close supervision, and all the necessary equipment this site will be transformed into a fertile new garden in just one day. Bernadette is willing to talk about how she makes her gardens grow and interesting facts about the plants you will work with. If you are interested in learning about gardening or just enjoy working outside don't miss this project. (10:30am - 2pm: 12 vols. needed) **Team Leader: Maura Molloy (H) 212-879-9549**
- 46. QUEENS READ TO ME - M** *Saturday, July 17*
 Have you ever read Dr. Seuss' *Green Eggs and Ham*? Or A.A. Milne's *The House at Pooh Corner*? This project is your chance to get reacquainted with some of your favorite children's stories, and to share the joys of reading with a child. Brainstorm ideas for the day with the volunteers on the Queens-bound subway from Manhattan. Once at the library, volunteers and children watch a video, choose books together, read to one another, and participate in a special art project in the afternoon. *Sally has just reopened this popular project to new volunteers! And if you're interested in becoming a Team Leader, Sally is a great person to learn from.* You will be asked to contribute an ingredient to the group lunch. (8:30am - 2pm: 5 vols. needed) **Team Leader: Sally Hand (H) 718-382-7675**
- 47. KIDS CREW POW WOWS AT MATARAZZO FARM - S** *Saturday, July 17*
 Kids Crew, run by and located at the Brooklyn Children's Museum, is an after-school and weekend program for school aged children from Bedford-Stuyvesant and Crown Heights. Almost every Saturday, Kids Crew takes an off-site trip to reinforce a monthly theme; in celebration of the July theme, Native Americans, Kids Crew is going to a Native American Powwow! There will be competitive dancing by tribes in full regalia, plus a flutist and storyteller, traders, and food. Having New York Cares' help allows more children to attend the trip! Please bring a bag lunch and \$6 to cover the cost of admission for yourself. (10am - 4pm: 5 vols. needed)
Team Leader: Guilaine Jean-Pierre (W) 212-228-5000
- 48. COUNSELOR FOR A DAY WITH THE FRESH AIR FUND - S** *Saturday, July 17*
 During the summer, 2,500 children spend two weeks at one of the Fresh Air Fund's four camps in Dutchess County, New York. Several times during the summer, the Fresh Air Fund looks for volunteers who want to come up to camp for a day and give their full time staff a day off! Travel by train to Fishkill, NY Saturday morning with a team of volunteers, and spend a fun-filled day planning and supervising arts and crafts activities and team-based sports events for 9 to 12 year old campers. The full-time counselors get some time to unwind, the campers get to do new things and meet new people, and you get to be a counselor for a day! (8:30 - 5:30: 8 vols. needed)
Team Leader: Jonathan Marks (H) 212-252-0533

49. **HARRIET TUBMAN CENTER SSSSLITHERSSS THROUGH THE BRONX ZOO - M** *Saturday, July 17*
 The Harriet Tubman Center animal lovers will have a sssssuper time when they go to the Bronx Zoo for the Great SSSSnake Debate. Kids will get temporary snake tattoos, find out the weight of a giant anaconda, cast their vote for the longest snake, listen to jazz, and much more, plus all the usual zoo attractions that they'll just go hog wild for! Volunteers are requested to bring \$6 to cover the cost of their own admission, and an ingredient to contribute to the group's lunch. (10am - 4pm: 10 vols. needed)
Team Leaders: Sheryl Bregman (H) 212-595-3161 Suzanna Andrews (H) 212-865-0284
50. **HELP-HOMES COOKING WITH KIDS PROGRAM - S** *Sunday, July 18*
 The ongoing cooking class with HELP-Bronx has been so successful that H.E.L.P.'s Central office called to start a second class with H.E.L.P. Homes! So, we are! Join Kathy, Elizabeth, and other members of the New York Women's Culinary Alliance for a day of mixing, slicing, dicing, chopping, blending, cooking, and, of course, eating with the children from H.E.L.P. Homes! Call the Team Leader to learn what ingredients you can contribute to the day's menu. *Mangia!* (10am - 2pm: 10 vols. needed)
Team Leaders: Kathy Moore (H) 212-260-4573; Elizabeth Fassberg (H) 212-980-4127
51. **SUNDAY FUN ON THE UPPER WEST SIDE - S** *Sunday, July 18*
 See project #24 for complete project description. (10am - 1:30pm 8 vols.needed) **Team Leader: Julie Harrison (W) 212-481-7670**
52. **MEAL PREPARATION AT THE CATHEDRAL OF ST. JOHN THE DIVINE - M** *Sunday, July 18*
 The Cathedral of St. John the Divine provides a hot meal for over 375 homeless men and women on Sundays. Volunteers are needed to help out in the kitchen preparing the meal before the guests arrive later that afternoon. (9:30am - 11:30am: 5 vols. needed)
Team Leader: Andrea Poole (W) 212-691-3210 (H) 212-717-1397
53. **SERVING A MEAL AT THE CATHEDRAL OF ST. JOHN THE DIVINE - M** *Sunday, July 18*
 The Cathedral of St. John the Divine provides a hot meal for over 375 homeless men and women on Sundays. Apart from cooking, volunteers are needed to help serve a full meal to the seated guests. The church has room for 125 guests at a time so there are usually 3-4 separate seatings each Sunday. (1pm - 4pm: 5 vols. needed) **Team Leader: Cuyler Christianson (H) 212-879-5741**
54. **CHRIST CHURCH SUNDAY PM MEAL PROGRAM - M** *Sunday, July 18*
 Prepare and serve a hot, nutritious meal to the 150 guests in the auditorium at Christ Church United Methodist on the Upper East Side. This Sunday dinner is special because there are very few programs that provide a carefully prepared meal at this time of day. (4pm - 7pm: 4vols. needed) **Team Leader: Herb Althouse (H) 212-686-5134**
55. **VOLUNTEER AT THE LARGEST SUNDAY SOUP KITCHEN IN NEW YORK CITY - M** *Sunday, July 18*
 See Project #8 for complete description. (12:15pm - 3:45pm: 20 vols. needed)
Team Leader: Anne Fitzpatrick (W) 212-698-4718
56. **SUNDAY ACTIVITIES WITH SENIORS - M** *Sunday, July 18*
 See Project #22 for complete project description. (10am - 2pm: 3 vols. needed)
Team Leader: Jessica Schwartz (H) 212-734-6116
57. **CALLING NIGHT AT THE FRESH AIR FUND - S** *Monday, July 19*
 See Project #3 for complete description. (6pm - 8pm: 7 vols. needed) **Team Leader: Julie Post (W) 212-704-7585**
58. **TUESDAY MORNING SOUP KITCHEN AT ST. PETER'S - M** *Tuesday, July 20*
 See Project #1 for complete project description. (7am - 8:45am: 8 vols needed) **Team Leader: Rebecca Fant (W) 212-633-4741**
59. **JAN HUS PRESBYTERIAN CHURCH - M** *Tuesday, July 20*
 See Project #11 for complete project description. (5:30pm - 7:30pm: 3 vols. needed)
Team Leader: Lesley Ann Gliedman (W) 212-787-1700
60. **WEDNESDAY MORNING SOUP KITCHEN AT ST. BART'S - M** *Wednesday, July 21*
 See Project #1 for complete project description. (6:30am - 9am: 5 vols. needed)
Team Leader: Rick Garavito (W) 212-689-9550
61. **VILLAGE NURSING HOME SING-A-LONG - M** *Thursday, July 22*
 See Project #5 for more details. (5:45pm - 8pm: 8 vols. needed) **Team Leader: Elizabeth Ruekerl (H) 718-488-7408 (W) 212-335-7839**
62. **THURSDAY MORNING SOUP KITCHEN AT CENTRAL SYNAGOGUE - M** *Thursday, July 22*
 See Project #1 for complete project description. (6:30am - 9am: 5 vols. needed)
Team Leader: Joan Butman (H) 212-427-5964
63. **CALLING NIGHT AT THE FRESH AIR FUND - S** *Thursday, July 22*
 See Project #3 for complete description. (6pm - 8pm: 7 vols. needed) **Team Leader: Julie Post (W) 212-704-7585**

64. **FRIDAY MORNING SOUP KITCHEN AT CENTRAL SYNAGOGUE - M** *Friday, July 23*
See Project #1 for complete project description. (6:30am - 9am: 5 vols needed) Team Leader: Jerry Wattenberg (H) 212-627-4928
65. **SUMMER ROOF TOP BARBECUES AT MT. SINAI - S** *Saturday, July 24*
The therapeutic recreational service of the Department of Rehabilitation at Mt. Sinai Hospital will be hosting a series of Summer barbecues for the in-patients, their guests and their families. Most of the patients are disabled and are hospitalized with spinal cord injury, traumatic brain injury, stroke and other neurological disorders. Bring a few smiles and share them around while you assist with setting up, serving, working the grill and socializing. (10am - 2pm: 8 vols. needed) Team Leader: Jo Ellen Zembruski (W) 212-241-9188
66. **BROOKLYN'S HOMESTEADING RENOVATION TEAM - M** *Saturday, July 24*
For complete project description, please see project #18. (9:30am - 2pm: 8 vols. needed) Team Leader: John Englert (H) 718-852-6193
67. **HARLEM DOWLING WEST-SIDE CENTER SITS CENTER STAGE - M** *Saturday, July 24*
Theatreworks/USA, America's most celebrated theatre company for young audiences, is once again able to offer FREE tickets to their summer performances. This year, they are presenting their show YOUNG ABE LINCOLN, making history come alive through drama and song, and the aspiring actors from Harlem Dowling West-Side Center will get to be part of the fun! Please bring 2 lunches to eat in Central Park after the show! (9:30am - 2pm: 10 vols. needed) Team Leader: Lambeth Hochwald (H) 212-874-1750
68. **"GARDENER'S CHOICE" AT BRYANT PARK - S** *Saturday, July 24*
Bryant Park is the public garden visited by more New Yorkers than any other. Tens of thousands of park visitors and passersby were able to appreciate the beautiful plants and flowers that blossomed last Summer and this Spring. Over the past couple of years hundreds of NY Cares volunteers have had a hand in planting and nurturing this beautiful midtown garden. All volunteers are invited to enjoy whatever flowers are in bloom this season. Michael Levine, Bryant Park's horticulturist, needs volunteers to help with planting, pruning, sweeping, or deadheading - Whatever that is!. Volunteers are one of the primary reasons why the park is maintained so well. If you use the park or would just like to spend some time outside working with your hands please call Michael Alcamo. (10am - 3pm: 12 vols. needed)
Team Leader: Michael Alcamo (W) 212-819-7861
69. **HARRIET TUBMAN CENTER - TADA! - M** *Saturday, July 24*
TADA! is a theatre company made up of a cast of New York City's finest talent -- children ages 6 - 17 -- accompanied by a live band! This summer, the rising stars from the Harriet Tubman Center are going to see the young TADA! crew perform "Everything About Camp (Almost)", the story of Camp Ichikowweyadoo and all the crazy things that happen there. Please bring 2 lunches to enjoy before the show. (10:30am - 3pm: 10 vols. needed) Team Leader: Mitul Foster (H) 201-653-7584
70. **HELP-BRONX GYMNASTICS - M** *Saturday, July 24*
See Project #20 for complete description. (10:45am - 1:30pm: 5 vols. needed) Team Leader: Steve Scheibel (H) 212-979-1960
71. **TUTORING LOS ESTUDIANTES DE P.S. 115 - M** *Saturday, July 24*
See Project #19 for complete description. (9am - 3pm: 10 vols. needed) Team Leader: Maria Alvarez (H) 212-877-2897
72. **HELP-BRONX COOKING WITH KIDS PROGRAM - M** *Sunday, July 25*
This popular project has just reopened to new volunteers! Whether you cook like Julia Child or the Swedish Chef, you're bound to tickle your taste buds with members of the New York Women's Culinary Alliance and the sous chefs from HELP-Bronx! You'll make three course gourmet meals with the children, and learn something about good nutrition and cooking techniques along the way! Call the Team Leaders to see what ingredients you can contribute to the day's menu. Bon appetit! (10am - 2pm: 5 vols. needed)
Team Leaders: Kathy Moore (H) 212-260-4573; Elizabeth Fassberg (H) 212-980-4127
73. **REGENT HOTEL KIDS BLOOM AT THE BOTANICAL GARDENS - M** *Sunday, July 25*
Volunteers and young botanists from the Regent Hotel will travel to the New York Botanical Gardens, where they will ride the tram (a huge hit with kids!) to the Children's Garden. There, they will have a group picnic under the eaves, and then dig, plant, water, and mulch the plants and flowers in the Children's Garden, under the instruction of a trained staff member. Please bring 2 lunches and \$3 to cover the cost of the tram and a donation at the gate. (10:30am - 3:30pm: 12 vols. needed) Team Leader: Brad Stoneberg (H) 212-580-6538
74. **VOLUNTEER AT THE LARGEST SUNDAY SOUP KITCHEN IN NEW YORK CITY - M** *Sunday, July 25*
See Project #8 for complete project description. (12:15pm - 3:45pm: 20 vols. needed)
Team Leader: Susan Loughlin (W) 201-599-4623 (H) 201-659-6676
75. **MEAL PREPARATION AT THE CATHEDRAL OF ST. JOHN THE DIVINE - M** *Sunday, July 25*
The Cathedral of St. John the Divine provides a hot meal for over 375 homeless men and women on Sundays. Volunteers are needed to help out in the kitchen preparing the meal before the guests arrive later that afternoon. (9:30am - 11:30am: 5 vols. needed)
Team Leader: Dee Baecher (H) 212-749-8636
76. **SUNDAY FUN ON THE UPPER WEST SIDE - S** *Sunday, July 25*
See project #24 for complete project description. (10am - 1:30pm 8 vols needed) Team Leader: Julie Harrison (W) 212-481-7670

77. **SERVING A MEAL AT THE CATHEDRAL OF ST. JOHN THE DIVINE - M** *Sunday, July 25*
The Cathedral of St. John the Divine provides a hot meal for over 375 homeless men and women on Sundays. Apart from cooking, volunteers are needed to help serve a full meal to the seated guests. The church has room for 125 guests at a time so there are usually 3-4 separate seatings each Sunday. (1pm - 4pm: 5 vols. needed) **Team Leader: Bob Trismen (H) 212-721-2878**
78. **CALLING NIGHT AT THE FRESH AIR FUND - S** *Monday, July 26*
See Project #3 for complete description. (6pm - 8pm: 7 vols. needed) **Team Leader: Julie Post (W) 212-704-7585**
79. **TUESDAY MORNING SOUP KITCHEN AT ST. PETER'S - M** *Tuesday, July 27*
See Project #1 for complete project description. (7am - 8:45am: 8 vols needed) **Team Leader: Rebecca Fant (W) 212-633-4741**
80. **STANLEY ISAACS TEENS GO FOR A NIGHT SKATE - S** *Tuesday, July 27*
Join the 11 to 14 year olds from the Stanley Isaacs Neighborhood Center for an evening of roller skating, mini-golfing and hoop shooting at Wollman Rink! Let off some steam after work, and give some teenagers the opportunity to get off the streets. Please bring \$5 to cover the cost of your own admission. (6pm - 9:30pm: 6 vols. needed) **Team Leader: Liza Ness (H) 718-268-6243**
81. **CASINO NIGHT AT THE VILLAGE NURSING HOME - M** *Tuesday, July 27*
See Project #31 for complete project description. (6pm - 8pm: 4 vols. needed) **Team Leader: Dianne Snyder (H) 212-841-0271**
82. **JAN HUS PRESBYTERIAN CHURCH - M** *Tuesday, July 27*
See Project #11 for complete project description. (5:30pm - 7:30pm: 3 vols. needed)
Team Leader: Lesley Ann Gliedman (W) 212-787-1700
83. **HELP WE CAN'S RECYCLING EFFORTS BY COUNTING CANS AFTER WORK - M** *Wednesday, July 28*
See Project #34 for complete project description. (6pm - 7:30pm: 4 vols. needed) **Team Leader: Sally Hand (H) 718-382-7675**
84. **WEDNESDAY MORNING SOUP KITCHEN AT ST. BART'S - M** *Wednesday, July 28*
See Project #1 for complete project description. (6:30am - 9am: 5 vols. needed)
Team Leader: Rick Garavito (W) 212-689-9550
85. **THURSDAY MORNING SOUP KITCHEN AT CENTRAL SYNAGOGUE - M** *Thursday, July 29*
See Project #1 for complete project description. (6:30am - 9am: 5 vols. needed)
Team Leader: Joan Butman (H) 212-427-5964
86. **DANCING WITH RESIDENTS AT THE JEWISH HOME AND HOSPITAL - M** *Thursday, July 29*
See Project #38 for complete project description. (6:15pm - 8:15pm: 8 vols. needed)
Team Leader: Dave Friedman (H) 212-860-4712
87. **FRIDAY MORNING SOUP KITCHEN AT CENTRAL SYNAGOGUE - M** *Friday, July 30*
See Project #1 for complete project description. (6:30am - 9am: 5 vols needed) **Team Leader: Jerry Wattenberg (H) 212-627-4928**
88. **BREAKING NEW GROUND NEAR HENRY STREET - S** *Saturday, July 31*
The Henry Street Settlement House is breaking new ground with their Community Garden Park. The Council of the Environment of New York City's "Plant-A-Lot" program has developed 25 other such open space parks, since 1984. Henry Street Settlement Community Garden Park is going to become an oasis for the seniors for the neighborhood. Volunteers will be needed through the Spring to help clear the site, break up concrete, paint a fence, prune trees and much more. Homesteaders who've been looking to get busy this may be the project to tide you over. (10am - 3pm: 15 vols. needed) **Team Leader: Marco Abbruzzese (H) 212-580-6108**
89. **STANLEY ISAACS CENTER KIDS HAUL THE SAILS - S** *Saturday, July 31*
All hands on deck for a summer sail! Volunteers and the Stanley Isaacs day camp crew will board The Pioneer, a 102 foot two-masted schooner owned and operated by the South Street Seaport Museum. You'll help raise the sails, and then sit back and enjoy the sea air and a picnic lunch as you cruise around the Statue of Liberty and Ellis Island. Ahoy! Please bring 2 nautical lunches and \$5 to cover the cost of your own boarding pass. (10:45am - 3:30pm: 5 vols. needed) **Team Leader: Allie Lee (H) 201-659-0637**
90. **CONVENT CENTER KIDS EXPLORE THE LIBERTY SCIENCE CENTER - M** *Saturday, July 31*
The Liberty Science Center, the area's newest and most innovative hands-on science museum, has 3 floors of interactive exhibits and live demonstrations on the Environment, Health, and Inventions. You and tomorrow's Einsteins from the Convent Avenue Family Living Center can star in your own "virtual reality" band, lose yourselves in a looking glass labyrinth, draw pictures with a 50 foot laser beam, climb a rock wall, crawl through the dark in a 100 ft. touch tunnel, and much more! Please bring \$9 to cover the cost of your own admission (it's worth it!) and 2 healthy lunches for yourself and a child. (9:30am - 3pm: 10 vols. needed)
Team Leader: Michelle Garcia (W) 212-984-3928

91. **SUNDAY BRUNCH WITH AIDS PATIENTS AT ST. LUKE'S HOSPITAL - M**
See Project #7 for complete description. (11:15am - 2:30pm: 3 vols. needed)
Team Leader: Stewart Post (W) 718-802-3811 (H) 212-529-1439
Sunday, August 1
92. **SUNDAY FUN ON THE UPPER WEST SIDE - S**
See project #24 for complete project description. (10am - 1:30pm 8 vols needed) **Team Leader: Julie Harrison (W) 212-481-7670**
Sunday, August 1
93. **TUESDAY MORNING SOUP KITCHEN AT ST. PETER'S - M**
See Project #1 for complete project description. (7am - 8:45am: 8 vols needed) **Team Leader: Rebecca Fant (W) 212-633-4741**
Tuesday, August 3
94. **JAN HUS PRESBYTERIAN CHURCH - M**
See Project #11 for complete project description. (5:30pm - 7:30pm: 3 vols. needed)
Team Leader: Lesley Ann Gliedman (W) 212-787-1700
Tuesday, August 3
95. **WEDNESDAY MORNING SOUP KITCHEN AT ST. BART'S - M**
See Project #1 for complete project description. (6:30am - 9am: 5 vols. needed)
Team Leader: Rick Garavito (W) 212-689-9550
Wednesday, August 4
96. **THURSDAY MORNING SOUP KITCHEN AT CENTRAL SYNAGOGUE - M**
See Project #1 for complete project description. (6:30am - 9am: 5 vols. needed)
Team Leader: Joan Butman (H) 212-427-5964
Thursday, August 5
97. **VILLAGE NURSING HOME SING-A-LONG - M**
See Project #5 for more details. (5:45pm - 8pm: 8 vols. needed) **Team Leader: Elizabeth Ruekerl (H) 718-488-7408 (W) 212-335-7839**
Thursday, August 5
98. **FRIDAY MORNING SOUP KITCHEN AT CENTRAL SYNAGOGUE - M**
See Project #1 for complete project description. (6:30am - 9am: 5 vols needed) **Team Leader: Jerry Wattenberg (H) 212-627-4928**
Friday, August 6
99. **PERSONAL SHOPPING AT VILLAGE TEMPLE - M**
See Project #16 for complete project description. (2pm - 4pm: 4 vols needed) **Team Leader: Jerry Wattenberg (H) 212-529-1460**
Saturday, August 7
100. **OFF & RUNNING PLUS - S**
September
Have you ever considered running and Ultramarathon? Me neither, but members of The Achilles Track Club are going to participate in the **Al Gordon 500 Mile Challenge** around the Central Park Reservoir. The purpose of this marathon is to raise \$100,000 to improve the most used running area in the world. Thursday, September 9th at 7am three races will begin. The first is a 500 milier for individuals. A second race will consist of seven person relay teams. The third will be called a fun run consisting of seven person relay teams. Each of the teams has eleven days from 7am - 7pm to complete the race. *NOTE - Volunteers will not be asked to raise or donate funds, nor are we required to run during work hours in order to participate. The Achilles members need volunteers to run with them (as we are available), to keep them feeling safe and supported. Runners of all abilities are invited to join the Achilles members. You can make a three way contribution by taking part in this event. Your efforts benefit the Central Park community, an individual, as well as, do something healthy for yourself. Although it's starting in September we are giving you advance notice so you have time to find out more about and be better prepared for this project. Please call Team Leader Eileen Ruston as early as mid-July for more details.
Team Leader: Eileen Ruston (W) 212-425-5535 (H) 212-769-4551

101. **OFF & RUNNING PLUS - S**
November
One of the premier running events in the world is taking place in NY in November. The **New York Marathon** is only months away. Some of the most challenging and rewarding volunteer opportunities in the city will happen on this day. The Achilles Track Club will need a total 400 volunteers this year. They will need a small army of intelligent, highly motivated and enthusiastic volunteers. That's us!! To give you an idea of one of the challenges we can meet, there will be a couple hundred physically challenged runners from all over the world, speaking more than 25 different languages. These Achilles members will need volunteers to be Runner/Translators, who can help them feel safe, supported and understood throughout some portion of the 26.2 miles. That is only the beginning. NY Cares volunteers have an opportunity to sign up for a wide range of "jobs" supporting the Achilles Track Club members, long before the general public are allowed to sign up. Each volunteer needs to receive a volunteer information sheet and application-(neither can be faxed). It would also benefit those of you who want to run, to attend some of the training sessions taking place on Tuesdays and Saturdays throughout the summer and fall. Please call Malisa Gangadeen at NY Cares for more information.

July's Full Project

<u>PROJECT TEAM</u>	<u>DATE</u>	<u>TEAM LEADER</u>	<u>ACTIVITY</u>
Bellevue Hospital Child Life Project	July 1	Elizabeth Tower	Hospital visit
	July 8		
	July 15		
	July 22		
	July 29		

NEW YORK CARES JULY INDIVIDUAL PROJECTS

Ronald Parrish investigates individual volunteer assignments and lists them in the New York Cares *Red Book*, a reference catalog available for your perusal at the office. Many of these assignments require a weekly commitment on a long-term basis. Each month, Ronald features several of these opportunities in the Individual Project Calendar. Call Ronald, at 212-228-5000, to get contact names and phone numbers for the projects that interest you.

1. **THE JOB BANK TABLES** at St. Francis and St. Peter's soup kitchens are designed to provide homeless or economically disadvantaged individuals with information about job placement and companies that are currently hiring. Volunteers assist individuals through short, one-on-one interviews and by helping them find job leads at the "Help Wanted" board. By supporting these men and women as they seek employment, you are helping them to take the first step in helping themselves.
2. **HAPPINESS IS CAMPING**, at Camp Gramercy, is a residential summer camp located in New Jersey for children with cancer. HIC provides youngsters from the greater New York and New Jersey areas with a safe environment that allows them to see that they are not alone, that children with cancer are normal, everyday kids. Volunteers work from Friday to Friday as counselors from July 9 -August 20.
3. **CREATIVE WORKSHOP FOR KIDS** offers many New York City children an outlet for creative expression. Children, ages 5-18, use a variety of artistic media as ways of facing their fears, troubles, pains and dreams by working one-on-one with dedicated volunteers. This process of self-expression and exploration allows many of the children discover greater pride and a sense of self in an environment that encourages support and growth. Volunteers are needed to help take part in workshops and help to foster verbal communication skills.
4. **WOMEN IN COMMUNITY SERVICE** is a private, non-profit corporation sponsored by a coalition of five major national women's groups. Located in all 50 states, WICS has become one of the largest volunteer organizations in America. It has devoted much of its time to helping young women with their academic and career endeavors. Currently, New York WICS is looking for dedicated female volunteers who would be interested in becoming mentors to some of the young women coming out of the Job Corps program.
5. **HUDSON GUILD EDUCATION CENTER** is a tutorial and remedial program for youngsters and adults living on the West Side. This community-based organization helps youngsters and young adults with college selection and admission process, SAT preparation, career development and a host of other valuable services. Please lend a helping hand by becoming a summer tutor.
6. **CABRINI MEDICAL CENTER** has been leading the way in today's world of medicine and medical/health education. This well established medical center has been providing services to downtown Manhattaners since 1892, and is currently in need of volunteers to help with feeding patients (particularly the older population) during morning or evening mealtimes. If you ever wanted to do some volunteer work in the downtown area, then maybe Cabrini Medical Center is for you.
7. **THE INTERNATIONAL CENTER IN NEW YORK** is an ESL (English as a Second Language) organization which helps newly arrived immigrants learn the English language and the customs of American society. At the present time, INCY is looking for ESL tutors. So if you love to speak foreign languages or would love to be a tutor (or both!), then how about becoming a tutor at INCY? (Foreign language *not* required!)
8. **THE FLOATING HOSPITAL** is a four-deck ship housing medical and dental facilities that provide vital services to non-or under-insured persons living in the New York City area. Many New Yorkers get the care they desperately need because the hospital is not identified with any particular geographic, social or ethnic interest. Now through August 27th, the Floating Hospital will be sailing the East River from 10am - 3pm rendering medical care. Help escort and supervise groups of children, assist workshop leaders and participate in other aspects of the one and only floating hospital!

Alan Chambers
City Cares of America
Post Office Box 27595
Washington, DC 20038-7595

New York Cares
116 East 16th Street
Sixth Floor
New York, NY 10003

First Class Pre-Sort
U.S. POSTAGE
PAID
New York, NY
Permit No. 8705

NEW YORK CARES' SIXTH ANNUAL EVENING OF COMEDY TICKET ORDER FORM

Our 1993 Evening of Comedy is almost sold out!
The show will take place on Wednesday, July 14, 1993 at 8:00 p.m. Once again, Mead Data Central, Inc. is underwriting the event which is being produced by Comedy Central. A limited number of tickets are still available at \$50 each.

If you are interested, please call Nicole Rousseau with your credit card number (Mastercard/Visa) or send your check as soon as possible!

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Daytime Phone: () - _____

Enclosed is my check for \$ _____ for _____ tickets (\$50 each)
for New York Care's 1993 Evening of Comedy.

Please return form and check to New York Cares, 116 East 16th Street, NY, NY 10003

JULY 1993



- ⚙ Pack up the kids, grab your uncle, lure your mother-in-law on July 17!
- ⚙ Come paint a house
- ⚙ Find the hidden contest

To Make L.A. Work



424 N. Larchmont Blvd.
Los Angeles, CA 90004
213.465.4097

Presorted
First-Class Mail
U.S. Postage Paid
Los Angeles, CA
Permit No. 2868

City Cares
P.O. Box 27595
Washington, D.C.
of America
20038

Dear Friend:

As the summer begins, we want to welcome all the new volunteers to L.A. Works. We look forward to seeing you at one of our exciting summer projects. Summer is a particularly hard time for our community service partners - they really need volunteers. And they're glad to know that they can rely on you and L.A. Works to be there.

To all of our new volunteers, we're glad you've taken the first step to get involved. We are now holding volunteer orientations so you can get vital information on L.A. Works and we can learn about you. The orientations are required for participation in L.A. Works: we will hold orientations on July 13 and July 28. We look forward to meeting you in person!

We will be returning to many of the project sites we first visited during The Works. Look for renovation and landscaping projects, arts classes, and other unique events. We have developed some lasting relationships from April 24, and we intend to continue to support this important work. Several partnerships occurred spontaneously after The Works: one group of volunteers has expressed an interest in

continuing to work with the Al Wooten, Jr. Heritage Center, and another group is planning to assist the Wilton Place Children's Center in Koreatown. That continuity really makes L.A. work.

We are introducing a new type of project this month: a family project! Grab your uncle, lure your mother, bring your significant other, and gather your children together for a unique twist to our projects. We will return to the Los Angeles Regional Foodbank to show our expertise in sorting bulk donations of food. This will be a real family affair - hope you can join us! Look for other special projects next month, as well as a Group Action Project in September.

Finally, a special thanks to everyone who has helped us in the office. You have really assisted us in keeping our database up to date, getting information out to new volunteers, and helping us with office operations. If you have time this summer, we'd love to see you at 424 N. Larchmont!

Sincerely,

Kirsten Hertz,
Executive Director

L.A. Works is a non-profit organization that is committed to revitalizing Los Angeles by making it easy for people to get involved in their communities through volunteer projects.

For more information or to get on our mailing list, please write or call us at:
424 N. Larchmont Blvd., Los Angeles, CA 90004 (213) 465-4097.

return to sender

T-SHIRTS ARE HERE!

Our beautiful L.A. Works T-shirts are finally back in stock! Get your own for the next tree planting or renovation. These 100% cotton T-Shirts are made to get dirty.

L.A. Works T-Shirts make great gifts too. Just let us know and we'll send it for you! T-Shirts are \$15.00.

Size ____XL ____L

Please write your name and attach a brief message if you would like us to send it as a gift.

L.A. Works is growing, but we need your help. We would appreciate your donations, which help fund our programs. Thanks for making L.A. Works...Work!

Before sending a contribution, contact your employer to see if they offer a matching funds or payroll deduction programs.

____\$10 ____\$20 ____\$50 ____\$100 ____Other

____ Please send my friend listed below
information on L.A. Works

____ I am moving. My new address is:

Name

Address

Occupation

Day Phone:

Evening Phone:

Please make check or money order payable to L.A. Works.
Donations are tax deductible to the full extent of the law.

Layout: F.O.E. Design
Design: Penny Fitzgerald
Printing: Garcia and Sons, 818-787-5466



J U L Y

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3 SALVATION ARMY TRANSITIONAL HOUSING
4 INDEPENDENCE DAY	5	6	7	8 OFFICE NIGHT	9	10 CHERNOW HOUSE EYECYCLE CLINICA PARA LAS AMERICAS
11	12	13 ORIENTATION OFFICE NIGHT	14	15 ALL AMERICAN YOUTH FOUNDATION	16	17 LOS ANGELES REGIONAL FOODBANK ANGEL'S FLIGHT ALCOHOLISM CENTER FOR WOMEN
18 CHILDREN'S HOSPITAL OF LOS ANGELES	19	20 OFFICE NIGHT	21	22	23	24 VALLEY SHELTER
25 HOUSE OF RUTH	26	27	28 OFFICE NIGHT	29	30	31 CALIFORNIA ENVIRONMENTAL PROJECT

projects

Project Sign-up: Please call the Project Coordinator to reserve your spot. Volunteers must sign up one week in advance, so that activities can be planned. If you cannot attend please call and let the coordinator know, so that we can allow someone else to join.

Volunteers must attend an L.A. Works orientation session. You may attend one project before going to an orientation.

SATURDAY, JULY 3RD

SALVATION ARMY TRANSITIONAL HOUSING

Arts and Crafts

9:30 - 12:30

Coord: Jim Gates (310) 284-9278

Co-coord: David Green

Here's one way to start your Fourth of July with a bang! In town for the holiday? Going to some fun party Saturday night? We'll do the proper American thing and come play with the kids at Salvation Army. (And I don't mean Jim or David). We'll be working with paper mache!

SATURDAY, JULY 10TH

CHERNOW HOUSE

Children

9:30 - 12:30

Coord: Marsha Ogelsby

(310) 841-4316

Co-Coord: Ed Scott

If you have never been to one of our children's projects, please join us this month. Almost every weekend we offer a project where you work with children from 4 to 14. We provide the activities, you don't need to be an artist or an arts and crafts guru to participate. The idea is to provide some fun and companionship for these wonderful children.

EYECYCLE

Tandem Cycling with Visually Impaired

8:30 - 12:30

Coord: David Chiabauda

(310) 827-8028

Sign up early. Sign up early. Sign up early! Okay, now you have been properly warned. Eyecycle is the exciting Santa Monica program where volunteers lead visually impaired partners on a wonderful tandem bike ride along the bike path. If you know visually impaired people who might enjoy this program be sure to let us know.

CLINICA PARA LAS AMERICAS

Renovation and Mural

9:00 - 1:00

Coord: Bill Sternberg

(213) 239-1565

Co-Coord: Jaymie Monroe

**Skilled Experts: Steve Ferguson
and Carol Kipling**

Welcome Clinica Para Las Americas as our new Community Service Partner this month. Bill has been talking to Clinica for some time about this renovation project and it is going to be sensational - we will be painting a mural, building bookshelves, painting everything an L.A. Worker could want.

projects

TUESDAY, JULY 13TH

7:30 - 8:30 pm

Orientation

Sign-up at (213) 465-4097

New volunteers are required to come to an L.A. Works orientation. You may participate in one project before coming to an orientation.

Another orientation will be held Wed., June 28th.

THURSDAY, JULY 15TH

ALL AMERICAN YOUTH FOUNDATION

Art Class

7:00-8:30 p.m.

Coord: Katrina Dornig

(213) 939-9721

Co-Coord: Darrien Gipson

Our first weeknight project was a success! The kids of All American Youth Foundation had a terrific time as we painted signs and posters. This month Katrina and Darrien have more fun planned, but you will find the real excitement comes from spending time with these energetic people.

SATURDAY, JULY 17TH

FAMILY PROJECT LOS ANGELES REGIONAL FOODBANK

Food Sorting

9:00 - 12:00

Coord: Liz Romo

(213) 932-1309

Pack up your kids, grab your uncle, lure your mother-in-law!! Introduce your kids to the world or community service. Please join us for this exciting L.A. Works first...A Family Project. The Los Angeles Regional Foodbank is a unique place—imagine a warehouse with cheese, flour, pasta and meat. Then think about the homeless agencies that rely upon the Foodbank for providing food to their clients—homeless shelters, senior programs, day care centers. Then picture you and your family helping to make packages of food that then goes to over 350 agencies. The Foodbank, housed in a cool warehouse, is located near downtown Los Angeles. The Foodbank also organizes appropriate activities for young children, and gives a wonderful presentation on how your work helps the homeless in our city. In addition to sorting food, we'll have some special activities. See you there!

ANGEL'S FLIGHT

Teens

9:30 - 12:30

Coord: Michelle Lang

(818) 505-7652

Co-Coord: Joe Woolf

Fun Alert! Fun Alert! This month Michelle and Joe have something special planned. If you've come to Angel's Flight before, you know that the kids are fun to be with. This time we are adding 2 more spoonfuls of fun to that. I'm not allowed (by FCC regulations) to disclose all the details, but I can say this: Bring your hiking boots and a canteen of water.

projects

SATURDAY, 17TH CONT.

ALCOHOLISM CENTER FOR WOMEN

Renovation

9:00 - 1:00

Coord: Kim Fitzgerald
(310) 280-4390

We are pleased to be returning once again to the Alcoholism Center for Women, since our goal is to build lasting relationships with our Community Service Partners. Kim is back in the saddle as coordinator, and she's gotta mind to do some work. If you have been to the center before you will know the dramatic changes that have already happened. Be a part of the future changes.

SUNDAY, 18TH

CHILDRENS' HOSPITAL OF LOS ANGELES

Arts and Crafts

1:00 - 4:00

Coord: Lori Jenner
(213) 624-8555

Co-Coord: Linda Gase

The Mark Taper Program consists of a storyteller or artist performing for the kids at the hospital. Afterwards, we do a related arts and crafts project. This is a very special project, so please join us.

SATURDAY, 24TH

VALLEY SHELTER

Arts and Crafts with Children

9:30 - 12:30

Coord: David Green
(213) 465-4097

Co-coord: Lori Stohl

Summer is a great time for parks, games and ice cream. If you got excited reading this, imagine how the kids at Valley Shelter will react. We also will do a unique photography project with the kids!

SUNDAY, 25TH

HOUSE OF RUTH

Renovation

10:00 - 3:00

Coord: Matthew Kearns
(818) 972-0983

Co-coord: Maira Suro
Skilled Expert: Mark DiCocco

We need your help! Come out and paint. We decided to be ambitious and paint a whole house! The people at House of Ruth loved what we accomplished during THE WORKS and asked us to come back and help them again. House of Ruth is a shelter for single mothers. (50 people needed)

SATURDAY, 31ST

CALIFORNIA ENVIRONMENTAL PROJECT

Coord: Kristen Daggett
(310) 449-3661

Who said "Give a Hoot - Don't Pollute"? Be the first person to answer this mystery question and sign up for this project and win an L.A. Works T shirt! California Environmental Project is a unique organization which is dedicated to cleaning and restoring our parks to their natural beauty. Call Kristen for the location.

L.A. WORKS

VOLUNTEERS NEEDED!

Do you have a photo album that is the envy of your friends? Are you able to look at fabulous pictures from the illustrious past of L.A. Works and put them together in some kind of order?! We'd love your help in organizing our pictures. Please call Kirsten Hertz at (213) 465-4097 and we'll pick a time.

OFFICE NIGHT

These long summer evenings make you want to... help at L.A. Works! Yes, L.A. Works at night is an unforgettable experience. The sunset, the sound of birds, the buzz of the keyboard and the copier... please visit us. Give us a call to join us any day or the following nights: July 8, 13, 20, 28.

VOLUNTEER ORIENTATION

If you are new to L.A. Works, please join us on Tuesday July 13th or Wednesday July 28th for an Orientation session. New volunteers are allowed to participate in one L.A. Works project before attending an orientation. Please call to sign up at (213) 465-4097.

WINNERS

The following volunteers raised the most pledges during THE WORKS.

1st Place

Ann Mailander

Getaway weekend in San Diego

2nd Place

Tie between

Deana Kobrynski & Wendy Murphy
Mountain Bicycles

3rd Place

Pat Decambre

2 tickets to
Joseph and the Amazing
Technicolor Dreamcoat

Largest Company Team

First Interstate Bank

Largest Entertainment Team

Sony Pictures Entertainment

Team with Most Individual Pledges

First Interstate Bank

Join us in congratulating them. Thank you again to all our winners and everyone who helped spread the spirit of volunteering.

We'd like to begin publishing information and anecdotes from you from time to time. Please send us a brief letter/story describing your volunteer experience with L.A. Works.

Here's an entry from Kristen McGary, writing about her experiences at Chernow House in Boyle Heights:

"When I ask eleven year old Brandon how many children live at the Chernow House, a transitional housing facility for low income families in East L.A., he quickly answers 'too many'. He is helping several volunteers bring in clay pots which will be painted for Mother's Day presents, then used to plant red, yellow, purple, and pink flowers. Later I will watch in awe as Brandon eats three Big Macs and two orders of fries, and claims he is going to be the next Michael Jordan when he grows up. 'Did you see me when I threw that ball all the way around the court and made a basket? Did you see me?'"

...Ruben Diaz, the children's program coordinator...raves about the program he has been a part of for four years. 'It's fantastic,' he says, stressing this is a 'program' not a 'shelter'. With this program, Diaz has been amazed at how he has seen families 'really grow.' Not only a housing facility, Chernow helps enroll children in community schools, helps find permanent housing, and offers a follow-up program which allows families to check in with the organization they have come to trust.

'It means so much when groups like L.A. Works come and sponsor events with the kids,' Diaz says. 'It doesn't take much. All you have to do is sit and talk,

one-on-one, and you can see how much the individual attention means to them.'

... We gather in a circle to play a game. Several children rush toward me to hold my hand. Carla claims my left, and Kristy my right. Jo Anne is too late, but grabs me around my waist. Carla and Kristy won't budge. I tell Jo Anne to hold Kristy's hand and she does so, although she pouts. We begin the game, circling, circling, when a three-year old comes up to me wanting to be held. I scoop her up, carrying her in this game of circles.

When we are finished, I find Jo Anne sitting alone at the picnic tables, in tears. 'What's the matter, Honey?' I ask her. 'You're don't wanna be my friend no more.' Her sincere expression tells me she believes this. 'Oh Jo Anne, that's not true at all, why do you say that?' 'Cause when I wanted to hold your hand and play the game you wouldn't let me, but then you let that wittle girl.'

Now she's hysterical, and my heart's in a million pieces and I'm holding her as tight as I can. A crowd is gathering. 'I'm so sorry, Jo Anne. I thought the little girl would cry, and I didn't stop to consider your feelings. Will you forgive me, Little Jo?' A brave boy comes up and takes her face in his hands and asks what's wrong. Kristy whispers, 'She don't got no friends.' I suggest a group hug to make her feel better, and all of a sudden twenty kids are hugging each other, and Jo Anne, and me, and then this massive hug is making us all laugh, and topple over..."

information

Other events or organizations you might like to know about.

HEAL THE BAY is organizing a summer long restoration of the El Segundo dunes. For more information, please call Libby Dangler at (310) 394-4552.

HOUSEHOLD HAZARDOUS WASTE ROUND-UP. Do you have paint or motor oil that you need to dispose of? There are several round-ups that allow you to dispose of those nasty household toxics conveniently. Please call the office for more information.

If you have important community news, please call us at (213) 465-4097 and we will try to help spread the news.

wish list

L.A. Works would appreciate the donation of any of the following items.

Office Space
Filing Cabinet
Mailing Labels
Ladders

Loan of Scaffolding
T-shirts
Arts and Crafts supplies
Paint

thank you

Thank you to the following individuals and companies who are helping.

Linda Brown
Penny Fitzgerald
Kristen Daggett
Joy Kennelly
JJ Jamieson
Peter Rounds

Ali Kurhan
Willem Kuling
Liz Romo
Stacy Browner
Mary Margaret Robinson

Benny Frias
Manon King
Sandi Hochman
Onelia Cruz
Sharon Scott
Paula Humerick

for donations:
Paul Nagle
Pollard Industries
Photo Center

Hands On Memphis Update

July 1993



All A-Board!

Hands On Memphis, Inc. now officially has a Board of Directors! On June 3, all seven members of our steering committee were appointed as founding members of our Board. The newly appointed Directors then elected Sheri Lipman, President, Chris Lawler, Treasurer and Ellen Rosen, Secretary. Sheri and Ellen are both with the McDonnell Boyd law firm and Chris is with Hampton Inns, Inc. The other members appointed were Kelly Gallagher of Yellow Cab, Cindy Shainberg of Environmental Protection Systems, Ingrid Powell and John Burns, both from McDonnell Boyd. Congratulations and good luck to you all!

"Bag-A-Thon" Results

In April, HOM participated in the *GLAD Bag-A-Thon* by helping pick up trash and debris at the **Clearborne Homes Public Housing** complex. The *Bag-A-Thon* was sponsored nationally in 105 cities by *First Brands Corp.* and *Keep America Beautiful, Inc.* Locally the month long effort was sponsored by the *Memphis City Beautiful Commission*. We are happy to report that HOM did its small part to be part of the more than 7,400 volunteers that picked up 4,296 bags of trash from local parks, streets, work sites and neighborhoods. Thanks to all of the volunteers and congratulations to *City Beautiful* for a job well done!

HOM July Project of the Month

Calling all volunteers! This month HOM takes on our biggest project yet! *The Chelsea Farms Fun Day* on July 17 will be filled with building, planting, cooking and lots of fun! Be ready to get down and dirty (in the dirt) and stay as long as you can because we will be cooking out and working well into the afternoon. We also want you to **BRING FRIENDS** who are not already part of HOM. We will hold a special orientation for them that day at the farm. Come for an hour or spend the whole day - this is the biggest event that we have attempted, so we hope that all of you - and your friends - will participate to make it a success!

Welcome

Hands On Memphis would like to welcome all of our new volunteers who attended an orientation in June. They are: Pat O'Donnell, Dot Neale, David Brooks, Audrey Conley, Jeanne Williams, Robin Coffman Jr., Kathy Edmundson, Julie Edlund, Andrea Barsotti, Jay Lindy, Liz Feder, Greg Renfrow, Diane Radcliffe and Melissa Allen. Hope to see you all at the Chelsea Farms on July 17!

Project Coordinators & Committees

Hands On Memphis always needs project coordinators for our various projects. If you would like to lead any of our existing projects or run a new project of your own, call Philip McCaull at the HOM office, 452-2151. HOM has formed three committees: Volunteers, Projects, and Fundraising. If you are interested in joining any of these committees or sitting in on Board meetings, call HOM to get the dates and times.

Coming Up In August...

Make plans to join us to read to our friends at Kings Daughters! The Kings Daughters Reading project is scheduled for August 1 from 2:00 - 4:00 p.m. We need 4 volunteers to visit with and read to their severely handicapped residents. For more details, call project coordinator Ellen Rosen at 521-1111 (w) or 683-5925 (h). Also in August we are planning a renovation project at the Bethany Home on the 7th. Look for details in your next newsletter!

PROJECT CALENDAR • JULY, 1993

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
				1	2	3 St. Peter's Home Picnic 9:00 a.m.- 1:00 p.m.
4	5	6	7 Orientation 6:00p.m.	8 Kings Daughters' Movie 6:00-8:00 p.m. Orientation 6:00 p.m.	9	10
11	12	13	14	15	16	17 Chelsea Farms Fun Day 9:00 a.m.
18	19 Orientation 7:00p.m.	20	21	22 Orientation 7:00p.m.	23	24 Kings Daughters' Bingo 2:00-3:00 p.m.
25	26	27	28	29 Lewis Sr. Citizens Center Lunch 9:00 a.m. - 12:30 p.m.	30	31

- A full description of all projects on the July Calendar can be found on the following page.
- All volunteers are required to attend one of our half-hour orientations before participating in a project. We currently have 4 orientation dates scheduled for July. All orientation are held at the Community Resource Center at 3475 Central Avenue, at the corner of Central and Highland. Please call HOM at 452-2151 to reserve a place at orientation. If your business or civic group would like to have HOM come to them, we will set up an orientation for groups of 5 or more at your office or meeting place; please call the HOM office for details.
- Hands On Memphis, Inc. is a non-profit corporation that creates, manages, and leads hands-on volunteer projects that directly impact the critical social, educational, and environmental needs of our community. Hands On Memphis strives to provide the community with an informed and reliable corps of committed volunteers by scheduling diverse, convenient, and rewarding volunteer projects which make volunteering easily accessible to the busy working person.

Project Details...



<i>Project</i>	<i>Coordinator</i>	<i>Date/Time</i>	<i>Description</i>
St. Peter's Home Picnic	Cindy Shainberg (W) 365-9255 (H) 274-8728	Saturday, July 3 9:00am - 1:00 p.m.	We need 10 volunteers to help run a Children's Fair at St. Peter's Home. HOM will specifically be in charge of the "kiddie" rides at this annual 4th of July festival.
Kings Daughters' Movie	Ellen Rosen (W) 521-1111 (H) 683-5925	Thursday, July 8 6:00 - 8:00 p.m.	We need 4-5 volunteers to show a movie to and talk with the patients at this nursing home for people with incurable but non-contagious illnesses. The patients are always appreciative of visitors, and you will find the visit extremely rewarding.
Chelsea Farms Fun Day	Ellen Rosen (W) 521-1111 (H) 683-5925	Saturday, July 17 9:00 a.m. - ??	We highly encourage all volunteers - and their friends - who are in town to attend this day of building, planting, cooking and just hanging out at this inner-city environmental preserve and farm. This is our featured project for July - see HOM Updates for more details! Bring your friends, too!!
Kings Daughters' Bingo	Ellen Rosen (W) 521-1111 (H) 683-5925	Saturday, July 24 2:00 - 3:30 p.m.	We need 5 volunteers to lead and play bingo with some patients from this nursing home. This is a monthly project that requires only a good attitude and a willingness to visit with our friends at Kings Daughters'. They look forward to our visits, and you'll look forward to returning.
Lewis Senior Citizens Center Lunch	Philip McCaull (W) 452-2151 (H) 327-8977	Thursday, July 29 9:00 a.m. - 12:30 p.m.	We need 5 volunteers to take the morning off for a good cause. We are going to set up and serve lunch for Senior volunteers at their volunteer appreciation luncheon.

Community Calendar...

If you are interested in some other volunteer opportunities, check our community calendar each month for other agencies and organizations that need volunteers. Call the organization listed or HOM (452-2151) for information.

The Volunteer Center of Memphis

• If you would like a more long-term volunteer commitment or an individual volunteer placement, call the Volunteer Center at 276-5700 for listings of various opportunities at agencies in Memphis.

United Cerebral Palsy of the Mid-South

• UCP needs volunteers to help them with their fundraising projects and the preparation involved with them. This month, UCP is putting on a softball tournament on the 17th and 18th. If you are interested in participating, call Allyne Newcomb at 323-0190 for details.

• UCP is looking for volunteers to help clean and maintain their life center at Bishop Otey church.

• Camp Livitup - UCP will be running six one-week day camps this summer called "Camp Livitup" for children with Cerebral Palsy. If you have a minimum of one week to help with this camp, please call Ashley Luckett at 323-0190.

Food Bank

• The Memphis Food Bank needs volunteers to help with their "Feed the Need" effort in local grocery stores on Saturday, July 17.

• They also need volunteers to conduct hunger surveys in area agencies between July 5 and August 27 (a training session is required). Call Adrienne Bailey today at 527-0841 if you would like to help with either of these events.

Hands On Memphis

Community Resource Center

3475 Central Avenue

Memphis, TN 38111



Heidi Reinberg
City Cares of America
P.O. Box 27595
Washington DC 20038

JULY
Project
Calendar

MAKE A DIFFERENCE

July 1993

Project Calendar

Your participation in a project will definitely Make a Difference in our community!

We make volunteering easy. All you need to do is:

- * Choose the volunteer projects which interest you.
- * Call the project coordinators and R.S.V.P.
- * Attend the projects

<u>Activity</u>	<u>Date and Time</u>	<u>Location</u>	<u>Volunteers Needed</u>	<u>Project Coordinator</u>
1. Serve food to the homeless.	Tuesday, July 6 3:45 p.m. or 5:15 to 7:00 p.m.	Andre House 213 S. 11th Ave. Northeast corner of Jackson and 11th Avenue--252-9023	5	Marty Moore 222-9049 (W) 870-0218 (H)
Help prepare and serve dinner to 400 men and women. The volunteers and staff make the cooking easy and serving a pleasure.				
2. Play games and serve lunch to adults with mental disabilities.	Saturday, July 10 10:00 a.m. - 1:00 p.m.	Civitan House 5038 N. 17th Ave. Just north of Camelback on west side of street 246-0747	10	Shawn Mallory 350-9002 (W) 934-0723 (H)
Enjoy the morning with our special friends at this Lura Turner home. Bring your kind cheer and receive warm smiles in return.				
3. Summer activities with needy kids.	Saturday, July 17 10:00 a.m. - 1:00 p.m.	Salvation Army Homeless Shelter 2707 E. Van Buren 267-4130	15	Marty Moore 222-9049 (W) 970-0218 (H)
Share your time with the children at this homeless shelter--fun in the sun on a Saturday afternoon. The pool may be open, so you may want to bring a swimming suit.				
4. Bowling with kids with disabilities.	Sunday, July 25 12:45 p.m. - 3:00 p.m.	Council for Jews with Special Needs-- Meet at Fairlanes Shea Village. 10870 N. 32nd St. Just north of Shea	10	Lisa Landau Rudner 258-1233 (H)
Assist children with physical or mental disabilities with their bowling skills and show them a great time at Fairlanes.				
5. Steering Committee Meeting	Tuesday, July 13 7:00 p.m. - 8:00 p.m. Sharp!	Marty Moore's home 2342 E. Orangewood 8 streets north of light at 22nd Street and Lincoln	Open Meeting	Marty Moore 222-9049 (W) 870-0218 (H)

**PLEASE ENCOURAGE YOUR FRIENDS AND BUSINESS ASSOCIATES
TO JOIN MAKE A DIFFERENCE BY CALLING THE HOT LINE AT 944-9444.**

Have a terrific July!

ANNOUNCEMENTS

Volunteers "Do the Zoo"

Make a Difference volunteers spent a Saturday morning in June at the Phoenix Zoo with the terrific kids from the UMOM (United Methodist Outreach Ministries) New Day Center. We appreciate the enthusiasm and warmth our volunteers showed our friends from the shelter.

Our special thanks to SHR Design Communications for underwriting the cost of the admission tickets for the children. We all had a great time!

Computer Software Needed

Jill Blaine, a Make a Difference volunteer and our resident computer expert, has determined that our computer requires Word Perfect 360 KB/5-1/4" floppy disc software. If anyone has access to this "off the shelf" software, we would be so thankful for the donation.

Ideas Welcome

Please share your ideas with Make a Difference on how to create and improve volunteer projects and expand our volunteer base. We are an open organization interested in your thoughts and input. You may write or call our office at 944-9444.

"Each time a man stands up for an ideal or acts to improve the lot of others or strikes out against injustice, he sends forth a tiny ripple of hope, and crossing each other from a million different centers of energy and daring, those ripples build a current that can sweep down the mightiest walls of oppression and resistance."

Robert F. Kennedy

**YOUR COMMITMENT
MAKES A DIFFERENCE!**

Make a Difference
1702 E. Highland, #211
Phoenix, AZ 85016



HOT LINE FOR NEW MEMBERS--944-9444



HANDS ON
CHARLOTTE

Calendar Notes

VOLUNTEERING FOR A BETTER FUTURE

JULY 1993

Hands On Charlotte • 525 North Tryon Street • Suite 201 • Charlotte, North Carolina • 28202 • (704) 358-0558

Hands On Charlotte Day 1993 Seize the Day!



HANDS ON
CHARLOTTE



Saturday May 22, 1993

On Saturday, May 22 hundreds of volunteers joined together to make a difference in Charlotte. They worked in neighborhoods, parks, schools, shelters, group homes and agencies. They met people from all walks of life and learned first hand about our community's critical needs.

The generosity of corporate sponsorships and individual pledges helped Hands On Charlotte raised close to \$15,000. This money will be used to expand the scope of volunteering programs during the coming year. Our thanks go out to everyone who participated in the First Annual Hands On Charlotte Day.

Did You Know? Hands On Charlotte Day Volunteers ...

- ★ Built 3 planters for wheel chair residents at the Brian Center.
- ★ Played bingo with elderly residents at Britthaven Retirement Center.
- ★ Cleaned trails at the Carolina Raptor Center.
- ★ Took 25 underprivileged children to Discovery Place and the Discovery Zone.

more facts on next page

If you didn't make it out to HOC's big day, or even if you did, let us tell you the story of a day that brought a new kind of volunteering to Charlotte.

The Sun Rises on a New Day

Hands on Charlotte Day began at 6:00 AM on May 22 as a small group of HOC volunteers gathered at the HOC office and at Marshall Park, the end result of many months of planning and hard work. As the sun rose over the uptown skyline tables were set up, food was set out, signs posted and last minute plans were made, changed and made again. Anticipation and excitement charged the air as the Board members of HOC and their helpers prepared for a day such as Charlotte had never seen before.

By 8:00 AM Marshall Park had assumed the aura of a real event. Banners had been hung and the presence of a large flat bed trailer that would serve as a stage seemed to make the day official.

continued on next page



HOC Day Retold

continued from first page

With the arrival of our tireless Project Coordinators all we needed were volunteers to start the day.

Opening Ceremonies and a Jump Start from Hugo

At 9:00 AM thing really began to buzz as you, the volunteers that would make HOC Day a success started to stream in. In one and twos, and in corporate teams everyone was checked in by the Project Coordinators. Pledges were made and T shirts were the reward for all of this early morning energy.

As we took advantage of the donuts, coffee, juices and fruit for breakfast, the opening ceremonies started in earnest. After the arrival of Charlotte Hornets mascot Hugo, we were treated to a wonderful rendition of the Star Spangled Banner by Nikki Rann. Nikki is a student at the HOC tutoring program hosted by the Salvation Army Boy's and Girl's Club. Councilwoman Lynn Wheeler read a proclamation signed by Mayor Vinroot making this day officially "Hands On Charlotte Day".

It was almost time to get to work, so Hugo got us all started with his own unique work out and wake up program. By now everyone was smiling and ready to go!

Getting to Work, Our Volunteers Pitch In

By 10:00 AM Marshall Park was deserted ... the volunteers were off to work at project sites all around Charlotte.

It would be impossible to describe the great experiences, the wonderful work, and the real contribution to our community that occurred in the next four hours. HOC volunteers stepped up to make a difference in a way that Charlotteans had never before seen. To get just a small idea of the things we did you can read the lists of our accomplishments in the accompanying sidebars. To really appreciate it you had to be one of the volunteers who gave so much.

A Thank You and a Celebration

By around 3:00 PM that afternoon all of the projects were wrapped up and a steady stream of paint-spattered, mud-stained, tired, but smiling volunteers gathered at First Union plaza to exchange stories. Music by the Mt. Holly Hellcats, food and drink were our thanks for a job well done.

Before we knew it the plaza was empty, the leftover food had been sent to the Uptown Shelter, our tools were picked up and everyone was headed home. It was 6:00 PM and the first annual Hands On Charlotte was now just a memory. We had "Seized the Day" and given something of ourselves to make a difference. We hope to see you all next year!

Corporations / Organizations with HOC Day Teams

Piedmont Natural Gas (most volunteers)	IBM	Royal Insurance
Home Federal Savings & Loan (a close second)	First Data	North Carolina Wildlife Federation
Cogentrix	Carolina Physicians	NationsBank
Goodyear & Associates	Health Plan	First Union
Kennedy Covington	Jaycees	WCNC-TV
Lobdell & Hickman	Charlotte Chamber of Commerce Leadership School	Executive Suites

Did You Know?

Hands On Charlotte Day Volunteers ...

- ★ Planted and pruned, mowed lawns, and cleaned gutters at Charlotte Emergency Housing, MMAE's Inn, The Relatives, Tate-MacCarkin Home, St. Mark's Home, Elon Homes and Family Support Services.
- ★ Painted a mural to brighten the halls at Charlotte Emergency Housing.
- ★ Helped the elderly residents of Double Oaks paint their homes and clean up their yards and gutters.
- ★ Picked up hammers and paint brushes to renovate homes in Genesis Park.
- ★ Picked over 125 gallons of strawberries for the hungry of Charlotte.
- ★ Turned an old parking lot into a playground for children at Hope haven, a home for recovering addicts and their children.
- ★ Painted the hallway of Midwood High School.
- ★ Undertook clean up projects at Optimist Park, Rockwell Park, Savannah Woods, and Washington Heights neighborhoods.
- ★ Planted hundreds of flowers and tomato plants at the group homes of Residential Support Services.
- ★ Built shelves to hold tutoring materials at the Salvation Army Boy's and Girls's Club.
- ★ Played softball with teenage girls at the Salvation Army Boy's and Girl's Club.
- ★ Sorted clothes at the Uptown Homeless Men's Shelter.
- ★ Painted an elderly, low-income woman's entire home.
- ★ Collected hundreds of bags of trash and debris from Five Points Park and Sugar Creek

HANDS ON CHARLOTTE

JULY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Thanks to Insta Copy for our Project Calendar Copies!!!				1	2	3
4	5 NC HARVEST Merrill Allen 372-6943	6 BRITTHAVEN BINGO 6:30-7:45 PM Addison Fauber 374-4851 EMERGENCY HOUSING 7:15-9:00 PM Marshall Yoder 523-4404	7	8 ALEXANDER CHILDREN'S CENTER 6:15 - 7:15 PM Sue Bruce 563-6106	9	10 GENESIS PARK 9 AM - 12 PM Mark Massey 391-0660
11	12 NC HARVEST Carl Hallen 364-4878 PROJECTS COMMITTEE MEETING 6 PM-7PM Merrill Allen 372-6943	13 EMERGENCY HOUSING 7:15-9:00 PM Mary Alice Crowe 522-2952 HARVEST FOR HUNGRY 7:00 - 9:00 PM David Easterly 525-2178	14 HOC ORIENTATION 7:00-8:00 PM 358-0558	15	16	17 BRIAN CENTER 10:15 - 11:30 AM Michele Hemphill 536-2473
18 HOC BOARD MTG 7PM	19 NC HARVEST Kurt Schoenhoff 375-4240	20 BRITTHAVEN BINGO 6:30-7:45 PM Cheryl King 543-4228 EMERGENCY HOUSING 7:15-9:00 PM John Cepul 541-9399	21	22	23	24 GENESIS PARK 9AM-12PM Allison Dubbs 536-8981
25	26 NC HARVEST Chet Rabon 384-7300 ELON HOMES 7:15-8:30 PM Peggy Fox 375-4869	27 EMERGENCY HOUSING 7:15-9:00 PM Holly Fugate 377-1691	28 CALENDAR MAILING PARTY 6PM-7PM Allison Dubbs 536-8981	29 HOC ORIENTATION 7PM-8PM 358-0558	30	31 WOMAN'S SHELTER 11:30 AM - 12:45 PM Michele Hemphill 536-2473

POST THIS CALENDAR IN A CONVENIENT SPOT AND DON'T FORGET TO VOLUNTEER!!!!

FOR MORE INFORMATION...CALL THE HANDS ON CHARLOTTE OFFICE AT 358-0558 AND LEAVE A MESSAGE.

PROJECT CALENDAR FOR JULY 1993

KENNEDY CAMPUS OF ELON HOMES

Ardry Kell Road - Pineville 5 Volunteers
The Elon Homes provides a continuum of residential services for troubled, neglected dependent and abandoned youth and their families. Ages 8 to 18. Help teach the teens valuable life skills!
Date & Time Coordinator
Monday Jul 26 7:15-8:30 PM Peggy Fox 375-4869 (h)

BRITTHAVEN RETIREMENT HOME

2623 Cranbrook(in Eastover off Randolph Road) 2 Volunteers
Coordinate the Bingo games for the residents, help them keep score and hand out prizes.
Date & Time Coordinator
Tuesday Jul 6 6:30-7:45PM Addison Fauber 374-4651
Tuesday Jul 20 6:30-7:45PM Cheryl King 543-4228

NORTH CAROLINA HARVEST, 2 Volunteers

North Carolina Harvest recycles nutritious, edible food that would otherwise be thrown away from restaurants, bakeries, and groceries etc. It is then distributed to the hungry. Our volunteers pick up food from Park Road Shopping Center and deliver it to the Uptown Shelter.

<u>Date & Time</u>	<u>Coordinators</u>	
Mon Jul 5 Time flexible	Merritt Allen	372-6943
Mon Jul 12 Time flexible	Carle Hallen	364-4878
Mon Jul 19 Time flexible	Kurt Schoenhoff	375-4240
Mon Jul 26 Time flexible	Chet Rabon	364-7300

HARVEST FOR THE HUNGRY, 5 Volunteers

Location TBA
Area farmers allow the Society of St. Andrews to harvest fruit and vegetables for donation to the needy. Volunteers will peel and slice harvested peaches for packaging. The peaches will then be donated to the Metrolina Food Bank.

<u>Date & Time</u>	<u>Coordinators</u>	
Tue Jul 13 7:00 - 9:00 AM	David Easterly	525-2178

CHARLOTTE EMERGENCY HOUSING

2410 The Plaza (next to the Water Tower), 5 Volunteers
Plaza Place provides temporary shelter to homeless families for up to sixty days. Their major focus is to help individuals achieve long-term resolution of their problems. Come play games, paint or read with the children while their parents attend meetings structured to help them find a way out of their situations.

<u>Date & Time</u>	<u>Coordinators</u>	
Tue Jul 6 7:15 - 9:00 PM	Marshall Yoder	523-4404
Tue Jul 13 7:15 - 9:00 PM	Mary Alice Crows	522-2952
Tue Jul 20 7:15 - 9:00 PM	John Chapal	541-9339
Tue Jul 27 7:15 - 9:00 PM	Holly Fugate	377-1691

PROJECTS COMMITTEE MEETING

525 North Tryon St., Suite 201 (Hands on Charlotte Office)
Anyone interested in starting a new activity or coordinating an existing one please attend this meeting!!

<u>Date & Time</u>	<u>Coordinators</u>	
Mon Jul 12 6 PM - 7 PM	Merritt Allen	372-6943

CALENDAR MAILING PARTY

525 North Tryon St., Suite 201 (Hands on Charlotte Office)
Come help assemble the calendar and prepare it for mailing!
Date & Time Coordinator
Wed Jul 28 6:00 - 7:00 PM Alison Dubbs 536-8981

HOC ORIENTATION

525 North Tryon St., Suite 201 (Hands on Charlotte Office)
For new members - Learn all about HOC, and why it's the best volunteer group in town!
Date & Time Coordinator
Wed Jul 14 7:00 - 8:00 TBA 358-0558
Thur Jul 29 7:00 - 8:00 TBA 358-0558

GENESIS PARK

1820 Gibbs Street Unlimited Volunteers
Help renovate houses & rejuvenate a neighborhood. Unskilled and skilled labor needed.
Date & Time Coordinators
Sat Jul 10 9:00 AM-12:00 PM Mark Massey 391-0860
Sat Jul 24 9:00 AM-12:00 PM Alison Dubbs 536-8981

BRIAN CENTER

5939 Reddman Road 5 Volunteers
Join the residents for an hour of playing bingo. Volunteers will call the bingo squares, help the residents and hand out bingo prizes.
Date & Time Coordinators
Sat Jul 17 10:15- 11:30 AM Michele Hemphill 536-2473

BOYS & GIRLS CLUB

901 Belmont Avenue 10 Volunteers
Assist children with reading, basic math and spelling at the Salvation Army.
Date & Time Coordinators

ALEXANDER'S CHILDREN'S CENTER 6 volunteers

6220 Thermal Road
Come help bake cookies and read stories to the residents of this home (about 24 children)!
Date & Time Coordinator
Thur Jul 8 6:15 - 7:15 PM Sue Bruce 563-6106

WOMEN'S SHELTER

534 Spratt Street 5 Volunteers
The Salvation Army provides emergency housing for women and their children. Volunteers will help serve lunch to the women.
Date & Time Coordinator
Sat Jul 31 11:30AM - 12:45 Michele Hemphill 536-2473



Our thanks go out to so many for their time, effort and dedication. Without the participation and support of the following individuals, corporations, and client organizations, Hands On Charlotte Day would not have been possible. If we left a name or two out please realize that everyone who participated is special to us.

Project Captains

Ailson Dubbs
Merritt Allen
Beverly Avery
Sue Bruce
John Chepul
Holly Fugate
Renae Sanders
Marshall Yoder

Project Coordinators

Laurie Reed
Erin Kelly
Barry Dailey
Suzanne Manzer

Nancy Chavanne
Alicia Booth
Kathleen Wilson
Liz Neely
Rodd Workman
Thurston Cooke
Sherrie Sommerfeld
Dave Easterly
Lynne Poole
Karen Spiegelberg
Jane Leonard
Jacque Rump
Wyndon Hibler
Helen Gehrig
Kathy Line Thompson

Melissa Simmons
Joe McCall
Wanda Culbreath
Cindy McNeely
Karen Bengston
Renae Sanders
Janine Johnson
Cathy Sherer
Celia Flock
Dana Rutzer
Anja Brooks
Brigitte Roufail
Rhett Mabry
Vera Lewis
Jo Johnson

Carle Hallen
Lou Norvell Crouch
Tim Kinskey
Laurie Roosma

Client Organizations / Projects

Brian Center
Britthaven of Charlotte
Carolina Raptor Center
Community Works
Robinsdale Community
Emergency Housing
Genesis Park
Harvest for the Hungry
Hopehaven
House Painting / Odessa
Alexander
MMAE's Inn
Midwood Evening School
Optimist Park
Five Points Park
The Relatives
Residential Support Services
Rockwell Park
Savannah Woods / Discovery
Place
Salvation Army Boys & Girls
Clubs
St. Marks
Irwin Creek
Tate MacCarkin House
Washington Heights
Community
Elon Homes
Double Oaks Community
George Shinn Uptown Shelter
Family Support Services

Hands On Charlotte Day Sponsors

The City of Charlotte
Cablevision of Charlotte

Aladdin Graphics
Duke Power

Hands On Charlotte Patrons

Ben & Jerry's
Home Federal Savings & Loan
NationsBank
Pepsi

Miller Beer Distributing
CTI Tours, Inc.
First Data
Effective Graphics

Blackhawk Hardware
Winn-Dixie
Insta-Copy

Special Thanks

Wheat First Securities
Outback Steakhouse
Harpers
Adams Mark Hotel
Frito-Lay
Fun Tees

MAC Paper
Prisms
Sonny's Barbecue
Audry Borgennicht
Management Automation
Consultants

Government House Hotel
Mt. Holly Helcats
Rick Buffone
Cathy Darling
A Travel Place

Hands On Charlotte Day Honorary Chairpersons:

Mayor Richard Vinroot
Councilwoman Lynn Wheeler

Muggsy Bogues
Hugo

Special Hands On Thanks

Each month we say thanks to people who have been especially kind to Hands On Charlotte.

Our special thanks to Hands On Charlotte member **Tom Rochester** whose generous donation is greatly appreciated.



HOC Project News

Beginning a new Project: Member Ideas at Work

One of our new members, **Beth McHugh**, has a fantastic idea for a new project and we need your help! Beth is interested in opening a **job clothing distribution center** for those individual who are participating in job market re-entry programs sponsored by several of our community service partners. Many of these individuals are making the transition from homelessness or trying to get off welfare. During this time they need the proper clothing for appearing at job interviews and making a good impression. That's where HOC comes in. There is a lot of legwork that needs to be done before this project can be up and running. If you are interested in getting in on the ground floor to help develop this project, Beth needs all the help we can muster. Get involved with launching something new by calling **Beth at 549-7546!**

New Projects in July!

To expand our services to the elderly of our community, HOC will start sponsoring a bingo hour at the **Brian Center** on Redmond Road.

We anticipate volunteering at least once a month by either sponsoring a bingo hour or holding a social hour. Please join us on July 17th from 10:30-11:30 AM to help some of older friends and kick off a new volunteering opportunity for HOC members.

On July 31st we will be serving lunch to the residents of the **Salvation Army Women's Shelter** from 11:45 AM to 12:45 PM. As the women move through the lunch line our volunteers will need only to serve the food which has already been prepared. It is only a small effort, but one greatly appreciated. HOC hopes to continue to broaden our services to the Salvation Army in the future. Your participation in this project will help to grow this important relationship. So come on out an lend a hand!

Hands On Charlotte

525 N. Tryon Street • Suite 201
Charlotte NC 28202

NON PROFIT ORG
US POSTAGE
PAID
CHARLOTTE, NC
PERMIT NO. 1582

Alan Chambers
Cities Care of America
Post Office Box 27595
Washington, DC 20038

Board of Directors

Chairman	Peggy Fox
Vice-Chair	Merritt Allen
Vice-Chair	Lisa Quisenberry
Secretary	David Brown
Treasurer	Alison Dubbs
Amie Roberts	Renae Sanders
Ann Hayes	Seth Langson
Max Foster	Richard Ohaus
Mary Alice Crowe	

VOLUNTEERING FOR A BETTER FUTURE

JULY 1993