

# FOIA MARKER

**This is not a textual record. This is used as an administrative marker by the William J. Clinton Presidential Library Staff.**

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**Collection/Record Group:** Clinton Presidential Records

**Subgroup/Office of Origin:** Scheduling Office

**Series/Staff Member:** General Files

**Subseries:**

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**OA/ID Number:** 10656

**FolderID:**

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**Folder Title:**  
AF 247023 [1]

**Stack:**

**S**

**Row:**

**39**

**Section:**

**3**

**Shelf:**

**6**

**Position:**

**2**

6/12/96

247023

PHOTOCOPY  
PRESERVATION



SCHED

February 13, 1996

The Honorable William Jefferson Clinton  
President of the United States  
1600 Pennsylvania Avenue  
Washington, DC 20500

MAR 21 1996

Dear Mr. President:

Along with the enclosed invitation from our students, I want to add my own invitation to you to come to the University of Wisconsin-Madison this April to participate in the "QUESTions" conference on community and diversity being organized by our student union and student governance association. The topic is very important for all of us and I am very pleased that our students are developing this week of workshops, debates, panel discussions, musical events devoted to our search for and celebration of our common ground as a community.

I recognize that this invitation is coming very late in the process of establishing your schedule and we all can appreciate the difficulties that would be involved in making the necessary arrangements. If it is at all possible for you to come, we would be very pleased to welcome you to the university. Mary Rouse, our Dean of Students, will be able to answer questions about the student conference planning and to make other contacts that may be needed. She can be reached at 608-263-5702.

Sincerely,

A handwritten signature in black ink, appearing to read "David Ward", written over a circular stamp.

David Ward  
Chancellor

enclosure

Office of the Chancellor



WISCONSIN UNION DIRECTORATE  
STUDENT PROGRAMMING BOARD

*Get Off the Porch*

**President**  
Matthew Smith

**Vice-President-  
Program**  
Jennifer Brehl

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Personnel**  
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Debi Breimayer  
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Amy Breunig

**Community  
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Jenny Chen  
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Programming**  
Jennifer Carlson

**Contemporary  
Issues**  
Graeme Zielinski

**Cross Cultures**  
Janet Saiz

**Distinguished  
Lecture  
Series**  
Garry Golden

**Film**  
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John Schommer  
**Lakeside Cinema**  
Laura Weiss  
**Starlight Cinema**  
Amy Beste

**Hoofers**  
Erik Rasmussen

**Memorial Union  
Music &  
Entertainment**  
Chad Lillethun

**Performing Arts**  
Petrina Lin  
**Behind the Beat**  
Matt Rhody

**Public Relations**  
Sonali Singh

**Travel**  
Katherine Goerman

**Union South  
Entertainment**  
Lisa Nett

February 8, 1996

*already  
answered  
2821801*

President William Jefferson Clinton  
The White House  
1600 Pennsylvania Avenue  
Washington, D.C. 20500

Dear Mr. President:

On behalf of the student union and the student government of the University of Wisconsin-Madison, I would like to invite you to our campus in the coming months.

We would be honored by any visit, but are especially eager to have you take part in an April conference devoted to finding common ground.

The "QUESTions Conference," as we are calling it, runs April 15-20. During the week of the conference, students will attend various workshops, lectures, debates, panel discussions and musical events that will help them place their own experiences in context with those of others.

Our mission for the conference coincides with the vision you outlined in your State of the Union Address, namely addressing tough questions of difference in order to forge community.

We hope you will be able to make the trip to Madison, the city that received you so warmly when you twice visited us during your 1992 campaign.

If you wish to respond to this invitation, I can be reached by phone at (608) 263-2458.

Thank you for your time. I look forward to your response.

Respectfully,

Graeme Zielinski  
Wisconsin Union Directorate

PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING

Request-

Attend "QUESTions" a community forum

Name(s)-

David Ward / Graeme Zielinski

Address:

Title- Chancellor / Wisconsin Union Directorate

Organization- University of Wisconsin, Madison

Address- Bascom Hall, 500 Lincoln Drive

City- Madison

State- Wisconsin

Zip- 53706-1380

Start Date of Event: April

End Date of Event:

Event City: Madison

Event State: Wisconsin

Type of Event-

☐ Speech  
☐ Reception/dinner  
☐ BC Visit  
☐ Meeting  
☐ Other

☐ Accept award/patron/degree  
☐ Parade/Festival  
☐ Commencement  
☒ Conference  
☐ General Event

Type of Letter-

Events

☒ Late  
☐ Regret  
☐ splus.reg  
☒ Open

Other:

☐ Run  
☐ Golf  
☐ Sax  
☐ Benefit

Meetings

☐ Late  
☐ Regret (Families coming to D.C.)  
☐ Regret (all others)  
☐ splus.meet  
☐ Open

☐ Late.run  
☐ Late.golf  
☐ Speak

Issues- Education

Initials-

960612

56  
Music Box Opera Company  
Trace Crossings Elementary School  
5454 Learning Lane  
Hoover, Alabama 35244  
(205) 985-2460

March 8, 1996

Dear Friend of the Opera,

We would like to invite you to a very special performance at Trace Crossings Elementary School in Hoover, Alabama. Thirty-nine third graders have written and composed a thirty-minute opera called "Greedy for Gold". We have formed our own company called The Music Box Opera Company. "Greedy for Gold" will be performed on March 19 at 1:30 p.m., March 20 at 9:00 a.m., and March 21 at 9:00 a.m. and 7:00 p.m.

Our school was selected by the Metropolitan Opera Guild, Education at the Met to participate in the Creating Original Opera Program. Hoover City Schools, Blount Foundation, and Auburn University, Montgomery, have all helped make it possible for the Metropolitan Opera Guild to provide this program for teachers and students in the Southeast.

The favor of a reply is requested. We hope you will be able to attend!

Sincerely,

Alicia Herges, Bryanna Bouchillon, Whitney Jernigan,  
Blake Crider

Alicia Herges, Blake Crider, Whitney Jernigan, and Bryanna Balgenorth  
Music Box Opera Public Relations Committee

MAR 2 1 1996

PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING

Request-

POTUS invited to original class play

Name(s)- Alicia Herges, Blake Crider, Whitney Jernigan + Bryanna  
Balgenorth

Address:

Title-

Organization- Music Box Opera Company

Address- Trace Crossings Elementary School  
5454 Learning Lane

City- Hoover

State- Alabama

Zip- 35244

Start Date of Event: 3-19-96

End Date of Event: 3-21-96

Event City: Hoover

Event State: Alabama

Type of Event-

☐ Speech  
☐ Reception/dinner  
☐ BC Visit  
☐ Meeting  
☐ Other play

☐ Accept award/patron/degree  
☐ Parade/Festival  
☐ Commencement  
☐ Conference  
☐ General Event

Type of Letter-

960612

Events

☒ Late  
☐ Regret  
☐ splus.reg  
☐ Open

Other:

☐ Run  
☐ Golf  
☐ Sax  
☐ Benefit

Meetings

☐ Late  
☐ Regret (Families coming to D.C.)  
☐ Regret (all others)  
☐ splus.meet  
☐ Open

Issues- music/student

Initials- RAM

5  
Scheduling

*The Executive Board and Members  
of  
The Doctoral Students Association  
of  
Grambling State University  
Invite you to a  
1996 Carnival Ball*



*Friday, February 16, 1996  
7:00-10:00 P.M.  
The Ruston Civic Center*

*\$10.00/Person  
(includes champagne, food,  
beverages, beads, doubloons,  
souvenirs and door prizes)*

*The Executive Board and Members  
of  
The Doctoral Students Association  
of  
Grambling State University  
Invite you to a  
1996 Carnival Ball*



*Friday, February 16, 1996  
7:00-10:00 P.M.  
The Ruston Civic Center*

*\$10.00/Person  
(includes champagne, food,  
beverages, beads, doubloons,  
souvenirs and door prizes)*



**The Doctoral Students Association**  
**Grambling State University**

P. O. Box 1405  
Grambling, LA 71245  
(318) 274-2238 • Fax (318) 274-3161

Honored Sir / Madame:

The Grambling State University's DOCTORAL STUDENTS ASSOCIATION (D.S.A.) will host the 1996 Carnival Ball on Friday, February 16, 1996 from 7:00-10:00 p.m. We would like to request the honor of your presence in our receiving line as one of our very special honored guests. **All special guests on the receiving line need to be in position inside the South Chautauqua Hall, no later then 6:50 p.m., and, if possible be in formal attire.**

The Carnival Ball will be held again this year at the Ruston Civic Center (Ruston, Louisiana). **Invited receiving line participants include:** a representative from the Governor's Office; the Mayor of Ruston and the Mayor of Grambling (or their representatives); the honorable Senator and Representative from our areas; the President of Grambling State University; the President of Louisiana Tech University; the Chiefs of Police for the cities of Ruston and Grambling, and Grambling University Chief of Police; various Deans and Administrators and officials; Dr. Caillier; Michael Dees or Board of Regents representative; Dr. Trembley, Dr. Luffey, Mr. Davison or Board of Trustees representative; Dr. Crain, Commissioner of Higher Education or representative; Dr. Farmer and Dr. Barham, DSA Advisors; Dr. Harrison; and also representatives from local and regional radio stations, newspapers, and television stations. **If you are able to participate in our receiving line, please notify the Carnival Ball Committee via phone or letter to the address below.** This invitation to you includes a Carnival Ball invitation, so please let us know as soon as possible if you can be in attendance. Unfortunately, because this is an affair to help us raise money, we can not supply invitations for all your guests. Additional invitations may be purchased prior to, or the night of the affair, Friday, February 16, 1996. The Carnival Ball invitations are \$10 per person. **If you are unable to attend, you may send a representative.** Thank you for helping to make our 1996 Carnival Ball a success.

Sincerely,

**Earnestine Bennett-Johnson, President  
and 1996 Carnival Ball Captain**  
215 West Texas Avenue, Number 13  
Ruston, Louisiana 71270  
(318)255-1353

*If you are unable to attend, please send  
a letter we can read to the audience; and if  
possible, we'd like a proclamation.  
Thanks, Earnestine*

# State of Louisiana

Edwin W. Edwards  
Governor

## Proclamation

WHEREAS, the Doctoral Students' Association, (Developmental Education) was established Spring Semester, 1991; and

WHEREAS, the Doctoral Students' Association actively recruits potential graduate students; and

WHEREAS, the Doctoral Student's Association assists with the dissemination of information about the program in the field of Developmental Education; and

WHEREAS, the Doctoral Students' Association serves as a network with other doctoral students nation-wide; and

WHEREAS, the Doctoral Students' Association establishes and maintains a data base of materials germane to the field of Developmental Education; and

WHEREAS, the Doctoral Students' Association fosters professional development among graduate students by sponsoring conferences, symposia, informational sessions and cultural events; and

WHEREAS, the Doctoral Students' Association provides information to graduate students pertinent to employment opportunities.

NOW, THEREFORE, I, EDWIN W. EDWARDS, Governor of the State of Louisiana, do hereby proclaim February 19, 1995, as

### DOCTORAL STUDENTS' ASSOCIATION DAY

in the State of Louisiana.

In Witness Whereof, I have hereunto set  
my hand officially and caused to be affixed the  
Great Seal of the State of Louisiana, at the  
Capitol, in the City of Baton Rouge, on this  
the 10TH day of FEBRUARY  
A.D. 1995

Attest By

The Governor

Joseph E. Kithen  
Secretary of State

Edwin Edwards  
Governor of Louisiana

The program  
included  
Proclamations  
from  
letters  
absent  
signatures/handwritten

President  
1600 Penny Ave. NW  
Wash. D.C.

20012

MAR 21 1996

PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING

Request-

FLOUS+POTUS to attend 1996 Carnival Ball @ Grambling State University  
sponsored by Doctoral Students Association

Name(s)- Earnestine Bennett-Johnson

Address:

Title- President

Organization- Grambling State University's Doctoral Students Association

Address- 215 West Texas Avenue #13

City- Ruston

State- Louisiana

zip- 71270

Start Date of Event: 2-16-96

End Date of Event:

Event City: Ruston

Event State: Louisiana

Type of Event-

☐ Speech  
☒ Reception/dinner  
☐ BC Visit  
☐ Meeting  
☐ Other

☐ Accept award/patron/degree  
☐ Parade/Festival  
☐ Commencement  
☐ Conference  
☐ General Event

Type of Letter-

Events

☒ Late  
☐ Regret  
☐ splus.reg  
☐ Open

Meetings

☐ Late  
☐ Regret (Families coming to D.C.)  
☐ Regret (all others)  
☐ splus.meet  
☐ Open

Other:

☐ Run  
☐ Golf  
☐ Sax  
☐ Benefit

☐ Late.run  
☐ Late.golf  
☐ Speak

Issues- Students/college

Initials- Rall

960612

SCHD.

# Community Care Foundation

"Helping you, help others"

Christopher B. Creal - *Chairperson*  
Glenn A. Culbertson - *Member*

## BOARD OF DIRECTORS

Dr. J. P. Wendell - *Treasurer*  
Julius A. Fino, M.D. - *Member*

Michael T. Bross - *Secretary*  
James W. Martin - *President*

February 7, 1996

President Bill Clinton  
The White House  
Washington, DC 20510

**SUBJECT: CHARITY DINNER AND GOLF TOURNAMENT**  
**Sunday, May 19 and Monday, May 20, 1996**  
**Warren, Pennsylvania**  
**Benefits the Warren General Healthcare Network**

Dear President Clinton:

We want you! Yes, we would like you to join us as our guest for our Celebrity-Charity Dinner and Golf Tournament on Sunday, May 19 and Monday, May 20, 1996, in Warren, PA.

This exciting even benefits the Warren General Healthcare Network, and the only hospital in our rural county.

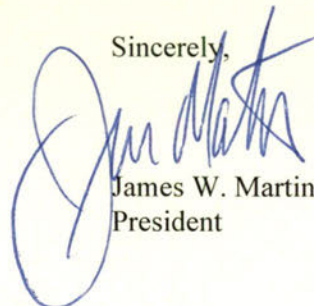
On Sunday, May 19, at the award winning Holiday Inn, in Warren, we host our celebrities (you) to dinner. Last year more than 170 people attended, including most of our celebrities. We also provide complimentary lodging at the Warren Holiday Inn.

On Monday, May 20, at the challenging Conewango Valley Country Club, the day starts with a 8:30 a.m. tasty breakfast, a shotgun start at 10:00 a.m., and ends with (see attached agenda) an awards presentation and buffet dinner at 4:00 p.m. This early finish allows for our guest to return home sooner.

This charity event is our area's premier special event. It benefits the only hospital in our rural county. And, frankly, it's a first class event where you can have a lot of fun while helping others. We would like you to be with us this year to enjoy our Warren area hospitality.

Please call me soon at (814) 723-5224 (D) or (814) 723-2922 (E) with any questions you may have and to confirm your attendance. Thank you.

Sincerely,



James W. Martin  
President

JWM:sm  
cc: Committee

Two Crescent Park, West Warren, PA 16365 • (814) 723-5224 or (814) 723-3300, Ext. 1535 FAX (814) 723-6095

PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING

Request-

Invite POWs to Charity Dinner and Golf Tournament  
to Benefit the Warren General Healthcare Network.

Name(s)-

James W. Martin

Address:

Title-

President

Organization-

Community Care Foundation

Address-

Two Crescent Park

City-

W. Warren

State-

PA

Zip-

16305

Start Date of Event:

5/19/96

End Date of Event:

5/20/96

Event City:

W. Warren

Event State:

PA

Type of Event-

- ☐ Speech
- ☐ Reception/dinner
- ☐ BC Visit
- ☐ Meeting
- ☐ Other

- ☐ Accept award/patron/degree
- ☐ Parade/Festival
- ☐ Commencement
- ☐ Conference
- ☐ General Event

Type of Letter-

Events

- ☒ Late
- ☒ Regret
- ☐ plus.reg
- ☐ Open

Other:

- ☐ Run
- ☒ Golf
- ☐ Sax
- ☐ Benefit

Meetings

- ☐ Late
- ☐ Regret (Families coming to D.C.)
- ☐ Regret (all others)
- ☐ plus.meet
- ☐ Open

- ☐ Late.run
- ☐ Late.golf
- ☐ Speak

Issues-

healthcare

Initials-

960612

# 美國 蔣浩泉 武術學院

## JIANG HAOQUAN MARTIAL ARTS INSTITUTE

Dear President Clinton,

Greetings.

"The happiness of my life-time stemmed from Wu-shu, approaching hundred years;  
The wish of my life-time is to see Wu-shu become part of the Olympics."

-Jiang Hao-Quan, on his eightieth birthday.

These will be my words during the celebration of my eightieth birthday. I became involved with Wu-shu at a very young age when a monk took me under his wings. Since then, Wu-shu became an important part of my life. Sixty years of Wu-shu, my students have spread throughout the world; some are personal body-guards of China's leaders, others are world-renown martial artists, including a doctorate of aeronautic engineering. Although eighty years old today, I still remain active in both teaching and practicing Wu-shu. I dwell within forms of Wu-shu everyday, such as Tai-chi, Shing-yi, Pah-quah, and Chi-gong, as a result, Wu-shu is responsible for my health and happiness today. My present health condition is comparable to those in the forty's and fifty's, and living a hundred years is well within prospect. With Wu-shu I am healthy and self-sufficient, and I intend to promote the declaration of Chinese Wu-shu as an official event in the Olympic games. This is but my only wish, I have contributed all my efforts to realize this goal. Human efforts have limits, thus I seek your influential support to realize this goal, because I do not wish to see this effort wither. I humbly request an autographed portrait of yours respectfully, as a token of your support. Thank you very much for your time and consideration. I have enclosed an invitation to my birthday celebration.

May your health be well, and success in the upcoming election.

Sincerely,  
Jiang Hao-Quan



Honors Doctorate in Engineering research at University of Hawaii, Honolulu  
Professor at An-Wuei University of People's Republic of China  
Chinese National Champion of free-form boxing

**JIANG HAO QUAN**  
**MARTIAL ARTS COLLEGE**  
1490 College View Dr., # 1  
Monterey Park, CA 91754 U.S.A.  
Tel: (213) 266-6514

photo  
and  
now -  
then send  
to Sch.  
185.5

# Clinton Presidential Records

## Foreign Language Marker

This is not a presidential record. This is used as an administrative marker by the William J. Clinton Presidential Library Staff to identify the location of a document written in a foreign language

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### Foreign Language Marker

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**Collection:** Clinton Presidential Records

**Subgroup:** Scheduling Office

**Series:** General Files

**Subseries:**

**Document Title:** re: Jiang Hao Quan Martial Arts

**Language:** Chinese

**Folder Title:** AF 247023 [1]

**OA/ID:** 10656

PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING

Request-

Asking for a photo of the POTUS

Name(s)-

Jiang Hao-Quan

Address:

Title-

Organization- Jiang Hao-Quan Martial Arts Institute

Address-

1490 College View Dr. #1

City-

Monterey Park

State-

CA

Zip-

91754

Start Date of Event:

open

End Date of Event:

Event City:

Event State:

Type of Event-

☐ Speech  
☐ Reception/dinner  
☐ BC Visit  
☐ Meeting  
☐ Other

☐ Accept award/patron/degree  
☐ Parade/Festival  
☐ Commencement  
☐ Conference  
☐ General Event

Type of Letter-

Events

☒ Late  
☐ Regret  
☐ splus.reg  
☐ Open

Meetings

☐ Late  
☐ Regret (Families coming to D.C.)  
☐ Regret (all others)  
☐ splus.meet  
☐ Open

Other:

☐ Run  
☐ Golf  
☐ Sax  
☐ Benefit

☐ Late.run  
☐ Late.golf  
☐ Speak

Issues-

photo

Initials-

D.L.

960612

an  
Scheduling



## NAVAL WEATHER SERVICE ASSOCIATION

22 January, 1996

President Bill Clinton  
The White House  
1600 Pennsylvania Avenue, NW  
Washington, DC 20500

Mr. President:

Our Potomac Chapter is planning for NWSA's 22nd Annual Reunion to be held at the Holiday Inn Inner Harbor in Baltimore, Maryland during the period 15-18 May, 1996.

We would welcome a few words from you that we can add to our Reunion Program Book. This has become traditional for the Naval Weather Service Association.

Enclosed is background information on our association and an outline of the upcoming reunion, along with a SASE to help route your letter to our reunion committee.

We send our best wishes to you and your wife for 1996.

Yours sincerely,

Robert Agness, President  
5895 East Mulberry Drive  
Camarillo, CA 93010

encls

# NAVAL WEATHER SERVICE ASSOCIATION

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## WHAT IS NWSA?

If you are one who is unfamiliar with NWSA, let us introduce you.

In 1975 in Lakehurst our first reunion convened--tho there are those who maintain that the initiative came originally from the senior petty officers who originated the idea at Norfolk in 1974. We've held annual reunions all over the U.S.A., but our 'home port' is Pensacola, since that's where Aerology got its start shortly after WWI ended.

NWSA now has over eight hundred dues-paying members, of which 216 or more are Life Members. Annual dues are only seven dollars and there is an initial \$7.00 Registration Fee for non-active-duty people. Our membership is composed of active and retired Aerographers Mates, Aerologists, Meteorologists, Oceanographers, and civilians with background or interests in our field. While the majority of our members are Navy, we have members from all branches of the service. We maintain regional chapters of NWSA that are scattered around the U.S.A.

## WHY AN NWSA?

Our goal is to perpetuate the friendships and relationships between people who have enjoyed working in NAVY weather and oceanography. To accomplish this, we maintain the BELLINGER LIST of addresses--named for Lloyd B. who started it in the 1960s--almost 3,000 names and growing--updated annually and redistributed to NWSA members during November. This is all accomplished with volunteer labor!

Members also receive THE AEROGRAPH newsletter quarterly (normally FEB, MAY, JUL, & NOV). Here we find chapter news and other pertinent people chatter. Admittedly, it's difficult to keep up with people who seem to be continuously moving!

For several years NWSA worked toward an Aerology Exhibit in the superb National Museum of Naval Aviation located on Naval Air Station, Pensacola. And yes, there is a Scholarship Program with annual awards from donated funds. NWSA is non-profit, per I.R.S. definition. All these efforts are coordinated with the Commander, Naval Meteorology and Oceanography Command, and are treated as valuable adjuncts to command objectives worldwide. We think that is important.

## ANNUAL REUNIONS!

These events bring into focus all of the above--that's the name of our game. If you've never attended one, then you've missed an outstanding opportunity to meet, greet and visit with your old shipmates and friends from the "olde days of Naval Aerology" . . . plus those members of present day Meteorology and Oceanography Command where the 'weather guessin' still goes on but now includes some of the highest technologically sophisticated work.

COME ON AND JOIN A GREAT GROUP!

**SCHEDULE OF EVENTS**  
**NWSA "NAVY BLUE 22"**  
(Subject to Minor Changes)



**TUESDAY, MAY 14TH**

1600- REGISTRATION BEGINS IN LOBBY

**WEDNESDAY, MAY 15TH**

0800-1700 HOSPITALITY ROOM OPEN, REGISTRATION CONTINUES IN LOBBY

0830-1630 WASHINGTON DC TOUR (VIETNAM VETERANS MEMORIAL, KOREAN WAR VETERANS MEMORIAL, NAVY VETERANS MEMORIAL AND OTHER SITES OF INTEREST). BUS LEAVES FROM FRONT OF HOLIDAY INN.

1800-2000 COCKTAIL PARTY - NO HOST BAR, FINGER FOOD

2000-2400 HOSPITALITY ROOM OPEN

**THURSDAY, MAY 16TH**

0700-2400 HOSPITALITY ROOM OPEN - REGISTRATION CONTINUES

0700-1300 TIME FOR SPOUSES TO SHOP AND SEE THE SIGHTS. (BALTIMORE TROLLEY LEAVES FROM FRONT OF HOTEL EVERY 30 MIN. STARTING AT 1000. TICKETS AVAIL AT HOLIDAY INN GIFT SHOP).

0800-0900 EXECUTIVE BOARD MEETING

1000-1230 FIRST GENERAL MEMBERSHIP MEETING, NOMINATING COMMITTEE APPOINTED

1300-1600 TEXAS STYLE BARBEQUE AT HOLIDAY INN

1600-1630 AUDIT COMMITTEE MEETING

1600-2400 HOSPITALITY ROOM OPEN

**FRIDAY, MAY 17TH**

0700-1800 HOSPITALITY ROOM OPEN, REGISTRATION CONTINUES

0700-1200 GOLF TOURNAMENT - FORT G.G. MEADE, MD

0700-1800 TIME TO VISIT THE INNER HARBOR, NATIONAL AQUARIUM, SCIENCE CENTER, TAKE THE BALTIMORE TROLLEY TOUR, ETC.

1830-2200 DINNER CRUISE ON INNER HARBOR/CHESAPEAKE BAY

**SATURDAY, MAY 18TH**

0700-1730 HOSPITALITY ROOM OPEN, REGISTRATION FOR LATE COMERS

0900-1000 CNMOC BRIEFING/SEMINAR

1000-1130 SECOND GENERAL MEMBERSHIP MEETING

1400-1500 NEW EXECUTIVE BOARD MEETS

1800-1900 COCKTAIL PARTY - NO HOST BAR

1900-2400 22ND ANNUAL BANQUET AND DANCING AT HOLIDAY INN

**SUNDAY, MAY 19TH**

0700-1100 HOSPITALITY ROOM OPEN. THANKS FOR COMING AND HAVE A SAFE TRIP HOME.

# PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING

Request-

Request POTUS send the Traditional message to the  
N.W.S.A. Reunion Program Book.

Name(s) -

Robert Agness

Address:

Title-

President

Organization-

Naval Weather Service Association

Address-

5895 East Mulberry Drive

City-

Camarillo

State-

CA

Zip-

93010

Start Date of Event:

May 15-18

End Date of Event:

May 15-18

Event City:

Event State:

Type of Event-

☐ Speech  
☐ Reception/dinner  
☐ BC Visit  
☐ Meeting  
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Other:

☐ Run  
☐ Golf  
☐ Sax  
☐ Benefit

☐ Late.run  
☐ Late.golf  
☐ Speak

Issues-

Initials-

960612

SCREEN COPY FOR USER GLORIAN PRINTED ON 13:19:14 Apr 01 1996

.....Constituent.Summary.View.....

Record: 3472010.A

Revised: 01 Apr 96

Entered: 26 Feb 96

Mr. Eric Malone

.Contact.Aide.Type..Code.....Status

Dear Eric

1350 Foot of Ten Road  
Duncansville, PA 18635

No business address

No additional information

.History.Aide.DateIn/Out..Letter/Subject.....  
2735302 dia 26 Feb 96 /typ/slr/2.malone.e  
28 Feb 96

No affiliations

Group:

David McCullough  
Writer Truman Scholar

.Corresp#:..2735302.....Correspondence.History.....Contact#:.....

|                                 |                                              |
|---------------------------------|----------------------------------------------|
| Aide.: dia                      | Env...: label                                |
| Batch:                          | Open.:                                       |
| List.:                          | Text.: /typ/slr/2.malone.e                   |
| File#:                          | :                                            |
| Disp.: D                        | Count: 1                                     |
| .Subjects.....Pos               | Close:                                       |
|                                 | Etc...:                                      |
|                                 | :                                            |
|                                 | :                                            |
| .Enclosures.....Descriptions... | .In.Date LetterDate LoadDate Hom/Bus Lab/Env |
|                                 | 02/26/96 02/28/96 02/28/96 H L               |
|                                 | .....Comments.....                           |
|                                 | BC SIG. -- PA trip thank you                 |
| .Status.....Date.....User....   |                                              |
| APP                             | 02/26/96 DIANEI                              |
| ENTERED                         | 02/26/96 dia                                 |
|                                 | .....Using.Information.....                  |

(see 273 5302) SAT March 9 1996

Dear President Clinton:

It was such an honor for me to meet you and participate with you on the Roundtable Discussion At Wilkes-Barre, PA, Friday Feb. 16, 1996, concerning the 1996 PA Flood. My rescues with several flood victims were just something I was naturally compelled to do. Thank you for recognizing me!

My offer to you & your family is open in regards to hosting a wonderful day in the

sunshine with personal watercrafts to ride.  
My family has a nice big houseboat to  
acomodate a get together on Lake  
Raystown Lake, Entriken PA near  
Huntingdon PA. We could motor in the  
houseboat to A private cove where  
you could relax privately and enjoy the  
mountains and clean fresh water. This is  
very close to where the Honorable Jimmy Carter  
comes to Trout Fish every spring. I would be  
so honored for you, Mrs Clinton, Chebey: A friend  
to experience an afternoon of safe family  
fun.

Respectfully, Eric

814 696 1018 (H)

Eric Malone

APR - 2 1996

PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING

Request-

- Want to take B.C. out to his lake.

Name(s)-

Eric E Malone

Address:

Title-

Duncans

Organization-

Address-

1350 Foot of Ten

City-

Duncansville

State-

PA

Zip-

16835

Start Date of Event:

2/16/96

End Date of Event:

Event City:

Event State:

Type of Event-

- ☐ Speech
- ☐ Reception/dinner
- ☐ BC Visit
- ☐ Meeting
- ☐ Other

- ☐ Accept award/patron/degree
- ☐ Parade/Festival
- ☐ Commencement
- ☐ Conference
- ☒ General Event

Type of Letter-

960612

Events

- ☒ Late
- ☐ Regret
- ☐ splus.reg
- ☒ Open

Other:

- ☐ Run
- ☐ Golf
- ☐ Sax
- ☐ Benefit

Issues-

Meetings

- ☐ Late
- ☐ Regret (Families coming to D.C.)
- ☐ Regret (all others)
- ☐ splus.meet
- ☐ Open

- ☐ Late.run
- ☐ Late.golf
- ☐ Speak

Initials-

E-M

PG  
Scheduling

From nobody@Whitehouse.GOV Wed Feb 21 22:15:39 1996  
Received: (from uucp@localhost) by WhiteHouse (8.7.1/uucp-relay) id WAA25183  
for <President@WhiteHouse.GOV>; Wed, 21 Feb 1996 22:15:39 -0500 (EST)  
Received: from storm.eop.gov/198.137.241.51 via smap  
Received: from DIRECTORY-DAEMON by STORM.EOP.GOV (PMDf V5.0-6 #6879)  
id <01I1HOM5GJKG000KFT@STORM.EOP.GOV> for President@WhiteHouse.GOV; Wed,  
21 Feb 1996 22:14:56 -0700 (MST)  
Received: from www1.whitehouse.gov ("port 29000"@www1.whitehouse.gov)  
by STORM.EOP.GOV (PMDf V5.0-6 #6879) id <01I1HOM4SFIA00000S@STORM.EOP.GOV> for  
PRESIDENT@Whitehouse.GOV; Wed, 21 Feb 1996 22:14:55 -0700 (MST)  
Received: by www1.whitehouse.gov (950911.SGI.8.6.12.PATCH825/940406.SGI.AUTO)  
for PRESIDENT@whitehouse.gov id WAA25919; Wed, 21 Feb 1996 22:14:01 -0500  
Date: Wed, 21 Feb 1996 22:14:01 -0500  
From: liquidtv@ix.netcom.com  
Subject: Inbound-White House WWW MAIL => PRESIDENT  
Apparently-to: PRESIDENT@Whitehouse.GOV  
To: PRESIDENT@Whitehouse.GOV  
Reply-to: liquidtv@ix.netcom.com  
Message-id: <199602220314.WAA25919@www1.whitehouse.gov>  
MIME-version: 1.0  
Content-type: TEXT/PLAIN; CHARSET=US-ASCII  
Content-transfer-encoding: 7BIT  
Keywords: WWW-Correspondence; PRESIDENT; Extend invitation to visit or speak;  
Science or Technology; Professional  
Comments: Forwarded from White House WWW.

Remote host: lax-ca19-24.ix.netcom.com  
Remote IP address: 204.31.253.56  
Server protocol: HTTP/1.0

[Sender information]

PERSONAL-NAME: Jeff Messenger  
EMAIL-ADDRESS: liquidtv@ix.netcom.com  
ORGANIZATION: The Jason Project  
RELATIONSHIP: Producer / Director  
STREET-ADDRESS: P.O. Box 9060  
CITY: Marina del Rey  
STATE-PROVINCE: CA  
ZIPCODE: 90295  
COUNTRY: USA

[Message information]

RECIPIENT: PRESIDENT  
PURPOSE: Extend invitation to visit or speak  
TOPIC: Science or Technology  
AFFILIATION: Professional  
SUBJECT: Check out an excellent use of Broadcast Television

[Message content follows]

Dear President Clinton:

I am a producer / director for the Jason Project with Dr. Bob Ballard. If you, or the Vice President, get a chance please check out our live interactive broadcast starting April 15th through April 25th. It's all educational and we will be broadcasting live from the Aquarius undersea habitat and from the Navy's NR-1 nuclear sub. The downlink site near you is National Geographic Society Grosvenor Auditorium 1145 7th St. NW Washington DC 20036. 202-775-6145. I think you will like what you see.

Regards,

Jeff Messenger

MAR 29 1996

PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING

Request-

Potus a invitation to speak

Name(s)-

Teff Messenger

Address:

Title- Producer/Director

Organization- The Jason Project

Address- P.O Box 9066

City- Marina Del Rey

State- CA

Zip- 90295

Start Date of Event: 4/21/96 Open

End Date of Event: Open

Event City: Marina Del Rey

Event State: CA

Type of Event-

- ☒ Speech  
☐ Reception/dinner  
☐ BC Visit  
☐ Meeting  
☐ Other

- ☐ Accept award/patron/degree  
☐ Parade/Festival  
☐ Commencement  
☐ Conference  
☐ General Event

Type of Letter-

Events

- ☒ Late  
☒ Regret  
☐ plus.reg  
☒ Open

Other:

- ☐ Run  
☐ Golf  
☐ Sax  
☐ Benefit

Issues-

Meetings

- ☐ Late  
☐ Regret (Families coming to D.C.)  
☐ Regret (all others)  
☐ plus.meet  
☐ Open

- ☐ Late.run  
☐ Late.golf  
☐ Speak

Initials-

GZ

960612

March 11, 1996

Dear President Clinton,

My name is J. Grantham. I am 12 years old and in the 6th grade at Lamar Middle School. My class will be coming to Washington on April 27th to visit many historic places. We will be there for a week.

I have been awarded the Presidential Physical Fitness Award 4 times since the 1st grade and I hope to get it again this year. The track coach honored me this year by asking me to run Varsity track. I run distance and I am the only 6th grader running. Our state track meet is the Saturday after we return from Washington and I need to continue to train while we are away. Since I have never been to Washington, I don't know where I can do that. I know you are a runner and it would be an honor and a privilege if there is any way I could run with you while I am there. My track is very important to me and it is something I do well. I know you get many requests like this and are very busy so I will understand if it is not possible but I wanted to ask. Also, I don't want to be selfish, so if it is possible I would like my other classmates to meet you. I am sending you a copy of our schedule.

Thank you,

J. Grantham

J. Grantham  
5814-19th Ave.  
Meridian, MS 39305  
601-693-4784

## **Washington Itinerary**

### **Saturday**

Leave Lamar at 6:00 p.m.  
Stop in Birmingham for supper

### **Sunday**

**Breakfast** in Roanoke.....7:30 a.m.  
Tour Natural Bridge.....9:00 a.m.  
Tour Monticello .....12:00 p.m.  
Lunch in Charlottesville..... 3:00 p.m.  
Comfort Inn, Alexandria, VA.....6:00 p.m.

### **Monday**

Thomas Jefferson Memorial  
Abraham Lincoln Memorial  
Vietnam Wall Memorial  
Bureau of Engraving and Printing  
Holocaust Museum  
Lunch - Roy Rogers  
Arlington Cemetery  
Marine Corps Memorial  
Embassy Row  
National Cathedral  
Georgetown  
Smithsonian--American History Museum  
Supper --Old Post Office

### **Tuesday**

FBI  
Ford's Theater  
Peterson House  
Capitol  
Lunch - Library of Congress - Madison  
Library of Congress- Jefferson  
Navy Yard/Naval Museum/Battleship  
Smithsonian - Natural History Museum  
Supper - Old Post Office  
Washington Monument

**Wednesday**

National Zoo

National Archives

National Art Museum

Lunch - Smithsonian - Air And Space Museum

"To Fly" - Air and Space Museum Theater

Supper - Old Post Office

Ford's Theater - "The Fantastics"

**Thursday**

Mount Vernon.....9:30

Lunch - Roy Rogers - Springville

Luray Caverns.....3:00

Supper - Christenberg....7:00 Cracker Barrel

**Friday**

Meridian.....6:30 a.m.

PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING

Request-

12 year old would like to run with Patus while  
he is visiting Washington

Name(s)- J. Grantham

Address:

Title-

Organization-

Address- 5814-19th Ave.

City- Menden State- MS

Zip- 39305

Start Date of Event: 4/27/96 End Date of Event: 4/2/96

Event City: WashDC Event State:

Type of Event-

|                                           |                                                     |
|-------------------------------------------|-----------------------------------------------------|
| <input type="checkbox"/> Speech           | <input type="checkbox"/> Accept award/patron/degree |
| <input type="checkbox"/> Reception/dinner | <input type="checkbox"/> Parade/Festival            |
| <input type="checkbox"/> BC Visit         | <input type="checkbox"/> Commencement               |
| <input type="checkbox"/> Meeting          | <input type="checkbox"/> Conference                 |
| <input type="checkbox"/> Other            | <input type="checkbox"/> General Event              |

Type of Letter-

Events

☒ Late  
☐ Regret  
☐ splus.reg  
☒ Open

Other:

☒ Run  
☐ Golf  
☐ Sax  
☐ Benefit

Issues-

Meetings

☐ Late  
☐ Regret (Families coming to D.C.)  
☐ Regret (all others)  
☐ splus.meet  
☐ Open

☐ Late.run  
☐ Late.golf  
☐ Speak

Initials- TML

960612

SCHOD

# NJ CENTER FOR THE HEALING ARTS, INC.

---

President & Mrs. William Clinton  
The White House  
1600 Pennsylvania Avenue  
Washington, DC 20049

March 6, 1996

MAR 21 1996

Dear President & Mrs. Clinton,

We don't usually contact national celebrities to ask them to get involved in our events in the little town of Red Bank, NJ. This is an *extraordinary* event, however, and we are writing to you, not as a celebrity, but as a human being whose celebrity status has made your humanitarian efforts known. On May 18th, we will open our exhibit **by, for and about people "Touched by AIDS."**

The purpose of this sensitive presentation is to educate, awaken and enlighten. Since most of us are "touched by AIDS," personally and globally, hardly anyone is removed from its devastating impact. AIDS affects even those who choose not to look an AIDS victim in the eyes, or touch the hand of someone who is HIV positive. Actually, it affects the fearful the most, for, to them, AIDS is a faceless and formless predator. We must look at this predator if we are to defend ourselves against it. It is for this reason that the NJ Center for the Healing Arts presents **"Touched by AIDS."**

Art gives us the chance to see, hear and touch that which is often invisible, silent and untouchable. It provides a gentle mirror in which we can see ourselves, as well as one another. It creates space for individual interpretation so that viewers become artists in each work of art, for each person sees art in a different way. Thus, the message is ever changing, evolving and very personal.

Our healing team at the NJ Center for the Healing Arts gave careful consideration to the sensitive nature of this exhibit. As we prepare to expand our services to people with AIDS and those who are HIV-positive, we wanted to share what we are learning: *We will never eradicate AIDS as long as we allow it to stay in the shadows of our lives.* It is only in the light that something so powerful can be understood. We cannot pretend it will not touch our lives — personally and globally. We cannot avoid all those whose lives it has touched, for that would mean our worlds would become very small.

Therefore, this exhibit is presented in an effort to open up hearts and minds to the reality that we are all, in some way, "touched by AIDS." If we can accept this, if we realize it is not "them" against "us," we will join together both passionately and compassionately to heal the world of AIDS.

We hope you will join us at the NJ Center for the Healing Arts by letting yourself be **"Touched by AIDS"** during our month-long exhibit. Please support us in any way you can.

Sincerely,

*Carol L. Veizer*

Carol L. Veizer  
Executive Director

PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING

Request-

Attend exhibit on AIDS

Name(s)-

Carol L. Weinger

Address:

Title-

Executive Director

Organization-

New Jersey Center for the Healing Arts, Inc.

Address-

10-16 Spring Street

City-

Red Bank

State-

New Jersey

Zip-

07701

Start Date of Event:

May 18, 96

End Date of Event:

Event City:

Red Bank

Event State:

New Jersey

Type of Event-

- ☐ Speech
- ☐ Reception/dinner
- ☐ BC Visit
- ☐ Meeting
- ☐ Other

- ☐ Accept award/patron/degree
- ☐ Parade/Festival
- ☐ Commencement
- ☐ Conference
- ☒ General Event

Type of Letter-

Events

- ☒ Late
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- ☐ Run
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Meetings

- ☐ Late
- ☐ Regret (Families coming to D.C.)
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- ☐ splus.meet
- ☐ Open

- ☐ Late.run
- ☐ Late.golf
- ☐ Speak

Issues-

AIDS

Initials-

JC

960612

6  
SCHED

The RCC Psychology Club's First Annual  
**P S Y C H - W A L K**

Wheelock Stadium  
4800 Magnolia Avenue  
Riverside, California 92506

March 10, 1996

MAR 21 1996

The President and the First Lady of the United States of America  
The White House  
Washington D.C. 20500

Dear Hillary and Bill and Staff Assistants:

MAR 21 1996

We at the Riverside Community College Psychology Club would like to invite you to prepare for and attend the **First Annual Psych-Walk**. This walk is to be held Saturday morning **April 27, 1996** at the Riverside Campus of RCC. Over 100 organizations have been invited to attend.

The **Psych-Walk** will provide for three goals:

1. It will give an improved Sense of Community for consumers, since members of the community will be walking in harmony as well.
2. The walk, according to Riverside County Psychiatrist Dr. Charles Cole, will allow consumers the opportunity to develop goal-orientated Physical Fitness which has been shown to improve many medical conditions along with traditional treatments.
3. It will provide for increased Community Awareness and social interaction.

Dr. Rosick is from Loma Linda University and works as a part-time physician for RCC's Health Services and Wellness Center. He approved the material we are including for local facilities, clinics, and for you and your office staff. This information is strongly recommended for use by both the psychiatric staff and consumers in preparation for our event or in conjunction with existing treatment programs.

We are asking a fee at admission for this walk to help pay our expenses. The following chart lists prices. Those registered in groups are not required to walk together but are just given a group rate upon entrance. Please provide in early April by mail a rough estimate of how many are expected to attend.

Number of persons  
Registered to Walk

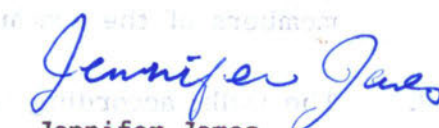
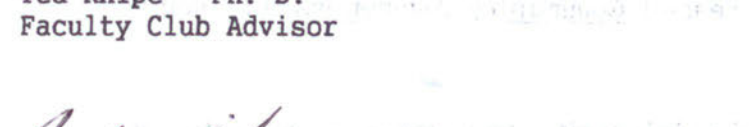
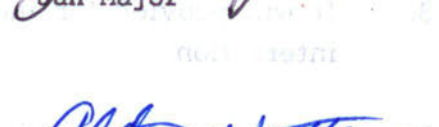
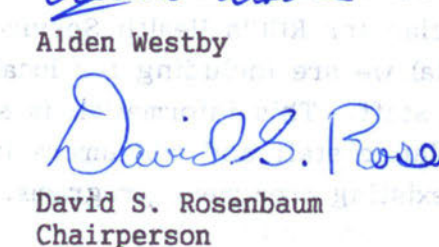
Price  
Per Person

|                      |        |
|----------------------|--------|
| 1, 2, or 3 . . . . . | \$1.50 |
| 4 to 6 . . . . .     | \$1.35 |
| 7 to 9 . . . . .     | \$1.20 |
| 10 or more . . . . . | \$1.00 |

This walk will be non-competitive and the goal for most will be to just complete the course, socialize and gain personal accomplishment. Upon crossing the finish line, there will be free souvenirs and bottled water.

Registration will begin at 9:15 a.m. at the Wheelock Gym entrance to the RCC stadium. Course maps and additional information will be available at that time. We, RCC students and members of the RCC Psychology Club, would encourage you to begin organized preparations now for this community 5K walk (3 miles) to be on this Spring April Saturday. Family members and friends are welcome to participate. We hope to see you there!

Sincerely Yours,

|                                                                                                                                 |                                                                                                                           |
|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| <br>Rita Baker                                | <br>Kim Booty                          |
| <br>Art Escamilla                            | <br>Jennifer James                    |
| <br>Ted Knipe Ph. D.<br>Faculty Club Advisor | <br>Jan Major                         |
| <br>Carlos Milano                            | <br>Alden Westby                      |
| <br>Cireena Scheffeld<br>ASRCC Senator       | <br>David S. Rosenbaum<br>Chairperson |

[The regular members of the RCC Psychology Club]

RIVERSIDE COMMUNITY COLLEGE  
WALKING FOR FITNESS

THE FOUR COMPONENTS OF FITNESS

- 1) flexibility
- 2) muscular strength
- 3) muscular endurance
- 4) cardiovascular endurance

Flexibility is the range of motion about a joint. Structural limitations to flexibility are bone, muscle, ligaments, tendons and skin. Flexibility is significant not only in performance enhancement of certain skills and activities, but in it's prescription for the prevention and rehabilitation of muscular injuries and soreness.

The best exercises to improve flexibility are stretching exercises, which should be performed passively or statically. Static stretching involves stretching without bouncing or forcing a stretched muscle. One should assume a mild stretched position -- that is, stretch just before the point of pain, not past it -- and hold that position for a minimum of 30 seconds. At the same time focusing on relaxation of the specific muscle group being stretched and relaxed breathing. The idea is that the longer you hold the stretch, the further you can move into it, and therefore the more you can get out of the stretch. Stretching for improved flexibility is most effective after a workout when the muscles are warm and supple, and therefore more willing and able to stretch.

Muscular strength is the force a muscle group can exert against a resistance in one maximal effort. Strength is developed using progressive resistance in the "overload zone" (that is, against workloads that are over and above those offered by our own normal body weight -- those normally encountered). Sufficient muscular strength gains occur when executing 1-3 sets of between 6-10 repetitions maximum.

Muscular endurance is the ability of a muscle group to exert a force or to maintain a degree of force over a period of time. Muscular endurance is best developed through programs of low resistance, high repetitions -- that is, 2-3 sets of greater than 15 repetitions.

Both muscular strength and endurance are anaerobic workouts recommended for improved performance in specific sports skills and activities, proper body posture and control, and from an injury prevention standpoint.

Cardiovascular endurance is the maximum ability to take in, transport, and utilize oxygen. Aerobic activities utilizing large major muscle groups -- the more the merrier -- are optimal to improve cardiovascular endurance. Aerobic exercise utilizes oxygen to perform it's work. Aerobic exercise should be done continuously for a duration of 20-40 minutes, at an intensity level of 60-80% of your maximal HR, at a frequency of 3-5 days per week, minimum (ideally). The benefits of aerobic exercise are numerous:

- + heart muscle strengthens
- + decrease in resting heartrate (HR) and relative exercise HR
- + main heart chamber enlarges to allow more blood pumped per beat
- + increase in blood volume
- + increase in lung volume
- + decrease in percent body fat
- + improved digestion
- + increase in collateral circulation(branching blood vessels off of the main blood vessels)
- + improved emotional well-being, self-confidence, self-esteem, self-image
- + reduces stress
- + improves quality of sleep
- + creates higher energy levels

Utilizing all 4 of the components of fitness make for a complete exercise program, allowing the body to improve in many areas, with each improvement assisting the other areas.

## MEDICINE

### *Exercise harder to live longer*

According to a report in a recent issue of the Journal of the American Medical Association (JAMA), a continuing study of 17,300 Harvard alumni suggests that increased longevity is correlated with the intensity of your exercise program.

The study found a significant increase in life expectancy among males who regularly engaged in vigorous exercise, but not among those whose activities were considered more moderate or nonvigorous.

One of the co-authors of the study, Dr. Ralph Paffenbarger of Stanford University, said that those who engage in moderate activity such as bowling, walking the dog and yard work should not interpret the study to mean that lighter exertion does not have benefits. Even small amounts of light physical activity have positive results including mood elevation, reducing the risk of heart disease and keeping bones and muscle in good health. Moderate exercise extends life to a certain

extent, he said.

"A little exercise is better than none, but more is better than a little," Paffenbarger said.

According to JAMA, moderate exercise is defined as "activities that increase oxygen consumption to three to six times the level burned by the body at rest." Vigorous exercise is defined as "activities that raise oxygen consumption to more than six times the level burned by the body at rest."

To ensure a vigorous level of exercise, researchers recommend that adults burn an additional 1,500 calories per week.

The Centers of Disease Control (CDC) and the American College of Sports Medicine recently issued a recommendation that adults do 30 minutes or more of moderate-intensity physical exercise on most days and preferably every day. The CDC recommends that the exercise be sustained and continuous so that the heart rate is at 70 to 90 percent of your maximum heart rate.

# STARTING A WALKING PROGRAM

## SHOE SELECTION

Select a shoe with the following features:

- thick, firm, flexible sole
- lacing and breathable upper material
- firm heel counter with good arch support
- large toe box with padding on the top

## DRESSING FOR WALKING

### Warm Weather

- loose-fitting, cotton fabric
- light, ventilated hat for sun protection

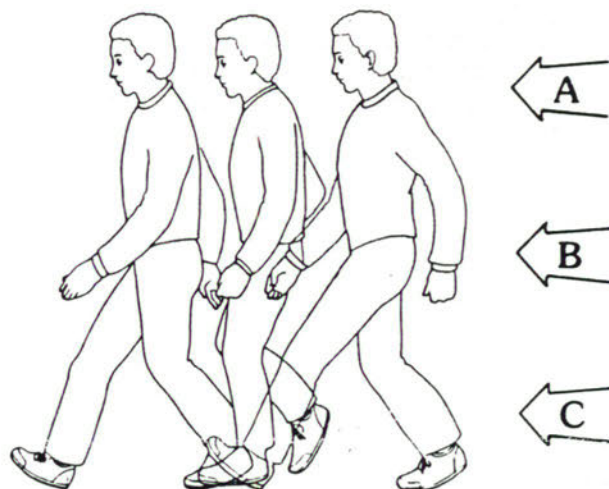
### Cold Weather

- wool hat and gloves
- several layers of light clothing - can be removed a layer at a time as you become warm

### Wet Weather

- **KEEP WALKING!**
- breathable waterproof garments
- best not to use umbrella - interferes with arm movement

## WALKING TECHNIQUE



- A. Stay upright with shoulders relaxed.
- B. Let arms swing naturally at sides.
- C. Use smooth motion, rolling from heel to toe.

## WALKING FOR FITNESS

- Time **not** distance is important.
- Walk at least 3 times a week, 5-7 if possible.
- Achieve your target heart rate (see below)

- For aerobic fitness, maintain target heart rate for the entire walk.
- When beginning walk at least 10 minutes.
- Gradually increase your walking time to 40-60 minutes.

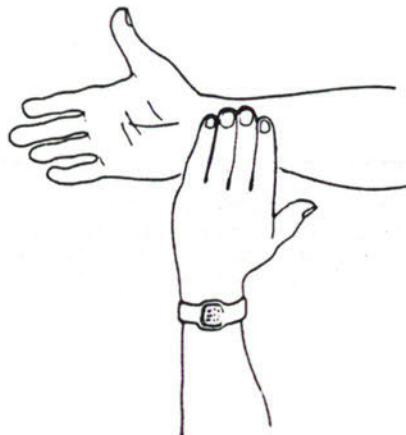
### BEGINNERS PROGRAM

| Week       | 1  | 2   | 3  | 4   | 5  | 6   | 7  | 8   | 9  | 10  | 11 | 12  |
|------------|----|-----|----|-----|----|-----|----|-----|----|-----|----|-----|
| Minutes    | 10 | 15  | 20 | 25  | 30 | 30  | 35 | 35  | 40 | 40  | 45 | 45  |
| # of times | 3  | 4-5 | 3  | 4-5 | 3  | 4-5 | 3  | 4-5 | 3  | 4-5 | 3  | 4-5 |

\* After 12 weeks walk 30-45 minutes 3-5 times per week.

## TARGET HEART RATE

With fingertips on wrist, check pulse for 10 seconds only. The heart will slow after 10 seconds. Walk briskly enough to achieve your target heart rate. After you reach your target rate, check pulse periodically to ensure you maintain your target heart rate for the entire walk.

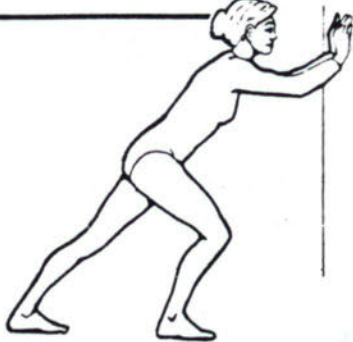


Use the charts on the right to find your correct **TARGET HEART RATE**.

### Target Heart Rate

#### Ranges by Age

| Age | Beats Per Min. | Beats/<br>10 sec. | = | Beats/<br>min. |
|-----|----------------|-------------------|---|----------------|
|     |                | 15                |   | 90             |
|     |                | 16                |   | 96             |
| 20  | 140 to 170     | 17                |   | 102            |
| 25  | 137 to 166     | 18                |   | 108            |
| 30  | 133 to 162     | 19                |   | 114            |
| 35  | 130 to 157     | 20                |   | 120            |
| 40  | 126 to 153     | 21                |   | 126            |
| 45  | 123 to 149     | 22                |   | 132            |
| 50  | 119 to 145     | 23                |   | 138            |
| 55  | 116 to 140     | 24                |   | 144            |
| 60  | 112 to 136     | 25                |   | 150            |
| 65  | 109 to 132     | 26                |   | 156            |
| 70  | 105 to 128     | 27                |   | 162            |
|     |                | 28                |   | 168            |
|     |                | 29                |   | 174            |



With back foot flat and head up, slowly lower body toward wall until stretch is felt, hold.

(Lower leg)



Using a chair for balance, gently pull leg until stretch is felt and hold.

(Quadriceps)

## STRETCHING EXERCISES

(Do after each walk.)

- Hold positions for 30 to 60 seconds.

- Achieve the stretch position gently, **no bouncing or jerking!**

- The stretch position should have a tight feeling, **never pain!**

- Do all exercises to both sides of body.



Using a belt or towel, pull gently until stretch is felt and hold.

(Hamstrings)



Pull knee to chest and raise the head to the knee. When stretch is felt, hold.

(Back)

## COMFORT AND SAFETY TIPS

- Check with your doctor before beginning this or any other exercise program.
- Walk with a friend for pleasure and safety.
- If walking alone, tell someone your route and expected time of return.
- Walk during the day or on well-lighted streets.
- Wear reflective clothing if walking at night.
- Always walk facing the traffic.
- Vary your route from day to day.
- Record your walking time each day on chart below.

### WALKING TIME LOG

Minutes

Heart Rate

| WEEK | Sun. | Mon. | Tue. | Wed. | Thur. | Fri. | Sat. |
|------|------|------|------|------|-------|------|------|
| 1    |      |      |      |      |       |      |      |
| 2    |      |      |      |      |       |      |      |
| 3    |      |      |      |      |       |      |      |
| 4    |      |      |      |      |       |      |      |
| 5    |      |      |      |      |       |      |      |
| 6    |      |      |      |      |       |      |      |
| 7    |      |      |      |      |       |      |      |
| 8    |      |      |      |      |       |      |      |
| 9    |      |      |      |      |       |      |      |
| 10   |      |      |      |      |       |      |      |
| 11   |      |      |      |      |       |      |      |
| 12   |      |      |      |      |       |      |      |

### RECOMMENDATIONS:

For individual use in preparation for  
**The First Annual  
P S Y C H - W A L K !**

Hosted by

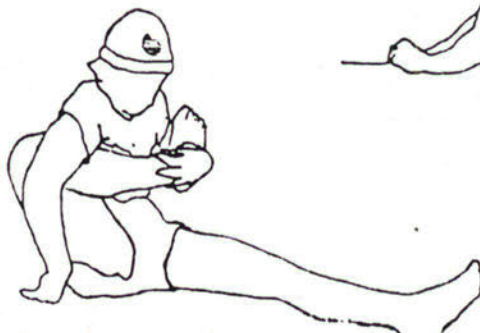
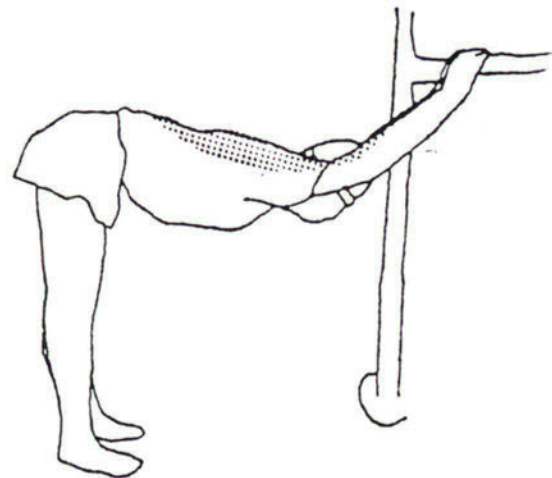
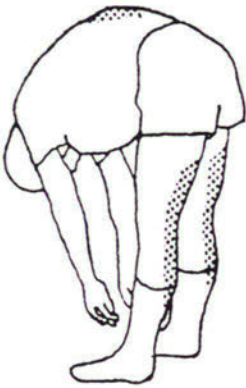
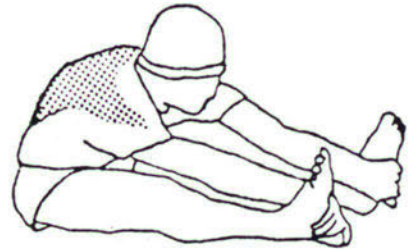
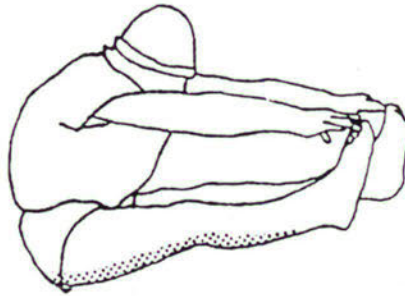
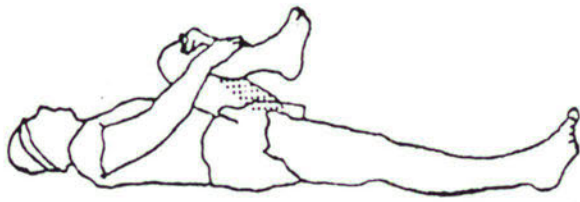
**The ASRCC Psychology Club**

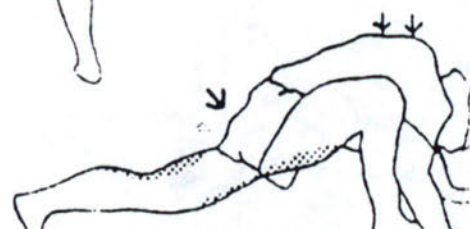
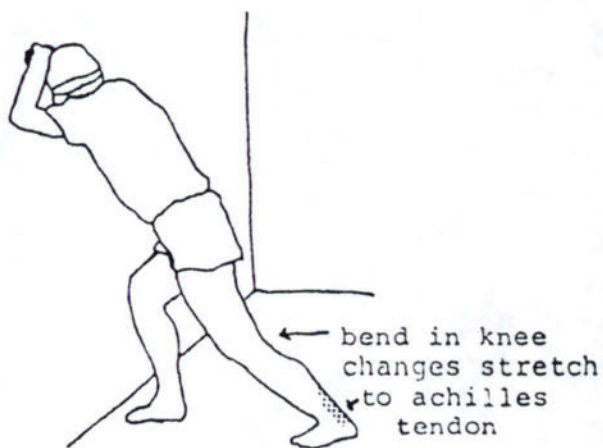
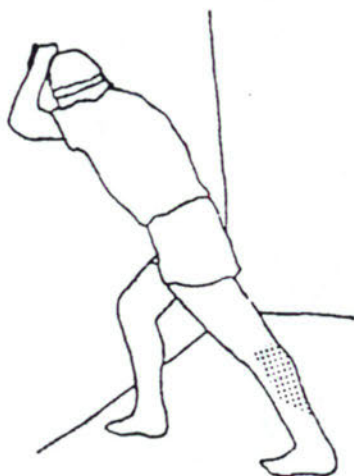
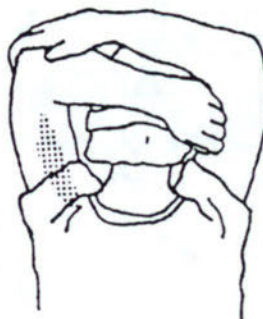
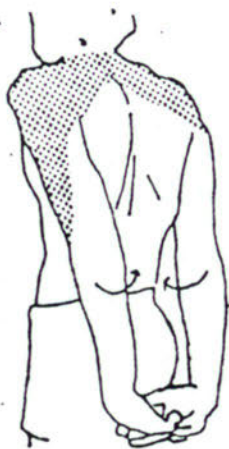
Riverside Community College  
4800 Magnolia Avenue  
Riverside, California 92506

### COMPLIMENTS OF:

*Cline Chiropractic Care, Inc.*

854 Magnolia, Suite F  
Corona, CA 91719  
(909) 279-2339





PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING

Request-

Walk in the "Psych-Walk"

Name(s)-

Address:

Title-

Organization- RCC Psychology Club

Address- Wheelock & 4800 Magnolia Avenue

City- Riverside

State- California

Zip- 92506

Start Date of Event: Apr. 27. 96

End Date of Event:

Event City:

Event State:

Type of Event-

☐ Speech  
☐ Reception/dinner  
☐ BC Visit  
☐ Meeting  
☐ Other

☐ Accept award/patron/degree  
☐ Parade/Festival  
☐ Commencement  
☐ Conference  
☐ General Event

Type of Letter-

960612

Events

☒ Late  
☐ Regret  
☐ splus.reg  
☒ Open

Other:

☒ Run  
☐ Golf  
☐ Sax  
☐ Benefit

Meetings

☐ Late  
☐ Regret (Families coming to D.C.)  
☐ Regret (all others)  
☐ splus.meet  
☐ Open

☐ Late.run  
☐ Late.golf  
☐ Speak

Issues- health

Initials- J

Ke 4117  
Scheduling

Committee on Grants and Business Partnerships  
2534 Lindley Terrace  
Rockville, MD 20850

AD

# Lakewood Elementary School

Telephone 301/279-8465  
Fax 301/279-8569

March 15, 1996

The President  
The White House  
Washington, D.C. 20500

Dear Mr. President:

Lakewood Elementary School is part of the Montgomery County Public School System and is located in Rockville, Maryland. Lakewood is special in many ways. First and foremost is our history of strong community involvement. Our community has provided a nurturing environment for students, teachers and parents. Children feel successful and learning is our highest priority. Lakewood serves 360 students, kindergarten through fifth grade, representing over 20 countries from around the world. In addition, two Intensity IV special education classes are housed in the school. A daycare program, a kindergarten enrichment program and pre-school parent education classes are integral components of the school.

Lakewood Elementary School will be having a Run for Excellence on Sunday June 2, 1996. The purpose of the run is threefold: to benefit current and future Lakewood students by creating extra funding for needed equipment and programs; to establish a relationship with various businesses throughout the community in working towards the goal of building business partnerships and seeking grants; and to bring attention to the needs of Lakewood Elementary School and our pursuit of alternative funding for our school.

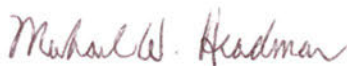
The run will consist of a 5K run/walk which will begin at 8:00am and a 1K non-competitive fun run for children which will begin at 9:00am. Post-race festivities will include food, fun and prizes.

We would be honored if you and your family would participate in our run. Please note that your entry fee(s) will be waived. Please RSVP in writing by April 9, 1996. If you are participating, we will also need you to complete and return the enclosed registration form. We hope to see you on June 2nd!

Sincerely,



Eileen D. Misra  
Chairperson



Michael W. Headman  
Principal

## LAKEWOOD ELEMENTARY SCHOOL RUN FOR EXCELLENCE

Sunday, June 2, 1996

### RACE START AND WARM UP

Race warm up exercises will be conducted by The Sergeant's Program and will begin at 7:30am. All runners should be in place at the starting line by 7:50am. Start time for the 5K run is promptly at 8:00am. Warm up exercises for the 1K fun run, conducted by The Sergeant's Program, will begin at 8:30am. The 1K fun run will begin promptly at 9:00am.

***Please note that all runners should be on site no later than 7:30am as the roads surrounding the school will be closed at 7:45am to prepare the race course.***

### MERCHANDISE AND AWARDS

All runners will receive a t-shirt and free merchandise donated by area businesses. All children will receive a medal and goodie bag at the finish line. There will be drawings for random prizes.

Prizes will be given to the top male and female 5K finishers and to the top male and female in the following categories (one award per runner): 19 and under, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over.

### POST RACE FESTIVITIES

Post-race festivities will feature bagels, fresh fruit, cookies, drinks and yogurt. There will be prizes and organized games for the children.

### PARKING

Additional parking is available at Wootton High School located at 2100 Wootton Parkway and at the Rockshire Shopping Center located on the corner of Wootton Parkway and Hurley Ave. ***Please note that Wootton Parkway, Hurley Avenue and Dundee Road will be closed at 7:45am to prepare the course, so please arrive early.***

-----  
Please check event ☐ 5K ☐ 1K Fun Run Shirt Size: ☐ S ☐ M ☐ L ☐ XL

|         |      |       |
|---------|------|-------|
| NAME    | SEX  | AGE   |
| ADDRESS | CITY | STATE |
|         |      | ZIP   |

I know that running is a potentially hazardous activity. I understand that I should not enter and run in the race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running including, but not limited to, falls, weather, contact with other participants, the effects of the road and traffic on the course, all such risks being known and appreciated by me. Having read this and knowing these facts, I, for myself and anyone entitled to act on my behalf, waive and release Lakewood Elementary School, plus all other sponsors and event organizers, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this race even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. No strollers, baby joggers, bicycles or pets allowed on the course.

\_\_\_\_\_  
SIGNATURE (MANDATORY) Must be signed by parent or guardian if entrant is under age 18.

PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING SHEET

Name(s) : Eileen D. Misra + Michael W. Headman

Title(if applicable) : Chairperson + Principal

Name of Organization(if applicable) : Lakewood Elementary School

Address: 2584 Lindley Terrace  
street address/post office box

Rockville MD 20850  
city state zip

\* Date of Event: June 2 - Event City & State Rockville, Maryland

Summary of Request: 5k run/walk  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Type of Event (mark only one) :

☐ Award  
☐ Commencement  
☐ Conference  
☐ Dinner  
☐ Festival/Party  
☒ Other Run

☐ General Event  
☐ Meeting  
☐ Parade  
☐ Reception  
☐ Speech

Type of Letter (mark only one) :

960612

Regret Letters

☒ regret  
☐ reg.genmeet  
☐ reg.meetdc  
☐ run  
☐ golf  
☐ photo  
☐ sax  
☐ 8plus.reg  
☐ 8plus.meet

Open Letters

☐ open  
☐ pend.meet

Late Letters

☐ late.no  
☐ late.meet  
☐ late.run  
☐ late.golf  
☐ late.photo

Issues (if applicable) : \_\_\_\_\_ Today's Date: 5/15/96

*4-30-96  
Scheduling*

From nobody@Whitehouse.GOV Thu Apr 4 02:24:03 1996  
Date: Thu, 04 Apr 1996 02:22:08 -0500  
From: Roger Wyan & Sheryl Lichtig <rogerw@cell2000.net>  
Subject: Inbound-White\_House\_WWW\_MAIL => PRESIDENT  
Apparently-to: president@Whitehouse.GOV  
To: president@Whitehouse.GOV  
Errors-to: The Postmaster <postmaster@Whitehouse.GOV>  
Reply-to: Roger Wyan & Sheryl Lichtig <rogerw@cell2000.net>  
Message-id: <199604040722.CAA13736@www1.whitehouse.gov>

Comments: This message scanned by SCAN version 0.1 jms/960226

[Connection Information]

Remote Host: 206.228.196.27[206.228.196.27]  
Browser Type: Mozilla/1.22 (compatible; MSIE 2.0; Windows 95)

[Server Information]

Server Name:  
Referer: [http://www1.whitehouse.gov/WH/Mail/html/Mail\\_President.html](http://www1.whitehouse.gov/WH/Mail/html/Mail_President.html)  
URL:

[Sender Information]

Personal Name: Roger Wyan & Sheryl Lichtig  
Email Address: rogerw@cell2000.net  
Organization:  
Relationship:

Street Address: 3665 San Jose Avenue #8  
City: Merced  
State/Province: CA  
Zip Code: 95348  
Country: USA

[Message Information]

Purpose: Extend invitation to visit or speak  
Topic: Education  
Affiliation: Private Citizen  
Subject: Arts Funding

[Message content]

Hello Mr. President:

Thank you for taking the time to read our message. We would like to extend an invitation to you and Mrs. Clinton to attend the grand opening of the Merced

Multicultural Arts Center in Merced, California in August. The Arts Center will be the centerpiece of a revitalized downtown and is being supported in part by NEA funds.

We would like to implore of you and Congress to continue funding the NEA and other arts programs. These programs are invaluable to children and adults alike and every bit as important as science and math. You can stay with us when you come to Merced this summer. We will make up the spare bedroom. What kind of breakfast food would you like?

In all seriousness we support your efforts as President to lead this nation into the 21st century. Good luck this November and you have our votes. Please continue your fight for nationalized health care for everyone in this country. We need it. I'm concerned about the growing trend of companies to downsize and now more than ever we need jobs where people can make a decent wage.

I work as a photographer at the local newspaper in Merced and Sheryl, my wife, is program director of the Arts Council. It was good to talk with you and keep up the good work.

Best Regards,

Roger Wyan and Sheryl Lichtig  
Merced, CA

PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING SHEET

Name(s) : Roger Wyan & Sheryl Lichtig

Title (if applicable) : \_\_\_\_\_

Name of Organization (if applicable) : \_\_\_\_\_

Address: 3665 San Jose Avenue #8  
street address/post office box

Merced Ca. 95348  
city state zip

\* Date of Event: August Event City & State Merced, Ca.

Summary of Request: Invitation for President &  
Mrs. Clinton to come to the opening  
of the merced Multi-cultural Arts  
Center in California.

Type of Event (mark only one) :

☐ Award  
☐ Commencement  
☐ Conference  
☐ Dinner  
☐ Festival/Party  
☐ Other \_\_\_\_\_

☐ General Event  
☐ Meeting  
☐ Parade  
☒ Reception  
☐ Speech

960612

Type of Letter (mark only one) :

Regret Letters

☒ regret  
☐ reg.genmeet  
☐ reg.meetdc  
☐ run  
☐ golf  
☐ photo  
☐ sax  
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☐ 8plus.meet

Open Letters

☐ open  
☐ pend.meet

Late Letters

☐ late.no  
☐ late.meet  
☐ late.run  
☐ late.golf  
☐ late.photo

Issues (if applicable) : \_\_\_\_\_ Today's Date: \_\_\_\_\_

SAIS  
Hopkins-Nanjing Program

The Paul H. Nitze School  
of Advanced International Studies  
1619 Massachusetts Avenue NW  
Washington DC 20036-2213  
(202) 663-5800 / FAX (202) 663-5891

February 5, 1996

Dear Friend of the Hopkins-Nanjing Center:

As we approach the Chinese New Year and our Nanjing colleagues scatter for the holiday, I am pleased to send you our midyear report. You also will find enclosed an updated report on the career paths of the Center's alumni.

I want to take this opportunity to remind you of the Hopkins-Nanjing Center's **tenth anniversary conference** that will be held in Nanjing **September 26-28, 1996**. We will be sending you more information on the program shortly, but we hope you will put these dates on your calendar and plan to be with us.

Sincerely,



Anthony J. Kane  
Executive Director

Enclosures



HOPKINS-NANJING CENTER  
MID-YEAR REPORT  
ACADEMIC YEAR 1995-96

We are off to another year of advances for the Hopkins-Nanjing Center. Along with the arrival of CNN on the communal television in the student lounge, we took our first tentative steps on the information superhighway with the establishment of an e-mail connection for the faculty and administration. How appropriate that we will be making efforts to provide e-mail connections and possibly even Internet access for the students in the upcoming year of the "mouse."

Progress has its price, as well, as Center residents spent most of the fall living with a muddy trough outside the front gate as the city works to widen Shanghai road. As a Chinese colleague at the Center said, by the end of the term faculty and students were getting a true "insider's" view of China, as the only entrance to the Center was through the back door!

Construction may have created some inconveniences, but it could not stop the ever growing stream of visitors to the Center from the worlds of government, business, and academia. While the names and topics are far too numerous to list here, we should note that this fall's list of speakers featured several alumni, including Denise Hare, a Center graduate who went on to get a Ph.D. in economics from Stanford University and who now teaches at Reed College in Oregon, as well as faculty alumni Jim Townsend and Jim Winship, who gave a series of talks on Sino-American Relations.

Not to be out done, the current faculty were also extremely active outside of class this fall, with political scientists Peggy Karns and Dick Kraus and American historian Ross Kennedy leading forums on a wide range of topics from the significance of the Beijing Women's Forum to the pros and cons of United States involvement in Bosnia. We are pleased to report that Kraus and Kennedy will be returning to the Center to teach next year. At the same time we are sorry to say goodbye to sociologist Mike Micklin, who left the Center at the end of the fall term after three-and-a-half consecutive years of teaching in Nanjing.

Another program of particular interest this fall was a mini film festival featuring presentations by Huang Shixian of the Beijing Film Studio and Hu Bo of the New York University Film School, both of whom gave thoughtful presentations and showed films not otherwise available in Nanjing.

Chinese Co-Director Chen Yongxiang brought considerable added excitement to the fall by leading students and faculty on a field trip to Haimen, a county-seat town in northern Jiangsu Province where Professor Chen was sent during the Cultural Revolution. This once rural township has now prospered thanks to the township enterprises it established in the wake of China's economic reforms. It turned out to be a moving experience for all who went, but especially for Professor Chen himself, who had not returned in the nearly twenty years since his return to Nanjing following the fall of the Gang of Four. He was remembered fondly by his former students, many of whom had risen to important posts in government and industry and

were in a position to give the students and faculty a warm reception and a truly memorable experience.

In Washington, the fall began with an exceptionally productive meeting of the Hopkins-Nanjing Council that featured an insightful presentation by former ambassador to China Stapleton Roy. It was announced at the meeting that Daniel Ng, Chairman of McDonald's (Hong Kong), Ltd., had agreed to chair a Hong Kong committee of the Council and in so doing made a leadership gift of \$250,000.

Shortly after the meeting in Washington, we learned that another new Council member, Michael Bloomberg of Bloomberg Information Services, had pledged \$500,000 to the Hopkins-Nanjing Center as part of his overall gift for the Johns Hopkins Initiative, a major five-year campaign which he chairs. Mr. Bloomberg's gift will be used as challenge money to help bring in additional funding, with a focus on further building the Center's endowment.

An additional boost came from the Council's honorary chair, President George Bush, who in a major address in Hong Kong last month emphasized his belief in the Center's importance, encouraging support for the Center in this tenth anniversary year.

Looking forward to the spring, co-directors Bill Rope and Chen Yongxiang will be introducing a new curriculum initiative to help give Chinese and international students additional opportunities for academic interaction at the Center. For the first time, students will be allowed to take one course in their native language in addition to the regular three courses they take in the target language. This fourth course will be taken pass-fail, and we hope it will succeed in answering the requests we get from students every year to find ways to increase contact between our two constituencies.

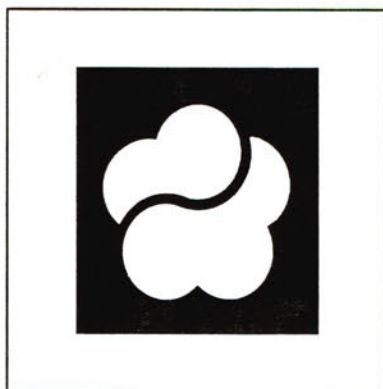
One other new initiative of note: In the course of the September Council meeting, Dean Wolfowitz was strongly encouraged to explore the possibility of offering management development and training courses in Nanjing, and since that time we have taken active steps in that direction. Our plan is to run a small 3-4 week pilot program this spring in conjunction with the Nanjing University School of International Business, bringing in about 20 Chinese managers to learn about basic western business skills and practices. If this succeeds, we hope it will lead to the establishment of a new joint venture management development and training center in Nanjing focusing on the human resources needs of foreign and joint-venture enterprises operating in China. Ultimately, we believe that this venture could be successful enough to help provide an income stream in support of our core program, as well as making available to Center Chinese and international students interested in private sector careers some basic business training to enhance their regular academic program.

In closing, everyone in Nanjing and Washington wishes all of our friends a healthy and happy new year!



Anthony J. Kane  
February 1996

**Hopkins-Nanjing Center Alumni**  
**Current Employment**  
**1986-1995**



February 1996

THE JOHNS HOPKINS UNIVERSITY-NANJING UNIVERSITY  
CENTER FOR CHINESE AND AMERICAN STUDIES

Since 1986 alumni of the Hopkins-Nanjing Center have been taking positions in a range of fields in China, the Pacific Rim, the United States, and around the world. Their employers are the beneficiaries of the remarkable educational experience these talented young professionals — Chinese and international — have received at the Hopkins-Nanjing Center.

Located in Nanjing, China, the Center trains these bi-lingual young people in an intensive, year-long program. In addition to giving them a solid foundation in subjects such as trade and investment, economics, international relations, government, history, and society, it provides them with the cross-cultural understanding and the problem-solving skills that enable them to bring sound judgement, flexibility, sensitivity, and analytical ability to the fields they enter.

It is our pleasure to offer you a look at some of the careers our alumni are pursuing. In addition to the employment listed here, many of the Center's graduates are at top universities either teaching or continuing their study toward further graduate and professional degrees. We expect great things from them as they grow and develop in their chosen fields.

We hope you will get to know our graduates as well as the Center's current class of students.



Anthony J. Kane  
Executive Director



Patricia Lloyd  
Director, Program Development

February 1996

## CURRENT EMPLOYMENT

### International Alumni

| <b>I. Company/Firm/Institute</b>       | <b>Position</b>                   | <b>Location</b> | <b>Year</b> |
|----------------------------------------|-----------------------------------|-----------------|-------------|
| Southern Electric International        | Project Finance Manager           | Atlanta GA      | 86-87       |
| Fulbright & Jaworski                   | Associate                         | Hong Kong       | 86-87       |
| Department of the Navy                 | Budget Analyst                    | Arlington VA    | 86-87       |
| Seattle Police Department              | Manager, Research & Grants        | Seattle WA      | 86-87       |
| U.S. Department of Agriculture         | Agricultural Economist            | Washington DC   | 86-87       |
| Rand International Policy              | Researcher                        | Santa Monica CA | 86-87       |
| D.J. Sullivan & Associates             | Data Manager/Senior Analyst       | Seattle WA      | 86-87       |
| ICF Consulting Group                   | Senior Associate                  | Washington DC   | 86-87       |
| U.S. Department of State               | Foreign Service Officer           | Tokyo           | 86-87       |
| Debevoise & Plimpton                   | Associate                         | New York NY     | 86-87       |
| CIGNA Corporation                      | Deputy Chief Representative       | Beijing         | 86-87       |
| U.S. Department of State               | Foreign Service Officer           | Tokyo           | 86-87       |
| Port of Seattle                        | Financial Analyst                 | Seattle WA      | 86-87       |
| Foreign Commercial Service             | Commercial Officer                | Hong Kong       | 86-87       |
| International Academic Management      | Managing Director                 | Door County MI  | 87-88       |
| U.S. Army                              | Lieutenant Colonel                | Arlington VA    | 87-88       |
| NIKE, Inc.                             | Production Manager                | Guangzhou       | 87-88       |
| Chore-Time/Brock Intl                  | Regional Sales Manager            | Singapore       | 87-88       |
| Motorola                               | Business Development Manager      | Beijing         | 87-88       |
| ARCO Asia Pacific                      | Manager, Business Development     | Hong Kong       | 87-88       |
|                                        | Freelance English Tutor           | Hoya Japan      | 87-88       |
| RAD Far East Ltd.                      | General Manager                   | Hong Kong       | 87-88       |
| Wilson Marketing Enterprises           | Director, International Marketing | New York NY     | 87-88       |
| U.S. Department of State               | Foreign Service Officer           | Hong Kong       | 87-88       |
| World Bank                             | Consultant                        | Washington DC   | 87-88       |
| National Endowment for Democracy       | Program Officer for Asia          | Washington DC   | 87-88       |
| Education Programs                     | Regional Representative           | Denver CO       | 87-88       |
| Voice of America                       |                                   | Washington DC   | 87-88       |
| Johns Hopkins SAIS                     | Program Coordinator               | Washington DC   | 87-88       |
| Far Eastern Economic Review            | Editor                            | Shanghai        | 88-89       |
| FILA Sport (Asia) Pte, Ltd.            | General Manager                   | Hong Kong       | 88-89       |
| East Wind Company Limited              | General Manager                   | Hong Kong       | 88-89       |
| Washington University                  | Grant Writer                      | St. Louis MO    | 88-89       |
| McKinsey & Company, Inc.               | Associate                         | Hong Kong       | 88-89       |
| Skadden Arps                           | Legal Assistant/Interpreter       | Beijing         | 88-89       |
| Word Link                              |                                   | Los Angeles CA  | 88-89       |
| U.S. Army                              | Major                             | Kileen TX       | 88-89       |
| Kinetic Concepts, Inc.                 | Corporate Counsel                 | San Antonio TX  | 88-89       |
| World Wildlife Fund                    | Representative                    | Beijing         | 88-89       |
| Client Services Applications           | Project Leader                    | Belmont CA      | 88-89       |
| Hopkins-Nanjing Center                 | Deputy to the Co-Director         | Nanjing         | 88-89       |
| Hopkins-Nanjing Program                | Student Services Coordinator      | Washington DC   | 88-89       |
| LCC                                    | China Market Manager              | Arlington VA    | 88-89       |
| American Institute in Taiwan           | Foreign Service Officer           | Taipei          | 88-89       |
| Abt Associates, Inc.                   | Senior Associate                  | Bethesda MD     | 88-89       |
| Maryland Public Television             | Assistant Producer                | Owings Mills MD | 88-89       |
|                                        | Freelance Translator              | Washington DC   | 88-89       |
| U.S. Department of State               | Foreign Service Officer           | Singapore       | 89-90       |
| Joint Intelligence Center, Pacific Rim | Head, Command Support Cell        | Honolulu HI     | 89-90       |
| Academic Travel Abroad                 | Academic Programs Manager         | Washington DC   | 89-90       |

| <b>Company/Firm/Institute</b>         | <b>Position</b>                      | <b>Location</b>    | <b>Year</b> |
|---------------------------------------|--------------------------------------|--------------------|-------------|
| Mobil Asia Pacific, Ltd.              | Office Manager                       | Shanghai           | 89-90       |
| J&S Nanjing Graphic Serv CO           | Manager                              | Nanjing            | 89-90       |
| NIKE, Inc. GZ Liaison Office          | Production Manager                   | Guangzhou          | 89-90       |
| The ASM Group                         | Marketing Executive                  | Hong Kong          | 89-90       |
| U.S.-China Business Council           | Program Manager                      | Washington DC      | 89-90       |
| U.S. Department of State              | Foreign Service Officer              | Beijing            | 89-90       |
| U.S. Department of State              | Foreign Service Officer              | Washington DC      | 90-91       |
| Asia Law and Practice Ltd.            | Editor                               | Hong Kong          | 90-91       |
| Sotheby's Auction House               |                                      | New York NY        | 90-91       |
| Academic Travel Abroad                | Program Officer-Asia Pacific         | Washington DC      | 90-91       |
| Hagler Bailly Consulting, Inc.        | Research Associate                   | Arlington VA       | 90-91       |
| Information Handling Services         | General Manager                      | Taipei             | 90-91       |
| Signatiss SA                          |                                      | Dottignies Belgium | 90-91       |
| Motorola Corporation                  | Attorney at Law                      | New York NY        | 90-91       |
| Institute of International Education  | Senior Program Manager               | Beijing            | 90-91       |
| Women Against Abuse Legal Center      | Manager                              | New York NY        | 90-91       |
| Lehman Brothers                       | Court Advocate                       | Philadelphia PA    | 90-91       |
| Chongqing Cummins Engine Company      | Broker                               | Hong Kong          | 90-91       |
| Merrill Lynch                         | Director - Foundry, Heat Treat       | Chongqing          | 90-91       |
| China Institute in America            | Vice President                       | Singapore          | 90-91       |
| MSL Express                           | Program Coordinator                  | New York NY        | 90-91       |
| Ministry of Foreign Affairs           |                                      | Shanghai           | 90-91       |
| ECC Songdong                          | Attache, (M.Soc.Sc)                  | Helsinki Finland   | 90-91       |
| Executive Leasing                     | Attorney-at-Law                      | Los Angeles CA     | 91-92       |
| NIKE International                    | Research Manager                     | Seoul Korea        | 91-92       |
| Taiwan Transportation Machinery       | Footwear Product Line Manager        | Hong Kong          | 91-92       |
| U.S. Department of State              | Marketing Coordinator                | Hong Kong          | 91-92       |
| Brookings Institution                 | Foreign Affairs Officer              | Taipei             | 91-92       |
| U.S. Department of State              | Researcher                           | Washington DC      | 91-92       |
| Claydon Gescher Associates Ltd.       | Foreign Service Officer              | Washington DC      | 91-92       |
| Western Atlas Industrial              | Assistant to the Director            | Guangzhou          | 91-92       |
| Knight Ridder News Service            | Director, China Business Development | Beijing            | 91-92       |
| American Institute in Taiwan          | Reporter                             | Beijing            | 91-92       |
| Technomic Consultants China           | Foreign Service Officer              | Hong Kong          | 91-92       |
| Far Eastern Economic Review           |                                      | Taipei             | 91-92       |
| Mobil Oil Hong Kong Limited           | Reporter                             | Hong Kong          | 91-92       |
| Bear, Stearns & Company               | Manager, Commerical Projects         | Beijing            | 91-92       |
| U.S. Trade Representative             | Attorney                             | Hong Kong          | 91-92       |
| Office of Senator                     | Director of Chinese Affairs          | Washington DC      | 91-92       |
| Protien Techonologies International   | Departmental Liaison Officer         | Canberra           | 91-92       |
| Foster's China Ltd.                   | Manager                              | St. Louis MO       | 92-93       |
| Int'l Visitors Council of Los Angeles |                                      | Hong Kong          | 92-93       |
| Baskin-Robbins International          | Program Officer                      | Los Angeles CA     | 92-93       |
| China Blue Star Chemical Cleanser     | Operations Supervisor                | Beijing            | 92-93       |
| U.S. Department of State              |                                      | Lanzhou            | 92-93       |
| Princeton in Beijing                  | Foreign Service Officer              | Shanghai           | 92-93       |
| International Finance Corporation     | Program Coordinator                  | Princeton NJ       | 92-93       |
| CIIC Group USA                        | Market Analyst                       | Washington DC      | 92-93       |
| Societe General de Surveillance       | Director, Intl Trade                 | New York NY        | 92-93       |
| R.L. China Northwest                  | Technical Auditor                    | Geneva Switzerland | 92-93       |
|                                       | Manager                              | Lanzhou            | 92-93       |

| <b>Company/Firm/Institute</b>    | <b>Position</b>                | <b>Location</b>  | <b>Year</b> |
|----------------------------------|--------------------------------|------------------|-------------|
| MSL Express/Shanghai Office      | Administrative Director, China | Shanghai         | 92-93       |
| The Boston Consulting Group      | Consultant                     | Hong Kong        | 92-93       |
| Schroders Asia, Limited          | Investment Manager             | Hong Kong        | 92-93       |
| NIKE International               | China Retail Sales Manager     | Guangzhou        | 92-93       |
| Adco Pacific Limited             |                                | Hong Kong        | 92-93       |
| The Grady Company                | Associate                      | Boston MA        | 92-93       |
| Seipen Asset Management Intl     | Investment Manager             | Kuala Lumpur     | 92-93       |
| National Democratic Institute    | Program Assistant - Asia       | Washington DC    | 92-93       |
| USAsia Commercial Development    |                                | Dae Dong Korea   | 92-93       |
| U.S. AID                         | Assistant Researcher           | Washington DC    | 92-93       |
| USAsia Commercial Development    | Project Officer                | Washington DC    | 92-93       |
| International Data Corporation   | Officer Manager                | Hong Kong        | 92-93       |
|                                  | Financial Analyst              | San Francisco CA | 92-92       |
| A.T. Kearny, Inc.                | Business Analyst               | Hong Kong        | 93-94       |
| CET Academic Programs            | Resident Director              | Beijing          | 93-94       |
| Campbell's Soup Asia Ltd.        | Regional Marketing Department  | Hong Kong        | 93-94       |
| Dow Jones Economic Research      | Researcher                     | Shenzhen         | 93-94       |
| Department of the Navy           | Translator                     | Washington DC    | 93-94       |
|                                  | Attorney-at-law                | Los Angeles CA   | 93-94       |
| Yanlord Holdings Industrial      | Assistant Manager              | Hong Kong        | 93-94       |
| Far East Trade Press, Ltd        | Journalist                     | Hong Kong        | 93-94       |
| HB Fuller International Inc.     | Management Trainee             | Hong Kong        | 93-94       |
| Asia Information Associates      | Consultant                     | Hong Kong        | 93-94       |
| Forbes FYI                       | Associate Editor               | New York NY      | 93-94       |
| Richards Butler                  | Solicitor                      | Hong Kong        | 93-94       |
| Covington & Burling Law Library  | Library Assistant              | Washington DC    | 93-94       |
| The Pacific Rim Consulting Group | Research Assistant             | Hong Kong        | 93-94       |
| Voice of America                 | Information Specialist         | Washington DC    | 93-94       |
| USAID/Harare                     |                                | Washington DC    | 93-94       |
| International Monetary Fund      | Administrative Assistant       | Washington DC    | 93-94       |
| Asian Sources Media Software Ltd | Executive Assistant, China     | Shanghai         | 93-94       |
| Voice of America                 | Information Specialist         | Washington DC    | 93-94       |
| Powell, Goldstein International  | Consultant                     | Washington DC    | 93-94       |
| U.S. Department of Agriculture   |                                | Harare Zaire     | 93-94       |
| Voice of America-Asia Pacific    | Information Specialist         | Washington DC    | 93-94       |
| Moo East, Ltd                    | Managing Director              | Hong Kong        | 93-94       |
| Boston Consulting                | Consultant                     | New York NY      | 93-94       |
| NBC                              | Editor                         | Hong Kong        | 94-95       |
| Kaplan, McLaughlin, Diaz         | Consultant                     | San Francisco CA | 94-95       |
| Modern Manufacturing Magazine    | Publisher                      | Hong Kong        | 94-95       |
| Perkins Coie                     | Associate                      | Seattle WA       | 94-95       |
| MSL Express                      |                                | Shanghai         | 94-95       |
| Harve Bernard                    | Export Manager                 | Secaucus NJ      | 94-95       |
| Dow Jones Telerate               | Commodities Reporter           | Shenzhen         | 94-95       |
| CET                              | Resident Director              | Harbin           | 94-95       |
| Mansion House Securities         | Research Analyst (B Shares)    | Hong Kong        | 94-95       |
| University of Pittsburgh         | Lecturer                       | Pittsburgh PA    | 94-95       |
| Fulbright and Jaworski           |                                | Hong Kong        | 94-95       |
| Kyodo News Service               | Reporter                       | Hong Kong        | 94-95       |

## Chinese Alumni

| <b>I. Company/Firm/Institute</b>                | <b>Position</b>                    | <b>Location</b> | <b>Year</b> |
|-------------------------------------------------|------------------------------------|-----------------|-------------|
| Institute for National Strategic Studies        | Visiting Fellow                    | Washington DC   | 86-87       |
| The Ford Foundation                             | Financial Officer                  | Beijing         | 86-87       |
| Atlantic Council                                | Senior Fellow                      | Washington DC   | 86-87       |
| Joseph Simon & Sons Inc.                        | Manager/China Marketing            | Tacoma WA       | 86-87       |
| Fuli Enterprise Frontier Trading                | Manager                            | Harbin          | 86-87       |
| Anchin, Block & Anchin                          | Certified Public Accountant        | New York NY     | 86-87       |
| First International Computer                    |                                    | Union City CA   | 86-87       |
| Success International, Inc.                     | Manager                            | New York NY     | 86-87       |
| Growth-Link Investment Services                 | Chief Representative               | Beijing         | 86-87       |
| The Ford Foundation                             | Grants Officer                     | Beijing         | 86-87       |
| New Haven Free Public Library                   | Cataloger                          | New Haven CT    | 87-88       |
|                                                 | Engineer                           | Washington DC   | 87-88       |
| Shekou Industrial Zone Development Institute    | Business Development               | Shekou          | 87-88       |
| Metropolitan Life Insurance Company             | Account Representative             | Needham MA      | 87-88       |
| World Bank                                      |                                    | Washington DC   | 87-88       |
| NAPAC Global (USA), Inc.                        | President                          | Alameda CA      | 87-88       |
| Beijing News Press                              | Reporter                           | Beijing         | 87-88       |
| Sing Tao Newspapers Ltd.                        | Reporter                           | Alhambra CA     | 87-88       |
| R & T Stationery Inc.                           | President/Manager                  | New York NY     | 87-88       |
| Beijing Naval Headquarters                      | Office of Foreign Affairs          | Beijing         | 87-88       |
| American International Assurance Company        | Section Chief                      | Shanghai        | 88-89       |
| Chinese People's Liberation Army                | Colonel                            | Beijing         | 88-89       |
| Bank of China                                   | Trust and Consultancy Department   | Wuxi            | 88-89       |
| Heilongjiang Int'l Economic/Technology Coop.    | Vice Manager                       | Harbin          | 88-89       |
| People's Liberation Army                        |                                    | Nanjing         | 88-89       |
| Beijing Academy of Social Sciences              | Researcher—Institute of Management | Beijing         | 88-89       |
| Guizhou People's Publishing House               | Researcher                         | Guiyang         | 88-89       |
| Jinling Hotel                                   | Assistant Manager                  | Nanjing         | 88-89       |
| Far East Press                                  | Editor                             | Shanghai        | 88-89       |
| China (Hainan) Institute for Reform/Development | Department Head                    | Haikou          | 88-89       |
| Beijing Review                                  | Editor                             | Beijing         | 88-89       |
| Apple Computer, Inc.                            | China Market Specialist            | Cupertino       | 88-89       |
| New China Publishing Company                    | Senior Writer                      | Beijing         | 89-90       |
| Agricultural Bank of China, Jiangsu             | Loan Officer                       | Nanjing         | 89-90       |
| Beijing Agricultural Bank                       |                                    | Beijing         | 89-90       |
| Far East Publishers                             | Editor & Reporter                  | Shanghai        | 89-90       |
| Nanjing University                              | Foreign Students Department        | Nanjing         | 89-90       |
| Chinese Academy of Social Sciences              |                                    | Beijing         | 89-90       |
| Jiangsu Provincial Government                   | External Relations Department      | Nanjing         | 89-90       |
| Tianjin City Academy of Social Sciences         | Deputy Director                    | Tianjin         | 89-90       |
| Shanghai Academy of Social Sciences             |                                    | Shanghai        | 89-90       |
| Ministry of Finance-World Bank Section          | Section Chief and Project          | Beijing         | 89-90       |
| Beijing Academy of Social Sciences              | Research Fellow                    | Beijing         | 89-90       |
| Ministry of Finance                             |                                    | Beijing         | 89-90       |
| Phillips Petroleum International                |                                    | Shenzhen        | 90-91       |
| Coopers and Lybrandt CIEC                       |                                    | Beijing         | 90-91       |
| Ryobi China Liason Office                       | General Manager                    | Qingdao         | 90-91       |
| Science & Technology Daily Newspaper            | Reporter                           | Beijing         | 90-91       |
| China Venturetech Investment Corporation        |                                    | Beijing         | 90-91       |
| China Business Times                            |                                    | Guangzhou       | 90-91       |
| Daying General Industrial Company               |                                    | Shanghai        | 90-91       |

| Company/Firm/Institute                                | Position                            | Location         | Year  |
|-------------------------------------------------------|-------------------------------------|------------------|-------|
| Export-Import Bank of China                           | Associate Research Fellow           | Beijing          | 90-91 |
| Jiangsu Province Investment Trust                     |                                     | Nanjing          | 90-91 |
| Foshan Multi-National Futures Company                 |                                     | Foshan           | 90-91 |
| Shanghai Academy of Social Sciences                   |                                     | Shanghai         | 90-91 |
| Hanjin Shipping                                       | Sales Agent                         | Shanghai         | 90-91 |
| China Business Times                                  | Reporter                            | Guangzhou        | 90-91 |
| Coastal Power Corporation                             |                                     | Houston TX       | 90-91 |
| Continental Consultants, Inc.                         | Marketing Director for Asia         | Laguna Niguel CA | 90-91 |
| Guangdong Int'l Trust & Investment Corp.              | Lawyer                              | Guangzhou        | 90-91 |
| Nanhai Oil Service Company                            | Business Development-Manager        | Shenzhen         | 90-91 |
| China-Europe International Business School            |                                     | Shanghai         | 91-92 |
| King & Wood Solicitors PRC                            | Partner                             | Beijing          | 91-92 |
| China Law Office                                      | Attorney at Law                     | Beijing          | 91-92 |
| Shanghai Institute for International Studies          | Researcher                          | Shanghai         | 91-92 |
| Beijing Royal International Club                      | Special Assistant General           | Beijing          | 91-92 |
| Jiangsu Construction Materials Company                |                                     | Nanjing          | 91-92 |
| Rexcon Holdings Limited                               | Deputy General Manager              | Beijing          | 91-92 |
| Nanjing CATV                                          | Editor/Host                         | Nanjing          | 91-92 |
| Jiangxi ASS-Inst Marxism-Leninism                     | Assistant Researcher                | Nanchang         | 91-92 |
| China Radio & Television Company                      |                                     | Beijing          | 91-92 |
| Cawela International Trading                          |                                     | Shanghai         | 91-92 |
| Jiangsu Foreign Economic Law Office                   |                                     | Nanjing          | 91-92 |
| ACT International Trading Inc.                        | Manager                             | Atlanta          | 91-92 |
| Nanjing Xinye Incorporated                            |                                     | Nanjing          | 91-92 |
| Anhui Animal By-Products Import/Export Co.            | Business Representative             | Hefei            | 91-92 |
| Industrial & Commercial Bank of China                 |                                     | Xiamen           | 91-92 |
| Esquel Group                                          |                                     | Hong Kong        | 92-93 |
| Beijing Golden Column Real Estate                     | Business Manager                    | Beijing          | 92-93 |
| Baoshan Steel/Iron Complex-Econ Institute             | Section Chief                       | Shanghai         | 92-93 |
| Xiamen Haicang Investment Zone                        | Economic Development                | Xiamen           | 92-93 |
| Xuzhou Construction Machinery                         | Vice Director                       | Xuzhou           | 92-93 |
| China Central Television-News Division                | Field Director                      | Beijing          | 92-93 |
| Qingdao Tourism Administration                        | Vice Director                       | Qingdao          | 92-93 |
| China National Overseas Trading Corporation           | Manager of International Exhibition | Beijing          | 92-93 |
| ABB China Limited                                     | Management Trainee                  | Beijing          | 92-93 |
| Bank of China-Overseas Branches Department            |                                     | Beijing          | 92-93 |
| Hubei ASS-Institute of Sociology                      | Assistant Research Fellow           | Wuhan            | 92-93 |
| China Non-ferrous Metals Import/Export Group          | Secretary to the General Manager    | Zhuhai           | 93-94 |
| Xueying Institute of Contemporary Int'l Relations     |                                     | Beijing          | 93-94 |
| Beijing Economics Institute                           |                                     | Beijing          | 93-94 |
| Citibank N.A.                                         |                                     | Nanjing          | 93-94 |
| Industrial and Commercial Bank of China               | Dealer                              | Beijing          | 93-94 |
| Central Bureau of Compilation and Translation         |                                     | Beijing          | 93-94 |
| Heilongjiang Academy of Social Sciences               | Research Assistant                  | Harbin           | 93-94 |
| A.T. Kearney                                          |                                     | Beijing          | 93-94 |
| A.T. Kearney                                          |                                     | Beijing          | 93-94 |
| China Institute of Contemporary International Studies |                                     | Beijing          | 93-94 |
| ChinaVest Limited                                     | Legal Assistant                     | Beijing          | 93-94 |
| ChinaVest Limited                                     | Investment Analyst                  | Beijing          | 93-94 |
| Nanjing Comfort Travel Service                        | General Manager's Office            | Nanjing          | 94-95 |
| Northern Telecom (China)                              | Strategy/Business Development       | Beijing          | 94-95 |
| Nortel China                                          | Communications Specialist           | Beijing          | 94-95 |
| Nortel China                                          | Business Planning Specialist        | Beijing          | 94-95 |

# PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING SHEET

Name(s) : Anthony J. Kane  
 Title (if applicable) : Executive Director  
 Name of Organization (if applicable) : Johns Hopkins - Hopkins-Nanjing Program  
 Address : 1619 Massachusetts Ave NW  
street address/post office box  
Washington DC 20036-2213  
city state zip  
 \* Date of Event : 9/26-9/28 Event City & State Washington D.C.  
 Summary of Request : For President Clinton to attend the 10th anniversary conference of the Hopkins-Nanjing Center.

## Type of Event (mark only one) :

☐ Award  
☐ Commencement  
☒ Conference  
☐ Dinner  
☐ Festival/Party  
☐ Other \_\_\_\_\_

☐ General Event  
☐ Meeting  
☐ Parade  
☐ Reception  
☐ Speech

960612

## Type of Letter (mark only one) :

### Regret Letters

☒ regret  
☐ reg.genmeet  
☐ reg.meetdc  
☐ run  
☐ golf  
☐ photo  
☐ sax  
☐ 8plus.reg  
☐ 8plus.meet

### Open Letters

☐ open  
☐ pend.meet

### Late Letters

☐ late.no  
☐ late.meet  
☐ late.run  
☐ late.golf  
☐ late.photo

Issues (if applicable) : \_\_\_\_\_

Today's Date: 5/16/96

1cc 4/24  
Schedule  
From KLBowers@aol.com Wed Apr 3 11:09:19 1996  
Date: Wed, 03 Apr 1996 11:06:57 -0500  
Subject: White House Forum E-Mail  
To: president@WhiteHouse.GOV  
Message-id: <960403110652\_368292539@emout04.mail.aol.com>

Field 2 = Ken Bowers  
MainSail Productions Inc.  
521 Byers Rd. Suite 109  
Miamisburg, Ohio 45342

Field 4 = Dear Mr. President

I am the producer of the public television show "The American Woodshop" which is a woodworking how-to show. Each episode features visits around the country to see other woodworkers or wood related topics such as the redwood forests of California or Hancock Shaker Village in Massachusetts. We are currently planning our visits for our 5th season which begins shooting in May. We would like to visit the White House to see some of the historic furniture. Scott O'Grady mentioned in his book of your interest in furniture. We would love to have you do a quick on camera piece. I realize your time is very valuable but it would only take about 30 minutes. I will contact your office with more information.

Thank You

Ken Bowers

# PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING SHEET

Name(s) : KEN BOWEN

Title (if applicable) : \_\_\_\_\_

Name of Organization (if applicable) : \_\_\_\_\_

Address: 521 BYERS RD - SUITE 109  
street address/post office box

MIAMI OH 45342  
city state zip

\* Date of Event: \_\_\_\_\_ Event City & State \_\_\_\_\_

Summary of Request: POTUS TV APPEAR "AMERICAN WOODSHOP"

Type of Event (mark only one) :

☐ Award  
☐ Commencement  
☐ Conference  
☐ Dinner  
☐ Festival/Party  
☒ Other TV APPEAR

☐ General Event  
☐ Meeting  
☐ Parade  
☐ Reception  
☐ Speech

Type of Letter (mark only one) :

960612

## Regret Letters

☒ regret  
☐ reg.genmeet  
☐ reg.meetdc  
☐ run  
☐ golf  
☐ photo  
☐ sax  
☐ 8plus.reg  
☐ 8plus.meet

## Open Letters

☐ open  
☐ pend.meet

## Late Letters

☐ late.no  
☐ late.meet  
☐ late.run  
☐ late.golf  
☐ late.photo

Issues (if applicable) : \_\_\_\_\_ Today's Date: 5/16/96

Sched.

OK

Apr. 2. 1996

Senack, Mo.

Dear Pres. & Mrs. Clinton,

Just rec'd my GFWC. Club-Women. Found this map and thought it might come in handy.

You all could circle around here and charm these ladies right into the Voting Booths.

We're having our Convention "International" June 15-18 - Nashville, Tennessee, Greyland Hotel.

We were over 2000 ladies last time (2 yrs ago) in Atlanta.

We are very political but absolutely non-partisan at least as a whole.

I don't suppose your election tour would be going that way at that time ?? Just a thought.!!  
I You've got it, but lets make it BIG.

Sincerely  
Grace

# State of the States for Women & Politics

The State of the States for Women & Politics is a report and poster (© 1995 by the Center for Policy Alternatives) which examines several indicators of women's success in politics. Although more women hold elected office on state and national levels than ever, and female voters outnumbered male voters in the last election, women still are far behind men on virtually all measurements of political leadership and continue to be underrepresented from state legislatures to statewide elective executive offices to the U. S. Congress. GFWC CLUBWOMAN will feature information from The State of the States for Women & Politics in a continuing series on Women's Vote '96.

Since 1964, female voters have outnumbered male voters; in the last presidential election, women constituted 54 percent of the vote. In 1994, however, this turnout fell to 51 percent of the vote, despite the fact that women comprise 53 percent of the voting-

age population. Part of this drop could be attributed to the fact that, in contrast to 1992, the issues that truly concern women, such as family security and healthcare, were not being addressed by 1994 candidates.

Although more women than men voted in 1992 and 1994, it is clear that more women could exercise the power of vote. Only 62 percent of all women who were of voting age and a U.S. citizen actually voted in the 1992 presidential election. As reflected in the Women's Voter Turnout map below, the CPA report found the percentage of women who voted varied greatly from state to state. Montana women ranked the highest, where nearly three-quarters of the eligible women voted. Yet only 46 percent of women in South Carolina voted. With the exception of Louisiana, the southern region of the United States ranked below average in terms of women's voter turnout. On the

other hand, much of the Midwest and the Northwest ranked above average.

## About the Map

The Voter Turnout map compares the percentage of women citizens of voting age in each state who cast a ballot on election day in 1992. This year was chosen as the base year because the top of the ticket was the same in all states.

Although CPA does have accurate information on the gender of people eligible to vote, no numbers exist on the gender of actual voters. We can only estimate based on the numbers of women eligible to vote and the percentage of reported voters who were women.

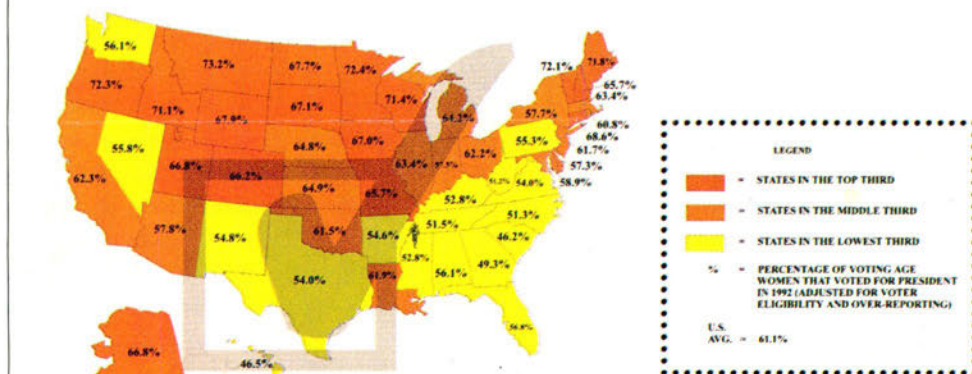
The total population was adjusted to eliminate non-U.S. citizens from the eligible voting age population figures, using Census Bureau 1992 estimates.

After making this series of calculations, the 50 states were then ranked and divided into thirds (16-17-17). The voting statistics were taken from Current Population Report on Voting and Registration in the Election of November 1992, published by the U.S. Department of Commerce, Bureau of the Census.

For more information on the Women's Voices study or the State of the State of Women & Politics, contact CPA at 202/387-6030. For more on the U.S. government's commitment to advance the goals of the U.N. Fourth World Conference on Women, contact The President's Inter-agency Council on Women at 202/456-7350.

## The State of the States for Women & Politics

### Women's Voter Turnout



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\* Voting statistics provided by the Bureau of the Census, U.S. Department of Commerce: Voting and Registration in the Election of November 1992, and Congressional Research Service: Voter Registration and Turnout, 1948-1992.  
 For additional copies or more information, call the Center for Policy Alternatives at (202) 387-6030.

# GFWC: Benefits of Belonging

by Bonnie Walden, GFWC Membership Chairman

**T**he General Federation of Women's Clubs, as the world's oldest and largest women's volunteer service organization, can be considered the "professional organization" representing its millions of members worldwide. Newspaper and magazine articles regularly focus attention on the value of networking for contemporary women. Networking provides the basis for today's women to help one another by sharing experiences and resources for their mutual benefit. The General Federation of Women's Clubs has been providing the benefit of networking opportunities to its members since 1890! Here is a look at a few of the many other "benefits of belonging" to GFWC:

**Friendship across states and nations**, through an international network that allows women of diverse background to work together for the common good. Many GFWC members joined their local club to meet others with a common commitment to volunteer service. Federation offers this opportunity on a broader scale, with clubs in the 50 United States and 22 countries.

**Diversified programs** under an umbrella of interests (arts, conservation, education, home life, international affairs and public affairs) offer something of relevance to every member.

**Power and prestige** as one of over 7,500 clubs rather than a single entity.

**A professional staff** at GFWC Headquarters that coordinates programs and solicits funding to support them; provides materials and resources; communicates with GFWC members and the many organizations that are part of the Federation network of contacts; maintains membership records; moni-

tors legislation; manages a financial structure; operates a Women's History and Resource Center; and arranges meetings, conventions, training seminars and workshops.

**Skills.** Members sharpen their skills in areas including leadership, time management, fund-raising and public speaking. Organizational skills can be applied to professional careers, and various training and skill-building workshops are offered at the GFWC convention and other meetings.

**Voting rights** at the annual international convention enable members to help formulate GFWC policy and determine our position on national issues.

**Publications.** *GFWC CLUBWOMAN*, the Federation's magazine, offers news on every level of Federation and international recognition for community service projects; the magazine is free for club presidents and available to all members by subscription.

*Legislative Alert*, a quarterly newsletter, keeps members informed about the Federation's position on congressional legislation based on GFWC Resolutions.

*Membership Matters*, a quarterly newsletter, details successful membership recruitment and retention ideas and ways to promote GFWC.

**Program materials** include bulletins and handbooks with guidelines for programs and projects in each GFWC department as well as an Administrative Guide with overall GFWC information, provided free of charge to each club president.

**The GFWC Materials Center** offers a wealth of resource materials for all aspects of club work, including the GFWC Membership Handbook.

**Opportunity for recognition/awards** includes contests spon-

sored or co-sponsored by Federation that offer affiliated clubs the opportunity to share in thousands of dollars in prize money to assist their local level work.

**GFWC Headquarters**, located in Washington, D.C. and designated a national historic landmark, is visited each year by hundreds of clubwomen. One clubwoman noted: "Headquarters [is] a walk through the history of GFWC and made us all proud to be part of such an influential and socially responsible group."

**The Women's History and Resource Center** includes the GFWC Archives, a source for researchers and scholars studying women and women's issues.

**Insurance** offered at special rates provides liability protection for you and your club.

**A source of strength in a time of need.** Club members can draw on the experiences of other clubs in serving and meeting the challenges of the local community, and also work together with other clubs in the district, state or region in times of crisis. After the devastating 1994 floods in the Midwest and the Oklahoma City bombing disaster, hundreds of GFWC club members worked together to bring vital relief to families in their region.

**Annual meetings/travel/contacts.** Learn more about Federation and the work of other clubs through district, state and national meetings. Attendees benefit from an opportunity to hear prominent speakers from fields including public policy, politics and media who address issues important to women.

**A voice in Washington**, through public policy efforts on Capitol Hill, reflecting GFWC's over 100-year commitment to the advancement and education of women. □

# PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING SHEET

Name(s) : Grace McFarland Glisson

Title(if applicable) : \_\_\_\_\_

Name of Organization(if applicable) : \_\_\_\_\_

Address: P.O. BOX #12  
street address/post office box

Senath MO 63876  
city state zip

\* Date of Event: 06-15-18-96 Event City & State Nashville, TN

Summary of Request: Cruise around Ladies  
Voting Booths!

Type of Event (mark only one) :

☐ Award  
☐ Commencement  
☐ Conference  
☐ Dinner  
☐ Festival/Party  
☒ Other Convention  
GTFC

☒ General Event  
☐ Meeting  
☐ Parade  
☐ Reception  
☐ Speech

Type of Letter (mark only one) :

960612

## Regret Letters

☒ regret  
☐ reg.genmeet  
☐ reg.meetdc  
☐ run  
☐ golf  
☐ photo  
☐ sax  
☐ 8plus.reg  
☐ 8plus.meet

## Open Letters

☐ open  
☐ pend.meet

## Late Letters

☐ late.no  
☐ late.meet  
☐ late.run  
☐ late.golf  
☐ late.photo

Issues (if applicable) : \_\_\_\_\_ Today's Date: 05.16.96

5D  
2/12  
GREENHILLS  
SCHEDULING  
58  
Needs support  
letter  
for  
Scheduling  
needs to see  
prob 3  
I

Walter + Imogene Galloway  
40 Arizona West RD Park  
6825 E. Hwy. 80 - Sp # 99  
Yuma, Az. 85365

Denk

President Clinton + First Lady  
In care of White House  
Washington, D. C. 20500

January 3, 1996

Mr President:

I have wanted to write to you ever since you were elected President. I'm not a very good letter writer but here goes!

Walter and I were married 55 years December, 26th, 1945. We have three children, 2 of them are older than you, raised our oldest grandson as our own, eight other grandchildren and ten great grand.

Walter had been discharged from C.C.C. little over a year when we married. He said time spent in C.C.C., that F.D.R. started, was best schooling he ever had. Too bad isn't something similar now for these young men + women.

Also when we married he was farming few acres with two horses. When World War II was declared Walter was away from home shucking field corn by hand. He didn't have to go because he was married, farming abit and had one child. He had three brothers that went.

We want you to know that you and Al Gore are doing a great job. As far as we're concerned you

can't be beat. Keep up the good work.

Why hasn't Republican Presidents before done something about this deficit, they had 12 years. By the way how come Speaker of The House has so much authority? I would like to see Al Gore and Newt Gingrich debate, maybe Mr Gore could shut him up, at least once. I guess you know by now we are Democrats!

Walter retired from farming, oil field work + some factory work at age 62. He will be 79 May 27, 1996. I was 71 Oct. 23, 1995. We're in the "notch years". 1917 + 1924. We've seen good and bad times but survived and still love another. I started drawing social security at age 62, half of Walter's. At that time was less than now. In 1995 both of us together drew \$572.00 monthly. Walter's \$405.00 - Mine \$167.00 Farmers didn't pay into for a long time. The fellow that filled out our income tax wouldn't let us pay full amount, saying "wait until next year." Accountant was Republican, you can beat he drew maximum when he retired. I really don't know how we'd get by without social security. Don't let anyone do away with it.

We live in Louisville, Illinois population of approximately 1100. We bought a 5 room house August 1992. Walter had open heart surgery June 1991 with three by-passes.

We've been coming to Yuma, Az. since Nov. 1979. We enjoy the sun and warmer weather.

In case you should want to write to us after we leave here April 1st. Our home address is:

Mr. and Mrs. Walter Galloway, RR 4 Box 66, 545 Moore Lane, Louisville, Illinois 62858.

We certainly are going to vote for Bill Clinton and Al Gore in November 1996.

I was suppose to ask you to come to Yuma, Az. for a visit. Are you or Mr. Gore going to be near Effingham, Illinois sometime this spring or summer of 1996?

Walter and I visited your home town, Hope, Ark. on our way home last spring. Enjoyed it very much. Give our love to Hillary and Chelsea.

Hoping to hear from you, either here in Arizona or after we return to Illinois.

Two of your admirers  
Lots of luck and love,  
Walter and Imogene Galloway

FLEETWAY BOND

MADE IN USA

# PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING

Request-

Would like Potos to visit Yuma, Arizona.

Name(s)-

Mr & Mrs Walter G. Galloway

Address:

Title-

Organization-

Address-

6825 E. Hwy. 80 Sp #99

City-

Yuma

State-

AZ

zip-

85365

Start Date of Event:

open

End Date of Event:

open

Event City:

Yuma

Event State:

Arizona

Type of Event-

- ☐ Speech
- ☐ Reception/dinner
- ☒ BC Visit
- ☐ Meeting
- ☐ Other

- ☐ Accept award/patron/degree
- ☐ Parade/Festival
- ☐ Commencement
- ☐ Conference
- ☐ General Event

Type of Letter-

Events

- ☐ Late
- ☐ Regret
- ☐ splus.reg
- ☒ Open

Other:

- ☐ Run
- ☐ Golf
- ☐ Sax
- ☐ Benefit

Meetings

- ☐ Late
- ☐ Regret (Families coming to D.C.)
- ☐ Regret (all others)
- ☐ splus.meet
- ☐ Open

960612

- ☐ Late.run
- ☐ Late.golf
- ☐ Speak

Issues-

seniors / social security

Initials-

2  
SCHEDULING

3.8

"Make a Joyful Noise unto the Lord all ye lands." Psalm 100

## RUSH TEMPLE A.M.E. ZION CHURCH

119-48 SUTPHIN BOULEVARD

JAMAICA, N.Y. 11436

REV. ELDRIDGE GITTENS, PASTOR AND FOUNDER

194-03 104TH AVENUE, HOLLIS, N.Y. 11412

RES. PHONE: 740-1179

OFFICE: 529-5719

**February 18, 1996**

**The Honorable William Clinton  
President of the United States of America  
The White House  
Washington, D.C. 20230**

**Dear Mr. President:**

**We, the Pastor and members of the above named church, cordially invite you to share with us in the celebration of our Bicentennial and Forty First Pastor and Church Anniversary to God and this community.**

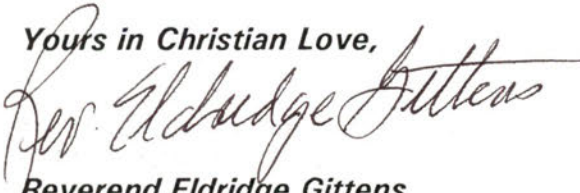
**As we reflect on the past, we rejoice in knowing that "We've Come this Far by Faith, leaning on the Lord". To God be the glory for the great things He has done.**

**Our celebration begins on Sunday, March 17 with The Right Reverend George W. C. Walker, Sr., Presiding prelate of the Fourth Episcopal District of the African Methodist Episcopal Zion Church bringing the message at our 11: A.M. service. This is also our Annual Class Leaders' Day and Reverend Charles E. Betts, Pastor, Morning Missionary Baptist Church, Jamaica, New York will bring the message at 4:00 P.M.**

**Services will be held each night commencing Monday, March 18 through Friday, March 22 with services beginning at 8:00 P.M. On Tuesday night, March 19 the Sons and Daughters of Rush will be in charge. Our Banquet in celebration of our Pastor's Anniversary will begin at 7:00 P.M. on Saturday, March 23, 1996.**

**We pray that you will be able to fellowship with us in these services. Thank you for your prayers and support over the years.**

**Yours in Christian Love,**



**Reverend Eldridge Gittens  
Pastor and Founder**

# PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING

Request-

POTUS attend church celebration of bicentennial

Name(s)-

Reverend Eldridge Gitters

Address:

Title-

Organization-

Rush Temple A.M.E. Zion Church

Address-

119-48 Sutphen Boulevard

City-

Jamaica

State-

NY

Zip-

11436

Start Date of Event:

3/17/96

End Date of Event:

3/23/96

Event City:

Event State:

Type of Event-

- ☐ Speech
- ☐ Reception/dinner
- ☐ BC Visit
- ☐ Meeting
- ☐ Other

Services each night. Banquet on 23rd

- ☐ Accept award/patron/degree
- ☐ Parade/Festival
- ☐ Commencement
- ☐ Conference
- ☐ General Event

Type of Letter-

960612

Events

- ☒ Late
- ☒ Regret
- ☐ splus.reg
- ☐ Open

Other:

- ☐ Run
- ☐ Golf
- ☐ Sax
- ☐ Benefit

Meetings

- ☐ Late
- ☐ Regret (Families coming to D.C.)
- ☐ Regret (all others)
- ☐ splus.meet
- ☐ Open

- ☐ Late.run
- ☐ Late.golf
- ☐ Speak

Issues-

Christian

Initials-

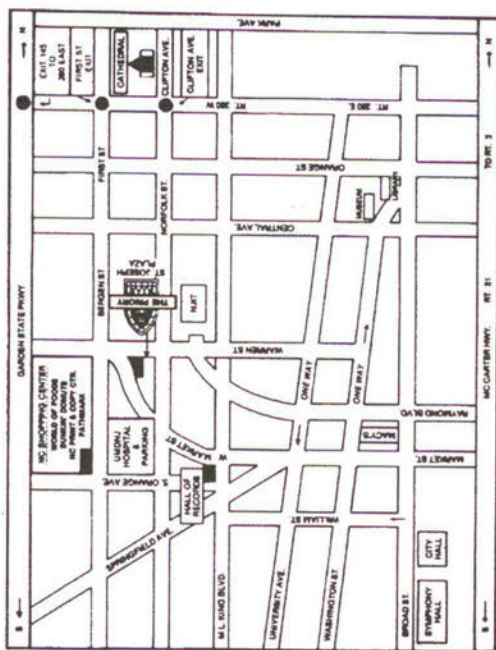
MLB

New Community believes that all persons, as children of God, are entitled to and capable of confirming their own dignity and determining their own destiny. The members of New Community believe that by reaching out to others who share this belief and involvement, raising the quality of life of the urban population of New Jersey can be accomplished.

Contact: Chase Jackson, 201. 484. 0096 Ext. 226

## FREE ON SITE PARKING

**DIRECTIONS**  
 From Garden State Parkway (North or South). Take exit 145 to I-280 East. Proceed to FIRST STREET Exit. Turn right, go to third light. West Market Street (landmark McDonalds). Turn left and bear right to the first light. Turn left into the parking lot.  
 From NJ Turnpike or I-280 West. Exit at CLINTON AVENUE. Turn left and go to 6th light. West Market Street (landmark UMDNJ). Turn right and go to first light. Turn right into parking lot.



## SOUTH AFRICAN PRINTMAKING AND ETCHING: Selections From The Artist Proof Studio



6  
SCHED

**SOUTH AFRICAN PRINTMAKING AND ETCHING:**  
**Selections from the Artist Proof Studio**

---

Artist Proof Studio is a professional printmaking studio located in the heart of Johannesburg, South Africa. The Studio provides an independent resource and venue to artists and students in the region. Although professional printmaking studios are abundant in the United States, Europe, Australia and Japan, Artist Proof Studio is a unique venture in South Africa. The Studio offers weekly classes, workshops, and demonstrations for regional artists and students.

Printmaking is often called the democratic medium because of its accessibility, outreach and potential to provide income for artists. A new interest shown by various corporations and banks in acquiring South African art is providing artists with a renewed interest in printmaking. Many of the artists associated with Artist Proof Studio are finding a market for survival.

New Community Development Corporation, with support from Johnson & Johnson, is proud to display the works of these South African artists.

Cover: Artist Proof, "27 April 94," Dominic Tshpisangu, 1994, 17 1/4" X 14 1/4"

**NEW COMMUNITY CORPORATION**  
invites you to

**SOUTH AFRICAN PRINTMAKING AND ETCHING:**  
**Selections from the Artist Proof Studio**

New Community Corporation is honored to be the first site  
to host this portfolio of prints outside of South Africa

**OPENING RECEPTION**  
Tuesday, April 23, 1996  
5:30 p.m.

The Atrium  
St. Joseph Plaza  
233 West Market Street  
Newark, New Jersey

Please join us for wine and cheese

Exhibit continues through May 27, 1996  
Gallery Hours 10:00 a.m. - 8:00 p.m. Daily  
This exhibit is a project of the NCC Community Arts Program

CLINTON LIBRARY PHOTOCOPY

**PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING**

**Request-**

POTUS to attend Reception & viewing  
of Art Portfolio

**Name(s)-** Chase Jackson

**Address:** New Community Arts Manager, New Community Corp.  
233 West Market St. Newark, NJ. 07103

**Title-** New Community Arts Manager

**Organization-** New Community Corporation

**Address-** 233 West Market St.

**City-** Newark

**State-** NJ

**Zip-** 07103

**Start Date of Event:** 4/23

**End Date of Event:** \_\_\_\_\_

**Event City:** Newark

**Event State:** NJ

**Type of Event-**

☐ Speech  
☒ Reception/dinner  
☐ BC Visit  
☐ Meeting  
☒ Other View Art portfolio

☐ Accept award/patron/degree  
☐ Parade/Festival  
☐ Commencement  
☐ Conference  
☐ General Event

**Type of Letter-**

**Events**

☒ Late  
☒ Regret  
☐ splus.reg  
☐ Open

**Other:**

☐ Run  
☐ Golf  
☐ Sax  
☐ Benefit

**Issues-** Art

**Meetings**

☐ Late  
☐ Regret (Families coming to D.C.)  
☐ Regret (all others)  
☐ splus.meet  
☐ Open

☐ Late.run  
☐ Late.golf  
☐ Speak

**Initials-** DHJ

960612

The Junior Service League of Northwest Arkansas  
cordially invites you to attend

# The Fabergé Ball

Saturday, March 30, 1996  
Eight pm to Twelve midnight  
Walton Arts Center

A gala evening of dining, dancing and entertainment benefiting the children of Northwest Arkansas.

Cocktail Dinner Buffet and bar beverages included.

Desserts, gourmet coffees, and liqueurs will be served.

Dr. Geza von Habsburg, internationally recognized authority on Fabergé, will be the special guest of the evening.

## Music by

Rotel & the Hot Tomatoes  
Baum-Walker Hall

Matlock & Co. Trio  
Starr Theater

Gloria Roe  
Concert Pianist - Lobby

Falstaff String Quartet  
Balcony

Reservations are limited and will be processed in the order received.

Black Tie

Reply card enclosed

Valet Parking

**FABERGE**  
1996

## Fabergé Sponsors

Beauregard - Chris & Jamey Goddard  
Blakemans Jewelers  
KHOG TV/29  
Phillips Litho - Phil & Judy Phillips  
The Morning News  
The Northwest Arkansas Times  
Underwood's - Mr. & Mrs. Bill Underwood

## Imperial Sponsors

Bank of Fayetteville - John Lewis  
Citizen's Bank of Northwest Arkansas - John Rownak, Jr.  
Fayetteville Heating and Plumbing - Mr. Bill Kisor  
Fayetteville IGA Stores  
Greenwood and Associates, Inc.  
Jim Lindsey  
Mrs. Bill Jowers  
Mr. & Mrs. Clark McClinton  
Mr. & Mrs. David McClinton  
Nibbles - Suzie Stephens & Jim Hatfield  
Pace Industries, Inc. - Mr. Bob L. Gaddy  
Rebsamen Insurance

Hope H. Bradberry  
2334 Meandering Way  
Fayetteville, AR 72701

FABERGE  
1996

FABERGE  
1996

MAR 21 1996

PRESIDENTIAL SCHEDULING CORRESPONDENCE TRACKING

Request-

FLIOUS+ POTUS attend Faberge Ball

Name(s)-

Hope H. Bradberry

Address:

Title-

Organization- Junior Service League of N.W. Arkansas

Address- 2334 Meandering Way

City- Fayetteville

State- Ar

Zip- 72701

Start Date of Event: 3-3-96

End Date of Event:

Event City: Fayetteville

Event State: Ar.

Type of Event-

☐ Speech  
☒ Reception/dinner  
☐ BC Visit  
☐ Meeting  
☐ Other

☐ Accept award/patron/degree  
☐ Parade/Festival  
☐ Commencement  
☐ Conference  
☐ General Event

Type of Letter-

960612

Events

☒ Late  
☐ Regret  
☐ splus.reg  
☐ Open

Other:

☐ Run  
☐ Golf  
☐ Sax  
☐ Benefit

Meetings

☐ Late  
☐ Regret (Families coming to D.C.)  
☐ Regret (all others)  
☐ splus.meet  
☐ Open

☐ Late.run  
☐ Late.golf  
☐ Speak

Issues-

social

Initials-

RAM