

Withdrawal/Redaction Sheet

Clinton Library

DOCUMENT NO. AND TYPE	SUBJECT/TITLE	DATE	RESTRICTION
001. fax	re: Political (7 pages)	02/25/1996	Personal Misfile

COLLECTION:

Clinton Presidential Records
Speechwriting
Lissa Muscatine
OA/Box Number: 12089

FOLDER TITLE:

HRC - Lakewood Hospital, Ohio 9/25/96

2017-1164-S

rc2855

RESTRICTION CODES

Presidential Records Act - [44 U.S.C. 2204(a)]

- P1 National Security Classified Information [(a)(1) of the PRA]
- P2 Relating to the appointment to Federal office [(a)(2) of the PRA]
- P3 Release would violate a Federal statute [(a)(3) of the PRA]
- P4 Release would disclose trade secrets or confidential commercial or financial information [(a)(4) of the PRA]
- P5 Release would disclose confidential advice between the President and his advisors, or between such advisors [(a)(5) of the PRA]
- P6 Release would constitute a clearly unwarranted invasion of personal privacy [(a)(6) of the PRA]

C. Closed in accordance with restrictions contained in donor's deed of gift.

PRM. Personal record misfile defined in accordance with 44 U.S.C. 2201(3).

RR. Document will be reviewed upon request.

Freedom of Information Act - [5 U.S.C. 552(b)]

- b(1) National security classified information [(b)(1) of the FOIA]
- b(2) Release would disclose internal personnel rules and practices of an agency [(b)(2) of the FOIA]
- b(3) Release would violate a Federal statute [(b)(3) of the FOIA]
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- b(6) Release would constitute a clearly unwarranted invasion of personal privacy [(b)(6) of the FOIA]
- b(7) Release would disclose information compiled for law enforcement purposes [(b)(7) of the FOIA]
- b(8) Release would disclose information concerning the regulation of financial institutions [(b)(8) of the FOIA]
- b(9) Release would disclose geological or geophysical information concerning wells [(b)(9) of the FOIA]

48 HOUR RULE

I. 48 HOUR RULE

This initiative would require health insurers to let all new mothers and their babies remain in the hospital for at least 48 hours following most normal deliveries.

II. PURPOSE

Over the past two decades, the average length of stay for an uncomplicated childbirth has declined sharply. Today, a growing number of insurance companies are refusing to pay for anything more than a 24-hour stay, and as few as 8 hours.

III. IMPACT

- This initiative would bring "peace of mind" to new mothers because they know they will not be discharged prematurely from the hospital.

IV. SPECIFIC PROVISIONS

- Requires health insurers to let mothers and newborns remain in the hospital for a minimum of 48 hours after a normal delivery and 96 hours after a Caesarean section.
- Shorter stays may be allowed if the attending health care provider, in consultation with the new mother, determines such a stay is appropriate.
- Requires follow-up care within 72 hours of discharge, if discharge occurs earlier than 48 hours after birth.
- The initiative would not pre-empt state legislation if states already require a minimum of 48 hour stays for normal deliveries (96 hours for Caesarean section) or meet guidelines established by the American College of Obstetricians or Gynecologists, the American Academy of Pediatrics, or certain other medical professional organizations.

V. BACKGROUND

In their speeches at the Democratic National Convention, both the President and the First Lady endorsed reforms that will guarantee mothers the quality of care they need when they have had a baby. Because they believe that beneficiaries should be guaranteed coverage for needed health services, President Clinton and the First Lady strongly support legislation such as the "Newborns' and Mothers' Health Protection Act" (introduced by Senators Bradley, Frist, and Kassebaum) to allow all new mothers a minimum of 48 hours of care following most normal deliveries. This legislation has 52 cosponsors.

This bill enjoyed bipartisan support and has been approved by the Senate Labor Committee last year. Further action on this legislation is expected this fall. There are 10 similar bills in the House. However, there has been no action on any of these bills.

Presidential Statements In Support of the 48 Hour Rule

"I urge members of Congress to move legislation forward as soon as possible that makes this protection for mothers and their children the law of the land. No insurance company should be free to make the final judgment about what is medically best for newborns and their mothers. That decision should be left up to doctors, nurses and mothers themselves."

President Bill Clinton
May 11, 1996

"We should protect mothers and newborn babies from being forced out of the hospital in less than 48 hours."

President Bill Clinton
Democratic National Convention
August 30, 1996

"... the President is right to support a bill that would prohibit the practice of forcing mothers and babies to leave the hospital in less than 48 hours."

Hillary Rodham Clinton
Democratic National Convention
August 28, 1996

"That's why I'm supporting the legislation I mentioned, dealing with not forcing new mothers and their newborns out of the hospital."

President Bill Clinton
September 5, 1996

"We should enact bipartisan legislation to require health insurers to let all new mothers and their babies stay in the hospital at least 48 hours following normal deliveries."

President Bill Clinton
September 11, 1996

Withdrawal/Redaction Marker

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THE WHITE HOUSE

Office of the Press Secretary
(Brandon, South Dakota)

Embargoed For Release
Until 10:06 A.M. EDT
Saturday, September 21, 1996

RADIO ADDRESS OF THE PRESIDENT
TO THE NATION

THE PRESIDENT: Good morning. I want to talk to you about two important breakthroughs for the health and security of our families that took place in Congress this week, as we work with both parties to agree on a budget for next year that reflects our values and keeps us moving toward a balanced budget.

Nothing is more important to our families than access to quality health care, and we have made real progress. Last year we stopped the Republican majority from repealing the guarantee of quality health care for children, pregnant women, the elderly, and people with disabilities. Last month I signed the Kennedy-Kassebaum bill to guarantee Americans will not lose health coverage as they change jobs or just because a member of their family gets sick. When it comes to improving health care we are finally moving on the right track.

In my acceptance speech in Chicago and across America I have called upon Congress to take the next steps. And yesterday congressional leaders answered this call in two very important ways. First, Congress agreed to tell insurance companies, newborns and their mothers deserve at least 48 hours in the hospital.

In 1970, the average length of stay for an uncomplicated delivery was four days. By 1992, it was two days. Today, a large and growing number of insurers refuse to pay for anything more than 24 hours, and some even recommend release as early as eight hours after delivery. That's risky and wrong. And it can have severe health consequences for new babies, including feeding problems, dehydration, brain damage and stroke.

We've all heard heart-breaking stories like the family in New Jersey sent home after 24 hours, whose baby died 24 hours after that from an infection that would have been detected and treated in a hospital. Doctors, not rigid insurance company rules, should decide when a new baby goes home.

This new legislation requires insurance companies to pay for new mothers and their babies to stay in the hospital for 48 hours, and 96 hours if the mother has had a Cesarean. From now on, families may still rush to the hospital, but they won't be rushed out of it, because

parents deserve at least two days of care and comfort when they can hold their child, bond with the child, introduce the child to the world, and make sure their child is in the very best health. America has a responsibility to protect the health of our families, and that's exactly what we're working to do.

Second, Congress agreed that it's time to ensure that people who need treatment for mental illness will get the treatment they need without discrimination. From now on, insurance companies will have to set the same limits for mental illness that they set for physical illness -- no more double standards.

I've been with Tipper Gore for the past two days. She's one of our most effective advocates for the mentally ill. I know how much this means to her, and to millions of other Americans who have dealt with this challenge in their own families.

I repeatedly urged Congress to take these steps, and now I urge them to finish their work as quickly as possible. When I have the bill to guarantee 48 hours in the hospital for new mothers and their babies, and to stop insurance discrimination against the mentally ill, I will sign it with enthusiasm.

Of course, we still have more to do. No child should ever be put at risk in America because a parent has lost his or her job, and the health care that goes with it. We must make sure that people continue to have health care coverage when they're between jobs and looking for a new job. My balanced budget includes these reforms, along with expanded coverage under Medicare for mammograms and respite care for families who have Alzheimer's victims.

This week's agreement shows what we can accomplish when we set aside rigid agendas, put aside partisanship and work together. Just a year ago Congress was consumed by bitter partisanship as the Republican majority sought deep cuts in Medicare and Medicaid, education, and the environment that were unnecessary to balance the budget.

I vetoed their plan, and the American people supported my decision. So this year, in clear contrast, we are getting things done -- to help protect our children and our parents. And we're doing it even as we move toward a balanced budget. It's good for our families and good for our nation.

When we recognize that we're all in it together, that no one should have to go it alone, there are things that we must do as a nation together. We are building our bridge to the 21st century.

Thank you for listening.

END

ONE OF A KIND.

As you look at these babies, you can see that each one is different. As they grow and mature, these children will need varying



methods of nurturing based on the uniqueness of their personalities. Childbirth is no different. Each family who welcomes a brand new life is one of a kind. And that's

why the Birthing Center at Lakewood Hospital is designed to meet each family's special needs, with all the comforts of home.

YOU DECIDE.

As an expectant mother, the birth of your baby is an event you can look forward to and share with your family. If you choose to have a loved one with you throughout your hospital stay, a fold-out bed is provided in your private room. And generous visiting hours encourage brothers, sisters and grandparents to meet your baby whenever it's convenient for you. Or you might prefer to spend this special time alone with your new baby- it's your decision. Our Birthing Center

provides a variety of options that allow you, your family and your doctor to choose the most comfortable birthing environment.

THERE'S NO PLACE LIKE HOME.

But our warm and beautifully decorated birthing suites come very close. Labor delivery, recovery and postpartum all take place in your private room, in one bed, so you aren't moved from room to room at a time when your comfort is critical. All of our birthing suites are well appointed and very private. And one of our birthing suites is equipped with a jacuzzi, refrigerator and other amenities that add to a relaxing atmosphere.

JUST IN CASE.

Most babies born at the Lakewood Hospital Birthing Center have all the advantages of a normal, uncomplicated delivery because each pregnancy is carefully monitored before, during and after birth. In fact, only 3% of all



newborns need emergency intervention. But for those babies who do need specialized care, Lakewood Hospital is completely equipped for virtually all high-risk situations.

Our state-of-the-art operating room is always available for high-risk mothers; for any complication or for an elective or emergency Caesarean section. You have immediate access, 24 hours a day, to experienced pediatricians who are highly trained in infant resuscitation. And our pediatric residents from



Rainbow Babies and Children's Hospital are experienced in respiratory management and neonatal intensive care. Our nursing staff is also certified in neonatal resuscitation- in addition to many years of experience in administering the most knowledgeable and compassionate health care.

Chances are, your delivery will be beautifully simple. But in the case of any complications, you can rest assured that at Lakewood Hospital, you'll have all the qualified medical support you need. In a matter of seconds.

THEN...AND NOW.

Not long ago, pregnancy and childbirth were regarded as an 'illness.' Fathers were banished to waiting rooms and the rest of the family was left out entirely. Expectant parents had very few choices and little information about the process of having a baby.

But today, we know that giving birth to a baby is the *most* natural and joyous event

An event that's the result of careful choices you make for

At Lakewood Hospital's you have a variety of choices control... like Lamaze training information you need about nutrit preparation, birthing and info decide who will be with you delivery- and, with the approval of an obstetrician or midwife, you everything. Your baby can be your suite rather than in the r can choose to have your baby obstetrician or a certified nur

Today, you have all the i options that put you in contric wonderful experience for you

BEFORE AND AFTER

As soon as you know you're entious prenatal care is absod for the delivery of a healthy l it's important to get regular p ups and take advantage of the vices offered by the Birthing

When you've returned ho new baby, our home visit pro answers to your questions wh help you begin an exciting new life together. Because raising a child will be the toughest- and the most rewarding- job you'll ever have.



**FAX TRANSMITTAL****Date:** 9/21/96**To:** Brenda Costello**From:** Jerry Mallicoat
Director, Public Affairs**Company:** The White House**Fax:** 216-529-7161**Fax:** 202-456-2239**Phone:** 216-529-7158**Phone:** 202-456-2131

We are transmitting a total of 19 pages including this cover sheet. If this facsimile is not received in entirety please call 529-7020.

Brenda - As discussed, I am faxing the information you need for background. If everything comes through correctly you should receive:

1. General description of the hospital
2. Hospital fact sheet
3. One page on the Birthing Center (the site of the First Lady's visit)
4. One page on prenatal and infant care programs (The Baby Beeper program is very nice -- high touch!).
5. One page on our Certified Nurse Midwives
6. Statistical info. on our hospital (originally submitted to a local business publication).
7. Breakdown of our 1995 admissions by payer group
8. Cleveland Plain Dealer article about C-Sections and VBACs. I've noted the sections pertaining to Lakewood (5 pages).
9. Five pages from our hospital's Report to the Community, which details our community health efforts. The Family Health Care Center mentioned on page 4 was initially funded in part by a grant from the State of Ohio. Lakewood Hospital has since assumed complete financial responsibility for the Center.
10. News release detailing the above-mentioned grant.

I hope this fulfills your needs. If not, let me know. You have my numbers. Unfortunately, I wasn't successful in getting a sky pager.

P.S. Hope I haven't misspelled your name. If so, my apologies.

246 N. HIGH STREET
POST OFFICE BOX 118
COLUMBUS, OHIO 43266-0118

NEWS RELEASE



GEORGE V. VONOVICH
Governor

July 9, 1992

EMBARGOED FOR RELEASE
UNTIL 10:30 A.M.
FRIDAY, JULY 10, 1992

LAKWOOD HEALTH CARE FOUNDATION RECEIVES \$193,186 GRANT FROM HEALTH DEPARTMENT FOR PRIMARY CARE CLINIC PROJECT

LAKWOOD, Ohio - Ohio Department of Health Director Dr. Peter Scmani today presented a check for \$193,186 to the Lakewood Health Care Foundation. The project will create a primary care clinic to serve people in eastern Lakewood and western Cleveland.

The goals of the project are:

- to reduce primary care use of the hospital's emergency room;
- to change in-patient trends so hospital admissions occur before illnesses become more acute;
- improve the quality of health of people receiving care through the clinic.

The hospital clinic serving the area will use a case management model that involves a partnership between the hospital and its physicians to provide health care services on a managed care basis. This will feature "gatekeeper" primary care physicians, pre-admission certification, second opinions for surgery, wellness, prevention, enrollee education and other methods.

The project was included in the biennial budget legislation passed during 1991, and funded through the state's Child and Family Health Services (CFHS) budget line item for the period of June 22, 1992 to May 30, 1993. Originally, the grant was to be for \$250,000 but was reduced along with other state budget items.

The Lakewood Health Care Foundation will be providing the Health Department a complete written description of the project by July 15th. That narrative will provide the guidelines under which the project will be evaluated by the Department.

Lakewood Health Care Foundation is a wholly-owned subsidiary of the Lakewood Hospital Association.

-30-

Contact: David A. Yost, J.D., Deputy Director for Public Affairs,
(614) 644-8562

Carol Bennis, Director, Public Affairs,
Lakewood Hospital (216) 529-7158

THE HOSPITAL

Lakewood Hospital (the "Hospital") is a general short-term acute care hospital offering a wide range of medical services including cardiac catheterization, open heart surgery, orthopedic joint replacement, neurosurgery, major vascular surgery, laser treatment of ophthalmological disorders, obstetrics and pediatrics, whole body CAT scanning services, MRI services and nuclear medicine, including nuclear cardiology. Lakewood Hospital also maintains a Home Health Agency and Durable Medical Equipment operation for sales and service.

The Hospital currently has ⁴⁰⁰~~385~~ Hospital beds, including 226 medical/surgical beds, 31 intensive care/coronary care beds, 32 psychiatric beds, 26 pediatric beds, 45 skilled nursing beds, 12 obstetric care beds, ~~and~~ 13 newborn care beds, *and 15 acute rehab. beds -*

The Hospital was operated under municipal ownership by the City of Lakewood, Ohio since 1931. In order to provide additional operating flexibility and enhance financial strength, Hospital management and the Board of Trustees initiated efforts in 1985 to convert the Hospital to a private, not-for-profit status. A 1985 Charter Amendment was subsequently approved by the voters of the City of Lakewood, enabling the formation of a new corporation, Lakewood Hospital Association ("LHA"). Transition was achieved with the retention by LHA of existing Hospital management and most existing members of the Board of Trustees. Management and operation of the Hospital under the reorganized structure commenced June 26, 1987, the effective date of the Lease.

LHA is an Ohio not-for-profit corporation and an exempt organization under Section 501(c)(3) of the Internal Revenue Code of 1986, as amended (the "Code"). LHA has two affiliate corporations: (1) Lakewood Health Care Foundation, an Ohio not-for-profit corporation and an exempt organization under Section 501(c)(3) of the Internal Revenue Code of 1986, as amended Code, the purpose of which is to operate a family medicine clinic and to support the Hospital's health services; and (2) Lakewood Hospital Foundation, Inc., an Ohio not-for-profit corporation, the purpose of which is to promote the advancement of Hospital programs and services by the development and application of financial resources through fund-raising, capital giving, and other programs. In addition, LHA also has one wholly-owned subsidiary, Lakewood Home Care, Inc., an Ohio for-profit corporation, the purpose of which is to provide custodial home health care services as well as to operate a temporary employment agency. Skilled home care and Durable Medical Equipment are in the hospital. LHA holds a beneficial interest in Hospital Admission Physician Service, Inc., a for-profit professional association through shares being held in a trust arrangement, the purpose of which is to provide physician assistant services to Lakewood Hospital medical staff members.

AREA'S LARGEST HOSPITAL SYSTEMS
1996 *CRAIN'S CLEVELAND BUSINESS*

Name of hospital or system: Lakewood Hospital Association

Local address, zip code: 14519 Detroit Avenue
Lakewood, Ohio 44107

Phone (include area code): (216) 521-4200

1995 NET patient revenue: \$90,291,000

1995 NET profit (loss): \$ 7,485,000

Outpatient visits in 1995 (include Emergency room visits): 204,047

Admissions in 1995 (include newborns): 11,365 (includes SNF)

Number of staffed beds and bassinets: 336

% occupancy based on staffed beds & bassinets: 1995 68.9% 1994 71.6%

Full-time equivalent employees as of June 30, 1996: 1,157

Name of title of top local executive: Jules W. Bouthillet
President & Chief Executive Officer

To the best of my knowledge, the figures provided on this survey are correct:

Paul Sahney Senior Vice President of Finance & Strategic Planning
Signature (and title) of accountant, treasurer or controller.

*Answers to these questions should be for the *Crain's Cleveland Business* coverage area of Cuyahoga, Geauga, Lake, Lorain, Medina, Portage and Summit counties.

Survey completed by:

Name: Leanne Y. Smith

Title: Controller

Phone: (216) 529-7073

Fax: (216) 529-7161

Please return completed surveys by:
JULY 5, 1996

Laura Falacienski
Crain's Cleveland Business
700 W. St. Clair Ave., suite 310
Cleveland, Ohio 44113
Phone: 216-522-1383

Or fax to: 216-522-0625 or 216-694-4264

Lakewood Hospital

14519 Detroit Avenue, Lakewood, OH 44107

(216) 521-4200

Fact Sheet

Demographics: Primary Service Area Population.....414,000 (nine communities of Greater Cleveland)

Bed Capacity: 400 licensed, 295 operational

Medical Staff: 524 physicians on staff -- 70% board certified; Most sub-specialties available.

Emergency Medical Services -- Level II Trauma Center

- 6 Full-time ER physicians -- ACLS/ATLS
- Critical Care specialists in-house 24 hours
- All RN staff -- critical care trained/ACLS/ATLS
- Trauma Coordinator--critical care trained/ACLS/ATLS
- Ambulance service -- hospital-based
- Paramedic/EMTs
- Hospital-based Urgent Care Center

Comprehensive Lab & Radiology Services

- STAT lab adjacent to Emergency Department
- CT Scanner
- Spect Imaging
- Magnetic Resonance Angiography
- Magnetic Resonance Imaging (MRI)
- Cardiac Magnetic Resonance
- Ultrasound
- Nuclear Medicine
- Stereotactic Breast Biopsy
- Accredited Mammography available at 3 locations

Cardiac Services

- 10-bed Cardiac Care Unit
- 16-bed CCU Stepdown Unit
- Cardio-Thoracic Surgery
- Angioplasty & Stenting Procedures
- Cardiac Catheterization Lab
- Cardiac Rehabilitation Program
- Cardiopulmonary Services
- Electro-physiology Lab

Surgical Services

- General, Neurosurgery, Open Heart, Plastics, Peripheral Vascular (Angioplasty & Stenting), Ear, Nose and Throat, Urology, Ophthalmic and Retinal, & Total Joint Replacement
- Endoscopy
- Laparoscopy
- Lasers available for: neuro, vascular, plastics & urology
- 24-hour staffing and trauma coverage
- 24-hour anesthesia in-house coverage

Intensive Care Services

- 10-bed Intensive Care Unit
- 4-bed Neuro-Intensive Care Unit
- Hemodialysis

Orthopaedics

- Orthopaedic Joint Replacement
- Spine and Hand Surgery
- Fracture care
- 35-bed Inpatient Unit
- Sports Medicine

MedEquip

- Home medical supplies and services

Maternal & Child Health Services

- Private LDRP suites
- Level I Nursery
- Midwifery Program
- 24-hour anesthesia, epidural services
- 26-bed Pediatric Unit
- Dedicated Outpatient Women's Center offers Mammography and Bone Densitometry
- Hospital-based Child Care Center with accredited Kindergarten

Behavioral Medicine

- 32-bed Adult Inpatient unit
- Support groups & community meetings

Oncology Center

- 33-bed Inpatient Unit
- Outpatient chemotherapy & support services

Ophthalmological Services

- Micro-Ophthalmic/Retinal Surgery
- Outpatient Eye Center

Diabetes Center

Rehabilitation Therapy Services

- Physical, Occupational, Speech & Audiology
- Acute Rehabilitation Unit

Geriatric Health Services

- Older Adult Outpatient Assessment Program
- Wellness & Education Programming
- On-Campus Elderly Day Care Program
- Emergency Notification System
- Insurance Counseling

Skilled Nursing Services

- 45-bed Long-Term/Sub-Acute Care Unit
- Hospital-based Home Care Nursing Program

Pain Care Center

- Chronic and acute pain management services
- Multidisciplinary care including rehab and psychological assessment
- Treatment of pain caused by back problems, cancer, GI and pelvic disorders among others

Family HealthCare Center

- Complete primary health care for the entire family
- Medicare, Medicaid and commercial insurance accepted
- Private practice physicians

Home Health Care

- Provides assistance to function more independently at home
- Multidisciplinary team including registered nurses, licensed practical nurses, physical, occupational and speech therapist, medical social workers and certified home health aides

Columbia UrgentCare

- Urgent and everyday medical services for the entire family
- Conveniently located on Columbia Road at I-90 in Westlake

A NEW ARRIVAL!

The Lakewood Obstetrical Group and Nurse Midwives have opened a new office at

20680 Center Ridge Road
Rocky River
(near Westgate Mall)
331-2486

Our certified nurse midwives include:

Sandy Cooper, CNM, MS
Susan Greene, CNM, MSN
Susan Klein, CNM, MSN
Cynthia Stadler, CNM, MSN
Jenifer Tabin, CNM, MSN, ND

As registered nurses and certified nurse midwives we provide the following services with a personalized approach to your care:

Prenatal care

Childbirth assistance

Support and assistance after childbirth

Regular gynecological care for women of all ages

Consultation with and access to obstetricians and gynecologists whenever necessary

Lakewood Hospital Birthing Center - a family-oriented approach to childbirth where everything takes place in one private, comfortable room.

As nurse midwives, we carry on the age-old tradition of women caring for women. Midwifery actually means "with woman" and nurse midwives have special advanced training that enables us to work with women during pregnancy, childbirth and regular gynecological care over a woman's life span.

 **Lakewood Hospital**

MISSION STATEMENT:

*Adopted by The Lakewood Hospital
Board of Trustees on August 26, 1993*

Lakewood Hospital provides
health care services that are
accessible, cost-effective and
of the highest quality with
a strong commitment to
preserving human dignity.

**LAKWOOD HOSPITAL
1995 BOARD OF TRUSTEES**

William R. Gorton
Chairman

The Rev. Jerome Duke
Phyllis Dykes

Charles J. Farrell, M.D.

Albert E. Fowerbaugh

Thomas J. George

Graham Hall

David R. Harbarger

Mary B. Holland

John C. Kappus

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John D. Monson

Lindsay Jordan Morgenthaler

James R. O'Malley, M.D.

Peter F. Shimrak

Pamela J. Smith

Dudley J. Taw

James R. Vine

Karl E. Ware

Robert C. Weber

Duret S. Smith, M.D.

President of Medical Staff

Jules W. Bouthillet

President &

Chief Executive Officer

*Note:
OUR MISSION
STATEMENT*

**1995 COMMUNITY
ADVISORY COMMITTEE**

Ernest Ataya, M.D.

Ken Auburn

John Brinkman

Mary Theresa Brown, M.D.

John Carr

Judith Church

Richard C. Ebner

Frank Eilberg

Lee Empe

Larry Faltinaber

John Galle

The Rev. Frank Godic

Kathy Guscott

Edward G. Hack

Eileen P. Humphrey

Russell Lang

Colletta Lang

Genevieve McCloskey

Mary McDonnell

Paulette McMonagle

Eloise Meckes

Ann C. Moran

Dr. William G. Noyes

Emad Raja

Harry Remle

Celena Roebuck

John Sanders, M.D.

Robert P. Scott

John A. Sobolewski

Harold G. Stern

The Rev. James A. Viall

Judy Zimomra



F A C S I M I L E

DATE: September 22, 1996

TO: Brenda Costello

FROM: Jerry Mallicoat
Lakewood Hospital

RE: Info. On Lakewood, Ohio

Brenda, I realized that I forgot to send you any information about Lakewood, Ohio. Maybe the following will suffice.

Lakewood is a community of approximately 60,000. It is the first inner-ring western suburb of Cleveland, Ohio, and it sits right on Lake Erie. For its square mileage, Lakewood is very densely populated. It is a diverse community with people of all ages, races, etc., though not heavily African American. There are a significant number of Arab-Americans in Lakewood, as well as many gays and lesbians. There are several senior citizen housing complexes within walking distance from the hospital. In fact, the majority of the hospital's patients are older, Medicare patients. However, Lakewood also is known for the significant number of young, single people who live here and there are many multiple family dwellings in Lakewood. All in all, it's a charming lakeside community that offers just about everything – the convenience of a big city (Cleveland) nearby and the charm of a small community.

Madeline Cain is the Mayor of Lakewood. She is a democrat, recently elected. She gave up her state representative seat to become Mayor. She will be attending the First Lady's visit at Lakewood Hospital and will be one of those greeting her.

Finally, in lieu of a sky pager, I've connected my regular pager to my voicemail. So if you need to reach me just call my office number 216-529-7158 and leave a message. This will activate my pager and I will return your call.



Community Service Programs

The Hospital provides free or low cost services through a variety of community programs:

The SeniorCare Network and The Women's Center offer assessment clinics, health screenings, educational programs, and a resource center to the public; and, the Child Care Center is available for children from six weeks through kindergarten -- all of these programs operate out of the Lakewood Hospital Community Health Center. The kindergarten operates in cooperation with the curriculum of Lakewood City Schools. The Center also houses Lakewood Child Care Services, a division of the Lakewood Department of Human Services, which provides a resource and referral service to help identify safe family care or day care center options and offers day care scholarships on a sliding scale through a Community Development Block Grant. This service sponsors a family home care network and in-service training for providers and parents. A New Day, a non-profit and comprehensive adult day care program

under the direction of the Lakewood Commission On Aging, also operates out of the Center providing affordable structured health, social and rehabilitative services for frail, functionally-impaired adults in a protective community setting.

Our senior patients are referred to volunteers at Lakewood Division Of Aging after being discharged from the Hospital. During 1995, this program served 1,250 of our senior patients who required assistance with the tasks of daily living after their hospitalization.

In 1995, The SeniorCare Network provided 3,684 health screenings including 79 free prostate cancer screenings in recognition of Prostate Cancer Awareness Week. Through our ongoing community health and wellness seminars, the hospital provided education to 2,774 individuals to help keep them informed and well.

The Hospital provided lab services for the City of Lakewood's free community lead screening program designed to identify dangerous levels of lead in the bloodstream of children. Of the 100 children screened in 1995, 16% had elevated readings.

Community Support Groups offered at Lakewood Hospital include Caregivers, Pulmonary Rehabilitation, Diabetes, *I Can Cope* cancer classes, *Mended Hearts*, *Breath of Life*, Depressive/Manic Depressive, Dual Diagnosis and Asthma Education programs.

The Hospital subsidizes operating space for the Lakewood Christian Service Center, which serves as an emergency food center, job assistance program and information clearinghouse.

Community Outreach initiatives include nursing home placement assistance, HIV and chemical dependency information and referrals, mental health screenings, Lifeline, subsidies for indigent subscribers, Safe Sitter and CPR/Infant CPR classes, Emergency Medical Services at sports and public activities, and the Senior Supper Club. Each year, over 700 volunteers donate more than 140,000 hours of service at Lakewood Hospital.

**TOTAL COMMUNITY
SERVICE PROGRAMS \$636,000**



Protecting Our Community's Good Health Is Our Primary Concern

Lakewood Hospital's strong commitment to the future of the West Shore and near west side communities of Cleveland is evident in the wide range of educational, social services and support programs available to its residents, organizations, agencies and schools.

The Hospital promotes the future of health professions through cooperative programming. This includes: a vocational program in conjunction with Lakewood Schools; physical therapy clinical practicums for Cleveland State University and Ohio State University students; professional health care training programs with Case Western Reserve University, Akron University, Lorain Community College and Cuyahoga Community College; and, financial assistance through scholarships.

Community groups including Alcoholics Anonymous, Narcotics Anonymous, Adult Children of Alcoholics, Co-Dependents

Anonymous, T.O.P.S., Weight Watchers, Toastmasters, Anorexia Nervosa and Associated Disorders (A.N.A.D.) and others meet at Lakewood Hospital.

We serve as a preparation site for Lakewood's Meals On Wheels supplying volunteer drivers to assist with deliveries of meals to the elderly and the FACT program (Facing the AIDS Challenge Together) which delivers almost 3,800 meals a year to homebound individuals.

Even Start, an education program for parents and young children, is available in cooperation with the Lakewood City Schools Department of Recreation. The program's certified teaching staff assists parents two evenings every week in the Community Health Center in the completion of their education through GED certification. The Hospital also provides meals and child care for the parents and children in the program.

Free educational programs for community organizations on a wide variety of health-related topics are provided through the Lakewood Hospital Speaker's Bureau.

Lakewood Hospital also distributes

free health publications like Your Family's Health, Let's Stay Healthy, Family HealthCare Center Newsletter, and The Women's Center Calendar of Events which have been designed to help families in our community learn how to stay healthy and to become well-informed consumers of health care.

We are a proud participant in community sponsored events like the Arts Festival, Community Festival, Chamber of Commerce activities, Barton Center events and Beck Center performances, as well as a host of other health and service-related activities throughout the West Shore. We also host Hospital-based special events such as The Women's Fair to offer area residents the opportunity to share fun, educational programs with their families and friends.

Lakewood Hospital has assumed a leadership role in guiding the comprehensive analysis of the health care needs of the community. Employees of Lakewood Hospital participate extensively in community planning efforts and organizations which work to keep the business,



growth and services of the City of Lakewood and the communities of the West Shore and western Cleveland strong and healthy.

Lakewood Hospital has an established history of being a concerned and responsive neighbor, dedicated to preserving the health of our community. It is our goal to preserve the financial viability of Lakewood Hospital in order to fulfill our mission to the community. The Hospital is proud to make programming available to help meet the growing health care needs of families in the West Shore area which continue year after year at a significant level.

These programs include:

Financial Assistance Programs

The Hospital waives fees for those patients whose incomes fall below federal poverty guidelines. When patients with incomes exceeding the guidelines express an inability to pay for services, financial need is evaluated on a case-by-case basis.

The North Coast Health Ministry continues to help supplement the

health care needs of residents who have low incomes, do not have access to health insurance, or are ineligible for Medicaid. The Hospital assumes 100% of the outpatient care expenses for patients referred by the North Coast Health Ministry, provides inpatient services as needed and donates operating space to the Ministry. In 1995, the Ministry referred 288 patients to the Emergency Room, approximately 1,126 laboratory tests, and 44 hospitalizations.

The SeniorCare Assistance Program was established to address increasing health care needs of the elderly. For Medicare-eligible patients with an annual income below \$14,000, the standard Medicare deductible for inpatient services is waived.

The Obstetrics Clinic provides uninsured and Medicaid patients with comprehensive obstetrical and gynecological care. The Clinic provided 4,221 patient visits in 1995; a 10% increase over the number of patient visits in 1994.

The Family HealthCare Center provides comprehensive primary care

services to families who might not otherwise have access to routine preventive, diagnostic and medical care under limited medical coverage. The Center served 8,707 patients in 1995. More than 90% of the Center's patients were uninsured or were covered by Medicaid.

TOTAL FINANCIAL ASSISTANCE PROGRAMS \$2,714,000

Uncompensated Care

Lakewood Hospital policy provides for the delivery of health care services without pre-qualifying an individual's ability to pay or requiring cash deposit from patients before treatment. Services classified as uncompensated care are those for which the Hospital did not receive payment.

TOTAL UNCOMPENSATED CARE \$3,756,000

TOTAL SUPPORT PROVIDED TO COMMUNITY \$7,106,000

A Little Knowledge

A little knowledge is a wonderful thing, especially if your family is preparing for the birth of a new baby. Nothing changes your life quite like having a baby—and if you're well prepared, a little knowledge inspires confidence, reduces anxiety and results in a very rewarding birthing experience. If you're an expectant parent or family member who's looking forward to a new baby, the Birthing Center at Lakewood Hospital offers a variety of classes that are informative and enlightening. Tours of the Birthing Center are offered every Monday at 6:30 p.m. Groups meet in the Belle Avenue lobby which is on the first floor of Lakewood Hospital. No reservation is required and the tour is free. *Fee includes?*

Lamaze The Fulfilling Childbirth Experience

The Lamaze childbirth technique has been practiced successfully by obstetricians, midwives and their patients since the 1960's. After learning the Lamaze breathing and relaxation methods, expectant parents are physically and emotionally well prepared for childbirth. Lamaze teaches each mother and her coach to focus on progress rather than pain. And while the goal of Lamaze education is a natural and comfortable delivery, using an epidural anesthesia is a perfectly safe and acceptable way to reduce pain.

The Lamaze sessions cover the management of pregnancy discomforts, signs and symptoms of the onset of labor, timing contractions and when to call your doctor or certified nurse midwife. The process of labor is taught using a "stage by stage" method. Included are medical interventions from simple to routine exams to cesarean deliveries. All classes view a video of actual deliveries, sending couples home with the knowledge of what to expect.

Lamaze training is a six week series weekdays 7:30 to 9:45 p.m. in the Women's Center on the

third floor of the Lakewood Hospital Community Center, 1450 Belle Avenue in Lakewood.

Your Lamaze instructor is a certified childbirth educator whose knowledge and compassion have prepared hundreds of couples for the celebration of a new life.

Mail-in registration and a \$60 fee per couple for instruction and materials are required for this class.

Infant Care Classes

The Infant Care class is informative and fun! It is a combination of information on choosing a pediatrician, recognizing a sick baby, normal infant behavior, comfort measures, safety and more. Couples discuss similar concerns with other couples making preparation for the new arrival more relaxed and confident.

Instructed by a professional labor support person, this class is offered in conjunction with Lamaze. Mail-in registration and a \$35 fee per couple are required. Lakewood Hospital Lamaze couples may take the class for \$15.

Infant CPR and Safety Awareness Classes

Infant CPR and Safety Awareness Classes are a must for new or expectant parents, babysitters, nannies, grandparents or anyone who is responsible for the care of an infant. Classes are held at Lakewood Hospital, in one session, 7:30-9:45 p.m. Mail-in registration and a \$20 fee per person are required.

Sibling "Celebration" Classes

Sibling classes are available to prepare the younger members of your family for the important role of being a big brother or sister. Children will learn about the birth process in age-appropriate discussions, have the opportunity to ask questions about what it means to have a new baby in the family and take a tour of the

Birthing Center. Participating children must be 3 years old and older and must be accompanied by at least one parent. Special preparation classes are available for children who will be present during the birth of their sibling.

All classes are held in the Birthing Center in one session on Saturdays, 11 a.m.-12:30 p.m.

Mail-in registration required. The fee is \$15 for the first child and \$5 for each additional child.

The Baby Beeper Program

The Baby Beeper Program is a valuable safety measure that's available to all expectant parents as they anticipate their new arrival. The \$20 fee includes service and rental of the pocket pager. Instructions provided. For more information, just call (216) 521-4200, Ext. 7822.

Breastfeeding Classes

Breastfeeding classes at Lakewood Hospital focus on the natural abilities of nursing as well as how the body produces milk, positions for feeding, scheduling, interventions for discomforts, using a breast pump and much more. Recent studies are discussed, and individual questions and concerns are answered. Instructed by a certified lactation consultant, this class is held in the Birthing Center in one morning session on Saturdays from 9:30-11:45 a.m. Mail-in registration and a \$25 fee are required.

Infant Massage

Touching and stroking a baby is a natural response anyone can relate to. The art of baby massage takes this concept and focuses on how a structured, step-by-step technique can relax, stimulate and exercise your baby on a daily basis. An excellent stress reducer for not only the baby, but also for the person giving the massage. Instructed by a certified massotherapist, this class is held on Mondays from 7:30-9:45 p.m. in the Birthing Center. Mail-in registration and a \$25 fee are required.

WELCOME!

Your stay with us at Lakewood Hospital's Birthing Center will be one of the most memo-



orable times of your life because giving birth to a baby is a very special event. That's why we want to make sure that you know just what to expect, that you and your family have every-

thing you need and all of your questions are answered... for example:

WHAT SHOULD I BRING?

1. Bathrobe, nightgown and slippers
2. Toiletries, make-up
3. Camera, film, batteries
4. Relaxation or soft music tapes, if desired
5. Clothing for your new baby to wear on the trip home
6. Clothing for you to wear on the trip home- and remember, the jeans that fit so well six months ago may not fit now, so bring clothing that's loose and comfortable
7. An approved car seat for your baby
8. Addresses, phone numbers of family and friends; birth announcements
9. Movies, if desired- all birthing suites have VCR's
10. Books or magazines
11. Small amount of money to purchase books, magazines, candy or gifts
12. Do not bring large amounts of cash or valuables.

WHERE SHOULD WE PARK?

When you arrive at Lakewood Hospital, you can park outside of the Emergency Room on Marlowe Avenue. After you've been admitted and settled into your birthing suite, you should have your car moved to the parking garage on Belle Avenue which is just across the street from Lakewood Hospital's main entrance. This is also where your visitors should park.

WHO CAN VISIT?

Your husband, the father of your baby or a close, significant other may visit at any time that's convenient for you. Grandparents and siblings may visit from 10am to 8pm. Other family members and friends may visit from 4pm to 8pm. And if you're not feeling up to having visitors, don't hesitate to gently explain that you'd appreciate time alone to rest and recover. Family and friends will understand.

WILL MY ACTIVITIES BE RESTRICTED?

You are the best judge of what you'll feel like doing after giving birth. Of course, bed rest is very important but if you feel like being up and around, just use common sense. Assisted, short walks help your body get back to normal. You may eat whatever you like, rest as much as you need and most of all, take the time to get to know your new baby.

As far as exercise goes, we know you'll be eager to get back into shape. But before you sign up for any Olympic events, talk with your physician or midwife about a safe and appro-

priate exercise program that's designed for new mothers and is carefully supervised. And once again, just use common sense.

HOW LONG WILL I STAY?

For a normal, vaginal delivery the average stay is 48 hours or less. For a Caesarean section, the average stay is three to four days. However, each birth is unique and the length of your stay is determined by you, your physician or midwife and your insurance company. Talk with your physician or midwife about the length of your stay and contact your insurance company representative if you have questions about the coverage that your policy provides.

WILL WE NEED HELP AT HOME?

As a new parent, your focus should be on taking care of your baby. And that's a full-time job. So if you have family members and friends who want to help out, ask them to prepare meals, take care of light housekeeping or run errands so that you can concentrate on developing precious bonds with your baby.

All families who have a baby in the Birthing Center at Lakewood Hospital are offered a postpartum visit by a health care professional who will do an assessment, offer information about feeding, bathing and caring for your baby, make sure you're feeling just fine and answer any questions you may have.

And don't be shy about asking questions. You can call the Birthing Center anytime if you need help or information. Just call us at (216)529-7006.

WHAT IS A NURSE-MIDWIFE?

Today's Nurse-Midwives offer a tradition of care that began in Europe where professional schools of midwifery were established in the sixteenth century. Nurse-Midwives have



always been popular in Europe and are gaining acceptance in America. Why? Because as a woman and an expectant mother, the relationship that develops

with your Certified Nurse-Midwife (CNM) is close, private and very personalized.

Throughout pregnancy, your CNM monitors your progress, provides information about nutrition, exercise, childbirth methods, infant health and parenting. And throughout labor, your CNM facilitates the natural process of childbirth, delivers your baby and helps you and your family welcome your new arrival.

And while midwives have been around for centuries, today's Certified Nurse-Midwives are trained to utilize state-of-the-art methods and medical technologies.

In addition to pregnancy services, a CNM is also licensed to provide gynecological services such as pelvic and breast examinations, pap smears, treat minor gynecologic problems and offer information about reproductive health, conception, birth control and personal care.

After the birth of your baby, your CNM will provide follow-up care and information that will help you be the best possible parent for your new baby.

As a highly skilled nurse, your CNM offers a special level of family-oriented care for women and their infants. And as your CNM gets to know you and your medical history, a very special relationship develops. That's why many women choose a CNM as a knowledgeable and compassionate health care provider.

WHAT ABOUT A CNM'S QUALIFICATIONS?

A Certified Nurse-Midwife is a registered nurse who has advanced education in caring for women and their infants. Each CNM must meet all the rigorous standards set by the American College of Nurse-Midwives and the Ohio State Board of Nursing. A CNM is also required to stay current with new theories and technologies through continuing education. And if for any reason a physician is needed, your CNM maintains a close affiliation with an obstetrician who's always available for consultation and immediate assistance.

IS A CNM RIGHT FOR ME?

Choosing a CNM is a decision you should make after discussion with your family, in

conjunction with identifying your specific health care needs. Many health care professionals will offer patients an initial consultation at no cost.

And consider the following factors: If you anticipate a high-risk pregnancy or any complications, a delivery with a board-certified obstetrician may be advisable. But if you expect a normal, low-intervention, uncomplicated pregnancy and delivery and you're in good physical health, a CNM is a good alternative. Each Certified Nurse-Midwife at Lakewood Hospital's Birthing Center has successfully delivered hundreds of healthy babies. And the rewarding relationships between mothers and their midwives make each birth quite special.

But most of all, we recommend that you learn all you can about the Midwifery Program at Lakewood Hospital's Birthing Center so that you can make an informed decision that's right for you. We invite you to talk with one of our Nurse-Midwives and take a tour of our Birthing Center. Tours are offered every Monday evening at 6:30pm. Groups meet in the Belle Avenue lobby on the first floor of Lakewood Hospital. No reservation is necessary and the tour is free.

If you'd like to know more about the Midwifery Program at Lakewood Hospital's Birthing Center, just call (216)529-7006.

ONE OF A KIND.

As you look at these babies, you can see that each one is different. As they grow and mature, these children will need varying



methods of nurturing based on the uniqueness of their personalities. Childbirth is no different. Each family who welcomes a brand new life is one of a kind. And that's

why the Birthing Center at Lakewood Hospital is designed to meet each family's special needs, with all the comforts of home.

YOU DECIDE.

As an expectant mother, the birth of your baby is an event you can look forward to and share with your family. If you choose to have a loved one with you throughout your hospital stay, a fold-out bed is provided in your private room. And generous visiting hours encourage brothers, sisters and grandparents to meet your baby whenever it's convenient for you. Or you might prefer to spend this special time alone with your new baby— it's your decision. Our Birthing Center

provides a variety of options that allow you, your family and your doctor to choose the most comfortable birthing environment.

THERE'S NO PLACE LIKE HOME.

But our warm and beautifully decorated birthing suites come very close. Labor delivery, recovery and postpartum all take place in your private room, in one bed, so you aren't moved from room to room at a time when your comfort is critical. All of our birthing suites are well appointed and very private. And one of our birthing suites is equipped with a jacuzzi, refrigerator and other amenities that add to a relaxing atmosphere.

JUST IN CASE.

Most babies born at the Lakewood Hospital Birthing Center have all the advantages of a normal, uncomplicated delivery because each pregnancy is carefully monitored before, during and after birth. In fact, only 3% of all



newborns need emergency intervention. But for those babies who do need specialized care, Lakewood Hospital is completely equipped for virtually all high-risk situations.

Our state-of-the-art operating room is always available for high-risk mothers; for any complication or for an elective or emergency Caesarean section. You have immediate access, 24 hours a day, to experienced pediatricians who are highly trained in infant resuscitation. And our pediatric residents from



Rainbow Babies and Children's Hospital are experienced in respiratory management and neonatal intensive care. Our nursing staff is also certified in neonatal resuscitation— in addition to many years of experience in administering the most knowledgeable and compassionate health care.

Chances are, your delivery will be beautifully simple. But in the case of any complications, you can rest assured that at Lakewood Hospital, you'll have all the qualified medical support you need. In a matter of seconds.

THEN...AND NOW.

Not long ago, pregnancy and childbirth were regarded as an 'illness.' Fathers were banished to waiting rooms and the rest of the family was left out entirely. Expectant parents had very few choices and little information about the process of having a baby.

But today, we know that giving birth to a baby is the most natural and joyous event

An event that's the result of careful choices you make for

At Lakewood Hospital's you have a variety of choices control... like Lamaze training information you need about nutrit preparation, birthing and infa decide who will be with you delivery— and, with the appro obstetrician or midwife, you everything. Your baby can be your suite rather than in the r can choose to have your baby obstetrician or a certified nur

Today, you have all the i options that put you in contri wonderful experience for you

BEFORE AND AFTER

As soon as you know you're entious prenatal care is absol for the delivery of a healthy it's important to get regular p ups and take advantage of the vices offered by the Birthing

When you've returned ho new baby, our home visit pro answers to your questions wh help you begin an exciting new life together. Because raising a child will be the toughest— and the most rewarding— job you'll ever have.