



The Language of Lament

Psalm 13

Sunday, July 20, 2025 • Stape Patterson, Young Adult Pastor

How do you talk to God when you feel hopeless?

Psalm 13

¹ How long, O Lord? Will you forget me forever? How long will you hide your face from me? ² How long must I take counsel in my soul and have sorrow in my heart all the day? How long shall my enemy be exalted over me? **Psalm 13:1-2, ESV**

- _____ out to God.

¹⁸ *The Lord is near to the brokenhearted and saves the crushed in spirit. (Psalm 34:18, ESV)*

³ Consider and answer me, O Lord my God; light up my eyes, lest I sleep the sleep of death, ⁴ lest my enemy say, "I have prevailed over him," lest my foes rejoice because I am shaken. **Psalm 13:3-4, ESV**

- **Make a bold** _____.

²⁶ *Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words.* ²⁷ *And he who searches hearts knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.* (Romans 8:26-27, ESV)

⁵ But I have trusted in your steadfast love; my heart shall rejoice in your salvation. ⁶ I will sing to the Lord, because he has dealt bountifully with me. **Psalm 13:5-6, ESV**

- _____ in God's steadfast love.

²⁸ *And we know that for those who love God all things work together for good, for those who are called according to his purpose. (Romans 8:28, ESV)*