

THE 10-10-10 METHOD

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CONSIDERATION	10 MINUTES	10 MONTHS	10 YEARS
If I proceed with...			
If I don't proceed with...			

1. Write in the consideration column the thought you are facing.
2. In the 10 minutes, 10 months, 10 years columns, put a smiley, neutral, or frowny face representing how you expect to feel at those times reflecting back on your decision.
3. Do this for both the “If I proceed with...” and “If I don’t proceed with...”.

This is derived from [10-10-10: A Life-Transforming Idea by Suzi Welch](#)

Additional Resources



All In
allinbymike.com



Profit First
profitfirstbook.com



Clockwork
clockworkbymike.com



The Pumpkin Plan
pumpkinplan.com



Fix This Next
fixthisnext.com



Get Different
gogetdifferent.com

Get Professional Support:

- TheAllInCompany.com
- ProfitFirstProfessionals.com
- RunLikeClockwork.com
- PumpkinPlanYourBiz.com
- FixThisNextAdvisor.com

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