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001. report	re: US Government (1 page)	04/19/1993	P1/b(1)

COLLECTION:

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Speechwriting
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FOLDER TITLE:

HRC -University of Lisbon Symposium Video with Dr. Brazelton 9/12/95

2017-1164-S

rc2736

RESTRICTION CODES

Presidential Records Act - [44 U.S.C. 2204(a)]

- P1 National Security Classified Information [(a)(1) of the PRA]
- P2 Relating to the appointment to Federal office [(a)(2) of the PRA]
- P3 Release would violate a Federal statute [(a)(3) of the PRA]
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- b(9) Release would disclose geological or geophysical information concerning wells [(b)(9) of the FOIA]

Withdrawal/Redaction Marker

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UNIVERSIDADE DE LISBOA
FACULDADE DE MEDICINA
Departamento de Educação Médica

FAX

FAX TO
Mrs. Holly Nichols
FAX n. 001-202-456-6244

Director:
Prof. J. Gomes-Pedro
Director Adjunto:
Prof. M. Lourdes Levy

FROM:
Prof. Doutor João Carlos Gomes-Pedro
Faculdade de Medicina de Lisboa - PORTUGAL
FAX n. 795 61 55

2 pages

Vogais

Prof. Mário C. Lopes
Prof. A. Dinis da Gama
Prof. João Silva Carvalho
Prof. J. M. Pereira Miguel
Prof. A. Castanheira Dinis
Prof. F. Coelho Rosa
Prof. M.ª Guilhermina Saldanha
Prof. J. Lopo Tuna
Prof. J. Soares da Costa
Prof. Carlos Perdigão
Prof. Leonor Parreira
Prof. Miguel O. da Silva
Prof. H. Bicha Castelo
Prof. Afonso Fernandes
Prof. Gáloria Clara
Prof. António Barbosa
Prof. A. Laureano Santos
Dr. V. Guilherme Jordão
Dra. Madalena Patrício
Dr. Paulo Sá
Sofia Quintas

Lisbon, September the 8th, 1995

Dear Mrs. Holly Nichols,

According to our phone talk, I'm sending you some information concerning the International Symposium "STRESS AND VIOLENCE IN CHILDHOOD AND YOUTH", to be held in Lisbon from the 27th to the 30th of September 1995 in Belém Cultural Centre.

I'm enclosing a "Memorandum" and a preliminary programme, as well as a preliminary draft for the "DECLARATION" to be signed by the experts to be present in Lisbon in the opportunity.

Please don't hesitate to contact me for further information.

We are all looking forward for the message of Mrs. Hillary Clinton.

Thank you for your collaboration.

Sincerely yours

Prof. Doutor João Carlos Gomes-Pedro.

Sectores

Gabinete de Estudos
Pós-Graduados (GEPO)
Núcleo de Investigação
e Intervenção Pedagógica
Gabinete de E. Curriculares
e de Integração Europeia
Núcleo de MESTRADOS
Núcleo ERASMUS
Núcleo TEMPUS
Núcleo Editorial e das
Relações Institucionais

Secretariado

Helena Heltor
Dora Ramo

STRESS AND VIOLENCE
in Childhood and Youth

*27th people
in attendance*

Towards a Joint Policy of Health, Education and Justice

AIMS:

- 1) - To inspire and put into practice intervention strategies in favour of the child and the young concerning stress and violence.
- 2) - To guarantee that these strategies are put into practice by National and International Organizations responsible for children's rights concerning Health, Education, Justice and Social well-being.
- 3) - To draw a list of recommendations which may be used as a model and guideline for countries determined to create an effective prevention and intervention policy in favour of the child, bearing in mind stress and violence.
- 4) - To give the Portuguese-speaking scientific and Professional community the opportunity of dialogue and debate on the main issues concerning stress and violence in the child and adolescent.

5) - METHOD:

- 5.1 - Meeting to be held from the 27th to the 30th September 1995, in Lisbon, at the Centro Cultural de Belém;
- 5.2 - Symposium open to the public;
- 5.3 - Participation of eminent portuguese and foreign personalities, experts in the fields of Health, Education, Psychology, Law and others.

6) - ORGANIZATION:

- 6.1 - Medical Education Department of the Faculty of Medicine of the University of Lisbon;
- 6.2 - Child Development Department of the Paediatric Clinic of Hospital de Santa Maria;
- 6.3 - CMCUR - Center for the Study of child and Family Behaviour;

7) - FOR:

Parents, Educators, Health Professionals - Family Doctors, Paediatricians, Obstetricians, Nurses, Child Psychiatrists -, Psychologists, Therapists, Sociologists, Law and Social Security Professionals, all those concerned with childhood, youth and family problems and with stress and violence in general

DECLARATION

The experts present at the International Symposium "*STRESS AND VIOLENCE IN CHILDHOOD AND YOUTH*", which was planned in order to elaborate a **DECLARATION** to be approved by the international organizations responsible for and involved with children and Peace and afterwards handed over to all Governments in the world, consider essential the following statements, which are the result of their research and experience as clinicians and educators.

- * Investment in Education is the great priority in order to construct a culture of Peace and tolerance. Education should privilege togetherness and tolerance as the pathways leading to effective social cohesion.
- * The concept of Peace should represent the educational ideal of the two main educational communities - Family and School - actively involved in the fight against social and human disintegration as a result of stress and violence.
- * There is the need to construct an Education governed by values, based on the principles of non-violation of human dignity, respect for difference and refusal of violence.

- * Families should be the primary providers of love and support as well as the builders of inner strengths in order to become resilient in the face of adversities.
- * Parent education, support and counseling programs should be developed to help strengthen families and enable them to provide better parenting. Such progress will help prevent child abuse and neglect and, ultimately, violence.
- * To give all children the best start for a less stressful and non-violent childhood, all mothers should have continuous emotional support since the beginning of their pregnancy. This support is supposed to be provided by the husband or by an experienced woman during labour and delivery.
- * All mothers should have the opportunities to establish early contact and rooming-in with their new infants in the hospital as well as a minimum of fifteen weeks of maternity leave with support and guidance to encourage responsiveness and sensitivity to the baby's needs. f
- * All children have the right to grow up in an environment sensitive to their needs without exposure to violence such as physical punishment because when they become parents they tend to repeat with their children what was done to them.

- * Domestic violence namely spouse abuse should not be condoned. Wives and children should be safe in their homes.
- * Children exposed to violence should have an adult, preferably a non traumatised parent, available to them on a regular basis to provide support and security. No child exposed to violence should suffer alone.
- * Fostering children's normal emotions of joy and interest, motivation for competence and capacities for coping with stress should be the concern of all peoples and Governments.
- * Social institutions and programs need to be built on the strengths of families to participate in the addressing and overcoming of adversities all families face.
- * Individuals and international organizations should affirm that violence is a socially unacceptable behaviour and instead emphasis should be placed on human values, responsibility and respect for the rights of others.
- * Violence is, nowadays, an "epidemic situation". An international study group should be created in order to organize a structured prevention of social violence, in general.

- * Stress and violence are the result of absent or inadequate communication.
- * More public information is needed about the damaging effects of violence exposure on children and the need for peaceful and non-violent alternatives.
- * Regional training in some areas of each continent is needed in order to organize trainee programs for the basic and integrated care for children, adolescent and families.
- * Children's right to participate in decisions concerning them, to privacy and to rehabilitation and educational support adapted to their specific situation should be fully respected.
- * In terms of violence from either war or community violence, safe areas for children and their parents need to be set up to protect them.
- * Problems concerning minors involved in acts of violence should be adequately studied, distinguishing the cases in which they are victims from those in which they are agents, in order to put into practice, in each situation, appropriate administrative and judicial measures.

- * A research protocol should prospectively track features of parent child relationships for groups of children characterized by different risk factors.
- * A research protocol should be established to prospectively examine the economic "costs" associated with two groups of children, both at risk for violence but one provided with potential prevention techniques and one not (structured in a manner to be ethical and not developmentally harmful for all children involved).
- * U.N., WHO and UNICEF should promulgate a statement indicating the status of current knowledge concerning relative biological and environmental contribution to the genesis of violence in childhood and youth.
- * U.N., WHO and UNICEF should promulgate a statement describing all specific factors known to be associated with the development of violence in children.
- * It is not enough to accuse organizations in countries which, although preaching peace, deal with arms. They must be stopped.

- * Family centered and community-centered approaches are needed for the prevention of violence and the treatment of its consequences.
- * Education for peace involves resilience and faith. When self-centered and alone, Man becomes violent.
- * Governments must establish joint policies of Education, Health, Justice and Social Intervention in order to obtain adequate and fair Prevention of stress and violence in children, youth and families.
- * Love of nature must be a fundamental component in the construction of an ideal of Peace.
- * Each Government should have a Cabinet member who may assess, independently and competently, the values and dangers of each move to children's future.

The experts subscribing these statements consider that survival of human dignity in our stressed society depends on how each society puts children first.

Children coming first is the only way for families to start being valued.

It is a belief of all the experts subscribing the **DECLARATION** that, at present, our society does not value its future generation.

In short, what the experts subscribing this **DECLARATION** propose to be remembered, respected and defended are the fundamental needs each child deserves as his essential rights.

These are the fundamental needs each child deserves:

1. Unequivocal love - preferably by one, but hopefully, by two.
2. Respect in order to develop a decent self-image.
3. Discipline in the form of respectful teaching to learn "self limits".
4. Adults who guide him in absorbing the mores and values of the culture in order he may learn respect for stress, including the consequences when he oversteps their boundaries.
5. Responsibility for himself and for the others.
6. Altruism caring for well-being of others.
7. Decent education and a chance to learn a career

8. A good health, being responsible for his health and for the health of others and understanding prevention of disease as a priority.
9. Respect for diversity and differences in others.
10. Strong belief systems - ideals, religion, affection and dedication to society.

Without these needs what can be predicted is emptiness, hopelessness, anger, stress and violence.

The experts subscribers of this **DECLARATION** believe and wish that these principles may be a reason of life and fight for all the men and women who believe in the future.

That's the hope which inspired the Symposium held in Lisbon in order to elaborate a Declaration for the world thought and written at the term of a century and intended as a guide for children and youth in a new era.

PROGRAMA
PROGRAMME

27 de Setembro

9.00 H - A inspiração do dia, através do poema

Inspiration of the day through a poem

M. Jesus Barroso

PRIMEIRA PARTE - O stress e a Violência na Criança e no Jovem

Stress and violence in childhood and youth

Chairpersons: *M. Jesus Barroso Soares; A. Coimbra de Matos*

Secretário: *Fernanda Torgul-Garcia*

9.10 H - Um modelo bioecológico para a compreensão do
stress e da violência na criança

A bioecological model for the understanding of stress
and violence in childhood

Urie Bronfenbrenner

10.00H - Stress da vida e destino da mente

Life stress and mind destination

Amélia Vasconcellos

10.50II - Pausa Café

Coffee Break

11.20II - Da vulnerabilidade à resiliência - do conceito à acção

From vulnerability to resilience - from concept to
action

Michel Mancieux

12.10II - O stress no mundo da criança e a criança no mundo
do stress

Stress in the world of the child and the child in the
world of stress

Berry Brazalton

13.00H - Almoço

Lunch

SEGUNDA PARTE - Stress e violência na sociedade em que a
criança vive
Stress and violence in the society where the
child lives

Chairpersons: *Roberto Carneiro; R. Cunha Ferreira*
Secretário: *Manuela Madeira*

15.00II - Mesa Redonda 20 min.

O stress e a violência no mundo
Stress and violence in the world
M. Jesus Barroso Soares

O stress e a violência na Educação
Stress and violence in Education
Roberto Carneiro

O stress e a violência na Saúde
Stress and violence in Health
J. Lobo Antunes

O stress e a violência no ambiente
Stress and violence in environment
Helenus Roseta

O stress e a violência na Justiça
Stress and violence in Justice
J. Vera Jardim

O stress e a violência nos Media
Stress and violence in Media
Mário Cordeiro

O stress e a violência nos conceitos, nos
costumes e nas Religiões
Stress and violence in concepts, in customs
and in Religions
A. Vaz Pinto

17.45H - Discussão
Discussion

18.00H - Pausa Café
Coffee Break

18.30H - Sessão de Abertura Oficial
Opening Ceremony

Presidida por Sua Excelência o
Senhor Presidente da República

19.15H - Encerramento do Primeiro Dia Científico
Closure of the First Scientific Day

28 de Setembro

9.00 H - A inspiração do dia, através do poema
Inspiration of the day through a poem
Sofia de Melo Breyner Andersen

TERCEIRA PARTE - Gênese do stress e da violência na Criança, no Jovem e na Família
Genesis of stress and violence in the Child, in the Youth and in the Family

Chairpersons: *Adriano Moreira; Dias Cordeiro*
Secretário: *Ramón Letúñ*

9.05 H - O melhor começo para uma infância menos violenta e menos estressante
The best start for a less stressful and violent childhood
John Kennell

9.55 H - Política da violência e violência das políticas
Politics of violence and violence of politics
Luís Nogueira de Brito

10.40H - Pausa Café
Coffee Break

11.20H - A violação das expectativas - um modelo etiopatogénico para o stress nas relações precoces
Violation of expectations - an ethiopathogenic model for stress in early relationships
Edward Tronick

12.10H - Promoção da Resiliência na criança: uma estratégia para fazer face ao stress e à violência, em função das adversidades
Promoting Resilience in children: a strategy to face stress and violence reaction to adversities
Edith Grotberg and Lee Burchinal

13.00H - Almoço

QUARTA PARTE - Clínica do stress e da violência
Clinics of stress and violence

Chairpersons: *Fernando de Pádua; J. Torgal-Garcia*

Secretário: *Nuno Lacerda*

15.00H - Mesa Redonda 15 mm.

Epidemiologia do stress e da violência
Epidemiology of stress and violence

J. Pereira Miguel

Semiologia do stress e da violência na Criança,
no Jovem e na Família

Semiology of stress and violence in the Child,
in the Youth and in the Family

Emílio Salgueiro

Diagnóstico do stress e da violência

Diagnosis of stress and violence

António Barbosa

Avaliação de recursos, comunicação e
solidariedade. Bases para uma intervenção
clínica em função do stress e da violência.

Assessment of resources, communication and
solidarity. Bases for a clinical intervention in
terms of stress and violence

Teresa Maldonado

16.00H - Discussão

16.15H - Pausa Café
Coffee Break

QUINTA PARTE - Como a violência entra na criança e como a
criança entra na violência.
How violence enters the child and how the child
enters violence

Chairpersons: *Nelson Lourenço; S. Pérez de Ricalde*
Secretário: *Manuela Baptista*

16.45H - Mesa Redonda

A criança da guerra
The child of war

M. Jesus Barroso Soares

A criança da droga
The child of drug

V. Feytor Pinto

A criança da solidão
The child of loneliness

Eduardo Sá

A criança da negligência
The child of neglect

M. Lourdes Levy

A criança do medo
The child of fear

Graça Vilhena

A criança do stress e da violência
The child of stress and violence

J. Gomes-Pedro

18.15H - Discussão
Discussion

18.30H - Encerramento do Segundo Dia Científico
Closure of the second scientific Day

9.00 H - A inspiração do dia através do poema
Inspiration of the day through a poem

Manuel Alegre

SEXTA PARTE - O Direito e os Direitos
Law and Rights

Chairpersons: *I. Magalhães Colaço, Ana Vicente*

Secretário: *M. Oliveira e Silva*

9.05 H - Violência, crime e sociedade
Violence, crime and society

Teresa Belaza

9.50 H - Vítimas do silêncio - crianças testemunhas da
violência

Silent victims - children who witness violence

Barry Zuckerman

10.40H - Pausa Café
Coffee Break

11.10H - Mesa Redonda

20 min.

Da violação dos Direitos à génese da violência
From violation of Rights to the genesis of
violence

M. Santos Pais

Resiliência face ao Stress Social; implicações
em estratégias de intervenção
Resilience to severe social stress; implications
for intervention strategies

A. F. Oshorn

Modelo de Educação, Modelo de Saúde,
Modelo de Justiça e Modelo de Sociedade -
bases para a prevenção do stress e da violência
no Adolescente

Education, Health, Justice and Society Models
- bases for the prevention of stress and violence
in the Adolescent

Daniel Sampaio

A reabilitação dos menores em função dos
Direitos

Rehabilitation of minors according to rights

Eliana Gersão

Para um real cumprimento dos Direitos da
Criança e da Família

Towards an effective fulfilment of Rights of
Child and Family

Armando Leandrino

12.50H - Discussão
Discussion

13.05H - Almoço
Lunch

SÉTIMA PARTE - Violência, Educação e Desenvolvimento Violence, Education and Development

Chairpersons: *E. Marçal Grilo; Jorge Biscala*
Secretário: *Madalena Patrício*

15.00H - Violência: efeitos na criança e no Desenvolvimento
Violence: effects on child and youth development
Joy Osofsky

15.50H - Stress e ambiente. As competências e as
vulnerabilidades da criança em função dos
contextos e das interações sociais
Stress and environment. The child's competencies
and vulnerabilities regarding settings and social
interactions

Hubert Montagner

16.40H - Pausa Café
Coffee Break

17.10H - Morbilidade e mortalidade na Adolescência - Qual o papel do stress e da violência? A experiência do Reino Unido
Morbidity and mortality in Adolescence - what part do stress and violence play? The United Kingdom experience.

A. Macfarlane

18.00H - Para uma nova filosofia da Educação em função do stress e da violência.
Towards a new philosophy of Education in the light of stress and violence

Bettye Caldwell

18.50H - Encerramento do Terceiro Dia Científico

30 de Setembro

9.00 II - A inspiração do dia através do poema
Inspiration of the day through a poem

OITAVA PARTE - Resiliência e Esperança
Resilience and Hope

Chairpersons: *Veiga Simão; Carlos Neto*
Secretário: *M. João Gomes-Pedro*

9.05 H - Stress e violência na criança e no jovem - novos
riscos e novos desafios
Stress and violence in childhood and youth - new
risks and new challenges

Gerald Young

9.50 H - Projecto na vida e vida nos projectos
Project in life and life in projects

Salvador Celia

10.40H - Pausa Café
Coffee Break

NONA PARTE - O Futuro
The Future

Chairpersons: *M. Lourdes Levy; Manuel Abcassis*
Secretário: *Miguel Palha*

11.10H - Mesa Redonda

Saúde, Educação, Justiça e Segurança Social
- uma só Filosofia, um só Direito para uma só
política
Health, Education, Justice and Social Security -
one single Philosophy, one single Law for one
single Policy

Rui Machete

Os Valores na prevenção do stress e da
violência

Values in prevention of stress and violence

V. Pinto Magalhães

Os "touchpoints" como modelo de prevenção
face ao stress e à violência da criança e da
família

Touch-points as a preventive model in the light
of stress in the Child and the Family

Berry Brazelton

12.10H - DÉCIMA PARTE - A Declaração de Lisboa e o
Compromisso
Lisbon Declaration and the
Compromise

Chairpersons: *J. Gomes-Pedro; A.M. Benard da Costa*

Secretário: *J. P. Cobra Ferreira*

A Declaração de Lisboa
The Lisbon Declaration

J. Gomes-Pedro

O Compromisso
The Compromise

M. Jesus Barroso Soares

12.50H - Breve Cerimónia de Encerramento do Simpósio
Brief Ceremony of Closure of the International
Symposium

draft
September 11, 1995

FIRST LADY HILLARY RODHAM CLINTON
VIDEOTAPED REMARKS FOR
UNIVERSITY OF LISBON INTERNATIONAL SYMPOSIUM
"STRESS AND VIOLENCE IN CHILDHOOD AND YOUTH"
SEPTEMBER 12, 1995

I am sorry not to be able to join all of you in Lisbon for the International Symposium on Stress and Violence for Children and Youth. I too am deeply concerned about the world we are providing for our children. We are living in an increasingly violent and angry world. For many families, daily stresses are becoming more than they can cope with. As a result, children ~~are~~ too often ^{growing} up in an environment of hopelessness.

(ok) ^{sur} ~~The family life that might have offered children hope and a strong self-image is changing too often to a violent one.~~ These are signals to all of us that our societies aren't offering the support and solutions which families need. Children are bound to grow up ~~in such a society~~ ^{thinking} that violence is a way out. Not believing in themselves, how can they care about others?

*In these
Circumstances*

What can we do to give families the support they need to nurture their children? What can we do to reverse present trends?

The goals of this congress are an excellent place to start. I understand that organizations such as the U.N., Unicef, World Health Organization and Save the Children will be represented. It is time for all of us who care about children and families to put our heads and our energies together to attend to our common future. This congress, by concentrating on strengthening the family, offers hope that throughout a child's life, particularly in the early years, he or she can mature in an environment that offers a strong self-image and an alternative to violence.

I am sorry indeed not to meet your First Lady, Maria Barroso Soares [BAHR-ozo SWAR-es] at your conference. I hear from my friends that she is a woman who is deeply committed to the children and families in her country.

I ~~heartily~~ support the declarations which you will vote for, and I know that our U.S. delegates do also. I hope I can be of help from Washington when our U.S. representatives return. You have my best wishes and hopes for success.

###



Children's Hospital
300 Longwood Avenue
Boston, MA 02115
617-355-6948
617-859-7215 (fax)

FAX TRANSMITTAL COVER SHEET

ORIGINATING FAX NO.: (617) 859-7215

TO:

HOLLY NICHOLS

FROM:

T. BERRY BRAZELTON

DATE:

9-11-95

Number of pages including cover sheet:

3

DESTINATION TEL. NO.:

202-456-7561

DESTINATION FAX NO.:

202-456-5340

COMMENTS:

PLEASE CALL ME SHOULD
YOU HAVE ANY QUESTIONS OR
COMMENTS - THANK'S.

KATHY

Edward Z. Tronick, Ph.D.
Chief, Child Development Unit
Associate Professor of Pediatrics

T. Berry Brazelton, M.D.
Professor Emeritus

I am sorry not to be able to join all of you in Lisbon for the International Symposium on Stress and Violence for Children and Youth. I would love indeed to be there with all of you. I too am deeply concerned about the world we are providing for our children. We are living in a more and more violent, angry world. Stresses for most families are increasing more rapidly than they can meet them. As a result, children are too often growing up in an environment of hopelessness. Their parents can't find solutions. A sense of depression in the family results. Anger quickly follows. The family life that might have offered children hope and a strong self-image is changing too often to a violent one - spouse violence and child abuse. These are signals to all of us that our societies aren't offering the support and solutions which families need. Children are bound to grow up in such a society thinking that violence is a way out. Not believing in themselves, how can they care about others? Hopelessness for a family's future cannot be tolerated and the anger that results can blot out any sense of altruism and of resourcefulness. Why are we ignoring the supports that families need to nurture their children? Why are we letting this happen? What can we all do to reverse these trends?

I commend the purposes of this congress. I understand that organizations such as the U.N., Unicef, World Health Organization and Save the Children will be represented. It is surely time for all of us who care about children and families to put our heads and our energies together to attend to our families' future. For we do know some of the strategies that we can enlist which could change this picture of violence. I am interested that this congress will be concentrating on the early years and the opportunities for reinforcing the families of small children for success in facing their life circumstances. Strength leads to hope. They then could certainly provide their children with environments which would foster strong self-images. They would become adults who would not need to resort to violence as a way of life.

As a lawyer myself, I am particularly proud that the legal arm of the United Nations has asked for this conference. I know that social justice is based on attention to children's rights. And that prevention is more effective and less costly than any legal decision might be after failure has ensued. If we can strengthen families, we can provide children with the nurturing environments they need.

I am sorry indeed not to meet your First Lady, Maria Barroso Soares at your conference. I hear from my friends that she is a woman who is deeply committed to the children and families in her country. I admire her from afar. I know the problems she must face as she fights for them, but I also know the satisfaction she must feel as she advocates for their rights. I hope we can meet in the future.

Page Two

The declarations which you will vote for are wonderful, indeed. I support them heartily and I know that our U.S. delegates will. I hope I can be of help from Washington when our U.S. representatives return. You have my heartiest good wishes and hopes for success.