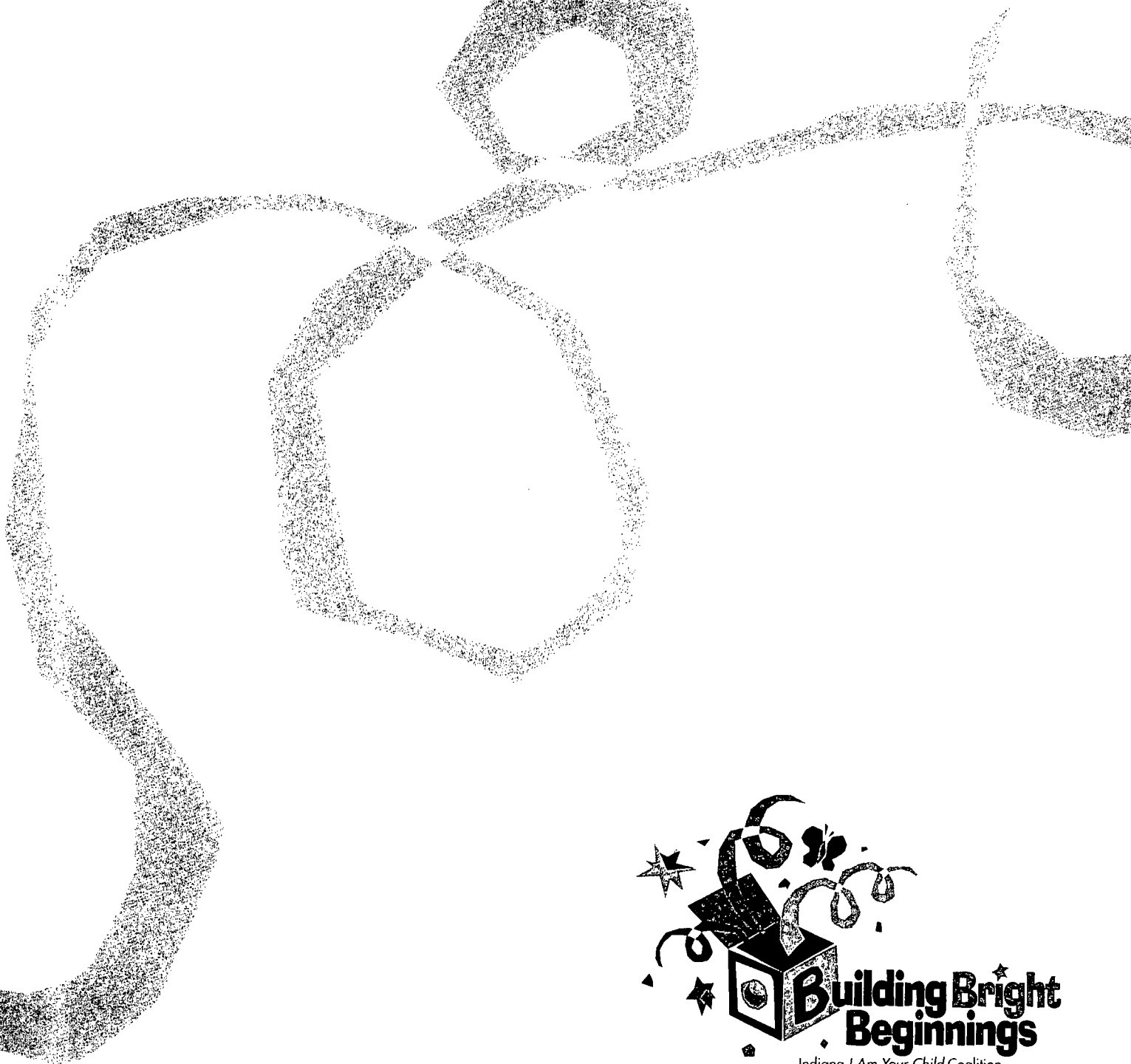
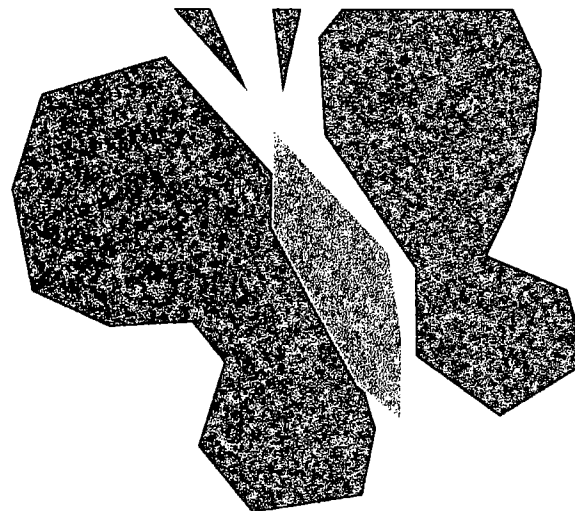


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Congratulations on your new arrival!

Becoming a parent is one of the most rewarding and challenging things you can ever do. It's also one of the most important. Recent research proves that the first three years of a child's life are critical to his or her future.

Read to your child. Hug your child. Hold your child.

Sing to your child. Look your child in the eyes.

Your child's brain is like a sponge waiting to absorb all the love and attention you can give.

Again, congratulations. And best of luck with your exciting, new job – parenthood.

Sincerely,

Frank & Judy O'Bannon

Frank and Judy O' Bannon
Governor and First Lady,
State of Indiana

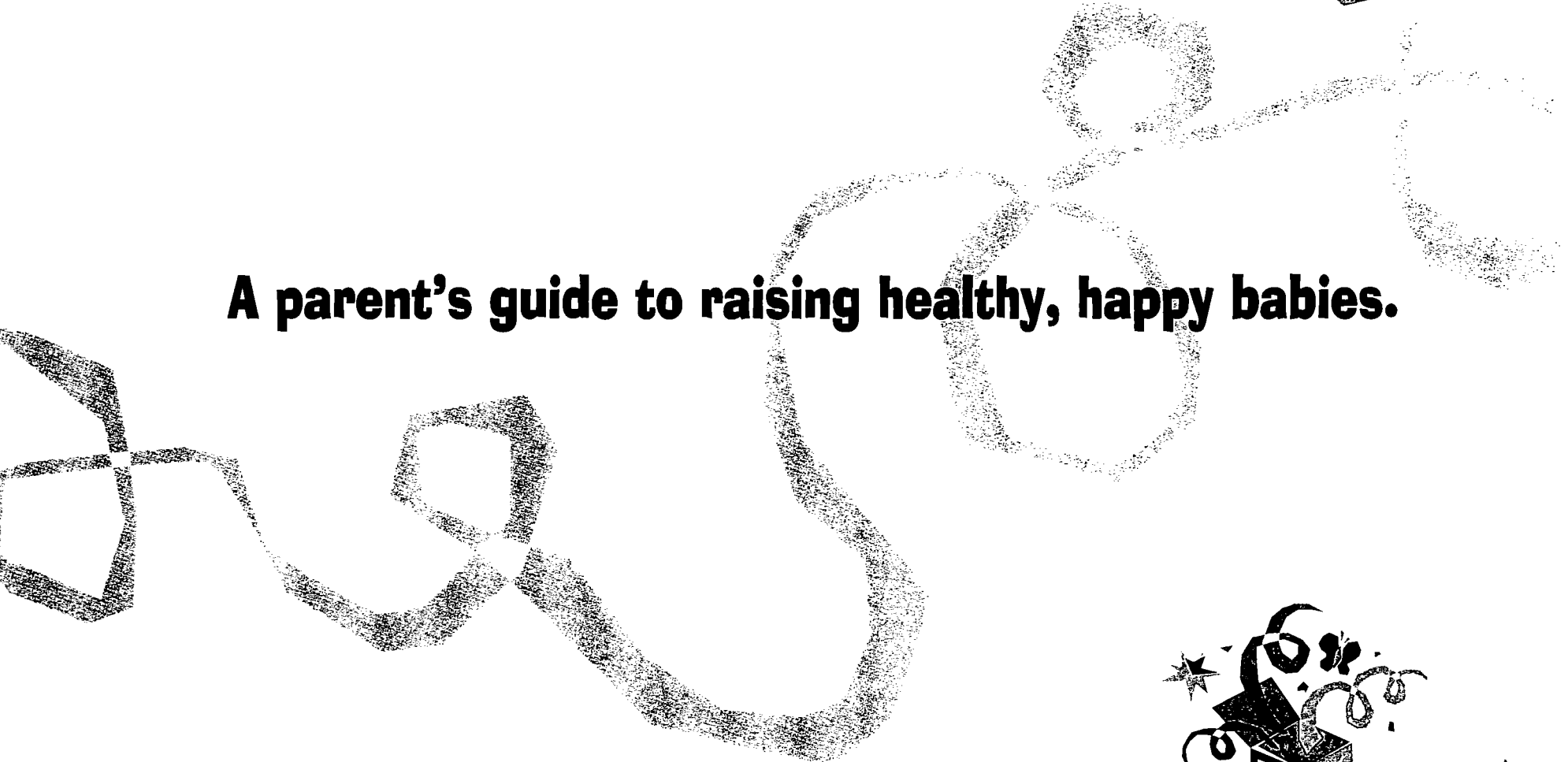
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A parent's guide to raising healthy, happy babies.



Clinton Presidential Records Digital Records Marker

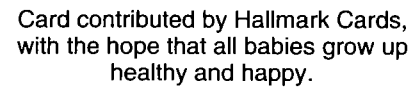
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Card, "Congratulations On Your New Baby," 2 pages

Allergies _____

[illegible]

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So much to be done
And so much to remember
Now that your sweet baby's here,
So much excitement
And laughter and love
As you watch Baby grow
every year!



The first three
years you spend
with your baby
may be the most important
in shaping your child's
entire life. It takes
lots of holding, smiling,
reading, talking and
singing to grow a
healthy baby.

May you love and
grow together.

Frank & Judy O'Bannon

Immunization Record

Name _____

Birth Date _____

The following immunizations
are recommended before the age of 2.

Vaccine	Date Received	Doctor or Clinic
Hep B*	1. _____ 2. _____ 3. _____	_____ _____ _____
Diphtheria, Tetanus and Pertussis*	1. _____ 2. _____ 3. _____ 4. _____	_____ _____ _____ _____
H. influenza type b	1. _____ 2. _____ 3. _____ 4. _____	_____ _____ _____ _____
Polio*	1. _____ 2. _____ 3. _____	_____ _____ _____
Measles, Mumps and Rubella*	1. _____	_____
Chicken pox	1. _____	_____
Other	_____	_____

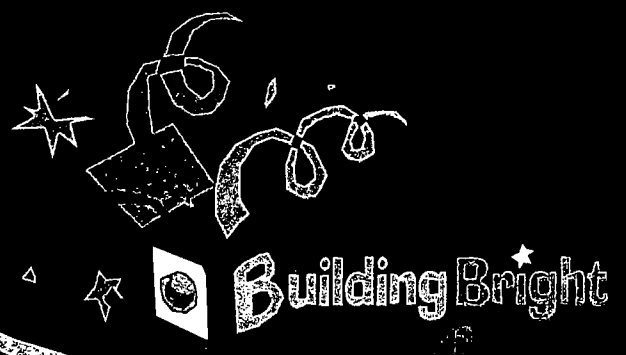
* Additional vaccines recommended after the age of 2.



Taking care of your baby is more than just diaper changes and midnight feedings (although there will be plenty of those, too). Building bright beginnings for your child begins with one simple word – love. New brain research shows that reading to, talking to and holding your child can actually stimulate growth and “turn on” brain cells. This is how your child learns.

Keeping your child healthy is also very important. That’s why this folder includes a card to record immunizations and healthy baby checks. For more information, please call the Family Health Helpline at 1-800-433-0746.

Love your child. It makes a difference.



CLINTON LIBRARY PHOTOCOPY

Building Bright Beginnings

Indiana I Am Your Child Coalition

402 West Washington Street
Room W-461
Indianapolis, IN 46207

**Family Health Helpline
1-800-433-0746**