

21 DAYS OF PRAYER & FASTING BEGINS MONDAY, FEBRUARY 16, 2026

DAY 1

“Search me, O God, and know my heart.
Try me and know my thoughts.
And see if there be any grievous way in me
and lead me in the way everlasting.”

Psalm 139:23-24 (ESV)

PRAYER PROMPT

Welcome to Day 1 of 21 days of prayer and fasting. Prayer and fasting are simply our way of saying, as much as I hunger for food, God, You are the only One who truly satisfies me. We are choosing His presence, His voice, and His direction over our usual comforts. And as we draw near to Him, we trust His promise that He draws near to us.

Throughout these 21 days, each week will have a specific focus to help guide our prayers and shape our time with God. As we begin, our focus in Week One is repentance. We start here because repentance prepares our hearts for what God wants to do in us. Before we ask God to move in our lives, we ask Him to search us and align us with His will.

Psalm 139 gives us a clear and honest starting point for Day 1. It is a prayer that invites God to show us things we may not naturally see in ourselves.

"Search me and know my heart." Ask God to help you see your motives, desires, and loves clearly.

"Try me and know my thoughts." Invite Him into the places where fears, anxieties, or lies may be shaping you.

"See if there be any grievous way in me." Give Him permission to reveal sin, compromise, or patterns that need to be surrendered.

"Lead me in the way everlasting." Ask Him not only to reveal what needs to change, but to guide you into obedience and life with Him.

As you fast today, remember this: God already knows every part of your heart. When we ask Him to search us, we are not informing Him of anything. We are opening ourselves to His transforming work. Repentance does not earn God's favor; it restores our alignment with Him and positions us to follow where He leads.

PRAYER

Lord, as I begin these 21 days of prayer and fasting, I invite You to search my heart. Show me what You already see, and help me to respond with honesty and humility.

I confess that I have sinned and that there are areas of my life I have held on to instead of surrendering to You.

Thank You that because of Jesus' death and resurrection, forgiveness is available. Today I turn back to You. Please forgive me, cleanse me, and lead me in the way everlasting. Use these 21 days to draw me closer to You and to shape my heart to look more like Yours.

In Jesus' name, Amen.

DAY 2

“When I kept silent, my bones wasted away
through my groaning all day long.
For day and night your hand was heavy on me.
My strength was sapped as in the heat of summer.
Then I acknowledged my sin to you
and did not cover up my iniquity.
I said, I will confess my transgressions to the Lord.
And you forgave the guilt of my sin.
Rejoice in the Lord and be glad, you righteous.
Sing, all you who are upright in heart.”

Psalm 32:3-5, 11 (ESV)

PRAYER PROMPT

Psalm 32 shows two ways to live: hiding sin or confessing it. When David kept silent, he felt the weight of it in every part of his life. His strength faded and his heart grew heavy. But when he acknowledged his sin and stopped covering it, God not only forgave him but also lifted the guilt that had been pressing on him. The psalm moves from groaning to rejoicing, from heaviness to freedom.

Confession is simply deciding, like David, I will confess. It is choosing honesty instead of hiding. It is agreeing with God about our sin and trusting Him to cleanse, heal, and free us.

As you fast today, consider whether there is anything you have been keeping silent about. If God brings something to mind, bring it fully into the light before Him. Trust that when you confess, He does not meet you with condemnation but with forgiveness and freedom.

PRAYER

Lord, I do not want to live under the weight of hidden sin.

I confess that I have been carrying _____. I have tried to manage it on my own instead of bringing it into the light with You.

Thank You that because of Jesus’ death and resurrection You forgive not only my sin but also the guilt and shame that come with it. Today I set this weight down before You. Please lift it from my heart and teach me to walk in the freedom and joy You desire for me.

In Jesus’ name, Amen.

DAY 3

“Or do you presume on the riches of his kindness and forbearance and patience, not knowing that God’s kindness is meant to lead you to repentance?”

Romans 2:4 (ESV)

PRAYER PROMPT

So far this week we have looked at repentance as God searching our hearts and us confessing what He reveals. Today we see repentance from another angle. It is a response to the kindness of God.

Paul warns that we can presume on God’s kindness, enjoying His patience, provision, and mercy while treating them as permission to keep going our own way. Every breath, every rescue, every second chance was never indifference. It was an invitation. Repentance is not only turning from sin. It is turning back toward the God who has been kind, patient, and generous to us again and again.

As you fast today, let God’s kindness lead you toward repentance. Take time to remember specific ways He has shown patience, mercy, and generosity to you, even when your heart was not fully surrendered. Thank Him for those moments, and ask Him to show you if there is anywhere you have taken His kindness for granted instead of letting it draw you back to Him.

PRAYER

Lord, thank You for Your kindness, Your patience, and Your mercy toward me.

You have been especially kind to me in _____. At the same time, I admit that I have been taking Your kindness for granted in _____ and living as if this area did not matter to You.

Today I choose to let Your kindness lead me to repentance. I turn back to You in this area and ask You to change my heart and my direction. Use this day of fasting to deepen my gratitude and draw me closer to You.

In Jesus’ name, Amen.

DAY 4

“But I have this against you, that you have abandoned the love you had at first. Remember therefore from where you have fallen; repent, and do the works you did at first. If not, I will come to you and remove your lampstand from its place, unless you repent.”

Revelation 2:4–5 (ESV)

PRAYER PROMPT

Repentance is not only turning from obvious sin; it is also returning to a love that has grown cold.

Jesus is speaking to a church that is active and doctrinally sound, but their love for Him is not what it once was. His call is simple and direct: remember where you were, repent, and do the works you did at first. The warning is serious, but it comes from a Lord who desires to restore their love and their witness, not remove it.

As you fast today, have a moment of honest reflection. Ask the Lord to show you where love for Him has quietly slipped into routine, duty, or distraction. Consider what first love looked like in your early walk with Jesus. Remember the eagerness with which you worshiped, the joy you felt in prayer, the hunger you had for His Word, and the desire you carried to obey Him quickly. Then let Him surface one simple and heartfelt first work you can return to today, something that rises from renewed love and not pressure.

PRAYER

Lord, I hear Your words to the church in Ephesus as words to me today.

I confess that my love for You has grown cold in _____. I have been going through the motions instead of loving You with my whole heart.

Please remind me of the love I had at first and stir that love again. Show me one clear step I can take today to do the works I did at first. Use this day of fasting to pull me out of empty routine and back into a real love for You.

In Jesus' name, Amen.

DAY 5

“For they themselves report concerning us the kind of reception we had among you and how you turned to God from idols to serve the living and true God.”

1 Thessalonians 1:9 (ESV)

PRAYER PROMPT

Here repentance is described in one clear sentence. They turned to God from idols to serve the living and true God. It is not only stopping certain behaviors. It is a change in what and whom we serve.

An idol is anything that begins to take the place of God in our hearts. It may even be a good thing that quietly becomes the main thing. Success, control, comfort, image, or a relationship. We begin to revolve around it, protect it, and obey it. Paul says the Thessalonians did not simply adjust their habits. They changed masters. They stopped serving dead and powerless idols and began serving the living and true God.

The deeper truth is this. Repentance is not only saying no to idols. It is saying yes to God as Lord. The grip of idols is broken not by trying harder but by a greater allegiance and a greater love. When God takes His rightful place at the center, everything else has to move.

As you fast today, ask the Lord to show you what you have been serving. If something has been shaping your decisions, your emotions, or your schedule more than He does, name it before Him. Then in prayer tell Him again that you belong to Him, and ask Him to reorder this part of your life around serving the living and true God.

PRAYER

Lord, today I want to serve You as the living and true God.

I confess that I have let _____ take too much of my heart and attention. I have been serving this more than I have been serving You.

Today I turn from this and offer myself to You again. Please take Your rightful place in this area of my life. Show me one clear step I can take to serve You instead of this. Use this day of fasting to center my worship and my loyalty on You alone.

In Jesus' name, Amen.

DAY 6

But to the king of Judah, who sent you to inquire of the Lord, thus shall you say to him, Thus says the Lord, the God of Israel: Regarding the words that you have heard, because your heart was tender and you humbled yourself before God when you heard his words against this place and its inhabitants, and you have humbled yourself before me and have torn your clothes and wept before me, I also have heard you, declares the Lord.

2 Chronicles 34:26–27 (ESV)

PRAYER PROMPT

When Josiah hears the Book of the Law, he suddenly realizes how far God’s people have drifted. His response is immediate and sincere. He humbles himself, weeps, and tears his clothes as an expression of grief and repentance. God’s response is just as clear. Because Josiah’s heart was tender and he humbled himself when he heard God’s words, the Lord says, I have heard you.

In Josiah’s day, tearing one’s clothes was a cultural way of expressing deep sorrow. We do not need to repeat that outward action today to be heard by God. What He desires is what Josiah carried within him, a heart that is soft toward His word and willing to respond with humility.

As you fast today, consider your posture toward Scripture. Think of a moment when God’s word pressed on something in your life. Reflect on how you responded. Did you resist it, explain it away, or receive it with openness? Ask the Lord to form in you the same posture He honored in Josiah, a tender heart and a readiness to obey.

PRAYER

Lord, I want to have a tender heart when I hear Your word. I confess that I have been resisting or explaining away what You have been saying to me in _____ . Please soften my heart and help me receive Your word with repentance and obedience. When You speak, give me the courage to respond quickly and fully. Use this day of fasting to make my heart more tender to Your voice.

In Jesus’ name, Amen.

DAY 7

“Who is a God like you, pardoning iniquity
and passing over transgression for the remnant of his inheritance.
He does not retain his anger forever
because he delights in steadfast love.
He will again have compassion on us.
He will tread our iniquities underfoot.
You will cast all our sins
into the depths of the sea.”

Micah 7:18-19 (ESV)

PRAYER PROMPT

We have spent this first week asking God to search us, confessing what He has shown, and turning back to Him. Day 7 points us to where repentance is meant to lead. It does not leave us staring at our sin. It places our eyes on the God who forgives.

Micah asks, who is a God like you. There is no one else who deals with sin this way. God does not dismiss or ignore our sin. Instead He treads it underfoot and casts it into the depths of the sea. He does not forgive reluctantly. He delights in steadfast love. Real repentance does not end in continual self-examination. It ends in worship and rest in a God who loves to show mercy.

As you fast today, think of sins you have confessed this week and thank God that in Christ they have been trampled under His feet and thrown into the depths of the sea. Ask Him to help you walk as someone who is truly forgiven, not chained to old guilt or old labels.

PRAYER

Lord, thank You that there is no one like You, pardoning iniquity and passing over transgression.

This week, I have brought _____ into the light before You. I have carried guilt and shame around it for a long time. Today I choose to believe that in Christ You have had compassion on me and have cast these sins into the depths of the sea. Help me walk as someone who is truly forgiven. Teach me to release old guilt and to rest in the freedom of Your steadfast love. Fill this day with worship, joy, and confidence in who You are.

In Jesus' name, Amen.

DAY 8

“I do not ask for these only, but also for those who will believe in me through their word, that they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me. The glory that you have given me I have given to them, that they may be one even as we are one, I in them and you in me, that they may become perfectly one, so that the world may know that you sent me and loved them even as you loved me.”

John 17:20–23 (ESV)

PRAYER PROMPT

As we begin a new week and shift into a new focus, take a moment to breathe. If you have fallen off in prayer, fasting, or focus over the last few days, do not condemn yourself. This is not about perfect consistency. Thank God for His grace, receive it again, and step back in unashamed. God is not disappointed in you. He is glad to meet you right where you are.

With that posture of grace, we turn our attention to unity. On the night before the cross, Jesus prayed not only for His disciples, but for all who would believe in Him, that we would be one. Unity is not a side issue. It was on His heart in His final hours and is directly tied to our witness so that the world may believe.

Jesus shows us the pattern. Just as the Father and the Son are one, we are invited into that same shared life. Unity is not something we manufacture through effort or force. It is something Jesus prayed for and secured, and we are invited to live in alignment with it. When we cling to division, distance, or unresolved hurt, we resist His prayer. When we move toward reconciliation, we say yes to what He asked the Father to do.

As you fast today, ask the Lord where He wants His prayer for oneness to touch your life. Think about your church family, your group, your ministry team, or your home. Ask Him to show you where you have pulled back, held on to hurt, or quietly written someone off. Invite Jesus to bring the reality of John 17 into those relationships and to begin a fresh work of unity in your heart this week.

PRAYER

Lord Jesus, thank You that You prayed for us to be one. I confess that I have not pursued unity in _____. I have pulled back or held on to hurt instead of seeking peace. Today I receive Your grace again and ask You to let Your prayer in John 17 shape my heart. Help me see my brothers and sisters the way You see them and move toward unity. Show me one step I can take to build peace and trust, and give me the courage to take it.

In Your name, Amen.

DAY 9

“Then they said, ‘Come, let us build ourselves a city and a tower with its top in the heavens, and let us make a name for ourselves.’”

“Therefore its name was called Babel, because there the Lord confused the language of all the earth.”

Genesis 11:4, 9 (ESV)

“When the day of Pentecost arrived, they were all together in one place.”

“And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance.”

“And at this sound the multitude came together, each one was hearing them speak in his own language.”

“We hear them telling in our own tongues the mighty works of God.”

Acts 2:1, 4, 6, 11 (ESV)

PRAYER PROMPT

Today we hold two pictures side by side.

At Babel, people are united in a powerful way, yet their unity is directed toward building their own kingdom. Their goal is to make a name for themselves. God scatters them because unity shaped by pride and self-glory always leads to destruction.

In the upper room, people are together again, but this time they wait on God. The Spirit comes, new languages are given, and instead of one language for their name, many languages are used for His. They declare the mighty works of God. God creates a different kind of unity, not everyone the same, not everyone speaking the same, but all centered on the same Lord and the same message.

Unity is not merely staying together. Unity is laying down our name so that His name can be lifted up together.

As you fast today, ask the Lord where you have been more focused on your name, your way, or your preferences than on unity in Jesus. Let Him bring to mind one relationship, team, or group where pride, competition, or hurt has gotten in the way. Ask Him to show you one concrete step you can take toward unity. It may be a conversation, an apology, an encouragement, choosing to listen, or choosing to serve instead of insisting on being heard.

PRAYER

Lord, thank You for showing me the difference between Babel and the upper room. I confess that in _____ I have been more focused on my name, my way, or my preferences than on our unity in You. Today I ask You to fill me with Your Spirit and make me a person who moves toward unity. Show me one clear step I can take toward peace and togetherness, and give me the humility and courage to take it. Use this day of fasting to turn me from building my own tower to joining Your people in lifting up Your name together. In Jesus' name, Amen.

DAY 10

“I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace.”

Ephesians 4:1-3 (ESV)

PRAYER PROMPT

Unity is not needed when relationships are easy. It becomes essential when they are not. Paul assumes there will be moments when we irritate, misunderstand, disappoint, or hurt one another. Otherwise commands like bearing with one another in love would not exist. These verses call us into a mature, Spirit shaped way of life where humility slows our reactions, gentleness tempers our words, patience stretches our capacity, and love steadies us through the tension.

Unity does not mean ignoring real differences or pretending nothing is wrong. It means choosing, in the middle of those differences, to protect what the Spirit has already created among us through Christ. It looks like absorbing frustration rather than returning it, listening before assuming, seeking understanding over being right, and remembering that the gospel has made us one family. What Jesus has done to unite us is always greater than anything that could divide us.

As you fast today, ask God where you are being pulled away from unity. Bring to mind one relationship, team dynamic, or church situation where love has been difficult. Ask Him what humility would look like here, what gentleness would look like, what patience would look like. Ask what it means to bear with someone in love in this specific situation. Let the Spirit show you one concrete step that moves you toward unity and not away from it.

PRAYER

Lord, You see the places where unity is hard for me. I confess that in _____ I have let frustration, hurt, or preference shape my response instead of bearing with others in love as You have called me to. Form humility, gentleness, and patience in me. Help me walk in a manner worthy of my calling and protect the unity Your Spirit has already given. Show me one real step toward peace, and give me the courage to take it. In Jesus' name, Amen.

DAY 11

“So if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift.”

Matthew 5:23-24 (ESV)

PRAYER PROMPT

Jesus pictures someone in the middle of worship, standing before the altar with a gift in hand, and then remembering a fractured relationship. His instruction is surprising. Leave the gift, go find your brother or sister, pursue peace, then return.

This shows us that God is not only interested in what we say or sing to Him. He cares deeply about what exists between us. A quiet grudge, a cold distance, or a conversation we keep avoiding matters to Him. Unity grows when one follower of Jesus decides that distance is no longer acceptable and takes the first step toward reconciliation.

As you fast today, ask God to bring a face or name to mind, someone who has something against you. It may be a harsh word you spoke, trust you broke, distance you created, or a conversation you never returned to after conflict. Sit with that, not to drown in regret, but to ask, Lord, what is my next step. It may be a simple text asking to talk, a phone call, or an in person conversation where you own your part and seek forgiveness. You cannot control how they respond, but you can choose to move toward them for His sake.

PRAYER

Lord, Your words in Matthew 5 are clear and direct. I know there is distance between me and _____. The tension or hurt in this relationship has lingered, and I have avoided dealing with it. Today I ask for humility and courage to move toward reconciliation. Show me the next step to take, and help me to speak honestly, own my part, and seek peace. Let this act of obedience honor You and make room for greater unity in Your church. In Jesus' name, Amen.

DAY 12

“So you should rather turn to forgive and comfort him, or he may be overwhelmed by excessive sorrow. So I beg you to reaffirm your love for him.

Anyone whom you forgive, I also forgive...

so that we would not be outwitted by Satan, for we are not ignorant of his designs.”

2 Corinthians 2:7–8, 10–11 (ESV)

PRAYER PROMPT

Paul is writing to a church that has confronted a member’s sin. The church has done the hard work of correction, and the person who was corrected is now genuinely broken over it. At this point, Paul’s concern shifts. He is no longer worried that the church will be too soft. He is concerned they may become too hard.

Turn to forgive and comfort him, Paul urges, or he may be overwhelmed by excessive sorrow. Then he pleads, reaffirm your love for him. This makes something clear. Unity does not end with confrontation. Unity also requires movement toward a repentant person so they are not left isolated in shame.

Paul presses the point even further. When a church withholds forgiveness and comfort after repentance, it gives the enemy an opening. One of Satan’s designs is to trap people in yesterday’s failure and to trap churches in yesterday’s hurt. Restoration protects both the individual and the community.

As you fast today, ask the Lord if there is anyone you have kept at a distance even after repentance or change. It may be someone you corrected, someone who hurt you, or someone you no longer trust the way you once did. Ask God to show you where He is inviting you not only to release the offense but to move toward that person with a fresh reaffirming of love through a text, or a conversation.

PRAYER

Lord, thank You that You do not leave me in excessive sorrow but meet me with grace. I confess that I have held _____ at a distance, even after there was repentance or change. In my heart I have kept them labeled by what happened instead of moving toward them in love. Today I ask You to help me turn to forgive and comfort. Show me one real way to reaffirm my love, and protect our church from any scheme of the enemy that would keep us divided. Use this day of fasting to teach me how to restore and not only how to confront. In Jesus’ name, Amen.

DAY 13

“For in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is no male and female, for you are all one in Christ Jesus.”

Galatians 3:26–28 (ESV)

PRAYER PROMPT

Paul is not saying our stories disappear. Jews are still Jews. Greeks are still Greeks. Men are still men and women are still women. What he is saying is that none of those distinctions get to sit in the center anymore. In Christ, the deepest and truest thing about us is that we belong to Him and we belong to one another.

We often build our closest circles around people who feel familiar. Same background. Same stage of life. Same interests. Same way of seeing the world. Galatians 3 presses us to see something larger. At the foot of the cross, every category we use to sort people is pushed to the edges. Jesus stands at the center, and around Him is one family made up of very different people. Unity in Christ does not erase those differences. It calls us to move toward one another across them.

As you fast today, ask the Lord to show you if there is anyone you have quietly treated as other, even though you are both in Christ. Pay attention if a face or name comes to mind, someone in your church who is different from you in background, age, life stage, personality, or story. Ask God to help you see them first as a brother or sister in Christ and to show you one clear step toward greater unity.

PRAYER

Lord, thank You that in Christ Jesus I am Your child and that You have made us one family. I confess that I have often chosen to walk most closely with people who look, think, or live like me, especially in _____. At times I have noticed difference before I have remembered that we belong to one another in You. Today I ask You to let the truth of Galatians 3 shape how I see Your people. Help me honor the story and background You have given them while holding our oneness in You as the deepest truth about us. Show me one clear step I can take toward unity and love, and give me the courage to take it. In Jesus' name, Amen.

DAY 14

After this I looked, and behold, a great multitude that no one could number, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, clothed in white robes, with palm branches in their hands, and crying out with a loud voice, "Salvation belongs to our God who sits on the throne, and to the Lamb!"

Revelation 7:9–10 (ESV)

PRAYER PROMPT

As we come to the end of this second week, begin by receiving grace. If unity has felt hard, if you avoided a conversation, stayed guarded, or realized how far you still have to go, do not condemn yourself. This journey is not about getting it all right. It is about staying open to God's work. Thank Him for what He has already done, and step into this moment unashamed.

With that posture, lift your eyes to where all of this is heading. John sees the future: a countless family from every nation, tribe, people, and language, standing together before Jesus, crying out with one voice. Different cultures, different histories, different earthly stories, one Savior. This is the final picture of unity God has promised to bring about.

Throughout this week, we have prayed through forgiveness, reconciliation, bearing with one another, welcoming those who are different, and seeking peace. Revelation 7 reminds us that every small step toward unity now is practice for that coming day. When you choose to forgive, move toward someone different than you, or seek reconciliation, you are not just addressing a moment. You are living in alignment with the future God has already written.

As you fast today, thank God for the brothers and sisters He has placed around you and for the diversity of His church. Picture faces from our church, your groups, your teams, and believers around the world, all standing together before Jesus. Ask the Lord to show you one place where He is inviting you to live more like Revelation 7 right now, and commit to a clear next step this coming week.

PRAYER

Lord, thank You for the promise of a great multitude from every nation and language standing before Your throne. Thank You that in Christ I am already part of that family.

This week You have been highlighting unity in my life, especially in _____ . I confess that I have not always moved toward others with Your heart and have sometimes pulled back or closed myself off.

Align my heart with the picture You have given us in Revelation 7. Help me love, forgive, welcome, and walk with others in a way that reflects the future You have promised. Use what You have been doing in me during this week to knit our church closer together, so that our life together gives the world a glimpse of the day when we will all stand before the Lamb with one voice. In Jesus' name, Amen.

DAY 15

“When the day of Pentecost arrived, they were all together in one place.”

Acts 2:1 (ESV)

“So those who received his word were baptized, and there were added that day about three thousand souls. And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.”

Acts 2:41–42 (ESV)

“And day by day, attending the temple together and breaking bread in their homes, they received their food with glad and generous hearts, praising God and having favor with all the people. And the Lord added to their number day by day those who were being saved.”

Acts 2:46–47 (ESV)

PRAYER PROMPT

As this final week begins, come as you are. Receive God's grace again and step back in. He meets you here with patience and love.

This week turns outward toward evangelism, sharing Jesus with those who do not yet know Him. Acts 2 gives us a clear picture of how the gospel advances. The believers are together, the Spirit fills them, Jesus is proclaimed, hearts are stirred, and many respond.

What follows is just as important. This new community devotes itself to teaching, prayer, shared meals, and worship. Their life together becomes visible and compelling, and the Lord continues to add to their number day by day. Unity creates the kind of environment where the gospel is both heard and seen, but the driving force is the Spirit at work through ordinary believers who speak about Jesus and open their lives to others.

As you fast today, ask the Lord to bring real names and faces to mind of people around you who need to hear and see the good news. Think of family members, neighbors, coworkers, classmates, or friends. Pray for them specifically, and ask God to show you one simple step you can take this week, whether that is an invitation, a conversation, sharing your story, or offering to pray with someone in need. Trust that God is already at work and inviting you to join Him.

PRAYER

Lord Jesus, thank You that You are still adding to Your church those who are being saved. Today I bring _____ before You. You see their story, their questions, and their needs far better than I do. Please begin to draw their heart to You. Open doors for conversation, and give me both courage and tenderness when those doors open. Help me speak clearly about who You are and what You have done, and help me live in a way that makes the message believable. Use this final week of fasting to turn my heart outward and align me with Your heart for those who are far from You. In Your name, Amen.

DAY 16

“When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, ‘The harvest is plentiful, but the laborers are few; therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest.’”

Matthew 9:36–38 (ESV)

PRAYER PROMPT

Jesus looks at the crowds and responds with compassion. He sees people who are worn down, confused, and in need of care. What follows is striking. He does not first tell His disciples to go and fix everything. He tells them to pray.

The harvest is plentiful means people around us are more open and more ready than we often assume. The laborers are few means the real shortage is not opportunity but availability. Jesus makes the need clear and then gives a direct invitation. Pray earnestly to the Lord of the harvest to send workers into His fields.

As you fast today, pray this not only for the world in general, but for your own church and your own life. Ask God to stir hearts across your congregation and to send people into the places they already live, work, and go. Ask Him to give eyes to see the harvest and courage to speak about Jesus. And ask Him honestly what part He may be inviting you to play.

PRAYER

Lord of the harvest, I hear what You said. The harvest is plentiful, but the laborers are few. Today I pray that You would send our church into the fields. Stir hearts across our congregation and move us from comfort to calling. I pray especially for _____ and the people there. Send workers into that field. And if You want to use me there, I am willing. Give me compassion, open doors, and simple, clear words about Jesus when the time is right. In Jesus’ name, Amen.

DAY 17

May God be gracious to us and bless us
and make his face to shine upon us, Selah
that your way may be known on earth,
your saving power among all nations.
Let the peoples praise you, O God;
let all the peoples praise you!
Let the nations be glad and sing for joy,
for you judge the peoples with equity
and guide the nations upon earth. Selah

Psalm 67:1–4 (ESV)

PRAYER PROMPT

Psalm 67 connects God’s blessing to God’s global purpose. We ask Him to be gracious to us and make His face shine on us so that His way may be known on earth and His saving power among all nations. God does not bless His people simply so their lives improve. He blesses them so that the nations would know Him, praise Him, and find joy in Him.

When we pray for the nations, we are stepping into that purpose. We are asking God to make His saving power known, to awaken praise in places where Jesus is rarely named, and to bring real joy to people who have never heard the gospel clearly.

As you fast today, choose one nation or people group to focus on. It may be a place you have visited, a country in the news, or a region with limited access to the gospel. Pray that God’s grace would be poured out there, that believers and churches would be strengthened, and that more workers would be raised up. Then ask how God may be inviting you to take part through praying, giving, sending, or going.

PRAYER

God, be gracious to us and bless us,
and make Your face shine upon us,
that Your way may be known on earth,
Your saving power among all nations.

Today I pray for _____.

Let the people there come to know Jesus. Strengthen the believers and churches in that place, and raise up workers to share the gospel.

Show me how You want me to take part in what You are doing among the nations, and use my life and our church so that people everywhere would be glad and sing for joy in You. In Jesus’ name, Amen.

DAY 18

“So Paul, standing in the midst of the Areopagus, said:
‘Men of Athens, I perceive that in every way you are very religious.
For as I passed along and observed the objects of your worship,
I found also an altar with this inscription, “To the unknown god.”
What therefore you worship as unknown, this I proclaim to you.’”

Acts 17:22–23 (ESV)

“For ‘In him we live and move and have our being’;
as even some of your own poets have said,
‘For we are indeed his offspring.’”

Acts 17:28 (ESV)

“‘The times of ignorance God overlooked, but now he commands all people everywhere to repent, because he has fixed a day on which he will judge the world in righteousness by a man whom he has appointed; and of this he has given assurance to all by raising him from the dead.’”

Acts 17:30–31 (ESV)

PRAYER PROMPT

In Athens, Paul does not ignore culture and he does not copy it. He pays close attention to it and then uses it as a bridge to proclaim Jesus. He notices what people care about, what they honor, and what they quote, and he begins there.

Paul points to an altar to the unknown god and uses it as a starting point. He quotes their own poets and speaks their language, but he does not stop with vague spirituality. He clearly points to who God really is, what He has done in Jesus, and the call to respond. This is a picture of sharing Jesus in the middle of real life.

Music, shows, sports, news, social media, work conversations, and everyday interests shape what people love, fear, and hope in. Evangelism often begins by listening well and asking good questions, then thoughtfully connecting familiar ideas to the truth of the gospel.

As you fast today, ask the Lord to show you the altars and poets around you. Pay attention to what fills conversations, what people celebrate, and what they worry about. Ask God for creativity to see natural connection points and to turn ordinary conversations toward Jesus in ways that are clear, kind, and courageous.

PRAYER

Lord, thank You for the example of Paul, who met people right where they were and pointed them to Jesus.

Open my eyes to the altars and poets around me in _____. Help me see what people worship, fear, and hope in, what they quote, celebrate, and chase. Give me creativity from Your Spirit, good questions to ask, and natural bridges that lead from everyday conversations to the truth about who You are, what Jesus has done, and the call to respond.

Use my conversations this week to point people toward the God they do not yet know, and give me courage to speak when You open the door.

In Jesus' name, Amen.

DAY 19

“The wind blows where it wishes, and you hear its sound, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.”

John 3:8 (ESV)

PRAYER PROMPT

One of our core values as a church is that we encounter the Holy Spirit. A helpful way to think about this is “catching the wind,” reminding us that ministry is not about generating movement through our own effort, but about learning to move with what the Holy Spirit is already doing.

Jesus tells Nicodemus that the work of the Spirit is like the wind. It cannot be controlled, predicted, or contained, but it can be noticed. You can hear it, see its effects, and respond to it.

Evangelism is not us trying to create spiritual momentum. It is learning to recognize where the Spirit is already at work. Even now, the Spirit is stirring questions, restlessness, curiosity, and conviction in people around you. Our role is not to force outcomes, but to stay attentive, available, and obedient when He nudges.

As you fast today, ask the Holy Spirit where He is already moving. Pay attention to where your mind keeps returning, to people or conversations that will not leave you alone, or to someone who suddenly seems more open than before. Ask God to help you raise your sail there through a simple act of obedience, a question, an invitation, or a clear word about Jesus.

PRAYER

Holy Spirit, thank You that You are already at work long before I say anything. Today I ask You to help me hear where the wind is blowing in _____. Bring to mind the people You are already stirring there, and give me sensitivity to Your promptings and courage to respond when You lead. Show me one clear step of obedience You want me to take today, and help me follow through. Let my life and my words join in with Your work of drawing people to Jesus.

In Jesus' name, Amen.

DAY 20

“And they said to me, ‘The remnant there in the province who had survived the exile is in great trouble and shame.

The wall of Jerusalem is broken down, and its gates are destroyed by fire.’

As soon as I heard these words I sat down and wept and mourned for days, and I continued fasting and praying before the God of heaven.”

Nehemiah 1:3–4 (ESV)

PRAYER PROMPT

When Nehemiah hears about Jerusalem, he does not shrug and move on. He sits down, weeps, mourns, fasts, and prays. He allows the condition of God’s people and God’s city to reach his heart. But it does not end there. Out of that place of prayer and fasting, Nehemiah eventually stands up, speaks to the king, and steps into a costly assignment to rebuild.

This is the pattern God often uses in evangelism. He lets us feel something of His heart for people and places that are spiritually broken, not so that we remain overwhelmed or discouraged, but so that we become available. Fasting and grief are not the finish line. They are the place where God forms clarity, courage, and calling.

As you fast today, ask the Lord where the walls are broken down around you. Think about your city, your neighborhood, your workplace, or your school. Ask God to let you feel some of His concern for specific people and specific places. Then ask what your next move is, whether that means beginning a conversation, joining a local effort, inviting someone into your life, or showing up faithfully where He keeps drawing your attention.

PRAYER

God of heaven, You saw Nehemiah’s tears and You used his fasting and prayer to move him into obedience. Today I ask You to break my heart in a real way for

_____. Let me see the spiritual brokenness there the way You see it, and let that burden drive me to You rather than to guilt or worry. Show me my next step, and give me courage to act whether that means speaking with someone, serving in a specific place, or starting something small and faithful. Use what You stir in my heart today to shape real obedience in my life, and let my steps become part of how You bring hope and rebuilding to the people around me.

In Jesus’ name, Amen.

DAY 21

“And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.”

Philippians 1:6 (ESV)

PRAYER PROMPT

Over the last 21 days, you have intentionally made space for God. You have slowed down, listened, repented, forgiven, pursued unity, and opened your heart to others. Through it all, God has been present, patient, and faithful.

Today is not about effort or resolve. It is about assurance. Scripture reminds us that the work God does in your life is rooted in His love, not your performance. He began this work because He loves you, and He will continue it because He is faithful. Nothing you have experienced over these days is fragile or temporary. God is committed to you.

As this journey comes to a close, you are invited to rest in that love. To trust that God knows you fully, delights in you, and desires to keep shaping your life. He is not finished with you. And out of His love for you, He also longs to work through you so that others might experience His grace.

PRAYER

Loving Father, thank You for meeting me throughout these 21 days and for the way You have drawn me closer to You. I receive Your love again today and trust that You are still at work in me, shaping my heart and growing what You have planted. I rest in the truth that You are not finished with me.

I place _____ into Your loving hands and ask You to continue Your work there as well. Work through my life in the ways You choose, so that others may experience Your grace and love through me. I trust You to finish what You have started and place my life in Your care with peace and confidence.

In Jesus' name, Amen.