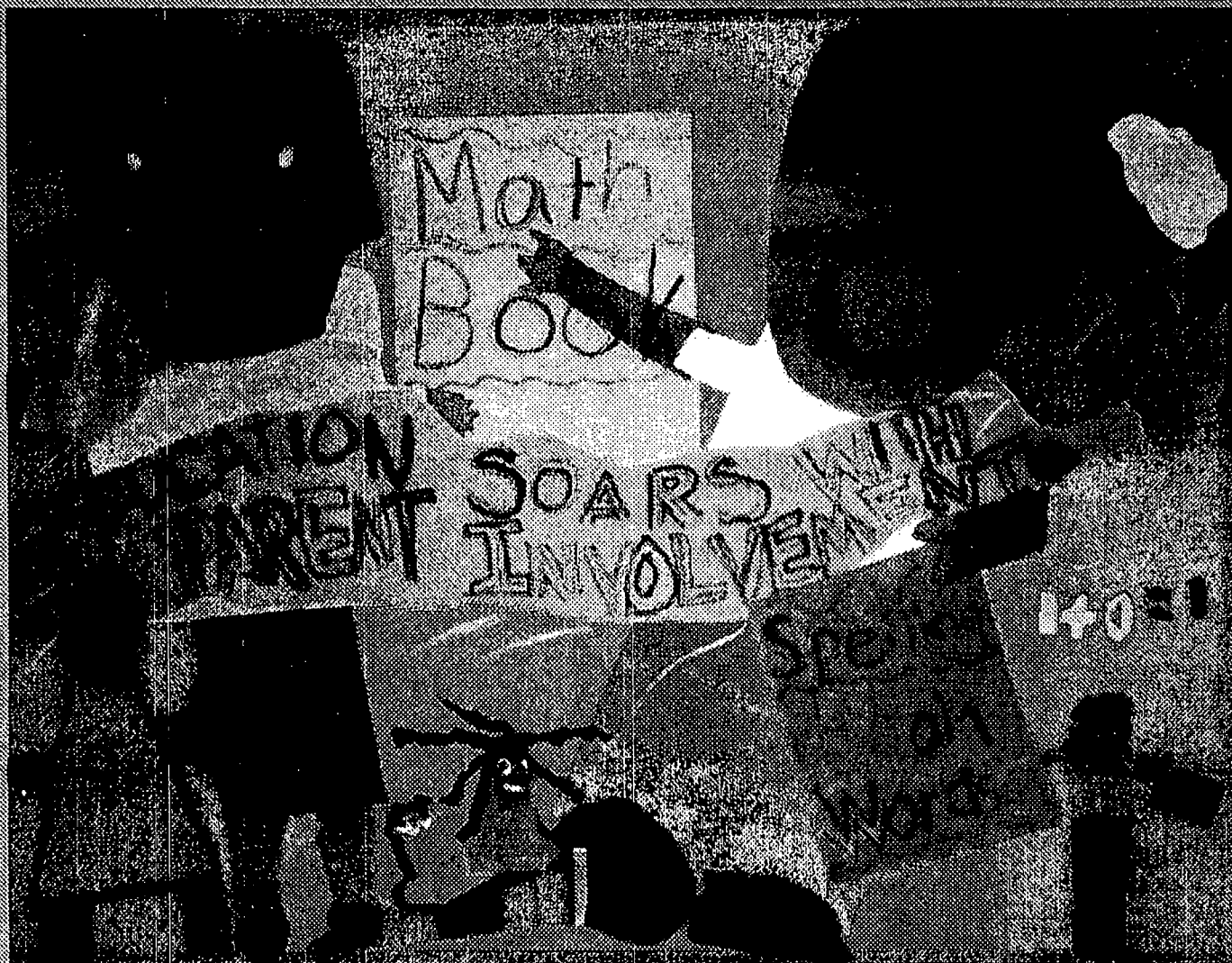


PARENTING EDUCATION DIRECTORY

1998



*For the Washington, DC
Metropolitan Area*

PARENTING EDUCATION
DIRECTORY
1998

FOR THE WASHINGTON, D. C. METROPOLITAN AREA

Prepared in Collaboration
with

D.C. Department of Human Services
Commission on Social Services
Office of Early Childhood Development

Catholic Charities of the Washington Metropolitan Area

Washington's CHILD Project, Inc.

Corporate Sponsor
Higher Education Publications, Inc., Falls Church, VA

Editor, Janet Helgert, MA
Washington's CHILD Project, Inc.

DISCLAIMER

The Parenting Education Directory is meant to provide the user with information about public and private programs offering education and training on best parenting practices. It is meant as a reference to ongoing activities at present and is in no way intended to represent an endorsement of any such programs, activities or organizations. Every effort has been made to include all known programs. We intend to include any omissions in the next edition.

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INTRODUCTION

Washington's CHILD Project is pleased to make available the second edition of the *Parenting Education Directory*. The directory is meant to serve as a resource guide to assist parents and professionals of the Washington, DC Metropolitan area in locating parenting education programs and services that meet their needs and interests.

Parenting education is slowly but surely becoming a defined field, in part as the result of a growing pool of research indicating its importance in raising children who will succeed at school and later in life. There is increasingly strong evidence that the very early years of birth to age three provide a unique window of opportunity to effect an individual's brain development, in such a manner as to produce lifelong implications. Parenting a child or providing child care thus becomes a task with awesome responsibility and significance requiring knowledge, skills and preparation far beyond what we learned in the family or what can be learned in an ad hoc manner.

The Parenting Education Directory represents an effort to compile a comprehensive listing of organizations providing parenting programs and services for the Washington, DC area. A brief description of each organization and its program is given. Categories of services are listed to assist in locating the best match of services for the user. In addition, indices of services, program location by region and program contact persons are included for cross referencing purposes. For any listing that is out of date, not included or included without an accompanying description, we offer our regrets. Such oversights and omissions will be corrected in the next edition.

The publication continues to be a collaborative effort of the District of Columbia Department of Human Services, Commission on Social Services, Office of Early Childhood Development (OECD); Catholic Charities of the Washington Metropolitan Area; and Washington's CHILD Project (WCP). Our deep appreciation goes to all who participated in the endeavor.

The cover for this edition was designed by Mark Schreiber at Higher Education Publications, Inc. The artwork for the cover is from a poster painted by Elaun Tanyce Beamon, a second grader at Meyer Elementary School in the District of Columbia. We are grateful for permission to use it here.

Funds for printing the document came from the federal Child Care and Development Fund (CCDF) issued through OECD. Pro bono services were provided by our corporate sponsor, Higher Education Publications, Inc., Falls Church, VA. In addition, many hours of volunteer work by associates of WCP contributed to bringing the 1998 edition to completion.

This project embodies the truth in the wisdom that the whole is greater than the sum of its parts.

October, 1997
Janet Helgert, M.A.
Editor

DIRECTORY REGISTRATION FORM

The Parenting Education Directory will be updated biennially in order to be current and inclusive. If your agency is not listed or you know of an agency that should be included please complete the form below and mail to:

Washington's CHILD Project, Inc.
3031 Oregon Knolls Dr.
Washington, DC 20015
Fax:(202)362-0395
Phone Orders:(202)966-7543
E-mail:wcp4@juno.com

ORGANIZATION _____

PROGRAM _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

CONTACT PERSON _____ TITLE _____

PHONE _____ FAX _____ E-MAIL _____

BRIEF PROGRAM DESCRIPTION _____

SERVICES CATEGORIES (Please check all that apply)

☐ Advocacy/Awareness ☐ Counseling/Therapy ☐ Day Program
☐ Home Visits ☐ Information/Referral ☐ Parenting Education/Empowerment
☐ Residential Program ☐ Services for Children with Special Needs
☐ Support Group ☐ Training for Parent Educators
☐ Education/Training ☐ Homelessness ☐ Fathers' Program
☐ Other(Please specify) _____

PARENTING EDUCATION DIRECTORY

Categories of Services:

1. ADVOCACY/AWARENESS
2. COUNSELING/THERAPY
3. DAY PROGRAM
4. HOME VISITS
5. INFORMATION/REFERRAL
6. PARENTING EDUCATION/EMPOWERMENT
7. RESIDENTIAL PROGRAMS
8. SERVICES FOR CHILDREN WITH SPECIAL NEEDS
9. SUPPORT GROUPS
10. TRAINING FOR PARENT EDUCATORS
11. EDUCATION/TRAINING
12. HOMELESSNESS
13. FATHERS' PROGRAM
14. OTHER

Agency Listing

Active Parenting

4829 North 29th Street
Arlington, VA 22207
703-237-3854
Fax: None
E-mail: None
Contact: Debbie Miller

Improves parenting skills via video-based "Active Parenting" classes. Sessions are one hour per week for six weeks. Schedules and locations vary.

FEE: Based on number of participants and contractual arrangements.

Services:

Parenting Education/Empowerment

Adelphi/Langley Park Family Support Center

8908 Riggs Road
Adelphi, MD 20783
301-431-6212
Fax: 301-431-6210
E-mail: None
Contact: Janet Klenko, *Director*

A non-profit center that serves families with young children ages 0 - 48 months. It offers on-site child care for parent participants. Services include: adult education/ESL classes; computer training; health education; parenting; parent/child activities; and child development screening and referrals. The staff is bilingual in English/Spanish.

FEE: Free

Services:

Advocacy/Awareness, Counseling/Therapy, Day Program, Home Visits, Information/Referral, Parenting Education/Empowerment, Support Groups, Education/Training, Other

Adventist Healthcare

Prevention & Wellness
1801 Research Boulevard
Suite 100
Rockville, MD 20850
301-315-3143
Fax: 301-315-3145
E-mail: None
Contact: Rachel Flatt, *Youth Initiative-Coordinator*

Provides information and services for the community on issues relating to youth.

FEE: Call

Services:

Information/Referral

Arlington County Council Of PTA'S

1426 North Quincy Street
Arlington, VA 22207
703-524-8135
Fax: None
E-mail: None

Various PTA's present seminars or workshops of interest to parents during the year. A current listing can be obtained from individual school PTA's or the County Council.

FEE: Mostly Free

Services:

Parenting Education/Empowerment

Arlington First Church Of The Nazarene

2013 North 21st Street
Arlington, VA 22201
703-525-2516
Fax: None
E-mail: None
Contact: Phil Carr, *Director Of Education*

A variety of topics are covered in the "Parenting Class" every Sunday morning at 9:45 am. Child care is provided. A concurrent evening session takes place at 6:00 pm. No child care is provided.

FEE: Free

Services:

Parenting Education/Empowerment

Arlington Forest United Methodist Church

4701 Arlington Boulevard
Arlington, VA 22203
703-525-0961
Fax: None
E-mail: None

"Active Parenting" classes are offered in six-week sessions. Class time varies from session to session. Childcare is often provided.

FEE: \$25/person; \$40/couple

Services:

Parenting Education/Empowerment

Arlington Police Department

Community Resources Section-DARE
1425 North Courthouse Road
Arlington, VA 22201
703-358-4330
Fax: None
E-mail: None

DARE (Drug Abuse Resistance Education) offers four to five sessions to parents concerned about the risk factors of substance abuse for their school-aged children. Child care is usually provided.

FEE: Free

Services:

Other

Arlington Public Schools

Alternatives For Parenting Teens
126 S. Irving Street
Arlington, VA 22204
703-875-9440
Fax: 703-892-0739
E-mail: None
Contact: Marsha Jones-Byron, *APT Coordinator*

Second Site: 816 S. Walter Reed Drive, Arlington, VA 22204. A comprehensive education/human services program for teenage mothers and their children. Selected young mothers learn parenting skills, nutrition, child health and decision making skills. Transportation and child care are provided.

FEE: Call

Services:

Day Program, Parenting Education/Empowerment, Support Groups, Other

Arlington Public Schools

Arlington Adult Education
Clarendon Education Center
2801 Clarendon Boulevard
Arlington, VA 22205
703-358-7200
Fax: 703-358-7205
E-mail: None

Contact: Marilyn Faris Scholl, *Supervisor Of Work & Family Studies*

Provides short-term parenting classes offered throughout the year on such topics as "Parenting as Partners", "Raising a Confident Child", and "Active Parenting Today" as well as a S.T.E.P. program. On-site child care may be available.

FEE: Variable

Services:

Parenting Education/Empowerment

Arlington Public Schools

ESOL/HILT

1426 N. Quincy Street
Arlington, VA 22207
703-358-6095
Fax: None
E-mail: None

Program assists non-native English speaking parents in becoming active participants in their child's education. In addition, parents are provided with interpreters and translators for parent-teacher conferences.

FEE: Free

Services:

Parenting Education/Empowerment, Other

Arlington Public Schools

Family Education Center
3205 South Second Street
Arlington, VA 22204
703-875-9441
Fax: 703-892-0739
E-mail: None

Contact: Joan Johnson, *Family Center Coordinator*

An alternative school program for pregnant teens enrolled in Arlington Public Schools. Transportation and school instruction are provided plus coordination with related health services. A support group for young fathers and grandparents is available. In addition, most pregnant teens are matched with a volunteer mentor.

FEE: Call

Services:

Day Program, Parenting Education/Empowerment, Support Groups, Fathers' Program, Other

Arlington Public Schools

Family Education Center Grandparents Program
3205 South Second Street
Arlington, VA 22204
703-875-9441
703-358-7216
Fax: None
E-mail: None

A quarterly evening program available to parents of pregnant teenagers currently enrolled at the Family Education Center. The center is an alternative school for pregnant teens enrolled in Arlington Public Schools.

FEE: Free

Services:

Parenting Education/Empowerment, Other

Arlington Public Schools

Family Education Center Young Parents Group
3205 South Second Street
Arlington, VA 22204
703-875-9441
703-358-7216
Fax: None
E-mail: None

Through this alternative educational program, available by choice to pregnant teenagers, monthly meetings are held the third Wednesday of the month from 7:00 to 9:00 p.m. for the mother and father of the baby. Refreshments are served.

FEE: Free

Services:

Parenting Education/Empowerment, Fathers' Program, Other

Arlington Public Schools

Outreach For Parenting Teens
Arlington Career Center
816 South Walter Reed Drive
Arlington, VA 22204
703-358-5819
Fax: 703-358-5815
E-mail: None

Contact: Diane N. Hunter, *Outreach Coordinator*

An alternative program reaching out to pregnant and parenting teens not enrolled in a school program. Support is provided to link participants with existing county services by providing support as they move back into the educational system and enrolling them in school or job training programs. A weekly support class meets after school at the Career Center. Child care and transportation services are available. The class content includes: parenting skills, child development, parent-child games, nutrition, prevocational training, aerobics and life management skills.

FEE: Call

Services:

Home Visits, Parenting Education/Empowerment, Support Groups, Education/Training, Other

Arlington Public Schools

Special Education Parent Resource Center
Clarendon Education Center
2801 Clarendon Blvd, Suite 304
Arlington, VA 22201
703-358-7239
Fax: 703-358-7237
E-mail: None

Contact: Judy Garth, *Parent Coordinator*

Supports and educates parents and staff of children with disabilities by providing a biannual newsletter, phone consultations, and a resource library containing books, tapes, videos and information files on various disabilities. Available during the school year.

FEE: Free

Services:

Advocacy/Awareness, Information/Referral, Parenting Education/Empowerment, Services For Children With Special Needs, Support Groups, Training For Parent Educators

Arlington Public Schools

Work & Family Institute
Clarendon Education Center
2801 Clarendon Blvd.
Arlington, VA 22201
703-358-7215
Fax: 703-358-7205
E-mail: None

Contact: Marilyn Faris Scholl, *Supervisor Of Work & Family Studies*

A program under the auspices of Arlington Adult Education providing referral services for parents seeking parenting education information. Parenting education resources for use by instructors are also available. The Institute is equipped to provide seminars/classes on topics related to balancing work and family responsibilities including parenting, family communication, and resource management. Child care is often provided.

FEE: Variable for seminars.

Services:

Information/Referral, Parenting Education/Empowerment

Associates For Renewal In Education/DCPS

Emeritus Project
Slater School Building
45 P Street NW
Washington, DC 20001
202-483-9424
Fax: 202-667-5299
E-mail: None

Contact: Brenda Strong Nixon, *Executive Director*

Barney Neighborhood House

Youth Program
3118 16th Street NW
Washington, DC 20010
202-939-9005
Fax: 202-939-9040
E-mail: None

Contact: Ron Mclean, *Director*

Offers an after-school program and summer day camp for children. The program also offers peer counseling and informally assists parents who are having problems with their children.

FEE: Call

Services:

Counseling/Therapy, Day Program, Other

Better Beginnings Coalition

1801 N George Mason Drive
Arlington, VA 22207
703-358-5000
Fax: None
E-mail: None

Contact: Nancy Connelly, *Project Coordinator*

A community service coalition of providers who advocate for services aimed at pregnant youth and adults. Those services include parenting education and support to teen parents to complete their educational goals.

FEE: Free

Services:

Parenting Education/Empowerment, Other

Birthing & Care Program

817 Varnum Street NE
Room 260
Washington, DC 20017
202-526-2229
Fax: 202-526-1226
E-mail: None

Contact: Chenty Rivera Correa, *Director*

Second Contact: Michelle Williams. The program offers health care and education to uninsured pregnant women. The services are offered through Providence, Holy Cross and Georgetown Hospitals. It refers clients to other agencies to meet their needs. Also provides post abortion counseling through the Project Rachel.

FEE: Reduced Fee Available

Services:

Information/Referral, Education/Training, Other

Boys And Girls Clubs Group Homes

1320 Fenwick Lane
Suite 800
Silver Spring, MD 20910
301-587-7875
Fax: 301-587-8120
E-mail: None

Contact: Evord Conner, *Executive Director*

Provides 24 hour care in 10 group homes to abused, neglected children ages 9 - 21 and to teen mothers and their babies. Children are placed through the department of Protective services.

FEE: Free

Services:

Counseling/Therapy, Residential Program, Education/Training, Other

Boys Town Of Washington

4801 Sargent Road NE
Washington, DC 20017
202-832-7343
Fax: 202-832-9807
E-mail: fergusc@aol.com

Contact: Craig Ferguson, *Site Director*

Develops and operates residential family services and family programs. The hub of the program is individualized treatment for troubled boys and girls age 8-16 in a family-style residential setting. Other services include: emergency short-term residential care; foster care for abused and neglected children; in-home therapy for families in crisis; and parenting education.

FEE: Variable

Services:

Counseling/Therapy, Home Visits, Information/Referral, Parenting Education/Empowerment, Residential Program, Services For Children With Special Needs, Other

Calvert County Health Department*Step & Nurturing*

Rte. 4 & Stoakley Road
P. P. Box 980
Pr. Frederick, MD 20678
410-535-5400
301-855-1353
Fax: 410-5355285
E-mail: None

Contact: Jan Simmons, *Substance Abuse Prevent. Specialist*

STEP (Systematic Training For Effective Parenting) looks at the long term goals of parenting by providing information on how children think, feel and act; and discusses skills that can develop a child's self-esteem and confidence. The program applies the democratic principles of mutual respect and equality in order to build a healthy pattern of belief and behavior in children.

FEE: Free

Services:

Parenting Education/Empowerment

Capital Children's Museum*Model Early Learning Center*

Model Early Learning Center
800 Third Street NE
Washington, DC 20002
202-675-4148
Fax: 202-675-4140
E-mail: None
Contact: Erika Hamlin, *School Administrator*

Care, Inc.*FIT For PEP*

2006 South Kenmore Street
Arlington, VA 22204
703-486-1075
Fax: 703-486-0058
E-mail: None

Community Association of Resources, Education, Enrichment & Economics: FIT For PEP (Families Involved Together For Preventing Early Pregnancy) provides group discussions for youth 11-18 years old to improve self-esteem and build awareness of healthy choices with regard to their bodies. Some programs involve parents. Meetings are held at Veteran's Memorial YMCA.

FEE: Free

Services:

Advocacy/Awareness, Parenting Education/Empowerment, Other

Catholic Charities Of Washington*Parent Education Project*

1438 Rhode Island Avenue NE
Washington, DC 20018
202-526-4100
Fax: 202-526-1829
E-mail: None
Contact: Marcia Sprinkle, *Ccordinator*

Ext. 278. Offers "Strong Parents = Strong Children" classes in DC, Montgomery and Prince George's counties and Southern Maryland. The classes, offered for two hours in six to eight sessions, focus on communication, conflict, and discipline. The curriculum teaches concrete skills to parents and includes a wide variety of multicultural materials. Every parent receives individual consultations and referrals. The Project also provides workshops, individual parent counseling and technical assistance to other programs.

FEE: Call

Services:

Information/Referral, Parenting Education/Empowerment

Catholic Charities Of Washington*St. Martin's House For Women & Children*

116 T Street NE
Washington, DC 20002
202-526-5426
Fax: 202-832-1580
E-mail: None
Contact: Marva Berry, *Parent Educator*

Provides transitional residence for newly recovering, homeless, addicted mothers and their young children. It offers a structured program that includes parent education, recovery, life skills training and housing/job searches. Residents participate in house management, required savings plan, in-house work and social planning with the goal of moving on to independent, drug-free lives as parents and workers.

FEE: Call

Services:

Information/Referral, Parenting Education/Empowerment, Residential Program, Education/Training, Homelessness, Other

Center For Mental Health, Inc.

2041 Martin Luther King Jr. Ave. SE
4th Floor
Washington, DC 20020
202-889-5255
Fax: 202-678-6332
E-mail: None
Contact: David Hackney, Md, *Program Director Of Adult Services*

Provides mental health and substance abuse services to children, families and adults through community-based centers located in Anacostia and Van Ness. The variety of services includes: comprehensive assessment and treatment planning; psychiatric evaluation; psychological testing; medication management; case management; substance abuse treatment; aftercare; individual, group, couples and family therapy; specialized psychotherapy for children and adolescents; and on-site therapy groups at area schools.

FEE: Variable

Services:

Counseling/Therapy, Other

Centro Tepeyac

800 Pershing Drive
Suite 303a
Silver Spring, MD 20910
301-587-9516
Fax: 301-587-8065
E-mail: None
Contact: Marina Zelaya, *Director*

Second Contact: Maria Suarez Hamm. Offers native Spanish-speaking pregnant women confidential counseling, emotional support, practical assistance and referrals to appropriate agencies. The center also provides food, clothing, shelter, baby items, child care, prenatal classes, parenting classes and hope.

FEE: Call

Services:

Counseling/Therapy, Information/Referral, Parenting Education/Empowerment, Other

CHADD Of Northern Virginia

P.O. Box 2645
 Fairfax, VA 22031
 703-641-5451
 Fax: None
 E-mail: None

A local support group for parents of ADD/ADHD children as well as adults with ADD. The parent group meets the 3rd Thursday of the month from September to May, except the month of December, at the Northern Virginia Jewish Community Center from 7:30 - 9:45 pm. A meeting is generally held in August either at Frost Middle School or at the community center above depending on space availability.

FEE: \$35/Parents & Educators \$65/Professionals

Services:

Services For Children With Special Needs, Support Groups

Change, Inc.

Community Action Program
 1413 Park Road NW
 Washington, DC 20010
 202-387-3725
 Fax: 202-387-3729
 E-mail: None
 Contact: Merv Twyman

Other Contacts: Gracie Rolling, Executive Director; Casilda Luna; Merv Twyman; Sonia Matos. Change, Inc. is located in the Upper North West Columbia Heights area. For more than twenty-nine years it has advocated for a better community, provided free counseling and social services to residents in need. It strives to assist clients in solving and preventing reoccurring problems.

FEE: Call

Services:

Counseling/Therapy, Day Program, Other

Child Care Connection

332 West Edmonston Drive
 B-6
 Rockville, MD 20852
 301-279-1773
 Fax: 301-294-4962
 E-mail: None
 Contact: Carol Walsh, *Executive Director*

TDD users contact this group through Maryland Relay: 1-800-735-2258. Provides information and referrals on child care and parenting education.

FEE: \$22/6months - Fee waived if receiving child care subsidy.

Services:

Information/Referral, Other

Child Care Group II, Inc.

520 N Street SW
 Suite 125-S
 Washington, DC 20024
 202-488-5300
 Fax: 202-554-4654
 E-mail: None

Contact: Celia M. Boykin, *Director Of Training*

Other Contact: Arlene Altman. Provides training to parents and guardians of children ages 0-8.

FEE: Variable

Services:

Parenting Education/Empowerment

Child Care Management Resources

5620 Greentree Road
 Bethesda, MD 20817
 301-897-8272
 Fax: 301-897-4908
 E-mail: None

Contact: Carol Ann Rudolph, *Principal & Founder*

Provides a personalized counseling program for working parents including resources and referral services, child care, counseling days and parent seminars. The organization also offers training for employers, child care centers, family day care providers and PTA's.

FEE: Variable

Services:

Counseling/Therapy, Information/Referral, Parenting
 Education/Empowerment, Education/Training, Other

Children Of Separation & Divorce Center

2400 Research Boulevard
 Suite 101
 Rockville, MD 20850
 301-384-0079
 301-990-6722
 Fax: 301-596-1677
 E-mail: None

Contact: Risa Garon, *Executive Director*

Other Contacts: Kathy Helt; Susan Bilchik. Offers support and therapy through individual, family and group counseling to families who are going through the process of separation, divorce or remarriage. Parent education courses are offered once every month in Montgomery County and Howard County. Other services and programs available include: mediation, peer counseling, prevention & education, advocacy, publications and research.

FEE: Call

Services:

Advocacy/Awareness, Counseling/Therapy, Parenting
 Education/Empowerment, Other

Children's Creative Response To Conflict

7710 Carroll Avenue
 Takoma Park, MD 20912
 301-270-1005
 Fax: None
 E-mail: None
 Contact: Ursula Daniels, *Coordinator*

Provides training on conflict management skills for children to: workshop facilitators; students in graduate courses; school programs for teachers and students, preschool through grade 12; and parent and family workshops throughout the DC metropolitan area.

FEE: Variable from \$70-\$275

Services:

Parenting Education/Empowerment, Training For Parent
 Educators, Other

Children's National Medical Center*Division Of Child Protection Services*

216 Michigan Avenue NE

Washington, DC 20010

202-884-4950

Fax: 202-884-6997

E-mail: None

Contact: Rosa Herring, *Coordinator Of PACE*

PACE = Parent And Child Enhancement. Provides medical assessment and treatment, as well as mental health services to children and families who have experienced physical assault or sexual abuse. An experienced pediatrician and nurse conduct a complete examination of clients and work with professionals in both Child Protection and Children's Hospital to provide care. Clinical social workers and psychologists offer individual, group and family therapy. Parenting education classes are also offered.

FEE: Call

Services:

Counseling/Therapy, Parenting Education/Empowerment,
Services For Children With Special Needs, Other

Children's National Medical Center*Fairfax Clinic*

3022 Williams Drive

Suite 200

Fairfax, VA 22031

703-573-9383

Fax: 703-573-5827

E-mail: None

Contact: Dr. Sandra G. Rubin, *Clinical Director*

Offers parent groups on such children's issues as medication management, attention deficit disorders, anxiety disorders and depression. Psychological testing is also provided.

FEE: Call

Services:

Information/Referral, Parenting Education/Empowerment,
Services For Children With Special Needs, Other

Children's National Medical Center*Outpatient Psychiatry*

111 Michigan Avenue NW

Washington, DC 20010

202-884-5551

Fax: None

E-mail: None

Contact: Dr. Ledro Justice

Children's National Medical Center*Outpatient Psychiatry*

Laurel Lakes Clinic

13922 Baltimore Boulevard

Laurel, MD 20707

301-369-4100

Fax: 301-369-4151

E-mail: None

Contact: Nancy Aaechi, *Office Manager*

Offers patients and their families five sessions of psychotherapy during which problems such as attention deficit disorder and oppositional behavior are addressed. Services include: individual therapy sessions; psychological evaluation; group therapy for specific behaviors & ages; parenting skills program; prescribing & monitoring medication; educational assessment; developing evaluations of infants and young children; and counseling families on normal development issues & concerns.

FEE: Call

Services:

Counseling/Therapy, Parenting Education/Empowerment,
Services For Children With Special Needs, Other

Children's National Medical Center*Project Champ*

111 Michigan Avenue NW

Washington, DC 20011

202-884-5777

Fax: 202-884-3711

E-mail: None

Contact: Diane Graham, *Community Educator*

A children's AIDS/HIV model program dedicated to enriching the lives of affected children and their families through comprehensive community education and outreach. The education programs give caregivers a personal view of affected children, address their concerns and promote a greater understanding of the disease.

FEE: Free

Services:

Parenting Education/Empowerment, Services For Children
With Special Needs, Training For Parent Educators, Other

Children's National Medical Center*Project Reach*

216 Michigan Avenue NE

Washington, DC 20010

202-884-4950

Fax: 202-884-6997

E-mail: None

Contact: Rosa Herring, *Director Of Reach & Coord. Of PACE*

An outreach project to the community in southeast aimed at informing residents of available services.

FEE: Free

Services:

Information/Referral, Other

Columbia Arlington Hospital*New Mothers' Support Group*

1701 N. George Mason Drive

Arlington, VA 22205

703-558-2468

Fax: 703-276-9854

E-mail: None

Contact: Sandra Oglevee

Provides an ongoing support group for mothers and their babies ages 0 to 12 months to share and learn together. Groups meet the first and third Wednesdays of the month from 10:00 am to 11:30 am.

FEE: Free

Services:

Parenting Education/Empowerment, Support Groups

Columbia Hospital For Women*Childbirth Education*

2425 L Street NW

Washington, DC 20037

202-293-3239

Fax: 202-293-7256

E-mail: None

Contact: Jan Thape, *Education Coordinator*

Offers prepared childbirth and parenting classes to patients delivering at the hospital. The classes include childbirth preparation, baby care, childbirth review, infant safety, breast feeding, nutrition and pre-pregnancy planning. A resource center helps women make informed decisions about their health and publishes the "National Women's Health Report." Worksite programs are also available. Center membership fee is \$25.00 annually.

FEE: Class costs vary from \$15/person to \$95/couple.

Services:

Information/Referral, Parenting Education/Empowerment, Other

Community Of Hope*Afterschool Homework Lab*

1417 Belmont Street NW

Washington, DC 20009

202-232-9091

Fax: 202-232-1014

E-mail: None

Contact: Jean Philip, *Educational Enrichment Coordinator*

Ext. 221. Andre Yancy (Youth Services) Ext. 224. Provides an afterschool homework lab. Spiritual and cultural enrichment activities, tutoring and mentoring programs are also offered.

FEE: \$25/school year

Services:

Other

Community Of Hope*Employment Education Services*

1417 Belmont Street NW

Washington, DC 20009

202-232-9091

Fax: 202-232-1014

E-mail: None

Contact: Tim Harrison

Ext. 223 Provides aptitude and skills assessment, employment opportunities information, counseling and referral. Also offers employment skills courses, workshops and mentoring.

FEE: Call

Services:

Counseling/Therapy, Information/Referral, Education/Training, Other

Community Of Hope*Family Learning Program*

1417 Belmont Street NW

Washington, DC 20009

202-232-9091

Fax: 202-232-1014

E-mail: None

Contact: Lisa Rucker, *Adult Basic Education Coordinator*

Ext. 224. Offers a full GED course curriculum with separate classes for males and females. Tutors are provided if extra time is needed. Also offers academic enrichment for adults who have not reached the GED level. Day care service is available during class time.

FEE: \$40/16 weeks - \$1/week for day care

Services:

Education/Training

Conserve*Support Services*

1012 14th Street NW

Suite 1400

Washington, DC 20005

202-639-9760

Fax: 202-639-9763

E-mail: None

Contact: Janet Tompson, *Executive Director*

The Consortium for Services to Homeless Families, Inc. (ConServe) is a nonprofit organization that exists to assist low-income and homeless families achieve their highest level of self-sufficiency. It offers an array of services based on a holistic approach and tailored to meet the needs of families, individuals, and communities. Services include housing assistance, support services, referral services, employment training, employment counseling, and emergency assistance.

FEE: Call

Services:

Counseling/Therapy, Education/Training, Homelessness, Other

COPE

3001 I Street NE

Suite 112

Washington, DC 20002

800-515-COPE

Fax: 202-543-6682

E-mail: cope@pop.erols.com

Contact: Michelle Ames, *Executive Director*

Other Contacts: Melissa L. Pullins, ASSOC. DIR.; Tonya Holtzclaw, Information Specialist; Lynne Gelzer, PTI Project Coordinator. 202-855-1234 TTY. Site Location: 810 Potomac Avenue SE, First Floor Rear, Washington, DC 20003. COPE (Creating Opportunities For Parent Empowerment) is a parent-run organization created to help parents, of children who have disabilities, make greater use of entitled services under existing federal, state and local laws. It provides information, referral, and training to parents to help them identify and meet the special needs of their children as well as their own need for support. The Experimental Project targets families living in Wards 1, 7, and 8.

FEE: Call

Services:

Information/Referral, Parenting Education/Empowerment, Services For Children With Special Needs, Other

Corbin, Christy T., Ph.D.

1328 Pleasant Meadow Road

Crofton, MD 21114

410-451-0477

Fax: None

E-mail: ctc@wam.umd.edu

Independent Consultant/Educator

Consults in early childhood program development (NAEYC Accreditation) and staff training, both general and advising on CDA credentials. Also provides parenting education programs.

FEE: Call

Services:

Parenting Education/Empowerment, Training For Parent Educators, Other

Crossway Community, Inc.*Family Leadership & Community Education*

3015 Upton Drive

Kensington, MD 20895

301-929-2505

Fax: 301-949-4741

E-mail: None

Contact: Kathleen Guinan, *Executive Director*

Other Contact: Anne Byrne, Director Of Education & Training. Provides comprehensive family support and educational services. Offerings include parenting education, health and wellness, career development, family/child development, and economic literacy. Seminars, classes and other services are offered at three learning centers: The Child Development Services Center offers the community day school, full-day care and summer camps; The Work-Family Resource Center offers seminars, training courses, a resource library and a computer lab; and The Neighborhood Services Center offers community collaboration and family activities.

FEE: Call

Services:

Day Program, Information/Referral, Parenting Education/Empowerment, Education/Training, Other

D.C. Congress Of Parents & Teachers

Hamilton Junior High School

6th Street & Brentwood Parkway NE

Washington, DC 20002

202-543-0333

Fax: None

E-mail: None

Contact: Thriftone V. Jones, *President*

A volunteer child advocacy organization that provides leadership training to parents and interprets relevant legislation for its constituency. It also distributes shoes to needy children attending D.C. Public Schools.

FEE: None

Services:

Information/Referral, Parenting Education/Empowerment, Other

D.C. General Hospital*Parenting Program*

19th St. & Massachusetts Ave. SE

Washington, DC 20003

202-675-8026

Fax: None

E-mail: None

Contact: Mrs. Dillon

Other Contacts: Rev. Henrietta Bookhart; Channel Fogle; Michelle Nielson.

D.C. General Hospital*Women's Services - Karrick Hall*

19th St. & Massachusetts Ave. SE

Building 13

Washington, DC 20003

202-727-9166

202-727-5166

Fax: 202-727-8414

E-mail: None

Contact: Mrs. Harrington, *Parent Educator***D.C. Office Of Early Childhood Development***Parenting Education Resource Partnership*

717 14th Street NW

Suite 730

Washington, DC 20005

202-272-1839

Fax: 202-727-9709

E-mail: None

Contact: June Johnson, *Program Analyst/Community Liaison*

Second Contact: Mary Mason, Program Assistant, MACECD. Prints and facilitates the distribution of the annual Parenting Education Directory in partnership with the Parenting Education Collaborative. Makes parenting education video tapes available through the D.C. Public Library

FEE: Free

Services:

Information/Referral

D.C. Parent Education Collaborative*Parent Education Resource Collection*

Catholic Charities Of Washington

1438 Rhode Island Avenue NE

Washington, DC 20018

202-526-4100

Fax: 202-526-1829

E-mail: None

Contact: Marcia Sprinkle

For information on the videos please call Eric White at 727-1271. A collection of parenting videos housed at the Martin Luther King Memorial Library which is located at 901 G Street. The videos may be found in the Audio/Visual Division on the second floor, Room 226 and may be checked out with a library card.

FEE: Free

Services:

Parenting Education/Empowerment

D.C. Special Education Branch

Goding Administration Building

920 F Street NE

Washington, DC 20002

202-724-4800

Fax: 202-724-5116

E-mail: None

Contact: Ginny Johnson, *Parent Coordinator*

FEE: Free

Services:

Advocacy/Awareness, Counseling/Therapy, Day Program, Information/Referral, Parenting Education/Empowerment, Support Groups, Training For Parent Educators, Other

D.C. Superior Court - Family Branch*Parents Empowering Parents*

409 E Street NW

Washington, DC 20001

202-508-1988

Fax: 202-508-1965

E-mail: None

Contact: Rose Bruzzo, *Deputy Director*

Other Contact: Ben Hyman (202)608-8429. Parents with child abuse offenses are referred to Parents Empowering Parents (PEP) either because of Court order or probation officer recommendation. PEP is designed to enhance communication skills between parents and children in addition to improving kinship bonding. The sessions, run by a probation officer and a parent partner, feature a specific parenting skill each week such as realistic expectations and positive reinforcement. The program is an open ended group that runs two hour weekly sessions for ten weeks. Also offers an open ended community parenting group at Hamilton Junior High School on tuesdays from 6:00 - 8:00 p.m. Contact Dorthea Walker at (202)608-8424.

FEE: Free

Services:

Parenting Education/Empowerment

D.C. Tutors, Inc.

735 8th Street SE

Washington, DC 20003

202-543-7323

Fax: 202-543-3982

E-mail: None

Contact: Eric Foster, *Executive Director*

A nonprofit organization that provides in-home tutoring in all subjects for students and adults of all ages. The purpose is to provide the Washington Metropolitan area with year-around educational services. These services to individuals, groups and organizations include GED and ABE preparation, assessments, college admissions assistance, program development and implementation, and general education consulting.

FEE: Call

Services:

Home Visits, Education/Training, Other

DC Family Policy Seminar

2000 15th Street North

Suite 701

Arlington, VA 22201-2617

703-524-7802

Fax: 703-524-9335

E-mail: sstark@ncemch.org

Contact: Shelley Stark, *Project Director*

A community service project of Georgetown University that provides policy makers and advocates with non-partisan information on issues relating to families. Presents new policy approaches and creates a forum for discussion on ways for the District of Columbia to better serve its families through quarterly seminar presentations.

FEE: Free

Services:

Information/Referral, Training For Parent Educators, Other

DC Hotline, Inc.*Child Abuse & Neglect Prevention*

P.O. Box 57194

Washington, DC 20037

202-223-0020

202-223-2255

Fax: 202-296-4046

E-mail: None

Contact: Nadia Casseus, *Clinical Director*

Phone 1 is the office phone. Phone 2 is the 24 hour hotline number. Offers 10 weekly sessions of a program geared toward parenting children 0 to 6 years. It also addresses issues common to school age children and adolescents. The topics covered in its program include: "How Society Affects Parenting"; "Child Development"; "The Effect of Parents Anger on Children"; "Discipline Techniques"; and "Building a Support System."

FEE: Free

Services:

Parenting Education/Empowerment, Other

Demeter Northwest*Residential Substance Abuse Treatment*

301 "I" Street NW

Washington, DC 20001

202-898-1092

Fax: 202-371-9225

E-mail: None

Contact: Clarice Smith-Wilkins, *Clinical Executive*

A four month residential substance abuse treatment program for mothers and/or expectant mothers, who can bring a maximum of two children (7 & under) with them. The program is designed to empower the clients to re-enter the community as responsible parents and citizens, to reduce their reliance on government support, and to break the cycle of addiction.

FEE: Call

Services:

Counseling/Therapy, Parenting Education/Empowerment, Residential Program, Other

Department Of Human Services*Parent To Parent*

1810 N. Edison Street

Arlington, VA 22207

703-358-4965

Fax: 703-358-4964

E-mail: jmckey@aol.com

Contact: Joanne McKey, *Support Coordinator*

The program matches a family in need with an experienced support family who can provide emotional support, information and coping skills for nurturing children ages 0 to 5 years with special needs. Available in both English and Spanish.

FEE: Free

Services:

Parenting Education/Empowerment, Services For Children With Special Needs, Other

Department Of Human Services*Parent-Infant Education*

1810 N. Edison Street
Arlington, VA 22207
703-358-4965
Fax: 703-358-4964
E-mail: None
Contact: Pat Tierman

This program provides assistance to families with children from ages 0 through 2 years of age who are developmentally delayed or diagnosed with a disability. An individualized plan is established to meet the child's and its family's needs. Support groups for parents are also offered in English and Spanish with interpreters available for other languages.

FEE: Sliding Scale

Services:

Counseling/Therapy, Services For Children With Special Needs, Support Groups, Education/Training, Other

Department Of Human Services*Project Family*

800 S. Walter Reed Drive
Arlington, VA 22204
703-358-5694
Fax: 703-358-5696
E-mail: None
Contact: Gloria Starr, *Coordinator*

A parent education program for families in Arlington County. The goal is to train parents and other adults working with Hispanic children ages 0 through 3 in effective child rearing strategies. The program seeks to influence parents to have better interaction with their children and to provide them with a richer environment in order to have them reach their full potential. Offers classes to prenatal parents, parents, instructors and day care providers.

FEE: Free for county residents

Services:

Parenting Education/Empowerment, Training For Parent Educators, Other

DHS, Office Of Early Childhood Development*D.C. Early Intervention Program*

609 H Street, NE
6th Floor
Washington, DC 20002
202-727-5930
Fax: 202-727-5971
E-mail: None
Contact: Joan Christopher, *Program Manager*

Provides coordinated, multi-disciplinary early intervention services through public and private programs designed for infants and toddlers ages birth through two, who have or are suspected of having developmental delays and/or disabilities, and their families. A variety of services are offered, including free evaluations and developmental screenings.

FEE: Sliding Scale

Services:

Counseling/Therapy, Home Visits, Information/Referral, Services For Children With Special Needs, Training For Parent Educators, Other

District Of Columbia Public Library*Children's Services*

901 G Street NW
Room 200
Washington, DC 20001
202-727-1151
Fax: 202-727-1129
E-mail: None
Contact: Maria Salvadore, *Coordinator Of Children's Services*

Second Contact: Pam Stovall. Provides educational, recreational and cultural services to residents of all ages at sites convenient to home, school and the workplace. Services include: parenting classes; training for parent educators; information and referral; home visits to licensed family day care providers; and dial-a-Story (202)638-5717. Loans of books and training on how to present books are also offered. Services to the blind and handicapped include: recorded books; a reading machine that changes text to language; and an adaptive toy lending library.

FEE: Free

Services:

Home Visits, Information/Referral, Parenting Education/Empowerment, Services For Children With Special Needs, Training For Parent Educators, Other

District Of Columbia Public Schools*Head Start Home Based Program*

Charles Drew Elementary School
56th & Eads Streets NE Fourth Fl.
Washington, DC 20019
202-724-4582
Fax: 202-727-5337
E-mail: None
Contact: Sharon Bovell, *Coordinator*

Other Contacts: Annette Parker, Enid Thompson. The Head Start Programs, Home Based Option began in 1990 in D.C. to serve families of three and four year old children who meet federal eligibility requirements. This option targets families who are entering and recovering from substance abuse, being homeless, exiting the criminal justice system and those wanting to strengthen the quality of parent/child interaction. The benefits include weekly home visits, individualized needs assessments for each family, developmental assessment for each child, developmentally appropriate children's activities, parent training and monthly socialization periods for parents and children. Also offers field trips, parent workshops and a special focus on homeless families.

FEE: Free

Services:

Day Program, Home Visits, Parenting Education/Empowerment, Homelessness, Other

District Of Columbia Public Schools*Parent Involvement & Community Support*

Rabaut Administration Building
 Kansas & North Dakota Avenue NW
 Washington, DC 20011
 202-541-5929
 Fax: 202-576-6178
 E-mail: None

Contact: Janice Melvin, *Director*

The Parent Involvement and Community Support (PICS) office is located in the District of Columbia Public Schools. The aim is to strengthen home/school community ties. It offers many direct services but also brokers the services of other groups that support student efficacy. Services provided by PICS include: training for parents, teachers, administrators and others on student success strategies; providing technical assistance and resources to school parent centers; facilitating school and business/community partnerships; and collaborating with other organizations to offer parenting training classes and tutoring for elementary school students.

FEE: Free

Services:

Information/Referral, Parenting Education/Empowerment,
 Training For Parent Educators, Other

District Of Columbia Public Schools*Parents As Teachers*

F Douglas Child Dev & Fam Supp Ctr
 2000 Alabama Avenue SE
 Washington, DC 20020
 202-645-3790
 Fax: 202-645-3801
 E-mail: None

Contact: Judy Fisher, *Program Coordinator*

Other Contact: Lethia Summers. Bilingual Site: Bancroft Elementary School, 1755 Newton Street NW, Washington, DC 20010, 202-673-7152. Aims to build partnerships with parents and to support their efforts to create a safe, wholesome, nurturing environment for young children age birth to five. The program tries to ensure the best possible start for children through quality early intervention and prevention practices. The services include: home visits from a parent educator; group meetings for parents; interactive parent/child play groups; developmental and health screening; referrals to other agencies; and a toy lending library. The program is funded by District of Columbia Public Schools under a special Congressional appropriation. Services are limited to Frederick Douglass and Stanton Dwellings neighborhoods.

FEE: Free

Services:

Home Visits, Information/Referral, Support Groups, Other

District Of Columbia Recreation Department*Head Start*

1230 Taylor Street NW
 Room 200
 Washington, DC 20011
 202-576-7226
 Fax: 202-576-7546
 E-mail: None

Contact: Katherine Davis, *Director Of Parent Involvement*

Easter Seal Society*Family Friends*

2800 13th Street NW
 Washington, DC 20009
 202-387-4434
 Fax: 202-462-7379
 E-mail: None

Contact: Ann Bell King, *Regional Coordinator - DC/MD*

An intergenerational program that recruits, trains, and supports senior volunteers to help families of disabled and/or chronically ill children. Advocacy is provided by both staff and volunteers to assist families in understanding their children's disability, their rights and in accessing services.

FEE: Call

Services:

Advocacy/Awareness, Parenting Education/Empowerment,
 Services For Children With Special Needs, Other

Edgewood Community Services

6606 Greig Street
 Capitol Heights, MD 20743
 301-925-4251
 Fax: 301-925-4502
 E-mail: None

Contact: Kathy Dougherty, *Director Of Operations*

Offers cultural, educational and recreational activities to youth, adults and senior citizens of the Edgewood Communities. Youth can select from a variety of programs and activities and also receive supervised homework assistance from qualified tutors. For adults there is referral and resources and help is offered in obtaining a GED, career skills and health improvement. For seniors there are various activities, resource information and outings.

FEE: Call

Services:

Day Program, Information/Referral, Education/Training,
 Other

Edward C. Mazique Parent/Child Center

1719 13th Street NW
 Washington, DC 20009
 202-462-3375
 Fax: 202-939-8696
 E-mail: None

Contact: Leslie Johnson, *Program Information Specialist*

Offers early intervention, early childhood education and parenting education programs in a family services setting to low-income residents of the District of Columbia. Services include: Child development; pediatric health care; nutritious meals; nutrition education; crisis intervention; counseling; home-based intervention; resources and referral; and case management.

FEE: Free/Sliding Scale

Services:

Counseling/Therapy, Day Program, Home Visits,
 Information/Referral, Parenting Education/Empowerment,
 Other

Even Start

1350 Marshall Street
 Hagerstown, MD 21740
 301-766-8214
 Fax: 301-791-6716
 E-mail: None
 Contact: Pat Hare, *Coordinator/Teacher*

Fairfax County Public Schools*Parenting Education Center*

3705 Crest Drive

Annandale, VA 22003

703-846-8670

Fax: 703-207-0257

E-mail: kwilloug@laceyctr.fcps.k12.va.us

Contact: Karen Willoughby, *Coordinator*

The Center serves as a catalyst and resource to schools, businesses and communities to support families in the development and education of their children. Services include: parenting classes; a speaker's bureau; parenting handouts in nine languages; cable TV programs; a resource library for professionals; and parenting publications.

FEE: Variable

Services:

Information/Referral, Parenting Education/Empowerment, Other

Family & Child Services Of Washington D.C.*Mental Health Counseling*

929 L Street NW

Washington, DC 20001

202-289-1510

Fax: 202-371-0863

E-mail: None

Contact: Barbara Bordonaro, *Program Director*

Ext. 139. Provides individual, family and group counseling. Also offers parenting education.

FEE: Sliding Scale

Services:

Counseling/Therapy, Parenting Education/Empowerment

Family & Child Services Of Washington D.C.*Pregnancy Counseling*

929 L Street NW

Washington, DC 20001

202-289-1510

Fax: 202-371-0863

E-mail: None

Contact: Chrissi Flood, *Social Worker*

Ext. 137. Provides counseling to plan for unborn or recently born infants. All options are explored including parenting within the birth family, extended family and adoption. Referrals for prenatal care and other associated services are also offered.

FEE: Free

Services:

Counseling/Therapy, Information/Referral

Family & Child Services Of Washington, D.C.*Family Child Care*

929 L Street NW

Washington, DC 20001-4394

202-289-1510

Fax: 202-371-0863

E-mail: None

Contact: Costella Tate, *Assistant Program Director*

Ext. 152. Other Contact: Peggy Patrick. Provides safe, quality and affordable child care in providers' homes. Families and providers are supported by a professional staff. Other services include free child development seminars and a newsletter.

FEE: Sliding scale

Services:

Parenting Education/Empowerment, Other

Family Center

5691 Columbia Pike

Falls Church, VA 22041

703-998-5606

Fax: 703-998-5608

E-mail: None

Contact: Gloria Fox Dierker, *Director*

Provides counseling and educational support groups, including therapy to widows, singles and all stages of parenting. Sessions are held once per week for eight weeks, and are offered in both English and Spanish.

FEE: \$150/support groups; \$80/therapy/hr. Sliding scale is available.

Services:

Counseling/Therapy, Parenting Education/Empowerment, Support Groups

Family Encouragement Center*Parent Encouragement Program (PEP), Inc.*

10100 Connecticut Avenue

Kensington, MD 20895

301-929-8824

Fax: 301-929-8834

E-mail: None

Contact: Linda Jessup, *Executive Director*

PEP provides a variety of classes and workshops for parents, couples, adolescents, and professionals who work with children designed to strengthen relationships and create a more orderly, harmonious family life. PEP conducts community outreach for organizations such as schools, churches and work sites as well as for professional individuals such as physicians, educators, counselors, social workers and day care providers.

FEE: Variable

Services:

Day Program, Parenting Education/Empowerment, Training For Parent Educators, Other

Family Services Agency, Inc.*Family Outreach*

640 E. Diamond Avenue

Suite A

Gaithersburg, MD 20877

301-840-2000

Fax: 301-840-9621

E-mail: None

Contact: Michael Stern, *Director*

Offers a counseling program which provides an ongoing parenting group and a support group for separated/divorced persons. Also provides after-school and in-school programs in four elementary schools for students and their families.

FEE: Variable/sliding scale

Services:

Counseling/Therapy, Parenting Education/Empowerment, Support Groups, Other

Family Services Foundation*Community Life Center*

5301 76th Avenue

Landover Hills, MD 20784

301-459-2121

Fax: 301-459-0675

E-mail: None

Contact: Charles Williams, *Intake Coordinator*

Provides family counseling, parenting skills training, mental health services and out-patient counseling. It also offers special services for children with attention deficit disorder (ADD) and hyperactivity.

FEE: Variable/Sliding Scale

Services:

Counseling/Therapy, Parenting Education/Empowerment, Services For Children With Special Needs, Other

FCPS - Parenting Education Center*Work And Family Institute*

3705 Crest Drive

Annandale, VA 22003

703-846-8739

Fax: 703-207-0257

E-mail: None

Contact: Mary Sheperd, *Program Coordinator*

FCPS: Fairfax County Public Schools. Second Contact: Ann Warshauer. Offers workplace seminars and resources for business and government agencies regarding employee and management training. The training areas cover: parenting, stress management, communication, conflict resolution and self-improvement.

FEE: Variable

Services:

Parenting Education/Empowerment, Education/Training

First Baptist Church Of Silver Spring*Child Development Center*

8415 Fenton Street

Silver Spring, MD 20910-4445

301-585-5454

Fax: 301-585-5479

E-mail: None

Contact: Anne Stephens, *Minister Of Education*

Second Contact: Terry Dela Santa, Director. The church offers occasional parent classes, small groups and support groups on a demand basis. Parenting training is offered at the Child Development Center three times per year by the Minister of Education and guest lecturers.

FEE: Call

Services:

Parenting Education/Empowerment, Support Groups

Florence Crittenton Services Of Greater Washington*Prenatal Pearls/Sneakers*

815 Silver Spring Avenue

Silver Spring, MD 20910

301-565-9333

Fax: 301-565-0872

E-mail: None

Contact: Krystal Holland, *Program Manager*

Second Contact: Debra S. Lopez, Program Specialist. Organizes educational support groups for teenage girls and young mothers to provide them with information, build support systems, enhance self-concept and teach essential life skills.

FEE: Call

Services:

Information/Referral, Parenting Education/Empowerment, Support Groups, Other

For Love Of Children

1711-A 14th Street, NW

Washington, DC 20009

202-462-8686

Fax: 202-797-2198

E-mail: None

Contact: Joan Yengo

Services:

Day Program, Services For Children With Special Needs, Other

Fpazier, Billie H., Ph.D., CFLE

3900 Denfeld Avenue

Kensington, MD 20895-1509

301-933-9114

Fax: None

E-mail: bf14@umail.umd.edu

Associate Professor Emerita

Offers parenting education training, training for parenting educators and intergenerational programs.

FEE: Call

Services:

Parenting Education/Empowerment, Training For Parent Educators, Other

Friends Of The Family

1001 Eastern Avenue

Second Floor

Baltimore, MD 21202

410-659-7701

Fax: 410-783-0814

E-mail: None

Contact: Gail Guillard, *Training Director*

Second Contact: Mary Block. A network of family and parenting programs that coordinates 22 family support centers in Maryland. Provides comprehensive prevention services to parents with young children birth through age three. It also administers a comprehensive child demonstration project, Family Start, which serves 150 families living in Baltimore, MD. In addition, it trains over 1,000 paraprofessionals and professionals annually in various aspects of child development.

FEE: Free

Services:

Parenting Education/Empowerment, Education/Training, Other

Georgetown University Child Development Center*Community Services Division*

3307 M Street NW

Suite 301

Washington, DC 20007-3935

202-687-8807

Fax: 202-687-8899

E-mail: colemanr@gunet.georgetown.edu

Contact: Rosalind I. Coleman, *Parent Coord. For Family Advocacy*

Second Contact: Tawara D. Taylor, Associate Director For Community Services Division; Debra Zolberg, Intake Coordinator - 202-687-8635. Provides parenting training and support in the areas of: educational advocacy; resource location; parent/professional partnerships; access to programs, services and information; and cultural competency.

FEE: Free

Services:

Advocacy/Awareness, Information/Referral, Parenting Education/Empowerment

Greater Southeast Community Hospital*Maternal/Child Health Services*

1310 Southern Avenue SE

Washington, DC 20032

202-574-6898

Fax: None

E-mail: None

Contact: Beverly Johnson

Maternal health services include prenatal education for the expectant mother and her partner. A special series designed for the pregnant adolescent is also available at no charge. In addition, sibling classes are provided for children expecting a brother or sister. Parenting seminars to support new families are also available. Breast feeding support is also available.

FEE: \$65

Services:

Parenting Education/Empowerment, Other

Guide Family Support Center

815 Brightseat Road

Landover, MD 20785

301-324-9705

Fax: 301-324-9708

E-mail: None

Contact: Beatrice Lumpkin, *Director*

Second Contact: Graciella Drew

HACAN

P.O. Box 1802

Falls Church, VA 22041

703-671-8417

Fax: None

E-mail: None

Contact: Carmen Fernandez, *Coordinator, Parenting Programs*

HACAN (Hispanics Against Child Abuse & Neglect) provides educational programs intended to increase the public's awareness of child abuse and neglect, particularly as it relates to the Hispanic community in Northern Virginia. It coordinates parenting skills development in Spanish and advocates at the state and local levels to prevent child abuse. In addition, it produces a quarterly newsletter.

FEE: Write for Information

Services:

Advocacy/Awareness, Information/Referral, Parenting Education/Empowerment, Other

Hannah House, Inc.*THEIRS - Women/Children Program*

612 M Street NW

Washington, DC 20001

202-289-4840

Fax: 202-289-5425

E-mail: None

Contact: Roxanne Murray, *Program Director*

Hannah House is committed to the vision that every woman and her family will have a financially and emotionally stable home within a supportive community. The THEIRS Program, which helps mothers reunite with their children, features intensive parenting training sessions, case management services, life skills and job readiness training, household budgeting training, as well as housing assistance.

FEE: Call

Services:

Parenting Education/Empowerment, Education/Training, Other

Healthy Babies Project

1507 Benning Road NE

Lower Level

Washington, DC 20002

202-396-2809

Fax: 202-396-8926

E-mail: None

Contact: Dolores Farr, *Executive Director*

A community outreach social services support program for pregnant women in Wards 5 and 6. Services include pregnancy prevention, infant care, parenting, child development screening and job development. A fathers program meets Wednesdays from 7:00-9:00 pm.

FEE: Free

Services:

Information/Referral, Parenting Education/Empowerment, Fathers' Program, Other

House Of Ruth*Mothers & Infants Program*

700 6th Street NE

Washington, DC 20005

202-544-1134

Fax: 202-544-0340

E-mail: None

Contact: Wanda Smith-Gerber, *Program Coordinator*

Second Contact: Lesa Gilbert. A two-year structured transitional housing program for homeless women who are either pregnant or the mother of an infant under two years old. Participants must have a chemical dependency with one month sobriety documented through urine screens. Also provides reunification planning, parenting and life skills training, and recovery support groups.

FEE: Call

Services:

Parenting Education/Empowerment, Residential Program, Support Groups, Education/Training, Homelessness, Other

House Of Ruth*Shelter + Care*

1413 Girard Street NW

Washington, DC 20009

202-667-7001

Fax: 202-667-7047

E-mail: None

Contact: Wanda Smith-Gerber, *Program Coordinator*

Second Contact: Lin Lawson. A five-year structured permanent housing program for homeless families. Participants must have chemical dependency with one month sobriety documented through urine screens. Services include reunification planning, parenting and life skills training and recovery support groups.

FEE: Call

Services:

Parenting Education/Empowerment, Residential Program, Support Groups, Homelessness, Other

How To Talk So Kids Will Listen...

3560 North Nottingham Street

Arlington, VA 22207

703-536-4364

Fax: None

E-mail: None

Contact: Margie Bell, *Director*

Offers a seven week course of two hours per session to teach parents positive communication skills.

FEE: \$60-\$70 and \$27 book fee.

Services:

Parenting Education/Empowerment

Howard University Hospital Department Of Pediatrics*Pride In Parenting*

Howard University Hospital

2041 Georgia Avenue NW

Washington, DC 20060

202-865-3783

Fax: 202-865-1485

E-mail: None

Contact: Davene White, *Project Coordinator*

Other Contact: Cassandra Williams. A research project to reduce infant mortality in minority populations. Sponsored by The National Institute of Health.

FEE: Participation based on having a healthy baby at the hospital.

Services:

Other

Howard University Public Television*Sesame Street Preschool Education Program*

2222 4th Street NW

Washington, DC 20059

202-806-3200

Fax: 202-806-3300

E-mail: None

Contact: Yvonne Manson, *Manager Of Program Services*

The Sesame Street ready to learn program on PBS Television.

FEE: Free

Services:

Other

Howard University Hospital*Department Of Pediatrics*

Howard University Hospital

2041 Georgia Avenue NW

Washington, DC 20060

202-865-1592

202-865-1401

Fax: None

E-mail: None

Phone 1 is for information. Phone 2 is for appointments.

FEE: Call

Services:

Other

Institute For Mental Health Initiative*Anger Management And Exploring First Feelings*

4545 42nd Street NW

Suite 311

Washington, DC 20016

202-364-7111

Fax: 202-363-3891

E-mail: instmhi@aol.com

Contact: Michael Benjamin, *Executive Director*

Offers programs on anger management to children, parents and professionals based on learning constructive ways to channel anger into problem solving and positive action. Materials available includes videos, guidebooks and pamphlets

FEE: Variable

Services:

Information/Referral, Parenting Education/Empowerment, Training For Parent Educators, Other

Institute For Self Esteem & Evaluation (ISEE)

13813 Connecticut Avenue NW

Suite 910

Silver Spring, MD 20906

301-649-7323

Fax: None

E-mail: None

Contact: Frederick Penn, *Director*

Second Phone: 1-800-LEARN-80

La Leche League

806 Ruxshire Drive

Sykesville, MD 21784

202-269-4444

Fax: None

E-mail: None

Contact: Diane Baier, *Coordinator Of Leaders*

Phone is hotline number.

Services:

Other

Latin American Youth Center*Teen Parent Program*

3045 15th Street NW

Washington, DC 20009

202-234-4549

Fax: 202-462-5696

E-mail: lay@aol.com

Contact: Linda Ohmans, *Program Coordinator*

This program is part of the Latin American Youth Center founded 25 years ago to provide young immigrants in Washington, DC with employment training, health education, social services and drug treatment. The Teen Parent Program serves young parents under 21. The program is a resource for teen parents providing classes in ESL and basic education skills in addition to counseling, and parenting and sexuality training.

FEE: Free

Services:

Counseling/Therapy, Information/Referral, Parenting Education/Empowerment, Education/Training, Other

Learn Learn Learn Education Corporation

P.O. Box 7071

Silver Spring, MD 20907

301-649-READ

Fax: 301-571-2403

E-mail: None

Contact: Frederick Penn, *President*

Provides more than thirty structured learning programs for all ages and levels of learning. It uses the "Home Classroom" concept to facilitate parent involvement with their children's learning process. The programs available include: "How to Teach Your Baby to Read"; "Wordplay Video Vocabulary"; "The Phonics Program"; "African American History"; and "Self Esteem Training".

FEE: Variable

Services:

Parenting Education/Empowerment, Education/Training, Other

Loving & Learning Education Services

105 Essenton Drive
Upper Marlboro, MD 20772
301-249-9597
Fax: 301-350-7446
E-mail: None
Contact: Yasmin Gale E. Shepard, *Educational Consultant/Trainer*

Provides non-technical workshops to adults of all educational levels on such topics as building self-esteem, multicultural issues, reading skills and parent/child interaction. Also offers technical assistance to child care center operators and staff.

FEE: Variable

Services:

Parenting Education/Empowerment, Education/Training, Other

Martha's Table

Family Learning Program
2114 14th Street NW
Washington, DC 20009
202-328-6608
Fax: None
E-mail: None
Contact: Sue Wellford, *Director*

Second Contact: Cindy Counts. Martha's Table offers a number of programs for children. The Family Learning Program for mothers and pre-schoolers is a daily program combining learning activities for parents as well as for their children in a classroom setting. Other services include: after-school play and enrichment activity; extensive tutoring on school days; evening teen activities; a computer workshop for children and adults; and summer camp.

FEE: Call

Services:

Day Program, Parenting Education/Empowerment, Other

Maryland Institute For Individual & Family Therapy

Preventive Parenting Education
7307 Baltimore Avenue
Suite 208
College Park, MD 20740
301-277-3250
301-593-7786
Fax: 301-927-8052
E-mail: None
Contact: Lin E. Bessett, *Co-Director*

Second Site: 11249C Lockwood Drive, Silver Spring, MD 20901. The Institute is a multi-specialty, group mental health practice with offices located in Silver Spring and College Park. It is staffed by licensed professionals in psychology and social work with access to consultants in psychiatry and family therapy. The institute is oriented to problems of the family, but specializes in the treatment of victims and perpetrators of sexual assault. While the practice is a private, for profit corporation, it does provide pro bono and reduced fee services on a selective basis.

FEE: Variable

Services:

Counseling/Therapy, Parenting Education/Empowerment, Other

Maryland State PTA

Parent - Involvement Team
4 Lorre Court
Rockville, MD 20852-4103
301-881-0145
Fax: None
E-mail: None
Contact: Charlotte Joseph, *Team Leader*

Parent involvement recognizes that parents are the primary influence in children's lives. Involvement takes many forms including the parents' shared responsibilities in decisions about children's education, health, and well being as well as parents' participation in organizations that reflect the community's collaborative aspirations for all children. PTAs promote parent/family involvement by: working with the school staff; offering family activities; sponsoring parent information programs; assuming an active role in school committees; and disseminating needed information to parents and families.

FEE: Minimal

Services:

Advocacy/Awareness, Information/Referral, Parenting Education/Empowerment, Other

MCPS/Department Of Academic Programs

Parent Involvement Program
850 Hungerford Drive
Rockville, MD 20850
301-279-3374
Fax: 301-279-3153
E-mail: None
Contact: Charlotte Joseph, *Coordinator Of Parent Involvement*

MCPS: Montgomery County Public Schools. The Parent Involvement in Basic skills program is designed to answer two most often questions asked by parents: "What is my child learning?" and "How can I help?" The project utilized parents to develop curriculum related activity sheets that explain the focus of classroom instruction in reading, language arts, mathematics science. The activity sheets suggests a variety of ways parents can use their teaching skills to help their children through everyday activities in the home and community.

FEE: Free

Services:

Parenting Education/Empowerment, Other

Memorial Baptist Church

3455 North Glebe Road
Arlington, VA 22207
703-538-7000
Fax: None
E-mail: None

The Better Homes Club is a group of parents who meet Saturday evenings on a quarterly basis to hear a speaker on child development and to share a meal. Topics vary and are free. Child care is often provided. In addition, Parenting by Grace is an annual one day seminar with several speakers covering issues of topical importance.

FEE: Free/Seminar Variable

Services:

Parenting Education/Empowerment, Other

Mental Health Referral Associates, Inc.*The Mental Health Referral List Directory*

P.O. Box 10509

Alexandria, VA 22310

703-960-0116

703-549-4000

Fax: 703-519-8085

E-mail: None

Contact: Rod Baber, *President*

Publishes annually the Mental Health Referral List Directory, a comprehensive listing of public and private mental health resources in the Washington Metropolitan area. A newsletter is also published quarterly and the subscription rate is \$20 per year.

FEE: Call

Services:

Advocacy/Awareness, Information/Referral, Services For Children With Special Needs, Other

Metropolitan Memorial United Methodist Church*Parent Support Group*

3401 Nebraska Avenue NW

Washington, DC 20016

202-363-4900

Fax: 202-686-2056

E-mail: None

Contact: Nancy Smith, *Business Manager**Services:*

Support Groups

Metropolitan Police Department*Boys And Girls Club*

4103 Benning Road NE

Washington, DC 20019

202-727-3566

Fax: 202-399-7945

E-mail: None

Contact: Margaret Rawlins

Referrals are received through Youth and Family Services, parents, and police officers. Provides counseling, parent training, and conflict mediation. Works with the child's interest to give him/her positive activities and interests.

FEE: Free

Services:

Parenting Education/Empowerment, Other

Metropolitan Police Department*Youth And Family Services Division*

1700 Rhode Island Avenue, NE

Washington, DC 20018

202-576-6768

Fax: None

E-mail: None

Contact: Sgt. Barbara Hawkins, *Administrative Sergeant*

Currently offering domestic violence and gang education programs for kids. Other programs include GREAT, DARE, Youth ID., etc.

FEE: Call

Services:

Day Program, Parenting Education/Empowerment, Support Groups, Training For Parent Educators, Other

Montgomery County Hotline

Bethesda, MD

301-738-2255

301-424-0656

Fax: None

E-mail: None

Contact: Pamela Cooperman, *Director*

Provides a general supportive listening, 24 hours hotline plus suicide prevention for the Metropolitan Area. Also offers crisis intervention resources.

FEE: Free

Services:

Other

Montgomery County Public Schools*Children's Resource Center*

Children's Resource Center

332 W. Edmonston Drive

Rockville, MD 20852

301-279-8497

Fax: 301-929-2025

E-mail: None

Contact: Lou Greves

Provides information and resources to help parents as nurturers, teachers, and role models for their children. The programs, offered at five drop-in centers, provide a place where young families can play and learn with the guidance of a parent educator. The centers have school readiness activity and support families by providing resources, help with individual parenting problems and opportunities to share ideas and individual concerns. Parenting classes and seminars on specific topics are given regularly. Parents can access a telephone non-crisis helpline by calling any of the five centers.

FEE: \$55/Family/year (\$20/low income family)

Services:

Day Program, Information/Referral, Parenting Education/Empowerment, Other

Montgomery County Public Schools*Adult Education Parenting Resource Center*

New Hampshire Estates E.S.

8720 Carroll Avenue - Room 104

Silver Spring, MD 20903

301-431-7690

Fax: None

E-mail: None

Contact: June Drummond, *Center Coordinator*

Second Contact: Cynde Murphy. Note: Same as previous entry.

Services:

Information/Referral, Parenting Education/Empowerment, Other

Montgomery County Public Schools*Adult Education Parenting Resource Center*

Sally Ride ES Center

21301 Seneca Crossing Drive Rm. 2

Germantown, MD 20874

301-601-0360

Fax: None

E-mail: None

Contact: Jan Yates, *Center Coordinator*

Note: Same services as above.

Services:

Information/Referral, Parenting Education/Empowerment, Other

Montgomery County Public Schools*Adult Education Parenting Resource Center*

Strawberry Knoll E.S.
18820 Strawberry Knoll Rd. Room 13
Gaithersburg, MD 20879
301-840-4508

Fax: None

E-mail: None

Contact: Mary Vanderhart, *Center Coordinator*

Note: Same services as above.

Services:

Information/Referral, Parenting Education/Empowerment,
Other

Montgomery County Public Schools*Connecticut Park Parenting Resource Center*

Connecticut Park Center
12518 Greenly Street
Silver Spring, MD 20906
301-929-2037

Fax: None

E-mail: None

Contact: Stephanie Jones, *Center Coordinator*

Note: Same services as above.

Services:

Information/Referral, Parenting Education/Empowerment,
Other

Montgomery County Public Schools*PADI/Div. Of Enrichment & Innovative Instruction*

850 Hungerford Drive
Room 100
Rockville, MD 20850-1757
301-279-3163

Fax: 301-279-3529

E-mail: None

Contact: Lola K. Crawford, *Parent Liaison & Multicult Ed Tmr*

PADI (Program Of Assessment, Diagnosis, And Instruction) offers an interdisciplinary program in social studies and science designed to promote both the academic and thinking skills of a group of identified students. PADI classes are offered from grades 1 through 4 and building a positive self image is a high priority of the program. PADI currently operates in 28 schools in the county.

FEE: Free for residents

Services:

Parenting Education/Empowerment, Training For Parent
Educators

Montgomery County Public Schools*Parenting Education/Family Support*

12518 Greenly Street
Silver Spring, MD 20906
301-929-2025

Fax: 301-929-2099

E-mail: None

Contact: Georgia Lewis, *Parent Education Specialist*

Mount Olivet United Methodist Church*Parenting Program*

1500 North Glebe Road
Arlington, VA 22207
703-527-3934
Fax: 703-524-8613

E-mail: None

Contact: Rev. Nancy Childress, *Minister Of Family Life*

The church offers various programs for parents such as "Active Parenting for Teens" and "How to Talk so Kids Will Listen." The programs are ongoing and a small fee is charged for materials. Child care is provided.

FEE: Minimal

Services:

Parenting Education/Empowerment

N Street Village*Substance Abuse Program*

1333 N Street NW
Washington, DC 20005-3623
202-232-6167
Fax: 202-319-1508

E-mail: None

Contact: Catherine F. Jenny, *Director*

N Street Village provides a continuum of services that help homeless individuals regain their self-confidence, develop life skills and preparation for returning to mainstream society. In the substance abuse program for homeless women, potential participants must attend three AA or NA meetings at N Street in order to qualify.

FEE: Free

Services:

Counseling/Therapy, Day Program, Information/Referral,
Homelessness, Other

National Child Day Care Association

1501 Benning Road NE

Lower Level

Washington, DC 20002

202-397-3800

Fax: 202-399-2666

E-mail: None

Contact: Audrey Jones, *Parent Coordinator*

Provides services to parents whose children are enrolled in the pre-school and before and after school care programs. The services include: family literacy; family finances management; and child development. Scholarships are made available to parents returning to school in conjunction with the pursuit of a GED.

FEE: Free

Services:

Parenting Education/Empowerment, Education/Training,
Other

NICEL*Teen Parents & Law*

711 G Street, SE
Washington, DC 20003
202-546-6644
Fax: 202-546-6649

E-mail: None

Contact: Alex Ashbrook, *Program Director*

A program to familiarize teen parents with the law.

FEE: Call

Services:

Parenting Education/Empowerment, Other

Northern Virginia Family Service

100 North Washington Street
#400
Falls Church, VA 22046
703-533-9727
Fax: 703-241-1310
E-mail: None

Offers programs, parent support groups, counseling and speakers who are proficient on a variety of related topics.

FEE: Variable

Services:

Counseling/Therapy, Support Groups, Other

Northern Virginia Family Service

Children Cope With Separation & Divorce
100 North Washington Street
#400
Falls Church, VA 22046
703-237-7330
Fax: 703-241-1310
E-mail: None

Contact: Jeannine Purdy, *Cope Coordinator*

Offers a four hour educational seminar which focuses on the experience of divorce as seen through the eyes of a child. Materials distributed include a handbook, a resource list and a certificate of attendance.

FEE: \$30/Four Hour Seminar

Services:

Other

Northern Virginia Family Service

Grandparenting Program
100 North Washington Street
#400
Falls Church, VA 22046
703-533-2548
Fax: None
E-mail: None

Contact: Beth Decristofaro, *Volunteer Administrator*

The program provides assistance to grandparents raising their grandchildren. It includes a quarterly newsletter, support groups, educational programs and family outings.

FEE: None

Services:

Information/Referral, Parenting Education/Empowerment, Support Groups, Other

Northwest Center, Inc.

2702 Ontario Street NW
Washington, DC 20009
202-483-7008
Fax: 202-265-6045
E-mail: None

Contact: Megan McMullen, *Program Director*

The Center helps young at-risk women who are facing a crisis pregnancy by providing a supportive home-like environment. A crisis pregnancy is usually unplanned and may be the result of rape, teen sex and complicated by economic and social issues. Clients may remain in the program for up to two years. Residents receive a variety of prenatal services including: referrals to housing; jobs and education; parenting and birth seminars; and support groups.

FEE: Call

Services:

Counseling/Therapy, Information/Referral, Parenting Education/Empowerment, Residential Program, Support Groups, Education/Training, Other

Office Of Maternal & Child Health

D.C. Healthy Start Project
2700 Martin Luther King Jr. Avenue
Cottage #7
Washington, DC 20032
202-645-4184
202-574-0640
Fax: 202-562-5084
E-mail: None

Contact: Barbara J. Hatcher, *Project Director*

Second Contact: Leila Abrar, Health Education Coordinator. Phone 2 is main office. Provides prenatal, postpartum, transportation and outreach services in order to improve the chance that a pregnant woman will have a healthy baby. Professional nurses are on staff who have access to a panel of experts in the fields of case management, social work, family planning and outreach. Clients are accessed through two Maternity Outreach Mobile units (MOM) with ten permanent sites in the Project service areas, Wards 7 and 8. The units operate from 10:00 am until dusk Mondays through Fridays. Free transportation is provided to and from medical appointments. Male outreach workers provide case management and support groups for fathers in the project area.

FEE: Free

Services:

Advocacy/Awareness, Counseling/Therapy, Day Program, Home Visits, Information/Referral, Support Groups, Fathers' Program, Other

Parenting Resource Center

2334 Gallows Road
Dunn Loring, VA 22027
703-204-3941
Fax: None
E-mail: None

Contact: Marcia Goldberg

Promotes parent awareness and offers help to parents with special needs. Services include: workshops, a library, and a newsletter.

FEE: None

Services:

Advocacy/Awareness, Information/Referral, Parenting Education/Empowerment, Services For Children With Special Needs, Other

Parents Anonymous

3112 Mount Vernon Avenue
Alexandria, VA 22305
703-548-0010
Fax: None
E-mail: None

Provides ongoing parent education and support groups/classes to help parents find alternatives to child abuse.

FEE: Call

Services:

Parenting Education/Empowerment, Support Groups

Parents Anonymous Of Maryland, Inc.

733 W. 40th Street
Suite 20
Baltimore, MD 21211
410-889-2300
410-243-7337
Fax: 410-889-2487
E-mail: None

Contact: Frank Blanton, *Executive Director*

Phone 1 is the office phone. 24 hour hotline: 410-243-7337. 1-800-243-7337. Parents Anonymous (PA) offers free, facilitated weekly self-help parent support groups. Child care is available. P.A. also has a 24-hour StressLine for crisis intervention, information and referral. P.A.N.D.A. is a teen parent mentoring program operating in Baltimore City, Baltimore County and Prince George's County. A positive parenting workshop and training for human services professionals is also available. Call the office to schedule a program, volunteer or donate a resource. To join a stress group, call the StressLine.

FEE: Free

Services:

Information/Referral, Parenting Education/Empowerment, Support Groups, Training For Parent Educators, Other

Parents Music Resource Center

1500 Arlington Boulevard
Arlington, VA 22209
703-527-9466
Fax: 703-527-9468
E-mail: None

Contact: Barbara Wyatt, *President*

For information regarding lyrics of popular songs call 1-900-288-7672. A clearinghouse for information regarding the recording industry. Provides resources to parents, educators, medical professionals, law enforcement officers, etc. on ways to talk to children about the issues of explicit rock music and videos. An instructional video entitled "Rising to the Challenge" is available for a fee.

FEE: \$24.95

Services:

Advocacy/Awareness, Information/Referral, Other

Parents United For The D.C. Public Schools

1300 19th Street NW
Room 330
Washington, DC 20036
202-833-4766
Fax: 202-835-0309
E-mail: None

Contact: Delabian Rice Thurston

The mission is to empower parents and the community with information and advocacy skills in order to transform D.C. Public Schools and to ensure educational success for all children. The organization provides parents with needed information through a newsletter, a phone network and other means of information sharing in order to raise awareness.

FEE: Free

Services:

Advocacy/Awareness, Information/Referral, Parenting Education/Empowerment, Other

Parents' Place Of Maryland, Inc.

7257 Parkway Drive
Suite 210
Hanover, MD 21076
410-712-0900
Fax: 410-712-0902
E-mail: parplace@aol.com

Contact: Suzie Shannon, *Executive Assistant To Director*

A nonprofit, family-centered, cross-disability organization with the purpose of enhancing the ability of persons with disabilities to participate as fully as possible in home, school and community life. It offers education, information and referral, technical assistance, and supportive activities designed for parents and families.

FEE: Call

Services:

Advocacy/Awareness, Day Program, Information/Referral, Parenting Education/Empowerment, Services For Children With Special Needs, Education/Training

Parklands Community Center

Solution Begins At Home-Parent Training
3320 Stanton Road SE
B Level
Washington, DC 20020
202-678-6500
Fax: 202-889-0063
E-mail: None

Contact: Brenda H. Jones, *Executive Director*

Parklands Community Center offers the following services and programs, including a substance abuse prevention program: group, family and individual counseling; tutorial services; twice weekly narcotics anonymous meetings; cultural awareness activities; weekly parent support group meetings; parent development training; leadership development training; home visits; annual weekend trips for families; and workshops.

FEE: Call

Services:

Counseling/Therapy, Home Visits, Parenting Education/Empowerment, Support Groups, Other

Pediatric Aids/HIV Care, Inc.

P.O. Box 77543
Washington, DC 20013
202-347-5366
Fax: 202-628-3021
E-mail: pedicare@aol.com
Contact: Luellen Matthews, *Executive Director*

Provides after school care, support and education to children affected by AIDS/HIV. Volunteer buddies are available to such children to provide friendship and access to community activities. Serves Washington, D.C., Suburban Maryland and Northern Virginia.

FEE: Call

Services:

Services For Children With Special Needs, Other

People Against Child Abuse, Inc.

2530 Riva Road
LI3

Annapolis, MD 21401

410-841-6599

Fax: 410-224-3725

E-mail: pacancpai@aol.com

Contact: Gloria Goldfaden, *Executive Director*

1-800-Children: For Maryland residents. PACA's mission is to prevent and eliminate child abuse and neglect. Its programs are designed to address child maltreatment and related issues from a prevention perspective. Its services include: RAP Education programs for families living in high-risk areas; collaboration with other organizations state-wide and nationally; workshops and conferences; child advocacy to support victims of child abuse; training for government agencies in recognizing child abuse; a speakers bureau; and a middle school program called The Caring Kids Campaign.

FEE: \$20/membership - \$100/Speaker's Bureau

Services:

Advocacy/Awareness, Information/Referral, Parenting Education/Empowerment, Training For Parent Educators, Other

Plan, Inc.

Push Literacy Action Now

P.O. Box 9197

Arlington, VA 22219

202-547-8903

Fax: None

E-mail: None

Contact: Zoey Bresler, *Board Chairman*

PLAN, Inc. is a non-profit, community-based literacy program serving residents of metropolitan Washington. It provides morning and evening adult literacy instruction (small group classes and one-on-one tutoring); a variety of family literacy programs; workplace literacy training; and GED preparation. PLAN combines direct services with advocacy for social change.

FEE: \$25/Month or sliding scale

Services:

Advocacy/Awareness, Day Program, Education/Training, Other

Planned Parenthood Of Metropolitan Washington

1108 16th Street NW

Washington, DC 20036

202-347-8500

Fax: 202-783-1007

E-mail: None

Contact: Brenda Cooper, *Vice President, Administration*

Maintains five sites. Above address is administrative office. Planned Parenthood of Metropolitan Washington, DC (PPMW) offers several workshops designed to educate parents about sexuality and sexuality-related issues and how to best initiate discourse with their children on these topics. The workshops include such topics as parent-child communication, how to talk to your child about sex and parents as sexuality educators. The workshops are available in English and Spanish.

FEE: Call

Services:

Information/Referral, Parenting Education/Empowerment, Other

Prince George's Child Resource Center

Prince George's Parent Place

9475 Lottsford Road

Suite 202

Largo, MD 20774

301-772-8420

Fax: 301-772-8410

E-mail: pgccrc@access.digex.net

Contact: Nikki Graves, *Director Of Parent Services*

Other Contact: Marty Worshtil. The Resource Center is a part of the Maryland Children Resource Network and is set up as a public/private sector partnership. It offers support to families and children in the county by providing child care resources and referrals; training to parents and child care providers; technical assistance for child care operations; and various family support services.

FEE: Variable

Services:

Advocacy/Awareness, Day Program, Information/Referral, Parenting Education/Empowerment, Services For Children With Special Needs, Support Groups, Homelessness, Fathers' Program

Prince George's County Public Schools

Even Start Family Learning Center

H. Winship Wheatley Special Center

8801 Richie Drive

Capitol Heights, MD 20743

301-808-8106

Fax: 301-808-4490

E-mail: None

Contact: Marilyn Miles, *Resource Teacher/Site Coordinator*

The mission is to increase the oral and written communications skills of adults and their children by providing family literacy instruction and related services. The program at the center is designed to help parents help their children succeed in school. It addresses the parent/guardian and child as a learning unit that builds on shared learning experiences. The program empowers all members of the family unit to maximize their learning opportunities and reach their full potential.

FEE: Free

Services:

Advocacy/Awareness, Home Visits, Parenting Education/Empowerment, Services For Children With Special Needs, Education/Training

Prince George's Hospital Center

MCH Parenting Programs & Support Groups

3001 Hospital Drive

Cheverly, MD 20785

301-618-3200

Fax: 301-618-2547

E-mail: None

Contact: Paula Scott Luddy, *MCH Community Educator*

Offers classes and lectures on childbirth preparation, sibling issues, infant CPR and infant care. Provides a preemie parent support group monthly.

FEE: Call

Services:

Information/Referral, Parenting Education/Empowerment, Services For Children With Special Needs, Support Groups

Progressive Parenting Inc.*Parenting Skills Training*

318 15th Street, NE

Suite A

Washington, DC 20002

202-398-4736

Fax: 202-398-4736

E-mail: None

Contact: Janet Jones Berry, *Director*

Empowers parents with information to facilitate the acquisition of positive parenting skills. Provides education on child abuse, neglect and esteem building techniques for the parent and the child.

FEE: Call

Services:

Counseling/Therapy, Home Visits, Parenting Education/
Empowerment, Training For Parent Educators

PSI Associates, Inc.*Early Development Intervention Program*

770 M Street SE

Washington, DC 20003

202-842-2790

202-547-3870

Fax: 202-842-2816

E-mail: None

Contact: Mary Goodwin, *Program Director*

Second Contact: Dr. Yvonne B. Ali, Vice President.

RAP, Inc.*D.R.E.A.M. Program*

3451 Holmead Place NW

Washington, DC 20010

202-462-7500

Fax: 202-462-7507

E-mail: None

Contact: Ron Clark, *Director*

A private nonprofit community services organization that provides an alternative to incarceration and homelessness for substance abusers. It operates a program for women with children, pregnant or postpartum, who are certified D.C. residents

FEE: Call

Services:

Advocacy/Awareness, Homelessness, Other

Reginald S. Lourie Center*Parent/Child Psychotherapy Program*

11710 Hunter's Lane

Rockville, MD 20852

301-984-4444

Fax: 301-881-8043

E-mail: None

Contact: Sandra Lyons, *Director*

A group psychotherapy program designed for families whose children are at risk for neglect or abuse because of multiple factors which interfere with their parents' ability to care for them. Such factors include: low intellectual functioning; alcohol and substance abuse; a history of sexual abuse; and a lack of a positive parental role model.

FEE: Variable

Services:

Counseling/Therapy, Support Groups, Other

Resurrection Lutheran Church

6201 North Washington Boulevard

Arlington, VA 22205

703-532-5991

Fax: 703-532-6950

E-mail: None

Contact: Janet Hart, *Church Secretary*

Classes to discuss general parenting issues are held on Sundays at 9:30 and 10:30 am. Free child care is provided.

FEE: Free

Services:

Parenting Education/Empowerment

Rockville Department Of Recreation & Parks*Grandparents To The Rescue*

Senior Center

1150 Carnation Drive

Rockville, MD 20850

301-309-3051

Fax: 301-251-2337

E-mail: None

Contact: Lorraine Schack, *Coordinator, Senior Services*

The program provides support groups for grandparents who are the primary caretakers of their grandchildren by offering seminars on family relationships, parenting skills, and alcohol/drug prevention.

FEE: Free

Services:

Parenting Education/Empowerment, Support Groups, Other

Rosemount Center*Head Start Program*

2000 Rosemount Avenue NW

Washington, DC 20010

202-265-9885

Fax: None

E-mail: None

Contact: Martha I. Gonzales, *Family Services Director*

Offers child development activities for center and homebased preschool children. Other services include: parent education; special education and therapy for children with disabilities; and health and nutrition information. Bilingual services in Spanish and Vietnamese are also provided.

FEE: Free

Services:

Day Program, Home Visits, Parenting Education/
Empowerment, Services For Children With Special Needs,
Other

Saah, Susan

17665 Shady Spring Terrace

Gaithersburg, MD 20877

301-353-7813

301-869-4996

Fax: 301-353-7815

E-mail: None

Parent Educator

Samaritan Inns*Lazarus House & Tabitha's House*

2523 14th Street NW

Washington, DC 20009

202-667-8831

Fax: 202-667-8026

E-mail: None

Contact: Brian M. Higgins, *Social Services Coordinator*

Lazarus House and Tabitha's House are single room occupancy housing communities that offer long-term housing to individual men and women and single parent mothers and fathers with one young child, who are recovering from a history of substance abuse.

FEE: Call

Services:

Residential Program, Fathers' Program, Other

Samaritan Ministry Of Greater Washington*Next Steps*

1516 Hamilton St., NW

Washington, DC 20011

202-722-2280

Fax: 202-722-2288

E-mail: None

Contact: Roberta Wood-Benjamin, *Director Of Programs*

Second Site: 2451 Ainger Place SE, Washington, DC 20020 - (202)889-7202. Other Contact: Jan Woodward, Senior Case Worker. Provides assistance to help people make changes in their lives such as health improvement, job search, better parenting, finding housing and continuing education/training. Individuals meet with a caseworker regularly to plan small, manageable "Next Steps" that will help them move closer to their goals. Must be drug and alcohol free.

FEE: Call

Services:

Counseling/Therapy, Day Program, Information/Referral, Parenting Education/Empowerment, Education/Training, Other

Sarah House*Children's Services Providers Network*

910 T Street NW

Washington, DC 20001

202-588-7197

Fax: 202-518-4144

E-mail: sarah@erols.com

Contact: Jennifer Lyons

Sarah House provides cultural arts, educational and sports activities to children and families residing in emergency family shelters and public housing. The network provides support for organizations, individuals and the children they serve; helps in matching children who need activities with activities that need children; and identifies gaps in children services.

FEE: Call

Services:

Information/Referral, Other

Sasha Bruce Youthworks*Family Together*

730 Maryland Avenue NE

Washington, DC 20002

202-675-9355

Fax: 202-675-9358

E-mail: None

Contact: Cristela Thorne, *Program Director*

Provides intensive home based services to families at imminent risk of foster care placement.

FEE: Free

Services:

Counseling/Therapy, Home Visits, Parenting Education/Empowerment, Other

Sasha Bruce Youthworks*The Teen Mother Program*

701 Maryland Avenue NE

Washington, DC 20002

202-675-9380

Fax: 202-675-9358

E-mail: None

Contact: Brenda Lockley, *Director Of Teen Mother*

The Teen Mother Program is a longterm residential program for teenage mothers, and their babies, who are wards of the Child and Family Service Division of the Commission on Social Services. The program is designed to help the young mother gain the parenting skills, education and life skills necessary for independent living.

FEE: Referral only through Child and Family Services.

Services:

Counseling/Therapy, Parenting Education/Empowerment, Residential Program

Simsarian, Frances P. DSW, LCSW, Chartered

5510 Carolina Place NW

Washington, DC 20016

202-244-8871

Fax: None

E-mail: None

Licensed Social Worker

Convenes a weekly support group for parents of infants. The group has been ongoing for twelve years. The meetings are held in the infant nursery room at Metropolitan Memorial Church. Dr. Simsarian maintains a private practice and is available to parents for individual consultation.

FEE: Call

Services:

Counseling/Therapy, Support Groups

Southeast Children's Fund*Professional Child Care Development Institute*

4224 6th Street SE

Washington, DC 20032

202-561-5736

Fax: 202-562-1550

E-mail: None

Contact: Frances J. Rollins, *Executive Director*

A nonprofit corporation established to provide multiple services to children, their families and to child care providers in the Washington Metropolitan area. PCDI is licensed as a non-degree post secondary school specializing in early child care, education training and all facets of CDA preparation and training.

FEE: Free/Variable

Services:

Advocacy/Awareness, Day Program, Parenting Education/Empowerment, Services For Children With Special Needs, Training For Parent Educators, Other

St. John's Community Services

4880 Macarthur Boulevard, NW

Washington, DC 20007

202-338-3726

Fax: 202-298-8065

E-mail: None

Contact: Karen Christof, *Director Of Early Intervention*

Dedicated to serving the special needs of children and adults with developmental disabilities throughout the District, Maryland and Virginia.

FEE: Call

Services:

Services For Children With Special Needs, Other

Street Law, Inc.*Young Parents And The Law (Ypal) Program*

711 G Street SE

Washington, DC 20003

202-546-6644

Fax: 202-546-6649

E-mail: None

Contact: Alex Ashbrook, *Program Director*

Complements existing parenting programs so that parents and their families can lead healthy, productive lives free from the cycle of violence. Parents face an array of law-related issues such as child support, parental rights/responsibilities, custody, domestic violence, abuse and neglect. The program enables parents to develop strategies for applying legal knowledge to real life situations.

FEE: Call

Services:

Information/Referral, Parenting Education/Empowerment, Other

The Boarder Babies Project

2201 Wisconsin Avenue NW

Suite C130

Washington, DC 20007

202-333-6500

Fax: 202-337-9155

E-mail: None

Contact: Carl Foster, *Co-Director*

Addresses the crisis of abandoned infants in the Washington area hospitals by poverty-stricken and drug-addicted parents. These boarder babies are placed in "The Little Blue House", a stable home-like facility, until permanent placement is arranged.

FEE: Call

Services:

Day Program, Residential Program, Homelessness, Other

The Citizenship Education Fund*National Reclaim Our Youth Crusade*

1700 K Street NW

Suite 800

Washington, DC 20006

202-296-6726

Fax: 202-466-4871

E-mail: None

Contact: Nancy M. Ware, *Executive Director*

Second Contact: Wilma Brooks, Assistant Coordinator. Programs offered include: Youth United for Youth; Reclaim Our Youth Mentoring; a Thursday Morning Prayer Breakfast; and a Parent/Student Pledge Campaign.

FEE: Free

Services:

Other

The Family Education Network, Inc.

P.O. Box 318

Brandywine, MD 20613

301-888-1020

Fax: None

E-mail: None

Contact: Carol Flewelling, *President*

Parenting classes and workshops are offered throughout the Washington DC Metropolitan Area using STEP, Systematic Training for Effective Parenting. Marriage enrichment classes using TIME, Training in Marriage Enrichment, are also offered.

FEE: Variable

Services:

Parenting Education/Empowerment, Other

The Family Place, Mt. Pleasant Center*Parent And Child Services*

3309 16th Street NW

Washington, DC 20010

202-265-0149

Fax: 202-483-0650

E-mail: None

Contact: Sonia Menendez, *Parent Educator*

A drop-in family resource and support center for pregnant women, expectant fathers, teenage parents, grandparents, single parents or guardians of children under age four. It provides breakfast and lunch daily at two locations. (Please see The Family Place, New Community Center.)

FEE: Free

Services:

Day Program, Information/Referral, Parenting Education/Empowerment, Fathers' Program, Other

The Family Place, New Community Center*Parent And Child Services*

1312 8th Street NW

Washington, DC 20001

202-265-1942

Fax: 202-483-0729

E-mail: None

Contact: Pat Patterson, *Executive Director*

A drop-in family resource and support center for pregnant women, expectant fathers, teenage parents, grandparents, single parents, aunts and uncles or guardians of children under age four. It provides breakfast and lunch daily. Other services include, health education, fathers' group, womens' group and clothing for infants, small children and expectant women. Provides the services at two sites. (Please see The Family Place, Mt. Pleasant.)

FEE: Call

Services:

Day Program, Information/Referral, Parenting Education/Empowerment, Fathers' Program, Other

The Lt. Joseph P. Kennedy Institute*Child Development Center*

801 Buchanan Street, NE

Washington, DC 20017

202-529-7600

Fax: 202-529-2028

E-mail: rssalon@kennedy.org

Contact: Carole Brown, Ed. D., *Director, Early Interv/Prev.**Servs.*

Provides a preschool program for children with and without disabilities. Ages range between six weeks to six years old. Also offers developmental screening to other child care agencies and families. In addition provides home-based services to infants and toddlers with disabilities as well as an Early Head Start Program.

FEE: Call

Services:

Advocacy/Awareness, Counseling/Therapy, Home Visits, Parenting Education/Empowerment, Services For Children With Special Needs, Support Groups, Other

The Maternity Center

9811 Greenbelt Road

Suite 104

Lanham, MD 20706

301-530-3300

301-552-7600

Fax: 301-530-7807

E-mail: None

Contact: Barbara Vaughney, *Director*

Offers maternity care, hospital and birth center births. Free seminars are given on the child birth experience and include such topics as planning a pregnancy, delivery, fetal monitoring, etc. Other classes include: infant CPR, child care and breastfeeding. Also offers a wide array of women's GYN health care services.

FEE: Fee varies from free to \$45/person.

Services:

Parenting Education/Empowerment, Other

Towson State University*Early Childhood Education*

Towson, MD 21204

410-830-3464

Fax: 410-830-2733

E-mail: None

Contact: Pat Watson, *Associate Professor***Tri-County Youth Services Bureau**

75 Industrial Park Circle

Waldorf, MD 20602

301-843-2960

Fax: 301-645-1837

E-mail: None

Contact: Larry Rodkin, *Clinical Supervisor*

The Bureau is a comprehensive mental health center as mandated by Maryland state law to serve youth and families through age 18. It offers individual, family and group therapy in addition to parenting classes. It networks with schools and other agencies in order to advocate for its clients.

FEE: \$40/Sliding Scale

Services:

Advocacy/Awareness, Counseling/Therapy, Parenting Education/Empowerment

Tri-County Youth Services Bureau*Family Center Of St. Mary's*

6 Lincoln Avenue

Lexington Park, MD 20653

301-737-1932

301-737-1393

Fax: 301-863-5707

E-mail: None

Contact: Connie C. Norris, *Director*

Other Contact: Elaine Lawson, Program Specialist. The Family Center is a private nonprofit organization serving parenting teens and young adults with children ages birth to three. Its professional staff works to enhance personal skills of young families through a variety of activities. Health education is offered as well as pre-employment training for young adults wishing to enter the work force. Prenatal information and in-home support are also available.

FEE: Free

Services:

Home Visits, Information/Referral, Parenting Education/Empowerment, Education/Training, Other

Tri-County Youth Services Bureau, Inc*Counseling And Prevention*

P.O. Box 400

Charlotte Hall, MD 20622

301-274-3106

301-884-2101

Fax: 301-884-5406

E-mail: None

Contact: Sam Bauman, *Executive Director*

Phones 1 and 2 are local calls for southern MD. The DC Metro Line is (301)843-0279. The Bureau is a professional community mental health agency supported by county and state funds. Services are offered on a sliding scale to all children and youth from birth to 18 years of age and their families who live in Charles, St. Mary's and Calvert counties. The services offered include: counseling; parenting groups; referral; and adult education. The workshops offered include: family therapy; parenting skills; and stress management.

FEE: Variable/sliding scale

Services:

Counseling/Therapy, Home Visits, Information/Referral, Services For Children With Special Needs, Other

Trinity Presbyterian Church*Adult Education Program*

5533 North 16th Street

Arlington, VA 22205

703-536-5600

Fax: 703-536-2815

E-mail: None

Contact: Debbie Rimkus, *Education Director*

Debbie Rimkus: 703-920-7812. Offers parenting classes for the general public on Sundays at 9:30 a.m. to 10:30 a.m. during the months of September through June. Topics vary but include "Active Parenting" and "Teen Parenting". Free child care is provided

FEE: Free

Services:

Parenting Education/Empowerment

Uhlman, Ruth N.*Consultant*

3902 Jocelyn Street NW

Washington, DC 20015

202-363-3177

Fax: 202-966-8978

E-mail: None

Early Childhood Specialist

Available to work with groups of parents to develop a training plan based on their needs and interests. Acts as a group facilitator to empower parents.

FEE: Variable

Services:

Parenting Education/Empowerment, Education/Training,
Other

Unitarian Universalist Church Of Arlington

4444 Arlington Boulevard

Arlington, VA 22204

703-892-2565

Fax: 703-892-5918

E-mail: None

Contact: Susan Philley, *Director Of Religious Education*

Provides adult education classes mornings, afternoons and evenings. Topics vary but include "Parenting," "Learning Disabilities Support Groups," and "Single Parent Support Groups."

FEE: Varies

Services:

Parenting Education/Empowerment

United Planning Organization*Office Of Preschool & Day Care*

941 North Capitol St, NE

Washington, DC 20002

202-289-9100

Fax: 202-289-2640

E-mail: None

Contact: Bonnie Wise

Second Contact: Goldie Henry. The United Planning Organization (UPO) is a private, non-profit corporation whose major functions are to plan, coordinate and implement social service programs in the District of Columbia. It is the city's major provider of social services and is responsible for both citywide and neighborhood activities. These services are performed mainly at neighborhood centers and through delegate agencies. UPO also operates Head Start programs for the DC Department of Human Services, and child care food programs for DC Public Schools.

FEE: Free

Services:

Other

University Of D.C. Cooperative Extension Service*Parenting And Family Development*

4200 Connecticut Avenue NW

Building 48 - Room 3009

Washington, DC 20008

202-274-6900

202-274-6495

Fax: 202-274-6449

E-mail: None

Contact: Dolores Langford Bridgette, *Extension Specialist-Home Economist*

Second Contact: Autherine Rulow. The goals of this program are to equip parents with knowledge and skills needed to strengthen family relationships and to assist parents in helping their children become self-controlled adults. Specific program offerings include: "Active Parents Today," "Parents on Board," "Parenting Children with Disabilities," and "Single-Parenting."

FEE: Call

Services:

Parenting Education/Empowerment, Services For Children
With Special Needs, Other

University Of D.C. Cooperative Extension Service*The Infant Mortality Project*

4200 Connecticut Avenue NW

Washington, DC 20008

202-274-6495

Fax: 202-274-6449

E-mail: None

Contact: Dr. Clinton Turner, *Director Of Coop. Extension Servs.*

The Cooperative Extension Services of the University of the District of Columbia offer teen parent programs as well as classes in child care/child development, life skill training, income tax preparation, and safety while baby sitting. Educational tours are also sponsored.

FEE: Call

Services:

Parenting Education/Empowerment, Other

University Of Maryland*Center For Young Children*

Building 318

Valley Drive

College Park, MD 20742

301-779-1720

Fax: 301-779-0017

E-mail: None

Contact: Janet Hawley, Ms, CFLE, *Parent/Teacher Consultant*

Works individually and in groups with children, parents and teachers. Writes parent column for monthly newsletter and works on community building and parenting library. Offers parenting classes, single parent seminars and socials, and one time seminars on topics of interest to parents.

FEE: Call

Services:

Parenting Education/Empowerment, Support Groups, Other

University Of Maryland*Center For Young Children*

Valley Drive

College Park, MD 20742

301-405-3171

Fax: 301-405-2902

E-mail: None

Contact: Francine Favretto, *Director*

The Center for Young Children at the University of Maryland is a lab school with a full day care program. Its three-fold purpose is to: educate children of the University's staff; train teachers; and conduct research. A parent teacher on the staff provides parent education.

FEE: Call

Services:

Day Program, Parenting Education/Empowerment,
Education/Training, Other

University Of Maryland Cooperative Extension Service*Maryland State Office*

4321 Hartwick Road

Suite 209

College Park, MD 20740

301-403-4146

Fax: 301-403-4154

E-mail: sw141@umail.umd.edu

Contact: Susan K. Walker, Ph.D., *Acting Human Development Specialist*

Provides support for educational programming, community development and research to all county home economics extension faculty. Distributes publications related to parenting and family life.

FEE: Call

Services:

Information/Referral, Education/Training, Other

University Of Maryland Cooperative Extension Service*Responsibilities: Parenting, Leadership*

Arundel Center North

101 Crain Hwy, Nw, Suite 307

Glen Burnie, MD 21061

410-222-6756

Fax: 410-222-6747

E-mail: mn12@umail.umd.edu

Contact: Mary Ellen Shachat, *Extension Home Economist*

From south county and Washington area, 301-970-8250 ext. 6756. The mission is to educate citizens to apply practical research knowledge to critical issues. The service provides workshops, seminars, staff development and information to the media. It also answers consumers questions on a variety of issues.

FEE: Call

Services:

Information/Referral, Parenting Education/Empowerment,
Training For Parent Educators

University Of Maryland Cooperative Extension Service, Charles County*Human Development*

9375 Chesapeake Street

Suite 119

Laplace, MD 20646

301-934-5283

Fax: 301-753-1857

E-mail: None

Contact: Sandra Womack, CFCS, *County Extension Director*

Home economists and faculty members of the University of Maryland at College Park (UMCP) and University of Maryland Eastern Shore (UMES) participate in the Cooperative Extension Service programs whose mission is to educate citizens to apply practical research knowledge to critical issues. The service provides workshops, seminars, staff development, information to media and answers consumer questions on a variety of issues.

FEE: Call

Services:

Information/Referral, Education/Training, Other

University Of Maryland Cooperative Extension Services, Anne Arundel County

101 Crain Highway NW

#307

Glen Burnie, MD 21061

410-222-6758

Fax: 410-222-6747

E-mail: cp8@umail.umd.edu

Contact: Constance Pergerson, *Acting County Extension Director*

Second Contact: Mary Ellen Shachat. Cooperative Extension Services provides unbiased research-based, non-traditional education to the public. (Please see previous entry.)

Services:

Information/Referral, Other

University Of Maryland Cooperative Extension Services, Montgomery County*Family & Youth Program*

18410 Muncaster Road

Derwood, MD 20855

301-590-9638

Fax: 301-590-2828

E-mail: None

Contact: Alganesh Piechocinski, *Faculty Assistant*

Second Contact: Susan Morris, Home Economist.

University Of Maryland Cooperative Extension Services, Prince George's County

6707 Groveton Drive

Clinton, MD 20735

301-868-9410

Fax: 301-599-6714

E-mail: hw25@umail.umd.edu

Contact: Helen D. Williams, *Extension Agent*

Provides informal education programs in the areas of parenting and personal development, nutrition, and personal money management upon request. Also offers free to low-cost fact sheets relevant to the previously listed topics.

FEE: Call

Services:

Information/Referral, Parenting Education/Empowerment,
Other

University Of The District Of Columbia

901 Newton Street NE
Washington, DC 20011
202-274-6904

Fax: None

E-mail: None

Contact: Lillie Monroe-Lord

Other Contacts: Elizabeth Uy; Sara Whye.

Virginia Cooperative Extension, Arlington County

Parent Power

Fairlington Center
3308 South Stafford Street
Arlington, VA 22206-1904
703-358-6400

Fax: 703-358-6407

E-mail: ex013@vt.edu

Parent Power is a 10-session experiential education program for families. A parent educator instructs and guides small groups of parents in human development and positive guidance techniques. Parents-only discussions open each session, while children play under the supervision of a child care aide. Parents also learn through supervised activities with their children, in naturally occurring situations, where they can observe and use techniques modeled by the educator.

FEE: Free

Services:

Parenting Education/Empowerment, Other

Washington Child Development Council

2121 Decatur Place NW
Washington, DC 20008
202-387-0002

Fax: 202-332-2834

E-mail: None

Contact: Bobbi Blok, *Executive Director*

An advocacy organization on child development issues. Also conducts workshops for child care providers.

FEE: Call

Services:

Advocacy/Awareness, Education/Training

Washington Hospital Center

Parent Education Services

110 Irving Street NW
Washington, DC 20010-2975
202-877-6161

Fax: 202-877-6758

E-mail: None

Contact: Kathleen Miller, *Parent Education Coordinator*

The classes offered include: "The Do's and Don'ts of Pregnancy" an early pregnancy class; prepared childbirth and refresher childbirth/Lamaze; "Infant Safety"; "Especially for Dads"; "Grandparenting for the 21st Century"; pre/post natal exercise; "Brothers and Sisters to Be" sibling class; etc.

FEE: Variable - \$65

Services:

Fathers' Program, Other

Washington Parent Group Fund

722 12th Street NW
Second Floor
Washington, DC 20005

202-628-8650

Fax: 202-628-8653

E-mail: None

Contact: Frances Courtney, *Executive Assistant*

Mailing Address: 1429 G S., NW, Suite 397, Washington, DC 20005. The Washington Parent Group Fund (WPGF) is a coalition of involved parents, concerned businesses, community leaders and forward looking administrators. WPGF provides funds for educational enrichment projects in D.C. Public Schools and trains parents to assume leadership roles within their schools and communities. It also helps parents play an optimal part in their children's academic success -- at home, at school and in the community.

FEE: Variable

Services:

Advocacy/Awareness, Information/Referral, Education/Training

Washington's Child Project, Inc.

3031 Oregon Knolls Drive
Washington, DC 20015

202-966-7543

Fax: 202-362-0395

E-mail: wcp4@juno.com

Contact: Janet Helgert, *Executive Director*

Washington's CHILD Project, Inc. (WCP) is a non-profit organization whose goal is to involve the business and private sectors in early childhood education, family development and family literacy issues. It achieves its goal by forming collaborations, partnerships and by providing technical assistance to other organizations and agencies. WCP's staff is comprised entirely of private and corporate volunteers. A newsletter called "Family Literacy Link" is published quarterly and is available at no charge. WCP also publishes the PARENTING EDUCATION DIRECTORY annually, free of charge.

FEE: free

Services:

Advocacy/Awareness, Information/Referral

WETA

Ready To Learn Campaign

P.O. Box 2626
Washington, DC 20013
703-824-7311

Fax: 703-998-3401

E-mail: fbarrow@weta.com

Contact: Ferne Barrow, *Manager Of Educational Outreach*

YMCA

Bethesda Youth Services
 7425 Macarthur Boulevard
 Cabin John, MD 20818
 301-229-1347
 Fax: 301-229-1626
 E-mail: None

Contact: Rob Guttenberg, *Director Of Parenting Education*

The YMCA Bethesda Youth Services (BYS) provides quality parent education programs for those who are looking for assistance with the critical job of parenting today's children and youth. It also offers customized programs to schools, community groups and businesses for its employees. The services include: Systematic Training for Effective Parenting of Teens (STEP-Teen); effective communication with children; and workshops on conducting family meetings.

FEE: Variable

Services:

Parenting Education/Empowerment, Other

YMCA

Silver Spring Youth Services
 1102 Forest Glenn Road
 Silver Spring, MD 20901
 301-593-1160
 Fax: 301-593-1284
 E-mail: None

Contact: Barbara Ott, *Director Of Youth Services*

Offers a comprehensive, multiservice program for youth ages 10-18 and their families. The program serves the Silver Spring, Takoma Park and Route 29 areas regardless of YMCA membership. Services include: outreach, counseling, tutoring, parenting education, youth employment, teen parenting support, recreation and information and referral.

FEE: Free

Services:

Counseling/Therapy, Information/Referral, Parenting Education/Empowerment, Other

YMCA Of Metropolitan Washington

1112 16th Street, NW
 7th Floor
 Washington, DC 20036
 202-232-6700
 Fax: 202-797-4486
 E-mail: None

Contact: Tami Tobin Bloom, *Assistant Director Of Marketing*

Yorktown Family Network

Yorktown High School
 5201 North 28th Street
 Arlington, VA 22207
 703-358-5400
 Fax: None
 E-mail: None

The organization provides an opportunity for parents of Yorktown High School to meet each other as well as members of the school staff in order to learn more about issues of special and mutual concern. Meetings are held monthly and topics vary.

FEE: Free

Services:

Advocacy/Awareness, Information/Referral, Parenting Education/Empowerment

Zero To Three

National Resource Center
 734 15th Street NW
 Suite 1000
 Washington, DC 20005-1013
 202-638-1144
 Fax: 202-638-0851

E-mail: www.zerotothree.org

Contact: Joan Melnor, *Director Of Marketing Services*

E-mail address provides a listing of programs, projects and parenting materials. 1-800-899-4301 is for publication orders only. The Early Head Start National Resource Center (EHS NRC) provides training and technical assistance to Head Start's new Early Head Start program, which supports the healthy development of families with infants and toddlers, and pregnant women.

FEE: Call

Services:

Training For Parent Educators, Other

Zero To Three

The Cornerstones Project
 734 15th Street NW
 Suite 1000
 Washington, DC 20005-1013
 202-638-1144
 Fax: 202-638-0851

E-mail: www.zerotothree.org

Contact: Emily Fenichel, *Associate Director*

E-mail address provides a listing of programs, projects and parenting materials. 1-800-899-4301 is for publication orders only. A national organization dedicated to promoting the social, emotional, cognitive and physical development of children from birth through age three and to supporting their families and caregivers by providing training, technical assistance, research and guidance for program assessment. The Cornerstones Project is a three year effort designed to help leaders of infant/family programs in the Washington Metropolitan Area improve the quality and comprehensiveness of their child development and family support services.

FEE: Call

Services:

Training For Parent Educators, Other

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GOVERNMENT OF THE DISTRICT OF COLUMBIA
MARION BARRY JR., MAYOR



DEPARTMENT OF HUMAN SERVICES
JEARLENE F. WILLIAMS, DIRECTOR

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