

Attn:

THE WHITE HOUSE
WASHINGTON

Captain Taghab

~~changed~~

Fax 202-782-0977

Medical Nutrition
Therapy Clinic

63710

Pager: 782-7585
#1409

(P) 782-3360

Faxing charges on Monday

*first lady
great country
met kids like you,
mom & dad's, grandmas
& pas don't
all diff things
to make country
better.*

FIRST LADY HILLARY RODHAM CLINTON
VIDEOTAPED REMARKS FOR THE DEPARTMENT OF THE ARMY
DISTANT LEARNING NUTRITION CLASSES
FEBRUARY 19, 1997

As the Army Medical Specialist Corps celebrates its 50th Anniversary, it is my pleasure to commend the efforts of its Army Registered Dietitians. They have shown leadership and dedication in nutrition since the earliest days of the profession. The President and I appreciate their commitment to administer Medical Nutrition Therapy in the treatment of disease and to promote health and wellness through good nutrition.

I am pleased to join the Walter Reed Army Medical Center in this first ever telemedical nutrition therapy class for active duty soldiers and their families. Maintaining a healthy lifestyle is vital to remaining fit throughout life. Registered dietitians can help you make realistic lifestyle changes to foster a lifetime of health benefits.

Medical Nutrition Therapy also improves health, prevents and treats illnesses like heart disease and diabetes and reduces health care costs. For retired military or family members who may be experiencing illness or a progressive disease, the Registered Army Dietician can offer invaluable advice to control your condition and prevent worsening of ^athe disease.

As the Army Registered Dietician's motto states, "Nutrition and readiness are linked and inseparable." Your Commander-in-Chief and I applaud your efforts to participate in these nutrition classes and work with your Army Registered Dietician to preserve your readiness for service. We wish you the best of luck in your quest for good nutrition and a lifetime of healthy living.

March 3, 1997

Department of the Army Distant Learning Nutrition Classes Video

DATE:	March 5, 1997
TIME:	
LOCATION:	Room 459, OEOB
FROM:	Carrie Greenstein

I. PURPOSE

To videotape remarks for the Department of the Army's distant learning nutrition classes.

II. BACKGROUND

In honor of March being National Nutrition Month and the 50th anniversary of the Army Medical Specialist Corps, the Walter Reed Army Medical Center Community and Army Installations throughout the Northeast Region are starting nutrition classes for active duty soldiers. The classes will be taught using Walter Reed's latest telecommunications technology or "telemedicine" and will reach over 166,000 active duty soldiers and their families throughout 52 military installations. The emphasis of the classes is to stress the important role of the Army dietician in promoting wellness and combat readiness of troops through good nutrition and disease prevention. The Army dieticians' motto is "Nutrition and readiness are linked and inseparable".

The video will serve as an introduction to the nutrition classes. The goal is to motivate the soldiers participating in the classes to heed the advice given and care for their health and wellness. The Army dieticians are committed to teaching healthy eating as a means of preventing and treating disease. Their mission is to increase the readiness potential of America's soldiers through good health and nutrition.

III. PARTICIPANTS

HRC

IV. SEQUENCE OF EVENTS

- HRC to record video

V. PRESS

Closed press

VI. REMARKS

Scripts provided by Carrie Greenstein

**FIRST LADY HILLARY RODHAM CLINTON
VIDEOTAPED REMARKS FOR THE DEPARTMENT OF THE ARMY
DISTANT LEARNING NUTRITION CLASSES
FEBRUARY 19, 1997**

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REPLY TO
ATTENTION OF:DEPARTMENT OF THE ARMY
WALTER REED ARMY MEDICAL CENTER
WASHINGTON, DC 20307-5001

January 15, 1997

To: Scheduling Office, First Lady
White HouseFrom: CPT Jaghab, R.D.
Chief, Medical Nutrition Therapy Clinic

In honor of the month of March being National Nutrition Month, I am requesting the First Lady's support and participation for the Walter Reed Army Medical Center Community and Army Installations throughout the Northeast Region. Army dietitian's at Walter Reed need her support with a 5 minute video tape narrated by Mrs. Clinton.

This 5 minute video tape would be used for distant learning with over 16,000 active duty soldiers throughout 20 military installations. These nutrition classes being taught using Walter Reed's latest telecommunications technology will begin this March in honor of National Nutrition month. The emphasis here would be to stress the important role of the Army dietitian in promoting wellness and combat readiness of troops through good nutrition and disease prevention. The Army dietitian's motto is "Nutrition and readiness inseparable."

This video segment would be used as an introduction to all of these classes. If the First Lady could reiterate our motto and intent, up front, I am sure the soldiers participating in the class would be much more motivated and pay more attention to the class and ultimately their own health and wellness. The content of this video should reemphasize Mrs. Clinton's concern for health care and stress Nutrition Care Services as being an important component of preventive medicine, health and wellness. Army dietitians have been the leaders in dietetics since the inception of the profession.

The Army dietitians here at Walter Reed Army Medical Center are all involved in promoting positive life style changes appropriate for individual patient's needs. Their efforts to increase awareness of eating healthy and positive life style changes are critical in health care that for too long has focused on treating the disease rather than prevent the disease. Our role as Army dietitian's is to promote health to increase the readiness potential of our soldiers. The First Lady's support of our mission and our motto would add great value and credibility to our distant learning efforts.

The point of contact for the above is CPT Danny Jaghab, Chief of the Medical Nutrition Therapy Clinic, (202)782-3360.

The address is :
Nutrition Care Directorate
Attention: CPT Jaghab, C, MNT Clinic
Walter Reed Army Medical Center
6825 16th St. NW
Washington, D.C. 20307-5001

Arkansas Easter Seal Society's Arkansan of the Year Dinner

The Arkansas Easter Seal Society will be honoring Jimmie Lou Fisher on February 7 as the 1997 Arkansan of the Year. The annual awards dinner benefits the Arkansas Easter Seal Society, which has been serving Arkansas; children and adults with disabilities in all 75 counties for more than 50 years. This year's dinner will be held at the Excelsior Grand Ballroom in downtown Little Rock and the keynote speaker will be Rev. Randy Hyde of Pulaski Heights Baptist Church.

According to Easter Seals' boardmember James Keown, Jimmie Lou Fisher was chosen as this year's honoree "because of her involvement with Easter Seals as well as her government and political activity". Fisher is a native of Delight, Arkansas and attended Arkansas State University and Harvard University's John F. Kennedy School of Government. She was Greene County treasurer from 1971 to 1978 and was appointed state auditor by then-Gov. Bill Clinton in 1979. From 1976 to 1978, Fisher was vice chairman of the Democratic State Committee. She has served as state treasurer since 1980 and is secretary of the Arkansas State Board of Finance. Among the other awards she has received are the Arkansas Federation of Democratic Women's "Nancy J. Hall Award," the National Association of Democratic Women's "Outstanding Women in Politics Award," the National Association of the State Treasurers "Jesse Unruh Award" and the George C. Douhit Scholarship Trust's "Outstanding Women in Politics Award."

Past recipients of the Easter Seals Arkansan of the Year Award include: Pattie Upton, founder of Aromatique Inc.; George Mitchell, retired president of Arkansas Blue Cross and Blue Shield; Don Tyon, J.B. and Johnelle Hunt, the late Herschel Friday, Justice Ray Thornton, Mack McLarty and U.S. Senators David Pryor and Dale Bumpers.

Additionally, President Clinton is a former honorary president of the board of directors of the Arkansas Easter Seal Society.

just in
case

164 2400
* HRC & POTUS *

HRC VIDEO REQUEST FORM

DATE TO BE RECORDED 2/6 CT

YES ☒ NO ☐ APPROVED BY: HRC PS MW MV / CONFIRMED _____

ORGANIZATION	Arkansas Easter Seal Society
DATE OF EVENT	Feb 7
LOCATION	Little Rock, AR
EVENT	Arkansan of the Year: Jammie Lou Fisher
WHITE HOUSE STAFF CONTACT	Blanche Lambert Lincoln
CONTACTS	Shannon Aston / 501-227-3105
BILL TO	
SEND TO	
SEND VIA	REGULAR MAIL _____ FED EX _____ ACCT # _____ SATURDAY DELIVERY _____ AIRBORNE EX _____ ACCT # _____ PICK UP _____ CONTACT _____ PHONE # _____
FORMAT	VHS _____ BETA _____ BETA CAM _____ BETA CAM SP _____ 3/4" _____ OTHER _____
NOTES	* HRC wants POTUS to do too *

62
BLANCHE LAMBERT LINCOLN
1ST DISTRICT, ARKANSAS

1204 LONGWORTH BUILDING
WASHINGTON, DC 20515
202-225-4076

DISTRICT OFFICE:

615 SOUTH MAIN
SUITE 211
JONESBORO, AR 72401
501-972-4600
800-866-2701

Congress of the United States

House of Representatives

Washington, DC 20515-0401

December 16, 1996

to Milli
COMMERCE COMMITTEE
SUBCOMMITTEE ON ENERGY AND POWER
SUBCOMMITTEE ON HEALTH AND ENVIRONMENT
SUBCOMMITTEE ON COMMERCE, TRADE,
AND HAZARDOUS MATERIALS

Hon. Hillary Rodham Clinton
The First Lady
The White House
Washington, D.C. 20500

Dear Hillary:

Carmen McClain
501-227-3700
James Aston

Pl 2
Box 119
Hughes 78378
(227)
3705

I am writing to request your participation in a special event honoring a very dear and mutual friend of ours, Jimmie Lou Fisher.

On Friday, February 7, at the Excelsior Hotel Grand Ballroom in downtown Little Rock, Jimmie Lou will be acclaimed as the 1997 Arkansan of the Year by the Arkansas Easter Seal Society. It is a recognition richly deserved by a woman who has devoted most of her life to helping the State of Arkansas. I am hoping that you will agree to be the keynote speaker for this special event and help fellow Arkansans recognize Jimmie Lou's lifetime achievements while also raising funds for an important charity.

As you know, the annual awards dinner in February benefits the Arkansas Easter Seal Society, which has been serving Arkansas' children and adults with disabilities in all 75 counties for more than 50 years. It is recognized as one of the best programs in the country. I am proud to serve as the Ticket Committee Co-Chairman of this year's event.

Previous recipients of the Arkansan of the Year award include Mack McLarty, Sen. Dale Bumpers, Sen. David Pryor, Dr. George K. Mitchell, Patti Upton and Herschel Friday.

I know that you maintain an extremely demanding schedule. However, I also believe that this special event warrants your every consideration and I sincerely hope that you can participate. Please let me know if there is anything I can do to help make it possible. In the meantime, Steve and I want to wish you a Merry Christmas and a Happy New Year.

Sincerely,

Blanche L. Lincoln

Blanche Lambert Lincoln
MEMBER OF CONGRESS

We all hope that
you can come!

Patti
to Carol

THE WHITE HOUSE

January 10, 1997

Holly -
let's do
a video.
POTUS
do
See if
can also
come w/ her
Patti

Honorable Blanche Lambert Lincoln
Rt. 2, Box 119
Hughes, Arkansas 72348

Dear Blanche:

Thank you for your letter encouraging me to attend the Arkansas Easter Seal Society's dinner honoring Jimmie Lou Fisher. I appreciate hearing from you and have forwarded a copy of your letter to my scheduling office for consideration. I hope my letter finds you and your family well and enjoying private citizenship!

With warm regards, I remain

Sincerely yours,

Hillary

Hillary Rodham Clinton

✓ cc: Patti Solis Doyle
Director of Scheduling

See note
from HRC →

Department of the Army/Nutrition Clinic's National Nutrition Month

Captain Danny Jaghab, Chief of the Medical Nutrition Therapy Clinic, has asked for the First Lady's support and participation in honor of National Nutrition Month, March, for the Walter Reed Army Medical Center Community and Army Installations throughout the Northeast Region. Mrs. Clinton has visited the Walter Reed Army Medical Center on many occasions, including on February 22, 1995 to discuss Gulf War syndrome with doctors from the center, Gulf War veterans and their spouses.

The Nutritional Clinic is now asking for the First Lady to narrate a 5 minute video tape to be used in educating more than 16,000 active duty soldiers throughout 20 military installations. These nutrition classes will be taught using the Medical Center's latest telecommunications technology and will start this March, National Nutrition Month. The video will stress the important role of the Army dietitian in promoting wellness and combat readiness of troops through good nutrition and disease prevention. The Army dietitian's motto is "Nutrition and readiness inseparable." Captain Jaghab feels that with an endorsement from Mrs. Clinton, the soldiers will pay more attention to the class and ultimately their own health and wellness.

HRC VIDEO REQUEST FORM

DATE TO BE RECORDED _____

YES ___ NO ___ APPROVED BY: HRC PS MW MV /CONFIRMED _____

ORGANIZATION	Dept. of the Army / Nutrition Clinic - Walter Reed Army Med. Center
DATE OF EVENT	March / Record in Feb.
LOCATION	
EVENT	Video Used for training teaching active duty soldiers pre: National Nutrition Month
WHITE HOUSE STAFF CONTACT	
CONTACTS	CPT Danny Jaghab / 202-782-3360
BILL TO	
SEND TO	
SEND VIA	REGULAR MAIL _____ FED EX _____ ACCT # _____ SATURDAY DELIVERY _____ AIRBORNE EX _____ ACCT # _____ PICK UP _____ CONTACT _____ PHONE # _____
FORMAT	VHS _____ BETA _____ BETA CAM _____ BETA CAM SP _____ 3/4" _____ OTHER _____
NOTES	

FAX TRANSMISSION

MILITARY JUSTICE

OFFICE OF THE CENTER JUDGE ADVOCATE
WALTER REED ARMY MEDICAL CENTER
WASHINGTON, D.C. 20307-5001
COMM (202) 782-1672
DSN: 662-1672
FAX: (202) 782-0977
SSG CALP, NCOIC MILITARY JUSTICE

TO: Kari Greenstein DATE: 3 March 97
FAX #: (202) 456-5709 PAGES: 2 PAGES, INCLUDING,
THIS COVER SHEET
FROM: CPT Danny Jaghab
SUBJECT: Revised Script

COMMENTS: Revised Script for Mrs. Clinton's
Vides tape. Thanks!
(202) 782-3360
782-0977

CONFIDENTIALITY NOTICE

THIS FACSIMILE TRANSMISSION COVER SHEET, AND DOCUMENT WHICH MAY ACCOMPANY IT, CONTAIN INFORMATION FROM THE OFFICE OF THE CENTER JUDGE ADVOCATE WHICH IS INTENDED FOR THE USE OF THE INDIVIDUAL OR ENTITY TO WHICH IT IS ADDRESSED, AND WHICH MAY CONTAIN INFORMATION THAT IS PRIVILEGED, CONFIDENTIAL, AND/OR OTHERWISE EXEMPT FROM DISCLOSURE UNDER APPLICABLE LAW. IF THE READER OF THIS MESSAGE IS NOT THE INTENDED RECIPIENT OR THE EMPLOYEE OR AGENT RESPONSIBLE FOR DELIVERING THIS MESSAGE TO THE INTENDED RECIPIENT, ANY DISCLOSURE, DISSEMINATION, DISTRIBUTION, COPYING OR OTHER USE OF THIS COMMUNICATION OR ITS SUBSTANCE IS PROHIBITED. IF YOU HAVE RECEIVED THIS COMMUNICATION IN ERROR, PLEASE CONTACT THE OFFICE OF THE INDIVIDUAL FAXING THE DOCUMENT, OR RETURN IT TO US.

To: Kari Greenstein, First Ladies Script Office
From: Danny Jaghab, CPT, Walter Reed Army Medical Center

SUBJECT: REVISED SCRIPT FOR MRS. CLINTON'S PARTICIPATION IN DISTANT LEARNING NUTRITION CLASSES.

This is the 50th anniversary of the Army Medical Specialist Corps which is comprised of Physical Therapists, Occupational Therapists, Physician Assistants and Registered Dietitians. I would like to applaud all of their efforts on this occasion in particular their dietitians. There is no better time to do this than now. The Army Registered Dietitian has been the leaders in dietetics since the inception of the profession. The President and I are concerned about good health care and appreciate the efforts of Army Registered Dietitians in both promoting health and wellness with good nutrition and administering Medical Nutrition Therapy in treating disease.

For the young soldier who may be healthy and feel invincible now, consistently healthy lifestyle behaviors play an integral part of remaining healthy throughout life. Eating properly from a young age, staying physically fit and living a balanced lifestyle is the best way of staying healthy and keeping your deployment readiness standards high. Your Army Registered Dietitian will help you make realistic lifestyle changes that will promote a lifetime of health benefits.

For the retired military or family member who may be experiencing an illness or progressive disease state, the Army Registered Dietitian will give you invaluable advice that will control your condition and prevent further progression of the disease process. The beneficial therapeutic effects of proper Medical Nutrition Therapy in treating numerous diseases like heart disease and diabetes are both well documented and cost effective. In today's managed care environment Medical Nutrition Therapy plays a crucial role in promoting health, treating illness and reducing health care costs.

With the advent of managed care I am pleased to see the use of the latest technology in increasing medical access to patient care. Walter Reed Army Medical Center's progressive use of telemedicine has put new meaning in the "information super highway" and in "building the bridge to the 21 century." I am proud and delighted to participate in this first ever telemedical nutrition therapy class for active duty soldiers and their families. I understand that telemedical nutrition therapy classes will be conducted throughout 52 TRISERVICE military installations covering over 166,000 Active Duty soldiers and their families in just the Walter Reed region alone. The benefits of these efforts will surely be evident immediately and over the long term.

Walter Reed Army Medical Center
In conclusion as the Army Medical Specialist Corps celebrates it's 50th anniversary I would like to emphasize their Registered Dietitian's motto which states "Nutrition and Readiness are linked and inseparable." I encourage each and every one of you to eat healthy and make necessary lifestyle changes that will improve your health and ultimately increase your deployment readiness capacity and the security of this Nation. Your Commander in Chief and I both applaud your efforts to participate in these nutrition classes and wish you the best of luck in complying with the advice of your Army Registered Dietitian.

DRAFT #1

**FIRST LADY HILLARY RODHAM CLINTON
VIDEOTAPED REMARKS FOR THE DEPARTMENT OF THE ARMY
DISTANT LEARNING NUTRITION CLASSES
FEBRUARY 19, 1997**

As the Army Medical Specialist Corp's celebrates its 50th Anniversary, it is my pleasure to commend the efforts of its Army Registered Dietitians. They have shown leadership and dedication in nutrition since the earliest days of the profession. The President and I appreciate their commitment and endeavors to administer Medical Nutrition Therapy in the treatment of disease and to promote health and wellness through good nutrition.

fighten somewhat redundant
I am pleased to join the Walter Reed Army Medical Center in this first ever telemedical nutrition therapy class for active duty soldiers and their families. Maintaining healthy lifestyle behaviors play an integral part in remaining fit throughout life. Registered dietitians can help you make realistic lifestyle changes to foster a lifetime of health benefits. Eating properly from a young age, staying physically fit and living a balanced lifestyle are the best ways to sustain your health and keep you ready for service.

?
The benefits of proper Medical Nutrition Therapy on illnesses like heart disease and diabetes play a critical role in advancing health, preventing and treating illness and reducing health care costs. For retired military or family members who may be experiencing illness or a progressive disease, the Registered Army Dietician can offer invaluable advice to control your condition and prevent further advancement of the disease.

As the Army Medical Specialist Corp's motto states, "Nutrition and Readiness are linked and inseparable." I encourage each and every one of you to make healthy food choices and the necessary lifestyle changes to improve health and prevent disease. Your Commander-in-Chief and I applaud your efforts to participate in these nutrition classes and work with your Army Registered Dietician to increase your deployment readiness capacity and ultimately, the security of our nation. We wish you the best of luck in your quest for good nutrition and a lifetime of healthy living.

REPLY TO
ATTENTION OF:DEPARTMENT OF THE ARMY
WALTER REED ARMY MEDICAL CENTER
WASHINGTON, DC 20307-5001

January 15, 1997

To: Scheduling Office, First Lady
White HouseFrom: CPT Jaghab, R.D.
Chief, Medical Nutrition Therapy Clinic

In honor of the month of March being National Nutrition Month, I am requesting the First Lady's support and participation for the Walter Reed Army Medical Center Community and Army Installations throughout the Northeast Region. Army dietitian's at Walter Reed need her support with a 5 minute video tape narrated by Mrs. Clinton.

This 5 minute video tape would be used for distant learning with over 16,000 active duty soldiers throughout 20 military installations. These nutrition classes being taught using Walter Reed's latest telecommunications technology will begin this March in honor of National Nutrition month. The emphasis here would be to stress the important role of the Army dietitian in promoting wellness and combat readiness of troops through good nutrition and disease prevention. The Army dietitian's motto is "Nutrition and readiness inseparable."

This video segment would be used as an introduction to all of these classes. If the First Lady could reiterate our motto and intent, up front, I am sure the soldiers participating in the class would be much more motivated and pay more attention to the class and ultimately their own health and wellness. The content of this video should reemphasize Mrs. Clinton's concern for health care and stress Nutrition Care Services as being an important component of preventive medicine, health and wellness. Army dietitians have been the leaders in dietetics since the inception of the profession.

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The point of contact for the above is CPT Danny Jaghab, Chief of the Medical Nutrition Therapy Clinic, (202)782-3360.

The address is :
Nutrition Care Directorate
Attention: CPT Jaghab, C, MNT Clinic
Walter Reed Army Medical Center
6825 16th St. NW
Washington, D.C. 20307-5001

HRC VIDEO REQUEST FORM

DATE TO BE RECORDED Feb Mar 5

YES ☒ NO ☐ APPROVED BY: HRC PS MW MV / CONFIRMED yes

ORGANIZATION	Dept. of the Army / Nutrition Clinic - Walter Reed Army Med. Center
DATE OF EVENT	March 5 / Regimental <u>in Feb</u>
LOCATION	
EVENT	Video used for teaching teaching active duty soldiers pre: National Nutrition Month
WHITE HOUSE STAFF CONTACT	
CONTACTS	CPT Danny Jaghab / 202-782-8360 <u>202-782-8360</u>
BILL TO	
SEND TO	
SEND VIA	REGULAR MAIL _____ FED EX _____ ACCT # _____ SATURDAY DELIVERY _____ AIRBORNE EX _____ ACCT # _____ PICK UP _____ CONTACT _____ PHONE # _____
FORMAT	VHS _____ BETA _____ BETA CAM _____ BETA CAM SP _____ 3/4" _____ OTHER _____
NOTES	

To: Holly Nichols, June Shih, First Ladies Scheduling Office.
From: Danny Jaghab, Walter Reed Army Medical Center.

SUBJECT: Requested Script for Mrs. Clinton's Participation (5 min video tape) in Distant Learning Nutrition Classes.

With the advent of the Army Medical Specialist Corp's 50 anniversary, I would like to applaud the efforts of its Registered Army Dietitians as being the leaders in dietetics since the inception of the profession. There is no better time to do this than now. The President and I are concerned about good health care and appreciate the efforts of Army Registered Dietitians in both promoting health and wellness with good nutrition and administering Medical Nutrition Therapy (MNT) in treating disease.

For the young soldier who may be healthy and feel invincible now, consistently healthy lifestyle behaviors play an integral part of remaining healthy throughout life. Eating properly from a young age, staying physically fit and living a balanced lifestyle is the best way of staying healthy and keeping your deployment readiness standards high. Your registered dietitian will help you make realistic lifestyle changes that will promote a lifetime of health benefits.

For the retired military or family member who may be experiencing an illness or progressive disease state, the Registered Army Dietitian will give you invaluable advice that will control your condition and prevent further progression of the disease process. The beneficial therapeutic effects of proper Medical Nutrition Therapy on numerous diseases like heart disease and diabetes are both well documented and cost effective. In today's managed care environment, Medical Nutrition Therapy plays a crucial role in promoting health, treating illnesses and reducing health care costs.

With the advent of managed care, I am pleased to see the use of the latest technology in increasing medical access to patient care. Walter Reed's use of telemedicine has put new meaning in the "information super highway" and in "building the bridge to the 21st century." I am proud and delighted to participate in this first ever telemedical nutrition therapy class for active duty soldiers and their families. I understand that telemedical nutrition therapy classes will be conducted throughout 52 TRISERVICE military installations covering over 166,000 active duty soldiers and their families in just the Walter Reed region alone. The benefits of these efforts will surely be evident immediately and over the long term.

In conclusion, as the Army Medical Specialist Corps celebrates its 50th anniversary, I would like to emphasize its motto, "Nutrition and Readiness are linked and inseparable." I encourage each and every one of you to eat healthy and make necessary lifestyle changes that will improve your health and ultimately increase your deployment readiness capacity and the security of this nation. Your Commander in Chief and I both applaud your efforts to participate in these nutrition classes and wish you the best of luck in complying with the advice of your Army Registered Dietitian.

On the occasion of the Army Medical Specialist Corp's 50th Anniversary, I would like to commend the efforts of its Army Registered Dietitians who have been leaders in the field since the earliest days of the profession. The President and I appreciate their dedication and efforts to promote health and wellness through good nutrition and to administer Medical Nutrition Therapy for the treatment of disease.

I am pleased to participate with Walter Reed Army Medical Center in this first ever telemedical nutrition therapy class for over 166,000 active duty soldiers and their families. For the young soldier who may be healthy and feeling invincible, a consistently healthy lifestyle will help you remain healthy throughout your life. Eating properly from a young age, staying physically fit and living a balanced lifestyle are the best ways to stay healthy and keep your deployment readiness standards high. Your registered dietitian will help you make realistic life style changes that will promote a lifetime of health benefits.

For the retired military or family member who may be experiencing illness or a progressive disease, the registered dietitian will give you invaluable advice about controlling your condition and preventing further progression of the disease process. Proper Medical Nutrition Therapy can have many beneficial therapeutic effects on numerous diseases like heart disease and diabetes and plays a critical role in promoting health, preventing and treating illness and in reducing health care costs.

I encourage each and every one of you to make healthy food choices and the necessary lifestyle changes that will improve your health and prevent disease. Ultimately, they will increase your deployment readiness and the security of this nation. As the Army Medical Specialist Corps celebrates its 50th Anniversary, I would like to emphasize its motto, "Nutrition and Readiness are linked and inseparable." Your Commander-in-Chief and I applaud your efforts

to participate in these nutrition classes and wish you the best of luck as you work together with your Army Registered Dietitian.

HRC VIDEO REQUEST FORM

DATE TO BE RECORDED _____

YES _____ NO _____ APPROVED BY: HRC PS MW MV /CONFIRMED _____

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NOTES	

TO: PAM

REPLY TO
ATTENTION OF:DEPARTMENT OF THE ARMY
WALTER REED ARMY MEDICAL CENTER
WASHINGTON, DC 20307-5001

January 15, 1997

To: Scheduling Office, First Lady
White HouseFrom: CPT Jaghab, R.D.
Chief, Medical Nutrition Therapy Clinic

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The point of contact for the above is CPT Danny Jaghab, Chief of the Medical Nutrition Therapy Clinic, (202)782-3360.

The address is :

Nutrition Care Directorate

Attention: CPT Jaghab, C, MNT Clinic

Walter Reed Army Medical Center

6825 16th St. NW

Washington, D.C. 20307-5001

- call if you have
more questions

4 February 1997

INFORMATION PAPER

SUBJECT: Mrs. Clinton's Participation in National Nutrition Month and Distant Learning Nutrition Classes.

1. **Purpose:** The purpose of this information paper is to make the command aware of Mrs. Clinton's potential involvement in National Nutrition Month (March) and WRAMC's Medical Nutrition Therapy Outpatient Clinic's distant learning classes.

2. **Facts:**

a. On 15 January, I requested Mrs. Clinton's participation with National Nutrition Month in two ways. First, I requested a letter from Mrs. Clinton's correspondence office, stressing the importance of good nutrition and soldier readiness. This letter will accompany a nutrition display on the second floor lobby. Secondly, I requested a five minute video tape stressing the importance of good nutrition. I would use this video for distant learning classes for troops in Region 1 that do not have a dietitian.

These classes will be taught using the latest telemedicine technology at Walter Reed. The first class on healthy low fat eating, using the food pyramid, will be taught on 6 March 1997 and televised for troop populations at the Pentagon's Fit to Win Wellness Center and FT Monmouth's Wellness Center in New Jersey.

b. On 3 February, I was contacted by Ms. June Shih, from Mrs. Clinton's scheduling office. She agreed to make the video and requested a script for Mrs. Clinton to use as a guide. I believe this video tape will be an excellent tool in reinforcing the principles of good nutrition and health and wellness in combat readiness. It is potentially an excellent medium for encouraging and motivating healthy eating habits with troop populations that otherwise do not have a dietitian on staff.

c. Mrs. Clinton's willingness to participate in these classes solidifies her commitment to military health care and the latest medical communication technology being used by Walter Reed and the military. This tape will be previewed by a potential 52 sites and over 166,000 active duty TRISERVICE military service members. I believe this tape will be an asset to Walter Reed Army Medical Center and the military in general.

DANNY JAGHAB/3360

CPT,SP

C, Medical Nutrition Therapy Clinic

To: Holly Nichols, June Shih, First Ladies Scheduling Office.
From: Danny Jaghab, Walter Reed Army Medical Center.

SUBJECT: Requested Script for Mrs. Clinton's Participation (5 min video tape) in Distant Learning Nutrition Classes.

With the advent of the Army Medical Specialist Corp's 50 anniversary, I would like to applaud the efforts of its Registered Army Dietitians as being the leaders in dietetics since the inception of the profession. There is no better time to do this than now. The President and I are concerned about good health care and appreciate the efforts of Army Registered Dietitians in both promoting health and wellness with good nutrition and administering Medical Nutrition Therapy (MNT) in treating disease.

For the young soldier who may be healthy and feel invincible now, consistently healthy lifestyle behaviors play an integral part of remaining healthy throughout life. Eating properly from a young age, staying physically fit and living a balanced lifestyle is the best way of staying healthy and keeping your deployment readiness standards high. Your registered dietitian will help you make realistic lifestyle changes that will promote a lifetime of health benefits.

For the retired military or family member who may be experiencing an illness or progressive disease state, the Registered Army Dietitian will give you invaluable advice that will control your condition and prevent further progression of the disease process. The beneficial therapeutic effects of proper Medical Nutrition Therapy on numerous diseases like heart disease and diabetes are both well documented and cost effective. In today's managed care environment, Medical Nutrition Therapy plays a crucial role in promoting health, treating illnesses and reducing health care costs.

With the advent of managed care, I am pleased to see the use of the latest technology in increasing medical access to patient care. Walter Reed's use of telemedicine has put new meaning in the "information super highway" and in "building the bridge to the 21st century." I am proud and delighted to participate in this first ever telemedical nutrition therapy class for active duty soldiers and their families. I understand that telemedical nutrition therapy classes will be conducted throughout 52 TRISERVICE military installations covering over 166,000 active duty soldiers and their families in just the Walter Reed region alone. The benefits of these efforts will surely be evident immediately and over the long term.

In conclusion, as the Army Medical Specialist Corps celebrates its 50th anniversary, I would like to emphasize its motto, "Nutrition and Readiness are linked and inseparable." I encourage each and every one of you to eat healthy and make necessary lifestyle changes that will improve your health and ultimately increase your deployment readiness capacity and the security of this nation. Your Commander in Chief and I both applaud your efforts to participate in these nutrition classes and wish you the best of luck in complying with the advice of your Army Registered Dietitian.