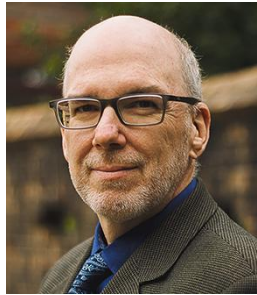


Dr. Thomas G.W. Telfer



Dr. Thomas Telfer is an Emeritus Professor at Western University, Faculty of Law in London, Ontario, Canada. Throughout his 32-year career he taught numerous courses including Bankruptcy and Insolvency Law, Commercial Law and Contracts. He has been a visiting academic at universities in Canada, the United States, Australia and New Zealand. He has published widely in the fields of bankruptcy and insolvency law. His work has been cited by the Supreme Court of Canada.

He is the Co-Editor of *Journal of the Insolvency Institute of Canada*. Professor Telfer is also the Co-Editor in Chief of the *Canadian Business Law Journal*.

In recognition of his scholarly accomplishments Professor Telfer was admitted as a member of the *International Academy of Commercial and Consumer Law* in 2023.

Professor Telfer also has an academic interest in mental health and mindfulness education. In 2018, he received the *Leadership in Wellness Award of Recognition*, which recognizes Western faculty members who promote the mental health of their students.

That same year he was awarded a three-year *Teaching Fellowship* at Western Law to develop mindfulness and mental health education initiatives. In the fall of 2019, Professor Telfer offered a new upper-year academic credit course at Western Law called *Mindfulness and the Legal Profession*. This course was the first of its kind at a Canadian law school and has now been offered 6 times.

Professor Telfer is a frequent speaker on mindfulness and mental health. He has facilitated over 120 mindfulness and mental health workshops for lawyers, doctors, judges, professors and students. Stories about his mental health and mindfulness work have appeared in *Canadian Lawyer*, on podcasts and on CBC Radio.

He is the co-author of [“Enhancing Lawyers' Well-Being and Competencies Beyond the Traditional Law School Curriculum: The Impact of Mindfulness Education on Law Students”](#) published in the UBC Law Review.

Professor Telfer is the also co-editor and co-author of [*The Right Not to Remain Silent: The Truth About Mental Health in the Legal Profession*](#) (LexisNexis, 2024). It is a trailblazing book that changes the conversation about mental health in the legal profession and beyond.